



# WARNER WEEKLY

News & Information at Your Fingertips

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## Feel the burn while you earn miles at Aerobathon

Story and photo by Amy L. Bugala

You've logged miles running, walking, roller blading and biking now it's time to try something new.

Join Bamberg's certified group fitness instructors Ayla Biggerstaff, Kara Steffey, Becky Encino, and Kelly Cruz for three



Bamberg fitness instructors Ayla Biggerstaff and Kara Steffey team up to demonstrate a waist whittling exercise during a 2-hour Boot Camp class offered every Monday.

non-stop hours of exercise (and mile earning) at the Operation Walk 4 Freedom (OW4F) Aerobathon at the Bamberg Freedom Fitness Facility on Sat. Sept 15 from 10 a.m. to 1 p.m.

The U.S. Army Garrison Bamberg Health Promotion Office and MWR Sports and Fitness are offering the weekend Walk 4 Freedom event to give exercise enthusiasts and Walk 4 Freedom participants an opportunity to try something new.

Operation Walk 4 Freedom is a community-wide health initiative where participants log exercise miles to equal the distance to Afghanistan / Iraq or where ever a loved one is deployed.

Angela Hunter, Bamberg Health Promotion Coordinator and OW4F program manager says, "It's time to change things up! The Aerobathon participants will not only burn a few extra calories, but they can earn double Operation Walk 4 Freedom miles too."

To date approximately 300 participants have been logging thousands of OW4F miles by walking, running, rollerblading and biking. The Aerobathon gives exercisers the chance to mix up their regular routine and earn up to 24 miles for participating de-

pending on the length of time at the event.

"That's more miles than most people can run in three hours," Hunter points out.

Biggerstaff and Steffey team up every Monday to teach the dreaded 'Boot Camp'. Biggerstaff says the class is an excellent way to get in a great all-body workout.

Class participants agreed that the name does sound intimidating, but Biggerstaff explains, "There's nothing to fear, it's an exercise class for men and women at any level. The two hour workout alternates between cardio and all-body weight training. It's a great way to change up your routine and see awesome results at the same time."

Steffey's cardio kick boxing class is packed with fun, easy to learn combinations that include athletic drills, kicks and punches. The class also includes strength and stability moves followed by some core training and stretching.

Encino tackles the hard to hit spots with a Balls, Bells and Bands toning class and by request, will help you attack your abs during the 'Ab Attack' class.

See AEROBATHON on page 2.

## ICE works!

Customer evaluation system makes community improvements happen

Story and photo by Nicole Karsch-Meibom, USAG Bamberg PAO

If your co-workers, neighbors or friends are talking about "ice", they may not be referring to the German word for the frozen treat, but to the ICE – Interactive Customer Evaluation system.

ICE offers garrison community members an opportunity to send a comment about the services provided on post via the internet. It's easy and it works.

"All you need is a computer with internet

access," explains Ed Mayer, ICE Manager and Chief of the Plans, Analysis, and Integration Office, U.S. Army Garrison Bamberg. "Every comment, good or bad is an opportunity for the garrison to make changes or improvements. It's absolutely anonymous and since all ICE comments worldwide go through the data protection in Washington D.C; there is no chance of finding out who sent the comment." But if the senders would like an answer, then they need to provide an e-mail address. "Our preference is for customers to include their contact information on the ICE form. We then have the ability to contact the customers for clarification or to inform them of action taken as a result of their comment," adds Mayer.

See ICE on page 2.



In response to a customer comment made through ICE, a new plastics container with larger openings is placed at the recycling station near Friendship Park. There are plans to place similar containers at all recycling stations on Warner Barracks.

**The Garrison Commander's open door hours are cancelled for Mon. Sept. 10. Regular open door hours will resume Mon. Sept. 17. If you have any questions or concerns, please address them with the garrison commander on Mondays between 4 and 5:30 p.m.**

## Aerobathon

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As a group instructor, Cruz has heard it all. The most commonly heard objection to aerobics is, "I'm not coordinated enough." The key is to keep moving and Cruz promises to keep you going during her 50 minute Step-Aerobic class featuring rhythmic step patterns and music.

The Aerobathon will feature the same classes that are regularly offered at the

Freedom Fitness Facility so there will be no surprises if you find a class you really enjoy. Participants are encouraged to try one or all the classes at the event. Regular fitness class schedules are available at the FFF.

The event is free and t-shirts will be given to the first 50 participants. Bring a bottle of water with you for hydrating. Healthy snacks will be provided.

Hunter hopes the Aerobathon will show OW4F participants that there are many

different ways to earn miles and encourages everyone to keep moving and logging miles in support of our deployed Soldiers and their families. For more information about Operation Walk 4 Freedom log onto [www.bamberg.army.mil](http://www.bamberg.army.mil) or contact Angela Hunter, USACHPPM-EUR, Health Promotion Coordinator in USAG Bamberg, at DSN:469-7043 (Tue, Thurs) or in USAG Schweinfurt at DSN:354-6793 (Mon, Wed, Fri).

## ICE

*continued from page 1*

### How you can use ICE

A link to the ICE website can be found on the Bamberg homepage at [www.bamberg.army.mil](http://www.bamberg.army.mil). On the ICE web page you will find a list of services provided by the garrison such as "Dining", "Housing", "Recreation" or "Travel/Transportation", under which you will find the appropriate agency or directorate that is offering these services within Bamberg. If you click on one, a page opens giving you the opportunity to rate the quality of the service you received and an option to make comments about your personal experience at the facility or with the provider. All comments are sent to the garrison commander and to the managers or directors of the service provider.

"Every comment is an opportunity for improvement," says Mayer.

### How we use ICE

Now that you know how to use ICE, here's how your comments can make change happen.

A Warner Barracks resident recently submitted a comment regarding the new underground recycling center at Friendship Park. The customer found the openings to the recycling containers to be too small to fit household plastic or yellow bags. Staff from the Directorate of Public Works, Environmental Division received the comment,

evaluated the concern and responded by immediately setting up a new container.

"This is a proto type container that we have developed which has an opening large enough for the whole yellow bag," explains Uwe Rauch, Bamberg Environmental Division. These new containers will soon be set up at every recycling station.

The staff also enhanced the openings of the underground containers making them now wide enough to fit large plastic recyclables such as detergent bottles.

ICE works, and in this instance, this comment brought about an improvement for the whole community. "ICE makes improvements possible," says Ed Mayer.



### Actors visit Fenty as part of Afghanistan tour

Visiting actors Greg Germann and Bonnie-Jill Laflin of TV's *Ally McBeal*, receive the basics from Staff Sgt. Eric Ingram and Pfc. Jennifer Goddard, both from Charlie Company 173rd Brigade Support Battalion, on the running of the aid station on FOB (forward operating base) Fenty in Kunar Province, Afghanistan. Courtesy photo



### Lt. Col. Gary Rosenberg

U.S. Army Garrison  
Bamberg Commander

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## Overseas Americans to greet folks back home for holidays

By Christine June

U.S. Army Garrison Kaiserslautern

His wife was a veteran at this – having participated twice before. But it was the first time that Spc. Gary Albaugh even wanted to participate in the Hometown News Holiday Greeting program.

“It’s for the baby and the wife – (to) keep the Family happy,” recalled Albaugh, who was with the 226th Medical Logistics Battalion when he and his family recorded a spot here last year for relatives in Washington and New York. He explained that his Family had not yet seen the baby, Jacob, who was three months old at the time.

This year, the Army and Air Force Hometown News Service from San Antonio will once again have a camera team traveling throughout Europe in September and October, recording holiday greetings for broadcast on stateside television and radio stations.

Plus, the camera team is taping Hometown News Holiday Greetings to send to relatives in all 50 states and U.S. territories.

Those eligible are active duty, government civilians, retirees, Department of Defense Dependent School teachers and Family members stationed overseas, and who will not be home for the holidays.

Staff Sgt. Scott Malone, the European team chief who produced more than 400 holiday greetings in the Kaiserslautern military community last year, said the primary thing to remember while taping holiday messages is to relax.

“Try to smile and have fun with it, and don’t worry if you make a mistake because we will shoot it until you get it right,” he said. “So, please don’t be nervous.”

Malone also gave the following tips on how to make the most of the holiday greetings taping:

### What to wear?

Active-duty members must be in uniform. Civilians should be in appropriate attire. “They can wear something festive that makes you think of Christmas,” Malone said. However, he recommends for Families not to wear white, pink or striped-



*Spc. Misty and Spc. Gary Albaugh and their 3-month-old son, Jacob, wish families in New York happy holidays during the Army and Air Force Hometown News Service Holiday Greetings tapings last year.*

colored shirts to the holiday tapings. “This causes issues with our cameras and can produce a kind of flicker effect,” he said.

### What to bring?

Participants should bring address books along, because the more information people can provide to the hometown news crew improves the chance of the greeting airing. They will need information like names, addresses including zip codes and phone numbers. In fact, zip codes are crucial in marketing the greetings stateside.

### What to say?

Participants need to say five things within the greeting: Who they are; where they are; whom the greeting is going to, recipients’ location; and some sort of holiday message. There is not a maximum or minimum time length on greetings. However, the best greetings are about 15 seconds long.

Family members must be accompanied by a sponsor, unless the sponsor is deployed. A civilian Family member can make a greeting if the servicemember is deployed, TDY or in the hospital, but they have to mention the deployment of the active-duty member. Family members can also make a greeting to their military relative while on deployment, provided they are going to be there during the holidays.

### How many?

There is not a limit on how many greetings you can send stateside relatives, as long as they live in different zip codes. However, the greetings must be sent to relatives. By the hometown news definition, a relative is by law and by blood. Fiancés are not relatives.

### The process.

When customers come to do the holiday greeting tapings, they will fill out a form for every greeting they plan to do. A member of the hometown news crew verifies the information on the forms and gives them a small briefing.

“It was really easy. Just fill out the form and talk,” said Capt. Steven Shea, from the 86th Aero Medical Evacuation Squadron on Ramstein Air Base.

When the customers’ turn comes up, a crewmember will escort them to the camera, give them another brief and place microphones on them. The camera operator lines them up and records the greeting in “5, 4, 3, 2....”

### Bamberg area taping schedule:

Schweinfurt	Fri. Sept. 28
Bamberg	Sat. Sept. 29,
	outside the main PX
Times to be announced.	

**Published by the USAG Bamberg Public Affairs Office. To submit an announcement call 469-2000 or e-mail [bambergpao@eur.army.mil](mailto:bambergpao@eur.army.mil)**

## **Community Announcements**

### **Don't miss commissary case lot sale**

Stock up and save at the Bamberg Commissary fall Case Lot sales event on Fri. Sept. 14 and Sat. Sept. 15. Products lists will be available at each cash register prior to the event. The event will take place during regular business hours.

### **Join IWC for German-American events**

The International Women's Club (IWC) Bamberg invites you to join them in celebrating German-American Day. IWC is part of the Federation of German-American Clubs and its goal is to enhance German-American relations. German-American Day is an event designed to emphasize the importance of and foster the good relations between Germany and America. It is held annually in a specific city in Germany and this year it will be in Bamberg. People from all over Germany will be in attendance. IWC Bamberg will also be celebrating its 60th Anniversary. The festivities will be held on Sat., Oct. 6 and Sun., Oct. 7. The Schedule and costs are as follows:

#### Saturday, October 6

- 12:00 Organ recital in the Cathedral  
Free of charge
- 15:00 Guided Tour of Bamberg in both German and English  
8 Euro/ person
- 17:00 Light and Shadow Show at the Old Court describing 1000 years of Bamberg history (in German)  
12 Euro/ person
- 19:00 Tavern "Schlenkerla", Sandstreet

#### Sunday, October 7

- 10:30-12:00 Ceremony honoring German-American relations. The "Lucius D. Clay Medal" will be awarded to a person who has made significant contributions to improving or maintaining this relationship.
- 12:30 Lunch in the Ballroom of the Hotel Residenzschloss Bamberg  
30 Euro/person

Registration is mandatory for all events except the organ recital and funds must be paid in full by Sept. 15th. Please contact Nancy Wells at [kncywells@yahoo.com](mailto:kncywells@yahoo.com) for a registration form.

### **Get to know Bamberg.**

#### **Attend next P.E.P. class.**

Are you new to USAG Bamberg? If this is your first tour in Germany, then PEP is a "must"! Get to know the garrison and the town of Bamberg by touring the city with the ACS PEP program. Learn how to use the public transportation system, how to shop and go on a tour of the Klinikum. Free childcare is provided. PEP is free and the next session takes place Mon. Sept. 17 to Fri. Sept. 21 from 8:30 a.m. to 2:30 p.m. Call Bamberg ACS at DSN:469-7777 for details.

#### **Volunteer to be a 2007**

##### **CFC unit coordinator**

Each fall the Combined Federal Campaign-Overseas offers military members and DoD civilians serving far from home the opportunity to contribute to one or more of nearly 2000 charitable organizations. During the Fall 2006 campaign, USAG Bamberg raised \$82,442 for charitable organizations! The success of the campaign relies on motivated and dedicated volunteers at the unit level. If you would like to "Make a World of Difference" and volunteer to serve as a CFC Unit Coordinator, please contact Mr. Patrick Longfield at DSN:469-8071 or Ms. Barbara Baeuerlein at DSN:469-8651.

Training will be provided for all campaign volunteers on Tue. Sept. 18 at 10 a.m. in the Post Briefing Room in Bldg. 7113. The campaign will begin on October 1, 2007 and run through November 30, 2007.

##### **Hispanic Heritage**

##### **observed at Library**

The Bamberg community Library will be hosting two Latino lunches to celebrate Hispanic Heritage Month. Join the library staff on Wed. Sept. 19 or on Wed. Sept. 26 from noon to 1 p.m. for a fiesta of food samples.

##### **Auditions for "The Wizard of OZ"**

Casting call! The Bamberg Stable Theater is holding auditions for the "Wizard of OZ" on Sept. 18 and 19 at 6:30 p.m. There are parts available for men and women of all ages, several kids ages 6 to 10 (small stature), and a few parts for kids 10 and up. Show dates to be determined.

### **Put your motorcycle miles to work**

The more miles that you've ridden on your motorcycle, the more experience you have. It is this experience that prepares you for everyday riding situations, no matter how routine they seem to be.

Here is your chance to put that know-how to work and help other motorcyclists become better riders. If you're a rider with a clean driving record and good riding and interpersonal skills, we want you to teach our Basic and Experienced Rider Courses.

The next MSF Rider Coach Preparation Course will be held in USAG Grafenwoehr from Sept. 17-28, 2007. To Register, go to: [http://www.imcom-europe.army.mil/sites/management/so\\_atstp.asp](http://www.imcom-europe.army.mil/sites/management/so_atstp.asp) For more information, contact: Dana Steward, [dana.steward@eur.army.mil](mailto:dana.steward@eur.army.mil).

### **BSCC "Exploring Europe" luncheon**

On Thursday, Sept. 27 the Bamberg Spouses and Civilians Club will be holding a luncheon at the Warner Club from 11:30 a.m. to 1 p.m. The cost is \$10.

The menu will be Greek Salad, French Onion Soup, Spanish Paella, Apple Strudel RSVP to [reservations@bsccgermany.com](mailto:reservations@bsccgermany.com) by Sept. 23 visit us on the web at [www.bsccgermany.com](http://www.bsccgermany.com)



### **Get connected at Community Expo**

The annual Bamberg Community Expo and Job Fair will take place on Thurs. Sept. 27 from 2 to 5:30 p.m. at the Basics Building. The Expo is the perfect opportunity to get you connected to all the programs, events and activities USAG Bamberg has to offer. Community representatives will be on hand to answer questions and provide information about their products or services. If your club, organization or group would like to participate in this event please contact MWR Marketing and Advertising by e-mail to [mail.bam.mwr.expo20@eur.army.mil](mailto:mail.bam.mwr.expo20@eur.army.mil) or call DSN:469-7747.

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## Closures / Changes

### **CMR hours change**

The consolidated mailroom (CMR) customer service window / package pick-up hours of operation are now Mon., Wed., Thur. and Fri. 11 a.m. to 6 p.m. and on Tuesdays from 11 a.m. to 1 p.m. and then 3 to 6 p.m. Closed on Federal Holidays. Customers can still access their mailboxes 24 hours a day, 7 days a week. For more information call Leland Samuels, Bamberg Postal Officer at DSN:469-7500.

### **Passport office closed**

Due to a staffing shortage, the passport office will be closed until further notice. If you need any passport assistance please call the Schweinfurt passport office at DSN:354-6307.

### **Subway's hours change Sept. 15**

The Subway shop located in the Shoppette has new hours of operation beginning Sat. Sept. 15.

Mon—Sat. 10 a.m. to 9 p.m.  
Sun. 11 a.m. to 8 p.m.

Contact Subway at CIV:0163-230-3222

### **Thrift shop has new hours**

The Bamberg thrift shop has changed their operating hours. The shop is now open Tuesday through Thursday from 11 a.m. to 5 p.m. and the first Saturday of the month from 11 a.m. to 5 p.m. Consignments are by appointment only on Tuesday and Thursday from 11 a.m. to 4 p.m. and the first Saturday of the month with PCS orders. For more information or to schedule a consignment appointment please call CIV:0951-32408.

### **Health clinic closed in afternoon on Sept. 13**

The Bamberg Health clinic will be closed from noon to 4:30 p.m. on Thur. Sept. 13. The clinic is closed from noon to 4:30 p.m. on the second Thursday of every month for mandatory staff training. This also includes Physical Therapy, Social Work Services, and EDIS. All emergencies should go to the Bamberg Klinikum. Additional training dates include Oct. 11 and Nov. 8. For more information please contact the Bamberg Health clinic Executive Officer 1st Lt. Jose Sanfeliz at DSN:469-8619 or CIV:0951-300-8619.

## Weekly Reminders

### **Substance abuse training mandatory for DA civilians**

Department of the Army civilians (AF and NAF) must complete a minimum of 2 hours of substance abuse prevention training annually. Bamberg ASAP is offering a course to fulfill this on Sept. 13 from 9 to 11 a.m. For more information call Darlene Copeland at DSN 469-7038.

### **Adult Catholic Religious Education**

The Catholic Chapel RCIA or Rite of Christian Initiation for Adults will begin meeting weekly this September. Adults or older teens seeking Baptism, Confirmation or Holy Communion please join us in this Faith Formation Process. Also open to all Catholics who desire to learn more about their faith, the Sacraments and for fellowship. We will be using the new United States Catholic Catechism for Adults as a guide for these faith formation and faith re-formation classes. Please contact Robin Rose for more information at robin.rose@yahoo.com



Do your part to save energy and conserve natural resources. Check back weekly for great energy saving and recycling tips brought to you by the Bamberg Environmental Office.

### **Energy saving tips**

- Take short showers instead of hot baths.
- Lower the thermostat on your hot water heater to 120°F.
- Place heat-resistant radiator reflectors between exterior walls and the radiators so you heat the room and not the wall behind the radiator.

### **Recycling tips for home and office**

- Use old newspaper as a mat when polishing shoes.
- Stuff old newspaper in hats to keep their shape.
- Stuff old newspaper in leather handbags in storage.

For more information on what you can do to save our natural resources and help reduce the effects of global warming contact the Bamberg Environmental Office at 0951-300-7730.

## Unit News

### **HHC 16<sup>th</sup> SB FRG meets once a month**

The HHC 16<sup>th</sup> Sustainment Brigade family readiness group meets the second Thursday of every month at 6 p.m. at Preston Hall. The next meeting will be Thur. Sept. 13. Special guest speakers and workshops are planned. For more information contact Staff Sgt. John Bradley at DSN:469-7150. Additional meeting dates are Oct. 11, Nov. 8 and Dec. 13.

## Health and Fitness

### **Get fit at Boot Camp every Monday**

Get fit during a boot camp style exercise class at the Freedom Fitness Facility every Monday starting at 6 p.m. Class instructors, Ayla and Kara will put your body to the test during this 2-hour fitness class. Class is eligible for OW4F miles and costs \$5 per session.



### **Fall assessments for the civilian fitness program**

Fall Assessments for individuals wishing to start the Civilian Fitness program will be conducted at the Freedom Fitness Facility on Tue. Sept. 26 from 9 a.m. to noon and on Wed. Sept 27 from noon to 2 p.m. For more information on the 6 month program please contact Angela Hunter at DSN:354-6793 or e-mail [bamberg-health-promotion@cmtymail.98asg.army.mil](mailto:bamberg-health-promotion@cmtymail.98asg.army.mil). The next assessment period will be in March.

## Continuing Education & Training

### Take next FAST Class

Are you looking to improve your GT (General Technical) score on the AFCT or just need to polish up on your math skills? Sign up to take the next FAST Class Thur. Sept. 13 through Fri. Oct. 12. Class runs Monday through Friday from 9 a.m. to noon. Soldiers must take the TABE 7D prior to enrollment. Stop by the education center to pick up a memo for your commander to sign. Family members may attend on a space available basis. Contact the Bamberg Education Center for more information at DSN:469-7715.

## School News

### BES School Calendar

<b>Mon. Sept. 10</b>	<b>First Day for Sure Start Students</b>
Fri. Oct. 5	No school –In-Service Day
Mon. Oct. 8	Columbus Day - Federal Holiday
Fri. Nov. 2	No school for students—end of quarter
Thur. Nov. 8	Parent/Teacher Conferences- no school
Fri. Nov. 9	Parent/Teacher Conferences- no school
Mon. Nov. 12	Federal Holiday (Veterans Day—Nov. 11)
Thur. Nov. 22	Thanksgiving - Federal Holiday
Fri. Nov. 23	Friday – No School
Mon. Dec. 24	Begin Winter Recess—no school for 2 weeks

## Kids and Teens

### Pre-school story hour

Bring your children to the Bamberg Community Library on Thursdays at 11:30 a.m. and we'll read books to them to increase their interest in books and reading. For more information stop by the library or call DSN:469-1740.

### CYS hosts Kinderfest tomorrow

Bamberg CYS is hosting their annual YS Kinderfest on Sat. Sept. 8 from noon to 3 p.m. at the Bamberg School Age Services Bldg. 7669. No pre-registration required. Event is FREE. See Tae Kwon Do demo, K-9 demo, face painting, arts and crafts, relay races and more. Lunch will be served at 1 p.m. This event is held in cooperation with the Boys and Girls Clubs of America. For more information contact Patrice Turner-Lapp at DSN:469-8698.

### No limits to learning at SKIES

There's no limit to what children can learn through the Bamberg SKIES unlimited programs. Call Archie Johnson at CIV:0951-300-7452 to find out what classes are currently being offered. Please contact us and let us know if you have interest in any of the programs listed below.

- Gymnastics / Tumbling
- Sports Acrobatics
- Piano Lessons
- Math Tutoring
- 3-5 Year Old Fitness
- Fine Arts Classes

## Job Opportunities

### Job opportunities listed online

For all job opportunities in the local area and world-wide go to the U.S. Army Civilian Personnel Online Web Site at [www.cpol.army.mil](http://www.cpol.army.mil) Job search and resumix application assistance is available through the Bamberg ACS Employment Readiness Office. Call Jeffery Card at 469-7787 for more information.

### Chapel needs Catholic musician

Bamberg Community Chapel has a non-personal service contract opportunity for a Catholic Musician with a range of \$6,468 to \$8,085. Anticipated performance period is from September 2007 to August 2008. Interested parties should contact the Franconia Regional Contracting Office in Bamberg for a copy of the solicitation. For additional information contact Franconia RCO at CIV:0951-300-9383, DSN:469-9383 or [www.usacce.army.mil/frc/default.htm](http://www.usacce.army.mil/frc/default.htm); or AJ Douglas at the Chapel, CIV:0951-300-8879, DSN:469-8879.

### NPSP home visitor positions available

Choctaw Management Services Enterprises is seeking candidates for home visitor positions in the Army New Parent Support Program. Candidates must be either a licensed clinical MSW or a licensed BSN. Candidates must have a minimum of 2 years experience beyond graduation working with expectant mothers, new parents, child abuse and/or maternal and child health. Openings exist in Bamberg. Please send resumes to: [shannon.healton@eur.army.mil](mailto:shannon.healton@eur.army.mil) or fax to CIV:06202-80-6586. For more info call CIV:06202-80-6593 or DSN:379-6593.

### Respite Care providers needed

Are you a dependable and caring individual motivated by a desire to serve family members with disabilities? If so, then contact the Bamberg Exceptional Family Member Program (EFMP) manager and learn how to become a Respite Care provider. The training is free and providers can earn \$25 to \$45 per hour per child. For more information please contact the ACS, EFMP manager Sandi Cox at DSN 469-7777 or CIV 0951-300-7777.

## Trips & Travel Opportunities

### Take a trip with ODR in September

Take a trip this September with Bamberg Outdoor Recreation

**Mountain Biking:** Sat. Sept. 8 (\$15)  
33k/4 hr. intermediate bike ride. Must provide your own bike, drinks, lunch.

**Tour Under Bamberg:** Thur. Sept. 13, 5 p.m. (\$20)

**Palm Beach Nürnberg:** Sat. Sept. 15 (\$10)  
Spend a Family Day at a great indoor pool!

**Oktoberfest Munich:** Sat. Sept. 22 & 29 (\$10)  
Enjoy the world's biggest Volksfest!

Trips fill up quickly, so reserve your seat now. Contact the CAC for more info at DSN:469-8659.

**Entertainment & Leisure**



**Are you the next Rising Star?**

Calling all self-proclaimed Karaoke kings and queens, it's time to step out of the shower and onto the stage to find out if you have what it takes to be a star. All active duty

singers are invited to participate in the local Bamberg "Operation Rising Star" first elimination round starting on Sat. Sept. 15 at 7 p.m. at the Moonlight Cabin, Bldg. 7682. To sign up contact Allen Vance at DSN:469-8423.

**Get your vocal cords warmed up at the Moonlight Cabin's karaoke night on Fri. Sept 14 at 9 p.m.**

**Join the Franconia International Ski Club**

The Franconia International Ski Club is already dreaming of a white winter. Join the club and check out what FISC has to offer. FISC sponsors weekend ski/snowboarding trips to some of the area's top destinations, and takes care of all the reservations for you. All you need to do is join FISC, pay the price and show up for departure. The first trip will be over Thanksgiving to Hintertux, Austria from Nov. 21 to 25.

The first regular meeting will be held in Schweinfurt at the Brauhaus at 6 p.m. on Wed. Sept. 12 and a meeting is scheduled in Bamberg for Wed. Sept. 26 at 6 p.m. For more information on membership or trips contact Michelle at CIV:09721-475-8647 or email franconiaskiclub@yahoo.com.

**Register your unit-level volleyball team**

Registration is now open for the USAG Bamberg unit level volleyball season. Teams must register by Sept. 15. Play begins Sept. 19. Community level play will take place Sept – Nov. Contact Charles Williams at the FFF for more information at CIV:0951-300-7597.

**MWR offers deployment specials**

Special offers are available for family members who are affected by deployment at the Whispering Pines Golf Course, the Bowling Center, on tickets to Stable Theater productions, Arts and Crafts classes and more. Child and Youth Services offer 10 hours of free child care per month and extended hours at the Middle School Teen Center. Contact Juergen Hagemann at CIV:0951-300-7885 or CYS Central Registration at CIV:0951-300-8660 for details.

**Hit the greens at the Whispering Pines Golf Course**

**2007 Golf Club Championship**

Compete in this 2-day tournament Sept. 22 and 23 and be named Bamberg's 2007 Golf Champion. Tee-offs begin at 9 a.m. at the Bamberg Whispering Pines Golf Course. Registration is \$30 per player. Call CIV:0951-300-8953 for more information.

**MWR Programs provide reasonable accommodations for individuals with special needs. For assistance please contact the facility manager prior to your visit.**

**AAFES Bamberg Movie Schedule**

AAFES Reeltime Theater is CLOSED Tues. and Wed.



Fri.	Sept. 7	The Invasion (PG-13)	7 p.m.
Sat.	Sept. 8	License to Wed (PG-13)	4 p.m.
		Live Free or Die Hard (PG-13)	7 p.m.
Sun.	Sept. 9	License to Wed (PG-13)	4 p.m.
		The Invasion (PG-13)	7 p.m.
Mon.	Sept. 10	Live Free or Die Hard (PG-13)	7 p.m.
Thur.	Sept. 13	The Invasion (PG-13)	7 p.m.
Fri.	Sept. 14	Death Sentence (R)	7 p.m.
Sat.	Sept. 15	DOA: Dead or Alive (PG-13)	4 p.m.
		Harry Potter and the Order of the Phoenix	7 p.m.
Sun.	Sept. 16	DOA: Dead or Alive (PG-13)	4 p.m.
		Death Sentence (R)	7 p.m.
Mon.	Sept. 17	Harry Potter and the Order of the Phoenix	7 p.m.
Thur.	Sept. 20	Death Sentence (R)	7 p.m.
Fri.	Sept. 21	The Brothers Solomon (R)	7 p.m.
Sat.	Sept. 22	I Now Pronounce You	
		Chuck and Larry (PG-13)	3 p.m.
		The Brothers Solomon (R)	7 p.m.
Sun.	Sept. 23	I Now Pronounce You	
		Chuck and Larry (PG-13)	3 p.m.
		Transformers (PG-13)	7 p.m.

**Outside the Gate**

**Weekend Events in and around Bamberg**

Most events can be found on the Bamberg city map. To find a location, click here [www.bamberg.army.mil/sites/news/map.pdf](http://www.bamberg.army.mil/sites/news/map.pdf)

**Romantic Gondola Trips** – Take a real Venetian gondola to see the city by boat (every Fri/Sat/Sun at 2, 3, 4 and 5 p.m.; 25 minutes; 15 Euros; tickets at Tourist Information Geyerswoerth/near underground parking)

**Thursday Sept. 6 to Monday Sept. 10**

- Kirchweih in Bamberg-East, fest ground with beer tent and rides will be on Duerrwaechterstreet.

**Saturday Sept. 8**

- Gaustadt bike and run competition takes place at the sports Club in Gaustadt
- Waterfest "Canalissimo" held on the old canal between Brucknersteg and Nonnen Bridge, in downtown Bamberg

**Sunday Sept. 9**

- A fall concert takes place at St. Stephan church, downtown Bamberg
- All museums in Bamberg will be open free of charge today.
- Waterfest "Canalissimo" held on the old canal between Brucknersteg and Nonnen Bridge

**Published by the USAG Bamberg Public Affairs Office. To submit an announcement call 469-2000 or e-mail [bambergpao@eur.army.mil](mailto:bambergpao@eur.army.mil)**

## **As seen in the NEWS ...**

### **News summaries from August 31 through September 6**

#### **Avian flu testing being conducted**

In the restricted area within the county of Bamberg, veterinarians are conducting more tests as an alternative to killing all present poultry. Veterinarians will examine all chickens, ducks and geese for avian flu within the restricted area.

#### **Construction of new bridge on hold**

Due to intervention at the regional contracting office, the city of Bamberg will not be able to finalize the contract to build the new Ketten Bridge.

#### **New future at the monastery**

The nursing home "Buergerspital" will not be operated in the old monastery after 2010. If the planned new building is not built, approximately 230 jobs are lost. Gerhard Stelzer, Works council of the "Bamberg Social Foundation" is concerned.

#### **New bins to be used**

Stacks of recycled paper on the side walk should be disappearing soon. The city of Bamberg is now providing blue containers for recycling paper.

#### **Advice for buying a laptop**

For a couple hundred Euros you can buy a laptop for regular usage. But before you buy, you should think about what you require in a computer. Germany is the number one country in Europe when it comes to notebook computers. More and more computer users are switching over to handy laptops – they do not need much space and can be taken everywhere. But upgrading can be very difficult. Matthias Metzler, from the magazine "PC go", advises that you should think about what you will use the computer for and which qualities it needs to have before buying.

#### **Protection of historical buildings gets expensive**

By the end of this year the skeleton structure of the new Stadium bleachers should be ready. Architect Gatz defends against allegations from the Sports Club FC Eintracht, that the project is disproportionally expensive. Gatz claims that the integration of the old building is what is causing the immense costs.

*Sources: Information collected/translated from Fraenkischer Tag*