



WARNER WEEKLY

News & Information at Your Fingertips



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October is Breast Cancer Awareness Month

USAG Bamberg Health Promotion Office



The National Breast Cancer Awareness Month (NBCAM) program is dedicated to increasing awareness about the importance of the early detection of breast cancer through a nationwide campaign. According to the National Breast Cancer Foundation, more than 211,000 women will be diagnosed with breast cancer and 43,300 will die of the disease. So, 1 out of 8 women has, or will develop breast cancer in her lifetime. This month make a promise to put your health at the top of that long "to do" list by learning more at the USAG Bamberg Breast Cancer Awareness Month Events.

Sat. Oct. 13 - Breast Cancer Awareness 5k Fun Run

Soldiers, family members, civilians, contractors and local national employees are invited to participate in a 5K Fun Run / walk to show community support for Breast Cancer Awareness on Sat. Oct. 13. The race kicks off at 9 a.m. at the Freedom Fitness Facility



track. Registration is free and is open between 7:30 and 8:45 a.m. Wear pink to show your support. For more information contact the FFF at DSN:469-8890.

Thur. Oct. 18 - Community Information Booth

Early detection saves lives. Learn more about screening, prevention methods, breast self exams and the difference between different types of cancer at an information booth just outside the Bamberg commissary on Thur. Oct 18 from 11:30 a.m. to 1 p.m.

Thur. Oct. 25 - Breast Cancer Month Awareness luncheon

The Bamberg community is invited to attend a Breast Cancer Month Awareness luncheon sponsored by the Bamberg Spouses' and Civilians' Club and the Bamberg Health Promotion Office on Thur. Oct 25 from 11 a.m. to 1 p.m. Guest Speaker will be Col. Schneider, Bavaria MEDDAC Commander. You do not need to be a BSCC member to attend. This event is open to the entire community by reservation only. Please e-mail reser-



ervations@bsccgermany.com to reserve your seat. Please RSVP by Oct. 21. Hourly childcare will be available through the CDC. Call DSN:469-8789. Luncheon will cost approximately \$10 per person.

Download Breast Self-Exam Cards Online

As part of the three-step breast health approach, Susan G. Komen for the Cure recommends that beginning by age 20, women become familiar with the look and feel of their breasts through monthly breast self-examination (BSE). Breast Self-Examination (BSE) cards are available in several different languages to download or print at: <http://cms.komen.org/Komen/AboutBreastCancer/Resources/DownloadBSECards?sssouur-ceNodeId=312&ssSourceSiteId=Komen>. (cut and paste this link directly into the address bar)



Learn how to perform a breast self-exam and help others learn that monthly BSE is an important part of the three-step breast health approach.

Happy Holidays from Warner Barracks, Bamberg!



Kristoffer Grogan, camera man for the Army and Air Force Hometown News service gives a Soldier his queue as he begins to record his holiday message home on Sept. 29. The cold and rainy weather didn't stop Soldiers and family members from coming out to record a message to their loved ones downrange or in the states. A total of 111 messages from the Warner Barracks community will air on television stations from Thanksgiving through the New Year. Photo by Amy L. Bugala

Hohenfels to host Combat Cross Country Championships



Sgt. Eslyn, 7th Signal Brigade, finishes second in the women's division of the 2006 U.S. Forces-Europe Combat Cross Country Championships. This year's event will be held Oct. 13 in Hohenfels. Army photo

IMCOM-E Public Affairs news release

The 2007 U.S. Forces-Europe Unit-Level Combat Cross Country Championships will be held Oct. 13 in Hohenfels, Germany.

Teams, which must be comprised of at least five but no more than seven active-duty members, will compete on a five kilometer course for women and an eight kilometer route for men. Plus, each runner must be outfitted with the following items:

- M16-A1/2 Rifle or dummy rifle or M4;
- Army Combat Uniform or Battle Dress Uniform;
- full canteen or Camel Back (at start);
- combat boots;
- first aid pouch;
- load bearing equipment (web gear with pistol belt) or (load bearing vest);
- soft cap;
- two empty ammunition pouches.

Scoring will be tallied by totaling the finish places of each team's lineup, with the lowest number winning. Only the top five finishers will count toward a team's overall score.

First, second and third place team and individual awards will be presented, with runners eligible to receive both team and individual honors.

For more information, call Chris Cornelison, U.S. Army Garrison Hohenfels sports office, at DSN:466-2493; or Jim Mattingly, DSN:370-7944, or Kelly Nebel, DSN:370-4141, of Installation Management Command-Europe's Morale, Welfare and Recreation division.

Additionally, free billeting may be available. Call Bill Craven, USAG Hohenfels sports office, at DSN:466-2868 for more information.



Celebrate Hispanic Heritage on Oct. 10

Hispanic Heritage month is celebrated now through Oct. 15. The community is invited to attend a Hispanic Heritage month celebration on Wed. Oct. 10 from 11:30 to 1 p.m. at the Warner Club. Guest speaker will be Lt. Col. Ronald E. Pacheco Jr., 391st CSSB, Commander. Enjoy food sampling music and singing. For more information contact Sgt. 1st Class Curtis Freeman at DSN:469-8624 or Sgt. 1st Class Ishmael Asare DSN:469-9431.

Free vehicle lighting system safety checks!

Bamberg Safety Office news release



The International Motor Vehicle Lighting Equipment Campaign will be conducted in Germany during October.

The Campaign is conducted each year to correct deficiencies prior to the more hazardous winter driving season. AAFES Car Care Centers, German garages and most POV Inspection Stations will be conducting FREE inspections of vehicle lighting systems to include headlights, tail lights, fog lights and turn signals.

Upon successful completion of the lighting

system inspection, a safety sticker will be affixed to the windshield showing that the vehicle has successfully passed the inspection. Any repair work to correct deficiencies is, of course, chargeable to the vehicle owner.

Prepare your automobile for winter weather and have your vehicle tested today. Call AAFES Car Care Center at DSN:469-7530 to make an appointment or stop by the POV Inspection Station at Bldg 7102. Open Mon. through Fri. from 7:45 a.m. to noon and 12:30 p.m. to 3:30 p.m. Vehicles at the POV Inspection Station will be inspected on a first-come first-served basis. Last inspection is at 3:15 p.m. daily. For more information call DSN:469-8892.



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U.S. Army Garrison
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Nematodes threaten U.S. farmers

By Robert Szostek, U.S. European Command
Customs Public Affairs Office

Europe is home to many agricultural pests that are not found in the United States and soil is a natural hideout for them. This is why cleaning everything that collects dirt before you send it stateside is so important. These pests can cause great damage to the U.S. farming economy.

"You can unwittingly introduce voracious pests into the USA," said William Manning, U.S. Department of Agriculture attaché to the U.S. European Command. "It only takes one little bit of soil on your car, lawn furniture, bicycle, shoe, boot or field gear." Vehicles and military equipment are especially prone to infestation by dirt, mud and soil, he added.

"It is so important to clean everything you ship or mail home — whether it is as a personal property or as part of your work," Manning stated. It is also why the U.S. European Command has a border clearance program that checks personal prop-

erty and military shipments destined for the U.S. to prevent any pests from spreading.

"For example, the burrowing nematode is a tiny worm not native to the States," Manning said. "But it could hide in the mud on your boots. If you took that mud stateside, the nematode eggs could later hatch and attack the roots of citrus trees."

Losses on infested trees cost approximately \$2.5 million annually. The golden nematode attacks potatoes and tomatoes reducing yields by as much as 80 percent. It threatens annual crop yields of over \$1 billion.

Call a military customs office to find out more agricultural threats to the U.S. or visit our website at www.hqusa.eur.army.mil/opm/uscustoms.htm.



Are you prepared for a fire?

Although it's difficult to prepare for the unexpected, reviewing the information below and taking action based on it to plan for a fire is strongly recommended....and don't forget to practice your escape plan during Fire Prevention Week!

- Ensure installed apartment smoke alarms are operative and tested monthly.
- Develop and practice a fire escape plan with everyone in your household that identifies two ways out of each room and establishes a family meeting place outside.
- If you do not have two ways out of each room (e.g. Apartment windows are above the 1st floor or you are unable to leave your apartment), have what the firefighters call a passive escape plan.

*In case of fire, **engage your passive escape plan** by sealing all doors and vents with duct tape or preferably wet towels to prevent smoke from entering the room. Open a window at the top and bottom so fresh air can enter. Be ready to close the window immediately if it draws smoke into the room.*

- Call the Fire Department at 0951-300-117 and let them know that you are still inside the building.
- Wave a flashlight or light colored cloth at the window to let the fire department know where you are located.
- Alert a firefighter by making noise such as banging items together. Whistling or calling out. Stay calm.
- Remember to practice your home fire escape plan at least twice a year!

Reproduced from NFPA's Fire Prevention Week
Web site www.firepreventionweek.org. ©2007NFPA.



DeCA leaders visit Bamberg store

Richard Page, Chief Operating Officer, Defense Commissary Agency and Thomas Milks, Director, DeCA Europe spoke with commissary associates during a visit to Warner Barracks, Bamberg on Sept. 27. Page toured the facility and thanked the staff for serving this community and this command. Photo by Amy L. Bugala

Published by the USAG Bamberg Public Affairs Office. To submit an announcement call 469-2000 or e-mail bambergpao@eur.army.mil

Health officials announce new vaccine for upcoming flu season

Landstuhl Regional Medical Center Public Affairs Office news release

With a new flu season comes a new method for administering immunizations to the majority of U.S. military beneficiaries living in Europe.

FluMist, an influenza vaccine applied as a nasal spray, will be the vaccine of choice for those ages 2 to 49, said Lt. Col. Phelps Pond, chief of public health nursing at Landstuhl Regional Medical Center and the public health nursing consultant for Europe Regional Medical Command.

The more traditional flu shot will still be administered to those who are younger - ages 6 months to 2 years old, those older than 49, and those for whom FluMist is not recommended, for example, pregnant women.

The two vaccines are different in that the flu shot contains an inactivated virus,

whereas FluMist contains a weakened live influenza virus similar to the virus it is designed to prevent. The chance of experiencing significant side effects from FluMist is slight, Colonel Pond said.

FluMist is supplied as a pre-filled intra-nasal applicator and is sprayed into each nostril. The sensation is similar to that of an over-the-counter nasal spray.

Although FluMist is new to the U.S. military community in Europe, it has been widely used the past few years at state-side military installations such as Fort Campbell, Ky., where Colonel Pond said its introduction was uneventful.

Colonel Pond described FluMist as the vaccine of choice because it is more simple and efficient for mass vaccinations. FluMist is readily transportable, can be stored at refrigerated temperatures instead of having to be frozen, and requires no

additional equipment such as syringes.

Officials expect both vaccines to arrive in October. Further details about dates and locations should be available through local media.

Although October and November are the best time to receive flu vaccinations, vaccination continues to offer significant benefit through the winter months, noted Colonel Pond.

He also stressed the importance of children being vaccinated because of their potential to spread flu to fellow family members and older community members. He also noted flu season is a good time for those 65 and older to consider receiving the Pneumovax pneumonia vaccine.

For more information about FluMist, visit www.cdc.gov/flu/about/qa/nasalspray.htm

Mark your calendars for **Red Ribbon Week**

"Take care of yourself....Take care of each other"

USAG Bamberg Army Substance Abuse Program News Release

Hope for a Drug Free Community? Yes! This hope begins with making a commitment here and now to remain drug free and to, "Take care of yourself....Take care of each other," the theme for this year's Red Ribbon Week Campaign.

The Red Ribbon Campaign is a national campaign sponsored by the National Family Partnership (NFP) that was started when drug traffickers in Mexico City tortured and murdered DEA agent Enrique "Kiki" Camarena in 1985. This began the continuing tradition of displaying Red Ribbons as a symbol of intolerance towards the use of drugs. The mission of the Red Ribbon Campaign is to present a unified and visible commitment towards the creation of a DRUG-FREE COMMUNITY.

Agent Camarena believed that one person could make a difference. His sacrifice serves as a catalyst to encourage others to make a visible commitment to

eradicating drug abuse from our homes, schools, communities, and nation.

As a community we can make a stand and commitment to a drug-free community. We can each choose to, "Take care of yourself....Take care of each other."



USAG Bamberg Red Ribbon Week Activities

Get involved in the week-long events and take the opportunity to be visible and vocal in your desire to help create a drug-free community.

Mon. Oct. 22— 5k Fun Run

Red Ribbon Week will kick-off for the USAG Bamberg community on Mon. Oct. 22 with a Soldier and civilian 5K fun run starting at 6:30 a.m. at the Freedom Fitness Facility. The entire community is invited to run with our Soldiers, the ROTC and the Bamberg High School cross country team in support of the campaign.

Poster Contest

Bamberg High School students are invited to participate in an essay and poster contest using the theme, "Take care of yourself... take care of others." First place essays will be featured in the Warner Weekly.

Community Information Booths

A community information booth will be set-up in the Bamberg commissary foyer on Tue. Oct. 23 and 24. Stop by to learn more about treatment and prevention resources.

Tue. Oct 23—Pledge to be Drug Free.

During lunch, BHS students can sign a pledge to be drug free, take a quiz and win prizes.

Fri. Oct. 26—Wear Red Day!

Show your support for a drug free community and wear red today! BHS will conduct an all school assembly from 2 to 2:50 p.m. featuring the Drum Corps, Drama skits, video productions, band, choir, and ROTC color guard. Essay and poster contest winner will be announced and awarded.

For more information about the Red Ribbon Week campaign or treatment and prevention resources contact Linda Riddle, ASACS Counselor at CIV:0951-303-103 or Darlene Copeland Prevention Coordinator ASAP at CIV:0951-300-1710.

Place **CLASSIFIED ADS** in the Bavarian News for **FREE!**

The text for your ad can be sent directly to the publisher via an online application www.rlehner.de/milcom/bn/free.html. Ads are free for members of the U.S. Army only.

Community Announcements

Halloween Yard of the Month Contest

All Base residents can compete in the Halloween Yard of the Month contest. Yards, balconies and stairwells will be judged. Be spooky and creative! Participants must register through the Housing Zone Coordinator Staff Sgt. Tyrone King at DSN:469-7946 or your stairwell or building coordinator. Registration is open now through Oct. 24. Prizes will go to the scariest and most creative! Judging will be Oct. 25 through Oct. 29.

CID looking for leads regarding theft

The U.S. Army Criminal Investigation Command is offering a reward of \$10,000 for information leading to the arrest and conviction of the person(s) responsible for the theft of Night Vision Devices from the Supply & Support Activities facility, Bamberg, Germany. Between Aug. 16 and Aug. 21, person(s) unknown gained access to the Bamberg SSA and stole several different types of Night Vision Devices. The payout of cash rewards to military/federal employees for information leading to a conviction is contingent upon their actions regarding the information provided. Anyone with information regarding this incident should contact the Bamberg CID office at DSN:469-7776 or the Bamberg Military Police at DSN:469-7770/8700.

Gas coupon extension letter

AAFES expects to have their next series of gas coupons available (good thru 30 Sept. 08) no later than end of Oct. 07. In the interim, ESSO stations in Germany will continue to accept the current series AAFES fuel coupons beyond their 30 Sept. 07 expiration date until 30 Nov. 07.

To minimize risk of problems in getting ESSO stations to accept the current series of coupons after 30 Sept., customers can download and print a copy of the German language notification to ESSO stations from ESSO corporate headquarters. The notification authorizes and requires ESSO stations in Germany to continue accepting current series AAFES fuel coupons beyond their 30 Sept. 07 expiration date until 30 Nov. 07. Download at www.bamberg.army.mil and keep in your car.

Trick-or-Treat hours

The trick-or-treat hours for U.S. Army Garrison Bamberg Warner Barracks will be on Wed. Oct. 31 from 6 to 8 p.m. For a garrison wide list of Halloween and Harvest Fest events pick up a copy of the October MWR guide available at any MWR facility or download at www.bamberg.army.mil

Closures / Changes

Community Bank prepares for renovations

Community Bank will temporarily move into modular buildings while the bank undergoes extensive interior renovations and remodeling. The bank will be closed Oct. 9 and 10 for the move. Regular business hours will resume on Oct. 11 from the temporary buildings, located just behind the bank, and will remain the same during the renovation. One ATM will be placed in front of the entrance to the Main Exchange and will be active starting Oct. 9. Contact Melanie Cepe or Bill Moderhak at CIV:0951-37061 or DSN:469-8778 for more information.

Warner Club is open during renovations

Pardon our dust! The Warner Club is open for business during the ongoing exterior and roof renovations. Check out their Monday night buffets from 5 to 8 p.m. and XXL Sunday Breakfasts offered the 1st and 3rd Sunday of every month. Call CIV 0951-300-7596 for reservations.

FFF closed Oct. 5 to 8

The Freedom Fitness Facility will be closed for deep cleaning Oct. 5 to 8 and will reopen on Oct. 9 at 5:30 a.m.

FFF lockers for daily use only

As of Thur. Oct. 4 all lockers at the Freedom Fitness Facility will be assigned to customers for daily use only. Customers with permanent lockers must remove all items from their lockers and turn in the key by Oct. 4. On Oct. 5 the locks will be cut. Items not claimed will be inventoried, bagged and tagged with the owners name and should be claimed at the FFF by Oct. 12. This includes all 6 month locks assigned by the FFF and all personal combination or key locks. For more information contact the FFF at DSN:469-8890.

CIF closed Oct. 15 – 19

The USAG Bamberg Central Issue Facility will be closed for mandatory annual inventory Oct. 15 to 19. For more information contact Mr. Clifford Leach, CIF Manager at DSN:469-8544 / 8354.

Weekly Reminders

Retiree events

Join the Landstuhl Regional Medical Center for a Retiree Health Fair on Oct. 17 at the Landstuhl Regional Medical Center Learning Center (Bldg. 3718) near the AAFES gas station.

Booths will be manned to provide retirees and senior beneficiaries with information and services including a general health check, pneumonia immunizations, vision screenings, blood pressure checks, review of retiree benefits and entitlements, legal assistance with wills and powers of attorney, disposal of old medications, the donation of old eyeglasses, pharmacist review of medications, behavioral health, nutrition, physical therapy, USO, Red Cross, TRICARE, and dental care service availability.

USAG Heidelberg will host an Army in Europe Retiree Appreciation Day on Oct. 20 from 8 a.m. to 3 p.m. at the Patrick Henry Village Pavilion.

Retired Lt. Gen. Frederick E. Vollrath, co-chairman of the Army's Chief of Staff Retiree Council, will address current retiree issues being worked at service level, as well as providing an update of previously submitted concerns from people in Europe.

For individual matters, various offices will provide health screenings and records adjustments throughout the day.

Get to know Bamberg.

Attend next PEP Oct. 15 – 19

Are you new to USAG Bamberg? Get to know the garrison and the town of Bamberg by touring the city with the ACS PEP program. Learn how to use the public transportation system, how to shop and visit the Bamberg Klinikum. Free childcare is provided (space is limited). PEP is free and takes place Mon. Oct. 15 to Fri. Oct. 19, 8:30 a.m. to 2:30 p.m. Call Bamberg ACS at CIV 0951-300-7777 for details.

Commander's open door hours

The Garrison Commander's open door hours are held every Monday from 4 to 5:30 p.m. in Bldg. 7089, room 308. If you have any questions or concerns, please address them with the garrison commander during this time.

Your comments count!

The USAG Bamberg Post Office (APO) is looking for feedback via the Interactive Customer Evaluation system, or ICE. To submit an ICE comment regarding the APO go to www.bamberg.army.mil then click on ICE and tell us what you think. The Bamberg APO comment card is located under "Communications". For comments regarding the Bamberg Consolidate Mailroom (CMR) click on "Administration" and scroll down to "Mailroom".

Health and Fitness

Basketball officials clinic

Become a certified basketball official! Unit level games pay \$20 per game, community level games pay \$35. To get (re) certified attend the officials clinic Oct. 24 - 27 from 6 to 9 p.m. at the Freedom Fitness Facility. Advance sign up is requested. Contact the FFF at CIV:0951-300-8890 for more information.

Continuing Education

ACAP 3-Day DOL / TAP Workshop

Bamberg ACAP is offering a 3-day job assistance workshop for separating and retiring service members and their families on Oct. 16 and 17 from 8:30 a.m. to 4:30 p.m. and Oct. 18 from 8:30 a.m. to noon. All participants must complete pre-separation counseling prior to enrolling in this course. The 3-day DOL / Tap Workshop will be offered again December 11-13. For more information contact Olivia Whittier at DSN:469-8925.

Unit News

HHC 16th SB FRG meets once a month

The HHC 16th Sustainment Brigade Family Readiness Group meets the second Thursday of every month at 6 p.m. at Preston Hall. The next meeting will be Thur. Oct. 11. For more information contact Staff Sgt. Bradley at DSN 469-7150. Additional meeting dates are Nov. 8 and Dec. 13

Kids and Teens

Attend Pumpkin Festival Oct. 13

Pick your pumpkin from the pumpkin patch at the Pumpkin Festival on Sat. Oct. 13 from 10 a.m. to 5 p.m. Pre-sale pumpkins, \$3 each or \$4 at the door. Kids can take part in a pumpkin dash starting at 10 a.m. Find a pumpkin marked with a gold star and keep what you find! Events all day! Chili cook-off, jumpy castle, pumpkin dessert contest, kindergarten fall picture contest, 1-6th grade fall poem contest and more. The festival takes place on the front lawn of the 4-319th HQ bldg. behind the garrison command bldg. Inclement weather location is BES gym. Event sponsored by 4-319th AFAR FRG and Rear D. To purchase tickets or for more information contact pumpkin4319th@yahoo.com

Register Now for CYS Basketball

Registration for CYS Sports and Fitness Basketball is open now thru Nov. 2. The program is offered for children and youth ages 3 to 15 years old. The season will run from Nov. to Mar. Fee is \$46 per child. For more information contact CYS Sports & Fitness at CIV:0951-300-7452 or sign up at CYS Central Registration at CIV:0951-300-8660.

Skate Nights are back

The next skate night will be held on Sat. Oct. 13. From 3 to 7 p.m. all ages are welcome. Admission is \$4 and skate rental is \$1. Ages 3 and under are free. From 7 to 10 p.m. the rink is open to grades 6 to 12 only and admission is free.

Job Opportunities

Thrift Shop looking for help

The Bamberg Thrift shop is looking for a Consignment Supervisor. The candidate will oversee all consignment activity for the store. This includes preparing Consignment Packets for customers, assisting customers in the completion of their contracts, and tagging items for consignment. Application will be accepted starting Oct. 1. The position will be open as of Oct. 16. Please see Thrift Shop manager during business hours for applications or call CIV:0951-32408.

Entertainment & Leisure

Join Jam Session at Stable Theater Oct. 12

Looking for a place to play your original music, jam with other musicians or just

hear some live tunes? Come hang out Fri. Oct. 12 at 8 p.m., on stage or off, in a relaxed open mic atmosphere. Instruments will be provided but you are welcome to bring your own. No cover charge / \$2 beverages. For more info call CIV 0951-300-8647.

"Painting With Light" Art Exhibit at CAC on Oct. 19

Learn all about Hungary through the eyes of artist and photographer, Ilona Wellmann, at a Hungarian cultural event on Fri. Oct. 19 at 6 p.m. at the Community Activity Center (CAC). Meet the artist, enjoy culinary samples, and listen to live music while experiencing the spirit of Hungary. The artist's photos and Hungarian Halas lace will be available for purchase until Nov. 4. Halas Lace making demonstrations will be at the CAC on Thur. Oct. 18 from 10 a.m. to 5 p.m. and Fri. Oct. 19 from 2 to 9 p.m.

USAREUR Band and Chorus performs Oct. 24

The US Army Europe Band and Chorus will be performing a Fall Concert at the Bamberg Konzert and Kongresshalle on Wed. Oct. 24 at 8 p.m. Tickets are available for 9.50 Euro for all military, civilian and retirees with valid Military ID card. Tickets can be purchased in advance at the BVD-Kartenservice or Infotehk in the Rathaus in the Maxplatz. For more information contact the Bamberg Public Affairs Office at DSN:469-2000.

Join a book club today!

The Bamberg community library has a variety of book clubs for readers of all ages including: a Book Club for Mums, Young Adults, Adults, Animee Club, Ya Ya Club, and Junie B. Jones Book Club. For more information inquire at the library at DSN: 469-1740.

MWR offers deployment specials

Special offers are available for family members who are affected by deployment at the Whispering Pines Golf Course, the Bowling Center, on tickets to Stable Theater productions, Arts and Crafts classes and more. Child and Youth Services offer 10 hours of free child care per month and extended hours at the Middle School Teen Center. Contact Juergen Hagemann at CIV:0951-300-7885 or CYS Central Registration at CIV:0951-300-8660 for details.

Published by the USAG Bamberg Public Affairs Office. To submit an announcement call 469-2000 or e-mail bambergpao@eur.army.mil

Trips & Travel Opportunities

Renew, Reconnect and Relax!

The Bamberg Chapel Family Life Center is sponsoring a Renew, Reconnect and Relax retreat at Edelweiss Lodge from Oct. 19 to 21. Registration will be held at the Chapel Family Life Center:

- **Tue. Oct. 9 beginning at 8:15 a.m. for the 54th Engineer Battalion and the 16th Sustainment Brigade.**
- **Wed. Oct. 10 at 8:15 a.m. for the 173d ABCT and all other units.**

Priority will be given to those who did not attend the Sept. retreat.

Suggested donations are \$10 for singles, \$20 for couples (2) and \$30 for families (3+). A copy of shot records must be brought for children under 4.

Please call Lori Hodges at DSN:469-8142 for details.

Take a trip with ODR in October

Take a trip this October with Bamberg Outdoor Recreation

Thur. Oct. 11 Tour Under Bamberg \$20

This unique trip through tunnels under Bamberg gives a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Departs CAC at 5 p.m. and returns 7:30 p.m.

Sat. Oct. 13 Day Hike in Little Swiss \$10

Throw on sturdy shoes or boots and warm layers for this beginner to intermediate hike in nearby Frankische Schweiz. We will be eating on the trail so please pack water, lunch and snacks. Departs CAC at 9 a.m. and returns approx. 5 p.m.

Wed. Oct. 17 Spa Day \$50

The perfect weekday getaway! Join us for a quick trip to Bad Staffelstein for a day of pampering and get home in time to pick the kids up from school! Includes unlimited access to numerous saunas, thermal pools (bring a suit) and a 15 minute massage. Departs CAC at 8:30 a.m., returns approx 2 p.m. No children.

Sat. Oct. 20 Mountain Biking \$10

Let Josh be your guide on an intermediate mountain bike ride through the local countryside. We'll ride approximately 30k with less than 1k of climbing. Bring your own bike, water and lunch. Departs CAC at 4:30 p.m. and returns approx. 8:30 p.m.

Sat. Oct. 27 Exploring Würzburg \$20

Come see the historic sites in Würzburg before they close for the winter. We will spend the morning at the Marienberg Fortress overlooking the city and the afternoon downtown at the Würzburg Residenz. A German tour is available at the Fortress in the morning and an English tour is available at the Residenz in the afternoon. Includes Transportation and admission to both sites/tours. Departs CAC at 8 a.m. and returns approx 6 p.m.

Trips fill up quickly, so reserve your seat now. Contact the CAC for more info at DSN:469-8659.

Join FISC in Austria for Thanksgiving skiing

The Franconia International Ski Club is planning a trip to Hintertux, Austria from Nov. 21 to 25. Enjoy great skiing and a traditional Thanksgiving Dinner as well. Contact Leslie Hall at CIV:0175-326-5519, Candace Merritt at CIV:0171-943-4672 or send an email to franconiaskiclub@yahoo.com for more information.

Upcoming trips:

- Dec. 22-27 Christmas in St. Veit, Austria
- Jan. 18-21 (MLK, Jr. Weekend) in Gastein, Austria
- Feb. 15-18 (Presidents Day Weekend) in Jungfrau, Switzerland

FISC meets once a month in Bamberg at 6 p.m. Come to the next meeting and find out more about their planned trips and activities.

Bamberg meeting dates are:

- October 24
- November 28
- December 19
- January 23
- February 27
- March 26
- April 23

Bamberg location is the Maisel Keller; *Moosstrasse 32*. For more information contact Michelle at CIV:09721-475-8647 or email franconiaskiclub@yahoo.com.

AAFES Bamberg Movie Schedule

AAFES Reeltime Theater is CLOSED Tues. and Wed.



Fri.	Oct. 5	Resident Evil:Extinction (R)	7 p.m.
Sat.	Oct. 6	Rescue Dawn (PG-13)	3 p.m.
		Resident Evil:Extinction (R)	7 p.m.
Sun.	Oct. 7	The Bourne Ultimatum (PG-13)	3 p.m.
		Rescue Dawn (PG-13)	7 p.m.
Mon.	Oct. 8	Resident Evil:Extinction (R)	7 p.m.
Thur.	Oct. 11	The Bourne Ultimatum (PG-13)	7 p.m.
Fri.	Oct. 12	The Kingdom (R)	7 p.m.
Sat.	Oct. 13	The Game Plan (PG)	4 p.m.
		The Kingdom (R)	7 p.m.
Sun.	Oct. 14	Daddy Day Camp (PG)	4 p.m.
		The Game Plan (PG)	7 p.m.
Mon.	Oct. 15	The Simpsons Movie (PG-13)	7 p.m.
Thur.	Oct. 18	Daddy Day Camp (PG)	7 p.m.
Fri.	Oct. 19	Heartbreak Kid (R)	7 p.m.
Sat.	Oct. 20	Rush Hour 3 (PG-13)	4 p.m.
		Heartbreak Kid (R)	7 p.m.
Sun.	Oct. 21	Rush Hour 3 (PG-13)	4 p.m.
		Heartbreak Kid (R)	7 p.m.
Mon.	Oct. 22	Heartbreak Kid (R)	7 p.m.
Thur.	Oct. 25	Stardust (PG-13)	7 p.m.

Outside the Gate

Weekend Events in and around Bamberg

Friday, October 5

10 p.m. Cherokee (metall band) on stage at Music Hall Strohofer in Geiselwind (96160, Scheinfelder Str. 15-23), doors open at 8:30 p.m.

Saturday, October 6

6 p.m. "Der Freischuetz", opera at the string puppet theater Bamberg
 7 p.m. Gospel concert at Auferstehungskirche (church) in Stockheim, Eichendorffsiedlung (96342)
 7 p.m. Night of the museum - all Bamberg museums will be open till 1 a.m. (see article below)
 8 p.m. Vivaldi's "Four Seasons" performed by Salzburg Baroque Orchestra at Herzogenaurach (Weiherbach, 91074)
 9 p.m. Ska and Reggae at the Morph Club

Sunday, October 7

10 a.m. Pumpkin fest at Altendorf (see article)
 1 p.m. Flea market at Koenigsfeld (Bergstrasse, 96167)
 3 p.m. Modell railway convention at Bettensee Halle (Max-Brose-Str. 1, 96103 Hallstadt)
 5 p.m. Litzendorfer Bach Days at St. Wenzeslaus church (Schimmelgraben)
 7:30 p.m. "Vivaldissimo", chamber concert at Rudolph-Winkler-haus (97475 Zeil/Mayn)
 8:30 p.m. "Jazz 4 free" at E-Werk (Fuchsenwiese 1, 91054 Erlangen)
 9 p.m. Daniel T. Coates performs at the Blues Bar

Attend Altendorf Kürbisfest (Pumpkin Fest!)



Don't miss one of the most popular fall fests taking place just outside the city of Bamberg, the Altendorf Kürbisfest (Pumpkin Fest). The fest takes place this Sun. Oct 7 in Altendorf (exit right after Hirschaid and Strullendorf). It's all about pumpkins, thousands of pumpkins! Enjoy a pumpkin parade, pumpkin painting and decorations. Sample a large variety of pumpkin foods such as; soups, cookies and bread. The fest usually attracts a huge crowd so it is recommended to either arrive before noon or parking can be difficult.

Bamberg museums

History museum: Open May 1 to Nov. 1 from 9 a.m. to 5 p.m. This museum, which is in the Old Court, shows an art, cultural and historical collection of the history of the city of Bamberg and Upper Franconia, as well as regularly changing special exhibitions in the Imperial Chamber. (Alte Hofhaltung, Domplatz 7)

Collection Ludwig: Open year round from 9:30 a.m. to 4:30 p.m. The Baroque Old Town Hall houses the important and valuable faience and porcelain collection of the couple Peter and Irene Ludwig. (Altes Rathaus, Obere Brücke 1)

City Galery Villa Dessauer: Open from 10 a.m. to 4 p.m. Gallery for modern art with regularly changing exhibitions. Along with international works of art, works of local and regional artists are presented. (Hainstr. 4a)

Diocese Museum: Open Tue. to Sun. from 10 a.m. to 5 p.m. The chapter house was built in 1731 according to plans by Balthasar Neumann. Today, it houses the rich treasure of the cathedral and a exhibition of liturgical vestments. (Domplatz 5)

New Residence and State Gallery (photo):



Open from April to Sept. from 9 a.m. to 6 p.m. and Oct. to March from 10 a.m. to 4 p.m. In this building, you can visit private apartments and staterooms, the Emperor's Chamber, the Chinese room and valuable collections of paintings. (Domplatz 8)

ETA Hoffmann Home: Open from May to Oct., Tue. to Fri. from 4 p.m. to 6 p.m. ;Sat, Sun & pub holidays 10 a.m. to noon. Everything in the narrow house built in 1762, is about the Romantic poet, theatre composer and caricaturist E.T.A. Hoffmann, who lived in Bamberg from 1808 to 1813. (Schillerplatz 26)

Frankonian Brewery Museum: Open from April to Oct., Thur. to Sun. from 1 p.m. to 4 p.m. If you would like to find out about the Franconian brewing tradition, visit the historical vaulted cellar roofs of the former Benedictine brewery. (Michelsberg 10f)

Gardener's Museum: Open May to Oct., Wed. and Sun. from 2 p.m. to 5 p.m. Implements and furniture are displayed in a typical Bamberg Gardener's house and allow an insight into the former way of life and working environment of the market gardeners and wine growers. (Mittelstr. 34)

Missions-Museum: Open Sun. and pub holidays from 2 p.m. to 5 p.m. The missionary houses in Bug show a collection of exhibits from India and South America and supplies information about present-day missionary-work. (Missionshaus Bug, Schloßstr.)

Museum of Natural History: Open daily except Mon. during April to Sept. from 9 a.m. to 5 p.m. and Oct. to March from 10 a.m. to 4 p.m. Prince Bishop Franz Ludwig von Erthal had the natural history museum, one of Germany's oldest museums, built in 1793/95. (Fleischstraße 2)

As seen in the NEWS ..

News summaries from September 27 through October 4

Change in Bamberg school book payments

After the federal state of Bavaria decided that in the future parents won't have to pay for school books if the local communities agree, all Bamberg parties gave a statement basically saying "Bamberg is to do away with that book payment." On Tue., Lord Mayor Andreas Starke notified the community that the payment has been stopped in Bamberg and parents will be refunded if the money had already been paid.

Rail strike begins Friday

The union of engine drivers has rejected the latest offer by Deutsche Bahn (German Rail) in the collective bargaining process and will go on strike starting this Friday. This will affect passenger as well as commodities transportation. According to the union the core of the offer was old and there was not improvement regarding working hours or wages. Deutsche Bahn had offered to increase the weekly working time of 39 hours for engine drivers by one or two hours and paying more in proportion to the working time.

"Path of Creation" for Bamberg

A 5K path around Bamberg from St. Michael via Michelsberger Forest to Villa Remeis will be opened on Thursday afternoon by Archbishop Prof. Dr. Ludwig Schick. This route is called the "Path of Creation" and offers twelve stations with bible citations to inspire the wanderer.

German Women Soccer Team is World Champion

For the second time the German women soccer team made it happen - they won the World Championship by 2:0 against Brazil. 15,000 fans celebrated the return of the team in Frankfurt.

Monastery sale would be legal

The future of the monastery St. Michael is still unclear. The current users of the building, the Sozialstiftung, a charitable trust operating an old peoples home, want to move out and erect a new home. Selling the building is legal, but the city council is very hesitant to agree. There is a major discussion on how to guide the traffic in that area, how to conserve world heritage buildings and how to use tax money wisely.

Hallstadt has to approve new disco

Due to a procedural error, the city council of Hallstadt now has to approve the building of a discotheque in the "Market" shopping center. This results in having two discos within a few hundred yards of the Boerstig.

More safety for cyclists and pedestrians

The former path between Schammelsdorf and Poedeldorf will now be safe to use for cyclists and walkers. It is being turned into a properly asphalted road.

Fire in the kids room

After lighting a candle a 13-year old threw away the used match in the trash, then left the room. The match lit papers, causing a fire. Fortunately, his sister entered the room five minutes later to notice the burning trash and call the fire fighters. The fire caused 4,000 Euro in damage.

National TV Anchor woman fired

Finally, anchor woman Eva Herman has been sacked by the national TV station NDR. Herman, long time chief anchor, had made comments on the "positive aspects" of the Nazi family policy. As a reaction on Herman's statements, several guests have already cancelled their participation in the NDR-talk show. Herman, a successful career woman with family and children herself, had unexpectedly started a crusade against working mothers and how both biology and divinity - in her opinion - would call women to stay at home and "bake cookies".

"Dedicated to brave beer drinkers"

The Beer War of Bamberg now has its centenary for the 100th time. On October 1, 1907, the breweries had increased the price for half a liter of beer from ten to eleven pennies. The Bamberg people, mainly field and factory workers, were most upset and decided to wage a war against this. They united and only had their beers at those two breweries that did not ask for the higher price. The wine traders wanted to make use of the situation and lowered their prices but the Bamberg people wanted their beer. After a week the breweries gave in and on October 7, 1907, the Beer War of Bamberg ended and prices went back to normal.

Sources: Information collected / translated from Fraenkischer Tag