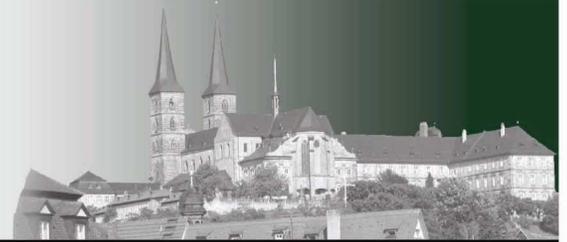




WARNER WEEKLY

News & Information at Your Fingertips



www.bamberg.army.mil / Fri. Dec. 7, 2007 / VOL. 2, Issue 47

Making spirits bright...



USAG Bamberg Commander Lt. Col. Gary Rosenberg helps five-year-old Shannon Keene flip the switch lighting the garrison Christmas tree at a tree lighting ceremony on Dec. 6. Despite the rainy weather, the community event was a festive start to the holiday season here on Warner Barracks.



Support Chapel Angel Tree program



There's no better time for giving than the holidays. Share the magic of this season with a child by participating in the Community Chapel Angel Tree program. To participate, remove one or more angel tags from trees located at the chapel and outside the PXtra and purchase appropriate gifts for the child described on the tags. Bring all purchased and wrapped gifts for your angel(s) to the chapel tree no later than Sun. Dec. 16.

(Above) After the tree lighting, the children received a surprise visit from the North Pole by Mr. and Mrs. Claus.

(Left) Enjoying her first Christmas, little Aimee waits with her sister Mia to see Santa Claus at the Movie Theater.

Photos (3) by Nicole Karsch-Meibom

Bamberg wins IMCOM-Europe junior soccer title

Story and photo by Brandon Beach, USAG Stuttgart Public Affairs

Like any soccer-playing teenager, Nick Cuevas doesn't like being stuck in goal.

"It's boring," said Bamberg's back-up keeper. "You just stand there."

Boring was the last word to describe his play at the finals of this year's Installation Management Command Europe under-15 soccer championship, held earlier this month in Stuttgart.

Cuevas tallied 15 saves and blocked a first-half penalty kick to help Bamberg blank tourney host Stuttgart 5-0.

Chase Milhorn carded two goals, and Sean Cuevas, Daniel Seamrin and Tesos Dones each found the back of the net.

See **SOC CER** on page 2



Bamberg soccer players celebrate winning the tourney's first place trophy.

CMR Holiday Customer Service Hours

The CMR customer service window will be open on Saturdays beginning Dec. 15 until Jan. 12 from 11 a.m. to 2 p.m. The window will also be open Mon. Dec. 24 from Noon to 2 p.m.

Bamberg CDC teachers earn childcare credentials

Bamberg Public Affairs Office Release



Schaefer

Bamberg Child Development Center teachers Maricelyz Ortiz and Sabrina Schaefer have the credentials that build a parent's confidence when it comes to the care of their children. Ortiz and Schaefer recently completed an intensive six month program to earn their Child Development Associate Credentials, raising the accredited staff total in Bamberg to four.

"The accreditation program is an in-depth and detailed process that looks closely at the teachers interactions with their class," said Elizabeth Marriott, Bamberg CDC Training and Curriculum Specialist.

To be eligible for accreditation, teachers are required to have three years of experience and extensive training and referrals. The program includes a parental questionnaire, in-class observations, and a written and oral examination by a CDA representative.



Ortiz

"It really was time consuming," says Ortiz regarding her experience, "especially getting the observations completed." Ortiz said she received a lot of help collecting resources from other garrison organizations like Army Community Service, Women, Infants and Children Overseas program, Education and Development Intervention Services and the Parenting Support Group.

Ortiz, who currently teaches at the part-day pre-kindergarten child care center

located in the Central Registration and Enrollment building, says caring for children was a lot of work for her when she first started. "At first I didn't know if I would be all that good at it, then with years of experience and training it became easier and I established a routine," she says.

The nationally recognized endorsement not only benefits the teachers who have gained a valuable qualification for their professional portfolio, but the community as well.

"The new credentials are a quality guarantee to parents. They can be confident knowing their child will be receiving the highest level of care and that the teacher fully understands the needs of the children," explained Marriott.

The accreditation council promotes improved performance and recognition of professionals in early childhood care and education — the people who work with children from birth through five years of age in early childhood centers, family child care homes, and as home visitors. More information on the CDA can be found at www.cdacouncil.org

SOCGER continued from page 1

Despite a 3-0 deficit at half, Stuttgart kept up pressure in the second as forwards peppered Bamberg's goal with shot attempts. Weather conditions during weekend play didn't make Cuevas' work any easier either.

Snow flurries dampened fields on Friday. By Saturday, temperatures had risen from 35 degrees to about 45, leaving many passes stuck in the mud.

During the two-day tourney, Bamberg recorded wins over Mannheim, 4-2, and Landstuhl, 3-2, but dropped its opening round game to Stuttgart 4-2. The team also lost starting keeper, Aaron Mumford, to a broken finger when he blocked an incoming shot.

Athansios Dones, Bamberg's coach, had no choice but to tap Cuevas.

"He gripes about it all the time," said Dones, "but it's the best he's played all season. And look, we are champs."

Seven Child & Youth Services teams took part in the annual tourney representing U.S. Army garrisons throughout Europe.

December is 3D month

USAG Bamberg Army Substance Abuse Program release

3D stands for Drunk and Drugged Driving, and is a national campaign to eliminate impaired driving during the holiday season.

The holidays are once again upon us and this time of year generally means more parties, which raises the potential for drinking. If you plan to drink, designate a driver who will not drink or plan on taking a cab. Alcohol is a factor in almost half of all fatal motor vehicle crashes.

If you host a party, here are some things you can do to promote responsible drinking:

- Provide plenty of non-alcoholic drinks and cocktails.
- Do not pressure guests to drink.
- Serve food to slow the rate of absorption of alcohol.
- Make sure all guests that drink have a safe way to get home - call a cab or arrange a ride home with a sober driver.

Remember – having one drink is one too many to drive.



Lt. Col. Gary Rosenberg

U.S. Army Garrison
Bamberg Commander

USAG Bamberg Public Affairs Officer
Renate Bohlen

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Don't send presents in official mail

IMCOM-Europe Public Affairs release

The holiday season is almost here, which means many people are shopping for those unique European gifts to send home to family and friends.

However, anyone tempted to send personal items through the official mail system should think twice; only articles pertaining to government business may be sent via official mail.

The potential for abuse – either intentionally or unintentionally – can increase during this time period, said Daniel Medina, official mail program manager for Installation Management Command-Europe. Consequently, he said garrison official mail managers throughout the region are stepping up their efforts in preventing possible misuse of official mail service during the holidays.

“It is important for the entire community,” Medina said, “to recognize that Army official mail is paid by appropriated funds and authorized only for U.S. government business.”

Medina noted that stuffing personal items into envelopes and packages sent

through official mail channels to avoid paying postage may cost offenders in other ways, such as administrative sanctions, action under the Uniform Code of Military Justice or penalties under other federal law.

Examples of personal items include holiday cards; care packages; magazines; gifts; and cookies and candy.

Medina added that community Military Postal Services and Army Post Offices are available “to send these personal items to loved ones back home.”

For more information contact the Bamberg Post Master at DSN:469-8820.

Understand customs rules before purchasing gifts

By Dave Melancon, IMCOM-E release

If a Soldier wants to give a German friend something nice for Christmas, is it OK to buy something from the post exchange?

According to Army customs officials, much depends on the Soldier's pay grade and everyday standard of living. Accordingly, if he wants to stay on the right side of the law, he should call his community's customs office.

If a family member gives her German neighbors a frozen turkey she purchased from her community commissary, is she honoring a family tradition? Maybe, but she's also breaking the law.

However, if she cooks that bird and shares a turkey dinner with her German friends, it's OK.

“Because U.S. Forces sales outlet purchases in Germany are free of duty, giving gifts to local nationals and other people not authorized privileges has certain restrictions,” explained Fred Evans, U.S. Army Europe and 7th Army Customs Executive Agency.

Gifts must be for the recipient's personal use, cannot be given on a recurring basis and cannot be used as payments for services or goods, he said. Gifts cannot be given on a regular or scheduled basis, and only on customary gift-giving occasions.

“Giving gifts on an occasion where gifts are customarily exchanged such as birthdays, religious holidays, engagements and farewells is allowed,” Evans said. “Gifts must be for personal or domestic use or consumption, and in noncommercial quantities. So giving small presents such as flowers, boxes of candy or bottles of cologne is fine.”

According to the agency's Web site, those wishing to give a “non-customary” gift must complete a “permit to transfer” document (Army Europe Form 550-175B), which can be picked up at a military customs office, and receive permission from German customs authorities. The giver must have owned and used the item for at least six months.

There are several steps to completing the form. The agency's Web site lists the steps in detail.

Expensive items such as stereo equipment and cars are not considered customary gifts, Evans said. “The smartest thing a giver can do is give us a call.”

The custom agency's list of non-customary gifts includes:

• All types of machinery (e.g., motor vehicles)

- Electrical appliances
- Office equipment
- Major household appliances
- Serial numbered items (e.g. firearms)
- Furniture

This list, however, is not set in stone, Evans cautioned. If authorized purchasers are unsure if the gift is appropriate or legal, they should call customs.

The same advice applies if the giver intends to send gifts back to stateside family or friends. There are issues such as import duties and agricultural restricts that could apply.

Additionally, military equipment and uniforms cannot be given as gifts, Evans added.

“Giving uniforms and personal military equipment as presents is not allowed, not only because it is a customs violation, but because of force protection concerns,” he said.

All food items, including candy, purchased from a U.S. military commissary cannot be given away but they can be shared or consumed together.

Restrictions are tighter for rationed items, including:

- Tobacco products: 25 cigarettes or 10 cigars or 60 grams (approx. 2.1 oz) of smoking tobacco
- Coffee: 500 grams (approx. 17.6 oz) of coffee or 125 grams (approx. 4.4 oz) of coffee extract
- Spirits: 1 bottle, not to exceed 1.2 liters (approx. 1 quart)

Violations of customs regulations can lead to adverse actions under the Uniform Code of Military Justice for servicemembers, Evans said. Civilians violating customs regulations could face administrative sanctions that could include possible termination of their employment.

For more information about gift giving and customs regulations, call the Bamberg Customs Office at DSN: 469-7460 or stop by the office. For more information check out the Customs Executive Agency's Web site www.hqusareur.army.mil/opm/gercustoms.htm.

Strategies for Healthy Holidays

By Cpt. Julie C. Rylander, RD/LD
Chief, Nutrition Care Division, Bavaria MEDDAC

The holidays are upon us and here come the goodies! It seems as it's almost expected for us to over indulge during the holidays and then make New Year's resolutions that commit us to improving our health. Seems a bit contradictory, huh? Don't just commit to being healthy for 46 weeks of the year while permitting yourself to holiday indulgences for 6 weeks; enter the holidays with an attitude that you don't need to deprive yourself of special holiday foods – but you don't need to eat huge portions to enjoy them either!

When it comes to enjoying special foods, keep it to just the holiday. Parties and celebrations present a healthy eating challenge with ample opportunities to indulge and overeat. Here are some strategies to achieve balance and moderation in your eating habits:

- **Don't starve.** Saving up calories during the day to indulge a little at the main meal is okay; however, don't starve all day in order to splurge later. Prevent overindulgence by eating lighter meals during the day and have a healthy snack, such as a piece of fruit or veggies, to curb your appetite before the main meal.
- **Have a plan and choose wisely.** At a party buffet, browse the choices before you start filling up your plate to determine which foods you will indulge and which you can skip without feeling deprived. Instead of nibbling throughout the event, fill up a small plate and eat in a location away from the food tables.
- **Pace, don't race.** Focus on enjoying the foods you've selected and savor them! Eating quickly easily leads to getting second helpings. Socialize with friends and family, putting the emphasis on the people with whom you are spending the holidays instead of the food.
- **Limit alcohol.** Mixed drinks may contain up to five hundred empty calories. Plus, alcohol tends to increase your appetite, feeding the temptation to overeat. If you drink, choose light wines and beers and use non-alcoholic mixers such as water or diet soda. Limit your intake to one

(women) or two (men) drinks per day. Also, watch out for other high calorie holiday beverages: fruit punch, egg-nog, and sodas.

- **Be a good example.** If you are the host, offer your guests healthy options. Tasty choices include: veggies with lowfat dip, fresh fruit bites, whole grain crackers with lowfat cheeses, carved roast turkey, and stir-fry veggies. Delicious desserts include fresh fruit, angel food cake, and lowfat pudding and mousse.
- **Get active.** Turn up the holiday tunes and get moving to burn extra calories. Rather than retreating to the couch after a large meal, gather a group and take a walk, enjoying outdoor holiday decorations and lights. This also gets you away from the view and smells of food that might otherwise encourage more eating.

Choosing Wisely

Remember, there are no "good" or "bad" foods; it's only our eating habits that are

good, bad, or a little of both. Taking a look at the Food Guide Pyramid; you'll see that grain products, vegetables, fruits, low-fat dairy products, lean meats, fish, poultry, and dry beans all have a place and will encourage a positive holiday spirit by providing constant, stable energy; repairing and restoring the body; and assisting with stress management and preventing mood swings. What matters most is the total amount and types of foods you eat over several days. The Pyramid shows we should choose more fruits, vegetables, and whole grains which are packed with vitamins, minerals, and fiber. At the same time, we should limit our intake of high-sugar and high-fat foods. Excess weight gain during the holidays often comes from eating too much of the foods that the Pyramid tells us to limit.

Remind yourself daily why you want to be healthy. Enjoy the holidays without regret. With strategy, foresight, and a plan of action, you'll come through in good health for the coming year, able to focus on continuing to improve your health rather than undoing the bad habits and effects of over-indulgence. Happy and Healthy Holidays!



16th SB comes together at prayer breakfast

Pfc. Chad Henson, property book clerk, HHC, 16th Sustainment Brigade, plays saxophone during a brigade prayer breakfast at Ray's Dining Facility, Bamberg, Nov. 20. Guest speaker Staff Sgt. John E. Bradley Sr., who pastored a church during Operation Iraqi Freedom I and II in Forward Operating Base Ridgeway, Iraq, spoke to brigade Soldiers and leaders at the breakfast.

Photo by Sgt. Keith M. Anderson

Community Announcements

BMHS holiday concert

The Bamberg Middle/High School Music Department welcomes you to enjoy their annual holiday concert on Thur. Dec. 13 at 7 p.m. in the high school multi-purpose room. The choir, band and drama class will be performing various holiday selections and catchy tunes.

Gasoline coupon purchase in Italy

When traveling to Italy for leave or TDY/TDA purposes, all active duty, DOD Civilians/ DOD Contractors/DODDS personnel are required to have in their possession a valid leave form or valid TDY/TAD orders, vehicle registration or rental car agreement. Individuals assigned within Italy are required to purchase their coupons at their home station. Dependents traveling to Italy and are not employed are not authorized to purchase Italian coupons. For more information contact DSN:634-6872

Let your voice be heard. Vote!

The Presidential election is right around the corner. Many citizens are eligible to vote in the Primaries in their home states. Do not forget to exercise your right as an American citizen to let your voice be heard. You can't vote if you don't register! See your Voting Action Officer now! Call DSN:469-8071 to find out what you must do in order to vote in your district. If you have questions call or email charles.schnepfe@eur.army.mil.

Closures / Changes

Post shuttle has new schedule

The Warner Barracks shuttle bus is now running on a new schedule. To view the new schedule click here www.bamberg.army.mil/dol/busschedule.htm.

Warner Club closing

Starting Dec. 16, the Bamberg Warner Club will be closed until further notice. For more information contact Juergen Hagemann at DSN:469-7885.

Holiday Hours/Schedules

Garrison holiday hours

The operating hours for garrison facilities and services may vary during the holidays from Dec. 24 to Jan 2. Please be sure to call ahead and confirm opening and closing times.

Health Clinic Holiday schedule

The Bamberg Health Clinic will have closures during the upcoming holiday season. Be sure to mark your calendars for these days. During closures all emergencies should go to the Bamberg Klinikum.

Fri. Dec. 21—Closed at noon
Mon. Dec. 24 and Tue. Dec. 25 –Closed
Mon. Dec. 31 and Tue. Jan. 1 –Closed

For more information please contact the Bamberg Health Clinic Executive Officer 1st Lt. Jose Sanfeliz at DSN:469-8619 or CIV:0951-300-8619.

Weekly Reminders

Interested in applying for a job with the Federal Government?

The Federal Government requires specific things in a resume and the application process is different from most civilian employers. ACAP is holding Federal Application Seminar Mon. Dec. 17 from 1 to 3 p.m. Attendees should have already completed a 2-day Transitional Assistance Program (DOL/ TAP) workshop prior to the Lab. Please bring your VMET, TAP Workbook, Pencils, and Paper. The next Federal resume writing lab will be on Jan. 7. For more information or to register call ACAP at DSN:469-8925.



ACAP 3-Day DOL / TAP Workshop

Bamberg ACAP is offering a 3-day job assistance workshop for separating and retiring service members and their families on Dec. 11 and 12 from 8:30 a.m. to 4:30 p.m. and Dec. 13 from 8:30 a.m. to noon. All participants must complete pre-separation counseling prior to enrolling in this course. The 3-Day DOL / TAP Workshop will be offered again Feb. 12 to 14. For more information contact Olivia Whittier at DSN:469-8925.

Chapel 2007 worship schedule

Catholic
 Fri. Dec. 7 5:30 p.m. Vigil Mass for Immaculate Conception Mass. (Dec. 8 is a Holy Day of Obligation)
 Sun. Dec. 23 9 a.m. Sunday service
 Tue. Dec. 25 11 a.m. Christmas Mass
 Tue. Jan 1 11 a.m. Mass (Mary Mother of God)

Protestant

Sun. Dec. 23 11 a.m. Sunday service
 Mon. Dec. 24 5 p.m. Candlelight service

Church of God and Christ

Sun. Dec. 23 12:45 p.m. Sunday service

Free Gospel

(Preston Hall Bldg. #7080 Kennedy Blvd.)
 Sun. Dec. 23 11 a.m. Sunday service
 Mon. Dec. 31 10 p.m. Watch Night service

Holiday Decorating Contest

Get in the spirit of the season by registering to participate in the holiday decorating contest. Yards, balconies and stairwells will be judged. Participants must register through the Housing Zone Coordinator Staff Sgt. King at DSN:469-7946. Judging begins the week of Dec. 19. Win an AAFES Gift Card, a sign of recognition and more! AAFES has everything you need to turn your yard, balcony, or stairwell into a winter wonderland WINNER! Check out the great selection of wreaths, indoor and outdoor lights, holiday decorations and more at the Christmas Shop located next to the Pextra!

Need some extra spending money?

Make extra money for the holidays as a consigner at the Thrift Shop. This opportunity allows you to make money from home, offers excellent earning potential and flexible hours. Earn up to \$100 or more a month, depending on what and how much you have to sell. Great opportunity for some extra Christmas or general spending cash. Get maximum profit for minimum time. Stop by the Thrift Shop or call CIV:0951-32408, and start today.

Bamberg Thrift Shop sale

The Bamberg Thrift Shop is currently offering an \$8 bag sale on all Thrift Shop Property (TSP) clothes (does not include purses, shoes or coats). Take 10% off TSP Coats and Jackets, all TSP Books and Videos are \$1 each and Christmas items are in stock and available at low prices.

The Thrift Shop will be closed from Dec. 21 to Jan. 14 for the Holidays and for ramping. Please hold all donations from Dec. 21 through Jan. 7. Call CIV:0951-32408 for more information.

<p>CMR Holiday Customer Service Hours</p>	<p>The CMR customer service window will be open on Saturdays beginning Dec. 15 until Jan. 12 from 11 a.m. to 2 p.m. The window will also be open Mon. Dec. 24 from Noon to 2 p.m.</p>
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Kids and Teens

Holiday events for youth

For more information on School Age Services programs call CIV:0951-300-8641.

Dec. 24- Jan. 4: School Age Services Winter Camp. Open to ages Kindergarten to 5th grade. Join a fun program full of field trips, craft activities, music, cooking, games and bowling!

Dec. 9: Birchview Lanes Bowling Center, Bldg. 7690 is having a kids Appreciation Day from 11 a.m. to 3 p.m. All kids under 17 years old receive two free games, free hot dogs and French Fries. Win prizes! Call the Bowling Center at CIV:0951-300-7722.

Dec. 14: Middle School Holiday Dance at Oasis Teen Center, Bldg. 7669 from 7 to 10 p.m. Open to 7th and 8th graders. Attire is semi-formal to formal wear. Tickets are \$5 before Dec. 12 and \$10 at the door.

Dec. 8 & 11: Christmas Market Trips for Families. See Christmas Markets in Nuernberg, Rothenburg and Bamberg.

Dec. 10-12: Christmas Caroling from 4:30 to 5:30 p.m.

Dec. 15: Teen Winter Ball at Oasis Teen Center, open to 9th - 12th graders from 7 to 10 p.m. Attire is semi-formal to formal. Tickets are \$5 before Dec. 12 and \$10 at the door.

Dec. 31: New Year's Eve Party for grades 6-12 from 4 to 6 p.m. Free admission.

Sweet treats for parents



Parents can enjoy three free hours of holiday shopping while kids make cookies and gingerbread houses at SAS on Fri. Dec. 21 from 6 to 9 p.m.

Register not later than Dec. 14, 50 spaces available. Parents are welcome to attend. Open to the whole community! Call School Age Services, Claire Aljunaibi at CIV:0951-300-8698.

2008 Scholarships for Military Children Program now open

Applications for the \$1,500 scholarships are available at 264 commissaries worldwide or, new this year, you can fill out your application online at <http://www.commissaries.com>, <http://www.militaryscholar.org>, or <http://www.dodea.edu>.

Applications must be turned in at a commissary by the close of business on Feb. 20, 2008.

Health and Safety

Candle with Care this Holiday Season

- Keep candles away from combustible materials, such as decorations, paper, wreaths and boughs.
- Place candles away from places that can be knocked over by a person or pet.
- Use sturdy, non-combustible candleholders that can collect dripping wax and won't tip over.
- Extinguish a candle when 2 inches of wax remains or a half-inch if the candle is in a container. This prevents heat damage to the surface and stops glass containers from breaking.
- Always keep candles, as well as catches and lighters, out of the reach of children, and don't leave children unattended in a room with lit candles.
- Never use lit candles to decorate Christmas trees.
- Always extinguish candles when leaving the room or going to sleep.
- Remember that a candle is an open flame. It can easily ignite any combustible nearby.



For more tips and information on safe decorating this holiday season go to National Fire Protection Agency at www.nfpa.org.

24/7 info. Know before you go!

Find out the current weather and road conditions for the Bamberg area by calling DSN:469-8373. The recorded weather line information is updated every 12 hours or as conditions change and also includes a 48 hour forecast. This service is made available by the Bamberg Emergency Operations Center (EOC).

Job Opportunities

BES needs substitute teachers

Bamberg Elementary School is looking for qualified, experienced educators to fill substitution teaching positions. Applicants must have a baccalaureate degree from an accredited institution with at least 18 semester hours of course work in the field of professional teacher education. Stop by the BES main office Mon. through Fri. from 9 a.m. to 3 p.m. for an application or call DSN:469-7616 or CIV:0951-300-7616 for more information.

Earn money as SKIES instructor

The Bamberg CYS SKIES Unlimited program is looking for instructors to teach classes in art, music, ballet/jazz/tap, fitness, sewing, computers, photography, cosmetology, SAT Prep, Spanish or any skill you may have that can be taught to the youth in the Bamberg community. SKIES is also looking for academic tutors. Please contact Archie Johnson at DSN:469-7452 for more information.

Job opportunities listed online

For all job opportunities in the local area and world-wide go to the U.S. Army Civilian Personnel Online Web Site at www.cpol.army.mil Job search and resume application assistance is available through the Bamberg ACS Employment Readiness Office. Please call Jeffery Card at DSN:469-7787 for more information.

Unit News

16th SB Christmas/Holiday Ball

The 16th Sustainment Brigade will be holding their Holiday Ball at the Bamberg Kongresshalle on Fri. Dec. 14 at 6 p.m. All Soldiers, family members and guests of the 16th Sustainment Brigade are invited to attend. Dress code is informal/business casual. Tickets are 39 Euros per person and are on sale now. For more information or to purchase tickets contact Cpt. Chan Lam at CIV:0160-128-9246.





Do your part to save energy and conserve natural resources. Check back weekly for great energy saving and recycling tips brought to you by the Bamberg Environmental Office.

Energy saving tips

- Left over waffle batter? Make the waffles, put them in a plastic bag and freeze them. They'll perk up almost like newly made with a few minutes in the toaster or in your tabletop broiler-oven.
- Putting your frozen foods in well-marked containers and keeping the frozen supplies in easily recognized categories, will make everything easier to find, and therefore mean less time that the door is open while you are searching for something.
- A freezer inventory is a good idea. It can be a sheet or a small notebook on the wall or on a shelf near the appliance. Menu planning can be done from the inventory, which could even include a locator chart so each item can be found easily. Again less time with the door open.

Recycling tips for home and office

- Look for items in packages and containers made of recycled materials.
- Use products with recycled content whenever you can. Some examples are stationery, wrapping paper and containers.
- Turn a giant cardboard box into a child's playhouse.

For more information on what you can do to save our natural resources and help reduce the effects of global warming contact the Bamberg Environmental Office at CIV:0951-300-7730.

Trips & Travel Opportunities

Take a trip with ODR in December

Take a trip this December with Bamberg Outdoor Recreation.

Weekend Dec. 15 & 16 Snowboard and Ski \$149

ODR is headed to Austria for some early season glacier skiing and riding. Trip includes transportation and one night lodging with breakfast and dinner. Get reduced rentals and tuning at the ODR ski shop. Departs 2 a.m. Dec. 15, returns approx. 10 p.m. Dec. 16.

Sun. Dec. 30-Wed. Jan. 2 Snowboard and Ski \$TBA

Enjoy the Alps at Garmisch and explore the Alpspitze, Stubai Glacier and other areas. Ski and ride from hut to hut and spend New Year's Eve in the snowy peaks of the Alps. Includes transportation and 3 nights at the hotel with breakfast.

Trips fill up quickly, so reserve your seat now. Contact the CAC for more info at DSN:469-8659.

Spend Christmas week skiing

The Franconia International Ski Club invites you to St. Veit, Austria for some family fun and Christmas skiing Dec. 22- 27. The package includes five overnights, breakfasts and dinners at a cozy three star hotel, 4-days of lessons, great après-ski opportunities, babysitter service for children under age 3, entertainment program for both the young and old plus a welcome party. The trip price is 383 Euro for adults and it is a U-Drive. (For children 15 and under, please contact the trip captain.) Single supplement is 40 Euro. Sign-up and payment is due by Dec. 17. Contact the trip captain Candace Merritt at candace.merritt@us.army.mil for more information.

AAFES Bamberg Movie Schedule

AAFES Reeltime Theater is
CLOSED Tue. and Wed.



Fri.	Dec. 7	Good Luck Chuck (R)	7 p.m.
Sat.	Dec. 8	Enchanted (PG)	4 p.m.
		Eastern Promises (R)	7 p.m.
Sun.	Dec. 9	Enchanted (PG)	4 p.m.
		Good Luck Chuck (R)	7 p.m.
Mon.	Dec. 10	Eastern Promises (R)	7 p.m.
Thur.	Dec. 13	Enchanted (PG)	7 p.m.
Fri.	Dec. 14	Elizabeth:	
		The Golden Age (PG-13)	7 p.m.
Sat.	Dec. 15	This Christmas (PG)	4 p.m.
		We Own the Night (R)	7 p.m.
Sun.	Dec. 16	This Christmas (PG)	4 p.m.
		Elizabeth:	
		The Golden Age (PG-13)	7 p.m.
Mon.	Dec. 17	The Heartbreak Kid (R)	7 p.m.
Thur.	Dec. 20	This Christmas (PG)	7 p.m.
Fri.	Dec. 21	The Golden Compass (PG-13)	7 p.m.
Sat.	Dec. 22	Why Did I Get Married (PG-13)	3 p.m.
		The Golden Compass (PG-13)	7 p.m.
Sun.	Dec. 23	Why Did I Get Married (PG-13)	4 p.m.
		Rendition (R)	7 p.m.
Mon.	Dec. 24	The Golden Compass (PG-13)	7 p.m.
Thur.	Dec. 27	Rendition (R)	7 p.m.
Fri.	Dec. 28	I Am Legend (PG-13)	7 p.m.
Sat.	Dec. 29	Alvin and the Chipmunks (PG)	4 p.m.
		I Am Legend (PG-13)	7 p.m.
Sun.	Dec. 30	Alvin and the Chipmunks (PG)	4 p.m.
		Gone Baby Gone (R)	7 p.m.
Mon.	Dec. 31	I Am Legend (PG-13)	7 p.m.

**CMR Holiday
Customer Service Hours**

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Outside the Gate

Weekend Events in and around Bamberg

Friday, Dec. 7

- 7 p.m. DJ-Night: Best of Rock, Ska, Punk & Party-Sounds at Sound'n'Arts (*Obere Sandstrasse 20*)
- 9 p.m. Slop live at Blues Bar (*Obere Sandstrasse 7*)
- 9 p.m. Timo & Flo at Blues Bar (*Obere Sandstrasse 18*)
- 10 p.m. Electrohouse music style at Morph Club (*Siechenstrasse 7a*)

Saturday, Dec. 8

- All Day Christmas at Castle Tambach. Once a year the castle opens all doors to the private rooms with classical music, kids events and luxury product fair. Adults 8 Euro, kids (up to age 16) go free. www.festliche-weihnacht.de
- 11 a.m. Opening of medieval Christmas market at Alte Hofhaltung. See blurb.
- 6 p.m. Christmas carols by Capella Antiqua Bambergensis with medieval instruments at Castle Wernsdorf (<http://www.capella-antiqua.de/e-index.html>, in English)
- 8 p.m. Tango argentine dance night at Haas Saele (*Obere Sandstrasse 7*)
- 8:45 p.m. Noche Latina with a crash course in Salsa dancing at Luitpold Café (*Schoenleinsplatz 4*)
- 9 p.m. Peter O'Mara performs at the Jazzclub (*Obere Sandstrasse 18*)
- 9 p.m. "Good Gravy" at Blues Bar (*Obere Sandstrasse 18*)
- 9 p.m. Lost Ideals & frogoff ataka in concert, "Russian ska & ska punk music styles) at Sound'n'Arts (*Obere Sandstrasse 20*)
- 9 p.m. Melanie Dekker in concert at Club Kaulberg (*Unterer Kaulberg 36*)
- 10 p.m. 30 plus party (non smoking) at Live Club (*Obere Sandstrasse 7*)
- 10 p.m. "2nd bajuku support night", Balkan beats at Morph Club (*Siechenstrasse 7a*)

Sunday, Dec. 9

- All Day Christmas at Castle Tambach. Once a year the castle opens all doors to the private rooms with classical music, kids events and luxury product fair. Adults 8 Euro, kids (up to age 16) go free. www.festliche-weihnacht.de
- 11 a.m. Bambergensis with medieval instruments at Castle Wernsdorf (<http://www.capella-antiqua.de/e-index.html>, in English)
- 11 a.m. Medieval Christmas market at Alte Hofhaltung. See blurb in next column.
- 5 p.m. Christmas carols by Capella Antiqua Bambergensis with medieval instruments at Castle Wernsdorf (<http://www.capella-antiqua.de/e-index.html>, in English)
- 7 p.m. "Chanukka", songs and stories for the Jewish Light Fest at Studio 13 (*Luitpoldstrasse 40*)
- 8 p.m. Jam session at Sound'n'Arts (*Obere Sandstrasse 20*)

Medieval Christmas market

Premier in the Alten Hofhaltung - in the medieval yard next to the cathedral, one of the most beautiful places in Germany, a medieval Christmas market with craft will begin on Dec. 8. The market will be open daily from 11 a.m. to 8 p.m. until Dec. 16. Entry (includes visiting the Christmas exhibition at the museum): 3.50 Euro, if you come after 4:30 p.m. (exhibition excluded).

All through December until Christmas

Advent calendar events - at Fuchs bakery with daily events for kids and live music (Backhaeusla, Franz-Ludwig-Str. 6, behind C&A store)

Anne Frank Exhibition - From Nov. 9 to Dec. 20, there is an exhibition on Anne Frank at the Villa Dessauer (Hainstrasse 4). Opening hours Mon. to Fri. 8 a.m. to 4 p.m., Sat. & Sun., 10 a.m. to 6 p.m.

Bamberg Christmas market - now until Dec. 23, Mon. through Sat. 9 a.m. to 7 p.m., Sun. 11 a.m. to 7 p.m. at Maxplatz (between town hall and Karstadt store)

See the Bamberg homepage for information on the various Christmas markets in Germany at www.bamberg.army.mil

Midnight shopping

On Sat. Dec. 8, Bamberg invites you to the "1st Shopping Night" with downtown stores open until midnight. The Christmas market at Maxplatz (next to Karstadt and Townhall) will be open until 10 p.m. With the opening of the Medieval Christmas market near the cathedral, 15,000 visitors are expected. So use the park + ride places. The one at Breitenau (next to the Bamberg Airfield) offers buses every 10 to 15 minutes, after 8 p.m. night bus "A" runs every 40 minutes. The last bus leaves the ZOB (downtown bus station) for Breitenau at 12:30 a.m. The P+R at Heinrichsdamm has buses running every 15 minutes until 12:30 a.m.

As seen in the NEWS ...

News summaries from Nov. 30 to Dec. 5

No miracle of tears at Heroldsbach

The Archbishop now presented the results of a church led investigation. On February 12 of this year, several pilgrims had testified seeing tears in the eyes of the wooden St. Mary statue at a church in Heroldsbach. The investigation showed that apparently, the liquid was tap water and suggests that somebody had sprayed the drops of water on the statue, since the wash rooms are in the vicinity of the statue. While officials are relieved about the results, some pilgrims insist it is a miracle: "We saw what we saw!"

64-year-old woman gives birth

A 64-year-old woman in Aschaffenburg gave birth to a healthy girl. The woman had invitro-fertilization done outside of Germany as this is not allowed in the Federal Republic of Germany. Now, she is the oldest German woman to have given birth.

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C & A donates to charity

The fashion enterprise C & A donated 6,000 Euro to charitable organizations. In the presence of Lord Mayor Andreas Starke, a representative of the company gave a check to the circus project, the Bamberg women's shelter and a homeless shelter in Breitenau.

5 million Euro plus

The city of Bamberg received more money than expected due to increased tax revenue. However, now that the money is here, discussions between the party fractions have surged about the best use of the money. Projects suggested by the Lord Mayor were immediately rejected and criticized by the conservative Christian Social Union (CSU) and the green party (GAL). To be continued.

60 firefighters needed

After a fire broke out at a home near Schoenbrunn, it took 60 fire fighters to end the fire. The 64-year-old man who lived in the house was rescued safely. While police are investigating the cause of the fire, the damage is an estimated 100,000 Euro.

Sandstrasse now closed for most traffic

Since Dec. 3, Sandstrasse has been blocked for regular traffic. Only vehicles with special licenses can pass through the automatic barriers which have a computerized license plate recognition system. After heavy protests from citizens the blocking of Karolinenstrasse is limited to the time from 6 p.m. to 7 a.m., weekdays and from 1 p.m. to 7 a.m. on weekends. Authorities have announced they will observe the traffic patterns in that area.

Excavating machine fell into the Main river

Near Oberhaid a floating excavation machine fell into the Main river. The captain of the ship that moves the machine was able to stop it from completely submerging. By now the machine has been stabilized and fixed, so it can be pulled out of the water.

Sources: Information collected/translated from Fraenkischer Tag

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