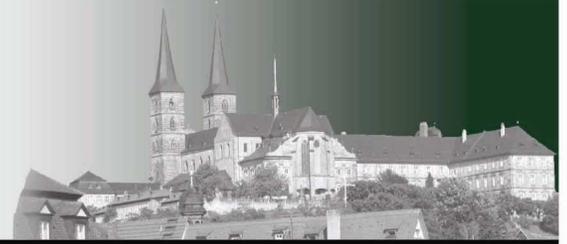




WARNER WEEKLY

News & Information at Your Fingertips



www.bamberg.army.mil / Fri. May 9, 2008 / VOL. 3, Issue 18

USAG Bamberg shows appreciation for Military Spouses



Today is Military Spouse Appreciation Day. A day for Soldiers to show their spouses just how much they recognize the sacrifices a military spouse makes every day.

But not only Soldiers show their appreciation on this special day. The entire Army recognizes the accomplishments and sacrifices of military spouses. USAG Bamberg joins in and has special offers for military spouses. Below are a few ways USAG Bamberg expresses appreciation for all that our military spouses do for us.

Army Community Services will serve cake and refreshments in honor of Military Spouse Appreciation Day at the ACS offices from 11:30 a.m. to 1 p.m.

Military spouses Susy Roe and Lorenza Erazo help their family readiness group fill goodie bags for Soldiers downrange. This is just one of many things spouses do that make them so special. Thank you Military Spouses for everything you do.

(Continued on page 2)

Traffic pattern changes improve safety

The current traffic pattern from Gate 3 is a right turn from 16th Street onto Brigade Drive in front of Building 7000, where the 173rd ABCT and Staff Judge Advocate are Located. Although this provides a speedy route from 16th Street to Kennedy Boulevard it is at the expense of safe pedestrian crossing of Brigade Drive in front of building 7000, where the 173rd ABCT and Staff Judge Advocate are located.

The changes you will see starting next week will slow down traffic and provide a safer environment in that area. We are adding a stop sign at the corner of Brigade Drive/15th Street; we will keep the existing stop sign at the intersection of Brigade Drive/16th Street. Additionally, we'll make this area a 20km/hour zone and add pedestrian cross walks immediately in front of the two Brigade Street front entrances of Bldg 7000. This should significantly slow the traffic coming through this area and make it safer for our Soldiers and family members who have business in bldg 7000.

Though not depicted on the diagram, the continuation of Brigade Drive in the direction the Yellow Ribbon Room and 54th Engineers will continue to be a one-way street (going towards 54th Engineers - 'going in'). The complete loop through this area (Artillery Drive) will eventually be changed to a one-way street as well ('Going in'

at the CAC and 'coming out' by the chapel). This change will have at least two beneficial effects. First, it will allow us to add badly needed parking along these streets. Second, it will reduce the high volume of traffic on 14th Street and make this area safer by making the 'shortcut' down 14th Street harder to access (you know what I am talking about, we all use it to bypass the stop light). Additional changes to this area include stop signs at the corner of Artillery Drive/14th Street and 14th Street/Kennedy Boulevard.

After these improvements are in place the faster route to Kennedy Boulevard will be 16th Street to Kennedy Boulevard. Improvements to the traffic light are also in the works. The Kennedy Boulevard construction project that is projected to start early next year includes a traffic light upgrade. Additionally, the lane flow will be changed so that traffic turning left will have its own lane allowing the traffic continuing straight ahead to go through without having to wait for those turning left.

I understand that these changes may cause some short-term inconvenience but it's in the best interest of all residents of Warner Barracks to keep our installation as safe as possible.

(Continued on page 4)

Don't miss the USAG Bamberg Community Town Hall meeting!!

Thur. May 15 at 6 p.m. at Preston Hall

NAVY ENTERTAINMENT, ARMY ENTERTAINMENT AND ARMED FORCES ENTERTAINMENT PRESENT

edwinmccain

www.edwin.com
www.myspace.com/edwin



folk, soul and rock

Platinum Selling Singer-Songwriter Edwin McCain and his band perform hits including *I'll Be*, *Solitude*, and *I Could Not Ask For More*.



Sat. May 10, 7 p.m.
Bamberg Basics Bldg. 7110
Free Admission!



COMING TO A THEATER NEAR YOU.
Tell us how you liked the show at www.armedforcesentertainment.com

See Edwin McCain in Bamberg May 10 at 7 p.m.

USAG Bamberg FMWR news release

US Army Garrison Bamberg welcomes platinum selling artist, soul and rock singer Edwin McCain to Warner Barracks Sat. May 10 for a free concert at the Basics Building at 7 p.m.

McCain is well known for his top-ten smash hit "I'll Be", and the Diane Warren-penned top 40 hit "I Could Not Ask For More," as well as many other top 40 hits.

McCain and his band will perform exclusively for troops and their families while on tour through Europe, the Middle East and Persian Gulf from April to May. The concert tour is being brought to these locations by the Family and Morale, Welfare and Recreation, Army Entertainment and Armed Forces Entertainment. Go to www.edwin.com for audio samples.

Military Spouses

(Continued from page 1)

USAG Bamberg's AAFES is offering a special on S. Oliver clothing. Buy any 2 pieces of clothing and receive a free S. Oliver gift bag complete with an S. Oliver rain mac, manicure set, eye mask, make-up bag and S. Oliver Bath & Shower Gel.

Auto Craft Shop is offering 50% off on any selected car wash to all military spouses.

Whispering Pines Golf Course is offering FREE greens fees to all military spouses.

Birchview Lanes Bowling Center is offering 1 FREE game with one FREE shoe rental to military spouses.

The Community Activity Center (CAC) will offer free coffee to all military spouses.

Arts and Crafts frame shop is offering 10% off the matting and framing for military spouses.

Moonlight Cabin is offering a Military Spouses Karaoke night with FREE non-alcoholic drinks for all military spouses.

CYS is doing a special military spouse art project with all children brought in on Military Spouse Appreciation Day.

"We all know that the NCO is the backbone of the Army. Well, our spouses are the backbone of our families. They keep everything going while the Soldiers are deployed and provide a home when they return. Our garrison staff is dedicated to providing our families the quality services they deserve," says Lt. Col. Gary Rosenberg, USAG Bamberg commander.

"We certainly recognize how important military spouses are to all of us. Thank you," says Darrell Clay, DFMWR USAG Bamberg.

Please be sure to present your military spouse ID when collecting all your much earned military spouse benefits. All appreciation gift offers are redeemable on Military Spouse Appreciation Day, Fri. May 9 only.



Lt. Col. Gary A. Rosenberg
U.S. Army Garrison
Bamberg, Commander

USAG Bamberg, Public Affairs Officer
Renate Bohlen

Warner Weekly Staff
Trecia A. Wilson and Nicole Karsch-Meibom

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responsible for late submissions. This publication is produced and distributed every Friday in an electronic format and can be viewed on the U.S. Army Bamberg website at www.bamberg.army.mil. All MWR Programs provide reasonable accommodations for individuals with special needs. For assistance please contact the facility manager prior to your visit.

To subscribe to the Warner Weekly please send an email with 'SUBSCRIBE' as the subject to bambergpao@eur.army.mil

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Soldier Show promises to be a “Thriller”

Photo and Story by Tim Hipps
FMWRC Public Affairs

FORT BELVOIR, Va. – The cast and crew will emphasize their working motto of “entertainment for the Soldier, by the Soldier” in a simulated deployed setting to celebrate the 25th anniversary of the modern U.S. Army Soldier Show, at 7 p.m. May 21 at the Bamberg Basics Bldg. 7110.

“The impression we want the audience to get is that they’ve been transported to the Middle East to a combat area,” Soldier Show director Tim Higdon said.

A louvered wall stage backdrop that features a desert sunset with signs bearing the names of Army camps and Forward Operating Base locations will help make the set seem surreal, along with the sounds of a field environment: trucks by-passing, helicopters taking off and buzzing overhead, off-duty Soldiers at play, cadence calling, etc.

“The goal is to give the sense that we are watching the Soldiers return from a mission, who then take the time to put on a show for the audience.”

In the end, troops will be donning their battle gear as they exit the stage.



The Soldier Show will pay tribute to Michael Jackson’s “Thriller,” with a Soldier-performer on guard duty scanning the audience with a Night Vision camera. Spectators will see themselves on positive screens with many more special effects. The show will be held Wed. May 21 at the Bamberg Basics Building 7110.

“Just to drive home that they start the show as Soldiers and they leave the show the same way, as Soldiers – to do what their mission in life is,” said Higdon, a 1988 Soldier Show performer who this

year replaced Victor Hurtado in the director’s chair. “Since we’re not taking the show to Baghdad, we’re bringing Baghdad to the show.”

ACS offers tips for special needs families facing PCS

Moving is an integral part of military life. While the opportunity to experience different places can be one of the perks of a highly mobile lifestyle, it’s also one of the greatest challenges.

Executing a permanent change of station move in a way that creates a smooth transition for the entire family is rarely as effortless as some PCS veterans make it seem. When a family has a member with special needs, it can be even more complicated. Here are a few tips to ensure a smooth move for families with special needs.

Get updated. If you have family members with special needs, make sure they are enrolled in the Exceptional Family Member Program (EFMP) and that the enrollment information is current. This allows assignment managers to consider the medical and special education needs of family members during the assignment process,

minimizing the chance those family members will be sent to locations without necessary services.

Do your homework. Special education criteria and services, academic standards, access to programs, and promotion and graduation requirements vary from state to state and even from school to school. For military children, who may change schools six to nine times during their K-12 years, it is essential that parents understand these differences. Tapping into resources such as school liaison officers and EFMP managers is a good way to start gathering information about educational services at your new duty station.

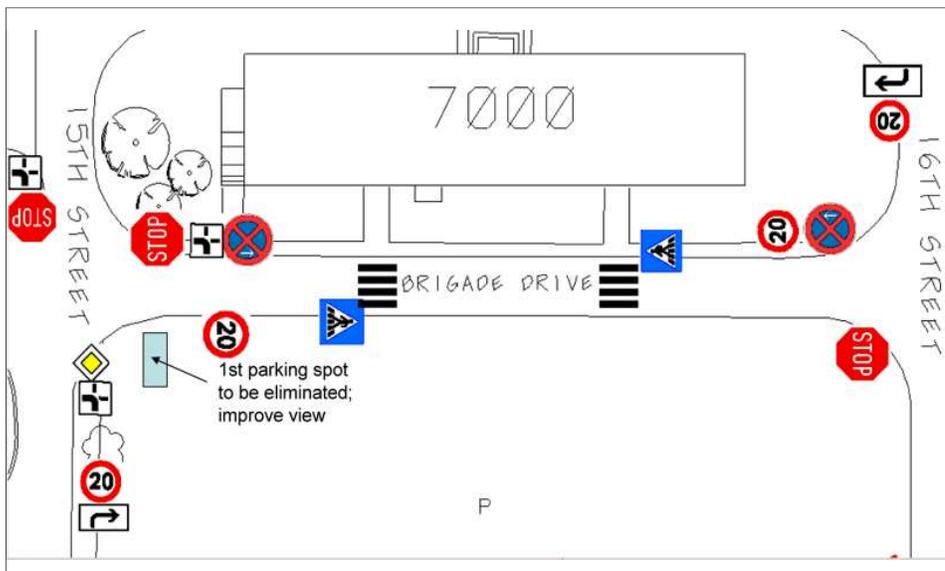
Know when to hold ’em. Plan to hand carry important documents such as copies of educational records and assessments, Individual Family Service Plans, Individual Education Plans, medical records, and any

special equipment, medication refills or medical supplies your family member may need during the next few months.

Make the connection. Once you know where you’re going, pay a visit to your local Army Community Service office. The EFMP coordinator will work directly with you to identify your family’s community support needs, and communicate them to the EFMP representatives at your new duty station. Make contact with the EFMP coordinator at your new duty station before your move and touch base again once you arrive. As your advocate, he or she is there to troubleshoot potential bumps in the road and to help you access the resources that will ensure a smooth transition for your family.

For more information, call DSN: 469-7777 or CIV:0951-300-7777.

**COMING SOON! The USAG Bamberg electronic marquee is under construction!
Please bear with us while we complete the installation process!**



Traffic changes

(Continued from page 1)

This is the second of three projects that will improve the safety at Warner Barracks. If you missed the first one, check out last week's Warner Weekly and read about traffic changes around gate three. Next week you will find out about traffic changes around the Bamberg Elementary School.

If you have any questions or concerns regarding these projects please come talk to me on Mondays starting at 4 p.m. during my Open Door session.

Lt. Col. Gary A. Rosenberg
Commander, US Army Garrison Bamberg

EDITORIAL

It's a military spouse's life I lead

By Trecia A. Wilson
USAG Bamberg PAO

I've been a military spouse twice in my lifetime, once during my first marriage, and now. Until recently, however, I can't say I was ever truly a "military spouse".

Although my husband was mobilized to Nicaragua in 1999 while in the Army National Guard (ANG), that was only for 3 months and it was nine years ago. Since his re-enlistment in the Army in 2006, however, I have finally begun living the "military spouse" life. It's been quite challenging, but I'm actually very content with this life.

There are many things you learn as a military spouse. For example, whether you have children before your spouse "joins up" or after, you may as well get used to being a single parent for much of his or her enlistment.

Uncle Sam is a demanding employer and as such, your spouse will have to be ready to "go to work" on a moment's notice. As will you. This isn't necessarily a bad thing. You become well educated in self-sufficiency and independence.

You learn how important it is to be willing to make lots of phone calls to military agencies. You also realize you'll be making tons of copies for anything and everything involving legal, health or school records.

Hundreds of phone calls and tons of copies, especially when you're going through a permanent change of station (PCS) with two teenagers, two dogs, two cats and tons of "stuff" you've collected over the last ten years.

(Continued on page 10)



Gymnastics instructor, Denise Leddy, works with Mariah Harris, 4 years, during a tumbling class held at Freedom Fitness Facility recently. Courses are also available for students up to age 16, including a special class of sport acrobatics. For more information on these classes and more, contact CYS at CIV:0951-300-8660. Photo by Trecia A. Wilson.

See soul/rock singer Edwin McCain at the Basics Bldg. 7110 Sat. May 10, 7 p.m. This is a FREE concert! Come out and enjoy the show!

Community Announcements

Attend Asian-Pacific Islander events

Learn about Asian cultures through the people's food, games and dances. We will be cooking and learning about the martial arts throughout May at 4:30 p.m. at the JFK Multiplex. Classes include:



- Every Mon.** Karate Lite
Mon.—Fri. Origami
Tue. May 6 Games
Tue. & Thur. Dancing Traditions, such as Hula, Tahitian, Philipiniana and "Dancing with the Stars"
Thur. May 29 Yoga
Sat. May 31 Asian PI Luau from 5 to 7 p.m. There will be native foods, hula hoop challenges and karaoke at the annual celebration.

Open Mic Night offers Soldier Show Audition

USAG Bamberg's Stable Theater is offering the opportunity for a Soldier (active duty/reserve/national guard) to join the Soldier Show cast. During the monthly jam session, held Friday, May 9, 8 p.m. at Stable Theater Soldiers can show their talent or just drop an audition tape. Call Jack Austin, FMWR entertainment director at USAG Bamberg, at (0951) 300 8647 or DSN 469-8647, or check www.armyentertainment.net for an mp3-file of the audition song: Michael Bolton's 'Go The Distance'.

Community Yard Sale scheduled for May 17

A community-wide yard sale will take place on Sat. May 17 from 9 a.m. to 5 p.m. Both on-base and off-base residents can set up sale items in the parking lot across from building 7000, or in their yard. No permits, no fees required on either of these days. Take advantage of this opportunity to get rid of your unwanted stuff while spring cleaning! For more information please contact the Directorate of Human Resources at DSN:469-7713 or CIV:0951-300-7713.

Fuel ration card briefing

Fuel ration card briefings will be given by Dave Mattingly on Thur. May 15 at 3 p.m. at the Reel Time Theater and at 6 p.m. during the Town Hall meeting at Preston Hall. For more information contact Mark Plocica, DPTMS, USAG-Bamberg DSN:469-8866/8571 or CIV:0951-300-8866/8571.

FRG serves German foods

HHC 173rd BSB Family Readiness Group will serve German style spaghetti on Thur. May 15, from 11 a.m. to 1 p.m. at the parking lot across from the chapel. Welcome home banners are still available for \$8 each. Come join us for great home cooked food and support our troops.

BSCC garden party luncheon

The BSCC will hold a "Garden Party Make It, Bake It, Grow It" luncheon on Tue. May 15 at 11:30 a.m. at the Warner Club.

Asian Pacific Islander Luau

Share the spirit of the islands at the annual Asian-PI Luau Sat. May 31 from 5 to 7 p.m. at the JFK Multiplex.

Commissary Case Lot Sale

The Commissary will hold a case lot sale from 11 a.m. to 6 p.m. on Sat. May 24 and Sun. May 25.

Elementary School Enrollment

If you haven't enrolled your child for 2008-09 school year, please do so as soon as possible. Call CIV:0951-300-7616 for more information. Registration hours are 7:30 a.m. to 4 p.m. daily.

Early Student Releases for BES

Leaving school for summer break before June 12th? If so, contact the school registration office immediately. Parents must bring orders or a note explaining absence so Acceleration Plans can be developed for review by District Office.

Elementary School Calendar

- May 15:** Earliest date for withdrawal (must attend full day)
May 26: Memorial Day - Federal Holiday
June 12: End of 4th quarter and 2nd semester
 Last day for students
June 13: No school for students -
 Teacher work day

Attend next Community Town Hall

The next Community Town Hall will be Thur. May 15 at 6 p.m. at Preston Hall. Community leaders from the Garrison Command Group, Directorate of Public Works, AAFES, Service Credit Union, Commissary, DMWR, DoDDs, Chaplains Office, Legal Assistance and more will be on hand to answer your questions and address your concerns. All community members are encouraged to attend. If you have questions... we have answers! The topics of this meeting will be:

- Traffic changes at gate 3
- Traffic changes around Bldg. 7000/Memorial Park
- Traffic changes at Bamberg Elementary School
- Change at the gates, including SMART gates
- Fuel coupons

Attend Deployment Cycle

Series classes in May

Army Community Service offers classes every Tuesday in May for all Families and spouses called "The Deployment Cycle Series". Topics are:

- May 13:** Intro to Family Financial Readiness
May 20: Military Benefits & Entitlements
May 27: Acknowledging Change

Classes will be held at the ACS bldg. on the 2nd floor from 10:15 to 11:15 a.m. Please call ahead for free childcare. For more information call, DSN: 469-7777 or CIV:0951-300-7777 or contact the AFTB/AFAP Manager Mary Thompson.

Job Opportunities

AAFES accepting applications

Bamberg AAFES locations are accepting applications for entry level retail and food service positions. Join the team, log on to www.aafes.com today and be part of our new workforce of tomorrow!

Apply for Summer Hire Program

Applications are being accepted now through May 16 for the 2008 Summer Hire program. This year's program runs June 23 through Aug. 1. The program is open to all family members between the ages of 14 to 22. Applicants must be a family member of an active-duty military member

Don't miss the USAG Bamberg Community Town Hall meeting!!

Thur. May 15 at 6 p.m. at Preston Hall

or DoD civilian, must be 14 years old by June 23, and cannot reach their 23rd birthday prior to the end of the program on Aug. 1.

Eligible applicants need to complete an online resume at the CHRA-Europe Website at <http://cpolrhp.belvoir.army.mil/eur/employment/index.htm> by May 16. Applying online is the only acceptable method. For more information please contact the USAG Bamberg Civilian Personnel Advisory Center Lydia Richards, Human Resources Assistant DSN:469-6534 or CIV:0951-300-6534 Mon.-Wed. and Fri. 9 a.m. – noon and 1 to 3 p.m. and Thursday 1 to 3 p.m.

Closures / Changes

Community Bank Closure

The Community Bank will be closed Mon. May 12 due to the German Holiday of Whit Monday.

Bamberg Health Clinic closures

The Bamberg Health Clinic will be closed May 23, 26 and 30. For more information contact DSN:469-8619.

Bamberg Clinic Pharmacy closure

The Bamberg Health Clinic pharmacy will be closed Fri. June 13 for training.

Bamberg Customs Office

The Bamberg Customs Office is located in bldg. 7011, rooms 124 and 125. We are open for customer service from 8 a.m. - noon and 12:30 3:30 p.m. Mon. through Fri. (except on American and German holidays).

Weekly Reminders

AER Campaign underway

The annual Army Emergency Relief Campaign is underway and is raising funds for Soldiers and family members in need. The AER program is funded entirely through voluntary contributions and provide AER loans to those service members and family members in need. The campaign runs through May 15. For more information on the campaign and on how you can contribute please contact Vanessa Holland at Army Community Service at CIV:0951-300-7777.

Mother's Day Brunch at Ray's Diner Sun. May 11

Ray's Diner (DFAC) is having a special Mother's Day brunch from 10 a.m. to 2 p.m. Sun. May 11. Choose from a variety of entrees including grilled steak, shrimp scampi, honey glazed Cornish hen, or roast pork. Side items include a salad bar, potato bar with toppings and soups. As always large selection of beverages and desserts included. Meal price is \$4.40 for all enlisted, retirees, civilians and civilian dependants and \$3.80 for dependants of E1-E4.

AAFES product shuttle service

A reminder to all Bamberg AAFES customers. Please inquire about our FREE shuttle service. If we don't have the item you want in Bamberg, we'll get it for you from another BX/PX, Bookmark or Power Zone. AAFES profits go back into the Bamberg community through the Morale, Welfare and Recreation programs. Bamberg money stays in Bamberg, when you transfer items from another BX/PX using the shuttle service! Contact AAFES customer service for more information DSN:469-8574.

Visit the Bamberg Thrift Shop

Tue. & Wed. 10 a.m. - 4 p.m.,
Thur. 11 a.m. - 5 p.m.,
1st Saturday of the month 11 a.m. - 5 p.m.
Spring clean-up is here! Consider consigning or donating reusable items to the Bamberg Thrift Shop! All proceeds go back to the community through scholarships and welfare requests. For more information call CIV:0951-32408
Consignments are on a walk-in basis
Tue. & Wed. 11 a.m. - 2 p.m.
Thursday 2—5 p.m.
Saturday 11 a.m.—2 p.m.
Volunteers needed! Certain benefits apply. Please see manager for details.

Bring two ID's to enter gate 2

The USAG Bamberg Force Protection Office reminds all ID card holders looking to enter through gate 2 (Zollnerstrasse) to present a second form of photo identification to gain entry. Guest sign-ins and those with only one form of identification will be directed to gate 3 (main gate). Gate 2 is open for all incoming and outgoing pedestrian traffic from 6 a.m. to 6 p.m., Mon. through Fri., gate 2 is being utilized

during gate 1 (Weissenburgstrasse) construction which will be complete at the end of June.

Kids & Teens

Bike Rodeo May 10

Free bikes, races, prizes and food will be available at the 2008 Cub Scouts and BES Bike Rodeo Sat. May 10 from 11 a.m. to 3 p.m. at the Bamberg Elementary School parking lot. Make sure to bring your bike and helmet.

Tumbling/Gymnastics offered

Tumbling, gymnastics and sport acrobatic classes are now available for ages 3 to 16. Please contact Central Enrollment Registration for more details on class location, times and fees at CIV:0951-300-8660.

Win Prizes with Kit Kittredge

Calling all American Girls! Visit your post MWR library during May and June and learn how you can win a great "Kit Kittredge An American Girls" prize as well as an all-expense paid shopping spree to an American Girl store! Program is open to children ages 6-16. You can also log on to www.ArmyMWR.com for details and a chance to win the grand prize valued over \$1,000! Watch a trailer of the movie at <http://www.americangirl.com/movie>.

Continuing Education

GT improvement classes

The Functional Academic Skills Training (FAST) class is designed to improve basic math and reading skills needed to raise GT scores. Prior to enlisting you took the ASVAB, which determined your current GT score. If you are looking to change MOS, needing a higher score to qualify for special training/schooling or your current score doesn't meet reenlistment requirement; then the FAST class may be what you need. The class is open to family members on a space available basis. FAST classes will be held from Tue. May 27 to Mon. June 9, at the Bamberg Education Center. 9 a.m. to 4 p.m. Stop by the Education Center (3rd floor of CAC) to receive a memo that must be signed by your command before taking the class. FAST class attendees must take the Test

What are you doing this summer? Summer Hire 2008 applications are being accepted now through May 16. Log on to <http://cpolrhp.belvoir.army.mil/eur/employment/index.htm>

of Adult Basic Education (TABE) prior to start date. TABE tests will be held Tue. May 13, 20 and Thur. May 22 at 9 a.m. Contact the Education Center at DSN:469-7715 for more information.

ACAP resume class

A basic resume writing lab will be held on Mon. May 19 from 1-3 p.m. The class will be held at the ACAP Center. For information contact Gordon Booth at DSN:469-8925.

Central Texas College Courses

Central Texas College offers a variety of degree programs that can be completed entirely online or in the classroom. Bamberg Programs include: Criminal Justice, Legal Assistant, Hospitality Management, Military Science, Early Childhood Education, Automotive Technology and more! Term V classroom class registration is from May 19 to 30. Come see your CTC field representative, Sonia Rivera, in the Bamberg Education Center Room 311. For more information call DSN:469-7467 CIV:0951-300-7467 or look online at bamberg@europe.ctcd.edu.

Health and Fitness

Racquetball Challenge

Trophy Tournament

Men's and women's open racquetball tournaments will begin Sat. May 10 at 9:30 a.m. at the Freedom Fitness Facility. A players meeting will be held tournaments at 9 a.m. Register in advance. For more information call CIV:0951-300-8890.

Sports physical day

By appointment only, get physicals for CYS Sports, Boy Scouts, Middle and High School sports, etc. (excludes all active duty and family member periodic physicals) Sat. May 10 from 9 a.m. to noon and 1 to 4 p.m. at the Bamberg Health Clinic. Be sure to bring shot records, CYS/organization forms (already filled in with patient information), snacks and reading material. Please call CIV:0951-300-1750 for appointments or more information. Immunization walk-ins are available for prescreen of records on Mon., Tue. and Thur. from 8:30-11 a.m. and 1 to 3 p.m.

Whispering Pines golf tournaments

May 10 Fruehjahrspokal Wetz Reisen

Bamberg Health Clinic quick reference guide

Primary Care Hours of Operation: Mon.-Fri. 7:30 a.m.-4:30 p.m.
Tricare Nurse Advice Line: 00800-4759-2330, 24 hours
Sick Call Hours of Operation: Monday-Friday, 7—8 a.m.

Phone numbers:

Primary Care: 0951-300-1750 / 7772 / 7977
Educational & Developmental Intervention Services: 0951-300-7984
Physical Therapy: 0951-300-9015
Department of Behavioral Health: 0951-300-7793

Website: <http://www.wuerzburg.healthcare.hqsareur.army.mil/bamberg/index.htm>

The Health Clinic will be closed from 1-4:30 p.m. on the 2nd and 4th Thursday of every month for training.

Upcoming Events:

Tobacco Cessation Classes are being offered every month at the Health Clinic. Please call to schedule an appointment at CIV:0951-300-1750.

The **Department of Behavioral Health** is offering several groups.

For more information, please contact 0951-300-7793:

Combat PTSD Group Tuesdays and Thursdays from 1 to 2:30 p.m.
Life Coping Skills Group Wednesdays at 9 a.m.
Women's Support Group Wednesdays at 1 p.m.
Women's Trauma Group Thursdays from 10 to 11:30 a.m.

May 17 Commander's Cup
May 22 Hauptsmoorwald-Cup TEE20
May 24 Club Special (Match Play)

For more information, call Whispering Pines Golf Course at DSN:469-8953 or CIV:0951-300-8953.

Bavarian Red Cross blood drive

The Bavarian Red Cross, with support of the American Red Cross, will conduct a Blood Drive Tue. May 20, from 1 to 5 p.m. at the Basics bldg. Blood donors will meet with a physician at the donation site for an individual screening prior to donating blood.

Combat PTSD Group

The Bamberg Behavioral Health Clinic is beginning a Combat PTSD Group offered for individuals who have experienced or witnessed combat-related traumatic events. The group deals with issues such as sleep-related problems, mood swings, coping, guilt, and relationships. Weekly meetings are held at Social Work Services, bldg. 7253 on Tue. or Thur. from 1 to 2:30 p.m. For more information contact DSN:469-7793 or CIV:0951-300-7793. You can also find information online at <http://www.bamberg.army.mil/sites/services/BehavioralHealth.htm>.

Women's Trauma Group

The Bamberg Behavioral Health Clinic is beginning a Women's Trauma Group for women who have experienced or witnessed traumatic events. The group will deal with issues such as self-esteem, sleep-related problems, coping, guilt, relationships and specific women's issues. The weekly group meets at Social Work Services, bldg. 7253 on Thur. from 10 to 11:30 a.m. For more information contact DSN:469-7793 or CIV:0951-300-7793. You can also find information online at <http://www.bamberg.army.mil/sites/services/BehavioralHealth.htm>.

Dental Clinic's limited services

Family member dental services will be limited to exams and cleanings beginning Aug. 1 due to reintegration. For more information, contact the Dental Clinic at DSN:469-1720 or CIV:0951-300-1720.

Entertainment & Leisure

Open Mic/Rock Jam

Get on stage and show your talent! Instruments provided. Snacks and refreshments available for purchase. For more information, contact the Stable Theater at CIV:0951-300-8647.

See soul/rock singer Edwin McCain at the Basics Building, 7110 Sat. May 10, 7 p.m. This is a FREE concert! Come out and enjoy the show!

AAFES Bamberg Movie Schedule

AAFES Reeltime Theater is
CLOSED Tue. and Wed.



Fri.	May 9	Forgetting Sarah Marshal (R)	7 p.m.
Sat.	May 10	Jumper (PG-13)	4 p.m.
		Semi-Pro (R)	7 p.m.
Sun.	May 11	Jumper (PG-13)	4 p.m.
		Forgetting Sarah Marshal (R)	7 p.m.
Mon.	May 12	Semi-Pro (R)	7 p.m.
Thur.	May 15	Forgetting Sarah Marshal (R)	7 p.m.
Fri.	May 16	Iron Man (R)	7 p.m.
Sat.	May 17	10,000 BC (PG-13)	4 p.m.
		Iron Man (PG-13)	7 p.m.
Sun.	May 18	10,000 BC (PG-13)	4 p.m.
		Doomsday (R)	7 p.m.
Mon.	May 19	Iron Man (PG-13)	7 p.m.
Thur.	May 22	Doomsday (R)	7 p.m.
Fri.	May 23	Speedracer (PG)	7 p.m.
Sat.	May 24	Horton Hears A Who (G)	4 p.m.
		Speedracer (PG)	7 p.m.
Sun.	May 25	Horton Hears A Who (G)	4 p.m.
		Shutter (PG -13)	7 p.m.
Mon.	May 26	88 Minutes (R)	7 p.m.
Thur.	May 29	Shutter (PG -13)	7 p.m.
Fri.	May 30	Meet the Browns (PG -13)	7 p.m.
Sat.	May 31	The Chronicles of Narnia Prince Caspian (1st Run)	4 p.m.
		Meet the Browns (PG -13)	7 p.m.

Edwin McCain concert at Bamberg Basics bldg. May 10 at 7 p.m. FREE

USAG Bamberg welcomes platinum selling artist, soul and rock singer Edwin McCain to Warner Barracks Sat. May 10 at 7 p.m. for a free concert at the Basics bldg. McCain is well known for his top-ten smash hit "I'll Be", and the Diane Warren-penned top 40 hit "I Could Not Ask For More". McCain and his band will perform exclusively for troops and their families while on tour through Europe, the Middle East and Persian Gulf from April to May. The concert tour is brought to these locations by FMWR Army Entertainment and Armed Forces Entertainment. Go to www.edwin.com for audio samples.

CLASS ACT! performs "Working"

See the Stable Theater Junior Players Group CLASS ACT! perform the hit musical "Working" May 15-17 at 7:30 p.m. at the Stable Theater. The musical focuses on the hopes, dreams, joys and concerns of the average working American. For tickets and information contact the Stable Theater at CIV:0951-300-8647.

Granger Smith sings Country rock/folk music at Stable Theater

Granger Smith will play Country rock / folk music on Sun. May 18 at 7:30 p.m. at the Stable Theater. Admission is free. For more information, contact CIV:0951-300-8647.

Crash Dance performs at dance party at Stable Theater

Crash Dance will perform latin and R&B top 40 at a dance party on Mon. May 26 at 7:30 p.m. at the Stable Theater. Admission is free. For more information, contact CIV:0951-300-8647.

Trips and Travel Opportunities

Take a trip with ODR this May

Take a trip this May with Bamberg Outdoor Recreation

May 15: Bike Maintenance Class \$10

Don't let a flat tire or a derailed bike chain spoil your fun! Learn the basics of bicycle maintenance. ODR will take you through the basic skills to help keep you riding safely this summer. Starts at 5 p.m.

May 17: Paddle the Main \$20

Join ODR for a gentle paddle on the Main River. Includes all equipment, transportation and instructions. Beginners are welcome. Starts at 9 a.m.

May 20: Mountain Bike Ride II FREE

Join our ODR staff at 5 p.m. for an evening group ride in the local area. We will go off-road and helmets are required. Ride will last approximately two hours

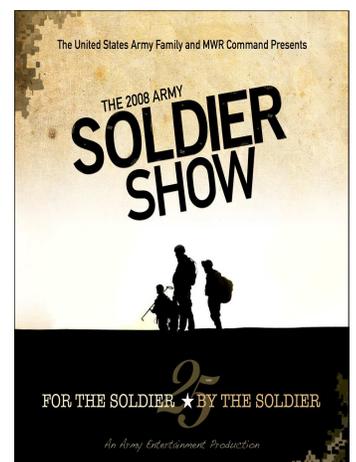
May 23-26: Adventure Weekend \$ 239

Adventure Weekend includes a day of white water rafting and a day of canyoning in the alps. All equipment, lodging and transportation is included.

Sign up for ODR trips no later than the Monday prior to the trip or the trips may be cancelled. For more information please contact the CAC at DSN:469-8659 / 7450. No refund will be given for no-shows. Military duty restraint or illness will be refunded.

Soldier Show Bamberg May 21

Mark your calendars for the
Soldier Show Wed. May 21
at 7 p.m. at the
Basics bldg.,
Warner Barracks.



Outside the Gate

Weekend Events in and around Bamberg

Frequently used locations can be found online at www.bamberg.army.mil/sites/news/map.pdf

Friday, May 9

- 6 p.m. Official opening of Bamberg "Days of Beer" at Max platz (between Karstadt and town hall).
- 9 p.m. Spring rock concert at Jazzkeller (Obere Sandstrs. 18)
- 9 p.m. 30 plus party (non smoking) at Haas-Säle (Obere Sandstraße 7)
- 10 p.m. Funk, soul, disco party at Morph Club (Siechenstrasse 7a)
- 11 p.m. Strawberry Fest (Bergkirchweih) with live bands and various rides in Erlangen.

Saturday, May 10

- 7 a.m. International hiking days in Kleinsendlbach distances 5, 10 and 20 K (Kleinsendlbach 91077)
- 11 a.m. Bamberg "Days of Beer" at Maxplatz (between Karstadt and town hall).
- 12 noon Garden party with live music and events at Castle Eyrichshof (96106 Ebern)
- 8 p.m. Tango party at Haas-Säle (Obere Sandstraße 7)
- 9 p.m. Elisabeth Lohinger quartett performs at Jazzkeller (Obere Sandstrs. 18)
- 9 p.m. Kodac Harrison in concert at the Blues Bar (Obere Sandstrasse 18)
- 10 p.m. "Blockrocking Beats" at Morph Club (Siechenstrasse 7a)
- 10 p.m. Pentecost party at Pelikan (Untere Sandstraße 45)
- 11 p.m. Strawberry Fest with live bands and various rides in Erlangen. (Bergkirchweih)

Sunday, May 11 (Pentecost)

- 7 a.m. International hiking days in Kleinsendlbach distances 5, 10 and 20 K (Kleinsendlbach 91077)
- 11 a.m. Bamberg "Days of Beer" at Maxplatz (between Karstadt and town hall).
- 9 p.m. Terry Lee Burns rocks at the Blues Bar (Obere Sandstrasse 18)
- 9 p.m. Open Stage - live session at Charyl's Backstage (Obere Sandstrasse 20)
- 10 p.m. Pentecost party at Pelikan (Untere Sandstraße 45)
- 10 a.m. Garden party with live music and events at Castle Eyrichshof (96106 Ebern)
- 11 p.m. Strawberry Fest (Bergkirchweih) with live bands and various rides in Erlangen.

Monday, May 12 (Pentecost Monday)

All shops on the economy are closed.

- 10 a.m. Garden party with live music and events at Castle Eyrichshof (96106 Ebern)
- 11 p.m. Strawberry Fest (Bergkirchweih) with live bands and various rides in Erlangen.

Things to do, sights to see

Bergkirchweih/Strawberry Fest

In Erlangen, the 35th Bergkirchweih (strawberry Fest) takes place from May 8th to 25th. The fest is one of the biggest ones in Northern Bavaria. There will be several beer gardens with live bands, various rides and food and beverages are being offered. The best way to go to Erlangen is to take the train. From the Bahnhof/train station in Erlangen, shuttle buses are running to the Fest, costs are 8.70 Euros for round trip.



Bamberg Days of Beer

"Our fathers only knew beer, and it is the beverage that is suited to our climate."

Friedrich II, King of Prussia and journeyman brewer

After more than 20 years the Bamberg Days of Beer return to the world heritage city. From May 9th to 17th the event takes place at the Maxplatz (between Karstadt and town hall). Bamberg is considered the secret capital of breweries. Today there are still ten independent private breweries, producing an average of three different sorts of beer. The most well-known beer is the Bamberg "Smoke Beer", which is to be enjoyed among other things in the pub "Schlenkerla" in the Sandstrasse downtown.

During these days of celebration each brewery is represented at the Maxplatz with its own beer tent. There will also be a presentation of the history of the Bamberg beer with daily lectures and an exhibition.

As early as the 12th century, Bamberg beer was exported to far away regions. Thus Bamberg was once called "Symphony in B" - Buerger (Engl. Citizens), Burg (Engl. castle, referring to the Altenburg), Baroque (referring to many buildings in town that date back to the baroque era), Brezen (Engl. Pretzel) and the famous beer.

Today's per-capita consumption of beer in Bamberg is approximately 280 liters a year - which is proof for the enthusiasm, love and close relationship the citizens have with their beverage.

What are you doing this summer? Summer Hire 2008 applications are being accepted now through May 16. Log on to <http://cpolrhp.belvoir.army.mil/eur/employment/index.htm>

(Continued from page 9)

The legal basis for the production of beer in Germany is the provisional Beer Law and the accompanying implemented regulation. Among other points, this legislation specifies which ingredients may be used. "Malt, hops, yeast and water - and nothing else." This means no malt substitutes and no additives. This is fundamentally the same as was decreed in the German Beer Purity Law of 1516, which has remained in effect in Bavaria since that time and later for all German beer. In Germany only barley malt may be used in bottom-fermented beers but other grains (e.g. wheat, rye or spelt) may be used in top-fermented beer.

As seen in the NEWS ..

News summaries from May 2 through May 5

Sunny success at Sandstrasse

More than 5000 visitors came to the flea market Saturday in the downtown Sandstrasse area. Some 40 merchants offered products. Celebrating the 2nd birthday of the pub "Sandkasten", a band performed outside of the club which added to the success of the party. With the public holiday on Thur. May 1, many also took Friday off work to enjoy an extended 4-day weekend with sunny weather.

May 5 is the international day of midwives

To remind the citizens of Bamberg of the critical situation of the Bamberg school of midwives local midwives organized a march through downtown Bamberg. Only 22 midwives work at the Klinikum and take care of 1600 births annually. With the potential closure of the school, a shortage of midwives is to be expected. "A birth can take place without a doctor, but not without a midwife," said Dr. Rene von Hugo, chief of the Bamberg women's department at the Klinikum.

Retirement after 42 years in office

Mayor Erwin Zeiss, from Igensdorf, the longest running mayor in Bamberg county, has now retired. A big party was held to honor Zeiss who had been in office for the past 42 years. When he was elected mayor in 1966, he was the youngest community leader in the county.

Drunken visit to the police station

A 35-year-old woman from the county of Bamberg drove to the police station because of trouble at home. However, when the officers noticed her breath smelled of alcohol, she was asked to do a test. When the woman refused, she was taken to the Klinikum for a blood test. Once there, she started a fight with the officers. She will now face charges of assaulting officers and drunk driving.

Hirschaid needs no loan

The Hirschaid town council passed the largest budget in the community's history. The budget is an estimated 18 million Euros, which is about 4 Million Euros higher than last year.

EDITORIAL

(Continued from page 4)

You start looking at your household belongings with lists running through your head. Do I take this, do I sell that or do I just give/throw it away? Will I have to pack everything or will someone else come and pack it all? How much will I be allowed to take? How will it be measured? What do I do with all the stuff that is over the weight limit?

There will be boxes to find and boxes to pack, yard sales to organize and of course a house to clean. These are just a few of the things you learn how to deal with on your own.

There are passports to get if you're PCSing to a foreign base and no matter where you go you'll need school, medical and dental records, all of which need to be updated. If you have pets, there will be vaccinations for the pets or new homes for them with family or friends. You go up and down the list making sure you have all the items you need, without all the baloney you don't.

And of course, during this entire process, the military has your husband or wife tied up with in-processing, out-processing, pre-deployment processing or even post-deployment briefings of every kind; physical, legal, financial, etc., so they're unavailable to help you with your to-do list.

Through it all, you try to keep a smile on your face so your spouse has no idea the real amount of stress you're dealing with. The last thing they need is to worry about you and the moving stuff while they're processing their life away for another 3-10 years.

Most military spouses become accustomed to living far from their families and old friends and sometimes moving on a moment's notice. They abandon established careers in order to be available for their Soldier, and they often function as both mom and dad for extended periods of time.

Below are a few of the many reasons for Soldiers to thank their spouses, according to Arlene Hull, LIFELines contributor at www.beale.af.mil:

- For the times they've stood and watched the car leave home, the plane take off or the bus pull out of sight, not sure when the Soldier would return.
- For the countless household moves from a known place to one that's strange and different, often by themselves.
- For the families they've held together, and for the anniversaries, birthdays and holidays they've celebrated alone.
- For the hand they've extended to another military spouse when the need was there, truly creating a military family.
- For the spirit and strength they've shown when their service member has gone into harm's way.
- For the pride they've displayed while serving as an ambassador of the military spouse to the rest of the world.

These are just a few of the things a military spouse lives with each and every day and though it's not for everyone, it's a military spouse's life I lead and I'm proud to do so.

**See soul/rock singer Edwin McCain at the Basics Bldg. 7110 Sat. May 10, 7 p.m.
This is a FREE concert! Come out and enjoy the show!**