



WARNER WEEKLY

News & Information at Your Fingertips



VOL. 5, Issue 13

www.bamberg.army.mil

Thur. April 1, 2010

Patient- and Family-Centered Care group addresses concerns, improvements at Bamberg Health Clinic

By Ashley Bateman, USAG Bamberg Public Affairs

While waiting to receive medical attention at the Bamberg Health Clinic, several family members found the seating area too congested, particularly those with strollers or small children.

To address this concern, a new board developed at the health clinic to enhance Patient- and Family-Centered Care board removed some chairs and spread out the remaining seats. The area was improved upon within two days of the board's first meeting and is just one example of the impact volunteer community members are making on the health care experience of patients at Warner Barracks and across the Army.

PFCC boards depend on volunteers for this innovative method of health care improvement and Bamberg is one of the first U.S. Army Europe posts to establish its own PFCC council.

Military facilities around the world are implementing PFCC working groups to promote partnerships among health care providers, patients and families. This forum allows a well-rounded group of community members to address ground-level concerns, so that the health clinic staff and leadership can continue to provide high-quality health care to patients and are held accountable in working toward decided improvements.

Maj. Vincent Myers is the Patient- and Family-Centered Care champion or director at Warner Barracks.

(PFCC continued on page 9)



Ashley Bateman
Jennifer Dempsey, registered nurse checks the vital signs of Spc. Brandon G. Lowe at the Bamberg Health Clinic March 29. The Patient- and Family-Centered Care council will address all aspects of the health care environment, including provider care.

Soldier lounge to open soon in Community Activity Center

By Mindy Campbell,
USAG Bamberg Public Affairs

Due to the combined efforts of Morale Welfare and Recreation's business and recreation division and Better Opportunities for Single Soldiers organizers, Soldiers will now have a new place to call home.

The Warrior Zone, a lounge open to all active-duty Soldiers, opens Tuesday, April 6 at 4 p.m.. The location is the room next to the Tax Relief Office in the Community Activity Center.

The lounge, which is about 1,200 square feet, will offer Soldiers an opportunity to relax in recliners or couches while watching movies on a big screen television, playing gaming consoles such as Wii, Xbox and Playstation 3, logging on to the internet via one of the six computers or playing pool, said Juergen Hagemann, MWR business



and recreation division chief. The room will also have Wi-Fi capabilities.

The Soldiers are really excited about the new lounge, said U.S. Army Garrison Bamberg Command Sgt. Maj. Bruce A. Lee.

"This will be increasing the quality of life for the single Soldier," he said. "It gives them an opportunity to go somewhere outside of

the barracks. It is a safe, clean and fun environment where they can make memories of a lifetime."

The Warrior Zone was originally slated to open at the Birchview Lanes Bowling Center in January. However, due to lack of space, the lounge was relocated to the CAC.

"There was not enough room at the bowling alley," Lee said. "The new location is about double the size of what we had at the bowling alley. Also, it is closer to the barracks area."

The Warrior Zone will be open Monday through Thursday from 8 a.m. to 8 p.m.; Friday from 8 a.m. to 10 p.m. and Saturday and Sunday from 11 a.m. to 6 p.m.

In May, Hagemann said, they hope to expand the hours of the lounge on Thursday and Saturday.

Bamberg celebrates Women's History Month



Mindy Campbell
Musical guests Joyce Dodson and Vanessa Holland entertain the mostly military crowd with their harmonized rendition of the song "The Climb" by Miley Cyrus following the reading of the proclamation by Command Sgt. Maj. Bruce A. Lee. The duo also performed the National Anthem at the opening of the program.

From as far back as the American Revolution, women have played an integral role in the U.S. military.

Those women were just a few highlighted during the Women's History Month celebration held at the post movie theater March 30, the theme of which was Writing Women Back into History.

In a proclamation from President Barack Obama, read by U.S. Army Garrison Bamberg Command Sgt. Maj. Bruce A. Lee, the vital role women have played in the country's history and the challenge for continued progress in women's equality were emphasized.

"As we honor the women who have shaped our Nation, we must remember that we are tasked with writing the next chapter of women's history," Obama wrote.

Maj. Gen. Patricia E. McQuiston, commander of the 21st Theater Sustainment Command in Kaiserslautern, was the guest speaker for the event. She discussed some of the great women in military history including current leaders.

"We all have a common bond, the women in our lives," she said. "They shape us, our service to our nation and to our nation itself."

She concluded by reiterating the event's theme.

We write," she said. "We will choose to not be victims, to take charge of our own destiny. We will write women back into history."

Army in Europe census information provided by DoD

By Bruce Anderson,
USAREUR Public Affairs

HEIDELBERG, Germany - U.S. Army in Europe Soldiers, federal civilian employees, and dependent family members will be counted in the upcoming 2010 Census - without filling out a census form.

According to the U.S. Census Bureau Web site, Federal government departments and agencies, including the Department of Defense, are required to provide a certified count of those stationed or deployed by the department overseas.

The DOD's Defense Manpower Data Center will provide the count based on Home of Record, legal residence, or last duty station,

in that order.

National Guard members serving overseas as of April 1, 2010, are also included in the overseas count. DOD contractors are not included in the count.

Service members and family members living in the U.S. during the census are required to fill out a census form. They should not include those serving overseas in their household count.

According to a March 22 Armed Forces Press Service article, census information primarily is used to reapportion the number of seats allotted to each state in the House of Representatives. The government also draws on the data to distribute about \$400



billion in aid for programs such as Medicaid. States use the records to determine how to allocate funds to cities and neighborhoods for critical projects such as infrastructure, hospitals and schools.



Lt. Col. Gary A. Rosenberg
U.S. Army Garrison
Bamberg, Commander

USAG Bamberg, Public Affairs Officer
Renate Bohlen

Warner Weekly Staff
Douglas DeMaio, Mindy Campbell,
Ashley Bateman (editor)

The Warner Weekly is an unofficial publication of the U.S. Army Garrison Bamberg, IMCOM-Europe and the U.S. Army authorized under the provisions of AR-360-1. Contents of The Warner Weekly are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army. Private organizations noted in this publication are not part of the Dept. of Defense and those wishing to make an announcement must be registered. Fundraising events must be pre-approved through the MWR Financial Management Division, located in Bldg. 7107. The appearance of advertising in this publication does not constitute endorsement of the products or services advertised by the U.S. Army. All content in this publication is prepared, edited and approved by the USAG Bamberg Public Affairs Office. The PAO reserves the right to edit submissions for style, clarity or fit. Time sensitive announcements are run for a minimum of two weeks. Information is accurate at the time of publishing. If specifics change, the change will be noted in the following publication. The deadline for all Warner Weekly submissions is 2 weeks prior to the desired publication date. The Public Affairs Office is not responsible for late submissions. This publication is produced and distributed every Friday in an electronic format and can be viewed on the U.S. Army Bamberg website at www.bamberg.army.mil.

All MWR Programs provide reasonable accommodations for individuals with special needs. For assistance please contact the facility manager prior to your visit.

To subscribe to the Warner Weekly please send an email with 'SUBSCRIBE' as the subject to bambergpao@eur.army.mil

Contact Information:
Office Location: Bldg. 7089, Warner Barracks
U.S. Army Address: Unit 27535, APO AE 09139

German Address:
Weissenburgstrasse 12, 96052 Bamberg
Telephone: DSN:469-2000, Fax: DSN:469-8033

Local units recognized for logistical excellence

HEIDELBERG, Germany -- Several local units were honored by the U.S. Army Europe and the Installation Management Command-Europe for their excellence in the areas of supply, maintenance and deployment operations during a Combined Logistics Excellence Awards ceremony at the Patrick Henry Village Pavilion March 23.

The CLEA program encompasses three distinct awards -- the Army Award for Maintenance Excellence, the Deployment Excellence Award and the Supply Excellence Award. The program here combines the recognition of USAREUR and IMCOM-E organizations. Each award is presented in multiple categories.

In his remarks at the event, USAREUR Commander Gen. Carter Ham said this year's awards are noteworthy because continued deployments over the past eight years have made the already tough process of competing for CLEAs even more difficult.

"It's not like 10 years ago, when you could focus your entire unit's energy on preparing for this award," said Ham. "The way we do business today in the Army, if you don't have sound systems -- if you don't have excellent systems -- no surge or special

effort is going to allow you to be good enough to win these awards."



Organizations earn the awards based on an entry packet containing the unit's profile and descriptions of its achievements during the previous 12 months, followed by rigorous on-site evaluations by subject-matter experts.

Preparing for the award and evaluation is a small piece of the process, Ham said; what really earns CLEAs is the service units provide day in and day out.

"It's more than just that packet. It's the hours and days and weeks of extra effort to

ensure that your unit is indeed excellent in all that it does," said Ham.

Local units that received awards included:

FY 09 USAREUR Army Award for Maintenance Excellence winners:

Category TDA, Large: Maintenance Activity Kaiserslautern, Theater Logistics Support Center -- Europe, 21st Theater Sustainment Command, Kaiserslautern, Germany.

FY 09 USAREUR Army Award for Maintenance Excellence runners-up:

Category MTOE, Large: Special Troops Battalion, 173rd Airborne Brigade Combat Team, Bamberg, Germany

Category TDA, Medium: Maintenance Activity Mannheim, Theater Logistics Support Center -- Europe, 21st Theater Sustainment Command, Mannheim, Germany.

FY 10 USAREUR Deployment Excellence Award best participating:

Category Operational Deployment Small Unit: 41st Transportation Company, 18th Combat Sustainment Support Battalion, 16th Sustainment Brigade, 21st Theater Sustainment Command, Grafenwöhr, Ger-

(UNITS continued on page 10)

Proper training, gear equals safe riding in Europe



Christine June

Staff Sgt. Kenneth Wideman from the 226th Medical Logistics Battalion completes a left turn during the third exercise of the U.S. Army Garrison Kaiserslautern's Motorcycle Safety Foundation Training Course at the Motorcycle Range on Kapaun Air Station, Germany. A current motorcycle endorsement on a U.S. driver's license is required to obtain a U.S. Army Europe motorcycle license.

By Sgt. Maj. Cameron Porter, 21st TSC Public Affairs

Motorcycle riding is an exciting and enjoyable hobby, but it can also be very risky and dangerous. Service members, Families and civilians stationed in Europe must make safety their number one priority when they choose to operate a motorcycle here.

Safe motorcycle riding includes wearing the proper protective clothing and equipment, seeking out opportunities for education and training, and following DOD and Army regulations as well as host nation and local laws.

Army accident rates show that motorcycle operators are at a much higher risk of being killed in an accident when compared to travelers in a passenger vehicle, said Scott Livingston, a safety and health specialist with U.S. Army Garrison Kaiserslautern.

"Overall our motorcycle rider population in the Army is very low," Livingston said. "However, they generally account for almost one third of our traffic deaths."

For example, out of 109 Army private motor vehicle fatalities in fiscal year 2009, 32 fatalities were attributed to motorcycle accidents, Livingston said.

Europe is a very challenging environment for motorcycle riders, especially new and novice riders with little or no experience, said Livingston. Based on this, only DOD-sponsored service members, civilians and their family members with prior experience and a current motorcycle endorsement on their U.S. driver's license can obtain a U.S. Army Europe motorcycle license.

(MOTORCYCLE continued on page 8)

Official details new Soldier R&R leave policy

By Jim Garamone,
American Forces Press Service

WASHINGTON, March 22, 2010—Some deployed service members will not be charged for rest and recuperation leave under a new Defense Department policy.

The new policy allows service members in designated areas to go on rest and recuperation leave, commonly referred to as R&R, without charge to their leave accounts.

“So in a sense, it is an administrative absence and that’s up to 15 days,” said Sam Retherford, the Defense Department’s director of officer and enlisted personnel management.

In the past, the leave was charged to service member’s accounts, though travel time from the theater to the airport closest to their destinations was not charged, Retherford said.

The non-chargeable rest and recuperation leave program will be limited to the “most arduous” areas and the combatant commander must recommend it through the



Joint Staff for approval by the undersecretary of defense for personnel and readiness, Retherford said.

To qualify for the program, members must be serving in a leave restricted area, where no dependants are allowed. They must be receiving hostile-fire pay and be in areas where travel in and out of the country is restricted.

“Two additional areas are that the duty has to be extremely arduous and the command has to foresee continuing combat operations,” Retherford said.

The benefit will take effect once an area is designated by the undersecretary of defense for personnel and readiness and will not apply retroactively.

The Army identified the need as especially important for junior members, Retherford said, because they typically do not have a large amount of leave accumulated.

“At the end of their deployment, there is very little in their leave accounts for rest, recuperation and reintegration to the family and community,” he said. “So this program means they will not be charged for the R&R leave and they will have that leave upon redeployment.”

Inability to take leave upon returning from a deployment is a problem. The services want their people to take leave so they can decompress and reintegrate with the families and communities. The services have been allowing administrative leave upon rede-

(R&R continued on page 10)

173rd Soldier remembered

Monika Comeaux

The 173rd Airborne Brigade Combat Team held a remembrance ceremony for Pfc. Nicholas S. Cook on March 25 at the Bamberg Community Chapel. Pfc. Cook was an infantryman assigned to 3rd Platoon, Battle Company, 2nd Battalion (Airborne) 503rd Parachute Infantry Regiment stationed in Vicenza, Italy. He was killed in action on March 7 while conducting combat operations in Dab Sar, Kunar Province, Afghanistan. The 173rd ABCT holds a remembrance ceremony for all fallen Sky Soldiers in both Vicenza, Italy and Bamberg, Germany.



Tricare extends Web-based counseling program



FALLS CHURCH, Va. – To continue giving beneficiaries the help they need, the TRICARE Assistance Program has been extended through March 20, 2011.

This demonstration program lets beneficiaries use the Internet and a Web cam to speak “face-to-face” with mental health counselors 24 hours a day, seven days a week from the privacy of the beneficiary’s home or wherever else they may feel comfortable.

Eligible beneficiaries can use the Tricare Assistance Program (TRIAP) counseling services an unlimited number of times, and no referral or prior authorization is needed to use the service.

The TRIAP demonstration program is available in the United States to active duty service members, those eligible for the Transition Assistance Management Program (TAMP) and members enrolled in Tricare Reserve Select. It is also available to spouses of any age and other eligible family members 18 years of age or older.

TRIAP provides supportive counseling or advice when beneficiaries are dealing with personal problems impacting their work performance, health or well-being. Services include assessments, short-term counseling and, if the TRIAP counselor determines more specialized care is necessary, a referral to a more comprehensive level of care.

For more information about TRIAP or to link to the regional health care contractors’ TRIAP sites, go to www.tricare.mil/TRIAP.

Community Announcements

Please send all announcements to Bamberg Public Affairs via the following Web site:
<http://www.bamberg.army.mil/mobi/form.asp>.

Month of the Military Child 2010

April 2010 is Month Of the Military Child with a theme of Our Everyday Heroes. On Thursday, April 1, the Prepared Kids Competition 2010 kicks-off. Army children and teens up to 18 years old may enter the competition as individuals or as a group. The opening celebration for Month of the Military Child will be April 3. Various programs and activities will occur throughout the month, promoting fun and learning. For more information related to upcoming dates and events, go to www.bamberg.army.mil/directorates/dfmwr/docs/MOMCActivities2010.pdf. April is also Child Abuse Prevention Month. The theme for the 2010 campaign is Children are our Future; Let's Keep our Future Safe by Protecting the Child. For more information, or to report abuse, call the Family Advocacy Program at 469-8079.

Youth Adventures

Child Youth and School Services invite children ages 13 and up to Over the EDGE Adventures, starting April 1. Activities include mountain biking, indoor and outdoor rock climbing, hiking, GPS orienteering, land navigation and kayaking. The program will run every Tuesday and Thursday, 3:30-5:30 p.m. through June 10. The program is free for all CYSS registered children. For more information call CYSS Parent Central Services, Bldg. 7340, at 0951-300-8660 or The Edge director at 0951-300-7716/7405 or e-mail tony.puskorius@eur.army.mil. Information on other programs for children available during Month of the Military Child, can be downloaded at www.bamberg.army.mil/sites/mwr.

Extras Wanted

Neu Bioskop Film is casting native English-speaking extras for a skiing/snowboarding competition movie to be filmed in Garmisch April 8, and April 19-20. There are two scenes to be filmed on different days in April during normal duty hours. The first is an elegant evening dinner party set in London that requires formal dress that will involve 60 extras and the second scene is a crowd up on the Zugspitze watching a staged competition that will involve 100 extras. Army community members, military or civilian (off-duty, leave status, no uniform) or civilians 16 or older may participate. Those chosen will be

compensated €45 (transportation included). If you're interested or need more information, send your contact information and a photo of yourself in evening attire to the production company at chalet-gapa@gmx.de.

Operation Purple

The camps of Operation Purple offer a free week of fun for military children with parents who have been, are currently or will be deployed. Application for the camp closes April 16. The camp in Germany will run from July 11-17 and is open to children ages 9-12. For more information on registration, location and dates, go to www.operationpurple.org.

DES/Vehicle Registration Office

As of March 19, Bamberg license plates are available for motorcycles and trailers. Everyone that is due for renewal and still has the old U.S. Army Europe plates has to change to the new Bamberg plates. To renew plates, customers must bring a new insurance card (not older than 120 days). For more information, call 0951-300-7580.

MBA Face-to-Face Classes

The next entry class for the University of Phoenix MBA (Masters of Business Administration) program will be offered April 19. GI Bill Chapter 33 recipients are eligible for a living stipend while attending this program. Enrollment is open now. Earn your MBA by attending classes just one night per week. For more information, call University of Phoenix Field Representative, Leah Gransbery, at 0951-300-9280 or 0951-208-5350.

A Taste of Broadway

Bamberg Middle High School students are showcasing their talents in "A Taste of Broadway" production. Playing April 30 and May 1 at 7 p.m. and May 2 at 2 p.m. The theme of this year's production is Then and Now. For more information, e-mail Rene Schofield at rene.schofield@eu.dodea.edu or Marylee McGuire at marylee.mcguire@eu.dodea.edu.

Study Abroad with UMUC

Travel to Italy and Scotland and earn University credit with UMUC Europe. Tour some of the most exciting locations in Europe while studying literature and history with University of Maryland University College. Two UMUC field study courses will be offered this summer – History and Culture of Naples, held in Italy, and Scotland: Culture, Literature, and History, held in various cities throughout Scotland. The registration deadline for these courses is April 30. For more information, please visit www.ed.umuc.edu/fieldstudy or contact a UMUC field representative.

Lutheran Worship Services

The U.S. Army Garrison Bamberg Chapel now sponsors a Liturgical church service every first and third Sunday at 9 a.m. in the Bamberg Chapel Family Life Center. All Lutherans or other liturgically-minded people are welcome to attend. For more information, call 0951-300-8141 or e-mail david.jacob@eur.army.mil.

Passport Office

The Bamberg Passport Office has recently upgraded its Web site. You can now access all the informational handouts from the convenience of your home or office. Go to <http://www.bamberg.army.mil/directorates/dhr/passport.asp> and select the appropriate link. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

Liberty Trail Ride in Normandy, France

Registration is now open for the Normandy Liberty Trail ride, a challenging recreational cycling trip June 4-6 through some of the most beautiful

Wine Tasting!

When: Friday, April 23
 at Vino Wine Store

Time: 7pm Cost \$35 per person

Sign up at the CAC
 Cool Beans Cafe by April 16

Free transportation for the first 22 people

Sample wines from all over the world



countryside and militarily significant regions of France's Cotentin Peninsula. The ride coincides with D-Day memorial observances and the event is an annual pilgrimage for cyclists throughout U.S. Army Europe. The event will begin with the traditional church service in Périers and departure from the city hall with commemorative ceremonies along the way, including Ste-Mère-Eglise. Though this is not a competitive event, it requires participants to be fit, as cycling routes average 120-130 kilometers per day. The daily rides will begin and end in Périers, with a midday meal and mid-morning and mid-afternoon snacks. The full daily distance is broken up into four segments of approximately 30-35 km. The registration cost of €83 includes an event jersey and tickets for three lunches (plus snacks) and also covers the motorcycle escort, emergency medical and roadside repair services, and a "sag" bus. Registration is limited to 400 cyclists (only road/racing bikes are allowed) and deadline for registration is April 15. For more information or to download a registration form go to www.voiedelaliberte.fr (choose the English version, then choose the tab that says "Registration by Courier") or e-mail ron.rasch@eur.army.mil for a registration packet.

Puerto Rican Birth Certificates

In December 2009, the government of Puerto Rico, in collaboration with the U.S. Department of State and the U.S. Department of Homeland Security, enacted a new law aimed at strengthening the issuance and usage of birth certificates to combat fraud and protect the identity of all people born in Puerto Rico. On July 1 this law will invalidate all birth certificates issued before July 1 2010 by the Puerto Rico Health Department, through its Vital Statistics Record Office. Affected Soldiers, civilian employees and family members will need to request issuance of a new birth certificate. It is recommended that all citizens born in Puerto Rico but residing overseas obtain a copy of the new birth certificate by filling out a Birth Certificate Application form from the Puerto Rico Vital Statistics Record office on or after July 1. Application forms can be obtained at: <http://www.salud.gov.pr/Programas/registroDemografico/Pages/RequisitosparasolicituddeNacimiento.aspx> or <http://www.bamberg.army.mil/directorates/dhr/passports.asp>.

Mountain Bike Series

Bamberg will host the Installation Management Command Europe mountain bike series Aug. 7. For more information call Outdoor Recreation at 0951-300-9376.

Passport and Immigration Fees

The U.S. Department of State is considering increasing the fees associated with Passports and Immigration Services. Customers are highly encouraged to submit applications prior to the Department of State's decision, which will occur at an unknown time in the future.

PICTURES WITH THE EASTER BUNNY!

Come get your picture taken with the Easter Bunny on Easter Sunday.

Where: Portrait Studio, CAC, Building 7047

When: Easter Sunday, April 4

Time: 11 a.m.-1 p.m.



Prices:
 1 Picture = \$5
 2 Pictures = \$9
 3 Pictures = \$12
 Each Additional Picture = \$3



Portrait Studio, CAC Building 7047
 MWR FREE PHOTOGRAPHY
 Studio: 0951-300-7435 CAC: 0951-300-8639



!Easter Crafts!

When: Sun, April 4

Where: CAC

Time: 11 am - 1 pm

Get your photo taken with the Easter Bunny!

Weekly Reminders

Money Track

Come to the Lunch Time Money Track session from 11:45 a.m. to 12:45 p.m. on April 6 and 14, May 5, 18 and 26, and June 8 and 16. For more information, call 0951-300-9193.

Red Cross Classes

The American Red Cross Bamberg will offer CPR/First Aid/AED, Babysitting and CPR instructor classes. Come to ACS Building 7029 room 113 for class times, locations and registration. For more information or to register, call 0951-300-1760.

- Babysitting class on Tuesday-Thursday on April 13 and 15 is \$35 - minimum age is 11 years old
- CPR/First Aid/AED on April 22 is \$40
- CPR/First Aid/AED on May 8 is \$40
- CPR Instructor Class on May 11 and 13 is \$100.

Bazaar with Heart

The annual "Bazaar with Heart" sponsored by the Bamberg Spouses and Civilian Club and Morale, Welfare and Recreation is scheduled for April 23-25 at the Freedom Fitness Facility. For more information, e-mail bazaar@bsccgermany.com.

NAF 101

Bamberg Non Appropriated Funds Civilian Personnel Advisory Center will be conducting employment workshops for all eligible individuals interested in learning how to apply and write a resume for a NAF position. This is not a general class on how to write a resume. It is specifically tailored for NAF vacancy announcement applicants. The workshop will be in the Bamberg CPAC Conference Room in Building 7486. All workshops are on Fridays from 10 - 11:30 a.m. Dates are as follows: April 23, June 18, Aug. 27 and Oct. 22. Sign-up the Tuesday prior to each scheduled workshop as there is a maximum of eight slots available. For more information regarding training or eligibility, call 0951-300-8027.

Bamberg Tax Assistance Center

The Bamberg Tax Assistance Center is located in Building 7000. Walk-ins are accepted, as well as appointments. File before the April 15 deadline. For more information, or to make an appointment, call 0951-300-8261.

New Tax Relief Services

The MWR Tax Relief Office now offers a new service for USAG Bamberg customers: With the implementation of the UTAP (Utility Avoidance Program) customers can then sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke. (Other energy and utility providers can also be used, but customers still have to

register through the USAG Schweinfurt UTAP). Please contact the Bamberg tax relief office at 0951-300-1780 or Schweinfurt tax relief office at 09721-96-1780.

mTBI Clinic Requests Artwork

In support of the valuable role that art can play in enhancing the healing process, the mTBI clinic staff would like to invite community members to donate original drawings, paintings or framed photographs for display in the hallways of Bamberg's new mTBI facility. These donated pieces can be on stretched canvas for easy hanging or on flat canvas. Size preferred for framework is 8x10. Sindy McCord, occupational therapist, is an advocate and supporter for integrating art into health care environments and will be the main point of contact for the project. For more information, call Sindy McCord at 0951-300-8969 or the mTBI front office 0951-300-7984.

Calling All Eagle Scouts

The Transatlantic Council is conducting a round-up of all Eagle Scouts residing in Europe to help celebrate the 100th Anniversary of the Boy Scouts of America. Our goal is to be able to communicate with our Eagle Scouts as to the opportunities available for service, support and program throughout Europe. The Transatlantic Council will also be holding a reception for all Eagle Scouts, their parents, and spouses during this 100th Anniversary year. If you would like to receive information about Transatlantic Council and opportunities for youth and adult Eagle Scouts please contact our headquarters at Camp Darby at advancement@tac-bsa.org. To discover more about the programs of the Boy Scouts of America in Europe visit the Web site at www.tac-bsa.org/Home.html or contact our staff at Camp Darby, 633-7760.

25 Year Reunion

Members of D Company have been planning a reunion for the all veterans of 1st Battalion (Mechanized), 52nd Infantry, who served from about 1980 until it became part of the 6th Infantry. There will be a reunion on June 16-20 at the Tuscany Suites and Casino in Las Vegas. For more information, e-mail Bill Burt at LJMJWRB@msn.com or visit <http://deltacompany-52nd-inf.ning.com> or <http://www.facebook.com/home.php?ref=home#/group.php?gid=160711462863>.

ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information, call 0951-300-7777.

Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday through Thursday sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Fridays, sick call is from 7 - 8 a.m. and full service from 7:30 a.m. - noon. We are closed on Friday afternoons for mandatory training. The Health Clinic is also closed on federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. If you have a medical emergency, call the Bamberg Military Police at 0951-300-114. You may also call the TRICARE Nurse Advice Line at toll-free number 00800-4759-2330, 24 hours a day, seven days a week to talk to a nurse about your health care concerns, get self-care advice to help you feel better now, schedule appointments with your military provider and arrange a phone call with your provider.

Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service

hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday to Friday. We are closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 469-8665. Office personnel can assist with importing items, selling items to non-ID card holders, help visiting family members get permission to drive USAREUR-plated car or get permission to have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

Community Activity Center Hours

Bamberg's Community Activity Center operational hours are:

- Monday - Thursday: 8 a.m. - 8 p.m.
- Friday: 8 a.m. - 6 p.m.
- Saturdays: 11 a.m. - 6 p.m.
- Sundays: 11 a.m. - 6 p.m.
- Free Wi-Fi is available around the CAC (Building 7047).

Security Awareness Alert

The Department of State urges U.S. citizens to maintain good security practices at all times and to maintain a heightened situational awareness and a low profile. Americans are advised to monitor news reports and consider the level of security present when visiting public places or choosing hotels, restaurants and entertainment or recreation venues.

Firearms notice

In accordance with Army in Europe Regulation (AER) 190-6, registration and control of privately owned firearms and other weapons in Germany, dated July 20, 2006, it is prohibited for any Soldier, U.S. Department of the Army Civilian (DAC) or Family Members (FM) to own an unregistered Privately Owned Firearm (POF). All POFs must immediately be registered with USAG Bamberg Field Registration Station (FRS) located in Building 7011 (MP station). For more information call the customs office at 0951-300-7460/9312.

Chapel Meeting

The Bamberg Protestant Women of the Chapel has weekly meetings on Wednesdays from 9-11:30 a.m. at the Bamberg Chapel. Free Child-care is provided. For more information, call 0951-300-1570.

Family Readiness

Classes for Family Readiness Group volunteer positions are every first and third Tuesday of the month from 10:30 - 11:30 a.m. in Building 7354. Learn the duties of an FRG. For more information, call 0951-300-7777.

Family Strengths and Stresses

Army Community Service, Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, Play Group, Parenting Classes, Communication Classes, Victim Advocacy and Stress and Anger Management Classes. For information, call 0951-300-7777.

- **Family Advocacy** - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for Anger/Stress Management Class.
- **New Parent** - Being a new parent can be a challenge. Join the new parent support group every Friday from 10-11:30 a.m. in Building 7487.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assis-

tance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; held weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office, or 0162-510-2917 for the 24-hour hotline.

Veterinary Facility

Veterinary Office hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information or to schedule an appointment, call 0951-300-7972.

Youth and Teens

Homework Club

The Bamberg Middle High School Homework Club meets Tuesdays and Thursdays from 3:15 - 5:15 p.m. in Lab 85. A teacher, other adults and students will be available for tutoring or to assist students academically.

Volunteers Needed

The Bamberg Middle High School is seeking volunteers for tutoring students in any subject at the middle and/or high school level. If you would like to help out, call Celeste Rush 0951-300-8874 or e-mail celeste.rush@eu.dodea.edu.

Bible Club

Register your child today at the chapel for the weekly Bible Club. The club meets Sundays from 4 - 5:30 p.m. and is open to elementary-age children. For more information, call 0951-300-1570.

Aqua Barons

Meet new people and become a part of the Aqua Barons team. Get into shape and stay in shape by swimming. Earn awesome rewards like trophies, medals, ribbons and even a varsity letter for you efforts. Travel around Europe to swim meets in places like Italy, Spain, Belgium, England, and many more. For more information, e-mail bambergaguabarons@yahoo.com.

Sports, Health and Fitness

Bowling Lanes

The Birchview Lanes Bowling Center is located in Building 7690. Visit the Web site at www.bamberg.army.mil/sites/mwr for latest updates and upcoming MWR events or call 0951-300-7722.

- **Freaky Friday** - Every Friday from 11 a.m. - 6 p.m. every hour a score will be posted, bowl that score and receive a free game. The cost per game is \$1 and shoe rental is \$1.75.
- **Ladies Night** - Every Friday 6 p.m. to closing, ladies receive free shoe rental and may enter for the monthly drawing. The drawing is the last Friday of the month. The cost per game is \$2.25 and shoe rental is \$1.75.
- **Pick your Price** - Every Saturday from 11 a.m. - 6 p.m. after completing bowling, pull a ticket to determine what price you will pay for your game(s).

Physical Shape

There is a Spinning and Abs class Tuesdays between 8:30 - 9:30 a.m. and a spinning class

on Wednesday mornings from 5:30 - 6:30 a.m. For the Wednesday morning class, units can reserve up to 24 participants for physical training. There is a cardio-weights class on Thursdays from 8:30 - 9:30 a.m. The cost is \$4 per class. Instructors will lead you through the workout of your life. Sign up at the Freedom Fitness Facility.

Personal Trainer Available

Want to get in shape with one-on-one personal service? The Freedom Fitness Facility is offering personal training with a Certified Instructor to get you in shape like you always wanted. Fees are \$35 per session or save \$35 by taking five sessions for only \$150.

Class Registration

The Women, Infants, and Children office has a walking program geared towards mothers with children and those who are pregnant. The program is every Wednesday at 10 a.m. in the Freedom Fitness Facility. Children (hourly care is also available through Child Youth Services) and strollers are welcome. Open to all ID card holders, so come out, bring your friends and get in shape. For more information, call 0951-300-7913.

Continuing Education

Text Books

In Spring Session 1, University of Maryland University College Europe students can apply for a textbook award, including the \$100 Orkand Military Book Award for enlisted service members and the \$100 Europe Book Award for spouses and family members of service members of all ranks. Visit www.ed.umuc.edu/financial_aid for more information. For more information on registration, scholarships, and services, call the UMUC Europe field representative at 314-370-6762 or 06221-3780 or visit www.ed.umuc.edu or www.twitter.com/UMUCEurope.

Spring Semester

University of Maryland University College Europe announces registration for Spring Session 2. Registration for Europe online courses continues from now through April 4, with classes starting April 5.

Federal Aid

Students are encouraged to explore the many financial aid opportunities available while enrolled in UMUC Europe, including grants, low-interest loans and monthly payment plans. The 2010-2011 Free Application for Federal Student Aid application is now available for students to begin applying for 2010-2011 federal financial aid. Grants may be used along with VA benefits, scholarships, military TA and military spouse tuition assistance. For more information on registration, financial aid and services, contact a local UMUC Europe field representative, call 314-370-6762 or 06221-3780, or visit www.ed.umuc.edu.

German 101

Free Introduction to German is every Monday at noon at the community library. Participants will learn some German words and phrases. For more information, call 0951-300-1740.

University of Phoenix

The University of Phoenix is open Monday, Tuesday, Thursday and Friday from 10:30 a.m. - 2:30 p.m. It is located at the Warner Barracks Army Education Center, Building 7047, Room 309. Leah Gransbery, University of Phoenix field representative, can help you start your master's program. Online and on-site courses are avail-

able and degrees can be achieved in 15 - 24 months. For more information, call 469-9280 or 0951-208-5350.

Closures / Changes

Car Care Center

The Car Care Center will be closed April 12-13 to move to the new location, Building 7057. It will re-open on April 14.

Vehicle Registration Office

The Vehicle Registration Office will be closed for lunch 11:45 a.m. - 12:30 p.m. April 1-2. The office will be closed from April 2-5. For more information, call 0951-300-7580.

Postal Service Center

The post office has re-located to Building 7116 next to the Consolidated Mailroom. The two facilities are now under one roof called the Postal Service Center.

Library Hours

The community library is now open Monday - Friday 11 a.m. - 8 p.m., Saturday 11 a.m. - 6 p.m., and closed Sunday. The library features free internet access, various book clubs for adults and kids, CDs and DVDs as well as cultural events. For more information, call 0951-300-1740.

Gate Hours

Gate 5 near the School Aged Services building is now open 6 a.m.-6 p.m., Monday-Sunday.

Airport Shuttle

The Frankfurt Shuttle Bus departs from the Bamberg Army Community Service building Monday-Friday at 6:35 a.m. and arrives at the airport at 9:45 a.m. The first return shuttle will depart from the airport at 11 a.m. and arrive in Bamberg at 3:15 p.m. The second shuttle departs the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is the Bamberg Service Credit Union. The shuttle is not available on American and training holidays.

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager has relocated to Building 7290, Room 208, right next to Burger King. For more information, call 0951-300-7514.

Auto Skills Extended Hours

The MWR Auto Skills Shop and Car Wash, Building 7038, is open seven days a week. (Strip Yard Hours of operation remain the same) Call the Auto Skills Shop at 0951-300-7546. The hours of operation are:

- Mondays and Tuesdays 10 a.m. - 6 p.m.
- Wednesdays and Thursdays 10 a.m. - 8 p.m.
- Fridays 10 a.m. - 7 p.m.
- Saturdays and Sundays 10 a.m. - 6 p.m.
- Closed on Federal Holidays

Entertainment and Leisure

Outreach KONTAKT Club Events

The Outreach KONTAKT Club is an Army in Europe program designed to promote German and American friendship and is always looking for new members. We have regular meetings, local get-togethers and go on fun trips every month. The Outreach KONTAKT Bowling team bowls every Friday at 7 p.m. at Birchview Lanes on post. Every Thursday our music group meets at 8 p.m. at the KONTAKT clubhouse on the Airfield. For more information, call the German president Klaus Kirchof at 0951-24378 or e-mail b.k.kirchof@web.de or the American project officer Capt. Jamel R. Carr at 0951-300-7489 or e-mail jamel.carr@eur.army.mil.

Checks go high-tech at AAFES, advance with modern industry

Army & Air Force Exchange Service
Public Affairs

DALLAS, March 12, 2010 – The check “float” at the BX/PX is going the way of rotary phones and dot matrix printers as the Army and Air Force Exchange Service converts to a paper check conversion (PCC) system this year.

“PCC scans and instantly converts paper checks into electronic debits to the check writer’s account,” said Chief Financial Offi-

cer Harold Lavender. “This technology has been operational in contingency locations for roughly ten years now and commercial industry for about five; it’s an extremely efficient system.”

Rollout of the PCC program will begin in AAFES Continental United States locations on March 7 and will be totally implemented in all facilities by June 6.

Concurrent rollouts of Pacific and European exchanges will begin in early April with the



complete implementation by June 6.

(MOTORCYCLE continued from page 3)

Proper training and personal protective equipment is critical, said Livingston. Unlike an automobile, motorcycle accidents are a lot less forgiving. When an accident is unavoidable, a motorcyclist’s personal protective equipment can protect them from serious injury or death.

Personal protective equipment includes a helmet certified by the Department of Transportation; impact or shatter resistant goggles, wraparound glasses or a full-face shield; long sleeved shirt or jacket; long trousers; sturdy footwear, leather boots or over the ankle shoes; and full-fingered gloves or mittens designed for motorcycle use.

A brightly colored upper outer garment should be worn during daylight hours, and a highly reflective upper outer garment should be worn during the hours of limited visibility.

Every person who owns a motorcycle or is thinking about buying a motorcycle should seek out opportunities to improve their awareness and their capabilities. Motorcycle riders should ask their unit leaders about starting up a local motorcycle mentorship and safety program, and volunteer for additional training at every opportunity.

By regulation, the Army requires that all Soldiers who operate motorcycles, both on and off post, attend the Motorcycle Safety Foundation’s Basic Rider Course. Chapter 11-9b of Army Regulation 385-10 states that commanders may also offer the MSF’s Experienced Rider Course in addition to the basic course, but not in lieu of the basic course.

Anyone who has documentation of prior completion of the Experienced Rider Course will be in compliance with the Army standard for motorcycle training and will not be required to attend the basic course.

Motorcycle riders should visit the U.S. Army Combat Readiness and Safety Center’s POV and Motorcycle Safety Web site at <https://safety.army.mil/povmotorcyclesafety> and the center’s Motorcycle Mentorship Program Web site at <https://safety.army.mil/MMP> for more information. Another resource for motorcycle riders is the Motorcycle Safety Foundation at <http://www.msf-usa.org>. For motorcycle licensing and training information in your local area, contact the Driver’s Testing Station and Safety Office.

All things considered, operating a motorcycle can be very risky and dangerous – but armed with the proper training, knowledge and gear – the risks and dangers can be significantly reduced.

Motorcycle Safety Day

Motorcycle



Where: Muna
Geisfelder Strasse, Bamberg
When: April 17 from 10 a.m. – 1 p.m.
Motorcycle Clinic

MC’s interested in having a sign-in table please contact
bamberg.AQM@eur.army.mil
This event is open to all Soldiers and garrison employees

BAMBERG TAX ASSISTANCE CENTER



FREE TAX HELP!

WHAT: BAMBERG TAX ASSISTANCE CENTER
WHERE: Building 7000 (By the CAC), Warner Barracks, Bamberg
HOURS: Mon-Fri, 9 a.m. to 11:30 a.m. & 1 p.m. to 3:30 p.m.
WHO: All ID Card Holders
PHONE: DSN: 48-4362
CIV: 0951-306-8262
BRNG: W-2; 1099 Forms; Copy of Last Year’s Return; ID card; SSN card; Blank Check/Bank Acct Card
SERVICES: Tax Preparation with Electronic Filing; Tax Forms & Publications
APPOINTMENTS AVAILABLE:
WALK INS AVAILABLE (FIRST COME, FIRST SERVED BASED) DEPENDING ON THE AVAILABILITY OF SERVICES

HOW TO FIND US:

WE’RE LOCATED ON THE FOURTH FLOOR OF BLDG 7000



(PFCC continued from page 1)

"It is basically a product where we utilize our community to operate medically to improve our daily process," Myers said. "This is something that's being implemented throughout MEDCOM (Army Medical Command) to serve our patients and empower them."

After several weeks of decisions and advertising for volunteers, an official board of 10 community members was formed, including a retiree, spouse and behavioral health care employee, among others.

"They are people that expressed interest and asked to be involved or were asked to participate," Myers said.

On March 2, the Bamberg Health Clinic staff, patients and family members involved in the PFCC process signed a pledge stating they would "dedicate their minds, abilities and above all time to taking the U.S. Army Health Clinic Bamberg to the next level of high-quality patient-focused care."

"Our original meeting was to organize and explain our vision," Myers said. "We talked about some of our issues and generated some good ideas on what to work with."

For an hour and a half, members toured the clinic, including behind-the-scenes areas, to gain a better understanding of the clinic's processes.

"We asked for opinions for improvements along the way," Myers said.

One of the initial concerns was the space issue in the waiting room. Other issues brought to the attention of clinic leadership were the inconvenient placement of the pharmacy number marquee, the lack of a waiting system for laboratory patients, bathroom draining issues and increasing the duration of a chronically ill patient's care by one Primary Care Manager.

Modifications have since been completed on several of the proposed changes.

Community members are welcome to view the current PFCC Action Log, which is hanging in the waiting room of the Bamberg Health Clinic near the Dental check-in desk. The log lists actions under improvements, the date initiated, detailed reason of concerns, a follow-up date and completion date.

Retired Lt. Col. Chet Bromke has resided in Bamberg since 1992 and was asked to participate when the PFCC was in the formative stages.

"I gladly accepted," Bromke said. "I've been here so long and I've been at the clinic being treated for all those years."

He said that throughout those years, he has been continuously impressed by the attention and care he's received at the clinic. The doctors, nurses and other staff members provided, in his opinion, a friendly atmosphere.

Now a PFCC board member, Bromke is gaining a broader perspective of the health care environment.

"I enjoyed listening because I learned a lot from the people who were speaking," he said of the first meeting. "I'm just waiting to listen and if something's up and I've experienced what they're talking about, maybe I can add to it."

The people on the board seem very knowledgeable, Bromke added.

The council uses a variety of information-gathering tools, as well as the awareness and involvement of members in the community, to decide on the most significant issues affecting patients at Bamberg's health clinic. These tools include Feedback Friday, garrison



Thur.	April 1	The Book of Eli (R)	7 p.m.
Fri.	April 2	Legion (R)	7 p.m.
Sat.	April 3	When in Rome (PG-13)	3 p.m.
		The Bounty Hunter (PG-13)(1st run)	7 p.m.
Sun.	April 4	When in Rome (PG-13)	3 p.m.
		Legion (R)	7 p.m.
Mon.	April 5	The Bounty Hunter (PG-13)(1st run)	7 p.m.
Thur.	April 8	The Bounty Hunter (PG-13)(1st run)	7 p.m.
Fri.	April 9	The Lovely Bones (PG-13)	7 p.m.
Sat.	April 10	How to Train Your Dragon (PG)(1st run)	3 p.m.
		The Tooth Fairy (PG)	7 p.m.
Sun.	April 11	How to Train Your Dragon (PG)(1st run)	3 p.m.
		Edge of Darkness (R)	7 p.m.
Mon.	April 12	The Lovely Bones (PG-13)	7 p.m.
Thur.	April 15	Edge of Darkness (R)	7 p.m.
Fri.	April 16	From Paris with Love (R)	7 p.m.
Sat.	April 17	Clash of the Titans (N/A)(1st run)	3 p.m.
		The Wolfman (R)	7 p.m.
Sun.	April 18	Clash of the Titans (N/A)(1st run)	3 p.m.
		From Paris with Love (R)	7 p.m.
Mon.	April 19	The Wolfman (R)	7 p.m.

town halls and communication with Family Readiness Group representatives. The PFCC serves as a business working group to address this information in a structured and progressive forum.

Myers said that something he might not notice because he works in the clinic every day, may be recognized by a pair of fresh eyes.

"This allows a new perspective," he said. "Family members help make decisions and develop our clinic."

Lt. Col. Larry R. Patterson, health clinic commander, is convinced that PFCC will have a great effect on the community.

"The Patient- and Family-Centered Care initiative empowers our beneficiaries to directly impact the processes, infrastructure and administrative procedures at the Bamberg Health Clinic," Patterson said. "PFCC utilizes a philosophy of engagement to foster a team approach to problem solving. I look forward to our board's input and the improvements we implement together."

The next monthly meeting will be held on April 6. To provide the widest dissemination to the changes PFCC is affecting in the Bamberg community, Myers is working on bringing related information to the Web. Until then, for more information, call 0162-297-6576 or e-mail vincent.myers@amedd.army.mil.

(UNITS continued from page 3)
many.

Category Operational Deployment Large Unit: Headquarters and Headquarters Company, 173rd Brigade Support Battalion, 173rd Airborne Brigade Combat Team, V Corps, Bamberg, Germany.

Category Supporting Unit: Deployment Processing Center, 39th Transportation Battalion (MC), 21st Theater Sustainment Command, Kaiserslautern, Germany.

FY 10 USAREUR Deployment Excellence Award runners-up:

Category Operational Deployment Small Unit: Charlie Company, 173rd Special Troops Battalion, 173rd Airborne Brigade Combat Team, V Corps, Bamberg, Germany.

Category Operational Deployment Large Unit: Headquarters and Headquarters Company, 173rd Special Troops Battalion, 173rd Airborne Brigade Combat Team, V Corps, Bamberg, Germany.

Category Supporting Unit: Headquarters and Headquarters Detachment, 39th Trans-

portation Battalion (MC), 21st Theater Sustainment Command, Kaiserslautern, Germany.

FY 10 USAREUR Deployment Excellence Award honorable mentions:

Category Operational Deployment Small Unit: Charlie Company, 173rd Brigade Support Battalion, 173rd Airborne Brigade Combat Team, V Corps, Bamberg, Germany.

Category Operational Deployment Large Unit: Headquarters and Headquarters Troop 1st Battalion, 91st Cavalry Regiment, 173rd Airborne Brigade Combat Team, V Corps, Schweinfurt, Germany.

Category Large Deploying Unit: Headquarters and Headquarters Company, 173rd Brigade Support Battalion, 173rd Airborne Brigade Combat Team, V Corps, Bamberg, Germany.

Category Supporting Unit: Headquarters and Headquarters Detachment, 14th Transportation Battalion, 21st Theater Sustainment Command, Vicenza, Italy.

FY 10 USAREUR Supply Excellence Award winners:

Category Level 1 (A) MTOE: Company/Battery/Detachment: 615th Military Police Company (Combat Support), 709th Military Police Battalion, 18th Military Police Brigade, 21st Theater Sustainment Command, Grafenwöhr, Germany.

Category Level IV (B) TDA Supply Support Activity: Supply Support Activity (AG2) Supply Activity Europe, Theater Logistics Support Center – Europe, 21st Theater Sustainment Command, Kaiserslautern, Germany.

FY 10 USAREUR Level Supply Excellence Award runners-up:

Category Level I (B) TDA: Company/Battery/Detachment: Maintenance Activity Mannheim Theater Logistics Support Center – Europe, 21st Theater Sustainment Command, Mannheim, Germany.

FY 10 USAREUR Supply Excellence Award honorable mentions:

Category Level II (A) MTOE Property Book Operations: Property Book Office, 21st Special Troops Battalion, 21st Theater Sustainment Command, Kaiserslautern, Germany.

For more CLEA winner images, visit the U.S. Army Europe Flickr gallery.

(R&R continued from page 4)

ployment from a combat zone, but generally limit it to local areas around bases.

Service members already in Iraq and Afghanistan who qualify to participate in the R&R program will qualify for the non-chargeable R&R program. The areas that qualify for the program have to be re-designated every two years.

The commander of U.S. Central Command requested that Iraq and Afghanistan be designated as non-chargeable rest and recupera-

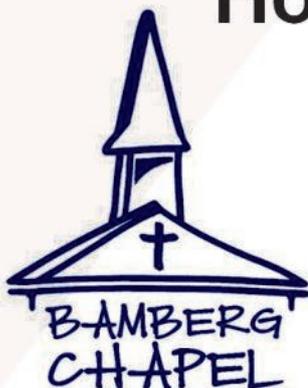
tion areas, Retherford said.

“We quickly coordinated this request with the military departments to ensure we provided service members with this new benefit as quickly as possible,” he said.

About one million service members have participated in Centcom’s rest and recuperation program. Due to the requirement for combat operations in a presidentially designated combat zone, the non-chargeable rest and recuperation program should be limited to U.S. Central Command, officials said.

Chapel Sponsored

Monday, April 19



**Home-cooked
Supper
for
Single
Soldiers**

5:30 p.m., Chapel



Lunch Time Money Track

Sponsored by the ACS Financial Readiness Program

Join us for lunch time sessions designed to empower people of all income levels to become financially successful. Light refreshments. Please feel free to bring your own lunch.



Dates Offered:
March 16, 24
April 6, 14
May 5, 18, 26
June 8, 16

Presentations will run from 11:45 a.m. - 12:15 p.m.
Q&A from 12:15 a.m. - 12:45 p.m.



Army Community Services
Warner Barracks • ACS Building 7029 • 469-9193

Check out Bamberg’s Web site:

<http://www.bamberg.army.mil/index.asp>

Outside the Gate

Weekend events in and around Bamberg April 5

Friday, April 2 Good Friday

German Holiday – all shops are closed. No live music will be played at clubs.

Saturday, April 3

- 1 p.m. Easter Run at Post-Sportverein, Am Sportplatz 2, 96049 Bamberg
- 8 p.m. "Andi Lauth" at Blues Bar, Obere Sandstrasse 18, Bamberg
- 9 p.m. "Johannes Bargeld Projekt" a Tribute to Johnny Cash at Club Kaulberg, Unterer Kaulberg 36, Bamberg
- 10 p.m. "You deserve better goes retro" electronic dance music at Morph Club, Luitpoldstrasse 17, 96052 Bamberg

Sunday, April 4 Easter Sunday

- 7 p.m. Easter Concert at Oberhaid gymnasium, Friedrich-Eberth-Strasse, 96173 Oberhaid
- 8 p.m. "The Tower of Dudes" live music at Blues Bar, Obere Sandstrasse 18, Bamberg
- 9 p.m. Arnd Rühlmann at Club Kaulberg, Unterer Kaulberg 36, Bamberg
- 10 p.m. "Schwarzweissmusik" electronic dance music at Morph Club, Luitpoldstrasse 17, 96052 Bamberg

Monday, April 5 Easter Monday

German Holiday – all shops are closed.
9:30 a.m. Schesslitz Easter Run; half-marathon starts at 11 a.m., 10 kilometers and 5 km. runs start at 9:30 a.m. in downtown Schesslitz; Regis-

ter with Alois Zenk Baumgasse 4, 96110 Schesslitz, phone number 0954-270467

Friday, April 9

- 7:30 p.m. Chamber music performed by the Bamberg Symphonic Orchestra at Spiegelsaal der Harmonie, Schillerplatz 7, 96047 Bamberg
- 8 p.m. "SWiM" live music at Blues Bar, Obere Sandstrasse 18, Bamberg
- 8 p.m. "The Real McKenzies (Canada)" at Sound'n Arts Club, Sandstrasse 20, 96049 Bamberg
- 9 p.m. "Remember Rory" The Spirit of Rory Gallagher at Club Kaulberg, Unterer Kaulberg 36, Bamberg
- 9 p.m. "The Jazz Age Ensemble" at Jazzclub Bamberg, Obere Sandstrasse 18, 96050 Bamberg
- 10 p.m. "Balkan Beatz mit DJ Pixie [Eastblok Music Berlin]" at Morph Club, Luitpoldstrasse 17, 96052 Bamberg

Saturday, April 10

- 8 p.m. "Ronys Metal Show" at Live-Club, Obere Sandstrasse 7, Bamberg
- 8 p.m. "Rick Derman" at Blues Bar, Obere Sandstrasse 18, Bamberg
- 10 p.m. "Blockrocking Beats" at Morph Club, Luitpoldstrasse 17, 96052 Bamberg

Sunday, April 11

- 10 a.m. Reptile Fair at JAKO Arena, Forchheimer Straße 15, 96050 Bamberg
- 7:30 p.m. Chamber concert Kloster Banz, Kaisersaal, 96231 Bad Staffelstein
- 8 p.m. "Suzan Baker" live at Blues Bar, Obere Sandstrasse 18, Bamberg
- 9 p.m. "B3B1B" at Club Kaulberg, Unterer Kaulberg 36, Bamberg

Trips and Travel Opportunities

Take a trip with Bamberg Outdoor Recreation in April

Registration for trips begins the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 469-9376/7955 or 0951-300-9376. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/sites/mwr/odr.asp>.



April 3 Brewery Tour \$20
No matter what your beer preference is, the Bamberg Brewery Tour has it all. Includes transportation to five different breweries as well as a brief introduction to the brewing process at Mahr's Bräu. Price does not include purchase of beer for consumption. The bus departs from ODR at 1 p.m. and returns at 6 p.m.

April 8 Tour Under Bamberg \$20
This unique trip through tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. The bus departs from ODR at 5 p.m. and returns at 7:30 p.m.

April 9-12 Bodensee Adventure \$325
Join ODR for a bike ride around the Bodensee! Situated in Germany, Switzerland and Austria near the Alps, the Bodensee is a vacationer's dream. Trip includes transportation, three-nights lodging at double occupancy and a bicycle for your journey. The bus departs from ODR at 6 a.m. on April 9 and returns at 10 p.m. on April 12.

April 10 Munich Zoo \$60
With hundreds of animals roaming in a natural habitat, the Munich Zoo is one of the largest zoos in the world, providing fun and entertainment for the entire family. The trip includes transportation and entrance fees. Children ages 4-12 are \$40; Children three and under are \$20. The bus departs from the Chapel parking lot at 7 a.m. and returns at 8 p.m.

April 14 Family Bike Ride FREE
Grab your family for an afternoon bike ride. Riding in the forest near post, spend time with the little ones and create memories. Adult bikes may be rented from ODR for \$5. Child bikes are not available. Departs from ODR at 1 p.m. and returns at approximately 4 p.m.

April 17 Salzburg City Tour \$60
This picturesque city is where Wolfgang Amadeus Mozart was born. The Sound of Music tour can be enjoyed and the Fortress of Hohensalzburg provides breathtaking views of the city. Trip includes transportation and a two-hour city tour. Departs from the Chapel Parking Lot at 5 a.m. and returns approximately 10 p.m.

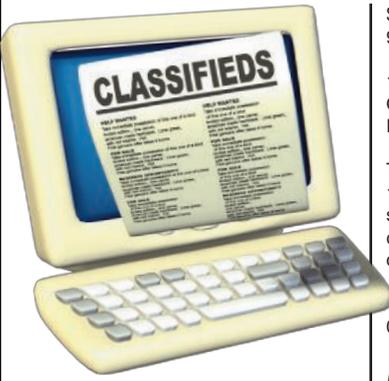
April 24 Main Paddle \$20
Learn the basics of kayaking as you glide with the current of the Main. Perfect for beginners, this trip is the ideal introduction you need. Please wear a swimsuit, water shoes and bring your lunch. Includes transportation, equipment and instruction. Departs from ODR at 8 a.m. and returns at approximately 4 p.m.

May 1-2 Amsterdam \$225
Famous for the Heineken Experience, Red Light District and relaxing cafés, Amsterdam is a cultural paradise for any traveler. Explore the Anne Frank House, the Van Gogh & Rijks museums, along with the gorgeous canals. Includes transportation, one night lodging (double occupancy) & a tour through the city. Departs 6 a.m. May 1 from chapel parking lot, returns 11 p.m. May 2.

May 1 Via Ferrata \$30
Developed during WWI to get Soldiers over the Alps safely, Via Ferrata challenges you to ascend rock formations while secured to a steel cable that's affixed to the rock face. Please wear layers, hiking shoes, lunch, drinks & snacks. Includes transportation, instruction & equipment. Departs from ODR at 8 a.m. and returns at approximately 6 p.m.

May 6 Tour Under Bamberg \$20
This unique trip through tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, please wear appropriate clothing and bring a flashlight. Departs from ODR at 4:30 p.m. and returns at approximately 7 p.m.

The Warner Weekly placed 2nd for Online Publications at the Department of the Army level for the 2009 Keith L. Ware Awards



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

EMPLOYMENT

Immediate Opening for a part-time Wellness Counselor at the Bamberg Women, Infants and Children program Office. This position requires a Registered Dietitian or a Bachelor of Science degree in Nutrition, Dietetics, Nursing, RN/BSN or RN with AA Degree or Home Economics with an emphasis in nutrition. Job requirements include computer experience, knowledge of maternal and infant nutrition as well as proven counseling skills. Must have current driver's license. Travel may be required. Choctaw Archiving Enterprise (CAE) is owned by the Choctaw Nation of Oklahoma; offers an attractive, competitive salary and benefits package, in addition to a good working environment. Send resumes to Jenny.Dietrich@eur.army.mil. For more information, call 353-8986/6791 or 09721-96-8986/6791. (3/8/10)

Automotive Technology instructors needed. Central Texas College-Europe is accepting applications for Automotive instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field. For more information, call Brenda McNeil at 0951-300-7467.

AUTOMOBILES

2006 Toyota 4Runner SR5 4WD; silver; 35,000 miles; third-row seats; tow package; dual-power seats; Ipod ready; dealer maintained; exceptional condition; \$23,000; Please call 469-7656 (evenings) or 0162-254-0969 (anytime) or e-mail kevinbalisky@yahoo.com. (3/18/10)

2004 Dodge Neon SXT, four-door sedan, 4-speed automatic transmission, blaze red crystal pearl coat, trunklid spoiler, gray interior, power front windows and locks, Child Seat Anchors, CD Player. Currently 60,000 miles. Comes with winter and summer tires. Great reliable car. Available end of April. Asking \$5,500. E-mail k.paris@web.de for pictures or more information or call 0179-9047498. (3/15/10)

2008 Toyota Tacoma V6/SR5/Pre-Runner Access cab. Recall: Only floor mats, white w/gray interior, a/t, power everything, limited slip diff., transmission cooler, full class III towing hitch, Like new - 15,000 miles, free shipping. Available after or on April 1. Serious offers only -

\$22,500. Call 469-8901 or 09549-988078 (3/8/10).

1993 Blue 4DR SD BMW 318i for \$2,500 OBO. Need to sell quickly. Call Tina Penick at 0173-164-3599. (3/8/10)

T1999 Saab 9.3, American specs, app. 100,000 mi, automatic, sun roof, heated seats, CD player, good heater and air conditioner, power windows and locks, one previous owner, seats five, hatchback. Available after March 24. Call 0170-292-0805. (2/23/10)

FOR SALE

Multi-family PCS Yard Sale: April 3 from 8 a.m.—2 p.m., Kiefernstrasse 32 and 34. Items include air conditioners, fans, transformers, small kitchen appliances, some small furniture, books, cookbooks, DVDs, carpet, baby items (infant/toddler girl's clothing, car seat, umbrella stroller, Pack n Play, baby bouncer) and much more. For more information call Sonja Martinez at 0951-300-7049 or e-mail sonja.martinez@us.army.mil. (3/29/10)

For Sale: Located in Bamberg, Pier 1 dining room table with 6 chairs. Excellent condition. Two years old. New cost was \$1,300, asking \$700 or best offer. Self pick up. Call Randy at 0160-7815496 or e-mail riesr@t-online.de for pictures or more information. (3/31/10)

For Sale: Vacation Property in the heart of San Francisco, CA (Nob Hill District) one block from the historical Grace Cathedral founded in 1849. Plenty of buses, trolley services and cable car stops nearby that will take you directly to other places of interests in SF and surrounding areas (San Jose, Berkeley, Stanford University, Jack London Square, etc). The resort is a member of some of the major timeshare exchange services so you can exchange your resort to many major resorts worldwide. I used it to take a vacation in Budapest and Vienna. You get one week per year, "floating" so you can schedule your own vacation. You can also bank it to use it another year. It's a one bedroom, one bathroom unit with kitchenette that can accommodate up to four people. (\$3,000 OBO) Call Bernie at 0152-285-74842 or e-mail: caquiatb@yahoo.com (3/10/10)

PCS Sale: Four elta 220 fans, \$10 each Portable air conditioner/heater \$200 OBO. Need to sell items quickly. Call Tina Penick at 0173-164-3599. (3/8/10)

For Sale: Four-drawer freezer 220V-\$100, Graco highchair folds for space savor-\$20, child's plastic video center-\$20 e-mail for photos ajizustr@yahoo.com or call 0951-209-8102. (3/8/10)

For Sale: Kids II Bright Starts™ Pretty in Pink™ Activity Jumper for sale. My baby girl jumped with joy for this pretty in pink jumper. The platform provides a stable place for your baby to play. Quilted jumper seat rotates 360° to access included toys. Links offer space to add more of baby's favorite toys. Six-point height adjustment, padded top bars, covered springs and four nonskid floor grips. Lays flat for storage and has easy-to-clean top tray. Machine-washable seat pad. Packed in original box. Perfect condition. For ages: 4 mos. and up; max. 25 lbs. Size: 39"H x 34"W x 32"D. Bought for \$84.95. Asking \$60. If interested please call Jennifer at 0951-209-1710 or

e-mail jenniferwharton1@gmail.com. (3/8/10)

Graco Infant SafeSeat (car seat) Step 1 for sale that includes: Graco's EPS, Energy Absorbing Foam Liner, five-point harness with easy, up-front adjust on the Graco Infant SafeSeat Step 1; convenient, stay in car base features a belt lock-off design and dial adjustment. Light weight carrier with rubberized ergonomic handle provides premium cushioning and comfort. 180 degrees rotating canopy with peek-a-boo window helps shade your child from any direction. Paid \$179.95 asking \$115. Perfect for boy or girl! Perfect condition. Green and Brown. If interested call Jennifer at 0951-209-1710 or e-mail jenniferwharton1@gmail.com. (3/8/10)

For Sale: Sugar Gliders \$700 OBO. Two adorable 1-year-old brothers. Rare blonde coloration. Must go together. Come with large cage, all accessories, and two months worth of homemade glider food. Located in Bamberg. Pictures available. Contact Danielle Holstein 0951-132-9248, 0152-213-16054 danielle.holstein@yahoo.com. (2/17/10)

For Sale: Bose Companion 3 Computer Speakers (110V). Only 6 months old, still in original box. Regular AAFES price \$229, asking \$150. Call Michael at 015224094326. (3/15/10)

MISCELLANEOUS

The Mu Psi Omega Chapter of Alpha Kappa Alpha Sorority, Incorporated is hosting the Second Annual "Artistic Expressions" on Saturday, April 10, 6:30 p.m.—8:30 p.m. at Haus De Buergers, Am Neuen Markt 4, 66877 Ramstein. Artistic Expressions is a classy evening filled with music, literature, poetry and artwork with the ultimate goal of promoting the business of non-traditional entrepreneurs in the local area. Tickets are available by pre-sale for €20 and cost €25 at the door. For more information or to purchase tickets, call Angela Hunter at 0160-541-0286 or 0175-103-8285. (3/24/10)

The U.S. Consumer Product Safety Commission (CPSC) is advising parents and caregivers to be cautious when using infant slings for babies younger than four months of age. In researching incident reports from the past 20 years, CPSC identified and is investigating at least 14 deaths associated with sling-style infant carriers, including three in 2009. Twelve of the deaths involved babies younger than four months of age. CPSC is interested in receiving incident or injury reports that are directly related to infant slings. You can do this by visiting www.cpsc.gov/cgibin/incident.aspx or call CPSC's Hotline at 1-800-638-2772.

The U.S. Consumer Product Safety Commission, in cooperation with Graco Children's Products Inc., announced a

voluntary recall of Graco Harmony™ High Chairs. Consumers should stop using product immediately unless otherwise instructed. The screws holding the front legs of the high chair can loosen and fall out and/or the plastic bracket on the rear legs can crack causing the high chair to become unstable and tip over unexpectedly. This poses a falling hazard to children. This recall involves all Harmony™ High Chairs manufactured from November 2003 through December 2009 and is no longer in production. The model number can be found on the label that is located on the underside of the foot rest. For more information on your product, call the Graco Recall Hotline at 1-877-842-3206 or the CPSC Recall Hotline at 1-800-638-2772. (3/25/10)

Need a caring babysitter? I (21-year-old, German) worked as a live-in nanny in Denver, CO for 13 months. I'm experienced with kids between the ages of 2 months - 12 years. If you wish I would be happy to teach your children some German words. My hours are flexible, as well as the wage. Call Carina at 0160-1484028 or e-mail carina.hofstaedter@yahoo.de (2/8/10)

The Bamberg Hospitality House supports the ministry of the Warner Barracks Chapel by offering additional opportunities for discipleship, Bible study, fellowship (that includes food, often!), weekend activities, etc. Join us Friday nights for 6:30 p.m. dinner and Bible study at our home (Sonnenstrasse 7; 96175 Pettstadt; e-mail www.cadence.org/huisjen or call 09502-8037). Join us on Sundays at the 11 a.m. Protestant service (Post Chapel).

The Bamberg Protestant service meets from 11 a.m. to noon every Sunday at the chapel. Our Bible Club (AWANA) for children ages 4 - 6th grade meets at the Bamberg High School gym Sunday evenings from 4 - 5:30pm. Join us as we worship, celebrate, and get to know our Lord. For more information call Chaplain Williamson at 0951-300-1570.

AD SUBMISSIONS

When submitting a classified ad for publication, be sure to include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after three weeks of being published in the Warner Weekly. If you have something you want to advertise in the classified section, please e-mail your submissions to bambergpao@eur.army.mil. We will ONLY accept classified ads by e-mail. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600 or e-mail bambergpao@eur.army.mil.

After Hours Emergency Care

For emergency medical care outside of the Bamberg Health Clinic's business hours, dial 114 on a German phone line or call the Bamberg Military Police at 0951-300-8700. For emergency dental care outside of the dental facility's business hours, a dentist is on call and can be contacted by dialing 0951-300-7492.





Easter Green Tips

1. Natural Egg Colors: for red/ purple use hibiscus; for yellow, use chamomile tea; for green use mate tea or spinach; for brown use black tea or coffee.
2. Take an egg and make two holes at the bottom and the top and "blow out" the insides (yolk and egg white), then clean and paint with lacquer paints, and, after drying, again with clear lacquer. Put a thread (with a needle) through the holes and knot a piece of match to the thread, so you have the eggs on a string. Then pick blossoming branches and hang the eggs on them- this is a German tradition, and supposedly you can use the eggs year after year.
3. Easter Gifts: make baskets with homemade cookies and sweets, with colored napkins for Easter, or paint pots and plant flowers in them.
4. Put a wick and wax in the opened eggshells and put these in a container with sand- nice candles.

Recycling Tips

1. Save "junk mail" reply envelopes for filing recipes, receipts, etc.
2. Stuff old newspaper in hats to keep their shape; use old newspaper to dry and polish windows after washing.

Energy-saving Tips

1. Plan to have your (separate) freezer empty during the growing season when you're eating fresh foods from the market. You can shut it off during the warmest months when it works the hardest and uses the most energy.
2. Make lists when you go shopping, especially if the supermarket is far away- replenish your food with as few trips, and therefore as little gas usage, as possible.
3. Take advantage of daylight by using light-colored, loose-weave curtains on your windows.

Army Ten-Miler 2010

ATM Race Date: Oct. 24 in Washington D.C. at the Pentagon.

Registration: Online registration for the 2010 Army Ten-Miler opens April 1 and is limited to 30,000 runners. The 2009 race sold out in six days— a similar pace is expected for the 2010 race.

Installation Teams: Team captains can purchase up to eight pre-paid entries when they register their team name online. Team captains can register up to four teams.

Pre-Paid Entries: Deadline to register pre-paid entries is Sept. 3. The team captain is responsible for the pre-paid referral code and should treat it like a credit card number. Once a pre-paid entry is used, it is gone. A runner can be dropped from the installation team but not from the race unless his/her registration is transferred to another person.

Pasta Dinner: Tickets are only available online. Last year the dinner sold out in less than 15 days. Although there is increased seating capacity this year, the dinner is expected to sell out again within 15-20 days.

Transfer Program: The ATM has a no refund policy. However, registered runners can transfer their entry to another person beginning May 1.

Soldier Lottery: The ATM will conduct a Soldier Lottery in June for 500 race entries. Registration does not guarantee entry - this is a lottery.

Race Information: Complete race information is at www.armytenmiler.com

ATM Registration Point of Contact: Earl McKnight 202-685-2035 (DSN 325) or e-mail earl.mcknight@jfhqncr.northcom.mil

Bamberg PSC
 Do you live within the USAG BAMBERG FOOTPRINT?
 Installation Management Command
 USAG Bamberg
 Do you want to know when you have a package at "YOUR-PSC"?

If you have e-mail you can be in the know.

Stop by "YOUR-PSC" and sign up for E-Mail Notification.

**Bamberg School Age Services
 Spring Fling Adventures
 Spring Break April 12-16**

Hours of Operation

- Monday - Friday 5:45 a.m. to 5:45 p.m.
- Weekly Rate based on DOD Fee Category for children not currently enrolled in Before / After School Care.
- Hourly Care offered on a limited basis.
- 20 percent AFC Deployment Discount for eligible children

Activities includes Sports and Fitness Activities, Nature Activities, Biking, Skating, Crafts, Science Projects, Spring Activities, technology projects and Field Trip and Month of Military Child and Youth Activities.

For more information or to reserve a space, please call 469-8698.

M I L I T A R Y Y O U T H

Everyday Heroes in your Community



APRIL IS MONTH OF THE MILITARY CHILD

The Army is committed to Military Youth. **ARMY FAMILY COVENANT:** Keeping the Promise

www.ARMYOneSource.com