



WARNER WEEKLY

News & Information at Your Fingertips



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Thursday Feb. 3, 2011

Mapping your Embedded data in photos could tip off criminals

By Mindy Campbell, USAG Bamberg Public Affairs

BAMBERG, Germany -- When a Schweinfurt field artillery officer deployed to Iraq a year ago, he uploaded some photos and videos to several different social media sites.

In one instance, the videos and photos showed the officer preparing for a mission where his unit was transporting thousands of Iraqi dinar, which is the country's currency.

For many people, posting a photo of one's daily activities may seem like a pretty common thing to do in the world of Facebook, Flickr and with the use of smart phones.

However, not everyone sees it that way, said Tonya Heinbaugh, U.S. Army Garrison Bamberg security officer.

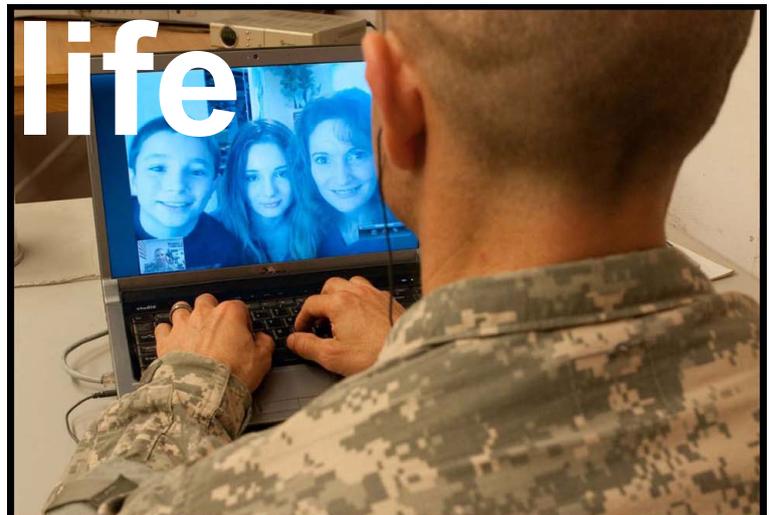
Geotagging

Geotagging is the process of adding geograph-

ical identification to photographs, video, websites and instant messages, said Staff Sgt. Dale Sweetnam, noncommissioned officer in charge of the U.S. Army's Online and Social Media Division, in a recent interview.

"It is the equivalent of adding a 10-digit grid coordinate to everything you post on the Internet," said Sweetnam, who wrote the report "Geotags and Networking."

Little did the Schweinfurt officer know that posting the photos could have given the exact grid coordinates of his mission, easily identifying to



Location-based Social terrorists where his Soldiers and a large amount of money were located, Heinbaugh said.

"If we know this information, then our enemies know this information," she said.

(GEOTAG continued on page 12)

Campaign helps lose weight, feed hungry

By Mindy Campbell, USAG Bamberg Public Affairs

BAMBERG, Germany -- It's time for Warner Barracks to get moving.

That's the message American Red Cross volunteer Christina Gonzalez is hoping to get out to community members with a weight loss program tied to a popular show in America.

Gonzalez recently signed up the American Red Cross Bamberg team to participate in the "Biggest Loser's" Pound for Pound Challenge.

For every pound a participant loses from now until May 31, the Pound for Pound Challenge will donate to Feeding America 11 cents, which is enough money to buy one pound of groceries on behalf of a local food bank. Feeding America is national charity that has a network of more than 200 food banks nationwide. They distribute more than 2.5 billion pounds of food and groceries annually.

"We are hoping to get as many people to join our team as possible," said Gonzalez, a self-avowed "Biggest Loser" fan.

Gonzalez said she many community members and units have expressed interest in joining the team, including the Warrior Transition Unit.

Hunger is not just a problem in foreign countries. In fact, one in six Americans struggle with hunger issues, according to the Pound for Pound Challenge website. In 2009, more than 50 million Americans lived in food insecure homes, meaning

they did not have access to healthy food at all times.

"(The American Red Cross) is always asking for donations to help feed people in other countries like Haiti," said Gonzalez. "It is time to give back to our own people."

Because Bamberg is located outside of the U.S., Gonzalez said the community's money will benefit the state of Mississippi. When registering the ARC Bamberg team, Gonzalez chose Mississippi, one of the poorest states in the nation. They also only have one food bank in the state, she said.

According to a U.S. Department of Agriculture 2009 report, Mississippi has one of the highest rates of food insecurity in the nation.

The program benefits everyone, Gonzalez said. By participating, community members will have an incentive to begin an exercise program while the food banks and those in need will benefit from the donations.

"If you have a heart to help someone else, this will motivate you to get out there and get moving," she said.

For more information about the Pound for Pound Challenge, log on to www.pfpchallenge.com. To register for the American Red Cross Bamberg team, click on "Teams" and search ARC Bamberg and sign up.

If you have any questions regarding the team, contact Christina Gonzalez at wgonzalez001@yahoo.com.



Army to test new fitness program in Europe

By Troy Darr,
IMCOM Europe Public Affairs Office

HEIDELBERG, Germany -- U.S. Soldiers in Europe will test a pilot program developed to heighten the strength, power, speed and agility they require to carry out their mission in today's modern combat environment.

U.S. Army Europe and Installation Management Command Europe will team up to conduct the Mission Essential Fitness pilot program from Feb. 13 to June 1 in Bamberg and Schweinfurt and in Vicenza, Italy. The initiative ties to the Comprehensive Soldier Fitness program's physical pillar.

Four 173rd Airborne Brigade Combat Team units will receive train-the-trainer sessions in February lead by the developer of the program, Doug Briggs, Fort Bliss director of Human Performance. Briggs developed the program for 1st Armored Division Soldiers at Fort Bliss, Texas.

"Dr. Briggs presented and demonstrated the program to IMCOM Europe at an Installation Physical Activities Coordinators meeting last year. Command Sgt. Maj. (Tracey) Anbiya attended the meeting and participated in the hands-on session," said Dan Gasparino, IMCOM Europe Recreation Program manager. "She was impressed and thought it would be an asset to Soldiers that deploy."

Soldiers must be both aerobically and anaerobically fit to meet the demands of combat in order to defeat the enemy, according to Gasparino.

"Old-style physical fitness training and many modern variations do not address this demand due to limitations in the time required to achieve a cardiovascular workout," he said. "By training Soldiers in the same fashion as professional athletes, the MEF program offers the same training methodology to develop the tactical



athlete for mission related duties. The program will establish a new training protocol that will address the issue of Soldier fitness, both individually and in a group setting."

While teaching the Soldiers how to train each other in proper form and technique, the Army is developing a cadre of unit fitness trainers to effectively execute this program. Concepts from both the new Army Physical Readiness Training Manual and the National Strength and Conditioning Association are used in conducting this program.

"These proven methods allow the Soldiers to build on their knowledge base and take the information with them when they deploy," said Gasparino.

"By doing the training in-house, using U.S. Army personnel, we ensure that what is being taught is correct, current, and repeatable," said

(FIT continued on page 9)

Stellar Award winner 'James Fortune & FIYA' take gospel to troops

By Tim Hipps,
FMWRC Public Affairs

ALEXANDRIA, Va. -- Three-time gospel music Stellar Award winner James Fortune is scheduled to headline Army Entertainment Division's "Lift Up Your Spirit II" tour for troops in Korea and Germany with his band, "James Fortune & FIYA."

"For me, it's just going to be amazing," said Fortune, who was honored Jan. 15 with 2011 Stellar Awards for Contemporary Male Vocalist of the Year, Group Duo of the Year and Contemporary CD of the Year for "Encore," released Jan. 26, 2010.

"It's the first time that I've been overseas to minister," Fortune said. "We see their sacrifice and hard work, but to be over there and be able to see them praising God and having a good time is going to mean a lot to me."

Fortune & FIYA, the female gospel group RiZen, and hip gospel performer Canton Jones will perform free shows at U.S. Army garrisons Feb. 9 in Hohenfels, Feb. 10 in Ansbach, Feb. 11 in Baumholder and Feb. 12 in Wiesbaden.

The gospel groups will be joined on stage in Germany by Sgt. Calvin Snead, a performer from the 2010 U.S. Army Soldier Show. The tour will resume Feb. 17-22 at Camps Walker, Casey and Humphreys and

Yongsan Garrison, Korea.

Fortune said he hopes to deliver a "ministry of encouragement so they know how much we appreciate them, to lift their spirits, and to just really minister" to the Soldiers and their Families.

"I've actually toured with RiZen before, and Canton and I have done quite a few shows together," Fortune said. "He is high-energy, anointed, just really gets the place rocking when he's on stage."

Canton "CJ" Jones has a Grammy nod, a Stellar Award nomination, three Gospel Choice Awards and four CDs in his portfolio. He has sold hundreds of thousands of albums and has several songs in regular rotation in the U.S. and abroad, including "Love Song," "Stay Saved" and "The Password."

Jones has shared the stage with hip hop heavyweights T.I., David Banner and Ludacris; established performers John Legend, Kirk Franklin and Patti LaBelle; and gospel powerhouses Smokie Norful, Dr. Bobby Jones and Kierra "Kiki" Sheard.

RiZen, a Stellar Award winning duo featuring sisters Adriann and Aundrea Lewis, was originally formed in 1995 as an eight-member praise

(GOSPEL continued on page 9)



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Bamberg, Commander

USAG Bamberg, Public Affairs Officer
Renate Bohlen

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Army recognizes Families of Fallen with special vehicle decal

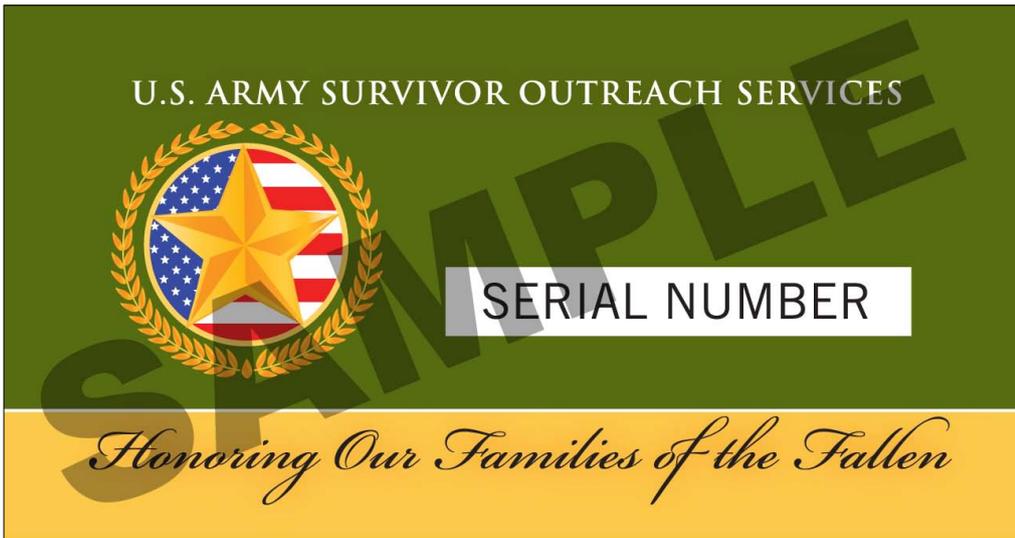
By William Bradner, FMWRC Public Affairs

ALEXANDRIA, Va. -- During a Survivor Outreach Services working group meeting last year, several participants expressed difficulty in gaining access to military installations to take part in SOS programs and support services. Survivors, including parents of Fallen Soldiers, do not always have a DOD identification card, and are frequently required to obtain a visitor or temporary vehicle pass to enter garrisons.

Soon survivors will be able apply for a Survivor Decal—much like the standard installation access decal—for their vehicle, greatly improving their ability to access the programs designed to support them.

“My intent is to implement access control procedures making it easier for survivors to enter Army garrisons,” said Lt. Gen. Rick D. Lynch, commander of the Army Installation Management Command and Assistant Chief of Staff for Installation Management.

“I want all security personnel manning our entrance gates to recognize these very special Army Families and welcome them with special respect for their sacrifice and service,” he continued.



Courtesy Illustration

Several participants of a Survivor Outreach Services working group expressed difficulty with gaining access to military installations. Survivors do not always have a Department of Defense identification card and are frequently required to obtain a visitor or temporary vehicle pass to enter garrisons. Installation Management Command Protection Services Division, along with the Family and Morale, Welfare and Recreation Command created the decal.

IMCOM Protection Services Division, along with the Family and Morale, Welfare and Recreation Command SOS and Marketing Offices, created the decal and application, usage and implementation guidance for Army garrisons.

According to Maj. Gen. Rueben Jones, FMWRC commanding general, this new initiative underscores the Army's commitment to provide

(DECAL continued on page 8)

Generation to Generation



Photo by Spc. Kevin Alex, 16th Sustainment Brigade Public Affairs

1st Lt. Edward Castro, the 16th Special Troops Battalion surgeon, places a solitary red rose during the 16th Sustainment Brigade dining-in ceremony at the Warner Club Jan. 20 on Warner Barracks in Bamberg, Germany. The rose represents the blood shed in sacrifice to ensure freedom. The military dining-in ceremony is a long standing tradition meant to build esprit de corps within a military unit.

PARENT EDUCATION CLASSES

at Child, Youth and School Services

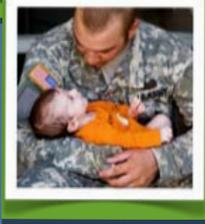


PAC Meetings

Location: Parent Central **Time:** Noon
Feb. 16

Topics: Parent and child communication
Question and Answers

This is your time to state your concerns or issues with CYSS programs—all program managers will be in attendance.



Light refreshments provided.

Keep informed about all CYS Services Programs
Receive a 10 % discount from your monthly bill.

Community Announcements

Please send all announcements to Bamberg Public Affairs via the following website:

<http://www.bamberg.army.mil/mobilform.asp>.

SKIES is now enrolling

Check out Webtrac to see the newest SKIES Unlimited classes that are currently taking enrollments: Taekwondo, ballet, fine arts, kinder German and tutoring. Need more information? Contact Archie at 0951-300-7452.

Volunteers, Issues Needed for AFAP

U.S. Army Garrison Bamberg officials are seeking volunteers and soliciting input from community members for the 2011 Army Family Action Plan conference Feb. 22-24 at the Warner Conference Center. AFAP is a grass-roots effort that allows community members to identify and elevate quality-of-life issues to senior Army leadership. Issues addressed at AFAP conference can be either local issues or Army-wide policy changes. Child care is provided for conference volunteers. For more information, contact Vanessa Holland at 0951-300-7777 or 0951-300-7594.

Tax Center

The Bamberg Tax Center opened Feb. 1. The Tax Center is located in Building 7000 on the fourth floor. Appointments and walk-ins are available. Operating hours are Monday – Friday from 9 - 11:30 a.m. and 1 - 3:30 p.m. Saturdays during the month of February the office will be open for appointments only from 9 a.m. - noon. For more information, call 0951-300-8261/8262.

Newcomer's Class

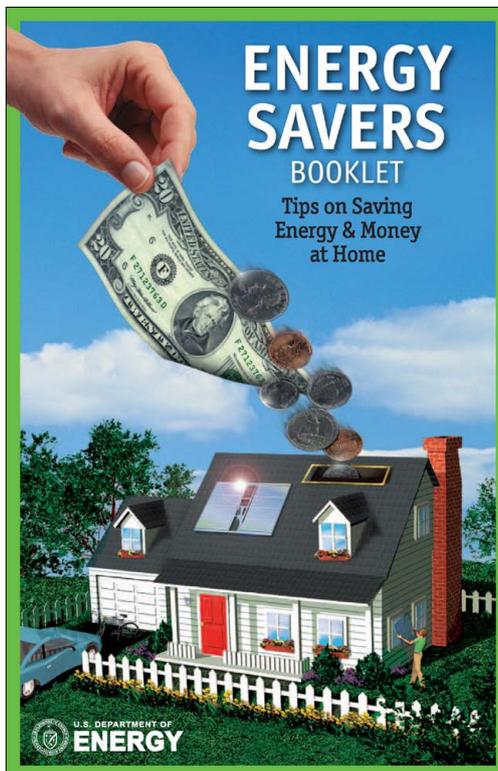
People Encouraging People, or PEP, is a five-day orientation course for newly arrived spouses and family members. The course covers German language and culture, customs, courtesies, food and a walking tour of Bamberg's historic downtown. PEP classes are scheduled for Feb. 7-11, March 14-18 and April 11-15. Call 0951-300-7777 to reserve a spot.

Chili Cook Off

Do you want to see if your chili ranks supreme? Give it a shot at the 3rd Annual U.S. Army Garrison Bamberg Chili Cook Off at the Community Activity Center Feb. 23 at noon. Prizes will be awarded to the winners. Sign up by Feb. 18 at the CAC. For more information, call 0951-300-8659.

Deployment Yearbook

Order your 173rd Brigade Support Battalion com-



memorative deployment book for Operation Enduring Freedom X by Feb. 20. All orders are handled online and can be shipped to any U.S. address. Visit <http://military.entourageyearbooks.com>, enter '173D BSB' in the search window and place your order. The link is also available on the BSB Facebook homepage. For more information, e-mail michelle.m.amos@gmail.com.

Mardi Gras

Get ready for the U.S. Army Garrison Bamberg's Carnival and join the Mardi Gras parade starting at Memorial Park Feb. 25 at 4 p.m. All community groups are invited to be a part of the parade and have a chance to win prizes for their floats. The parade will end at Birchview Lanes Bowling Center where a costume party will be held. The party kicks off at 5 p.m. with lots of family-friendly carnival entertainment, including a best costume contest, entertainment and food. Children's activities will be from 5-7 p.m. and kids movies will be played from 7-10 p.m. Please come in costume. Admission is free. If you want to be part of the celebration with a skit or any other performance, call Brad Cline at 0951-300-8659 or contact

him by e-mail at Bradley.cline@eur.army.mil or contact Juergen Hagemann at 0951-300-7885.

Parent's Night Out

Enjoy a couple's night out to dinner or a movie by enrolling your children into the next Parent's Night Out. The next Parent's Night Out is scheduled for March 4 from 6:30-9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up.

Bazaar Volunteers

The Bamberg Spouses and Civilian's Club is looking for volunteers for the 2011 Bazaar with Heart, which brings furniture, antique and food vendors to the Bamberg community and is supported by Family and Morale, Welfare and Recreation. The event will be at the Freedom Fitness Facility from April 15-17. If interested in volunteering, e-mail bazaar.volunteer@yahoo.com. For regular updates on the upcoming Bazaar with Heart check the MWR Bamberg website and Flickr website or e-mail BambergBazaarwithHeart2011@yahoo.com.

AWAG Conference

Registration for the annual AWAG Conference this year will start on Feb. 4 and will run through to March 25. Register by going to the AWAG website www.awagonline.org. The conference is scheduled for May 15-19. This will give you a link to the Edelweiss Hotel and Resort where you can register yourselves, as a group, as a unit or as a club. A tentative list of classes will be available on or about Feb. 21, which should give you some idea of what will be offered this year. Online registration for classes will run from April 27-29. Single supplement at the hotel will be about \$53. AWAG is looking for Conference Assistants for this year's 55th Anniversary celebration in May. If you feel you have the energy, enthusiasm and a sense of humor, please go to the AWAG website to fill out the CA application. Conference CA's are necessary for the smooth running of the entire event and we could not do without them. If you would like to join the CA team, fill out an application.

Weekly Reminders

DFAC Feedback

Dining Facility council meetings are at 2 p.m. at Nieves Webb every last Thursday of the last month of each quarter. The remaining meetings are scheduled to take place March 31, June 30 and Sept. 29. For more information, call 0951-300-7130.

Scrapbooking Events

Get your groove on Feb. 4 from 6 p.m. to midnight with various techniques that you can use on your Valentine scrapbook page to remember those special moments. We will be learning how to use "Core'dinations" cardstock through dry embossing and sanding techniques. The scrapbooking is at 173rd Brigade Support Battalion Family Readiness Group Center across from Ray's Diner. The cost is \$15. All crops include dinner, hourly door prizes and a free instructional class. Childcare is available at the FRG center play room with childcare providers at a cost of \$2 per hour per child. Reservations for childcare must be made in advance as space is limited. For more information, call 0951-300-7308 or wendy.sledd@us.army.mil.

MWR Guide

Bamberg's Family and Morale, Welfare and Recreation Guide for the month of February is now online at <http://issuu.com/BambergMWR/docs/brochure>.

Sweet Dreams Project

As part of U.S. Army Garrison Bamberg's Child



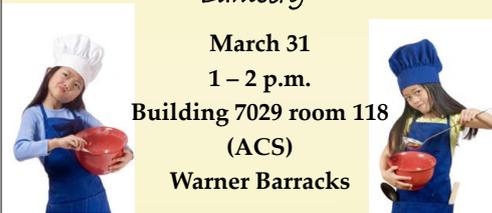
Food Handlers Classes

Bamberg

March 31
1 - 2 p.m.

Building 7029 room 118
(ACS)

Warner Barracks



Food handlers certification is a requirement if you are serving any prepared foods to the public. Classes are being held in Bamberg on the above dates. Space is limited to 30 people per class.

For any question about this class, please contact:

CPL BORTON (COLE.BORTON@AMEDD.ARMY.MIL)
09662-83-2041/2138




Hunting- Class

Feb. 14, 6 p.m. Golf Course Conference Room
Information Evening (Prerequisite to do the actual class)

Feb. 17 - "Spring Hunting Course 2011"
60 hours theory training, various range trainings

Contact DSN 354-7041 or (09721) 96 7041
ODR Bamberg: 469-9376 • ODR Schweinfurt DSN 354-8080



European Armed Forces Garrison
Combatives Championship
Feb. 24-26, USAG Bamberg Freedom Fitness Facility
Sign up by Feb. 18 by contacting FFF at DSN 469-8890/9086 or (0951) 300 8890/9086.
Awards for the top 3 winners in each weight class
Email: Ernest.Johnson@eur.army.mil

Youth and School Services Deployment Support Initiative, community members can send pictures to the School Age Center in a .jpg. format with the location of the recipient and contact information to be made into a pillowcase. The project is for deployed Soldiers or those away from home for training and family members back home. Send e-mail to michelle.mcclelland@eur.army.mil. For more information, call 0951-300-8698.

Library Events

The library hosts weekly events. Every Thursday at 11:30 a.m. is storytelling. This is available for children ages 3-5 years old. There's also a Gamers' Challenge that meet every Saturday at 5 p.m.

Instructor's Course

People interested in becoming a Health and Safety Instructor for the American Red Cross should call 0951-300-1760 or e-mail RedCross.Bamberg@eur.army.mil.

Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. The U.S. Army Garrison Bamberg coordinator Norbert Roth can be contacted at 0951-300-8001 or norbert.e.roth@us.army.mil.

AWANA

Come join AWANA, the weekly children's Bible Club on Sundays from 3:30-5:30 p.m. at the high school gym. This free club is for 4-year-olds - 6th grade students. The club runs from September-May. For more information, call the Bamberg Chapel at 0951-300-1570.

Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated

every three years or when the condition changes. For more information about EFMP or about registration, contact Bonnie Kellern, EFMP manger at 0951-300-7777.

Postal Service

U.S. Army Garrison Bamberg has updated its Postal Service Center webpage to include instructions and links to the U.S. Postal Service for filing online postal claims and a new Temporary Mailing Instructions form that customers may use to submit holding or forwarding instructions for their mail online. For more information visit <http://www.bamberg.army.mil/directories/dhr/psc.asp>.

Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke. Other energy and utility providers can also be used, but customers will have to register through the USAG Schweinfurt UTAP. For more information, call the Bamberg tax relief office at 0951-300-1780 or the Schweinfurt tax relief office at 09721-96-1780.

Passport and Immigration Fees

The rates for Consular Reports of Birth Abroad and Passports have increased. The new rates are the following:

Adult Passport Book Renewal: \$110

Adult Passport Book Initial: \$135

Child Passport Book: \$105

Consular Report of Birth Abroad (CRBA): \$100

Visa Pages: \$82

Additional Information on other consular rate increases is available at www.bamberg.army.mil/directories/dhr/passport.asp. Look for the rate increases link, which will be located near the top of the page. If you are the spouse of a deployed Soldier, you can still apply for your child's Consular Report of Birth. You can also apply for your child's passport with the proper paperwork. Failure to do either of these can result in you not leaving Germany on schedule. For more information, stop by the Passport Office located in Building 7290 between 8 a.m. and noon or call 0951-300-8928.

DES/Vehicle Registration Office

Bamberg license plates are available for motorcycles and trailers. Everyone that is due for renewal and still



HIRED!
Spring Term
Feb. 28 - May 27
Explore possible careers, learn how to write your resumé and gain valuable job experience! The HIRED! Job preparation program is open to ages 15-18
Contact HIRED! at (0951) 300 8036



Pet Expo
Feb. 23, 2-4 p.m.
USAG Bamberg Library, Bldg. 7047
Learn about pet health care, receive training information, participate in the animal fashion show and compete in various contests for pets and their owners.
Contact (0951) 300 1740

has the old U.S. Army Europe plates has to change to the new Bamberg plates. To renew plates, customers must bring a new insurance card (not older than 120 days). For more information about vehicle registration, call 0951-300-7580.

Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directories/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

German Classes

Army Community Service, Relocation Readiness Program, offers free German classes every month. Beginner classes are scheduled Tuesdays from 10 a.m. to noon and Wednesday from 6-8 p.m. Intermediate classes are Tuesdays, noon to 2 p.m. and Wednesdays, 2-4 p.m. Advanced classes are Tuesdays, 2-4 p.m. and Wednesdays, 4-6 p.m. Classes are held at the ACS building in classroom 118. For more information, call 0951-300-7777.

Clinic Hours

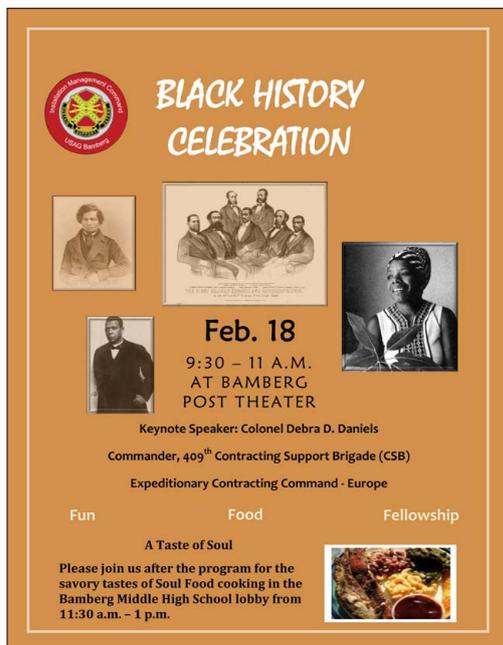
The Bamberg Health Clinic hours of operation are as follows: Monday through Thursday sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Fridays, sick call is from 7 - 8 a.m. and full service from 7:30 a.m. - noon; closed on Friday afternoons for mandatory training, federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with your military care provider.

Volunteers Needed at the Chapel

U.S. Army Garrison Bamberg Community Chapel is looking for volunteers to fill the following volunteer positions: musician for the Protestant service, musician for the Catholic service, Catholic religious education coordinator, Protestant religious education coordinator and Catholic clergy. If interested in volunteering at the chapel, call 0951-300-8879.

Lutheran Worship Service

The U.S. Army Garrison Bamberg Community Chapel now sponsors a liturgical church service every



BLACK HISTORY CELEBRATION

Feb. 18
9:30 – 11 A.M.
AT BAMBERG
POST THEATER

Keynote Speaker: Colonel Debra D. Daniels
Commander, 409th Contracting Support Brigade (CSB)
Expeditionary Contracting Command - Europe

Fun Food Fellowship

A Taste of Soul

Please join us after the program for the savory tastes of Soul Food cooking in the Bamberg Middle High School lobby from 11:30 a.m. – 1 p.m.

first and third Sunday at 9 a.m. in the Bamberg Chapel Family Life Center. All Lutherans or other liturgically-minded people are welcome to attend. For more information about the service call the Community Chapel at 0951-300-8141 or e-mail david.jacob@eur.army.mil.

Chapel Meeting

The Bamberg Protestant Women of the Chapel has weekly meetings on Wednesdays from 9-11:30 a.m. at the Bamberg Chapel. Free childcare is provided. For more information, call 0951-300-1570.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; held weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information, call 0951-300-7777.

Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last week-day of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

Family Strengths and Stresses

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network,

Did you Know?

It can take up to 700 years for plastics to decompose in a landfill.

play group, parenting classes, communication classes, victim advocacy and Anger/Stress Management classes.

Family Advocacy - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 – 3 p.m. for Anger/Stress Management Class.

New Parent - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487.

For information about any of these classes, call 0951-300-7777.

Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

Sports, Health and Fitness

Krav Maga Self-Defense Class

The Freedom Fitness Facility is now offering Krav Maga Self-Defense and a women's self-defense classes. Classes will be held Fridays. The women's class will be held from 5:30-6:30 p.m. The Krav Maga class will be held from 7-8 p.m. Classes are \$10 per lesson or \$40 a month. For more information, stop by the FFF, call 0951-300-9086 or e-mail kravmagaisrael@yahoo.com.

Bowling Lanes

The Birchview Lanes Bowling Center is located in Building 7690, near the Bamberg Elementary School. For more information, updates and events, visit the Family and Morale, Welfare and Recreation website at <http://www.bamberg.army.mil/directories/dfmwr/bc.asp> or call 0951-300-7722.

Continuing Education

Student Aid

Learn what resources are available to help fund your higher education, visit <http://studentaid.ed.gov/PORTALSWebApp/students/english/index.jsp>.

Study Overseas

University of Maryland University College Europe Field study courses provide students with an opportunity to travel and explore Europe while earning university credit. Two upcoming courses are Northern Renaissance Art in Brussels and Paris from March 12-19 and Expatriate Writers in Rome from March 12-19. The registration deadline for both courses is Feb. 20. For more information, e-mail fieldstudies@europe.umuc.edu or call 06221-3780.

University of Phoenix

The University of Phoenix is open Monday through Friday from 8:30 a.m. - 4:30 p.m. It is located at the Warner Barracks Army Education Center, Building 7047, Room 309. Your local field representative can help you start your master's program. Online and on-site courses are available and degrees can be achieved in 15 - 24 months. For more information, call 0951-300-9280 or 0951-208-5350.

Federal Aid

Students are encouraged to explore the many financial aid opportunities available while enrolled in UMUC Europe, including grants, low-interest loans and monthly payment plans. The 2010-2011 Free Application for Federal Student Aid application is now available for students to begin applying for 2010-2011 federal financial aid. Grants may be used along with Veterans Affairs benefits, scholarships, military Tuition Assistance and military spouse tuition assistance. For more information on registration, financial aid and services, contact a local UMUC Europe field representative, call 314-370-6762 or 06221-3780, or visit www.ed.umuc.edu.

Youth and Teens

Youth Sports Sign-ups

Sign-ups are now being held for baseball, softball, T-ball and track and field. Ages for sports include: baseball – 6-15 years old; softball – 10 – 15 years old; Start Smart baseball – 3 – 5 years old; and track and field – 9 – 14 years old. Check out Webtrac or visit Parent Central Services to sign up.

Cub Scouts

There is a Cub Scout Pack here in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webelos (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps to-



USAG Bamberg
Warner Conference Center
www.bamberg.army.mil/mwr

Be My Valentine
Sweet Heart Dinner

Feb. 11

Warner Conference Center, Bldg. 7070
Bar opens at 5:30 p.m., Dining starts 6 p.m.

Served meal will include salad and soup bar, prime rib with grilled shrimps, green beans almandine, roasted potatoes and desert (peach and cherry cobbler). Tickets will be available through units, at the CAC, Birchview Lanes Bowling Center and Outdoor Recreation. A photographer will be available for sweetheart photos (not included in price) as well as roses for all the ladies.

For more details contact Brad Cline at Tel. (0951) 300 8659 or e-mail bradley.cline@eur.army.mil

USAG Bamberg
Better Opportunities for Single Soldiers
Freedom Fitness Facility

BOSS

Brussels Trip
Feb. 18-20, \$369

Departure 1 a.m. at Chapel Parking Lot
Includes: Roundtrip transportation, 2 nights in 3 star Holiday Inn Hotel in Brussels, 2 breakfast buffets, city tour of Brussels, visit to "Koninklijke Museum and Chocolate Museum in Brussels", lunch at the Grand Cafe in Brussels and tour guide services. Valid passport or ID Card and DA Form 31 required for this trip.

Contact (0951) 300 9086, DSN 469-9086 or email: mail.bam.dfmwr.boss@eur.army.mil

ward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlarama, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information about Cub Scouts, call 0162-234-0906 or e-mail michael.mouritsen@eur.army.mil.

Ballet Class

Registration is open for Child, Youth and School Services SKIES Unlimited ballet classes. The program is for ages 3-8. Classes are on Thursdays from 2 - 4:30 p.m. in Building 7669. Check the class brochure for specific times and holidays, e-mail Archie.Johnson1@eur.army.mil or call 0951-300-7452.

Teen Stress

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

Aqua Barons

Meet new people and become a part of the Aqua Barons team. Get into shape and stay in shape by swimming. Earn awesome rewards like trophies, medals,

USAG Bamberg
CIS SW/WR

U.S. Army Child, Youth & School Services

Climbing & Mountain Biking
for 6-12 Graders

Climbing the EDGE! Mountain Biking over the EDGE!

Wed. March 2, 4 p.m. at JFK Multiplex. The program is open for youth in grades 6-12. Program runs Wednesday, March 2 and 16, 4-6 p.m. at the JFK Youth Center climbing wall. Youth must register at Parent Central Services or through MWR Online Services. Programs are free.

Wed. March 9, 4 p.m. at Outdoor Recreation open for youth in grades 6-12. Program runs Wednesday, March 9 and 23, 4-6 p.m. Attendees will learn about mountain biking, bike maintenance and just have some fun riding through the forest. Programs are free.

Contact The EDGE at (0951) 300 7405
Email tony.puskorius@eur.army.mil

ribbons and even a varsity letter. Travel around Europe for swim meets to places like Italy, Spain, Belgium, England and many more. For more information, e-mail bambergaquabarons@yahoo.com.

Youth Lessons

Child, Youth and School Services SKIES Unlimited is offering lessons for tennis, racquetball and dance for youth ages 7-18. For more information about SKIES, e-mail Archie.Johnson1@eur.army.mil or call 0951-300-7452.

Volunteers Needed

The Bamberg Middle High School is seeking volunteers for tutoring students in any subject at the middle and/or high school level. If you would like to help out, call Betty Bullard at 0951-300-8874 or e-mail Betty.bullard@eu.dodea.edu.

Closures / Changes

Bamberg Thrift Shop

The Bamberg Thrift Shop will be closed until Feb. 7 as they prepare to move into a new location. When the store reopens Feb. 8, the Bamberg Thrift Shop will be located in building 7117, where the former Post Office was located and near the BookMark. The store will hold a grand opening ceremony Feb. 16. For more information, call 0951-32408.

Freedom Fitness Facility

The Freedom Fitness Facility will have a change in its operating hours on two days in February. On Feb. 18, it will be open from 8 a.m. - 7 p.m. for the training holiday. On Monday, Feb. 21 it will be open from 8 a.m. - 4 p.m. for President's Day. For more questions, call 0951-300-8890.

Vehicle Registration

Vehicle Registration office will be closed Feb. 21. For further information, call 0951-300-7580.

Dental Clinic

Preparing Soldiers for deployment and reintegration is the primary focus of the Bamberg Dental Clinic until early 2011. These priorities result in diminished access to space-available dental care for family members greater than 18 years of age. Care for children up to and including age 18 and access to orthodontic care should be minimally affected. All beneficiaries will continue to be able to access sick call for treatment of dental emergencies. Family members can receive care from TRICARE's preferred providers. Call TRICARE Dental Program customer service in the U.S. toll free from Germany between 8 p.m. Sunday and 8 p.m. Friday Eastern Standard Time; first dial 0800-225-5288; after the AT&T prompt dial 1-888-418-0466. Or, contact the TRICARE Area Eurasia-Africa Dental Office at 0630-267-6358.

Airport Shuttle

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Com-

USAG Bamberg
Warner Conference Center

Martius Toga Celebration
March 12, 6 p.m.
Warner Conference Center

Come dressed in your Best Toga Costume! Open to the community 18 and over, free admission. Enjoy music, food and fun!

Remember to drink responsibly.

Contact (0951) 300 7596 or DSN 469-7596

munity Service building Monday-Friday at 6:20 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on American and training holidays. For more information about the airport shuttle, call 069-695973816.

Entertainment and Leisure

Super Bowl Party

Come root for your favorite team in the Super Bowl at the Super Bowl XLV Party on Feb. 6 at the Community Activity Center at 10 p.m.. Enjoy food, refreshments and half-time games. For more information, call 0951-300-8659.

Broadway Hit

Don't miss the legendary Broadway hit "Cabaret" by Kander and Ebb at the Stable Theater in March. There are three stories of love and intrigue set in the early 1930's amid Berlin's flamboyant cabaret scene, superimposed against the surging Nazi rise to power. The show contains mature material and sexual themes. Show runs March 10 - 12 and March 17 - 19 at 7:30 p.m., and March 13 and 20 at 5:30 p.m. Tickets are \$9 for adults, \$7 for students and Soldiers E4 and below if reserved in advance. Tickets are \$11 for adults and \$9 for students and Soldiers E4 and below at the door. Ask about group specials. To purchase a ticket in advance or for more information about the musical, call the Stable Theater at 0951-300-8647.

Audition Workshop

Join acting teacher, actress, writer and producer Mona Lee Fultz for her audition workshop March 21 at Bamberg's Stable Theater at 6 p.m.. Sign-up is free but space is limited. Fultz is a working actress whose 35 years of experience includes theater, film and television. She can be seen in many co-starring and supporting roles including stars such as Sandra Bullock and Michael Caine. Fultz runs BriteLite acting studio in Austin, Texas, that teaches film and stage acting, audition techniques, improvisation, TV commercials and workshops. The upcoming cold reading workshop at Bamberg's Stable Theater is simulating audition scenarios by role-playing casting directors, readers and auditioning actors who learn to compete with vitality, create a personal win, stand out at auditions, sell themselves and win callbacks and bookings. For more information about the audition workshop, e-mail jack.austin@eur.army.mil or call 0951-300-8647.

Did you Know?

The Warner Barracks
community recycled more
than 46 tons of paper in
November.

Bamberg Movie Schedule

AAFES Reel Time Theater is closed
Tuesdays and Wednesdays

| | | | |
|-------|---------|--|--------|
| Thur. | Feb. 3 | Harry Potter And The Deathly Hallows (PG-13) | 7 P.M. |
| Fri. | Feb. 4 | Burlesque (PG-13) | 7 P.M. |
| Sat. | Feb. 5 | The Next Three Days (PG-13) | 3 P.M. |
| | | No Strings Attached (R) | 7 P.M. |
| Sun. | Feb. 6 | The Next Three Days (PG-13) | 3 P.M. |
| | | No Strings Attached (R) | 7 P.M. |
| Mon. | Feb. 7 | Burlesque (PG-13) | 7 P.M. |
| Thur. | Feb. 10 | The Next Three Days (PG-13) | 7 P.M. |
| Fri. | Feb. 11 | Love and Other Drugs (R) | 7 P.M. |
| Sat. | Feb. 12 | Tangled (PG) | 3 P.M. |
| | | The Rite (PG-13) | 7 P.M. |
| Sun. | Feb. 13 | Tangled (PG) | 3 P.M. |
| | | The Rite (PG-13) | 7 P.M. |
| Mon. | Feb. 14 | The Rite (PG-13) | 7 P.M. |
| Thur. | Feb. 17 | Love and Other Drugs (R) | 7 P.M. |
| Fri. | Feb. 18 | The Tourist (PG-13) | 7 P.M. |
| Sat. | Feb. 19 | Tron: Legacy (PG) | 3 P.M. |
| | | The Roommate (PG-13) | 7 P.M. |
| Sun. | Feb. 20 | Tron: Legacy (PG) | 3 P.M. |
| | | The Roommate (PG-13) | 7 P.M. |
| Mon. | Feb. 21 | The Tourist (PG-13) | 7 P.M. |
| Thur. | Feb. 24 | Little Fockers (PG-13) | 7 P.M. |
| Fri. | Feb. 25 | Little Fockers (PG-13) | 7 P.M. |
| Sat. | Feb. 26 | Yogi Bear (PG) | 3 P.M. |
| | | Just Go With It | 7 P.M. |
| Sun. | Feb. 27 | Yogi Bear (PG) | 3 P.M. |
| | | Just Go With It | 7 P.M. |
| Mon. | Feb. 28 | Just Go With It | 7 P.M. |

(DECAL continued from Page 3)

ing support services to the survivors of Fallen Soldiers for as long as they need or desire.

“Families of the Fallen deserve our respect, gratitude and the very best support, and services that we can provide,” said Jones.

Each garrison SOS support coordinator or equivalent Army Community Service staff member has the responsibility of working directly with survivors to assist them in the application process, which includes registering with the installation’s vehicle registration system.

Current DOD Physical Access Control policy requires everyone seeking entrance to a military installation to stop at the gate and present government-issued, photo identification. Acceptable forms of identification include a state issued driver’s license or state ID card. Survivors must still follow that policy, but once they have obtained a decal, they will no longer be required to apply for a visitor’s pass each time they enter an installation.

Judy, a survivor who frequently visits a media/game room dedicated to her son in the Fort Sam Houston Family Center, is very grateful that the decals will soon be available.

“I hate having to go through the ‘survivor’ and ‘are you military?’ explanations over and over...” she said. “I reply with ‘My son was in the Army but...’ It brings me to tears every time I have to have that conversation.”

The decal is only valid on Army garrisons.

This is just one of the many ways the Army “will reassure survivors that they are forever members of the Army Family,” Lynch said.

Survivor Outreach Services is an Army-wide program designed to provide dedicated and comprehensive support to survivors of deceased Soldiers. It includes a comprehensive survivor services program designed specifically to meet the needs of our survivor population—with dedicated resources, and a commitment to providing first class service—for as long as the family desires.

For more information about the decals or SOS in general, visit www.MyArmyOneSource.com or the garrison Army Community Services office.



STRENGTHENING OUR MILITARY FAMILIES

Meeting America’s Commitment

Multiple deployments, combat injuries and the challenges of reintegration can have far-reaching effects on not only the troops and their families, but also upon America’s communities. These challenges should be at the forefront of the national discourse.

Correction: Military police upbeat about stopping vehicle abandonment

A story printed in the Jan. 27 edition of the “Warner Weekly” attributed a temporary five-day registration can be issued for vehicles that do not pass inspection to Paragraph 3-7 of the August 2002 U.S. Army Europe Regulation 190-1. AER 190-1 was updated in August 2010. The new regulation allows for a temporary 30-day registration for vehicles that do not pass inspection. During the 30-day period, the vehicle must pass the mechanical inspection. If the vehicle fails the inspection for an immediate safety hazard, it must be registered as nonoperational immediately and stored inside the nonoperational holding area. For more information about nonoperational vehicles, call 0951-300-8549.

Exchanges update 2011 collections, adding coupons to smart phones

DALLAS – A new year brings a fresh start and new ideas, and the Exchange is no different as the Army and Air Force Exchange Service is embarking on building a better benefit with a host of initiatives for the upcoming year.

From what they eat to what's on their feet, Soldiers and Airmen have plenty to look forward to when shopping at the Exchange in 2011.

The popularity of concept shops continues to grow as 42 were opened on Army and Air Force installations in 2010. Based on the success of shops such as Izod, Michael Kors, Lauren Ralph Lauren, Vera Bradley and Pink by Victoria's Secret's, more than 20 additional concept shops are scheduled to open this year, giving military shoppers even more options to exercise their Exchange benefit.

On the health and beauty side, the Exchange plans to continue the expansion of its Beauty Bar concept. Featuring onsite makeup artists and skin care consultants, Beauty Bars include innovative brands of prestige cosmetics to meet the needs of young women ages 18-28 and women with darker skin tones. With 23 locations opened since its 2009 launch, an additional 16 Beauty Bars are coming to Army and Air Force Exchanges in 2011. The men's Grooming Bar, which features shaving and skin care products, will also continue expanding this year after the successful roll out of six locations in 2010.

From the face to the feet, the Exchange is expanding its toning/shape-up shoe category as well. The Exchange added Fila and Reebok last year to bring the total to four brands offered in the category. Nike will be added to the stock assortment in 2011 along with toning flip-flops and sandals. The Exchange is helping shoppers complete their look as it updates and



The Army & Air Force Exchange Service added Fila and Reebok to its toning/shape-up shoe category last year. Nike will be added to the stock assortment in 2011 along with toning flip-flops.

adds new, trendy fashion jewelry. New brands are being added to include popping seasonal colors as well as must haves such as hoop earrings, stretch rings with a variety of bold colors and y-neck necklaces with fringes.

The days of the simple electronics counter are no more as the Exchange's PowerZones continue to evolve. This year will see the introduction and expansion of new products and consumer technologies to include iPads, computer tablets, netbooks, eReaders and their accessories.

Finally, two successful initiatives that help military shoppers save, social media and Price Cuts, will enjoy high visibility in 2011. Shoppers

who follow the Exchange's Facebook page at www.facebook.com/AAFES.BX.PX and those who have opted-in to the Mobile Marketing program by texting "EXCHANGE" to 95613 will continue to receive coupons through those venues.

For 2011, coupons on diapers, toiletries, household cleaning products, paper products and snacks are just a few of the offers coming to users' "walls" and phones.

The Price Cut program offers frequently purchased items offered at a lower price for a limited time. While a majority of these products include health and beauty care, more snacking items and candies will be added in 2011.

(FIT continued from Page 2)

Gasparino. "In essence, we are the quality control."

The Soldiers are trained using suspension ropes and straps, conventional weight lifting apparatus, dumbbells, kettlebells, hoops, tires, bands, sledge hammers, agility ladders and hurdles. The training utilizes items that can be found anywhere and does not require large expenditures of money to purchase pieces of equipment with a large footprint.

"The purpose of the MEF program is to modernize fitness training to offer units an intense multi-station workout that is challenging, fun and improves Soldier and unit health," said Gasparino. "The strength and conditioning training mirrors what would be found at a National Collegiate Athletic Association Division I university."

The results of the pilot will be briefed to IMCOM-Europe and USAREUR senior leaders to determine future implementation plans.

(GOSPEL continued from Page 3)

and worship team at New Galilee Baptist Church in Saginaw, Mich., where their father, Luciose Lewis, serves as pastor. Only the sisters remain, and they signed with Verity Records to release their third CD, entitled "FREE."

Adriann and Aundrea were reared by a preacher who allowed them to listen to all kinds of music. Their early exposure to various musical styles continues to influence their sound. RiZen won Stellar Awards in 2004 for Best New Artist and 2006 for Best Traditional Group/Duo.

"Our mother was a musician, so she listened to all genres of music," Adriann explained. "To this day, I still love R&B artists. Some of my favorites are Tina Turner and Mary J. Blige. However, we grew up Baptist, so that's all we knew when it came to our own singing and recording – and that's where we get our signature sound."

"We grew up with the Gospel Music Workshop of America," Aundra said. "Through our mom, who is a piano teacher and choir director, we were introduced to the music of seasoned traditional gospel artists like Rev. Charles Nicks, Dr. James Cleveland, Albertina Walker, and Dorothy Norwood. However, we do love R&B, jazz and country music."



Courtesy Photo

"Growing up, our parents allowed us to go to concerts, like New Edition and LL Cool J, and we were able to buy albums. We still have our Michael Jackson albums to this day. So even though our musical foundation is the Baptist church, we have a range of influences that occasionally pop up in our music."

Fortune feels fortunate to headline such a talented tour.

"It's going to be a phenomenal show," he said. "I'm really looking forward to it."

Outside the Gate

Weekend events in and around Bamberg Feb. 4-13.

Friday, Feb. 4

- 8 p.m. Bamberg Symphonic Orchestra at Konzert- und Kongresshalle - Joseph-Keilberth-Saal, Müssstraße 1, 96047 Bamberg; tickets are available at bvd Kartenservice 0951-9808220 or <http://www.bvd-ticket.de>
- 8 p.m. Punk-Rock-Night at Tanzpalast, Jurastrasse 30, 96155 Gunzendorf www.gunzendorf-live.de
- 9 p.m. The Basic Beats; Live-Club, Obere Sandstrasse 7, 96049 Bamberg, phone: 0951-53304, email: info@live-club.de, visit: www.live-club.de
- 11 p.m. Life gets better when the beats are fatter - Electro Swing . Funky Breaks; Morph Club, Luitpoldstrasse 17, 96052 Bamberg, visit: www.morphclub.org

Saturday, Feb. 5

- 8 p.m. Classical music concert by the Bamberg University Band and Choir - Joseph-Keilberth-Saal, Müssstraße 1, 96047 Bamberg
- 9 p.m. Franziska Becker & Band; Live-Club, Obere Sandstrasse 7, 96049 Bamberg, phone: 0951-53304, e-mail: info@live-club.de, visit: www.live-club.de
- 9 p.m. gerdband; Jazzclub Bamberg e.V., Obere Sandstrasse 18, 96050 Bamberg
- 10 p.m. DerWanderzirkus: Electro . House; Morph Club, Luitpoldstrasse 17, 96052 Bamberg; visit: www.morphclub.org

Sunday, Feb. 6

- 5 p.m. Chamber concert; Spiegelsaal der Harmonie, Schillerplatz 7, 96047 Bamberg
- 8 p.m. Pete Gavin; Live-Club, Obere Sandstrasse 7, 96049 Bamberg, phone: 0951-53304, e-mail: info@live-club.de, visit: www.live-club.de
- 9 p.m. morphclublive: The Black Atlantic: Folk . Indie; Morph Club, Luitpoldstrasse 17, 96052 Bamberg; visit: www.morphclub.org

Friday, Feb. 11

- 11 a.m. Farmers' Market in Forchheim; Paradeplatz, 91301 Forchheim
- 8 p.m. Scott DuBois Quartet; Jazzclub Bamberg, Obere Sandstrasse 18, 96050 Bamberg
- 10 p.m. DrOsopHila SouNd & special guest; Balkanbeatz; Morph Club, Luitpoldstrasse 17, 96052 Bamberg; visit: www.morphclub.org

Saturday, Feb. 12

- 7 p.m. Keep Swinging Big Band; beneficial concert; Haas-Säle, Obere Sandstrasse 7, 96049 Bamberg, phone: 0951-53304, e-mail: info@haas-saele.de, visit: www.haas-saele.de

- 9 p.m. Danny & The Wonderbras; Rock'n Roll; Live-Club, Obere Sandstrasse 7, 96049 Bamberg, phone: 0951-53304, e-mail: info@live-club.de, visit: www.live-club.de
- 9 p.m. Klaus Knöpfle Blue exercise; Jazzclub Bamberg, Obere Sandstrasse 18, 96050 Bamberg
- 9 p.m. Mr. Irish Bastard; Sound'n Arts Club, Sandstrasse 20, 96049 Bamberg
- 9 p.m. morphclublive: The Phenomenauts (USA); New Wave, Punk, Rock abilly; Morph Club, Luitpoldstrasse 17, 96052 Bamberg; visit: www.morphclub.org
- 10 p.m. Blockrocking Beats; Electro, Fidget, Techno, Breaks; Morph Club, Luitpoldstrasse 17, 96052 Bamberg; visit: www.morphclub.org
- Sunday, Feb. 13
- 10:30 a.m. Fair at the marketplace; Marktplatz, 91320 Ebermannstadt
- 1 p.m. Hochzeitswelt 2011 (wedding fair); Konzert- und Kongresshalle, Mußstrasse 1, 96047 Bamberg, e-mail: info@konzerthalle-bamberg.de, phone: 0911-415570, visit: www.hochzeitswelt-info.de
- 5 p.m. Vocal Appearance; music in the style of the King's Singers; St. Stephanskirche, Stephansplatz 5, 96049 Bamberg, phone: 0951-5193235, free admission, donations welcome
- 9 p.m. Steve Reeves; Live-Club, Obere Sandstrasse 7, 96049 Bamberg, phone: 0951-53304, e-mail: info@live-club.de, visit: www.live-club.de

Special Events/Exhibits:

Until April: Ice skating in Nürnberg; open Wednesday through Sunday from 10 a.m.; Arena Nürnberger Versicherung, Kurt-Leucht-Weg 11, 90471 Nürnberg, phone: 0911-988970, visit: www.arena-nuernberg.de/index.php?id=eislauf; ice skates can be borrowed

Until Feb. 6: Schuhtick (shoe spleen); spanning 40.000 years of shoe history, the exhibit tells about a career simply serving as protection to an ornament for feet; it features VIP shoes (worn by Melanchthon, Marie Antoinette, Sisi, Audrey Hepburn, and Madonna) as well as offering the possibility to try out shoes; open from 10 a.m. daily, closed Mondays; Landesmuseum Mainz, Grosse Bleiche 49 – 51, 55116 Mainz, phone: 06131-28570, e-mail: landesmuseum-mainz@gdke.rlp.de, visit: www.schuhtick-ausstellung.de (in English)

Until Feb. 28: MM – die Ikone Marilyn Monroe; special exhibit about Marilyn Monroe in Frankfurt; 300 artifacts including personal notes, movie scripts, and clothes, shed a little light on the life of Norma Jeane Baker; open daily from 10 a.m. except Mondays, Ikonen-Museum der Stadt Frankfurt, Stiftung Dr. Schmidt-Voigt, Brückenstrasse 3-7, 60594 Frankfurt; phone: 069-21236262, e-mail: info.ikonen-museum@stadt-frankfurt.de, visit: www.ikonenmuseum-frankfurt.de

Trips and Travel Opportunities

Take a trip with Bamberg Outdoor Recreation in February - March

Registration for trips begins the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.



Feb. 5 Learn to Snowboard \$50
Try one of the hottest sports around on a day trip with ODR to a local slope to learn the basics. Trip includes transportation, lift pass, rental and approximately two and a half hours of lessons. Departs from ODR at 9 a.m. and returns at approximately 5 p.m.

Feb. 8 Bad Staffelstein \$30
Relish the natural salt water as you warm your body in the steam baths, pools, or hot tubs. Allow the natural minerals of the water to enhance the beauty of your skin, while relaxing in the invigorating atmosphere. Trip includes transportation and entrance fees. Departs from ODR at 5:30 p.m. and returns at approximately 8:30 p.m.

Feb. 10 Tour Under Bamberg \$20
This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so

please wear appropriate clothing and bring a flashlight. Trip departs from ODR at 5 p.m. and returns at approximately 7:30 p.m.

Feb. 12 Learn to Ski \$50
Glide down the slopes and learn the basics of skiing with us! Trip includes transportation, lift pass, rental and approximately two and a half hours of lessons. Departs from ODR at 9 a.m. and returns at approximately 5 p.m.

Feb. 18-21 Dolomites, Italy, Ski & Snowboard \$325
Partake in the adventure of a lifetime with the opportunity to ski and snowboard at 12 separate ski resorts in the Italian Dolomites. Trip includes transportation, lodging at double occupancy for three nights with breakfast and dinner. The price does not include lift pass. Single rooms are an additional \$60. Sign up by Jan. 18. The bus departs the Chapel parking lot on Feb. 18 at 2 a.m. and returns Feb. 21 at approximately 7 p.m.

March 5-6 Lermoos Ski & Snowboard \$130
Breathtaking panoramic views will captivate you as you traverse the slopes! Although it is best suited toward beginners, Lermoos also offers intermediate, expert and cross-country trails. Trip includes transportation, one-night lodging at double occupancy and breakfast. Price does not include lift pass. Transportation departs from ODR on March 5 at 3 a.m. and returns March 6 at about 9 p.m.

March 10 Tour Under Bamberg \$20
This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Transportation departs from ODR at 5 p.m. and returns about 7:30 p.m.



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

EMPLOYMENT

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary. (2/3/2011)

Assistant Director for the Youth Sports and Fitness Program: Assists director with the operation, integration, coordination and oversight of installation CYS Services Sports and Fitness Program (Team Sports, Individual Sports, Fitness and Health and Nutrition Counseling/Education and Health Promotion/Events). This is a full-time position. Qualifications: requires 12-months of experience working in Sports/Fitness and/or youth Programs equivalent. Must be able to work until early evenings and week-ends. Salary: \$29,899-\$34,881 annual salary. (2/3/2011)

US Army Garrison Bamberg has a non-personal service contractor for journalism services available. Please visit the Contacting Office's website at <http://www.ecc-e.army.mil/bavaria/index.htm>, and click on Bid Board Franconia. The solicitation number is W912PG-11-T-0013. The job announcement closes Feb. 28 at 12 a.m. (1/27/2011)

US Army Garrison Bamberg is looking for a Family Advocacy Program Assistant as a non-personal service contractor. Please visit the Contacting Office's website at <http://www.ecc-e.army.mil>, and go to "Bid Board Franconia". Solicitation number and amendment number is W912PG-11-T-0019 and W912PG-11-T-0019-0001. Job announcement closes Feb. 17 at 6 p.m. (1/20/11)

MEDPROTECT, a wholly owned subsidiary of SAIC is currently seeking a qualified

Global TRICARE Service Center Beneficiary Service Representative for their Bamberg location. Specific responsibilities include processing registration of TRICARE beneficiary within the Composite Health Care System, maintenance of electronic system/paper files and data integrity, verifying eligibility information for remote beneficiaries and providing phone coverage and assistance for walk-in enrollment traffic within the TRICARE Service Center, to name a few. Required education skills include a high school education or GED although a degree is preferred; desired skills include three years cumulative experience in the following areas: two years experience in U.S. military health care delivery system or civilian managed care medical/administrative environment; two years experience in a medical or clinical environment; one year experience with the CHCS or other Civilian Health care Computer System and in processing medical claims. Candidates will need to submit resumes online at www.saic.com. To contact the position recruiter e-mail leo.j.faneuf.iv@saic.com. (12/21/10)

Vendor/stocker position available for night stocking in the Bamberg Commissary. For more information, call Customer Service at 0951-300-7650. (12/8/10)

Daily pet sitting services required for one female French Bulldog, Monday through Friday and possibly occasional weekends when out of town. She is house trained and very good with children/dogs, a true joy to have around. If interested, please contact 1st Lt. Troy Shoemaker at 0151-405-21294 or e-mail at troy.shoemaker@us.army.mil.

AAFES Bamberg is accepting applications for entry-level retail and food service positions. Join our team, log on to www.aafes.com today and be part of our new workforce of tomorrow. For more information, call the Human Resources Office at 0951-303159.

AUTOMOBILES

2010 Red Dodge Avenger still new condition, Automatic, \$15,500 less than 5,000 miles and has been in our possession since August 2009. Only serious inquiries. Christina Gonzalez 0171-777-9328 wgonzalez001@yahoo.com. (1/20/11)

For Sale: Toyota RAV4, 2003. Asking \$9,000. Toyota RAV4 is a 4-cylinder, gold, leather seats, 78,000 miles, regular maintenance, no accidents. E-mail dinie76@hotmail.com for photos. (12/1/10)

For Sale: Red 2002 Dodge Stratus R/T, \$6,000, 4-door, 2.7 liter, V6 automatic transmission, leather seats, 4 disc CD changer, auto-start, alarm, A/C, power seat, rear spoiler, all season tires, alloy 17" rims, new brakes, rotors, and battery, single

owner. Call Liz at 0170-907-9377 for info. (10/25/10)

For Sale: 2008 Toyota Tacoma, Pre-Runner SR-5, VR 6 (236 HP). Less than 15.5K miles. Auto Transmission, Class III hitch, oil cooler, limited slip differential, access cab, upgraded interior (CD, etc), two-wheel drive. Asking \$20,500. Call 0951-300-8901 or 0954-998-8078, or e-mail gibbonstr@hotmail.com.

For Sale: 2007 Harley Davidson Night Rod Special (US Spec). Gloss black, 9,500 miles, excellent condition (garage kept), new tires, new battery, two sets of mirrors, cover included for \$13,000 OBO. For more information or pictures, e-mail abraham.gopfert@yahoo.com or kriddy43@hotmail.com. (10/6/10)

MISCELLANEOUS

The school is in need of a bus driver who is qualified to drive a 40-passenger bus. If interested, please e-mail Dominick.Calabria@eu.dodea.edu. (1/27/11)

Gabi's Doggie Daycare, I have space available only on weekends, holidays and at home care. Daily care is full. Visit www.gabidoggiedaycare.com.

Free to good home. A rabbit with cage and everything that goes with it. If interested, call Steve at 0951-208-5148.

Mariachi Cuatro Caminos band. We are looking for local and newly re-deployed soldiers or family members to enlarge the mariachi band. Will perform for the community military and civilian, no money will be collected from gigs. Must read music and be able to play by ear, new to the mariachi or an instrument and you are willing to learn, no problem, as long as you can walk and chew gum at the same time. For more information, e-mail puomariachi@hotmail.com. (1/3/11)

The Bamberg Hospitality House supports the ministry of the Warner Barracks Chapel by offering additional opportunities for discipleship, Bible study, fellowship (that includes food, often!), weekend activities, etc. Join us Friday nights for 6:30 p.m. dinner and Bible study at our home (Sonnenstrasse 7; 96175 Pettstadt; visit www.cadence.org/huisjen or call 09502-8037). Join us on Sundays at the 11 a.m. for the Protestant service (post chapel).

PCSing? Can't find a new home for your dog? Please don't abandon him/her, call us first. No questions asked. We are a privately funded non-profit dog rescue. Will give your dog solace and placement with a new, loving family. Located in Bamberg and

open from 10 a.m.-10 p.m. Call 0954-532-2881 or e-mail solacedogrescue@yahoo.com. (8/23/10)

FOR SALE

Dual voltage printer. Wireless HP 4385 Photosmart All-in-one, print, copy, and scan. 3 years old, works perfectly. Software, cords, and ink included. \$50 Contact Brittany or Jonathan at 0170-202-7674 or bmroberts0731@live.com. (1/27/11)

220Volt Large freezer, \$250 Jeep jogger stroller- still in great condition. \$50 Low maintenance elliptical- \$20 Lightning McQueen toddler bed with mattress- never used \$60 Kids left-handed golf set - \$80 Large gas BBQ- used once during summer 2010 - \$80 Small gas bbq- free in house small stereo with speakers- \$40. Christina Gonzalez 0171-777-9328 wgonzalez001@yahoo.com. (1/20/11)

Big free standing RCA HDTV on rollers 51 1/2in tall 48 1/2 in wide 120 works great \$200 O.B.O. call 015151679661 or e-mail brikenmar@yahoo.com.

Snails for sale: fresh water snails. \$50 each. E-mail pbbabe24@hotmail.com. (1/20/11)

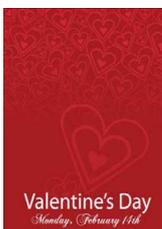
The Bamberg Girl Scouts is accepting donations for a garage sale to be held at a later date. E-mail questions to christypress-ton@yahoo.com.

Weight Bench \$75; Curl Bar \$20; 2 Long Bars \$15 each; 2 Dumbbell Bars \$10 for the set. 4x10 lb plates, 2x5 kg plates, 10x5 lb plates, 4x10 lb plates, 2x10 kg plates, 2x25 lb plates, 2x3 lb plates. All weights are 40 cents per pound and the complete set price can be negotiable. Leg Extender \$50; Computer Desk \$30. Call 0951-300-7044. (11/8/10)

AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please e-mail your submission to the Public Affairs Office at bambergpao@eu.army.mil. We will ONLY accept classified ads by e-mail. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600 or e-mail bambergpao@eu.army.mil.

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(TAG continued from Page1)

The information such as the exact latitude and longitude of where the photo was taken are embedded in different types of media as part of the meta-data that accompanies each file. This information can't be seen by the casual observer. However, this information can be seen with browser plug-ins or software programs to anyone who searches for it, Sweetnam said in his report.

Most digital cameras don't automatically geotag photos, but smart phones - cell phones that have a Global Positioning System - will automatically geotag photos or videos. The only way to not broadcast this information is to manually change the settings.

In addition to geotagging, photos and videos can also be tagged with a location manually in several social media sites such as Facebook, Twitter and Flickr. This can pinpoint a photo's exact location even if it wasn't taken with a smart phone. A recent quick search of "Afghanistan" on Flickr turned up thousands of photos taken by Soldiers.

"Geotagging has been around for a while, so have smart phones and location-based social networking platforms...so the threat has always been there," Sweetnam said. "The Army's Online and Social Media Division started becoming more proactive with its education campaign once the use of smart phones became so prolific."

This information could potentially be damaging to a mission if it got into the wrong hands, said Heinbaugh.

"You think you are anonymous when you post," she said. "When you geotag, you are letting everyone know exactly where you are."

Soldiers that tag their uploaded photos with a location are giving away vital information and they are putting their comrades at risk, Sweetnam said.

"They wouldn't post a sign with sensitive information on their front lawn, so they need to look at the Internet in the same way," he said.

In addition, there are serious implications for not just Soldiers, but family members as well, Heinbaugh said.

If you snap a photo of an expensive item in your home with your smart phone in hopes of selling

that item on a site such as Ebay or Craigslist, you are broadcasting the exact location of your home and that item to within one meter for any criminal to see.

Checking in

Another potentially harmful thing to do is to "check in" on location-based social networking applications. This is where an application allows you to "check in" at various businesses and locations, allowing friends and followers to chart where you are throughout the day.

Facebook's "Places," SCVNGR, Gowalla or Foursquare are some common social media sites to do this. Foursquare alone has more than four million users, the Army report states.

This could potentially be dangerous because it establishes patterns and could identify where someone lives or works, Sweetnam said.

"Social networking applications can allow strangers to track your movements every day," he said. "If you watch someone long enough, they will know exactly when and where to find that person on any given day."

Implications of geotagging

There are national security, operational security and even personal safety concerns with geotagging, Heinbaugh said.

If Soldiers are posting photos of their location or their environment, even if it looks innocent, enemies can find the exact location of those pictures and piece that information together with information they already have, she said.

"If that gets out, you could compromise your mission; lives could be lost," Hainbaugh said.

"Something as simple as loading a photo of a bunk in Afghanistan, then geotagging it, can bring a mortar into your area of operation," the Army report stated.

The Federal Bureau of Investigation's Internet Crime Complain Center, or IC3, has seen a spike in social media complaints during the last 10 years, said Bill Hinerman, IC3 unit chief.

When a person posts information such as a physical location that information can be hacked and lead to identity thefts or financial gains by a criminal, he said.

"When a user puts this type of information on a social media site, especially if the user is not careful with his or her security habits, it can

have the same effect as posting it on an unsecured page of a public website, or in public media such as a telephone directory," Hinerman said. "In other words, they could be publicizing it without anticipating the negative consequences."

Protecting yourself

So what can you do to protect yourself?

The first step in protecting yourself begins with educating yourself about geotagging, Heinbaugh said. Know which social networking websites use geotag features and those that let you opt out of posting that information.

"Knowledge is power," she said. "Knowing risk, you might think twice about posting something."

Once you understand what you're posting, you need to learn how to stop that information from being embedded in the media file, Sweetnam said.

Soldiers, especially those conducting classified missions, should not use location-based social networking services, he said.

"These services will bring the enemy right to the Army's doorstep," Sweetnam said.

One of the simplest ways to avoid displaying too much information is to disable the geotagging function on smart phones.

Disabling the geotag function can be a complicated process at times, said Heinbaugh.

"You have to physically disable the function," she said. "It's easy to geotag, but not so easy to remove the geotag feature."

If you can't figure out how to disable the function, contact your smart phone provider, she said. The website www.icanstalku.com also has instructions for removing the geotag function on several different smart phones models.

For more on the potential dangers of geotagging and location-based social networking, as well as information on a variety of force protection, information assurance and operational security topics, visit the U.S. Army Europe "vigilance" web page at www.hqusareur.army.mil/vigilance. More information is available about social media at <http://www.slideshare.net/usarmysocialmedia>. For more case studies and step-by-step ways to disable geotagging functions from many popular devices, go to www.icanstalku.com.



Recycling Tips

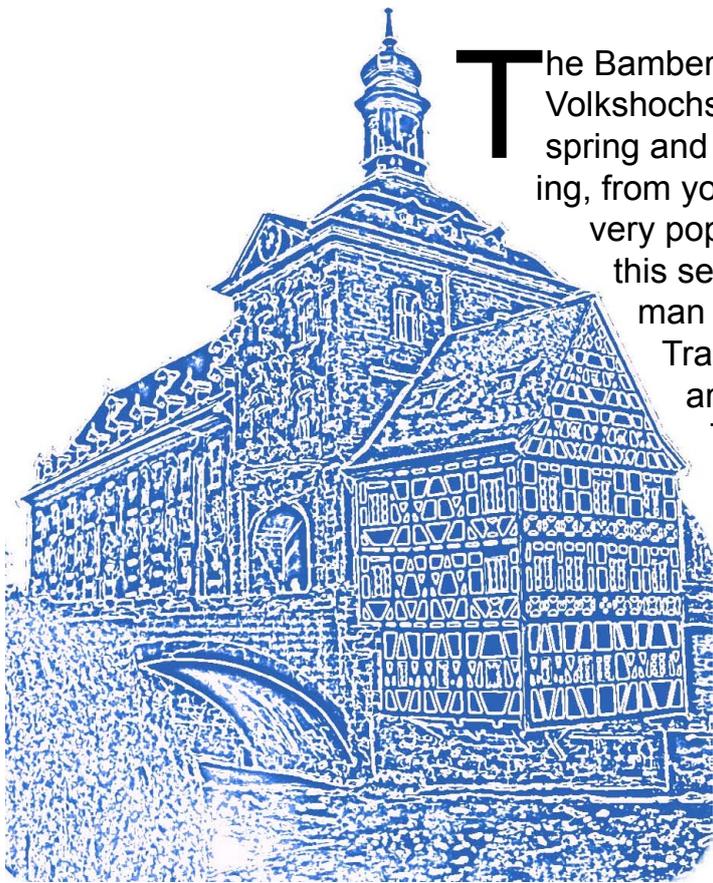
1. Teach kids about the environment.
2. Be creative- find new ways to reduce waste quantity and toxicity.
3. Before buying anything new, ask yourself if you really need it.

Eco-Friendly Tips

Energy-saving Tips

1. Thaw frozen foods slowly in the refrigerator- that way the refrigerator uses less electricity!
2. Clear out your car, extra weight decreases gas mileage.
3. Ask colleagues to turn off lights when they leave.

Classes in Bamberg



The Bamberg Community Recreation and Learning Center or Volkshochschule (VHS) is offering a variety of classes in the spring and in the fall. Classes range from languages to cooking, from yoga to horseback riding. Some of these classes are very popular and fill up on the first sign-up day, which for this semester is Feb. 2. You can sign up via their German website www.vhs-bamberg.de, or at their office at Traenk-gasse 4, 96052 Bamberg. Their opening hours are Mon. 9:30 a.m. to 12:30 p.m. and 2 to 5 pm., Tue., Wed., Thur. 9:30 a.m. to 12:30 p.m. and 2 to 4 pm, Fri. 9:30 a.m. to 12:30 p.m. There are extended opening hours from Feb. 2 – 18: Mon. 9:30 a.m. to 5 p.m., Tue., Wed., Thur. 9:30 a.m. to 12:30 p.m. and 2 to 5 pm, Fri. 9:30 a.m. to 12:30 p.m. Payment is either in cash, or via German bank withdrawal so have you bank information ready if you choose this method of payment. The following is only a small selection of classes. The number in parenthesis is the course number. Please check website for locations.

| Course | Start | Time | Price | Location | Comment |
|---|----------|------------------|--------|------------------------------------|--|
| Yoga (4262) | Feb. 21 | 6:20 – 7:50 p.m. | €49.92 | Altes E-Werk, room U 10 | Classes are always on Mondays |
| Yoga (4291) | Feb. 22 | 6 – 7:30 p.m. | €55.91 | Altes E-Wert, room 207 | Classes are always on Tuesdays |
| Intensive German language class (3013) | Feb. 22 | 6:30 – 8 p.m. | €76.80 | Graf-Stauffenberg-Schule, room 214 | Classes are always on Tuesdays. Additional cost for books: €24.95 |
| German language class for moms (3010) | Feb. 24 | 9 – 11:30 a.m. | €20 | Nuernbergerstrasse 108k | This is a beginners class. Free childcare during class. Classes are on Thursdays. |
| German language class for advanced beginners (3012) | Feb. 24 | 6 – 8 p.m. | €60.48 | Franz-Ludwig-Gymnasium | Classes are always on Thursdays. Additional cost for books: €23 |
| Yoga (4276) | Feb. 24 | 8:30 – 10 a.m. | €58.60 | Altes E-Werk room 101 | Classes are always on Thursdays |
| Moroccan cooking with chocolate (5425) | Feb. 25 | 5 – 9 p.m. | €21.80 | Altes E-Werk, U16 | |
| Cocinamos y conversamos (5422) | Feb. 25 | 6 – 9 p.m. | €39.55 | Altes E-Werk U-17 | Second session on Sat. Feb. 26, 9 a.m. to 4 p.m. |
| Indian cooking class (5430) | March 17 | 6:30 – 9:30 p.m. | €73.40 | Altes E-Werk U17 | Classes are always on Thursdays. Includes €25 for food items |
| Horseback riding (4980) | March 18 | 8 – 9 p.m. | €110 | Poeldorfer Strasse 196 | Classes are always on Fridays. No class on Apr. 22 and 29 |
| Horseback riding (4981) | March 19 | 10 – 11 a.m. | €110 | Poeldorfer Strasse 196 | Classes are always on Saturdays. No class on Apr. 23 and 30 |
| Cooking class for men only (5307) | April 1 | 5:30 – 9:30 p.m. | €29.80 | Altes E-Werk U16 | Includes €15 for food supplies |
| Indian cooking class (5432) | April 1 | 6 – 9:30 p.m. | €34.18 | Altes E-Werk U17 | Second session on Apr. 2, 10 a.m. – 1 p.m. |
| Medieval cooking (5309) | May 4 | 5:30 – 9:30 p.m. | €25.24 | Altes E-Werk U17 | |
| Thai cooking (5440) | May 5 | 6:30 – 9:30 p.m. | €38.72 | Altes E-Werk U17 | Classes are on Tuesdays; additional cost for food supplies: €18 payable on the first evening |
| Vegetarian Indian cooking (5431) | May 5 | 6:30 – 9:30 p.m. | €73.40 | Altes E-Werk U17 | Classes are always on Thursdays. |
| Moroccan cooking class (5426) | May 6 | 5 – 9 p.m. | €21.80 | Altes E-Werk U16 | |
| Indian cooking class (5433) | May 6 | 6 – 9:30 p.m. | €34.18 | Altes E-Werk U17 | Second session on Sat. May 7, 10 a.m. – 1 p.m. |
| Inline Skating class for children/teens (4985) | June 8 | 6 – 7 p.m. | €20 | Rollschuhbahn, Stadion | Bring your own gear; helmet mandatory; classes are on Wednesdays |
| Inline Skating class for children/teens (4986) | June 11 | 2 – 3 p.m. | €20 | Rollschuhbahn, Stadion | Bring your own gear; helmet mandatory; classes are on Saturdays |
| Inline Skating class for adults (4987) | June 11 | 3 – 4 p.m. | €20 | Rollschuhbahn, Stadion | Bring your own gear; helmet mandatory; classes are on Saturdays |

For more classes and information on locations of classes as well as information on refunds please contact the VHS directly at 0951-871108 or visit www.vhs-bamberg.de. Also, please double check dates and times when you sign up.