



# WARNER WEEKLY

News & Information at Your Fingertips

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## Brigade enhances readiness, uses Mobile Training Team

By Staff Sgt. Lynne Lantin,  
16th Sustainment Brigade Public Affairs

BAMBERG, Germany -- Senior leaders and Army civilians from across Germany and from as far as Italy converged Jan. 24-Feb. 4 at the 16th Sustainment Brigade Headquarters here to attend the Support Operations Phase II class.

The course, given by the Army Logistics University out of Fort Lee, Va., prepares officers, senior noncommissioned officers and civilians to organize support functions and manage sustainment operations in a multifunctional or functional organization during peacetime and operational deployments.

Maj. David Jaillite, director of the course, traveled to Bamberg from his home station at Fort Lee to instruct the course.

"We go worldwide," said Jaillite. "We go to Japan; we go all over the United States. We teach active duty, Reserve, National Guard; we take care of everybody."

Students who attended the course learned about key sustainment functions such as supply, maintenance, transportation, combat



Photo by Staff Sgt. Lynne Lantin, 16th Sustainment Brigade, Public Affairs  
Maj. David Jaillite, an instructor from the Army Logistics University at Fort Lee, Va., teaches the Support Operations Phase II class to senior leaders and civilians at the 16th Sustainment Brigade headquarters Feb. 4. The course prepares officers, senior noncommissioned officers and civilians to organize support functions and manage sustainment operations.

health support and field services as well as the associated logistics computer programs for each function in order to estimate requirements and develop support plans. At the conclusion of the course, students briefed a scenario-driven support operations plan encompassing all procedures learned during the class.

The support operations class is designed for your senior level NCOs and officers about logistics functions, said Jaillite. It is everything from ammunition to transportation to maintenance to contracting – all the major functions of a support brigade or a brigade support bat-

(LEADERS continued on page 4)

### Solving issues



Photo By Mindy Campbell

Angie Leone, left, leads a discussion in her group about a Department of Defense Dependents School issue during the Army Family Action Plan conference Feb. 22 at the Warner Conference Center. AFAP is a grassroots effort that allows community members to identify and elevate quality-of-life issues to senior Army leadership.

### Student wins regional art contest

By Mindy Campbell,  
USAG Bamberg Public Affairs

BAMBERG, Germany -- A U.S. Army Garrison Bamberg School Age Center youth was recently recognized for her creativity and computer skills in a regional digital arts technology competition.

Aaliyah Hameed, 9, won her age division in the photo tech category in the European regional Boys & Girls Clubs of America Digital Arts Festival. Aaliyah won the center's local contest and then went on to win the European regional contest. Her photo illustration will now advance to the national competition.

Aaliyah said she was surprised to hear her project won.

"I didn't think I would win because I was competing against so many people," she said.

The photo tech category required the students to submit a photo illustration

with the theme of "space." Aaliyah's photo illustration included multiple images of herself capturing the sun in her hands.

"It was really fun learning how to do more things on the computer," said Aaliyah, who learned to use Adobe Photoshop to create her illustration. "It is just another step forward in learning to do more things on the computer."

Michelle McClelland, SAC director, said Aaliyah's patience and perseverance in learning a new computer program amazed the center's staff.

"Her attention to detail and diligence to get the project done were impressive," McClelland said.

The Digital Arts Festival is part of Club Tech, a program that is designed to increase the children's level of digital literacy and improve workforce readiness, a Boys & Girls Club press release said. Through Club Tech, members are intro-

(STUDENT continued on page 11)

Please read a public health notification on Page 2 of the Warner Weekly. Click here

# Diseases preventable through condoms use, knowing partner

## Free condoms available at all Army health clinics in Bavaria

By Jennifer Walsh Cary,  
BMEDDAC Public Affairs

VILSECK, Germany -- Chlamydia, gonorrhea, herpes and human papilloma virus, or HPV. All four are sexually transmitted diseases that have a steady presence in the Bavarian footprint. Not to be forgotten, syphilis and human immunodeficiency virus, or HIV, are also making an appearance.

"One of the most prevalent STDs is chlamydia because individuals can have it and not show any symptoms until there are complications later," said Maj. Rena Trumbull, Grafenwoehr Health Clinic public health nurse. "The next common STD is gonorrhea."

With STDs plaguing the dating scene like landmines on the battlefield, Trumbull said it's time for people to start making smart choices instead of making themselves vulnerable.

"STDs are opportunistic," she said. "Unprotected sex, even skin-to-skin contact depending on what type of STD it is...anyone can be exposed if they don't practice safer sex procedures."

One means of protection – and arguably the easiest – is to use condoms.

"We offer free condoms. You can go to our pharmacy and get them," Trumbull said. "Not having the money to buy them is not a good excuse since they're available for free at all of our clinics."

If you exhibit any of the following symptoms, contact your local public health nurse or health care provider to have it checked out.

### Men:

A drip or discharge from your penis.

### Women:

An unusual discharge or smell from your vagina.

Pain in your pelvic area.

Burning or itching around your vagina.

Bleeding from your vagina that is not your regular period.

Pain deep inside your vagina when you have sex.

### Men and Women:

Sores, bumps or blisters near your sex organs, rectum or mouth.

Burning and pain when you urinate or have a bowel movement.

Need to urinate often.

Itching around your sex organs.

A swelling or redness in your throat.

Flu-like feelings with fever, chills and aches.

Swelling in your groin.

In addition to condoms, she said one of the best means of protection is to know your partner.

"Talk to your partner. Before you start having unprotected sex, both parties should get tested and treated if needed," Trumbull said. "Explain to your partner that it's important because you don't want to harm your partner and you know they don't want to harm you."

As for those singles who are out to have a good time, she said to keep a few things in mind. For example, alcohol can play a huge role in leading to unprotected sex, which may lead to an STD. Also, the red light district is not as controlled as you may think.

"I know people think because prostitution is legal in Germany that the prostitutes must get tested," Trumbull said. "But that's not the case."

In the event someone thinks they may have an STD, they should get it checked by a health care provider as soon as possible.

"They shouldn't ignore it because untreated STDs can cause a host of complications to the body," she said. "If you ignore it, you're in for a whole lot of hurt later down the road."

She said it's also worth mentioning that some STDs are not curable and even more of a reason to use protection.

"Bacterial infections like chlamydia, gonorrhea and syphilis can be treated with antibiotics and cured," Trumbull said. "But viruses like HIV are not curable. We can treat the symptoms or complications, but we can't cure it."

## Recurrent TB symptoms prompt public health notifications

A recurrence of tuberculosis symptoms affecting a military family member has prompted Army health clinic commanders in Stuttgart and Bamberg to issue a public health notification to their respective communities.

The high school-aged family member – who cannot be identified due to U.S. and host nation privacy laws – had contacts in both communities. The teen was diagnosed in September 2009 with active tuberculosis and treated. The youth responded well and was not showing signs of tuberculosis. In mid-February, symptoms recurred. The teen is presently hospitalized.

"Notifications were issued to inform community members and to dispel rumors that tend to generate undue alarm," said Col. Evelyn Barraza, preventive medicine consultant for the Europe Regional Medical Command.

Maj. Joseph Woodring, Bavaria Medical Department Activity preventive medicine officer, said the chance of the illness spreading to others is minimal. He said a U.S. Centers for Disease Control and Prevention [fact sheet](#) points out that people with TB are most likely to spread germs to people they spend time with every day, such as family members or coworkers. Preventive medicine specialists in Bavaria

and Stuttgart are contacting people who may have had recent direct contact with the family member and are evaluating the situation in accordance with the required medical protocol.

Medical authorities note that it takes some time for the body to show whether or not it has been exposed to active tuberculosis. Screenings of potentially exposed individuals requires initial testing as well as follow up testing eight to ten weeks later to determine if a person has truly been exposed and may need treatment. Health officials are working closely with communities to ensure timely identification of and follow-up with individuals who may have been exposed.



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# Maintaining healthy relationships worth hard work, effort

By Lt. Col. Scott Weichl,  
Chaplain U.S. Army Public Health  
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Anyone in a romantic relationship (yes, that includes those of you who are married) knows that creating and maintaining a healthy relationship takes hard work. In the military, such factors as long hours at work and deployments and separations can take their toll on a relationship.

Often, when service members return home after an absence, they discover that some roles have changed. Feelings of anger, isolation, betrayal and fear may be experienced by many people in these circumstances. A variety of stressors can challenge even the best relationships.

So, what can you do to improve and keep your relationship healthy?

Good habits like physical exercise and healthy nutrition keep our bodies and minds strong. So it is with healthy relationships! To improve and maintain a healthy relationship start practicing these three good habits:

First, work on improving your communication. You can begin now, and reap the benefits immediately by using these techniques:

- Active listening—Really listen to what your partner is saying when he or she is talking. Eliminate distractions such as television, an iPod or video games! Tune in to your partner's words and hear what is being said behind the words. Benefit: Your partner will feel valued and important.
- Reflection—When your partner finishes speaking, repeat what your partner said, so he or she knows you are listening. This practice ensures you really understand what is being communicated. Your partner then has a chance to clarify if you didn't quite understand. Benefit: Your



partner will know you really want to know what he or she is trying to say.

- Effective expression of emotions—If you are upset and feeling angry, slamming doors and shouting will not address the issue. If you are really out of control, take a timeout—go for a walk, or leave the situation — but not before telling your partner you want to talk about your feelings after you've had time to cool off. Benefit: You and your partner will exercise control over the situation rather than allowing the situation to control you.

Second, be thankful and appreciative. Take time to think about why your relationship is important to you, and the many benefits reaped from sharing life with your partner. Telling your partner that he or she is important can shift the emotional energy from conflict to contentment. Rather than being fixated on what is wrong, focus on the positive aspects of your relationship. Many times this reflection helps to put the issue in perspective.

Third, have FUN! Remember when you were a teenager and dating? You might not be teenagers anymore, but re-dating your partner can jump-start a stalled relationship and steer you from a rocky, difficult time. Consider going to a movie together, trying a new activity such as bicycling or a pottery class or just taking a walk together.

Building and maintaining healthy relationships is hard work, but putting forth the effort can improve your mental and physical health. Arguments often cause blood pressure increases, hasty, impulsive decisions, a bad mood for the rest of the day, etc. Healthy relationships don't happen overnight, but making little changes in your behavior and thoughts can result in improved happiness and better overall health.

Visit After Deployment, a military site for help with a variety of life issues including program and information sheets for improving relationships at [www.afterdeployment.org](http://www.afterdeployment.org).

## New e-mail address, more inbox space coming soon

By Kristopher Joseph,  
5th Signal Command Public Affairs Office

WIESBADEN, Germany -- The Army is moving toward the "final frontier" by introducing the Department of Defense's global e-mail system called Enterprise Email, changing all e-mail addresses to "@mail.mil" and more.

The Army's 5th Signal Command (Theater), headquartered on Wiesbaden Army Airfield, will oversee the Enterprise Email transition starting this spring for all "@eur.army.mil" users, unclassified and classified, in U.S. Army Europe, U.S. Army Africa, European Command and African Command.

This move will bring the following improvements and perks to overall e-mail experience:

- The Global Address List (GAL) will be expanded to include all Department of Defense forces.
- All DOD users of Enterprise Email will be able to locate anyone in any branch of the

military directly from their Microsoft Exchange address book.

- E-mail storage will increase to 40 times current capacity.
- Everyone is assigned a new e-mail address that will stay with them wherever they go, to include change of duty station and unit relocations.
- Anytime, anywhere access from any authorized, Common Access Card – enabled computer.
- Sharing of individual, organizational and resource calendars across the enterprise.

Enterprise Email is one part of a the Army Chief of Staff's Global Network Enterprise Construct that aims to transform and consolidate LandWarNet computer services, networks and data into one secure and well-organized environment.

"Enterprise Email will be a seamless transition

for our users here in Europe," said Brig. Gen. Jeffrey G. Smith Jr., commander, 5th Signal Command. "This initiative is a big step forward as we continue to transform and improve communications for our warfighters and valued regional customers."

Enterprise Email will save \$100 million a year as a result of the switch said Neil Guillebeau, a spokesman for 7th Signal Command (Theater).

For more information and updated "Questions and Answers" about the new e-mail system visit <https://www.us.army.mil/suite/page/549405>.



## Outdoor recreation offers Underground Tour of Bamberg

Story and photos by Sina Kingsbury

The Bamberg underground passageways were more than just seven miles of tunnels, it was once the city's livelihood.

More than a thousand years ago, the city of Bamberg was very poor. City leaders suggested their citizens that they begin digging out the sandstone beneath the city in order to maintain a better way of life.

This grainy rock was not only used to create buildings, sculptures and bricks but it was

also used as a cleaning agent before detergents were invented. Sandstone became important for the city's growth and securing its future.

The unregulated digging resulted in over seven miles of tunnels. The tunnels would eventually become the city's fortification, protecting the citizens from enemy attack.

Over the next several hundred years, the tunnels served a multitude of purposes. They were used as cool houses during the 16th century for 65 local breweries.

Before use of refrigeration, breweries were able to keep their beer's temperature regulated underground during the summer and winter months.

During World War II, a part of the tunnel was used as an underground factory to manufacture machinery parts. The passageways provided protection to thousands of residents during air strikes.

Today, the city of Bamberg has opened the tunnels to the public. U.S. Army Garrison Bamberg's Outdoor Recreation Center offers monthly guided tours of these historic tunnels.

Walk through the damp unlit passageways where you can find World War II machinery,

**Around 900 citizens of Bamberg realized they could sell sand they found near the river bank. The citizens began to dig tunnels. The tunnels offered a constant cool temperature. The tunnels helped Bamberg's beer brewing industry, which dates back more than 900 years ago. Bamberg has the highest concentration of breweries in Germany.**

descend 60 steps to the river's edge, give thanks to the patron saint of miners, Saint Barbara, in the chapel, and discover Bamberg's historic brewing past.

For more information on the Underground Tour of Bamberg, call Outdoor Recreation Center at 0951-300-9376.



(LEADERS continued from Page 1)

talion downrange as well as the logistics functions and the people they would have to make contact with to make those logistics functions happen.

Warrant Officer Phillip Cervantes, the accountable officer for the 240th Quartermaster Supply Company and a native of Wichita, Kan., said he took a lot away from the class. There is a lot of hard work, timing, thinking and planning that goes into making something happen, especially when deployed, said Cervantes.

"It's going to help me do my job better because it gave me an overall perspective of what (support operations) actually does because I've always just worked in the supply and services sections," Cervantes added. "Now I get a better picture of the whole concept – when you deploy and back in garrison."

Not only do military personnel benefit from the course, but Army civilians also take away valu-

able information enabling them to stay current in their field, said John Schulz, a logistics operations specialist with U.S. Army Europe's supply and logistics directorate planning cell in Heidelberg and an Army Reserve Soldier.

"Even though we work at higher headquarters, it's critical that we know the logistics process below us," said Schulz about himself and a fellow Soldier who attended the class. "Every single contingency plan, every type of exercise that we plan at the (USAREUR logistics directorate) level, it's critical that we have a strong understanding and background of how things work at the brigade combat team and below, and this is a good course to have in your toolbox."

Schulz said networking was also of key importance during the course.

"It brings logisticians together from all over Europe so you not only have the classroom but the networking and a better understanding of

what each person does," said Schulz.

With 31 students, one of the largest classes he's taught said Jaillite, sending each student to the school at Fort Lee would cost the Army thousands of dollars. The cost to send one instructor to Germany saves the Army almost \$46,000.

"Typically there's one instructor teaching at Fort Lee and then we also go on the road like I am today," said Jaillite. "We're called Mobile Training Teams. Wherever we're requested if we have the time and the instructor availability, we send them to those locations."

The instructor was very good instructor and made the class very student friendly, said Cervantes.

"He brought real personal experiences to the class which made it more understandable," he said. "It made us pay more attention using his experiences in the class."

## Community Announcements

Please send all announcements to Bamberg Public Affairs via the following website:

<http://www.bamberg.army.mil/mobilform.asp>.

### Tea Party Dinner

Come to the Warner Conference Center Feb. 28 from 6 – 7:30 p.m. for the Tea Party Dinner. The cost is \$15. Those who reserve a spot and do not show up are still required to pay their \$15. Reservations can be made at [bscc.reservations@yahoo.com](mailto:bscc.reservations@yahoo.com). Please RSVP by Feb. 25. If child care is needed, parents need to call central registration 0951-300-7716 for a list of child care providers.

### Newcomer's Class

People Encouraging People, or PEP, is a five-day orientation course for newly arrived spouses and family members. The course covers German language and culture, customs, courtesies, food and a walking tour of Bamberg's historic downtown. PEP classes are scheduled for March 14-18 and April 11-15. Call 0951-300-7777 to reserve a spot.

### Mardi Gras

Get ready for the U.S. Army Garrison Bamberg's Carnival and join the Mardi Gras parade starting at Memorial Park Feb. 25 at 4 p.m. All community groups are invited to be a part of the parade and have a chance to win prizes for their floats. The parade will end at Birchview Lanes Bowling Center where a costume party will be held. The party kicks off at 5 p.m. with lots of family-friendly carnival entertainment, including a best costume contest, entertainment and food. Children's activities will be from 5-7 p.m. and kids movies will be played from 7-10 p.m. Please come in costume. Admission is free.

### School Town Hall

Come to Bamberg Middle/High School for a special town hall meeting March 1 at 6 p.m. The special assembly will help to address issues and concerns of the community. Parents, teachers, commanders and school administrators are coming together to build a community school partnership. All who want their voice heard with regard to school related issues are welcome and encouraged to attend this meeting. New decisions may be based on comments made at this meeting. The meeting is scheduled to take place in the School's Multi-Purpose Room. In addition, special arrangements have been made to provide free child care for all attendees from 5:45 – 8 p.m. Children must be registered with Child, Youth Services and vouchers will be handed out to parents after the meeting. For more information, call 0951-300-8035 in

U.S. Forces  
**Combatives  
Tournament**  
Feb. 25-26, USAG Bamberg Freedom Fitness Facility  
Sign up by Feb. 23 by contacting FFF at DSN 469-8890/9086 or  
(0951) 300-8890/9086.  
Awards for the top 3 winners in each weight class  
Email: Ernest.Johnson@eur.army.mil

Bamberg and 09721-96-6414 in Schweinfurt.

### Stamp Drawing Contest

Winners of the Valentine's Day Post Office Stamp Drawing Contest are scheduled to be announced March 1. The drawings are posted in the Postal Service Center.

### Buttons and Bows

Learn different ways to use ribbon and buttons in your scrapbook and have a chance to win a ribbon organizer, ribbon, buttons & much more. Come to the 173rd Brigade Support Battalion Family Readiness Group Center across from Ray's Diner from 6 p.m. to midnight March 4 for this month's Scrapbooking on buttons and bows. The cost is \$15. All crops include dinner, hourly door prizes, and a free instructional class. Childcare is available at the FRG center play room with child care providers at a cost of \$2 per hour per child. Reservations for childcare must be made in advance as space is limited. For more information, please contact Wendy Sledd at 0951-300-7308 or [wendy.sledd@us.army.mil](mailto:wendy.sledd@us.army.mil).

### Portrait Studio

Get your portrait taken between March 10 and 17 at the Morale, Welfare and Recreation Photo Studio and have a chance to win one free 8" x 10" portrait, a free CD of your portraits ordered or up to 35 percent off. Also 15 percent off on all portrait sheets ordered throughout the months of March. This offer cannot be combined with other offers or discounts. For more information, call 0951-300-7436.

### Storck Barracks Bazaar

Join the Illesheim and Ansbach Spouses' and Civilians' Club for their Spring Fling Bazaar from noon - 7 p.m. March 11, 10 a.m. - 7 p.m. March 12 and 11 a.m. to 4 p.m. March 13 at Storck Barracks Hanger 6501. Vendors and local crafters from all over Europe will be selling their goods. Stop by for the auto action from 1 - 4 p.m. March 12 at the Storck Automotive Skills Center. The event is open only to U.S. military community identification cardholders. For more information, e-mail [springflingbazaar@googlemail.com](mailto:springflingbazaar@googlemail.com).

### BOSS Italy

Hop on the bus with BOSS and MWR to see Italy's famous cities: See Rome, Florence and Pisa. The bus departs March 17 and returns March 21. The cost is \$449 per person. Reserve a seat today. The trip must be fully paid by March 16. For more information about the trip, call 0951-300-9086/8890 or

e-mail [mail.bam.dfmwr.boss@eur.army.mil](mailto:mail.bam.dfmwr.boss@eur.army.mil)

### Irish Dinner

Celebrate St. Patrick's Day with a special dinner on March 17 at the Warner Conference Center. Enjoy an Irish themed menu of New York strip steak with a Guinness marinade, Irish mashed potatoes, mixed vegetable and green salad, followed by a Bailey's chocolate mousse pie. The social hour starts at 5:30 p.m., which is followed by the dinner at 6 p.m. The party starts 8 p.m. for people aged 18 years and up and features music from Disc Jockey Tony and a snack bar selling wings, mozzarella sticks, hamburgers, cheeseburgers with fries, jalapeno poppers and more. Limited childcare is offered through Child Youth Services for children between 6 weeks and 12 years old. Parents have to reserve their slot by March 10 through Morale, Welfare and Recreation Online Services or Parents Central Services at 0951-300-8660. Tickets for the dinner are available at the Community Activity Center, Outdoor Recreation and Bowling Center for \$15 per person. Admission to the party is free. Contact the Community Activity Center at 0951-300-8659/7596.

### Health Clinic

Beginning April 1, Army health clinics in Bavaria will be open full days on Fridays. As a result, the clinics will no longer schedule appointments after noon on Thursdays to accommodate staff training time. For more information, contact your local Army health clinic.

### Month of Military Child events

Throughout the month of April the U.S. Army Garrison Bamberg will host several events in honor of the Month of the Military Child. The kick-off celebration will be held Saturday, April 2 at Friendship Park at 9 a.m. The event will include a 5K Family Run/2K Kinder Volksmarch, a performance from Strong Beginnings and a 4-H Pet Expo. On Saturday, April 23, the garrison will host an Easter egg hunt/Spring Fling event at Friendship Park at 10 a.m. Following the egg hunt, the Spring Fling will include field games, arts and crafts and lunch. Stop by the Community Activity Center's portrait studio April 24 from 11 a.m. – 1 p.m. and take a picture with the Easter Bunny. Pictures are \$5.

### Parent's Night Out

Enjoy a day or night out by enrolling your children in the next Parents Day Out or Parents Night Out programs. Dates for Parents Day Out will be April 2,

**Food Handlers  
Classes**  
Bamberg  
March 31  
1 - 2 p.m.  
Building 7029 room 118  
(ACS)  
Warner Barracks

Food handlers certification is a requirement if you are serving any prepared foods to the public. Classes are being held in Bamberg on the above dates. Space is limited to 30 people per class.

For any question about this class, please contact:  
CPL BORTON (COLE.BORTON@AMEDD.ARMY.MIL)  
09662-83-2041/2138

**Community  
Flea Market**  
Every second Saturday (March-October)  
March 12, April 9, May 14, June 11,  
July 9, Aug. 13, Sep. 10, Oct. 8  
10 a.m.-1 p.m. at CAC, Building 7047  
Contact CAC at (0951) 300 8659

June 4, Aug. 6, Oct. 1 and Dec. 3 from 11:30 a.m. – 3 p.m. Dates for Parents Night Out will be March 4, May 6, July 8, Sept. 9 and Nov. 4, from 6:30 – 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

#### Edelweiss Resort

Did you know Edelweiss Resort has vacation cabins as well? From now until April 8 a three-night stay in a rustic cabin is only \$130. How is that for an affordable base camp to ski and snowboard in the Alps?

#### BOSS Trip

Take a trip with Amsterdam with Better Opportunities for Single Soldiers April 8-11. The trip includes: motor coach transportation, two nights in a 3-star hotel, two breakfast buffets, walking tour of Amsterdam, visit to cheese and clog farm, entrance fee to Anne Frank's house, Holland Tour in Volendam, Edam, Monnickendam. There is an English speaking tour guide throughout the trip. The price is \$339. For more information, call 0951-300-9086/8890 or e-mail [mail.bam.dfmwr.boss@eur.army.mil](mailto:mail.bam.dfmwr.boss@eur.army.mil).

#### Bazaar Volunteers

The Bamberg Spouses and Civilian's Club is looking for volunteers for the 2011 Bazaar with Heart, which brings furniture, antique and food vendors to the Bamberg community and is supported by Family and Morale, Welfare and Recreation. The event will be at the Freedom Fitness Facility from April 15-17. If interested in volunteering, e-mail [bazaar.volunteer@yahoo.com](mailto:bazaar.volunteer@yahoo.com). For regular updates on the upcoming Bazaar with Heart check the MWR Bamberg website and Flickr website or e-mail [BambergBazaarwithHeart2011@yahoo.com](mailto:BambergBazaarwithHeart2011@yahoo.com).

#### AWAG Conference

Registration for the annual AWAG Conference will run through March 25. Register by going to the AWAG website [www.awagonline.org](http://www.awagonline.org). The conference is scheduled for May 15-19. This will give you a link to the Edelweiss Hotel and Resort where you can register yourselves, as a group, as a unit or as a club. Online registration for classes will run from April 27-29. Single supplement at the hotel will be about \$53. AWAG is looking for Conference Assistants for this year's 55th Anniversary celebration in May. If you feel you have the energy, enthusiasm and a sense of humor, please go to the AWAG website to fill out the CA application. Conference CA's are necessary for the smooth running of the entire event and we could

not do without them. If you would like to join the CA team, fill out an application.

### Weekly Reminders

#### Tax Center

The Bamberg Tax Center is now open. The Tax Center is located in Building 7000 on the fourth floor. Appointments and walk-ins are available. Operating hours are Monday – Friday from 9 - 11:30 a.m. and 1 - 3:30 p.m. Saturdays during the month of February the office will be open for appointments only from 9 a.m. - noon. For more information, call 0951-300-8261/8262.

#### Hey Volunteers

The end of the volunteer year is fast approaching. Please remember all of your volunteer hours from April 1, 2010, through March 31 need to be logged into [myarmyonesource.com](http://myarmyonesource.com). Plans for your Annual Volunteer Recognition Ceremony are underway, so please make sure you are registered and your volunteer hours have been documented. Remember the cutoff is March 31. For more information, e-mail [Kimberly.millner@eur.army.mil](mailto:Kimberly.millner@eur.army.mil) or call 0951-3007777.

#### DFAC Feedback

Dining Facility council meetings are at 2 p.m. at Nieves Webb every last Thursday of the last month of each quarter. The remaining meetings are scheduled to take place March 31, June 30 and Sept. 29. For more information, call 0951-300-7130.

#### MWR Guide

Bamberg's Family and Morale, Welfare and Recreation Guide for the month of February is now online at <http://issuu.com/BambergMWR/docs/brochure>.

#### Sweet Dreams Project

As part of U.S. Army Garrison Bamberg's Child Youth and School Services Deployment Support Initiative, community members can send pictures to the School Age Center in a jpg. format with the location of the recipient and contact information to be made into a pillowcase. The project is for deployed Soldiers or those away from home for training and family members back home. Send e-mail to [michelle.mccllland@eur.army.mil](mailto:michelle.mccllland@eur.army.mil). For more information about the project, call 0951-300-8698.

#### Library Events

The library hosts weekly events. There is story-telling for children ages 3-5 years old every Thursday at 11:30 a.m. There's also a Gamers' Challenge that meet every Saturday at 5 p.m. For more information, call 0951-300-1740.

#### Instructor's Course

People interested in becoming a Health and Safety Instructor for the American Red Cross should call 0951-300-1760 or e-mail [RedCross.Bamberg@eur.army.mil](mailto:RedCross.Bamberg@eur.army.mil).

#### Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. The U.S. Army Garrison Bamberg coordinator Norbert Roth can be contacted at 0951-300-8001 or [norbert.e.roth@us.army.mil](mailto:norbert.e.roth@us.army.mil).

USAG Bamberg  
BOSS  
FLORENCE  
ROME  
U.S. ARMY MWR  
Tour Italy  
Rome, Florence and Pisa with BOSS  
\$449 per person  
March 17-21  
Enjoy two continental breakfasts and two nights at a 3 star hotel in Rome. Tour Florence, Rome and see the Leaning Tower of Pisa with a local tour guide and manager. Reserve your seat not later than March 3, including a \$100 deposit. Trip must be fully paid by March 16.  
For bookings call Freedom Fitness Facility at DSN 469-9086/8890 or e-mail [mail.bam.dfmwr.boss@eur.army.mil](mailto:mail.bam.dfmwr.boss@eur.army.mil)

#### Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Bonnie Kellm, EFMP manger, at 0951-300-7777.

#### AWANA

Come join AWANA, the weekly children's Bible Club on Sundays from 3:30-5:30 p.m. at the high school gym. This free club is for 4-year-olds - 6th grade students. The club runs from September-May. For more information, call the Bamberg Chapel at 0951-300-1570.

#### Postal Service

U.S. Army Garrison Bamberg has updated its Postal Service Center webpage to include instructions and links to the U.S. Postal Service for filing online postal claims and a new Temporary Mailing Instructions form that customers may use to submit holding or forwarding instructions for their mail online. For more information visit <http://www.bamberg.army.mil/directories/dhr/psc.asp>.

#### Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke. Other energy and utility providers can also be used, but customers and utility providers can also be used, but customers will have to register through the USAG Schweinfurt UTAP. For more information, call the Bamberg tax relief office at 0951-300-1780 or the Schweinfurt tax relief office at 09721-96-1780.

#### DES/Vehicle Registration Office

Bamberg license plates are available for motorcycles and trailers. Everyone that is due for renewal and still has the old U.S. Army Europe plates has to change to the new Bamberg plates. To renew plates, customers must bring a new insurance card (not older than 120

USAG Bamberg  
Freedom Fitness Facility  
U.S. ARMY MWR  
Spring Into Fitness  
5k Fun Run  
March 26, 9 a.m.  
at Freedom Fitness Facility  
Contact (0951) 300 8890, DSN 469-8890

days). For more information about vehicle registration, call 0951-300-7580.

#### Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday through Thursday sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Fridays, sick call is from 7 - 8 a.m. and full service from 7:30 a.m. - noon; closed on Friday afternoons for mandatory training, federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with your military care provider.

#### German Classes

Army Community Service, Relocation Readiness Program, offers free German classes every month. Beginner classes are scheduled Tuesdays from 10 a.m. to noon and Wednesday from 6-8 p.m. Intermediate classes are Tuesdays, noon to 2 p.m. and Wednesdays, 2-4 p.m. Advanced classes are Tuesdays, 2-4 p.m. and Wednesdays, 4-6 p.m. Classes are held at the ACS building in classroom 118. For more information, call 0951-300-7777.

#### Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

#### Chapel Meeting

The Bamberg Protestant Women of the Chapel has weekly meetings on Wednesdays from 9-11:30 a.m. at the Bamberg Chapel. Free childcare is provided. For more information about PWOC, call 0951-300-1570.

#### Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; held

## Did you Know?

**There were 3 tons of glass recycled on Warner Barracks in December**

weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

#### ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

#### Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

#### Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

#### Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and Anger/Stress Management classes.

**Family Advocacy** - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for Anger/Stress Management Class.

**New Parent** - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487.

For information about any of these classes, call 0951-300-7777.

#### Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

#### Service Office

The U.S. Army Garrison Bamberg Retirement Ser-

vices Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

## Sports, Health and Fitness

#### Youth Golf Tournament

Whispering Pines Golf Course is hosting a nine hole golf youth tournament Saturday, April 16 at 9 a.m. Cost is \$25. Prizes will be given for first through third places in three age categories: 6-9 year olds, 10-15 year olds and 16-18 year olds. A barbecue will be held at the end of the event. For more information, call 0951-300-8953 or e-mail [darcey.n.shepard@eur.army.mil](mailto:darcey.n.shepard@eur.army.mil).

#### Fitness Trainer Certification

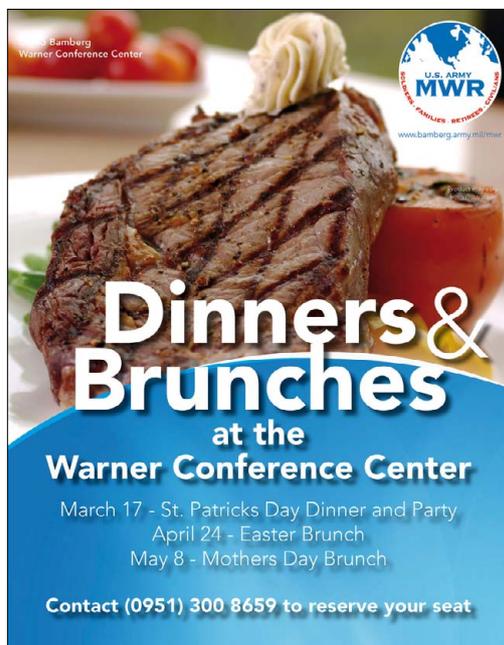
The U.S. Army Garrison Heidelberg is hosting a Personal Fitness Trainer Certification workshop March 25-27 in Heidelberg. The three-day certification workshop, which is sponsored by the Aerobic and Fitness Association of America, includes lectures, practical demonstration and written and practical exams. The curriculum includes anatomy and kinesiology, fitness assessment testing procedures, nutrition fundamentals and weight management, special populations and medical considerations, wellness programming and screening guidelines, and exercise programming in the weight room. Course Includes: Study guide, workshop including lectures and practical demonstrations, written and practical exams, one-year AFAA membership and a subscription to American Fitness magazine. The cost of the workshop is \$415. For more information or to register, contact Steffanie Paoletti at [steffanie.paoletti@eur.army.mil](mailto:steffanie.paoletti@eur.army.mil).

#### Krav Maga Self-Defense Class

The Freedom Fitness Facility is now offering Krav Maga Self-Defense and a women's self-defense classes. Classes will be held Fridays. The women's class will be held from 5:30-6:30 p.m. The Krav Maga class will be held from 7-8 p.m. Classes are \$10 per lesson or \$40 a month. For more information, stop by the FFF, call 0951-300-9086 or e-mail [kravmagaisrael@yahoo.com](mailto:kravmagaisrael@yahoo.com).

#### Bowling Lanes

The Birchview Lanes Bowling Center is located in Building 7690, near the Bamberg Elementary School. For more information, updates and events, visit the Family and Morale, Welfare and Recreation website at <http://www.bamberg.army.mil/directorates/dfmwr/bc.asp> or call 0951-300-7722.



Bamberg Warner Conference Center

U.S. ARMY MWR

**Dinners & Brunches**  
at the  
**Warner Conference Center**

March 17 - St. Patrick's Day Dinner and Party  
April 24 - Easter Brunch  
May 8 - Mothers Day Brunch

Contact (0951) 300 8659 to reserve your seat



USAG Bamberg Stable Theater, Bldg. 7119

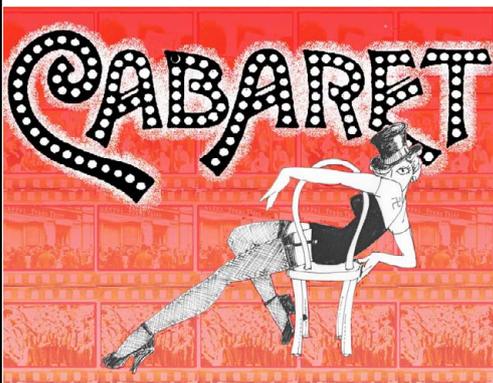
U.S. ARMY MWR

Workshop with Actress, Writer, Producer

**Mona Lee Fultz**  
March 21, 6 p.m.  
Stable Theater

Mona Lee Fultz is running BriteLites, an acting studio in Austin, Texas. She has been in over 50 film, TV, and commercial roles. Recently she has had costarring TV roles in The Chase, Friday Night Lights, My Generation and Drop Dead Diva.  
Workshop Title: Stand out at auditions, sell yourself, win call backs and bookings, 16 slots, free

Contact Stable Theater: (0951) 300 8647

**The Stable Theater Presents**

March 10-12 and 17-19 at 7:30 p.m.  
 March 13 and 20 5:30 p.m. Tickets \$9/7  
 0951-300-8647

**Continuing Education****Term IV**

Central Texas College Europe Term IV registration begins March 7 and continues through the first day of class. Term IV starts March 28 and ends May 20. Courses being offered this term include: Automotive Suspension and Steering Systems on Monday, Wednesday and Thursday from 5:30 - 9:30 p.m.; Educating Young Children on Tuesdays and Thursdays from 6 - 8 p.m.; Fundamentals of Criminal Law on Tuesdays and Thursdays from 6 - 9 p.m.; Emergency Medical Technician-Basic Certification Course on Monday, Wednesday and Thursday from 6 - 10 p.m.; and Introduction to the Hospitality Industry on Tuesdays and Thursdays from 6 - 9 p.m. For more information, contact the Bamberg Field Representative at 0951-300-7467 or stop by the Education Center, Room 311.

**Study Overseas**

University of Maryland University College Europe field study courses provide students with an opportunity to travel and explore Europe while earning university credit. Two upcoming courses are Scotland: Culture, Literature, and History (ENGL 288I/388I), which will be in historic sites throughout Scotland; and History and Culture of Naples (HIST 217F/317F), which will be in Italy. Both courses meet on May 15-21 and have a registration deadline of April 24. For more information, visit [www.ed.umuc.edu/fieldstudy](http://www.ed.umuc.edu/fieldstudy) or e-mail [fieldstudies@europe.umuc.edu](mailto:fieldstudies@europe.umuc.edu).

**Spring Registration**

University of Maryland University College Europe announces registration for Spring 2011 Session 2. Registration for on-site courses is available through March 20. Classes begin March 21. Registration for Europe online courses continues from now through April 3. Online classes start April 4. Students are encouraged to enroll early. For more information, visit [www.ed.umuc.edu](http://www.ed.umuc.edu), or call 06221-3780.

**European U.S. Students**

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

**Book Award**

University of Maryland University College Europe is pleased to continue the popular book award program for Spring 2011 Session 2. Students can apply for a book award to offset textbook costs, including the \$100 Orkand Military Book Award for enlisted service members and the \$100 Europe Book Award for spouses and family members of service members of all ranks. For information, go to [http://www.ed.umuc.edu/financial\\_aid](http://www.ed.umuc.edu/financial_aid). For more information about the

book award program, visit [www.ed.umuc.edu](http://www.ed.umuc.edu), or call 06221-3780.

**Student Aid**

Learn what resources are available to help fund your higher education, visit <http://studentaid.ed.gov/POR-TALSWebApp/students/english/index.jsp>.

**Language Initiative**

Learn more about the State Department's National Security Language Initiative for Youth. It provides merit-based scholarships to U.S. high school students and recent graduates interested in learning less-commonly studied foreign languages. For more information, visit <http://exchanges.state.gov/youth/programs/nsli.html>.

**Youth and Teens****Youth Sports Sign-ups**

Sign-ups are now being held for baseball, softball, T-ball and track and field. Ages for sports include: baseball for 6-15 years old; softball for 10 - 15 years old; Start Smart baseball for 3 - 5 years old; and track and field for 9 - 14 years old. Check out Webtrac or visit Parent Central Services to sign up.

**Cub Scouts**

There is a Cub Scout Pack here in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webelos (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlaroma, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information about Cub Scouts, call 0162-234-0906 or e-mail [michael.mouritsen@eur.army.mil](mailto:michael.mouritsen@eur.army.mil).

**Ballet Class**

Registration is open for Child, Youth and School Services SKIES Unlimited ballet classes. The program is for ages 3-8. Classes are on Thursdays from 2 - 4:30 p.m. in Building 7669. Check the class brochure for specific times and holidays, e-mail [Archie.Johnson1@eur.army.mil](mailto:Archie.Johnson1@eur.army.mil) or call 0951-300-7452.

**Teen Stress**

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

**Aqua Barons**

Meet new people and become a part of the Aqua Barons team. Get into shape and stay in shape by swimming. Earn awesome rewards like trophies, medals, ribbons and even a varsity letter. Travel around Europe for swim meets to places like Italy, Spain, Belgium, England and many more. For more information, e-mail [bambergaquabarons@yahoo.com](mailto:bambergaquabarons@yahoo.com).

**Youth Lessons**

Child, Youth and School Services SKIES Unlimited is offering lessons for tennis, racquetball and dance for youth ages 7-18. For more information, e-mail [Archie.Johnson1@eur.army.mil](mailto:Archie.Johnson1@eur.army.mil) or call 0951-300-7452.

**Volunteers Needed**

The Bamberg Middle High School is seeking volunteers for tutoring students in any subject at the middle and/or high school level. If you would like to help out, call Betty Bullard at 0951-300-8874 or e-mail [Betty.bullard@eu.dodea.edu](mailto:Betty.bullard@eu.dodea.edu).

**Closures / Changes****Car Care Center**

The Army and Air Force Exchange Service Car Care Center will be closed Feb. 24-25. It is scheduled to reopen Feb. 26.

**Airport Shuttle**

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:20 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on American and training holidays. For more information about the airport shuttle, call 069-695973816.

**Entertainment and Leisure****Broadway Hit**

Don't miss the legendary Broadway hit "Cabaret" at the Stable Theater. There are three stories of love and intrigue set in the early 1930's amid Berlin's flamboyant cabaret scene, superimposed against the surging Nazi rise to power. The show contains mature material and sexual themes. Show runs March 10 - 12 and March 17 - 19 at 7:30 p.m., and March 13 and 20 at 5:30 p.m. Tickets are \$9 for adults, \$7 for students and Soldiers E4 and below if reserved in advance. Tickets are \$11 for adults and \$9 for students and Soldiers E4 and below at the door. Ask about group specials. For more information about the musical or to purchase a ticket in advance, call the Stable Theater at 0951-300-8647.

**Audition Workshop**

Join acting teacher, actress, writer and producer Mona Lee Fultz for her audition workshop March 21 at Bamberg's Stable Theater at 6 p.m. Sign-up is free but space is limited. Fultz is a working actress whose 35 years of experience includes theater, film and television. Fultz runs Britelite acting studio in Austin, Texas. The upcoming cold reading workshop at Bamberg's Stable Theater is simulating audition scenarios by role-playing casting directors, readers and auditioning actors who learn to compete with vitality, create a personal win, stand out at auditions, sell themselves and win callbacks and bookings. For more information about the workshop, e-mail [jack.austin@eur.army.mil](mailto:jack.austin@eur.army.mil) or call 0951-300-8647.

## Bamberg Movie Schedule

AAFES Reel Time Theater is closed  
Tuesdays and Wednesdays

Thu	Feb. 24	Little Fockers (PG-13)	7 p.m.
Fri	Feb. 25	Little Fockers (PG-13)	7 p.m.
Sat	Feb. 26	Yogi Bear (PG)	3 p.m.
		Just Go With It	7 p.m.
Sun	Feb. 27	Yogi Bear (PG)	3 p.m.
		Just Go With It	7 p.m.
Mon	Feb. 28	Just Go With It	7 p.m.
Thu	March 3	Little Fockers (PG-13)	7 p.m.
Fri	March 4	Big Momma's: Like Father, Like Son (Pg-13)	7 p.m.
Sat	March 5	The Chronicles Of Narnia: The Voyage Of The Dawn Treader (PG)	3 p.m.
		Big Momma's: Like Father, Like Son (PG-13)	7 p.m.
Sun	March 6	The Chronicles Of Narnia: The Voyage Of The Dawn Treader (PG)	3 p.m.
		How Do You Know (PG-13)	7 p.m.
Mon	March 7	How Do You Know (PG-13)	7 p.m.
Thu	March 10	How Do You Know (PG-13)	7 p.m.
Fri	March 11	Hall Pass (R)	7 p.m.
Sat	March 12	Gulliver's Travels (PG)	3 p.m.
		Hall Pass (R)	7 p.m.
Sun	March 13	Gulliver's Travels (PG)	3 p.m.
		Season Of The Witch (PG-13)	7 p.m.
Mon	March 14	Season Of The Witch (PG-13)	7 p.m.
Thu	March 17	The Fighter (R)	7 p.m.
Fri	March 18	The Dilemma (PG-13)	7 p.m.
Sat	March 19	Rango (PG)	3 p.m.
		The Dilemma (PG-13)	7 p.m.
Sun.	March 20	Rango (PG)	7 p.m.
		The Fighter (R)	7 p.m.
Mon	March 21	The Fighter (R)	7 p.m.
Thu	March 24	The Dilemma (PG-13)	7 p.m.
Fri	March 25	True Grit (PG-13)	7 p.m.
Sat	March 26	Mars Needs Moms (PG)	3 p.m.
		Country Strong (PG-13)	7 p.m.
Sun	March 27	Mars Needs Moms (PG)	3 p.m.
		Country Strong (PG-13)	7 p.m.
Mon	March 28	True Grit (PG-13)	7 p.m.
Thu	March 31	Country Strong (PG-13)	7 p.m.

## More Bio in Gasoline: What consumers need to know

The following is an element of the public relations work of the German Federal Ministry for the Environment, Nature Conservation and Reactor Safety. It was last revised in October. It is intended to inform the public about the use of ethanol in fuel.

### What is E-10?

E-10 is the name given to gasoline that contains a higher share of ethanol compared to today's gasoline. "E" stands for ethanol, the number 10 indicates that the gasoline may contain up to 10 percent of ethanol.

Up to now, the share of ethanol in gasoline could be up to 5 percent. The ethanol contained in gasoline is the bio-fuel Bioethanol. This bio-fuel is produced from plants that are grown in an environmentally compatible way.

### Why E-10?

There are important reasons to increase the share of bio-fuel in gasoline:

- 1.) Bio-fuels play a significant role in climate protection. The bio-fuels used today produce fewer greenhouse gases compared to conventional fuels.
- 2.) When we use bio-fuels we are using raw materials that regenerate themselves and are therefore helping to conserve global oil reserves.

### Who can use E-10?

Only vehicles that are designed for it can cope with E-10. E-10 is compatible with such vehicles without limitations. About 90 percent of all gasoline-powered cars can fill up with E-10. As a rule, new vehicles are E-10-capable. Your car's manufacturer can tell you whether your vehicle is E-10-compatible.

You can also ask your car dealer and garage about the E-10-compatibility of your car. A list of E-10-compatible vehicles can be found on the website of Deutsche Automobil Treuhand GmbH under [www.dat.de/e10](http://www.dat.de/e10). This list also contains service numbers of the vehicle manufacturers that you can call should you have any questions.

### What do you need to watch out for?

Before filling up with E-10 for the first time, you must make sure that your car is compatible with E-10. All vehicles that are not certified as E-10-compatible should use only the conventional types of gasoline, which filling stations will continue to offer. Vehicles that cannot cope with E-10 can suffer irreparable damage even if fuelled with E-10 only once.

### Where and from when can you fill up with E-10?

In Germany, gas stations can offer E-10 in addition to present types of gasoline from the end of 2010 or early 2011.

### How can you recognize E-10?

The pump for E-10 shows the name of the grade of fuel with the add-on "E-10" – so "Super E-10" for example. With conventional gasoline, the pump shows only the name of the grade of gasoline without the add-on "E-10" – so "Super" for example.

### Where can you obtain more information?

You can obtain information about E-10 on the Internet from the websites of the vehicle manufacturers, Deutsche Automobil Treuhand GmbH, the industry bodies listed below and the Federal Ministry for the Environment. Please contact your vehicle's manufacturer, dealer or garage directly with any questions.

[www.dat.de/e10](http://www.dat.de/e10)  
[www.adac.de/e10](http://www.adac.de/e10)  
[www.vdik.de](http://www.vdik.de)  
[www.kfzgewerbe.de](http://www.kfzgewerbe.de)  
[www.bdbe.de](http://www.bdbe.de)  
[www.bmu.de/e10](http://www.bmu.de/e10)



 **CALLING ALL CRAFTERS!** 

The Hohenfels Community and Spouses Club is looking for crafters to sell their handmade goods during

**CELEBRATION OF THE ARTS**

Art Exhibition      Craft Fair      Gala

April 9, 10 a.m.-3 p.m.  
At the Hohenfels Community Activities Center

Email [PaigeLovesKeith@yahoo.com](mailto:PaigeLovesKeith@yahoo.com) to participate



## Outside the Gate

Weekend events in and around Bamberg Feb. 25 - March 6.

### Friday, Feb. 25

- 8 p.m. Black Metal Festival; Live-Club, Obere Sandstrasse 7, 96049 Bamberg, phone: 0951-53304, e-mail: [info@live-club.de](mailto:info@live-club.de), visit: [www.live-club.de](http://www.live-club.de).
- 9 p.m. The Offenders; Sound 'n Arts Club, Sandstrasse 20, 96049 Bamberg
- 10 p.m. Schwarzweiss Musik; House, Disco, Techno; Morph Club, Luitpolds trasse 17, 96052 Bamberg; visit: [www.morphclub.org](http://www.morphclub.org).

### Saturday, Feb. 26

- 2 p.m. Flea market; Hauptsmoorhalle, Hauptsmoorstrasse 2, 96129 Strullendorf, admission €1.50
- 7 p.m. Iphigénie en Tauride, opera by C.W. Gluck; live from the MET; Cinestar Bamberg inside the Atrium near the railway station; admission €27; phone: 0951-3028880
- 7:30 p.m. Fashion show; Pilipp furniture store, Nürnberger Strasse 243, 96050 Bamberg; admission € 10 includes fingerfood, for info call 0951-18040
- 8 p.m. Bem-vindo Brasil N 21; Brazilian carnival; Morph Club, Luitpoldstrasse 17, 96052 Bamberg
- 8 p.m. Keller Steff; Live-Club, Obere Sandstrasse 7, 96049 Bamberg, phone: 0951-53304, e-mail: [info@live-club.de](mailto:info@live-club.de), visit: [www.live-club.de](http://www.live-club.de).
- 9 p.m. Lars Binders Jazz Syndrom; Jazzclub Bamberg e.V., Obere Sandstrasse 18, 96050 Bamberg

### Sunday, Feb. 27

- 2 p.m. Fasching parade; downtown area Baunach; 96148 Baunach
- 5 p.m. Ebracher Musiksommer; classical music for Fasching, music by Johann Strauß (father and son), Franz von Suppé, Carl-Michael Ziehrer, Jacques Offenbach; Konzert- und Kongresshalle, Musselsstrasse 1, 96047 Bamberg, email: [info@konzerthalle-bamberg.de](mailto:info@konzerthalle-bamberg.de), visit: [www.ebracher-musiksommer.de](http://www.ebracher-musiksommer.de)
- 5 p.m. Jugend musiziert; winners of the youth music contest perform; Audi max of the Universität Bamberg, Feldkirchenstrasse 21, 96052 Bamberg; free admission
- 9 p.m. Helt Oncale (USA); Live-Club, Obere Sandstrasse 7, 96049 Bamberg, phone: 0951-53304, email: [info@live-club.de](mailto:info@live-club.de), visit: [www.live-club.de](http://www.live-club.de)
- 9 p.m. morphclublive: Perkalaba (Ukraine); Hutzul-Ethno-Ska; Morph Club Luitpoldstrasse 17, 96052 Bamberg

### Friday, March 4

- 2 p.m. Farmers' Market; Zehntplatz, Anton-von-Rotenhan-Strasse, 91077 Neunkirchen am Brand
- 9 p.m. Fritz Pauer Trio feat. Chico Freeman; Jazzclub Bamberg e.V., Obere Sandstrasse 18, 96050 Bamberg
- 9 p.m. The Hazy Heads; Ska, Blues, psychedelic Rock, Funk, Reggae; Live-Club, Obere Sandstrasse 7, 96049 Bamberg
- 10 p.m. morphclub Class6 – Vol. 5, Soul, Funk, BigBeat, NuJazz, Swing-Hop, Morph Club, Luitpoldstrasse 17, 96052 Bamberg, visit: [www.morphclub.org](http://www.morphclub.org)

### Saturday, March 5

- 7 a.m. Hiking in Aschbach; 6K and 12K; starts at TSV Aschbach, Schlüsselfelder Weg 11, 96132 Aschbach; fees are €1.50 for IVV stamp or €3.80 for stamp and medal; for infos and pre-registration contact Bernhard Seeger, phone: 09555-1255; also on Sunday
- 1:33 p.m. Fasching parade in Oberhaid; the parade goes from Friedrich-Ebert-Strasse to Untere Strasse, 96173 Oberhaid
- 7:30 p.m. Country-Fasching mit Franky; Wild West Fasching; Helmut's Hofschänke, Gut Leimershof, 96149 Breitengüßbach, phone: 09547-5457
- 8 p.m. John Q Irritated; Live-Club, Obere Sandstrasse 7, 96049 Bamberg, phone: 0951-53304, email: [info@live-club.de](mailto:info@live-club.de), visit: [www.live-club.de](http://www.live-club.de)

### Sunday, March 6

- 2 p.m. Fasching Parade in Memmelsdorf; downtown area; 96117 Memmelsdorf
- 2 p.m. Fasching Parade in Hirschaid; downtown area; 96114 Hirschaid
- 8 p.m. Dentler & Dziallas; Live-Club, Obere Sandstrasse 7, 96049 Bamberg, phone: 0951-53304

### Special Events/Exhibits:

**Until April:** Ice skating in Nürnberg; open Wednesday through Sunday from 10 a.m.; Arena Nürnberger Versicherung, Kurt-Leucht-Weg 11, 90471 Nürnberg, phone: 0911-988970, visit: [www.arena-nuernberg.de/index.php?id=eislauf](http://www.arena-nuernberg.de/index.php?id=eislauf); ice skates can be borrowed.

**Until Feb. 28:** MM – die Ikone Marilyn Monroe; special exhibit about Marilyn Monroe in Frankfurt; 300 artifacts including personal notes, movie scripts, and clothes, shed a little light on the life of Norma Jeane Baker; open daily from 10 a.m. except Mondays, Ikonen-Museum der Stadt Frankfurt, Stiftung Dr. Schmidt-Voigt, Brückenstrasse 3-7, 60594 Frankfurt; phone: 069-21236262, e-mail: [info.ikonen-museum@stadt-frankfurt.de](mailto:info.ikonen-museum@stadt-frankfurt.de), visit: [www.ikonenmuseum-frankfurt.de](http://www.ikonenmuseum-frankfurt.de)

## Trips and Travel Opportunities

Take a trip with Bamberg Outdoor Recreation in March.

Registration for trips begins the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.

### March 5-6 Lermoos Ski & Snowboard \$130

Breathtaking panoramic views will captivate you as you traverse the slopes! Although it is best suited toward beginners, Lermoos also offers intermediate, expert and cross-country trails. Trip includes transportation, one-night lodging at double occupancy and breakfast. Price does not include lift pass. Transportation departs from ODR March 5 at 3 a.m. and returns March 6 about 9 p.m.

### March 10 Tour Under Bamberg \$20

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so

please wear appropriate clothing and bring a flashlight. Transportation departs from ODR at 5 p.m. and returns about 7:30 p.m.



### March 12 High Ropes Course \$35

Grab your family and friends for a wonderful opportunity to explore the outdoors in a way you haven't seen it before—from up above—and on a equal level with your child (minimum age of 12). There are five different courses geared toward every skill level and age. The sky's the limit with a day filled of action. Children cost \$28. Transportation departs ODR at 11 a.m. and returns about 5 p.m.

### March 18-21 Stubai Ski & Snowboard \$275

With 110 km of slopes, there's something for everyone, including the Stubai Zoo for snowboarders that features banked cross, rails and other obstacles. Trip includes transportation, three-nights lodging at double occupancy and breakfast. Price does not include lift pass. Transportation departs ODR on March 18 at 2 a.m. and returns March 21 at about 9 p.m.

### March 26 Little Swiss Hike \$35

Say goodbye to winter and welcome in the Spring season with our Little Swiss Hike. You will enjoy the calm of the landscape as you deeply inhale the fresh spring air. Please wear appropriate clothing, hiking boots and pack a lunch and hydrating liquids. Transportation departs ODR at 9 a.m. and returns about 5 p.m.

## Eco-Friendly Tips

### Recycling Tips

1. Rent or borrow seldom-used audiovisual equipment.
2. Choose recyclable products and containers and recycle them.

### Energy-saving Tips

1. If your apartment has radiators they should be kept clean, since dirt and dust absorb heat.
2. Items covering radiators should be removed when the radiators are in use because they absorb the heat and block the flow of air through the radiator.



# Bamberg community joins together for Black History Month celebration

Story and photos by Douglas DeMaio, USAG Bamberg Public Affairs

BAMBERG, Germany -- Members of the community gathered together Friday at the post movie theater to pay tribute to African Americans who contributed to American society throughout history.

Community members from Warner Barracks, students from Bamberg Middle High School and children from Child Youth and School Service all took part in the celebration, which centered on the theme of Leaders, Legends and Laureates.

Guest speaker Col. Debra D. Daniels, 409th Contracting Support Battalion commander, emphasized throughout her speech that success is achieved through hard work and perseverance. She also spoke briefly on the significance of America embodying the spirit of multiculturalism.

Students who took part in the event sang, danced and performed skits. Child and Youth Service's High Stepp'in step dance team, coached by Crystal Echevarria, performed in front of the crowded audience.



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For more info, call the Stable Theater at 0951-300-8647.

(STUDENT continued from Page1)

duced to the world of clay animation, robotics, game design, digital movie making, photo illustration, graphic design, music production and Web design.

The festival has five categories including: music, photography, design, movie animation and film.

The Boys & Girls Club initiative is wonderful, McClelland said. Technology plays a very important part in the world today. Fostering those skills is a benefit to the students, especially while they are overseas since resources can sometimes be limited.

"This is a great initiative that inspires and challenges the children in different ways," McClelland said.



Photo By Mindy Campbell  
Michelle McClelland, School Age Center director, helps Aaliyah Hameed, 9, work on a project in Adobe Photoshop. Aaliyah won her age division in the regional competition of the photo tech category in the Boys & Girls Club of America Digital Arts Festival.



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**EMPLOYMENT**

US Army Garrison Bamberg has a non-personal service contractor for journalism services available. Please visit the Contacting Office's website at <http://www.ecc-e.army.mil/bavaria/index.htm>, and click on Bid Board Franconia. The solicitation number is W912PG-11-T-0030. The job announcement closes at midnight March 14. (2/17/2011)

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary. (2/3/2011)

Assistant Director for the Youth Sports and Fitness Program: Assists director with the operation, integration, coordination and oversight of installation CY Services Sports and Fitness Program (Team Sports, Individual Sports, Fitness and Health and Nutrition Counseling/Education and Health Promotion/Events). This is a full-time position. Qualifications: requires 12-months of experience working in Sports/Fitness and/or youth Programs equivalent. Must be able to work until early evenings and week-ends. Salary: \$29,899-\$34,881 annual salary. (2/3/2011)

US Army Garrison Bamberg has a non-personal service contractor for journalism services available. Please visit the Contacting Office's website at <http://www.ecc-e.army.mil/bavaria/index.htm>, and click on Bid Board Franconia. The solicitation number is W912PG-11-T-0013. The job announcement closes Feb. 28 at 12 a.m. (1/27/2011)

Vendor/stocker position available for night stocking in the Bamberg Commissary. For more information, call Customer Service at 0951-300-7650. (12/8/10)

Daily pet sitting services required for one female French Bulldog, Monday through Friday and possibly occasional weekends when out of town. She is house trained and very good with children/dogs, a true joy to have

around. If interested, please contact 1st Lt. Troy Shoemaker at 0151-405-21294 or e-mail at [troy.shoemaker@us.army.mil](mailto:troy.shoemaker@us.army.mil).

AAFES Bamberg is accepting applications for entry-level retail and food service positions. Join our team, log on to [www.aafes.com](http://www.aafes.com) today and be part of our new workforce of tomorrow. For more information, call the Human Resources Office at 0951-303159.

**FOR SALE**

For Sale: Dining Room Table Set - Iron and glass table with black wood trim and 4 iron and wood chairs. Very nice looking. Good Condition. \$ 150.00 - e-mail at [Allison.S.Rhodes@gmail.com](mailto:Allison.S.Rhodes@gmail.com). (2/24/11)

Dual voltage printer. Wireless HP 4385 Photosmart All-in-one, print, copy, and scan. 3 years old, works perfectly. Software, cords, and ink included. \$50 Contact Brittany or Jonathan at 0170-202-7674 or [bmrob-erts0731@live.com](mailto:bmrob-erts0731@live.com). (1/27/11)

220Volt Large freezer, \$250 Jeep jogger stroller- still in great condition. \$50 Low maintenance elliptical- \$20 Lightening McQueen toddler bed with mattress- never used \$60 Kids left-handed golf set - \$80 Large gas BBQ- used once during summer 2010 - \$80 Small gas bbq- free In house small stereo with speakers- \$40. Christina Gonzalez 0171-777-9328 [wgonzalez001@yahoo.com](mailto:wgonzalez001@yahoo.com). (1/20/11)

Big free standing RCA HDTV on rollers 51 1/2in tall 48 1/2 in wide 120 works great \$200 O.B.O. call 015151679661 or e-mail [brikenmar@yahoo.com](mailto:brikenmar@yahoo.com).

Snails for sale: fresh water snails. \$.50 each. E-mail [pbababe24@hotmail.com](mailto:pbababe24@hotmail.com). (1/20/11)

Weight Bench \$75; Curl Bar \$20; 2 Long Bars \$15 each; 2 Dumbbell Bars \$10 for the set. 4x10 lb plates, 2x5 kg plates, 10x5 lb plates, 4x10 lb plates, 2x10 kg plates, 2x25 lb plates, 2x3 lb plates. All weights are 40 cents per pound and the complete set price can be negotiable. Leg Extender \$50; Computer Desk \$30. Call 0951-300-7044. (11/8/10)

**AUTOMOBILES**

For Sale: '95 White 4WD Mitsubishi Montero. Passed inspection- Great Condition. Power windows, power locks, cargo rack, cloth interior, brand new winter tires- great family SUV. Call Daryl for more details at 015224123655- make an offer! (2/10/11)

For Sale: 2010 Red Dodge Avenger still new condition, Automatic, \$15,500 less than 5,000 miles and has been in our possession since August 2009. Only serious inquiries. Christina Gonzalez 0171-777-9328 [wgonzalez001@yahoo.com](mailto:wgonzalez001@yahoo.com). (1/20/11)

For Sale: Red 2002 Dodge Stratus R/T,

**0954-532-2881**  
**[solacedogrescue@yahoo.com](mailto:solacedogrescue@yahoo.com)**

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[doggiedaycare.com](http://doggiedaycare.com).

Free to good home. A rabbit with cage and everything that goes with it. If interested, call Steve at 0951-208-5148.

Mariachi Cuatro Caminos band. We are looking for local and newly re-deployed Soldiers or family members to enlarge the mariachi band. Will perform for the community military and civilian, no money will be collected from gigs. Must read music and be able to play by ear. New to the mariachi or an instrument and you are willing to learn, no problem, as long as you can walk and chew gum at the same time. For more information about the Mariachi Cuatro Caminos band, e-mail [puro-mariachi@hotmail.com](mailto:puro-mariachi@hotmail.com). (1/3/11)

PCSing? Can't find a new home for your dog? Please don't abandon him/her, call us first. No questions asked. We are a privately funded non-profit dog rescue. Will give your dog solace and placement with a new, loving family. Located in Bamberg and open from 10 a.m.-10 p.m. Call 0954-532-2881 or e-mail [solacedogrescue@yahoo.com](mailto:solacedogrescue@yahoo.com). (8/23/10)

For Sale: Toyota RAV4, 2003. Asking \$9,000. Toyota RAV4 is a 4-cylinder, gold, leather seats, 78,000 miles, regular maintenance, no accidents. E-mail [dinie76@hotmail.com](mailto:dinie76@hotmail.com) for photos. (12/1/10)

For Sale: 2008 Toyota Tacoma, Pre-Runner SR-5, VR 6 (236 HP). Less than 15.5K miles. Auto Transmission, Class III hitch, oil cooler, limited slip differential, access cab, upgraded interior (CD, etc), two-wheel drive. Asking \$20,500. Call 0951-300-8901 or 0954-998-8078, or e-mail [gibbonstr@hotmail.com](mailto:gibbonstr@hotmail.com).

For Sale: 2007 Harley Davidson Night Rod Special (US Spec). Gloss black, 9,500 miles, excellent condition (garage kept), new tires, new battery, two sets of mirrors, cover included for \$13,000 OBO. For more information or pictures, e-mail [abraham.goepfert@yahoo.com](mailto:abraham.goepfert@yahoo.com) or [kriddy43@hotmail.com](mailto:kriddy43@hotmail.com). (10/6/10)

**MISCELLANEOUS**

The school is in need of a bus driver who is qualified to drive a 40-passenger bus. If interested, please e-mail [Dominick.Calabria@eu.dodea.edu](mailto:Dominick.Calabria@eu.dodea.edu). (1/27/11)

Gabi's Doggie Daycare, I have space available only on weekends, holidays, and at home care. Daily care is full. Visit [www.gabi-](http://www.gabi-)

**AD SUBMISSIONS**

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please e-mail your submission to the Public Affairs Office at [bambergpao@eur.army.mil](mailto:bambergpao@eur.army.mil).



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