



WARNER WEEKLY

News & Information at Your Fingertips

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Know the dos, don'ts of passport usage worldwide

By Mindy Campbell,
USAG Bamberg Public Affairs

BAMBERG, Germany -- The idea of passports, or some type of document that identifies you and your nationality, has long been a part of history.

Some of the earliest references to passports can be found in the Bible and date back to about 450 B.C. when a man named Nehemiah was given a letter from the king asking distant officials to allow the man safe travel as he journeyed to Judea, according to the book "The Passport: The History of Man's Most Travelled Document."

In the United States, the individual states began issuing passports in 1775. The document was designed by Benjamin Franklin, then the minister to France, and was based on the look of the French passport. It wasn't until 1856 that Congress granted the Department of State sole authority to issue passports.

While today's passports may look a whole lot different than those original documents, the purpose hasn't changed much over the years.

However, today's passport is a much more complex document than the original. Many people often get confused by the differences in

the types of passports and how to use them.

There are several different types of American passports including: tourist (blue cover), official (maroon cover) and diplomatic (black cover). In addition to the regular tourist passport, there is also a no-fee tourist passport, which also has a blue cover. While an official or diplomatic passport is considered a no-fee passport, the blue no-fee tourist passports are typically issued to family members who are traveling on orders for the U.S. government, according to the Department of State website.

Community members are allowed to have both a no-fee and tourist passport at the same time.

But, when is the right time to use the no-fee passport?

According to the Department of State, a no-fee passport should only be used when traveling overseas on official orders. For example, when you are traveling to a new duty station, you would use your no-fee passport. When traveling for leisure or personal reasons, you must use your tourist passport, said Don Johnson, the Bamberg military passport acceptance agent.

In fact, it is against the law to use your no-fee passport when on leisure travel, said Johnson.

"You could get fined," he said.

If you only have a tourist passport, you are technically only allowed to stay within a foreign country for a maximum of 90 days every six months.

So, what happens if you came to Germany with just a tourist pass-

No need to worry, said Johnson. If you just have a tourist passport and do not have a no-fee passport, you can go to the passport office and apply for a Status of Forces Agreement,

(PASS continued on page 9)



It's a dog-eat-dog world



Photo by Chris Romey, MWR Volunteer
Pvt. Randy Gossard of the 42nd Clearance Company ate eight hot dogs in eight minutes, which won him this year's Top Dog title during the Hot Dog Eating Competition at the Community Activity Center March 24. The mission: Devour as many hot dogs in eight minutes as possible. Runners-up Pfc. Dakota Dezelske, Spc. Samuel Morse and Spc. Robert Barton also enjoyed the free food at the event.

Self help products encourage recycling, energy saving habits

By Sina Kingsbury,
USAG Bamberg Public Affairs

BAMBERG, Germany -- U.S. Army Garrison Bamberg is striving to achieve goals that help to improve the environment and encourage energy saving.

With the assistance of the Environmental Management Division, the Self-Help Issue Point, or SHIP, is providing qualified community members with the tools needed to reduce the production of waste and energy.

"It is more expensive to recycle items that have not been separated," said Helmut Weis, EMD. "Recycling saves the garrison money and also pays the garrison money. Money that could be used to, for example, to build playgrounds."

EMD helps the Army save money

by providing resources to help the garrison and its community members minimize the use of energy and waste generation and increase the salvage of recyclable material.

The following is a list of products offered by the Self-Help Issue Point:

Energy-saving light bulbs

Turning off the lights in a room is not the only way to help conserve energy. SHIP now has energy saving light bulbs.

According to Energy Star's website, the shortest lifespan for a Compact Fluorescent Light is about 6,000 hours. A light used four hours a day could last 1,500 days or roughly four years. In contrast an incandescent bulb's lifespan, used only four hours a day, is about 750 hours or six months.

(ENERGY continued on page 3)

Army Substance Abuse Program to have screening April 14

By Tonya R. Hancock,
Bamberg's Army Substance Abuse Program

April is nationally designated as Alcohol Awareness Month. That means it's a good time for any of us to objectively look at how alcohol plays a role in our lives.

The purpose of Alcohol Awareness Month is to draw attention to the problems related to alcohol abuse and to get people in touch with resources that can help.

Are you ignoring the warning on your prescription meds that your pills don't mix well with alcohol? Are you drinking so much that it affects your ability to do your job well?

And, if you are a mom-to-be, have you considered the impact that drinking alcohol will have on your baby? Several people don't know what is in store for moderate alcohol users.

For men, there should not be more than two drinks per day, and for women and seniors, it is recommended not to take more than one drink

per day. If you are not following these guidelines, it could lead to serious problems.

Signs of a Drinking Problem

- Drinking to soothe nerves, forget troubles or bolster a somber mood.
- Guilt about drinking
- Drinking while pregnant
- Unsuccessful trials to reduce or stop drinking
- Lying about or hiding drinking addictions
- Posing risk or causing harm to oneself or someone else after drinking
- Thirst to drink enhanced amounts of alcohol in order to achieve the desired effect
- Feeling angry, resentful or unreasonable when not drinking
- Medical, family, social, or financial problems caused by drinking.

Remedy to Drinking Problem

Early diagnosis of at-risk drinking behaviors is the first step to proper intervention and treatment remedies.

Alcohol screening Day

U.S. Army Garrison Bamberg's Army Substance Abuse Program will be conducting National Alcohol Screening Day April 14 in Building 7251 from 9:30 a.m. – noon.

These screenings are free, confidential, and it only takes five minutes to complete. These screenings will help people determine if their alcohol use is problematic.

At the screening site, participants will also receive educational materials and have the chance to speak to a licensed professional or an Employee Assistance Program Professional about alcohol treatment.

You can also use this link to take an anonymous alcohol questionnaire, www.DRINKINGIQ.org.

For more information, call 0951-300-7038/1710.

Running to honor



Photo by Mindy Campbell

Soldiers and their family members take part in the Spring into Fitness 5 kilometer fun run March 26. About 230 community members participated in the event, including a group of Soldiers and spouses from the 54th Engineer Battalion who dedicated the run in memory of the two Soldiers who recently died while deployed with the battalion to Afghanistan.

'Spice' now illegal

WASHINGTON (Army News Service, March 22) -- There's no more wiggle room for Soldiers who want to use marijuana substitutes like "Spice" or K2.



New rules by both the Army and the U.S. Drug Enforcement Agency make at least one thing clear to Soldiers: Spice will burn you.

In February, Secretary of the Army John...

To read more, click [here](#).

Study addresses suicide prevention efforts

HAMPTON, Va., March 25, 2011 -- A new study commissioned by the Defense Department affirms many of the suicide-prevention efforts being made within DOD and the military services and recommends ways to strengthen them.

In preparing "The War Within: Suicide Prevention in the U.S. Military," the Rand National Defense Research Institute examined data on military suicides, identified what scientific...



Shoulder to Shoulder
I will never quit on life

To read more, click [here](#).



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All MWR Programs provide reasonable accommodations for individuals with special needs. For assistance please contact the facility manager prior to your visit.

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Avoid tick bites by practicing preventive measures

By Catherine Gehrau, Katterbach Health Clinic

VILSECK, Germany -- There's no way around it, tick season is here. As a resident of Bavaria, there are three things you should know: how to prevent tick bites, how to remove a tick and what your options are in terms of vaccinations.

The first step to prevention is to know your enemy. Small but dangerous, ticks are the carriers of many diseases such as Tick-Borne Encephalitis, better known as FSME in Germany. Ironically, the tick itself is usually not infected with the virus. Instead, it transports the virus to humans and animals such as dogs. The peak periods for ticks are April to November.

To prevent getting a tick bite, cover your arms, legs and ankles and use insect repellent on exposed skin, socks and outer clothing. Also, pay attention to your environment. Walking through the woods or areas with heavy undergrowth, camping or working in forested areas are just some of the areas where a tick bite may occur. You should always examine your body and clothing for ticks after spending time in rural or forested areas. Ticks found should be removed as soon as possible (see sidebar).

If you're bitten by a tick, it's possible you could develop Tick-Borne Encephalitis. About two-thirds of the people who contract the virus experience a mild illness that may last up to a week. In the remaining third, the illness may progress to more serious illnesses such as inflammation of the brain or spinal cord. According to the Centers for Disease Control and Prevention, there isn't a specific antiviral



How to remove a tick

Grasp the tick with tweezers as close to your skin as possible and with steady motion, pull the tick's body away from your skin.

Clean the skin with soap and water.

Throw the dead tick away in the household trash.

Do not be alarmed if the tick's mouthparts remain in the skin. Once separated from the body, the mouthpart can no longer transmit disease.

Watch for signs of illness such as a fever or rash, which may occur seven to 14 days after the bite. If these develop, see your health care provider.

treatment for Tick-Borne Encephalitis. However, there is a vaccine that can help prevent contracting the virus in the first place.

The vaccine is offered on the German economy – it is not available at your local Army health clinic – and is called the FSME immunization. However, it only protects against Tick-Borne Encephalitis. It does not protect against any other tick-borne diseases, such as Lyme disease. The immunization is an inactivated virus and basic immunization consists of three injections. The first two injections are given

one to three months apart and the third injection is given nine to 12 months later.

The vaccine is available in Germany for adults and children who have completed their third birthday. In high endemic areas, the vaccine can be given to children as early as one year of age. Vaccine protection starts as early as 14 days after the second injection. This protection can last up to five years for people under the age of 60. For people more than 60 years old, protection lasts about three years.

It is possible to receive the immunizations on an accelerated schedule. Talk to your health care provider for more information.

As with most immunizations, there are side effects of the vaccine. This can include: fatigue, upset stomach, fever and tenderness or redness of the injection site. If you have an egg allergy, you should not receive this vaccine.

Again, FSME immunizations are not available at Army health clinics. If you are interested in receiving the vaccine, you may get a referral from your local health clinic to have the immunization administered on the German economy. Unfortunately, the ticks aren't going anywhere. Now that you know more about your options, take time to decide which preventive measures are best for you and your family. When in doubt, contact your local health clinic.

Information for this article was taken from the CDC and the Robert Koch Institute in Germany.

Got Diversity?

By Lt. Col. Kate Crusan,
U.S. Army Europe Diversity
Initiatives

Do you have diversity within your units?

Do you even know what diversity is?

The Army defines diversity as: "The different attributes, experiences and backgrounds of our Soldiers, Civilians and Family members that further enhance our global capabilities and contribute to an adaptive, culturally astute Army."

The Army diversity definition is very inclusionary. It goes way beyond the five protected classes of Equal Opportunity; race, religion, national origin, gender, color; and the seven of Equal Employment Opportunity – which adds age and disability. It takes into consideration any "difference" that would represent a different way to solve

America's strength is not our diversity; our strength is our ability to unite people of different backgrounds around common principles.

-Ernest Istook

any problem. It is at the core of what the Army Values stand for – that EVERY member of the team is valued for their input.

The U.S. Army in Europe is an organization that routinely takes its members from a myriad of backgrounds and molds them into one cohesive mission focused team.

Diversity is about getting the most out of every member of our team and respecting and valuing their unique skill sets. Diversity is about good leadership and living and modeling the Army Values, the Warrior Ethos, and the Civilian Corps Creed. Diversity also is about the unique and diverse

(ARMY continued on page 8)

(ENERGY continued from Page 1)

CFLs need a little more energy when the lights are first turned on, but once the electricity starts flowing, it uses 75 percent less energy than incandescent bulbs, resulting in a longer lifespan.

Self-Help Issue Point will replace burnt out bulbs with brand new energy-saving lights.

Separating trash

Recycling receptacles to separate paper, glass, metal or plastic materials in private quarters are now available at Self-Help to make sorting easier. Recycling reduces the amount of waste placed in landfills and decreases the garrison's waste bill, Weis said. Eight tons of scrap metal, three tons of plastic, 10 tons of glass, 30 tons of paper and two tons of electronics were recycled in February.

"Medication, paint, oven cleaner and other toxic chemicals should be disposed of at the recycling center," said Isabelle Fahimi, a con-

servationist for USAG Bamberg's EMD. "If toxic chemicals are not recycled properly, they poison our water and soil."

Recycle and reuse your electronics

According to Environmental Protection Agency, electronics are made up of a wide variety of materials, including lead, nickel, cadmium and mercury. Precious metals, copper and plastics also require a lot of energy to process and manufacture. When electronics are mismanaged at its end of life, these heavy metals could cause health problems and damage the environment. Electronics that have reached its end of life cycle or been replaced by an upgrade should either be donated to a thrift shop or disposed of at the recycling center. Remember to delete any personal information stored on items before disposing of them.

For more information on recycling, call 0951-300-7589/8849. For more information on the Self-Help Issue Point, call 0951-300-7669.

Community Announcements

Please send all announcements to Bamberg Public Affairs via the following website:
<http://www.bamberg.army.mil/mobi/form.asp>.

Estate Claims

Any Person having claims or obligations to the estate of Pfc. Michael C. Mahr of the 541st Engineer Company (Sapper), 54th Engineer Battalion should contact the summary court officer 1st LT Todd K. Ober, at 0951-300-7387.

Prayer Vigil for the Earthquake Victims in Japan

The Bamberg Community Chapel will be open for prayer during the hours of 11:30 a.m. - 1 p.m. Monday-Friday until April 15.

Commissary Patrons

A new installation policy will not allow for unauthorized persons to enter the commissary beginning April 1. Authorized patrons will not be allowed to escort or sign in any visitor in to the commissary. Commissary staff currently performs a 100 percent identification-card check and allow visitors to accompany the authorized patron, but that policy will be more restricted beginning next month. Commissaries authorize the purchase of groceries to military personnel, retirees and their families, along with Department of Defense employees who work overseas within a Status of Forces Agreement.

Starting School

Bamberg Elementary School in partnership with Child Youth School Services will have an information session at Preston hall April 1 from 11:30 a.m. to 12:30 p.m. to inform parents about students beginning their first year. Representatives from transportation, school registration and the Parent Teachers Association will be an attendance to answer questions and provide information to make the transition from preschool to school easier. If you have a child who turns 5, no later than Sept. 1 and is entering kindergarten this fall, please join us.

Scrapbooking

Learn how to use distressing ink, a distressing machine, and use tea to dye tags at the monthly scrapbooking April 1 from 6 p.m. to midnight at the 173rd Brigade Support Battalion Family Readiness Group Center. The cost is \$15. All crops include dinner, hourly door prizes, and a free instructional class. Childcare is available at the FRG center play room with child care providers at a cost of \$2 per hour per

2011 TEXAS HOLD'EM
Play Big! Win Big!

Online Winners:

1st Place: Ultimate Home Theater System (with Blu-Ray and BOSE Surround Sound)	4th Place: iPad
2nd Place: 3D Home Theater (45" HDTV Blu-Ray Player, Glasses - 2 Pair)	5th Place: Xbox 360 with Kinect
3rd Place: 21.3" Touch Screen Computer	6th Place: Nintendo Wii
	7th Place: Flip Ultra III Camcorder
	8th Place: Nintendo DSi XL

Garrison Winners:
Up to \$500 Cash and advance to the online finals plus other great prizes!

Bamberg Birchview Lanes Bowling Center
every Sunday, 12 p.m. starts May 1
Contact: (0951) 300 7722, DSN 469-7722
Phillip.ray.brown@us.army.mil
Or sign up through [facebook](#)

child. Reservations for childcare must be made in advance as space is limited. For more information, call 0951-300-7308 or wendy.sledd@us.army.mil.

Live Music

Operation Acetylene will play live music at the Birchwood Lane Bowling Center April 1. The band, which is a punk band with rock influences, will play cover songs that include; Rancid, Jimmy Eat World, MxPx, Blink 182, Green Day, SR 71, The Police, The Cranberries, The Clash, Johnny Cash and Weezer.

Waist Whittlers

Bamberg community members are invited to participate in a women's weight loss support group beginning in April. The group, for those looking for support to help them with their weight loss goals, will be held the first and third Thursday of each month in the Army Community Service building from 1-2 p.m. For more information, contact Beth Danowsky at 0951-300-7913 or by e-mail at elizabeth.a.danowsky.ctr@eur.army.mil.

Frankfurt Benefits Office Change

The Federal Benefits Unit in Frankfurt will have a new telephone number to call starting April 4 if you need assistance with Social Security, Medicare or Veterans Administration issues. The new number is 069-95551-110. All previous extensions and phone numbers will be discontinued on April 4. The Federal

Benefits Unit, Frankfurt may also be reached at FBU. Frankfurt@ssa.gov or by FAX at 069-749352.

Month of Military Child events

Throughout the month of April the U.S. Army Garrison Bamberg will host several events in honor of the Month of the Military Child. The kick-off celebration will be held Saturday, April 2 at Friendship Park at 9 a.m. The event will include a 5K Family Run/2K Kinder Volksmarch, a performance from Strong Beginnings and a 4-H Pet Expo. On Saturday, April 23, the garrison will host an Easter egg hunt/Spring Fling event at Friendship Park at 10 a.m. Following the egg hunt, the Spring Fling will include field games, arts and crafts and lunch. Stop by the Community Activity Center's portrait studio April 24 from 11 a.m. - 1 p.m. and take a picture with the Easter Bunny. Pictures are \$5.

Parent's Night Out

Enjoy a day or night out by enrolling your children in the next Parents Day Out or Parents Night Out programs. Dates for Parents Day Out will be April 2, June 4, Aug. 6, Oct. 1 and Dec. 3 from 11:30 a.m. - 3 p.m. Dates for Parents Night Out will be May 6, July 8, Sept. 9 and Nov. 4, from 6:30 - 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

Edelweiss Resort

Did you know Edelweiss Resort has vacation cabins as well? From now until April 8 a three-night stay in a rustic cabin is only \$130. How is that for an affordable base camp to ski and snowboard in the Alps?

BOSS Trip

Take a trip with Amsterdam with Better Opportunities for Single Soldiers April 8-11. The trip includes: motor coach transportation, two nights in a 3-star hotel, two breakfast buffets, walking tour of Amsterdam, visit to cheese and clog farm, entrance fee to Anne Frank's house, Holland Tour in Volendam, Edam, Monnickendam. There is an English speaking tour guide throughout the trip. The price is \$339. For more information, call 0951-300-9086/8890 or e-mail bam.dfmwr.boss@eur.army.mil.

Newcomer's Class

People Encouraging People, or PEP, is a five-day orientation course for newly arrived spouses and family members. The course covers German language and culture, customs, courtesies, food and a walking tour of Bamberg's historic downtown. The next PEP class is scheduled for April 11-15. Call 0951-300-7777 to reserve a spot.

Retiree Counsel

There will be a Retiree Counsel meeting April 14 at 2 p.m. in the permanent change of station conference room We will be voting for Retiree Counsel members. The positions that are open are president, vice president, secretary and three voting members. For more information, call 0951-300-7514.

Bazaar Volunteers

The Bamberg Spouses and Civilian's Club is looking for volunteers for the 2011 Bazaar with Heart, which brings furniture, antique and food vendors to the Bamberg community and is supported by Family and Morale, Welfare and Recreation. The event will be at the Freedom Fitness Facility from April 15-17. If interested in volunteering, e-mail bazaar.volunteer@yahoo.com. For regular updates on the upcoming Bazaar with Heart check the MWR Bamberg website and Flickr website or e-mail BambergBazaarwithHeart2011@yahoo.com.

USAG Bamberg
Community Activity Center

U.S. ARMY
MWR

Community Flea Market
Every second Saturday (March-October)
March 12, April 9, May 14, June 11,
July 9, Aug. 13, Sep. 10, Oct. 8
10 a.m.-1 p.m. at CAC, Building 7047

Contact CAC at (0951) 300 8659

Presented by Bamberg Spouses and Civilian's Club
Supported by

Bazaar with Heart
April 15-17

Fri 10 a.m.-7 p.m.
Sat 10 a.m.-6 p.m.
Sun 11 a.m.-4 p.m.
Bamberg Warner Barracks
Freedom Fitness Facility

Science Fair

Bamberg Elementary School is scheduled to have a Science Fair on May 4 in the multipurpose room. The fair begins at 3:30 p.m. and finishes at 5 p.m.. Bamberg community members are invited to to come, enjoy, and talk with our students about their experiments.

Weekly Reminders

Boy Scouts

Boy Scout Troop 40 in Bamberg is looking for boys ages 12 and older who are interested in becoming Boy Scouts. The troop meets every Monday from 6:30 – 7:30 p.m. except on holidays. The boys work on requirements for advancement and earning merit badges. The troop is also looking for adult volunteers and Eagle Scouts to assist with troop activities. Don't delay; become a Boy Scout today. For more information, call 0160-158-5894.

Tax Center

The Bamberg Tax Center is now open. The Tax Center is located in Building 7000 on the fourth floor. Appointments and walk-ins are available. Operating hours are Monday – Friday from 9 - 11:30 a.m. and 1 - 3:30 p.m. For more information, call 0951-300-8261/8262.

DFAC Feedback

Dining Facility council meetings are at 2 p.m. at Nieves Webb every last Thursday of the last month of each quarter. The remaining meetings are scheduled to take place June 30 and Sept. 29. For more information, call 0951-300-7130.

MWR Guide

Bamberg's Family and Morale, Welfare and Recreation Guide for the month of February is now online at <http://issuu.com/BambergMWR/docs/brochure>.

Sweet Dreams Project

As part of U.S. Army Garrison Bamberg's Child Youth and School Services Deployment Support Initiative, community members can send pictures to the School Age Center in a jpg. format with the location of the recipient and contact information to be made into a pillowcase. The project is for deployed Soldiers or those away from home for training and family members back home. For more information about the project, call 0951-300-8698.

Library Events

The library hosts weekly events. There is storytell-

SUMMER HIRE 2011
June 20 - July 29

Applications Accepted Online
March 27 - May 22
<https://hjobs.army.mil/sh/staffing/summerhire/>

Type of Work
Labor, Clerical, Child Care

Eligibility
Family Members (FM) between the ages of 14 to 22 years old, with valid FM ID Cards. This includes spouses under 18 years of age who are still in High School.

0951-300-8812

1. APPLY ONLINE
2. COMPLETE INPROCESSING PACKET
3. SUBMIT INPROCESSING PACKET TO YOUR LOCAL SPAC WITHIN 8 DAYS AFTER APPLYING ONLINE

ing for children ages 3-5 years old every Thursday at 11:30 a.m. There's also a Gamers' Challenge that meets every Saturday at 5 p.m. For more information, call 0951-300-1740.

Instructor's Course

People interested in becoming a Health and Safety Instructor for the American Red Cross should call 0951-300-1760 or e-mail RedCross.Bamberg@eur.army.mil.

Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Bonnie Kellern, EFMP manger, at 0951-300-7777.

Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke. Other energy and utility providers can also be used, but customers will have to register through the USAG Schweinfurt UTAP. For more information, call the Bamberg tax relief office at 0951-300-1780 or the Schweinfurt tax relief office at 09721-96-1780.

Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday and Friday sick call is from 7 - 8 a.m.; full service is available

USAG Bamberg
Whispering Pines Golf Course and Pro Shop
Tel. (0951) 300 8953

U.S. ARMY MWR
MORALE, WELFARE AND RECREATION

Golf Course Clean Up and 9-Hole-Tournament

April 9, 9 a.m.
Free 9-Hole-Tournament for all clean up helpers

sponsored by **Ford** **Exchange** new car sales

from 7:30 a.m. - 4:30 p.m. On Thursday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - noon; closed on Thursday afternoons for mandatory training, federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with your military care provider.

German Classes

Army Community Service, Relocation Readiness Program, offers free German classes every month. Beginner classes are scheduled Tuesdays from 10 a.m. to noon and Wednesday from 6-8 p.m. Intermediate classes are Tuesdays, noon to 2 p.m. and Wednesdays, 2-4 p.m. Advanced classes are Tuesdays, 2-4 p.m. and Wednesdays, 4-6 p.m. Classes are held at the ACS building in classroom 118. For more information, call 0951-300-7777.

Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

Chapel Meeting

The Bamberg Protestant Women of the Chapel has weekly meetings on Wednesdays from 9-11:30 a.m. at the Bamberg Chapel. Free childcare is provided. For more information about PWOC, call 0951-300-1570.

Pre-Separation Briefing

Bamberg School Age Center
"Awesome Tech Explosion"
Spring Break Camp 2011

April 18-22
Hours of Operation
SAC hours 5:45 a.m. - 5:45 p.m.
Camp Hours 8:30 a.m. - 5:30 p.m.

Daily Themes
Monday- "Robotics and more"
Tuesday- Field Trip to Sinsheim Technology Museum/Park
Wednesday- Ultimate Space Journey
Thursday- Creative Inventions
Friday- "Tech" Extravaganza

Ages:
Kindergarten - 5/6th Grade youth
No cost for youth who turned 11 before the start of the school year.

For more information or to reserve a space, call Parent Central Services at 0951 300 7716.

U.S. ARMY MWR U.S. Army Child Youth & School Services

USAG Bamberg
Freedom Fitness Facility

U.S. ARMY MWR
MORALE, WELFARE AND RECREATION

Volleyball
Invitational Tournament

April 9, 9 a.m. - Bamberg FFF
Women's, Men's and Co-ed Teams: minimum 6 teams for each division. \$150 per team. Sign up by April 4 by contacting FFF at DSN 469-8890/9036 or (0951) 300 8890/9036.

e-mail: Ernest.Johnson@eur.army.mil

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; held weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last week-day of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and Anger/Stress Management classes.

- **Family Advocacy** - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for Anger/Stress Management Class.
- **New Parent** - Being a new parent can be a challenge. Join the New Parent Support Group ev-

Recycling Progress ▲

There were 10 tons of glass recycled in February. Eight tons more than in January.

- For information about any of these classes, call 0951-300-7777.

Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

Sports, Health and Fitness

Youth Golf Tournament

Whispering Pines Golf Course is hosting a nine hole golf youth tournament Saturday, April 16 at 9 a.m. Cost is \$25. Prizes will be given for first through third places in three age categories: 6-9 year olds, 10-15 year olds and 16-18 year olds. A barbecue will be held at the end of the event. For more information, call 0951-300-8953 or e-mail darcey.n.shepard@eur.army.mil.

Bowling Lanes

The Birchview Lanes Bowling Center is located in Building 7690, near the Bamberg Elementary School. For more information, updates and events, visit the Family and Morale, Welfare and Recreation website at <http://www.bamberg.army.mil/directorates/dfmwr/bc.asp> or call 0951-300-7722.

Youth and Teens

AWANA

Come join AWANA, the weekly children's Bible Club on Sundays from 3:30-5:30 p.m. at the high school gym. This free club is for 4-year-olds - 6th grade students. The club runs from September-May. For more information, call 0951-300-1570.

Cub Scouts

There is a Cub Scout Pack in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webelos (4th and 5th

grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlarama, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information, call 0162-234-0906.

Ballet Class

Registration is open for Child, Youth and School Services SKIES Unlimited ballet classes. The program is for ages 3-8. Classes are on Thursdays from 2 - 4:30 p.m. in Building 7669. Check the class brochure for specific times and holidays. For more information, call 0951-300-7452.

Teen Stress

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

Aqua Barons

Meet new people and become a part of the Aqua Barons team. Get into shape and stay in shape by swimming. Earn awesome rewards like trophies, medals, ribbons and even a varsity letter. Travel around Europe for swim meets to places like Italy, Spain, Belgium, England and many more. For more information, e-mail bambergaquabarons@yahoo.com.

Youth Lessons

Child, Youth and School Services SKIES Unlimited is offering lessons for tennis, racquetball and dance for youth ages 7-18. For more information, call 0951-300-7452.

Volunteers Needed

The Bamberg Middle High School is seeking volunteers for tutoring students in any subject at the middle and/or high school level. If you would like to help out, call 0951-300-8874.

Continuing Education

Study Overseas

University of Maryland University College Europe field study courses provide students with an opportunity to travel and explore Europe while earning university credit. Two upcoming courses are Scotland:



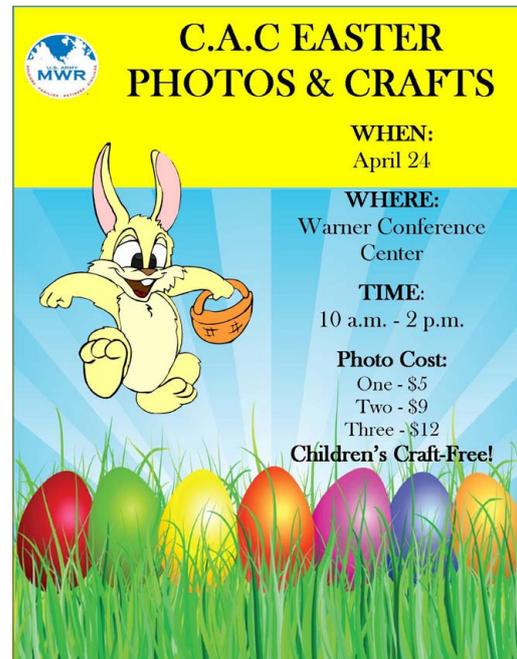
Amsterdam
with BOSS, Training Holiday Weekend
April 8 - 11

Trip costs \$339 and includes:

- 2 nights in a 3-star hotel,
- 2 breakfast buffets,
- walking tour of Amsterdam,
- visit to a cheese and clog farm,
- visit to Anne Frank's house, entrance fee incl.
- tour of Volendam, Edam, Monnickendam
- visit to Delftse Pauw in Rijswijk.
- English speaking tour guide throughout trip.

Sign up at the Freedom Fitness Facility. \$100 deposit per person to reserve your seat. Payable in full no later than April 5

Contact (0951) 300 9086/8890 / E-mail mail.bam.dfmwr.boss@eur.army.mil



C.A.C. EASTER PHOTOS & CRAFTS

WHEN:
April 24

WHERE:
Warner Conference Center

TIME:
10 a.m. - 2 p.m.

Photo Cost:
One - \$5
Two - \$9
Three - \$12

Children's Craft-Free!

Culture, Literature, and History (ENGL 288I/388I), which will be in historic sites throughout Scotland; and History and Culture of Naples (HIST 217F/317F), which will be in Italy. Both courses meet on May 15-21 and have a registration deadline of April 24. For more information, visit www.ed.umuc.edu/fieldstudy or e-mail fieldstudies@europe.umuc.edu.

Spring Registration

University of Maryland University College Europe announces registration for Spring 2011 Session 2. Registration for Europe online courses continues from now through April 3. Online classes start April 4. Students are encouraged to enroll early. For more information, visit www.ed.umuc.edu, or call 06221-3780.

PTA Scholarships

Apply for European Parent Teacher Association

CELEBRATION OF THE ARTS
ART EXHIBITION CRAFT SHOW GALA

April 9, 10 a.m.-3 p.m. at the CAC, Bldg. 40
Free and open to U.S. I.D. cardholders

- The Hohenfels High School will present a multimedia art exhibition.
- The Craft Show will feature more than 30 local crafters and artists selling beautiful, handmade goods.

April 9, 7-10 p.m. at the CAC, Bldg. 40
Open to ticket holders with U.S. I.D. cards

- Celebrate the arts at this elegant cocktail event. Enjoy live music, heavy hors d'oeuvres, wine bar, and live and silent auctions. Proceeds will go toward the Schwartz Fine Arts Foundation and community welfare and scholarship grants.

GALA TICKETS ARE \$15 EACH. THEY WILL BE AVAILABLE FOR PURCHASE AT THE THRIFT STORE OR VISIT OUR WEBSITE, WWW.HOHENFELSCSC.COM

PRESENTED BY: SFAF (Schwartz Fine Arts Foundation) and HCSC (Hohenfels Community Support Center)

scholarships. For more information, visit <http://europeanonline.org/EPTAScholarship.aspx>.

Book Award

University of Maryland University College Europe is pleased to continue the popular book award program for Spring 2011 Session 2. Students can apply for a book award to offset textbook costs, including the \$100 Orkand Military Book Award for enlisted service members and the \$100 Europe Book Award for spouses and family members of service members of all ranks. For information, go to http://www.ed.umuc.edu/financial_aid. For more information about the book award program, visit www.ed.umuc.edu, or call 06221-3780.

Language Initiative

Learn more about the State Department's National Security Language Initiative for Youth. It provides merit-based scholarships to U.S. high school students and recent graduates interested in learning less-commonly studied foreign languages. For more information, visit <http://exchanges.state.gov/youth/programs/nsli.html>.

Student Aid

Learn what resources are available to help fund your higher education, visit <http://studentaid.ed.gov/POR-TALSWebApp/students/english/index.jsp>.

Closures / Changes

Vehicle Registration

Vehicle Registration Office will be closed for lunch April 1 from 11:45 a.m. – 12:30 p.m. Vehicle Registration office will also be closed April 22 and 25 and will be closed for lunch from 11:45 a.m. – 12:30 p.m. April 18 – 29 due to personnel shortage. For more information, call 0951-300-7580. For more information, call 0951-300-7580.

Airport Shuttle

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:20 a.m. and ar-

rives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on American and training holidays. For more information about the airport shuttle, call 069-695973816.

Entertainment and Leisure

Poker Tournament

Take part in the Morale, Welfare and Recreation poker tournament every Sunday beginning May 1. This is a five-week event that runs through May 29. The top two seeds of each week will advance to the final table on June 5. The top three prizes will be cash prizes. The first place winner will receive an entry to an online worldwide poker tournament for the U.S. Army. The entry is free. For more information, call 0951-300-7722.

USAG Bamberg Freedom Fitness Facility

U.S. ARMY MWR

Bunny Hop Fun Run
April 23, 9 a.m.
5k Fun Run / Walk starts Freedom Fitness Facility

Contact (0951) 300 8890 or (0151) 175 126 99

Trips and Travel Opportunities

Take a trip with Bamberg Outdoor Recreation in March and April.

Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.



April 2 Nurnberg Zoo \$ 35

With well-designed paths among the animal enclosures, enjoy a leisurely stroll as you observe the many species the zoo possesses. Observe live animal feedings and shows, and when your legs get tired grab a snack at one of the restaurants located inside the zoo. The trip includes transportation and admission. Children ages 4-12 are \$20, and children 3 and under are \$10. Transportation departs Outdoor Recreation at 9 a.m. and returns at 5 p.m.

April 7 Tour Under Bamberg \$25

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Transportation departs Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

Wednesday Evening Mountain Bike Rides \$15

Enjoy the longer days with a mountain bike ride through the woods. Occur-

ring April 13, 20, and 27, de-stress while breathing in the fresh air and learning new trails. Use your own bike or rent one from ODR for only \$10. Riders must sign-up in advance. Transportation departs Outdoor Recreation at 5 p.m. and returns at 8 p.m.

April 16 Salzburg, Austria \$65

Visit this charming city which is famous for the Sound of Music, is the birthplace of Wolfgang Amadeus Mozart, and where the Fortress of Hohensalzburg provides breathtaking views. The trip includes transportation and a two-hour city tour. Children ages 4-12 are \$55, and children 3 and under are \$45. Transportation departs the Chapel parking lot at 5 a.m. and returns at 10 p.m.

April 23 Easter Egg Hunt / Geocaching

Join Outdoor Recreation and U.S. Army Garrison Bamberg as we celebrate the month of the military child. The Easter Egg Hunt this year will have an added twist, as children grades sixth and older will be able to use Global Positioning System to locate hidden gems. Check the Morale, Welfare and Recreation brochure for more information.

May 5 Tour Under Bamberg \$ 25

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Transportation departs Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

May 7 White Water Kayak \$ 35

No matter your skill level, our White Water Kayaking trip will have you feeling like a professional by the end of the day. Please wear a swimming suit and pack a towel, lunch and hydrating liquids. Trip includes transportation and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

Bamberg Movie Schedule

AAFES Reel Time Theater is closed Tuesdays and Wednesdays

Thu	March 31	Country Strong (PG-13)	7 p.m.
Fri	April 1	Paul (R)	7 p.m.
Sat	April 2	The Green Hornet (PG-13)	3 p.m.
		The Rite (PG-13)	7 p.m.
Sun	April 3	The Green Hornet (PG-13)	3 p.m.
		Paul (R)	7 p.m.
Mon	April 4	Paul (R)	7 p.m.
Thu	April 7	The Rite (PG-13)	7 p.m.
Fri	April 8	Sucker Punch (PG-13)	7 p.m.
Sat	April 9	Sucker Punch (PG-13)	3 p.m.
		Sanctum	7 p.m.
Sun	April 10	Sucker Punch (PG-13)	3 p.m.
		No Strings Attached (R)	7 p.m.
Mon	April 11	No Strings Attached (R)	7 p.m.
Thu	April 14	Jackass 3d (2d Version)(R)	7 p.m.
Fri	April 15	The Eagle (PG-13)	7 p.m.
Sat	April 16	The Roommate (PG-13)	3 p.m.
		Jackass 3d (2d Version)(R)	7 p.m.
Sun	April 17	The Eagle (PG-13)	3 p.m.
		The Roommate (PG-13)	7 p.m.
Mon	April 18	The Roommate (PG-13)	7 p.m.
Thu	April 21	The Eagle (PG-13)	7 p.m.
Fri	April 22	Arthur (N/A)	7 p.m.
Sat	April 23	I Am Number Four (PG-13)	3 p.m.
		Just Go With It (PG-13)	7 p.m.
Sun	April 24	I Am Number Four (PG-13)	3 p.m.
		Arthur (N/A)	7 p.m.
Mon	April 25	Just Go With It (PG-13)	7 p.m.
Thu	April 28	Just Go With It (PG-13)	7 p.m.
Fri	April 29	Justin Bieber: Never Say Never (G)	7 p.m.
Sat	April 30	Gnomeo & Juliet (G)	3 p.m.
		Rio (PG)	7 p.m.



ARMY DIVERSITY STRENGTH IN DIVERSITY

(ARMY continued from Page 3) makeup of our Army and our ability to harness that diversity into mission success – and we have been doing it for a long time.

Diversity can be seen as an essential element for every leader's toolkit; an element that, if taken advantage of, enables all leaders to adapt, remain ready, and accomplish every mission.

We all realize that the strength of the Army is our people. Diversity will make our Army that much stronger.

We can also look at diversity as a national security issue. No one can argue that today's security environment is complicated and demanding.

The human dimensions of conflict are more dynamic than ever before. The unconventional and asymmetrical battlefields of the future mean that we must understand people and the environments where they live.

A more adaptive and culturally astute force will enhance our ability to operate in these environments. Training, educating, and preparing culturally adaptive leaders, who are able to meet global challenges because of their ability to understand varying cultures, will continue to help the Army achieve mission readiness.

We can even look at diversity as a survival issue for our all volunteer force. As our population changes, the Army must look at ways to recruit and retain the

changing talent pool. It is important that our Army continues to be a place where men and women of different backgrounds, cultures and ideas and beliefs know and understand that they are valued members at every level.

You can promote and sustain diversity by creating and maintaining an inclusive environment. An inclusive environment, where employees feel valued, can lead to reduced personnel costs, enhanced teamwork, increased innovation and higher quality performance. Understanding the human dimension of leadership and managing your talent pool will lead to increased mission readiness.

Now, let's talk about what diversity is not.

Diversity is NOT about the Equal Opportunity or Equal Employment Opportunity programs, although those programs have been and will continue to be vital components in providing diversity in opportunity. Diversity is not some Affirmative Action program or a way to reach minority quotas.

Diversity is not just about demographics or the color of your skin; it is about what every individual in your organization can bring to the table.

Finally, diversity is definitely not a stand-alone program. It is already a part of who we are, as an Army, and how we operate. We are already the most diverse and effective fighting force in the world.

Eco-Friendly Tips

Water-saving Tips

1. Run your clothes washer and dishwasher only when they are full. You can save water and energy, and this reduces the amount of detergent entering the sewage system.
2. When cleaning out fish tanks, give the nutrient-rich (nitrogen and phosphorous) water to your plants.

Recycling Tips

1. Share newspapers and magazines with others to extend the lives of these items and reduce the generation of waste paper.
2. Recycle your newspapers.

Energy-saving Tips

1. When shopping for appliances, look for the ENERGY STAR label.
2. Turn off your stove or oven about 10 minutes before the dish is ready- this saves energy.



STRENGTHENING OUR MILITARY FAMILIES

Meeting America's Commitment

Multiple deployments, combat injuries and the challenges of reintegration can have far-reaching effects on not only the troops and their families, but also upon America's communities. These challenges should be at the forefront of the national discourse.



Get the AFN Europe Mobile App

Get the Mobile MWR App



Traumatic Brain Injuries: What Service Members Need to Know

By Joanne Hsu

U.S. Army Public Health Command (Provisional)

March is National Brain Injury Awareness Month. Brain injuries, specifically traumatic brain injuries, are major health concerns in the military. Twelve percent of troops (about 320,000) returning from Iraq and Afghanistan reported experiencing TBI.

TBI is defined as a blow or jolt to the head or a penetrating head injury that disrupts the function of the brain. "Concussion" is also used to describe TBIs. Symptoms of TBI include headaches, dizziness, tiredness, trouble concentrating, forgetting things, irritability, balance problems, trouble sleeping and changes in vision.

Service members can benefit from being aware of TBI and its symptoms because it is easy for TBI to be overlooked by a doctor.

This could be because brain injury symptoms may not be apparent until weeks or months after a traumatic event. This is especially true with closed-head trauma where there are no visible effects such as bleeding or a broken skull.

TBI is hard to distinguish from other emotional or behavioral problems such as post traumatic stress disorder or depression. There are still many unknowns about injuries to the brain as

a result of blasts or explosions. According to the New York Times, "These are the first wars [Operation Enduring Freedom and Operation Iraqi Freedom] in which Soldiers protected by strong armor and rapid medical care, routinely survive explosions at close range and then return to combat."

Explosions or blasts are the leading cause of TBI for active duty military personnel in war zones.

There are two major things Soldiers and their families can do about TBI:

- Know the signs and symptoms of concussions and see a doctor if symptoms continue for more than three months.

- Keep the Defense Veterans Brain Injury Center phone number (1-800-870-9244) nearby. DVBIC can answer questions Soldiers might have on TBI or direct Soldiers to medical providers.

For deployed Soldiers, here are tips on how to protect against brain injuries:

- Wear a helmet or other appropriate head gear when on patrol or in other high-risk areas.

- Wear safety belts when traveling in vehicles.
- Check for obstacles and loose debris before climbing/rappelling down buildings or other structures.

- Maintain clean and orderly work environments that are free of debris.

- Be aware of what is on the ground around you at all times when aircraft rotors are turning.

- Use care when walking on wet, oily or sandy surfaces.

- Employ the buddy system when climbing ladders or working at heights.

For more information on TBI:

Defense and Veterans Brain Injury Center, <http://www.dvbic.org/TBI---The-Military/TBI-Facts.aspx>

Defense and Veterans Brain Injury Center <http://www.dvbic.org>

Defense and Veterans Brain Injury Center, http://glwach.amedd.army.mil/patient_care/clinics/tbi/TBI_Awareness.pdf

University of Washington Traumatic Brain Injury Model System, <http://depts.washington.edu/uwtbi/Education/patiented.htm>

Brainline, <http://www.brainline.org/index.html>

New York Times, <http://www.nytimes.com/2008/08/26/us/26tbi.html>

(PASS continued from Page1) or SOFA, card that can be inserted into your tourist passport.

One thing Johnson cautioned is to not wait until the last minute to do passport paperwork.

If you are applying for a tourist passport, the process can take up to four weeks, he said. An official passport can take between four and six weeks to get back. Johnson recommends starting the renewal process at least 90 days before the passport expires.

In addition, while the passport office doesn't process Visa applications, they do have information packets to let you know what you need to do to get one. Johnson encourages community members to start thinking well in advance about applying for a Visa if needed.

"Sometimes it can take up to a year to get through the Visa application process," he said.

If community members have a baby overseas, they will also have to apply for a Consular Report of Birth Abroad before applying for a

passport. Parents can also apply for a newborn's Social Security card at the passport office as well.

Information about passports and documents can be downloaded from the www.bamberg.army.mil website or by stopping by the passport office. Photos for the passport can be obtained at the Community Activity Center Tuesday through Friday from noon – 5 p.m. Once you have the packet and all the documents, the visit to the passport office only takes about 5-10 minutes, Johnson said.

The Bamberg passport office, located on the first floor of the Service Credit Union building, is open Monday through Friday for from 8 – 11:45 a.m. for walk in appointments dealing with passport or SOFA issues and 1 – 4 p.m. for Consular Reports of Birth and by appointment.

For more information, contact Don Johnson at 0951-300-8928, log on to <http://www.bamberg.army.mil/directorates/dhr/passport.asp> or find more information at http://travel.state.gov/passport/passport_1738.html.

Passport and Immigration Fees

- The rates for Consular Reports of Birth Abroad and Passports increased in 2010. The new rates are the following:
- Adult Passport Book Renewal: \$110
- Adult Passport Book Initial: \$135
- Child Passport Book: \$105
- Consular Report of Birth Abroad (CRBA): \$100 (for those that are command sponsored)
- Visa Pages: \$82
- Additional Information on other consular rate increases is available at www.bamberg.army.mil/directorates/dhr/passport.asp. If you are the spouse of a deployed Soldier, you can still apply for your child's Consular Report of Birth. You can also apply for your child's passport with the proper paperwork. Failure to do either of these can result in you not leaving Germany on schedule.

Easter Week Services

April 18-24

Catholic Services

April 18 at 9 a.m. - Mass
 April 19 at 5 p.m. - Adoration and Confession
 April 21 at 6 p.m. - Mass of the Lord's Supper
 April 22: at noon - Passion of our Lord
 April 23 at 8 p.m. - Easter Vigil Mass
 April 24 at 8:30 a.m. - Rosary
 9 a.m. - Mass

Protestant Services

April 22 at 5 p.m. - Good Friday Service
 6 p.m. - Good Friday Supper
 7 p.m. - Movie: "The Passion of the Christ"
 April 24 at 7 a.m. - Easter Sunrise Service
 11 a.m. - Protestant Service
 1 p.m. - Gospel Service



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

MISCELLANEOUS

Kitchen for Sale! Full kitchen including appliances for sale. Asking price is €2,000 OBO. Kitchen includes refrigerator, stove, oven, and dish washer. All appliances are high quality and fully functional. Lots of cabinet space. Original price for the set was over €4,000. Only used for 1 1/2 years. Contact Holly Matesick at hollydietzel@hotmail.com for more pictures and further details. (3/31/11)

Wanted: German King Size Bed Frame. E-mail: rushharry@hotmail.com. (3/31/11)

The school is in need of a bus driver who is qualified to drive a 40-passenger bus. If interested, please e-mail Dominick.Calabria@eu.dodea.edu. (1/27/11)

Gabi's Doggie Daycare, I have space available only on weekends, holidays, and at home care. Daily care is full. Visit www.gabi-doggiedaycare.com.

Free to good home. A rabbit with cage and everything that goes with it. In interested, call Steve at 0951-208-5148.

Mariachi Cuatro Caminos band. We are looking for local and newly re-deployed Soldiers or family members to enlarge the mariachi band. Will perform for the community military and civilian, no money will be collected from gigs. Must read music and be able to play by ear. New to the mariachi or an instrument and you are willing to learn, no problem, as long as you can walk and chew gum at the same time. For more information about the Mariachi Cuatro Caminos band, e-mail puro-mariachi@hotmail.com. (1/3/11)

PCSing? Can't find a new home for your dog? Please don't abandon him/her, call us first. No questions asked. We are a privately funded non-profit dog rescue. Will give your dog solace and placement with a new, loving family. Located in Bamberg and open from 10 a.m.-10 p.m. Call 0954-532-2881 or e-mail solacedogrescue@yahoo.com. (8/23/10)

EMPLOYMENT

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary. (2/3/2011)

Assistant Director for the Youth Sports and Fitness Program: Assists director with the operation, integration, coordination and oversight of installation CYS Services Sports and Fitness Program (Team Sports, Individual Sports, Fitness and Health and Nutrition Counseling/Education and Health Promotion/Events). This is a full-time position. Qualifications: requires 12-months of experience working in Sports/Fitness and/or youth Programs equivalent. Must be able to work until early evenings and week-ends. Salary: \$29,899-\$34,881 annual salary. (2/3/2011)

Vendor/stocker position available for night stocking in the Bamberg Commissary. For more information, call Customer Service at 0951-300-7650. (12/8/10)

Daily pet sitting services required for one female French Bulldog, Monday through Friday and possibly occasional weekends when out of town. She is house trained and very good with children/dogs, a true joy to have around. If interested, please contact 1st Lt. Troy Shoemaker at 0151-405-21294 or e-mail at troy.shoemaker@us.army.mil.

AAFES Bamberg is accepting applications for entry-level retail and food service positions. Join our team, log on to www.aafes.com today and be part of our new workforce of tomorrow. For more information, call the Human Resources Office at 0951-303159.

FOR SALE

Dining Room Table Set - Iron and glass table with black wood trim and four iron and wood chairs. Very nice looking. Good Condition. \$150 - e-mail at Allison.S.Rhodes@gmail.com. (2/24/11)

220 Volt Large freezer, \$250 Jeep jogger stroller- still in great condition. \$50 Low maintenance elliptical- \$20 Lightening McQueen toddler bed with mattress- never used \$60 Kids left-handed golf set - \$80 Large gas BBQ- used once during summer 2010 - \$80 Small gas bbq- free In house small stereo with speakers- \$40. Christina Gonzalez 0171-777-9328 wgonzalez001@yahoo.com. (1/20/11)

Big free standing RCA HDTV on rollers 51 1/2 inch tall 48 1/2 in wide 120 works great \$200 O.B.O. call 015151679661 or e-mail brikenmar@yahoo.com.

Snails for sale: fresh water snails. \$.50 each. E-mail pbbabe24@hotmail.com. (1/20/11)

Weight Bench \$75; Curl Bar \$20; 2 Long Bars \$15 each; 2 Dumbbell Bars \$10 for the set. 4x10 lb plates, 2x5 kg plates, 10x5 lb plates, 4x10 lb plates, 2x10 kg plates, 2x25 lb plates, 2x3 lb plates. All weights are 40 cents per pound and the complete set price can be negotiable. Leg Extender \$50; Computer Desk \$30. Call 0951-300-7044. (11/8/10)

AUTOMOBILES

For Sale: 2005 Hyundai Accent, Automatic, Hatchback, only 56k miles, Silver. Super reliable. Exterior has some minor dings, interior in good conditions (non-smokers). Just passed inspection (Feb. 14). New brakes and tires. Asking \$3,000. DON'T BUY A BEATER BMW! CALL 0162-597-1027, JFredrick_swr@hotmail.com. (3/3/11)

For Sale: '95 White 4WD Mitsubishi Montero. Passed inspection- Great Condition. Power windows, power locks, cargo rack, cloth interior, brand new winter tires- great family SUV. For more information and details, call Daryl at 015224123655- make an offer! (2/10/11)

For Sale: Red 2002 Dodge Stratus R/T, \$6,000, 4-door, 2.7 liter, V6 automatic transmission, leather seats, 4 disc CD changer, auto-start, alarm, A/C, power seat, rear spoiler, all season tires, alloy 17" rims, new brakes, rotors, and battery, single owner. Call Liz at 0170-907-9377. (10/25/10)

For Sale: 2010 Red Dodge Avenger still new condition, Automatic, \$15,500 less than

5,000 miles and has been in our possession since August 2009. Only serious inquiries. Christina Gonzalez 0171-777-9328 wgonzalez001@yahoo.com. (1/20/11)

For Sale: Toyota RAV4, 2003. Asking \$9,000. Toyota RAV4 is a 4-cylinder, gold, leather seats, 78,000 miles, regular maintenance, no accidents. E-mail dinie76@hotmail.com for photos. (12/1/10)

For Sale: 2008 Toyota Tacoma, Pre-Runner SR-5, VR 6 (236 HP). Less than 15.5K miles. Auto Transmission, Class III hitch, oil cooler, limited slip differential, access cab, upgraded interior (CD, etc), two-wheel drive. Asking \$20,500. Call 0951-300-8901 or 0954-998-8078, or e-mail gibbonstr@hotmail.com.

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