



# WARNER WEEKLY

News & Information at Your Fingertips

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## Bamberg lodging increases accommodations

By Sina Kingsbury,  
USAG Bamberg Public Affairs

BAMBERG, Germany -- When it comes to the stresses of moving, finding a place to lay your head should be the least of one's worries.

After seven months of planning and renovating, Warner Barracks' temporary lodging facilities are expanding and upgrading from 28 rooms to 39 suites.

The new lodging, located next to the old facilities, will boast 16 suites in Building 7676, 16 suites in Building 7677. Five suites in the Warner Conference Center remain. Two handicapped accessible rooms were also built in Building 7678. The new facilities were needed to keep up with the number of personnel needing temporary lodging, said Darrell Clay, director of Family and Morale, Welfare, and Recreation.

"From October to April, 600 statements of non-availability were issued," Clay said. "With the new facilities, we hope to reduce that by 20-30 percent."

"This is a big bonus for our community," he said.

The former lodge offered its guests basic amenities, such as internet, TV, phone and other personal care items.

For some Families who must spend several weeks to months in lodging, the absence of household appliances for an extended period becomes an inconvenience, Clay said. The

**"I've been told that Bamberg was one of two lodging operations in Europe that had shared bathrooms. Now, all the new suites will have their own separate bathroom."**

- Darrell Clay, Director of Family and Morale, Welfare, and Recreation.

new upgrades will enhance Families' quality of life.

To help alleviate the stress and difficulties of temporary living, 32 of the new suites will have kitchenettes, which include a stove, microwave, refrigerator and dishwasher. Unlocking a few doors in Building 7676 will transform four suites into one larger accommodation for bigger Families, Clay said.

Guests of Bamberg lodging will no longer have to share bathrooms with neighboring guests.

Previously, a little over half of the rooms required occupants to share with the adjoining room.

"I've been told that Bamberg was one of two lodging operations in Europe that had shared bathrooms," Clay said. "Now, all the new suites will have their own separate bathroom."

A ribbon cutting ceremony and reception will take place Monday at the new facilities starting at 2:30 p.m.



Douglas DeMaio

**Alice Zamora, the manager for lodging in Bamberg, enters Building 7677 May 10 on Warner Barracks. Zamora was hanging pictures in the newly renovated building, which has 16 suites. The upgrades have eliminated the need for customers to share a bathroom.**

Community members can tour the new suites and following the tour are invited to celebrate at the Warner Conference Center with food and drinks.

For more information on Bamberg lodging or to make a reservation, call 0951-300-1700.

## Inaugural Spouse Resiliency Academy comes to Warner Barracks

By Jessica Lipari, USAG Bamberg Public Affairs

BAMBERG, Germany -- Many of today's spouses face multiple spouse deployments, frequent moves and constant change.

To help cope with these transitions, Warner Barracks will have the first Spouse Resiliency Academy on May 18-20. The academy is a family member resiliency training under the Comprehensive Soldier Fitness program.

The Army Chief of Staff established CSF in 2008 for Soldiers, Families and Department of the Army civilians. It is structured as a long-term assessment and development program to build resilience and enhance performance of Soldiers, Families and civilians.

Army Community Service has offered resilience training to spouses in the past. The academy is set to replace the older training and will teach spouses the same communication tools being taught to their Soldiers, said Marylou Solorzano, Army Family Team Building and Army Family Action Plan Program manager.

This is an intense course and similar to the Master Resilience Training Soldiers receive, Solorzano said.

"Resiliency can be self-taught and obtainable by all," she said.

The training will teach spouses tools for coping with change and coaching to build resilience. It will focus on the six competencies associated with resilience: self-awareness, self-regulation, optimism, mental agility, strength of character and staying connected.

The academy will help spouses gain the ability to recognize and capitalize on one's strengths and the strength of others, Solorzano said.

The academy is taught in a small group environment, through dynamic and interactive activities, she said. Twelve spaces are available and it will be offered to the community every other month. There is still room in the May 18-20 academy and the next one will take place July 19-21.

For more information on the Spouse Resiliency Academy or to register, call 0951-300-7777.

# Army's environmental practices commendable

By Douglas DeMaio,  
USAG Bamberg Public Affairs

BAMBERG, Germany -- Ensuring hazardous material is properly stored and disposed of isn't something that comes to mind when one thinks about Earth Day.

Recycling, pollution cleanups, using clean renewable energy and caring for the Earth are more likely to draw media attention during Earth Day even though these programs take up a small portion of the Army's \$3.1 billion spent on Base Realignment and Closure's environmental program since 1989.

While environmental practices were less than ideal in the years before U.S. legislature mandated environmental protection, the road ahead is commendable for the Army because, in addition to righting all that was done wrong prior to federal legislature, the Army is being proactive about caring for the environment.

The Army institution spends a lot of money on environmental cleanups for its installations.

The Army requested \$112.3 million for environmental programs in the 2012 budget, according to Katherine G. Hammack, the Assistant Secretary of the Army Installations and Environment, who testified to an armed services subcommittee in March.

Most of that money will be spent on munitions and explosives of concern and hazardous and toxic waste restoration activities, according to her testimony.

While most of the money spent on environmental cleanups goes toward past practices that were not environmentally friendly, improved practices and programs were instituted to lessen the Army's impact on the environmental and the necessity for costly environmental cleanups.

According to a story published on [www.army.mil](http://www.army.mil), titled "Army begins shipping improved 5.56mm cartridge," the Army is fielding new ammunition that is environmentally-friendly and "eliminates up to 2,000 tons of lead from



the manufacturing process each year in direct support of Army commitment to environmental stewardship."

Environmental stewardship is something every Soldier or civilian should consider, said Staff Sgt. Raymond Danielsen, a power generation equipment technician for 317th Maintenance Company, 391st Combat Sustainment Support Battalion.

Danielsen's unit emphasizes the importance of good environmental stewardship by ensuring HAZMAT products his Soldiers work with do not contaminate the environment, he said.

Storage, handling and disposing of hazardous material are all handled with care as Danielsen's Soldiers carry out their daily work schedule in the motor pool.

If there is a spill or other event dealing with HAZMAT, Soldiers in Danielsen's unit know how to clean up minor spills with equipment the unit is issued and the Soldiers know who they need to contact for a HAZMAT emergency, he said.

Training and safety instructions on the use, storage, handling and disposal of hazardous material have also increased in the decades since environmental protection was signed into law, said Danielsen, who has 18 years of military service.

Installation Management Command – Europe is building Soldiers' knowledge of environmental protection through online training, which gives Soldiers a better understanding about hazardous material, said Claudia Schuberth, an environment engineer with U.S. Army Garrison Bamberg's Environmental Management Division, who is responsible for hazardous waste on Warner Barracks.



*Douglas DeMaio*  
**Staff Sgt. Michael Nelson, 317th Maintenance Company, 391st Combat Sustainment Support Battalion, pulls a hazardous material spill kit from a unit storage container. Spill kits absorb hazardous material and keep it contained.**

Chemicals that are improperly collected, stored or disposed of can cause an explosion, fire or the chemicals could penetrate the water supply, Danielsen said.

Motor pools are equipped with cleanup materials to prevent and contain materials from contaminating the environment.

"We brief these guys who are appointed for the hazardous accumulation site," Schuberth said.

Each unit has a hazardous waste accumulation site and units can work with Bamberg's Environmental Management Division to turn in hazardous waste such as waste oil, metal cans and waste salts, fuel, antifreeze, grease, dry sweep, batteries and solvents, Schuberth said. Some of the materials can be recycled for reuse.

Soldiers can access this training through <http://incom-e.safetyskills.com/login.aspx>.



**Lt. Col. Steven L. Morris**  
U.S. Army Garrison  
Bamberg, Commander

USAG Bamberg, Public Affairs Officer  
**Renate Bohlen**

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# Spaces available for adventure camp in Garmisch

HEIDELBERG, Germany -- There will be adventure camps in Garmisch July 29 - Aug. 2 for girls, and Aug. 2 - 6 for boys through special funding from a partnership between the Department of Defense, Office of Military Community and Family Policy and U.S. Department of Agriculture's National Institute of Food and Agriculture.

Installation Management Command Europe has been allotted 16 spaces for the camps.

The camps, which accommodate a total of 40

youth. Spaces will be filled on a first come, first serve basis.

To be eligible for the camps, youth must be 14-18 and dependants of Air Force, Army, and Navy active duty service members who are stationed in Europe, Activated Guard and Reserve Service Members stationed in Europe and command sponsored civilians stationed in Europe.

The camp is rustic. Sleeping arrangements are in a bunkhouse.

Mattresses are provided. Campers must bring sleeping bags.

Limited bus transportation from key locations will be coordinated.

Participants need to be able to bike and swim at a basic level. The participants and a cook on-site will prepare food.

For additional questions and registration, e-mail [nicole.deprez@eur.army.mil](mailto:nicole.deprez@eur.army.mil) or [joseph.marton@eur.army.mil](mailto:joseph.marton@eur.army.mil).

## Education conference prepares parents, students for transitions

By Mindy Campbell,  
USAG Bamberg Public Affairs

BAMBERG, Germany -- A dozen or so community members got an education in education last week.

During a conference sponsored by the U.S. Army Garrison Bamberg Child, Youth and School Services and the Military Child Education Coalition May 3 at the Warner Conference Center, parents and youth workers learned ways to make school transitions easier.

Frequent moves, multiple parental deployments and differences between state schools and Department of Defense Dependents Schools can create challenges for many students. On average, military children move six to nine times during their educational careers, according to the MCEC, a nonprofit international organization aimed at ensuring quality educational opportunities for all military-connected children affected by mobility, family separation and transition. These transitions can be detrimental to a child's education, said Donna Earle, MCEC's Parent to Parent program manager.

Some of the consequences of these transitions include missing critical educational elements, seeing a widely-varied curriculum, missing exit testing, differences in school calendars, a lack of course availability and changes in graduation requirements, Earle said.

For example, one child never learned his multiplication tables because he moved from one school where they were set to learn it in the spring

Checklist for Checkout	
You are set to move to a new duty station. Here's a checklist the Military Child Education Coalition offers to ensure you and your child have everything you need.	
<b>From the Parent/Guardian</b> <ul style="list-style-type: none"> <li>• Student's birth certificate</li> <li>• Student's Social Security number</li> <li>• Student's health record</li> <li>• Legal documents as needed</li> <li>• Proof of residency/military orders</li> </ul>	<ul style="list-style-type: none"> <li>• Current schedule</li> <li>• Report Cards</li> <li>• Withdrawal grades or progress reports</li> <li>• Test Scores</li> </ul>
<b>School Information</b> <ul style="list-style-type: none"> <li>• Address, phone numbers, other contact information</li> <li>• Course description book/grading scale</li> <li>• Copy of the cover of each textbook or the title page</li> <li>• School profile/handbook</li> <li>• School web page</li> </ul>	<b>Special Programs Records as Appropriate</b> <ul style="list-style-type: none"> <li>• Individual Education Plan</li> <li>• English as a Second Language</li> <li>• At-risk or other action plans for classroom modification</li> </ul>
<b>School Records</b> <ul style="list-style-type: none"> <li>• Copy of cumulative folder (only the copy mailed between schools is considered official)</li> </ul>	<b>Other Documents and Examples</b> <ul style="list-style-type: none"> <li>• Writing Samples</li> <li>• Activities Records</li> <li>• Community Service</li> <li>• Other work or performance examples</li> <li>• Academic Recognition and competition participation</li> </ul>

to another school that had already learned that math element, Earle said.

"As parents, we don't want to see our children fail," Earle said.

However, by being aware and doing some preparation, parent's can help their children succeed despite the transitions, she said.

"If we are proactive none of these things have to be issues," she said. "We hope to give people some tools to be the best advocate for your children."

Nikki Yoder, who attended the conference, was interested in learning about preparing for those transitions.

"When we move back to the states, we want to stay at the right pace," Yoder said. "You have to be proactive. If you sit back, your child will be behind."

Linda Johnson, whose sixth-grade son has already experienced two mid-year transitions, was interested in learning how to help her child successfully sail through those changes.

"I am getting an education in education," Johnson said. "I had a real light bulb moment when they said that you need to be your child's guidance counselor."

For more information about the Military Child Education Coalition or employment opportunities in Germany log on to [www.MilitaryChild.org](http://www.MilitaryChild.org).

### 'Green bullet' as effective as M855 round

ABERDEEN, Md. (Army News Service, May 6, 2011) -- Since June, the Army has fielded about 30 million of its new 5.56mm M855A1 "Enhanced Performance Rounds" in Afghanistan.

The cartridge, sometimes called the "green bullet" because it has an environmentally-friendly copper core instead of the traditional lead, has been getting mostly good reviews in the 11 months since it first deployed to Operation Enduring Freedom.

"The vast majority of everything we've got back from the field is positive," said Lt. Col. Jeffrey K. Woods, product manager, small caliber ammunition, during a "media day" at Aberdeen Proving Ground, Md.

To read more, click [here](#).



### Sergeant major convicted in General Court Martial

KAISERSLAUTERN, Germany -- On May 4, a General Court Martial consisting of an enlisted panel convicted Command Sgt. Maj. Gary J. Bronson of one specification of violating Article 92, Uniform Code of Military Justice, failure to obey a lawful order or regulation; one specification of violating Article 93, Uniform Code of Military Justice, cruelty and maltreatment and one specification of violating Article 134, Uniform Code of Military Justice, adultery.

The panel sentenced Bronson to reduction to the grade of E-4 and forfeiture of \$1,162.95 pay per month for six months.

Bronson was assigned to Fort Sill, Okla. at the time the incidents occurred.

He served as the Command Sergeant Major for U.S. Army Southern European Task Force and is currently assigned to the 21st Theater Sustainment Command [here](#).

USAG Bamberg Freedom Fitness Facility

**STRONG**

U.S. ARMY MWR

**Sports, Fitness and Recreation Expo**

May 14, 10 a.m.-2 p.m.

Bamberg Freedom Fitness Facility

Come and meet representatives from off-post sports and recreation clubs. First-come, first-served. Seating is limited.

Contact FFF, Tel. (0951) 300 8890

### Community Announcements

Please send all announcements to Bamberg Public Affairs via the following website:

<http://www.bamberg.army.mil/mobi/form.asp>

#### Drill Competition

There will be a Junior Reserve Officer Training Corps drill team competition May 14 at the Chapel parking lot beginning at 9:30 a.m.

#### CPR

The American Red Cross will have a Cardiopulmonary Resuscitation class May 18 at the Army Community Service building in rooms 113 and 114 from 8:30 a.m. – noon. For more information, call 0951-300-7777.

#### First Aid

The American Red Cross will have a First Aid class May 18 at the Army Community Service building in rooms 113 and 114 from 1 – 4:30 p.m. For more information, call 0951-300-7777.

#### Luncheon Support

Come to the Make It, Bake It, Buy It, Grow It Luncheon May 19 from 11:30 a.m. - 1 p.m. at the Warner Conference Center. Bring a new item that is made, baked, bought, or grown for a free raffle ticket. Raffle tickets can also be bought at the luncheon. The cover

USAG Bamberg Community Activity Center

U.S. ARMY MWR

**Community Flea Market**

Every second Saturday (March-October)

May 14, June 11,  
July 9, Aug. 13, Sep. 10, Oct. 8

10 a.m.-1 p.m. at CAC, Building 7047

Contact CAC at (0951) 300 8659

charge is \$15. Reservations can be made by emailing [bscc.reservations@yahoo.com](mailto:bscc.reservations@yahoo.com) no later than May 13. No shows must still pay their \$15 to cover costs. Full identification card check will be in progress.

#### Asian Pacific American Heritage Month

Bamberg will celebrate Asian Pacific American Heritage Month from 2 – 5 p.m. May 21 outside the Warner Conference Center. The event will have music, food sampling, dancers from the Philippines and Samoa, martial arts, singing and an Asian apparel fashion show. The guest speaker will be Lt. Col. John Melton. To volunteer or for more information, call 0951-300-8624 or e-mail [bamberg.eo@eur.army.mil](mailto:bamberg.eo@eur.army.mil).

#### Bullying seminar with renowned speaker

Internationally recognized author and speaker Barbara Coloroso will be giving a lecture on bullying awareness and prevention May 23 from 8-11 a.m. at Warner Barrack's Preston Hall. Coloroso achieved her effective strategies on parenting and teaching throughout years as a student, educator, humanitarian, and mother. She has appeared on "Oprah", CNN, NBC, and NPR and has been featured in the "New York Times", "Time", "Newsweek", "Teen Vogue", and other national and international publications. The seminar is open to parents, teachers, students, or anyone interested in eliminating cruelty and torment within Warner Barracks' schools, but also within its homes, workplace and community. For more information call 0951-300-7891.

#### Change of Command

The 173rd Brigade Support Battalion will have a change of command on May 23 at 10 a.m. on Summerall Field. Lt. Col. Curtis A. Johnson will change command with incoming commander Lt. Col. Luis A. Velez. The inclement weather location will be in the Freedom Fitness Facility.

#### Change of Command

The 173rd Special Troops Battalion will have a change of command on May 24 at 10 a.m. on Summerall Field. Lt. Col. William I. Brown will change command with incoming commander Lt. Col. Lee Hicks. The inclement weather location will be in the Freedom Fitness Facility.

#### Change of Command/Responsibility

The 4th Battalion, 319th Airborne Field Artillery Regiment will have a change of command on May 25 at 10 a.m. on Pendelton Field. Lt. Col. David G Sink will change command with incoming commander Lt. Col. Kelly L Webster. There will also be a change of responsibility. Command Sgt. Maj. Dennis J. Woods will change responsibility with incoming Command Sgt. Maj. Franklin M. Jacobs. The inclement weather location will be in the Freedom Fitness Facility.

#### Scrapbooking

Learn different ways to present journaling on your scrapbook pages as well as creative uses for page titles June 3 from 6 p.m. to midnight at the 173rd Brigade Support Battalion Family Readiness Group Center. Participants will have a chance to win a DYMO Caption Maker. The cost is \$15. All crops include dinner, hourly door prizes, and a free instructional class. Childcare is available at the FRG center play room with child care providers at a cost of \$2 per hour per child. Reservations for childcare must be made in advance as space is limited. For more information, call 0951-300-7308 or [wendy.sledd@us.army.mil](mailto:wendy.sledd@us.army.mil).

#### Army Birthday

U.S. Army Europe will celebrate the 236th Army Birthday during the Army Birthday Ball June 11 at 6 p.m. at the Village Pavilion, Patrick Henry Village in Heidelberg. The dress for military is Dress Blue with Bow Tie and for civilians Formal, with a black tie. The price per person includes dinner and entertainment. E1-

USAG Bamberg Freedom Fitness Facility

U.S. ARMY MWR

**Sport Expo 5K Fun Run/Walk**

May 14, 9 a.m.

Freedom Fitness Facility

Contact Tel. (0951) 300 8890

E7, GS-7 and below is \$20. E8-O6, GS-9 and above is \$33. General officers and Senior Executive Service civilians is \$40. There are a limited number of tickets available and they are on a first-come, first-serve basis. Guests must be 16 years of age. Reserve your seat today with payment by visiting the USAREUR Protocol Office, Keyes Building, Room 215, Campbell Barracks, Monday through Friday, from 9 a.m. – 4 p.m.

#### Blood Drive

There will be a community blood drive sponsored by Bamberg American Red Cross at the Basics Building in Bamberg June 8 from 8 a.m. 1:30 p.m. Make an appointment today at <https://www.militarydonor.com/index.cfm?group=op&hlc=Bamberg>.

#### Change of Command

The 1002nd Military Police Battalion (Criminal Investigation Division) will have a change of command on June 24 at 10 a.m. on Summerall Field. Lt. Col. Sonya K. Friday will change command with incoming commander Lt. Col. Jason M. Stoddard. The inclement weather location will be in the Basics Building.

#### Early withdrawal of students

Provisions for permitting the early withdrawal of students with full semester credit is based consideration of unique circumstances. The policy requires that students present verification of the date for their sponsor's Permanent Change of Station departure

**May Children's Craft**

What: Flower Pens

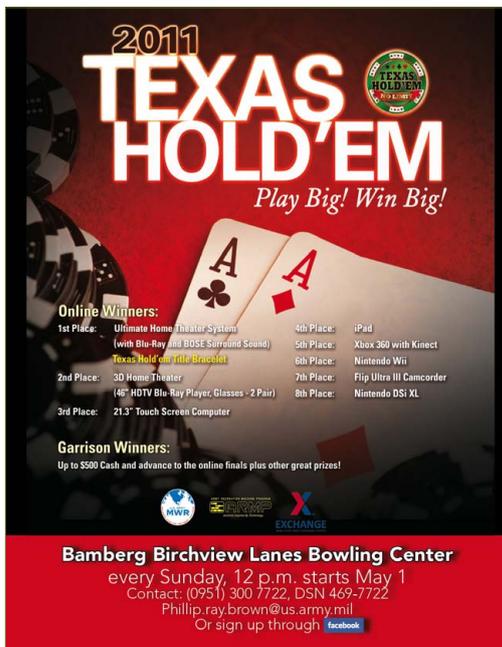
When: May 27

Where: CAC

Time: 2 p.m. - 5 p.m.

Cost: Free

Please sign-up at the CAC front counter.



**2011 TEXAS HOLD'EM**  
Play Big! Win Big!

**Online Winners:**

1st Place: Ultimate Home Theater System (with Blu-Ray and BOSE Surround Sound)	4th Place: iPad
2nd Place: 3D Home Theater (46" HDTV Blu-Ray Player, Glasses - 2 Pair)	5th Place: Xbox 360 with Kinect
3rd Place: 21.3" Touch Screen Computer	6th Place: Nintendo Wii
	7th Place: Flip Ultra III Camcorder
	8th Place: Nintendo DSi XL

**Garrison Winners:**  
Up to \$500 Cash and advance to the online finals plus other great prizes!

**Bamberg Birchview Lanes Bowling Center**  
every Sunday, 12 p.m. starts May 1  
Contact: (0951) 300 7722, DSN 469-7722  
Phillip.ray.brown@us.army.mil  
Or sign up through [facebook](#)

or other official orders to school officials in order to receive consideration for full academic credit. Students who withdraw prior to the 20-day limit receive a "withdrawal" grade rather than a final grade. The accelerated withdrawal date for the fourth quarter for Bamberg Schools is May 19. For more information, visit <http://www.schw-ms.eu.dodea.edu/Accelerated-Withdrawal2010.pdf>

### Parent's Night Out

Enjoy a day or night out by enrolling your children in the next Parents Day Out or Parents Night Out programs. Dates for Parents Day Out will be June 4, Aug. 6, Oct. 1 and Dec. 3 from 11:30 a.m. - 3 p.m. Dates for Parents Night Out will be July 8, Sept. 9 and Nov. 4, from 6:30 - 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

### Weekly Reminders

#### Commissary Patrons

A new installation policy will not allow for unauthorized persons to enter the commissary. Authorized patrons will not be allowed to escort or sign in any visitor in to the commissary. Commissary staff currently performs a 100 percent identification-card check. Commissaries authorize the purchase of groceries to military personnel, retirees and their families, along with Department of Defense employees who work overseas within a Status of Forces Agreement.

#### Boy Scouts

Boy Scout Troop 40 in Bamberg is looking for boys ages 12 and older who are interested in becoming Boy Scouts. The troop meets every Monday from 6:30 - 7:30 p.m. except on holidays. The boys work on requirements for advancement and earning merit badges. The troop is also looking for adult volunteers and Eagle Scouts to assist with troop activities. Don't delay; become a Boy Scout today. For more information, call 0160-158-5894.

#### MWR Guide

Bamberg's Family and Morale, Welfare and Recreation Guide for the month of May is now online at [http://issuu.com/bambergmwr/docs/mwr\\_bamberg\\_brochure\\_may\\_2011](http://issuu.com/bambergmwr/docs/mwr_bamberg_brochure_may_2011)

#### Tax Center

The Bamberg Tax Center is now open. The Tax Center is located in Building 7000 on the fourth floor. Appointments and walk-ins are available. Operating

hours are Monday - Friday from 9 - 11:30 a.m. and 1 - 3 p.m. until the end of September. For more information, call 0951-300-8261/8262.

#### DFAC Feedback

Dining Facility council meetings are at Nieves Webb every last Thursday of the last month of each quarter at 2 p.m. The remaining meetings are scheduled to take place June 30 and Sept. 29. For more information, call 0951-300-7130.

#### Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

#### Sweet Dreams Project

As part of U.S. Army Garrison Bamberg's Child Youth and School Services Deployment Support Initiative, community members can send pictures to the School Age Center in a jpg. format with the location of the recipient and contact information to be made into a pillowcase. The project is for deployed Soldiers or those away from home for training and family members back home. For more information about the project, call 0951-300-8698.

#### Instructor's Course

People interested in becoming a Health and Safety Instructor for the American Red Cross should call 0951-300-1760 or e-mail [RedCross.Bamberg@eur.army.mil](mailto:RedCross.Bamberg@eur.army.mil).

#### Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; held weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

#### Get EFMP Registered

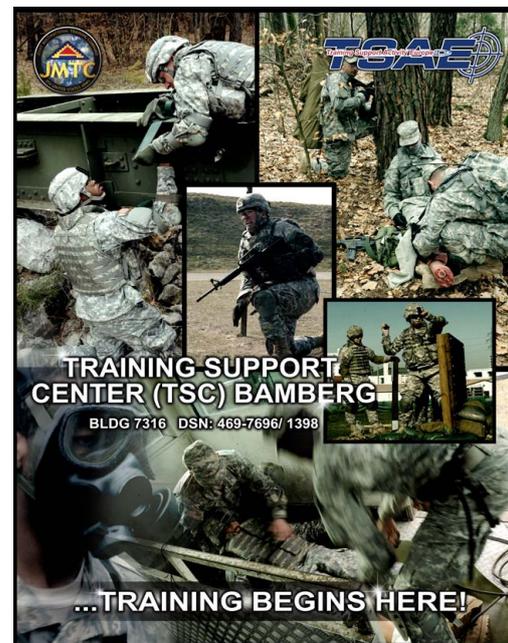
Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Bonnie Kellm, EFMP manager, at 0951-300-7777.

#### Library Events

The library hosts weekly events. There is storytelling for children ages 3-5 years old every Thursday at 11:30 a.m. There's also a Gamers' Challenge that meets every Saturday at 5 p.m. For more information, call 0951-300-1740.

#### Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities



**TRAINING SUPPORT CENTER (TSC) BAMBERG**  
BLDG 7316 DSN: 469-7696/1398

**...TRAINING BEGINS HERE!**

are provided by Bamberg Stadtwerke. Other energy and utility providers can also be used, but customers will have to register through the USAG Schweinfurt UTAP. For more information, call the Bamberg tax relief office at 0951-300-1780 or the Schweinfurt tax relief office at 09721-96-1780.

#### Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday and Friday sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - noon; closed on Thursday afternoons for mandatory training, federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with your military care provider.

#### German Classes

Army Community Service, Relocation Readiness Program, offers free German classes every month. Beginner classes are scheduled Tuesdays from 10 a.m. to noon and Wednesday from 6-8 p.m. Intermediate classes are Tuesdays, noon to 2 p.m. and Wednesdays, 2-4 p.m. Advanced classes are Tuesdays, 2-4 p.m. and Wednesdays, 4-6 p.m. Classes are held at the ACS building in classroom 118. For more information, call 0951-300-7777.

#### Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

#### Protestant Summer Study

Protestant Women of the Chapel will meet on Wednesdays, beginning June 8 9:30 - 11:30, in the Bamberg Community Chapel. The summer study will be the Women of Faith DVD. The Pair O' Bulls DVD will be shown to school age children. All ladies are welcome. Free food and childcare provided. For more information, call 0951-300-1570 or send an email to [pwocbamberg@yahoo.com](mailto:pwocbamberg@yahoo.com).

#### ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed

## Recycling Progress

**There were 6 tons of scrap metal recycled in March, which is 2 tons less than what was recycled in February.**

on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

### Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last week-day of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

### Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

### Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication class-

USAG Bamberg Freedom Fitness Facility

U.S. Forces  
**Volleyball Championships**

May 20-22

USAG Bamberg Freedom Fitness Facility  
Sign up through your local sports and fitness program by May 12.  
Open to all community level men's, women's and co-ed teams  
(6 teams minimum per category).

Contact DSN 469-8890/9086 or (0951) 300 8890/9086.  
Email: Ernest.Johnson@eur.army.mil

This event is sponsored by:

**www.BavarianMotorCars.com**

es, victim advocacy and Anger/Stress Management classes.

**Family Advocacy** - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for Anger/Stress Management Class.

**New Parent** - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.

### Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

### Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

## Sports, Health and Fitness

### Waist Whittlers

Bamberg community members are invited to participate in a women's weight loss support. The group, for those looking for support to help them with their weight loss goals, will be held the first and third Thursday of each month in the Army Community Service building from 1-2 p.m. For more information, contact Beth Danowsky at 0951-300-7913 or by e-mail at [elizabeth.a.danowsky.ctr@eur.army.mil](mailto:elizabeth.a.danowsky.ctr@eur.army.mil).

### Fitness/Health Giveaways

Family and Morale, Welfare and Recreation customers have a chance to win fitness and health-related prizes through an online contest in May. The Strong B.A.N.D.S. "Every Day in May" prize giveaway on Facebook will begin May 1 at about 9 a.m. Central Standard Time. A fitness or health question will be posted on The All-Army Sports Facebook page, at [www.facebook.com/TheAllArmySports](http://www.facebook.com/TheAllArmySports), each day in May. Those who answer the question correctly will be entered into a random drawing for prizes ranging in value from \$15 to \$300.

## Youth and Teens

### Youth Sports Coaches Needed

CYS Services is looking for coaches for the fall sports season. Children of coaches play for free. Coaches' clinics are held June 9, July 14, and August 11, 6 p.m. at the School Age Center, Building 7669. For more

information, call 0951-300-7523 or 0951-300-8698.

### Games

There will be a game night for Japan hosted by the Junior Reserve Officers' Training Corps from 5 - 8 p.m. May 20 at the John F. Kennedy Youth Center. For more information, e-mail [bamberg12baller@yahoo.com](mailto:bamberg12baller@yahoo.com).

### Student Grades

The "You Made the Grade Program" rewards students for above-average academic achievement and inspires them to continue to work harder. Recognizing student's academic achievements offers the Exchange an opportunity to contribute to the military community quality of life and establish loyalty in our younger generation. This program provides an incentive for youth, not only to stay in school but also, to excel. For more information, visit <http://www.shopmy-exchange.com/community/youmadethegrade/>.

### CYSS summer sign-ups begin

U.S. Army Garrison Bamberg community members can now sign up for Child, Youth and School Services summer programs at Parent Central Services beginning at 8 a.m. Bamberg summer programs include summer camps, youth sports, EDGE!, SKIES and a Kinder Readiness bootcamp. For more information, call Parent Central Services at 0951-300-8660 or visit the Bamberg CYSS Facebook page, or log on to webtrac.

### Youth Lessons

Child, Youth and School Services SKIES Unlimited is offering lessons for tennis, racquetball and dance for youth ages 7-18. For more information, call 0951-300-7452.

### Cub Scouts

There is a Cub Scout Pack in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webelos (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlarama, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information, call 0162-234-0906.

### Ballet Class

Registration is open for Child, Youth and School Services SKIES Unlimited ballet classes. The program

ARMED FORCES ENTERTAINMENT PRESENTS

**NO LAUGH TRACK REQUIRED IV**  
FOURTH TIME'S THE CHARM

No Laugh Track Required is back for a fourth time with a lineup that includes the always hilarious Heather Marie Zagone, Rosie Tran, Justin Wade, Todd Rex and Johnny Cardinale.

**BAMBERG STABLE THEATER**  
**MAY 18, 8 P.M.**  
**ADULT SHOW**  
**FREE ADMISSION**

ARMED FORCES ENTERTAINMENT

COMING TO A THEATER NEAR YOU.  
For more information visit [armedforcesentertainment.com](http://armedforcesentertainment.com).

USAG Bamberg Better Opportunities For Single Soldiers Program (BOSS)

**Lloret de Mar SPAIN**

May 26 - 30  
(Memorial Day Weekend)

BOSS Trip Getaway to Spain!  
Bus departs at 7:30 p.m. on 26 May and returns on 30 May.

Trip includes:  
Roundtrip transportation on German Motor coach  
2 overnights in 3 star hotel (breakfast & dinner included), tour to Barcelona  
Professional Bus Drivers and services of a professional tour guide.  
Sign up by May 18

only \$219 per person

Call DSN 469-9086, (0951) 300 9086, e-mail [Sam.dfmwr.BoSS@eur.army.mil](mailto:Sam.dfmwr.BoSS@eur.army.mil)

is for ages 3-8. Classes are on Thursdays from 2 – 4:30 p.m. in Building 7669. Check the class brochure for specific times and holidays. For more information, call 0951-300-7452.

### Teen Stress

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

### Volunteers Needed

The Bamberg Middle High School is seeking volunteers for tutoring students in any subject at the middle and/or high school level. If you would like to help out, call 0951-300-8874.

### Aqua Barons

Meet new people and become a part of the Aqua Barons team. Get into shape and stay in shape by swimming. Earn awesome rewards like trophies, medals, ribbons and even a varsity letter. Travel around Europe for swim meets to places like Italy, Spain, Belgium, England and many more. For more information, e-mail [bambergaquabarons@yahoo.com](mailto:bambergaquabarons@yahoo.com).

### Continuing Education

#### Registration

Central Texas College Europe Term V registration begins May 16 and continues through the first day of class. Term V starts June 6 and ends July 29. Courses being offered this term include: Parenting for Healthy Families held on two Saturdays from 9 a.m. – 5 p.m.; Court Systems and Practices on Tuesdays and Thursdays from 6 – 9:45 p.m.; and Beverage Management on Tuesdays and Thursdays from 6 – 9 p.m. For more information, contact the Bamberg Field Representative at 0951-300-7467, e-mail [bamberg@europe.ctcd.edu](mailto:bamberg@europe.ctcd.edu), or stop by the Education Center.

#### PTA Scholarships

Apply for European Parent Teacher Association scholarships. For more information, visit <http://euro-peanptaonline.org/EPTAScholarship.aspx>.

#### Student Aid

Learn what resources are available to help fund your higher education, visit <http://studentaid.ed.gov/POR-TALSWebApp/students/english/index.jsp>.

#### Language Initiative

Learn more about the State Department's National Security Language Initiative for Youth. It provides merit-based scholarships to U.S. high school students and recent graduates interested in learning

less-commonly studied foreign languages. For more information, visit <http://exchanges.state.gov/youth/programs/nsli.html>.

### Closures / Changes

#### Passport Office

The Passport Office will be closed May 17 – 19 for mandatory training in Heidelberg.

#### Fitness Change

The Freedom Fitness Facility will be closed May 27 – 31 for annual cleaning.

#### The Wash Rack

The wash rack, located at building 7910, will be closed for cleaning and maintenance until May 16 at 9 a.m. For more information, call Juergen Engeter at 0951-300-8848.

#### Law and Tax Center

The Bamberg Law Center will be closed on May 20 for an organization day while the Tax Center will remain open. The Law Center will resume normal business hours on May 23.

#### Fitness facility closed

The Freedom Fitness Facility will be closed for cleaning May 27 – 30.

#### Frankfurt Benefits Office Change

The Federal Benefits Unit in Frankfurt has a new telephone number to call if you need assistance with Social Security, Medicare or Veterans Administration issues. The new number is 069-95551-110. The Federal Benefits Unit, Frankfurt may also be reached at [FBU.Frankfurt@ssa.gov](mailto:FBU.Frankfurt@ssa.gov) or by FAX at 069-749352.

#### Airport Shuttle

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:20 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on American and training holidays. For more information about the airport shuttle, call 069-695973816.

#### CYSS facilities closed

All Child, Youth and School Service facilities will be closed May 30.

#### Vehicle Registration

Vehicle Registration office will be closed May 30, June 2-3 and June 13, 17 and 23. For more information, call 0951-300-7580.

#### POV Inspection

The Privately Owned Vehicle Inspection Station will be closed June 3. For more information, call 475-7277.

### Entertainment and Leisure

#### Crimes of the Heart

See Beth Henley's "Crimes Of The Heart" at Bamberg's Stable Theater, May 19-22 and 25. The Pulitzer Prize-winning heart-warming tragi-comedy is the story of the McGrath sisters, Lenny, Meg and Babe, who gather at Old Granddaddy's house in Hazelhurst, Mississippi as Babe is paroled after shooting her husband. Their reunion is full of reminiscences as they face their past demons -in love, family and crime - and rediscover home. Tickets can be reserved after May 1 by calling The Stable Theater, or visiting during normal office hours, or on Facebook or through MWR Online Services. The show includes some mature themes. Non-ID cardholders can reserve by send-

ing full names, birthdates, ausweis nr. and auto KFZ at least 48-hours prior to show date. Family, group and deployment discounts apply. Tickets are \$9 for adults, \$7 for students and ranks E4 and below. Call the Stable Theater at (0951) 300 8647 or e-mail [jack.austin@eur.army.mil](mailto:jack.austin@eur.army.mil).

#### BOSS Loret De Mar Trip

Spend the memorial Weekend in Spain and hop on the bus to Lloret De Mar. Enjoy two overnights in a three-star hotel, breakfast and dinner, a guided tour to Barcelona on a German motor coach. The trip is offered through the Better Opportunities For Single Soldiers program and is \$219 per person. Sign up by May 18 at Freedom Fitness Facility. For more information, call 0951-300-8890 or e-mail to [mail.bam.dfmwr.boss@eur.army.mil](mailto:mail.bam.dfmwr.boss@eur.army.mil)

#### Adult Comedy Show

Armed Forces Entertainment presents the "No Laugh Track Required" tour at U.S. Army Garrison Bamberg May 18, at the Stable Theater at 8 p.m. The show features comedians Eric Blake, Heather Marie Zagone, Jefandi Cato, Aurelio Bocanegra and Nick Guerra. Admission to the show is free. The show is designed for an adult audience. For more information, call the Stable Theater at 0951-300-8647 or e-mail [jack.austin@eur.army.mil](mailto:jack.austin@eur.army.mil)

#### "Half 'n Half"

Bamberg High School's spring production, "Half 'n Half," is showing May 20 at 7 p.m. at Bamberg High School. The entrance fee is \$7. The show is half Broadway performances and half pop performances. The school's Culinary Arts Club will provide dinner. Nicholas Ruiz, who starred as the Emcee in Stable Theater's spring show "Cabaret", will direct the show. The band, Operation Acetylene, will be accompanying the performers during the show. The band performed at Birchview Bowling Lanes.

#### Night at Engineer Lake

Enjoy campfire, marshmallows and family camping at U.S. Army Garrison Bamberg's Engineer Lake June 10-11. Tents can be set up from 3 p.m. onward. Setup is free of charge. A music band starts at 5 p.m. and ends at 7 p.m. followed by a family-friendly movie at 8:30 p.m. Barbecue items will be available for purchase at the Morale, Welfare and Recreation imbiss wagon. Breakfast will be served from 8:30 a.m. the next day until 10 a.m. at the MWR imbiss as well. Camping equipment is available for rent from MWR Outdoor Recreation. For more information, call 0951-300-9376.



USAG Bamberg Community Activity Center

Ab März BierBI

U.S. ARMY MWR

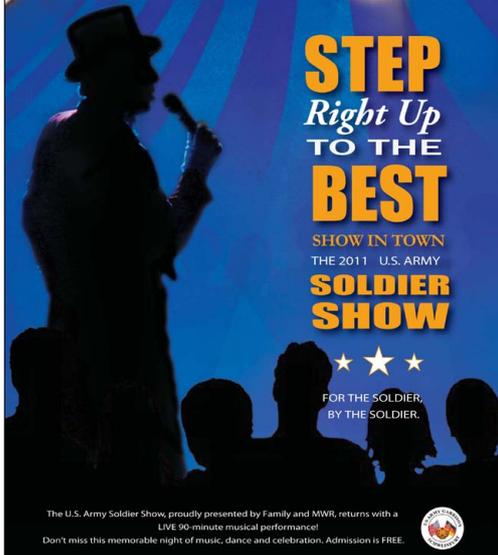
# Beer Bike Tour

On the Go with Bamberg's only Mobile Bar!

May 26, 6:30 p.m. - \$35

Join us for an exciting, quench thirsting bike around downtown Bamberg on a 16 person Beer Bike. Includes a personal bartender to serve you beer while you enjoy the company of others and beautiful German scenery.

Contact CAC at (0951) 300 8659



# STEP Right Up TO THE BEST

SHOW IN TOWN  
THE 2011 U.S. ARMY  
**SOLDIER SHOW**

★ ★ ★

FOR THE SOLDIER.  
BY THE SOLDIER.

The U.S. Army Soldier Show, proudly presented by Family and MWR, returns with a LIVE 90-minute musical performance!

Don't miss this memorable night of music, dance and celebration. Admission is FREE.

May 18 at Conn Barracks, Schweinfurt  
Doors open at 6 p.m.

IMCOM MWR ARMY Entertainment I.A.M. NAVY FEDERAL Credit Union



Thu	May 12	Unknown (PG-13)	7 p.m.
Fri	May 13	Fast Five (PG-13)	7 p.m.
Sat	May 14	Prom (PG)	3 p.m.
		Fast Five (PG-13)	7 p.m.
Sun	May 15	Prom (PG)	3 p.m.
		The Adjustment Bureau (PG-13)	7 p.m.
Mon	May 16	Hall Pass (R)	7 p.m.
Thu	May 19	The Adjustment Bureau (PG-13)	7 p.m.
Fri	May 20	Hall Pass (R)	7 p.m.
Sat	May 21	Rango (PG)	3 p.m.
		Thor (PG-13)	7 p.m.
Sun	May 22	Mars Needs Moms (PG)	3 p.m.
		Thor (PG-13)	7 p.m.
Mon	May 23	Red Riding Hood (PG-13)	7 p.m.
Thu	May 26	Red Riding Hood (PG-13)	7 p.m.
Fri	May 27	Priest (PG-13)	7 p.m.
Sat	May 28	Battle: Los Angeles (PG-13)	3 p.m.
		Priest (PG-13)	7 p.m.
Sun	May 29	Battle: Los Angeles (PG-13)	3 p.m.
		Paul (R)	7 p.m.
Mon	May 30	Paul (R)	7 p.m.
Thu	June 2	Battle: Los Angeles (PG-13)	7 p.m.
Fri	June 3	Pirates Of The Caribbean: On Stranger Tides (PG-13)	7 p.m.
Sat	June 4	Sucker Punch (PG-13)	3 p.m.
		Pirates Of The Caribbean: On Stranger Tides (PG-13)	7 p.m.
Sun	June 5	Pirates Of The Caribbean: On Stranger Tides (PG-13)	3 p.m.
		The Lincoln Lawyer (R)	7 p.m.

## Art therapy program to help manage stress

By Sina Kingsbury,  
USAG Bamberg Public Affairs

and achieve insight.

BAMBERG, Germany -- For some Soldiers and civilians at Warner Barracks, art is not solely admired for its beauty, but its process is a remedy to help relieve the pain and anguish of those who are a victim to life's conflicts.

It is more about the process of creating and communicating one's emotions, feelings and thoughts through art than the actual creation itself, McCord said.

"It is a way of expressing one's self," she said. "Art therapy enables inner awareness that can affect change in a positive way."

U.S. Army Health Clinic Bamberg recently began offering weekly art therapy sessions to help Soldiers and adult members of the community effectively manage stress and trauma through artistic self-expression.

Inspired by USAHC Grafenwöhr's art therapy program, McCord and Kelly Mims, USAHC Bamberg's behavioral health social worker came together about a year ago to form the program. McCord and Mims believe Warner Barracks' community members would benefit from an art therapy program by means of McCord's passion for art and Mims' expertise in therapeutic processing.

"Art therapy is a form of therapy that uses art media," said Sindy McCord, USAHC Bamberg's occupational therapist. "It integrates the right and left parts of the brain for insight and healing. It's a way to open the conscious and unconscious mind within a safe environment."

"The program is still in its developmental stage," McCord said. "We do offer this to all Soldiers and adult family members. We have not developed a children's art therapy group, but hope to in the near future in collaboration with behavioral health, occupational therapy and the schools."

The creative process of art making improves and enhances the physical, mental and emotional well-being of individuals of all ages, states the American Art Therapy Association's website. This method is based on the idea that the creative process involved helps people to resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, increase self-esteem and self-awareness,

Beginning May 17, art therapy sessions will be every Tuesday at the behavioral health Building 7393 from 3-4:30 p.m. For more information, call 0951-300-8969.

### Trips and Travel Opportunities

Take a trip with Bamberg Outdoor Recreation in May-June.

Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.



peak bagging by means of klettersteig (ascending mountains using fitted cables for protection) on day three. There will be plenty of time for self-guided hikes, swimming, the sauna, and relaxation. Transportation leaves Outdoor Recreation May 27 at 6 a.m. and returns May 31 at 10 p.m.

#### May 18 Outdoor Climb \$25

Experience climbing in a world famous sport climbing area known as Frankenjura while you observe the world from an angle rarely seen. Beginners are welcome. The trip includes transportation, equipment and instruction. Transportation leaves Outdoor Recreation at 5 p.m. and returns at 8:30 p.m.

#### May 21 White Water Kayak \$35

No matter your skill level, our White Water Kayaking trip will have you feeling like a professional by the end of the day. Please wear a swimming suit and pack a towel, lunch and hydrating liquids. The trip includes transportation and equipment. Transportation leaves Outdoor Recreation at 8 a.m. and returns at 6 p.m.

#### May 27-31 Austrian Adventure Weekend \$375

Get your adrenaline pumping with some of the coolest spring-time activities in the Austrian Alps. We will kick off our week-end with rafting the first day, canyoning (descending mountain gorges by jumping & rappelling) on day two, and

#### June 4 Strasbourg, France \$65

With flavors of both France and Germany, Strasbourg is an ultimate European city. Visit "la Petite France," a picturesque neighborhood resembling a fairy tale and Place Kleber, a bustling square that's always bursting with activity. The trip includes transportation & a city tour. Children ages 4-12 are \$55; children 3 and under are \$45. Transportation leaves from the Chapel Parking Lot at 5 a.m. and returns at 11 p.m.

#### June 4 Outdoor Climb \$25

Enjoy the summer air with friends and join ODR for an outdoor climb in the world famous sport climbing area known as Frankenjura. The trip includes transportation, instruction and equipment. Transportation leaves Outdoor Recreation at 8 a.m. and returns at 3 p.m.

#### June 9 Tour Under Bamberg \$25

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Transportation leaves Outdoor Recreation at 4:30 p.m. and returns at 7 p.m.

#### June 10-11 Night at the Lake

Enjoy a night at Engineer Lake with Outdoor Recreation and other MWR facilities. There will be beer, camping, entertainment, and breakfast in the morning. Your camping gear (i.e. tents, etc.) can be rented from Outdoor Recreation for a reduced rate.

# Skin cancer likely to affect one in five Americans

By Maj. Sunghun Cho, BMEDDAC Dermatology

VILSECK, Germany -- Skin cancers are the most common type of cancers. One in five Americans will develop some form of skin cancer during their lifetime.

The majority of diagnosed skin cancers are nonmelanoma skin cancers. About 80 percent of these are basal cell carcinomas and the other 20 percent are squamous cell carcinomas. It is very rare for these skin cancers to spread to other parts of the body and cure rates of 95 percent can be achieved if detected early and treated promptly.

Although melanomas make up less than 5 percent of skin cancers overall, they are the most common form of cancer for young adults 25-29 years old and the second most common form of cancer for adolescents and young adults 15-29 years old. They are also the deadliest form of skin cancer. In 2010, 114,900 new cases and 8,700 deaths were attributed to melanomas in the United States.

All forms of skin cancer are highly treatable when caught early. You can play an active role in the detection of skin cancers by checking your birthday suit on your birthday. If you notice anything changing, growing or bleeding on your skin, talk to your health care provider about it.

Harmful rays of the sun include ultraviolet A and ultraviolet B rays. UVA rays cause premature aging such as wrinkling and age



Melanoma



Squamous Cell Carcinoma



Basal Cell Carcinoma

spots. This form of ultraviolet radiation can penetrate window glass, exposing you even when indoors or inside your car. UVB rays are the sun's burning rays.

Although they are blocked by window glass, they are the primary cause of sunburn. Both UVA and UVB rays are linked to the development of skin cancer.

While there are non-modifiable risk factors for skin cancers such as genetics and fair skin, the most preventive risk factor for skin cancer - exposure to ultraviolet light from the sun and indoor tanning devices - can be controlled. Seek shade when appropriate, especially between 10 a.m. and 4 p.m. when the sun's rays are strongest.

Wear protective clothing such as a long-sleeved shirt, pants, a wide-brimmed hat and sunglasses when possible. Apply sunscreen when going outdoors.

When choosing a sunscreen, you want a broad-spectrum, water-resistant sunscreen with a Sun Protection Factor of at least 30. SPF refers to the product's ability to provide primarily UVB protection, which helps prevent sunburn. The higher the SPF, the more UVB protection, but the level of protection does not increase proportionately with the SPF value.

(SKIN continued on Page 10)

## Vaccination reduces risk of measles, other diseases

ERMC Public Affairs Release

HEIDELBERG, Germany -- Though a recent rash of measles cases in Europe has some parents concerned, most have nothing to fear ... as long as their children have been vaccinated.

"We have not seen an outbreak in military communities in Europe due to the high level of measles immunization among our beneficiaries," said Col. Evelyn Barraza, preventive medicine consultant for the Europe Regional Medical Command.

Barraza said cases of measles are reportable through military preventive health systems. She said a single case has been reported in November involving a military beneficiary too young for a measles vaccination.

The Centers for Disease Control and Prevention recommends a measles, mumps and rubella vaccination for children at 12 months and a second dose at four years. The second dose may be administered before age four, provided at least four weeks have elapsed since the first dose.

ERMC Force Health Protection officer Col. Carl-Heinz Stokes said, "Immunizations have contributed to a significant drop in the incidence of communicable diseases in both children and adults."

Measles - also known as rubeola - is a highly communicable infectious disease. It is transmitted by airborne droplets, direct contact

with nasal or throat secretions of infected persons, and less commonly by articles freshly soiled with nose and throat secretions. Infected persons are usually contagious from four days before onset of signs or symptoms, and until four days after the onset of signs or symptoms. Measles virus can remain active and contagious for up to two hours in the air and on surfaces following coughing or sneezing. Barraza and other preventive medicine specialists at 18 Army health facilities in Europe encourage parents to make sure their children are up-to-date on their measles vaccination and any others recommended by the U.S. Centers for Disease Control and Prevention.

"Parents should discuss travel plans with their providers if their children have not been fully immunized, or if they have an infant less than 12 months," said Barraza.

France reported 4,937 measles cases between January and March 2011, almost equal to the 5,090 total cases for all of 2010. Spain has reported two ongoing outbreaks since October 2010, primarily affecting the Andalusia region in the south. Rising numbers have been reported in Britain, Germany, the Netherlands, Romania, Russia, Switzerland, Bulgaria and Belgium.

In Germany, at least 300 cases have been reported this year with a large number occurring in the state of Baden-Württemberg, which includes U.S. military bases at Stuttgart, Heidelberg and Mannheim. Over the past three years, the annual number of reported cases in Germany ranged from 571 to 912. In 2006, a significant outbreak affected the eastern part

of the country with more than 2,300 cases reported.

European public health officials are describing many of the reported cases as occurring among unimmunized or incompletely immunized individuals. In France, among cases with known immunization status, 81 percent were unvaccinated. The World Health Organization has found that young people between 10 and 19 years old have not been immunized as they should. The age distribution for more than 5,000 cases reported in Europe in January and February 2011 showed the majority were under the age of 30 (6 percent less than 1 year, 15 percent ages 1-4, 46 percent ages 5-19 and 32 percent more than or equal to 20 years).

There are no current travel restrictions related to measles outbreaks. Travel to areas affected by community outbreaks increases the risk for exposure to measles virus and its further spread into susceptible populations if not vaccinated. Travelers should have their vaccination records reviewed to ensure they are up to date. Medical personnel should contact their supporting public health office for situational updates and information concerning travel risks and areas with community outbreaks.

"We will continue to monitor the measles outbreak and keep everyone informed," she said.

For more information about measles, visit the European CDC at <http://ecdc.europa.eu/en> or the U.S. Centers for Disease Control and Prevention at [www.cdc.gov/measles](http://www.cdc.gov/measles)

# New fiscal reality, same commitment to Soldiers, Families

By Lt. Gen. Rick Lynch, commander,  
Installation Management Command

ARLINGTON, Va. -- A fundamentally different fiscal reality. We will be hearing some variation of that phrase from Army leaders for a long time to come. The Army's budget is smaller than it has been in previous years, and it will get smaller still. However, a different fiscal reality does not change the reality of what we owe to Soldiers and Families for their service and sacrifice. The Army's commitment to Soldiers and Families remains as strong as ever.

For the last 18 months, the Installation Management Community has been taking a hard look at the programs and services we provide to Soldiers and Families, with an eye not only to costs but also to effectiveness. As the inevitable belt-tightening comes, we are not trying to do more with less. We are working to make sure we can do the important things better.

One of our most important efforts has been to fully establish Survivor Outreach Services, to provide survivors with longer-term, expanded support and care after casualty assistance ends. SOS staff have made tremendous progress in a short time, receiving more than 24,000 cases from casualty and mortuary affairs, and they continue to enhance services as more survivors provide feedback. This past year, SOS initiated a survivor vehicle decal program to ease installation access, established a Facebook page, and held the first annual SOS summit to address challenges Survivors face.

Other efforts include:

- Transforming how Army Community Service delivers services, by cross-training more generalists to handle multiple programs and moving service locations out into communities.
- Adding 44 more systems navigators to Exceptional Family Member Programs at



26 installations to assist Families members with special needs in accessing educational, medical, housing and personnel services on and off post.

- Hiring more than 240 additional Army Substance Abuse Program counselors for installations worldwide.
- Launching the Confidential Alcohol Treatment and Education Pilot, a program which allows Soldiers to seek help for addiction without mandatory command involvement.
- Launching a pilot program in which Military Student Transition Consultants join School Liaison Officers in working with school districts, garrisons and Families to help students succeed at their new schools.
- Revising the Total Army Sponsorship Program that helps prepare Soldiers, Families and civilians for their new duty station.
- Re-invigorating the Army Family Action Plan process, with an analysis and review process

that has reduced the backlog of active AFAP issues from 86 in February 2010 to 51 in February 2011.

This is a snapshot of what we have been doing to enhance support for Soldiers and Families. It does not begin to convey the full scope of the programs and services installation management professionals provide every day, including housing, public works, emergency services, environmental programs, recreation, child care, single Soldier programs and Family programs.

When we look at some big indicators, we see evidence that the Army is meeting the needs of Soldiers and Families. The Army is exceeding its recruitment and retention goals, and on the most recent survey of Army Families, the majority of spouses said they are satisfied with the Army as a way of life. This is significant after 10 years of ongoing conflict; it speaks to the dedication of Soldiers and their Families and the Army's commitment to providing a quality of life commensurate with their service.

In the new fiscal reality, it will be more of a challenge for the installation management community to provide the level of support we want to for our Soldiers and Families, but we will. We are finding better and smarter ways to provide services and programs by asking ourselves the same questions Families ask when they look at their own budgets: Do we really need it? Is it worth the cost? What are we willing to do without?

To answer these questions, we need to keep hearing from Soldiers and family members through Interactive Customer Evaluation and local AFAP summits, for example - about the specifics of what is working, what needs to be improved and what is missing.

The commitment to supporting Soldiers and Families remains as strong as ever, but more than ever, we have to make sure we are on target in meeting their needs.

(SKIN continued from Page 9)

A SPF 30 blocks about 97 percent of UVB rays. Broad-spectrum provides protection from both UVA and UVB rays.

Ingredients in sunscreen that provide broad-spectrum protection include titanium, zinc, avobenzone (Parsol 1789) and ecamsule (Mexoryl). Look for these in the list of ingredients.

Sunscreen should be applied to the skin 20 minutes before going outdoors. Coat all exposed skin liberally, paying particular attention to the face, ears, hands and arms, and rub it in thoroughly.

Most people apply only 20-50 percent of the recommended amount of sunscreen. One ounce, enough to fill a shot glass, is the typical amount of sunscreen needed to cover the exposed areas of the body evenly. Sunscreen should be reapplied at least every two hours or after swimming or perspiring heavily.

For more information about skin cancer, visit <http://www.aad.org/skin-conditions/skin-cancer-detection> or <http://www.skincancer.org/Skin-Cancer-Facts>.

## Eco-Friendly Tips

### Water-saving Tips

1. Apply water only as fast as the soil can absorb it.
2. Avoid flushing the toilet unnecessarily. Dispose of tissues, insects and other such waste in the trash rather than the toilet.

### Energy-saving Tips

1. When washing laundry use warm instead of hot water.
2. When you go on vacation, turn the temperature up in your fridge.

### Recycling Tips

1. Choose stationary and office paper supplies that have the maximum recycled content available.
2. Buy products with the least amount of packaging or none at all.



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

**MISCELLANEOUS**

Math tutoring for high school/middle school students available. I am a certified teacher with a Bachelor of Science degree in Mathematics and a Masters in Teaching. Available to tutor on weekdays. Please e-mail me for further information: [dorothykim@gmail.com](mailto:dorothykim@gmail.com). (4/28/11)

Any person having claims or obligations to the estate of Staff Sgt. Joshua S. Gire of the 541st Engineer Company (Sapper), 54th Engineer Battalion should contact the summary court officer, 1st Lt. Steven Warner at 0951-300-7504. (4/21/11)

Wanted: German King Size Bed Frame. E-mail: [rushharry@hotmail.com](mailto:rushharry@hotmail.com). (3/31/11)

The school is in need of a bus driver who is qualified to drive a 40-passenger bus. If interested, please e-mail [Dominick.Calabria@eu.dodea.edu](mailto:Dominick.Calabria@eu.dodea.edu). (1/27/11)

Gabi's Doggie Daycare, I have space available only on weekends, holidays, and at home care. Daily care is full. Visit [www.gabi-doggiedaycare.com](http://www.gabi-doggiedaycare.com).

Free to good home. A rabbit with cage and everything that goes with it. If interested, call Steve at 0951-208-5148.

Mariachi Cuatro Caminos band. We are looking for local and newly re-deployed Soldiers or family members to enlarge the mariachi band. Will perform for the community military and civilian, no money will be collected from gigs. Must read music and be able to play by ear. New to the mariachi or an instrument and you are willing to learn, no problem, as long as you can walk and chew gum at the same time. For more information about the Mariachi Cuatro Caminos band, e-mail [puro-mariachi@hotmail.com](mailto:puro-mariachi@hotmail.com). (1/3/11)

PCSing? Can't find a new home for your dog? Please don't abandon him/her, call us first. No questions asked. We are a privately funded non-profit dog rescue. Will give your dog solace and placement with a new, loving family. Located in Bamberg and open from

10 a.m.-10 p.m. Call 0954-532-2881 or e-mail [solacedogrescue@yahoo.com](mailto:solacedogrescue@yahoo.com).

**EMPLOYMENT**

USAG Bamberg Community Chapel has a non-personal service contract opportunity for a catholic parish coordinator. We anticipate a performance period of June 1, 2011 through May 31, 2012. Interested parties should contact the Bamberg Regional Contracting Office for a copy of the solicitation packet# W912PG-11-T-0057 which will be used for submission. For additional information contact Bamberg RCO commercial call 0951-300-9387 or <http://www.usacce.army.mil/frc/default.htm> ; or Kyeyong Thornton at the Chapel at 0951-300-8879. Please submit your application no later than May 16 at 6 p.m. (4/28/11)

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 09721-96-8309; or e-mail [sarah.boerner@europe.ctcd.edu](mailto:sarah.boerner@europe.ctcd.edu). (4/7/2011)

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary. (2/3/2011)

Assistant Director for the Youth Sports and Fitness Program: Assists director with the operation, integration, coordination and oversight of installation CYS Services Sports and Fitness Program (Team Sports, Individual Sports, Fitness and Health and Nutrition Counseling/Education and Health Promotion/Events). This is a full-time position. Qualifications: requires 12-months of experience working in sports/fitness and/or youth programs equivalent. Must be able to work until early evenings and week-ends. Salary: \$29,899-\$34,881 annual salary. (2/3/2011)

Vendor/stocker position are available for night stocking in the Bamberg Commissary. For more information about available positions, call customer service at 0951-300-7650. (12/8/10)

Daily pet sitting services required for one female French Bulldog, Monday through Friday and possibly occasional weekends when out of town. She is house trained and very good with children/dogs, a true joy to have around. If interested, please contact 1st Lt. Troy Shoemaker at 0151-405-21294 or e-mail at [troy.shoemaker@us.army.mil](mailto:troy.shoemaker@us.army.mil).

Bamberg's Exchange is accepting applica-

tions for entry-level retail and food positions. Join a unique organization with the competitive package by applying online at [www.applymyexchange.com](http://www.applymyexchange.com) or by calling Human Resources Office at 0951-303159.

**FOR SALE**

Kitchen for sale! Full kitchen including appliances for sale. Asking price is €2,000 OBO. Kitchen includes refrigerator, stove, oven, and dish washer. All appliances are high quality and fully functional. Lots of cabinet space. Original price for the set was over €4,000. Only used for 1 1/2 years. Contact Holly Matesick at [hollydietzel@hotmail.com](mailto:hollydietzel@hotmail.com) for more pictures and further details. (3/31/11)

220 Volt Large freezer, \$250 Jeep jogger stroller- still in great condition. \$50 Low maintenance elliptical- \$20 Lightening McQueen toddler bed with mattress- never used \$60 Kids left-handed golf set - \$80 Large gas BBQ- used once during summer 2010 - \$80 Small gas BBQ- free In house small stereo with speakers- \$40. Christina Gonzalez 0171-777-9328 [wgonzalez001@yahoo.com](mailto:wgonzalez001@yahoo.com). (1/20/11)

Big free standing RCA HDTV on rollers. 51 1/2 inches tall, 48 1/2 inches wide, 120v, works great \$200 O.B.O. call 015151679661 or e-mail [brikenmar@yahoo.com](mailto:brikenmar@yahoo.com).

**AUTOMOBILES**

2009 BMW 328XI, 19,000 miles, Sports Package, Premium Package, Cold Weather Package, US SPEC. \$29,900 Contact Jonathan Roberts, 01702027674 or [jonathan.f.roberts@us.army.mil](mailto:jonathan.f.roberts@us.army.mil).

For Sale: 1995 BMW 318i Sports Package, dark blue, manual transmission, German Specs. Passed Inspection April 15. 230K kilometers. Drives and handles very well. New water pump, rear shocks, stabilizer link and brakes. \$2,300. Call Chris 0152-2428-8428 or 0951-209-99112. (4/21/11)

For Sale: 2006 Ford Mustang for \$10,500. Very good condition. 5 speed. Black exterior

with grey interior. Power windows, CD player.46,000 miles. No accidents, one owner. Services conducted on time. Contact: Michael Battles at 0152-274-50479 or Jessica Durbin at 0151-42-439913 (4/21/11)

For Sale: \$3,500 OBO! 1996 Honda Civic Hatch, Euro Specs, Manual, EK9 2000 suspension. Just passed inspection, very good gas mileage, summer/winter tires. Contact: Edward Ablang at [edwardablang@hotmail.com](mailto:edwardablang@hotmail.com) or 0152-232-68033. (4/21/11)

For Sale: 1999 Mazda Demio hatchback. Standard; Euro specs. - very good condition, dependable. 3rd owner, owned since 2002. \$1,500 0172-898-3445. (4/14/2011)

For Sale: 2005 Hyundai Accent, Automatic, Hatchback, only 56k miles, Silver. Super reliable. Exterior has some minor dings, interior in good conditions (non-smokers). Just passed inspection (Feb. 14). New brakes and tires. Asking \$3,000. DON'T BUY A BEATER BMW! CALL 0162-597-1027, [JFredrick\\_swr@hotmail.com](mailto:JFredrick_swr@hotmail.com). (3/31/11)

For Sale: '95 White 4WD Mitsubishi Montero. Passed inspection- Great Condition. Power windows, power locks, cargo rack, cloth interior, brand new winter tires- great family SUV. For more information and details, call Daryl at 015224123655- make an offer! (2/10/11)

For Sale: Red 2002 Dodge Stratus R/T, \$6,000, 4-door, 2.7 liter, V6 automatic transmission, leather seats, 4 disc CD changer, auto-start, alarm, A/C, power seat, rear spoiler, all season tires, alloy 17" rims, new brakes, rotors, and battery, single owner. Call Liz at 0170-907-9377. (10/25/10)

For Sale: 2010 Red Dodge Avenger still new condition, Automatic, \$15,500 less than 5,000 miles and has been in our possession since August 2009. Only serious inquiries. Christina Gonzalez 0171-777-9328 [wgonzalez001@yahoo.com](mailto:wgonzalez001@yahoo.com). (1/20/11)

See more local classifieds by clicking [here](#).

**0954-532-2881**  
**[solacedogrescue@yahoo.com](mailto:solacedogrescue@yahoo.com)**

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Can't find a new home for your dog?  
Please don't abandon him/her, call us first.

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Call us before buying.  
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Click [here](#) for recipes from Kay's Kitchen.

## Outside the Gate

Compiled by Szilvia Ascencio-Csapó, FMWR Marketing Volunteer  
Weekend Events in and around Bamberg May 13 - May 15.

### Friday, May 13

- 10 a.m. Fascination garden at Weissenstein castle, one of Germany's the most beautiful garden markets, more than 150 vendors and exhibitors present curiosities and nice things for your garden, subject-specific lectures by famous instructors await the visitors, as well as show situated during the Thirty Years' War presented by the Hoehstadter musketeers, € 8 per person, visitors up to 16 years of age for free, parking free of charge available, location: Weissenstein castle in Pommersfelden, Schloss 1, 96178 Pommersfelden, call 09548-981 811, e-mail [Schlosspommersfelden@schoenborn.de](mailto:Schlosspommersfelden@schoenborn.de), [www.faszination-garten.de](http://www.faszination-garten.de).
- 3 p.m. Actively experience an organic farm – wild herbs, come and see us on our organic farm and experience with all your senses agricultural way of life and work with farm animals and plants. Please bring sturdy shoes, weather resistant clothing, and a small lunch and drinks. Price is € 6.50 per person. Location: Wildensorg Hauptstrasse and corner of Stegauracher street, final bus stop of route 10, 96049 Bamberg-Wildensorg. Detailed information at adult education center, call 0951-871 108, [www.vhs-bamberg.de](http://www.vhs-bamberg.de).
- 3 p.m. There is something going on in the fairy-tale forest, location: Play ground Hubertusstrasse in Bamberg, organizer: Play truck, call 0951-968 6724, [www.spielmobil-bamberg.de](http://www.spielmobil-bamberg.de)
- 6:30 p.m. Spring Nei'n – spring festival, a rock festival for teenagers with these bands: Dry Vapour, The Hazy Heads, Flash Crash, Tuget, Stainbrain and Frozen Sunset. Location: House of encounters, Kunigunda hall (Kunigundensaal), Seehofstrasse 41, 96052 Bamberg, organizer: St. Kunigunda parish (Kunigunden Pfarrei).
- 8 p.m. SV Merkendorf spring-time festival at the festival hall at the Wagner brewery, Pointstrasse 1, 96117 Merkendorf. Music by Aischzeit, [www.aischzeit.de](http://www.aischzeit.de).
- 8 p.m. Morphclubmundart: Reading "Got me? Hardcore punk as a plan for life" by Dolf Hermannstädter. The Well-know publisher of the "Trust" punk magazine reads from his latest book "Got me?" Doors open at 7 p.m., Location: Morph Club, Luitpoldstrasse 17, 96052 Bamberg. E-mail [info@morphclub.org](mailto:info@morphclub.org).
- 9 p.m. Big beginning-of-term party with DJ Mácés and DJ NielSon at the Live-Club. Free sweets and free sparkling wine for the first 50 guest and much more. Live-Club, Obere Sandstrasse 7, 96049 Bamberg, call 0951-53304, e-mail [info@live-club.de](mailto:info@live-club.de), [www.live-club.de](http://www.live-club.de).
- 10 p.m. Block-rocking beats with Markus Lange - Electro. Fidget. Techno. Yeah! Energetic, dirty electro music supported by Fischer & Skamrahl. Morph Club, Luitpoldstrasse 17, 96052 Bamberg, e-mail [info@morphclub.org](mailto:info@morphclub.org).

### Saturday, May 14

- Coachman get-together at the Riding and Haflinger Stables (Reit- und Haflingerhof) in Muersbach. Haflingerhof, Kapellenweg 7, 96179 Muersbach. Contact Mr. Franz Schmittlutz by phone 09533-1775, or 0171-800 5097 for more information.
- 10 a.m. Fascination garden at Weissenstein castle, one of Germany's the most beautiful garden markets, more than 150 vendors and exhibitors present curiosities and nice things for your garden, subject-specific lectures by famous instructors await the visitors, as well as show situated during the Thirty Years' War presented by the Hoehstadter musketeers, € 8 per person, visitors up to 16 years of age for free, parking free of charge available, location: Weissenstein castle in Pommersfelden, Schloss 1, 96178 Pommersfelden, call 09548-981 811, e-mail [Schlosspommersfelden@schoenborn.de](mailto:Schlosspommersfelden@schoenborn.de), [www.faszination-garten.de](http://www.faszination-garten.de).
- 10 a.m. Franconian Switzerland bicycle marathon. A mind-blowing mountain-bike event with a tense bike track, bicycle fair, hip hop show and much more. Sport ground ASV Naisa, Am Wetterkreuz, 96123 Litzendorf.
- 11 a.m. Guided bicycle tour Franconian Tuscany – sculptures, castle garden and brewery. A five-hour and 35 km bicycle tour with information on beautiful building, Celtic history, modern art and Franconian brewing tradition. Best for children ages 12 and over. Please bring appropriate clothing, a helmet and, of course, your bicycle. Organizer: Tourist Information, Geyerswoerthstrasse 5, 96047 Bamberg, call 0951-297 6200, [www.bamberg.info](http://www.bamberg.info). For more information call Radl-Dran, 0176-380 80530.
- 8 p.m. SV Merkendorf spring-time festival at the festival hall at the Wagner

- brewery, Pointstrasse 1, 96117 Merkendorf. Music by Stoerzelbachern, [www.stoerzelbacher.de](http://www.stoerzelbacher.de).
- 9 p.m. Live-Club presents Crash. Songs and soulful ballads from the 1970s to this day. Doors open 8 p.m. Live-Club, Obere Sandstrasse 7, 96049 Bamberg, call 0951-533 04, e-mail [info@live-club.de](mailto:info@live-club.de), [www.live-club.de](http://www.live-club.de).
- 9 p.m. Gunzendorf live: Justice. Live concert at Tanzpalast, Jurastrasse 30, 96155 Gunzendorf, phone 09545-215. For detailed information mail [mail@gunzendorf-live.de](mailto:mail@gunzendorf-live.de) or [info@beautiful-noise-events.de](mailto:info@beautiful-noise-events.de), or check [www.gunzendorf-live.de](http://www.gunzendorf-live.de) or [www.beautiful-noise-events.de](http://www.beautiful-noise-events.de).
- 9 p.m. Funk-soul music by "Schweinsohr Selection". The band presents their own songs as well as cover versions of well-known funk or soul hits. Jazzclub Bamberg e.V., Obere Sandstrasse 18, 96050 Bamberg. More information on [www.schweinsohrselection.de](http://www.schweinsohrselection.de). Tickets are € 12, or 9, or 6.
- 9 p.m. The One Droppers. Ska music from Milano at the Sound'n Arts Club, Sandstrasse 20, 96049 Bamberg. Detailed information on [www.myspace.com/onedroppers](http://www.myspace.com/onedroppers) or [www.sound-n-arts.com](http://www.sound-n-arts.com).
- 9 p.m. Morphclublive: RotFront. Ska music and polka. East and west, and north and south unite here. Program supported by Drosophila Sound. Doors open 8 p.m. Location: Morph Club, Luitpoldstrasse 17, 96052 Bamberg. E-mail [info@morphclub.org](mailto:info@morphclub.org) and detailed information on RotFront at [www.rotfront.com/de](http://www.rotfront.com/de).
- 11 p.m. Schwof. A perfect mix of rock, pop, indie and party music. Live-Club, Obere Sandstrasse 7, 96049 Bamberg, call 0951-53304 for more information, or e-mail [info@live-club.de](mailto:info@live-club.de), [www.live-club.de](http://www.live-club.de).

### Sunday, May 15

- 9 a.m. 2011 International Museum Day. Museums – our memory! The different museums in Bamberg present multifaceted cultural programs and special guided tours. The museum café and the book flea market welcome guest all-day long. Historical Museum (Historisches Museum), Domplatz 7, 96049 Bamberg, call 0951-8711 42. For detailed information check [www.museum.bamberg.de](http://www.museum.bamberg.de).
- 9 a.m. Horse market at the Riding and Haflinger Stables (Reit- und Haflingerhof) in Muersbach. Haflingerhof, Kapellenweg 7, 96179 Muersbach. Contact Mr. Franz Schmittlutz by phone 09533-1775, or 0171-800 5097 for more information. Coachman get-together on May 14.
- 10 a.m. Spring-time ride sponsored by the Horse Enthusiast (Pferdefreunde) Schluesselfeld. Location: PSU Riding ground (Reitgelaende der PSU), An der Reichen Ebrach, 96132 Schluesselfeld. Organizer: Pferdefreunde Schluesselfeld und Umgebung e.V., call 09555-464 for more information on the event.
- 10 a.m. Soldier pilgrimage organized by the Soldier and Comradeship Club (Soldaten- und Kameradschaftsverein) Tuetschengereuth. Event location: Vierzehnheiligen, 96231 Bad Staffelstein.
- 1 p.m. Market day in Memmelsdorf. 96117 Memmelsdorf
- 2 p.m. Gummy bears in medieval times – an adventure guided tour through Bamberg. Guided tour for children ages six-twelve. A lot of activities and pictures help the children discover medieval times. Activate all your senses and see how the medieval Bamberg was Location: Untere Bruecke, Kunigunda statue (Kunigundenstatue), Untere Bruecke, 96047 Bamberg. Organizer: Geschichte Fuer Alle e.V. For more information call 0911-307 360, fax 0911-307 3616, or check [www.geschichte-fuer-alle.de](http://www.geschichte-fuer-alle.de), or e-mail [info@geschichte-fuer-alle.de](mailto:info@geschichte-fuer-alle.de). No prior sign up necessary.
- 2 p.m. Integrative play fest. Handicraft-work programs, fun and family activities. Special appearances by music-clown Geraldino and Michael Petermann with his magic box. The Poldis present wheel-chair table tennis and basketball. A lot of play-time activities and attractions. Also offered is face painting. Event location: Atrium at St. Martin, entrance form Jesuitenstrasse, 96047 Bamberg. Organizer: Play truck. Detailed information under 0951-968 6724 or [www.spielmobil-bamberg.de](http://www.spielmobil-bamberg.de).
- 5 p.m. SV Merkendorf spring-time festival at the festival hall at the Wagner brewery, Pointstrasse 1, 96117 Merkendorf. Music by Melodas, [www.melodas-duo.de](http://www.melodas-duo.de).

Information in English on all guided tours is available on this website <http://www.bamberg.info/en/stadtfuehrungen/>

Dates and information on the popular "Kirchweih" festivities are available here. [http://www.kirchweihkalender-bamberg.de/2011/\\_plaza/kerwa.neo](http://www.kirchweihkalender-bamberg.de/2011/_plaza/kerwa.neo) Just click on the place-name sign of your choice to get detailed information on upcoming fests and "Kirchweih" events.

For general information on Bamberg's sights, fests, party locations and free-time activities check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>.