



WARNER WEEKLY

News & Information at Your Fingertips

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Spouse Resiliency Academy provides useful tools

By Jessica Lipari,
USAG Bamberg Public Affairs

BAMBERG, Germany -- When the inaugural Spouse Resiliency Academy ended June 17, five local spouses walked away from the class armed with a set of tools that makes them feel more confident, knowledgeable and strong during their husband's military service.

U.S. Army Garrison Bamberg's Army Community Service's five-day academy is a family member resiliency training under the Comprehensive Soldier Fitness program.

The training teaches spouses how to cope with change and build resiliency by focusing on six competencies associated with resilience: self-awareness, self-regulation, optimism, mental agility, strength of character and staying connected.

The academy is a success because it allows spouses to use real-life scenarios to put resiliency training into action, said Marylou Solorzano, Army Family Team Building and Army Family Action Plan Program manager.

Sanela Grozdanic, a participant in the academy, said that because it was a small group everyone was able to participate in the activities and discussions.

"Regardless of how resilient we see ourselves being, we can always build on what we already know by attending these types of courses offered by ACS."

- Kimberly Jones
Academy participant

"Everyone had an opportunity to share their thoughts and experiences," Grozdanic said.

Kimberly Jones, another academy participant, has taken some resiliency training in the past through ACS because she finds it beneficial.

"Regardless of how resilient we see ourselves being, we can always build on what we already know by attending these types of courses offered by ACS," Jones said.

Building on information is a basic tenet of the academy, Grozdanic said.

"Each of the competencies is considered a building block for resilience and more blocks simply mean stronger resilience," Grozdanic said. "We may not be able to control what happens to us and what situations we find ourselves in, but we can control how we react/respond to those situations."



Jessica Lipari

Members of the community take part in a Spouse Resiliency Academy discussion. The program is designed to build spouses' resiliency to cope with change. Classes are offered regularly at Army Community Service.

Attitude is a key component in resiliency, Jones said.

"Couple attitude with a better understanding of ways to communicate and it creates a stronghold that can be used to improve a person's outlook, ability and relationships," Jones said. "The training showed me how with a few simple changes to those self imposed barriers, outcomes would have been much different or at least easier to reach."

(PROGRAM continued on Page 4)

New commander takes charge of Bamberg Health Clinic

By Jessica Lipari, USAG Bamberg Public Affairs

BAMBERG, Germany -- Soldiers and community members attended the Bamberg Health Clinic change of command ceremony on June 16 at Summerall Field.

Outgoing commander Lt. Col. Larry R. Patterson relinquished command to incoming commander Lt. Col. John J. Melton.

"Together and in partnership with unit commanders, senior enlisted advisors and family readiness groups, we will continue to create opportunities that enable the resiliency of our community, enhance the operational readiness of our units, and assure the tenets of the Army Family Covenant," Melton said.

Prior to Melton's assignment here, he served at Landstuhl Regional Medical Center as the Chief Resource Management/Chief Financial Officer. Col. Robert L. Goodman, Bavaria Medical Department Activity commander presided over the ceremony.

Patterson carried out the mission of the Bamberg Health Clinic; to manage the medical needs and promote the health of the Soldiers, family members, retirees, and civilians of the Bamberg military community and preparing service members for Deployment.

Patterson's follow up assignment will be with the Weed Army Community Hospital as the deputy commander of administration in Fort Irwin, Calif.



Jessica Lipari

Col Robert L. Goodman, Bavaria Medical Department Activity Commander is flanked by Lt. Col. Larry R. Patterson, left, and incoming commander for the Bamberg Health Clinic Lt. Col. John J. Melton at a change of command June 16 at Summerall Field.

Army birthday quiz results: Participants know Ike, Pershing less so

U.S. Army Europe Public Affairs Release

HEIDELBERG, Germany -- The U.S. Army Europe community is sure Dwight D. Eisenhower served as both USAREUR commanding general and president of the United States, but don't ask who held the highest Army rank ever while still alive.

The 12-question U.S. Army birthday quiz – featuring U.S. Army Europe history - ran from June 8-15 and collected 251 responses.

Nearly 100 percent of participants knew about Eisenhower's USAREUR experience, however, most quiz-takers incorrectly thought Douglas MacArthur held the Army's highest rank - General of the Armies - while still alive.

John J. Pershing was promoted to General of the Armies in 1919 toward the end of his active



duty career.

George Washington was posthumously promoted to the same rank in 1976.

The USAREUR community fared well with questions related to World War II and current operations in Europe, but struggled with a question regarding the only former Army private to be elected U.S. president – James Buchanan.

A large majority of participants knew V Corps was responsible for Omaha Beach during the June 6, 1944 D-Day invasion, and that First Lt.

Audie Murphy was the most decorated U.S. Soldier in World War II. Participants were less certain about what percent of the 48 countries participating in the International Security Assistance Force come from Europe.

Another tough question asked how many multinational NCO's graduated from the NCO Academy in Grafenwoehr, Germany.

Eighty-nine of 251 responses correctly reflected eighty percent of the ISAF force comes from Europe, while 94 of 251 responses correctly listed 64 multinational NCO's graduated from Grafenwoehr Training Area's academy.

Visit the U.S. Army Europe website at www.eur.army.mil for full results and similar interactive content. The current poll focuses on the FIFA Women's World Cup being held in locations around Germany June 26 to July 17.

E-mail changes to start in July: @eur.army.mil to change to @mail.mil

5th Signal Command Public Affairs Release

WIESBADEN, Germany -- Those using @eur.army.mil will be migrating to the global e-mail system called Enterprise Email, changing to @mail.mil starting in July.

Fifth Signal Command, headquartered on Wiesbaden Army Airfield, will oversee the Enterprise Email transition in U.S. Army Europe, U.S. Army Africa, European Command and African Command.

This move will bring the following improvements and perks to overall e-mail experience:

- The Global Address List will be expanded to include all Department of Defense forces. All DoD users of Enterprise Email will be able to locate anyone in any branch of the military directly from their Microsoft Exchange address book.
- Outlook mailbox increase to 4GB.
- Everyone is assigned a new e-mail address that will stay with them wherever they go, to include change of duty station and unit relocations.

- Examples:
Active Duty – john.mi.doe.mil@mail.mil
Civilian – john.mi.doe.civ@mail.mil
Contractor – john.mi.doe.ctr@mail.mil

- Anytime, anywhere access from any authorized, Common Access Card (CAC) – enabled computer.

- Sharing of individual, organizational and resource calendars across the enterprise.

Enterprise Email is one part of a the Army Chief of Staff's goals to transform and consolidate LandWarNet computer services, networks and data into one secure and well-organized environment.

"This migration will improve Army and eventually all DoD, operations and mission effectiveness by significantly increasing e-mail storage, enabling access to a global DoD address list, providing a permanent email address regardless of location or station, saving millions of dollars in FY13 and beyond by eliminating and consolidating hardware and data storage redundancies," said Brig. Gen. Jeffrey G. Smith, Jr., commander, 5th Signal Command.

Users can prepare personally for this e-mail service change by contacting their Information Management Officer, submitting a 119 Help Desk ticket and reading information provided on the 5th Signal Command Web site at <http://www.5sigcmd.army.mil>.

The portal listed above has instructional documents and videos to help users through aspects of migration.

"The single most helpful action you can take in preparation for this email migration is to reduce the size of your email mail box to less than 50MB prior to migration," said Paul Woolston, Network Operations analyst with 102nd Signal Battalion. "The process works best with small mailboxes."

Woolston also said it is important to "make a note for your recurring calendar events and names of those you invite to those events if you use and manage calendars."

"After migration you will have to re-invite people to your events. You will have to reset the recurring schedule for these events as well," Woolston said.



Lt. Col. Steven L. Morris
U.S. Army Garrison
Bamberg, Commander

USAG Bamberg, Public Affairs Officer
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army.mil.

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Communications vital to newcomers' transition

By Douglas DeMaio,
USAG Bamberg Public Affairs

BAMBERG, Germany -- Soldiers being assigned to Warner Barracks and the family members who accompany them are likely to tackle many challenges during their transition from one duty station to the next.

Learning new terminology for things like command sponsorship or Exceptional Family Member Program screening can be similar to learning a new language for those new to the military.

"We didn't really know anything about the Army," said Elizabeth Palmer, a spouse who arrived in Germany March 12. "People, when they're first starting out, it is such a completely different world; nothing really makes sense."

Palmer followed her husband, Pfc. Amra Palmer, from the plains of Texas to the farmlands of Bavaria after he graduated from basic training and Advanced Individual Training from Fort Leonard Wood.

Hurdles that stood in front of the Palmers were abundant as the couple transitioned from two separate locations in the states to unite in Bavaria, Palmer said.

"Sometimes it would take days to get one simple thing taken care of," she said. "EFMP process could have gone a bit smoother had I had any guidance. Nobody told us that we could have done everything online and been

"We didn't really know anything about the Army. People, when they're first starting out, it is such a completely different world; nothing really makes sense."

- Elizabeth Palmer
Spouse

out of there in a month. It took us seven months to get here."

Transitions for Soldiers and family members to overseas duty locations is an enormous challenge, said Jeff Card, a Relocation Readiness Program manager for U.S. Army Garrison Bamberg's Army Community Service.

The Army is having difficulty connecting Soldiers coming out of AIT with services, Card said. The difficulties are hitting the demographics of first overseas Soldiers and Spouses, who are not geographically located anywhere near the Soldier while they are in basic, get little to no information.

"My best resources were going on the internet and finding Facebook wives who have been through it because anyone who has been through it has gone through probably a lot of similar things I did," Palmer said. "I found a lot of help within other military families. That was really the best."

"I got different stories from every single military employee and so many times they were wrong."

Card agreed that the Army needs to do a better job connecting Soldiers coming out of AIT, and their spouses, with services, Card said.

USAG commander Lt. Col. Steven L. Morris has been directing the garrison's staff to make improvements to the relocation process. "There are some factors that are outside of our control that are happening in AITs and at installations in the US, but our garrison commander is very serious about getting everything that's within our influence right," Card said.

The garrison constantly tries to identify as early as possible Soldiers who are coming from AIT and being assigned to Warner Barracks, Card said. Identifying these individuals early allows the Relocation Program to establish contact with family members and offer them relocation assistance well before they move.

The garrison's human resources directorate is trying to increase peoples' awareness of requesting a sponsor. Sponsors can help newcomers get familiar with a new duty station, better understand military terminology and navigate in-processing. The directorate is coordinating with the Army's Human Resources Command to ensure the following line can be placed on Soldiers orders:

"To request a sponsor and to view additional information regarding your assignment, please see the webpage <https://www.updb.hqsareur.army.mil>."

(SPONSOR continued on Page 4)

Petraeus calls for 'energy-informed' decisions



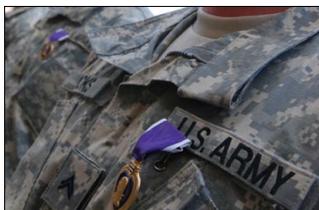
WASHINGTON, June 14 -- Noting an energy-efficient force is a more agile and resilient force, Gen. David H. Petraeus called on his commanders and troops to reduce their energy consumption in Afghanistan.

"By reducing demand for fuel, we will improve operational capability, reduce risk to our forces and, ultimately, strengthen our security," Petraeus, the commander of U.S. and coalition forces in...

To read more on this story, click [here](#).

DoD Issues Purple Heart standards for brain injury

WASHINGTON, April 28 -- U.S. servicemembers have long been eligible to receive the Purple Heart Medal for the signature wounds of the current wars -- mild traumatic brain injuries and concussions -- but now there is more clarity on how medical criteria for the award are applied, Defense Department officials said yesterday.



To read more on this story, click [here](#).

Building blocks



Sina Kingsbury

Child and Youth School Services' Strong Beginnings, a kindergarten preparatory class, had a commencement ceremony at the Stable Theater June 16. In addition to receiving their diplomas, the graduating class of 29 students performed a few song and dance routines and presented a picture slideshow for their Families.

Army 10-Miler race set to begin July 9 at Grafenwoehr

Angela Flowers, Installation Management Command Europe Sports Office

SCHWETZINGEN, Germany -- U.S. Army Garrison Grafenwoehr will again host the annual Army 10 Miler qualifier on July 9, and the stakes are high.

The top six U.S. Army men's and women's soldier-runners meeting qualifying times will be nominated to represent U.S. Army Europe at the Army 10 Miler in the nation's capital Oct. 9.

They are "nominated because although they are one of the top finishers they will still need the commander's approval to be placed on orders," said Jim Mattingly, Installation Management Command Europe sports and fitness director.

Free troop billets will be available on a first-come, first-served basis.

For more information contact the USAG Grafenwoehr Recreation Division at DSN: 475-9024. Camping at Outdoor Recreation Vilseck is available by calling DSN: 475-8402.

Online registration is available via the USAG Grafenwoehr website. The online registration is now open.

Army 10 Miler Records

Overall Male: Alene Reta, 46:59 - 2009
 Overall Female: Samia Akbar, 55:25 - 2009
 Master Male: Sammy Ngatia, 48:50 - 2000
 Master Female: Firaya Zhdanova, 58:31 - 2007
 Commander's Cup Male: Fort Carson Men, 3:19:36 - 2000
 Commander's Cup Female: Fort Bragg Women, 4:19:16 - 2004
 International Cup: USA, 3:16:57 - 2004

You must register on the Grafenwoehr Webtrac.

Register at <https://webtrac.mwr.army.mil/webtrac/Grafenwoehrrectrac.html>

Step 1: Register with MWR Online Services - click on: Start a new pre-registration.

Step 2: Upon receipt of password, enroll in applicable 10 Miler category.

Step 3: Sign in on Grafenwoehr Webtrac click on the 10-Miler Icon at the top of the front page for quick access to register.

(SPONSOR continued from Page 3)

Soldiers can request a sponsor through the website. Once a Soldier requests a sponsor, the sponsorship coordinator for that unit assigns the newcomer a Sponsor from the unit's pool of trained individuals.

The sponsor has to initiate contact within 10 days of notification, according to Army Regulation 600-8-8.

"This is fundamentally a unit-driven program," Card said. "It is up to

ACS is here to provide them with the support they need including training, information and

referral services."

Communications and notifications are all managed electronically through Army Knowledge Online and Easigate accounts, he said, but the system is only as good as the sponsor's commitment to the newcomer.

"I've heard of some people who have had wonderful ones, who went so far as to lend them their car or fill their place with groceries when they came over here, so they would have everything when they came over here and wouldn't have to stress about it, Palmer said. "When I contacted our sponsor, he seemed

annoyed." When Palmer did get information or

suggestions from the sponsor, some of them seemed irrational for the couple's situation, she said.

"The key to sponsorship is communication," Card said. "What breaks down is when the sponsors just aren't communicating."

Card surveyed over 900 Soldiers since last July on their satisfaction with the sponsorship experience.

"Historically satisfaction with sponsorship has been about 66 to 67 percent. That means one in three people are saying they were indifferent toward their sponsorship or they were dissatisfied.

"Since we improved the garrison's approach to supporting unit sponsorship satisfaction has increased," Card added. "Satisfaction is a lagging indicator of success but the numbers are definitely headed in the right direction."

(PROGRAM continued from Page 1)

Both Jones and Grozdanic recommend the academy to all military spouses.

"Oftentimes, we get over confident that we can handle anything on our own; that we can hold the weight of the world on our shoulders," Jones said. "The truth is that all that weight gets pretty heavy over time and either it starts to crumble or we do. The academy gives practical advice on how to build our inner strength but also build strength in numbers through support systems so that crumble effect does not happen."

Change is always coming and with it a set of challenges, Grozdanic said.

"But, with proper tools and skills we can bounce, not break," Grozdanic said.

The next academy will be July 11-15.

For more information on the spouse Resiliency Academy or to register, call 0951-300-7777.

Eco-Friendly Tips

Energy-saving Tips

1. Take advantage of daylight by using light-colored, loose-weave curtains on your windows to allow daylight to penetrate the room while preserving privacy.

2. Shut off coffee pots, radios and other appliances when not needed.

Water-saving Tips

1. Don't let water run when defrosting food & filling the dishwasher.

2. Reuse water! Wash vegetables in a pot of water instead of letting the water run while washing vegetables. Use the rest to water plants.

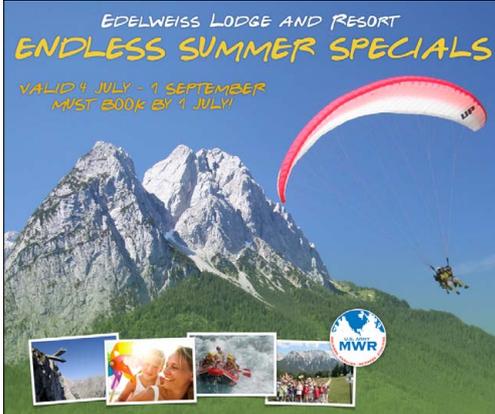
Recycling Tips

1. Rent or borrow seldom-used audiovisual equipment.

2. Don't throw away old computers and TVs- recycle them.



EDELWEISS LODGE AND RESORT
ENDLESS SUMMER SPECIALS
 VALID 1 JULY - 1 SEPTEMBER
 MUST BOOK BY 1 JULY!



CHOOSE BETWEEN THREE AFFORDABLE OFFERS

STAY 5 NIGHTS - GET 7TH FREE + ONE COMPLIMENTARY COUPLES MASSAGE	STAY 3 NIGHTS - GET 10% OFF ACTIVITIES + FREE BREAKFAST FOR CHILDREN 12 AND UNDER	STAY 4 NIGHTS - GET ONE FREE ALPSPIX LIFT TICKET OR ONE FREE WHITE WATER RAFTING TRIP
---------------------------------------------------------------------------	--------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------

This is a limited availability package and does not include vacation cabins. Offers can not be combined with any other offers. The Alpspix lift ticket or White Water Rafting (subject to availability). Package availability is on a first come first serve basis. The couples massage can be replaced by two individual treatments not to exceed the value of the couples massage. Scheduled massages can be reserved on the difference in price. 10% off activities includes Alpine Adventure tours and leisure programs for all participants. Lift tickets, massages and contracted activities are not included in the discount. Free breakfast is available at the Market Station restaurant for children 12 and under staying in the room. Applies to new reservations only. Additional rules may apply. Valid July 1 - 1 September 2011.

Must be reserved through Vacation Planning Center prior to arrival by mentioning the booking code ENDLESS SUMMER. Call to book Monday - Friday 9800 - 2100 hours / (49) 08821-9449 / vacation@edelweisslodgesandresort.com

Community Announcements

Please send all announcements to Bamberg Public Affairs via the following website:
<http://www.bamberg.army.mil/mobi/form.asp>.

Change of Command

The 1002nd Military Police Battalion (Criminal Investigation Division) will have a change of command on June 24 at 10 a.m. on Summerall Field. Lt. Col. Sonya K. Friday will change command with incoming commander Lt. Col. Jason M. Stoddard. The inclement weather location will be in the Basics Building.

Arts Contest Opens

The Army Arts and Crafts Contest is now open for entry submission. Deadline for submissions is June 30. For more information, visit your local Arts and Crafts Center or go to www.armymwr.com/recreation/artsandcrafts/default.aspx.

Scrapbooking

Learn different ways to use laser-cut and lace cardstock in on your scrapbook pages and cards July 1 from 6 p.m. to midnight at the 173rd Brigade Support Battalion Family Readiness Group Center. A variety of laser-cut and lace cardstocks will be given away at the end of the evening. The cost is \$15. All crops include dinner, hourly door prizes, and a free instructional class. Childcare is available at the FRG center play room with child care providers at a cost of \$2 per hour per child. Reservations for childcare must be made in advance as space is limited. For more information, call 0951-300-7308 or wendy.sledd@us.army.mil.

Pageant Contest

Applications for the Miss and Mr. Fourth of July Pageant are now available at the Exchange, Thrift Shop, and Army Community Service building. The event is open to infants and youth up to 18 years of age. There will also be a women's division. For more information, call 0951-300-7308 or e-mail wendy.sledd@us.army.mil.

Parking Closure

All vehicles must be removed from the Freedom Fitness Facility parking lot by 4 p.m. July 3. The parking lot will remain closed on July 4 for the 4th of July celebrations.

Parent's Night Out

Enjoy a day or night out by enrolling your children in the next Parents Day Out or Parents Night Out programs. Dates for Parents Day Out will be Aug. 6, Oct. 1 and Dec. 3 from 11:30 a.m. - 3 p.m. Dates for

Parents Night Out will be July 8, Sept. 9 and Nov. 4, from 6:30 - 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

Closures / Changes

Frankfurt Benefits Office Change

The Federal Benefits Unit in Frankfurt has a new telephone number to call if you need assistance with Social Security, Medicare or Veterans Administration issues. The new number is 069-95551-110. The Federal Benefits Unit, Frankfurt may also be reached at FBU.Frankfurt@ssa.gov or by FAX at 069-749352.

Vehicle Registration

Vehicle Registration office will be closed June 23 and July 4. For more information, call 0951-300-7580.

Tax Center

The Bamberg Tax Center will be closed June 28-30. It will resume normal business hours on July 1. During this closure, appointments can be scheduled by calling 0951-300-8832.

Airport Shuttle

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:25 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on holidays, but is on training holidays. Pets are allowed. For more information about the airport shuttle, call 069-695973816.

Sports, Health and Fitness

Run-Walk

There will be a 5 kilometer run and walk July 4 at 9 a.m. at the Freedom Fitness Facility. Sign up free. For more information, call 0951-300-8890.

Waist Whittlers

Bamberg community members are invited to participate in a women's weight loss support. The group, for those looking for support to help them with their weight loss goals, will be held the first and third Thursday of each month in the Army Community Service building from 1-2 p.m. For more information, contact Beth Danowsky at 0951-300-7913 or by e-mail at elizabeth.a.danowsky.ctr@eur.army.mil.



Food Handlers Classes

WHAT: A FOOD SAFETY CLASS REQUIRED FOR FOOD SERVICE PERSONNEL WHO PREPARE OR SERVE FOOD TO THE PUBLIC WITHIN THE BAMBERG COMMUNITY.

WHO: CERTIFICATION IS INTENDED FOR INDIVIDUALS INVOLVED IN FUND RAISING FOOD SALES SUCH AS, BETTER OPPORTUNITIES FOR SINGLE SOLDIERS, FAMILY READINESS GROUPS, CLUBS OR BAZAARS, AND ALSO TO CHILD YOUTH SCHOOL SERVICES PERSONNEL. THE CLASS MAY ALSO SUPPLEMENT REQUIRED REFRESHER TRAINING FOR REGULAR FOOD SERVICE EMPLOYEES.

WHERE: BAMBERG, ARMY COMMUNITY SERVICE, BUILDING 7029, ROOM 118

WHEN: NOON ON AUG. 17

CLASS IS FREE, LASTS 1 HOUR, AND REGISTRATION IS NOT REQUIRED. FOR QUESTIONS, E-MAIL COLE.BORTON@AMEDD.ARMY.MIL
 DSN: 476-2041/2138
 COMM: 09662832041

GARMISCH STRONGMAN/STRONGWOMAN COMPETITION

Are you the strongest Man or Woman of USAREUR?

PROVE IT!

2 p.m. Friday, July 1

- Three categories: Mens 105 Kg and lighter, over 105 Kg, and womens
- For information and registration contact Outdoor Recreation at DSN 440-2638 or CIV 08821-750-2638
- Sign up by 24 June 2011
- \$15 Entry fee



GARMISCH OUTDOOR REC.

MWR

Facebook

Weekly Reminders

Rising Star

The Army-wide talent competition is coming back to Bamberg. Operation Rising Star 2011 kicks off in August at the Stable Theater. Showcase your talent and compete for cash prizes or an all-expense paid trip to the United States. Pick up an application form at the Community Activity Center or the Stable Theater. The competition is open to all adults, active duty Soldiers and their family members. For more information, call 0951-300-8647 or e-mail jack.austin@eur.army.mil.

Satellite Adjustment

The American Forces Network's satellite delivery platform is changing, requiring viewers who have an AFN decoder and satellite dish in their home to make some changes by July 31 to continue to get AFN TV. For more information, visit www.afneurope.net.

MWR Guide

Bamberg's Family and Morale, Welfare and Recreation Guide for the month of June is now online at <http://issuu.com/BambergMWR/docs/june2011>

Tax Center

The Bamberg Tax Center is now open. The Tax Center is located in Building 7000 on the fourth floor. Appointments and walk-ins are available. Operating hours are Monday - Friday from 9 - 11:30 a.m. and 1 - 3 p.m. until the end of September. For more information, call 0951-300-8261/8262.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; held weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

DFAC Feedback

Dining Facility council meetings are at Nieves Webb every last Thursday of the last month of each quarter at 2 p.m. The remaining meetings are scheduled to take place June 30 and Sept. 29. For more information, call 0951-300-7130.

USAG Bamberg Family and MWR

4th Of July

at Bamberg Pendleton Sports Field

Car Show and Dyno - Carneval Rides and Games - Fire Artist XELO - 5k Fun Run - Golf Tournament - Fireworks
Jeremy Graham Band

U.S. ARMY MWR
MILITARY RETIREMENT SERVICES

Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Vanessa Holland, EFMP manger, at 0951-300-7777.

Library Events

The library hosts weekly events. There is storytelling for children ages 3-5 years old every Thursday at 11:30 a.m. There's also a Gamers' Challenge that meets every Saturday at 5 p.m. For more information, call 0951-300-1740.

Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their

USAG Bamberg Freedom Fitness Facility

U.S. ARMY MWR
MILITARY RETIREMENT SERVICES

4th of July

5k Fun Run & Walk

Run starts 9 a.m., July 4, at Freedom Fitness Facility. Sign up is free.

Contact FFF at Tel. (0951) 300 8890

installation coordinator. For more information, call 0951-300-8001.

Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday and Friday sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - noon; closed on Thursday afternoons for mandatory training, federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with your military care provider.

Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke. Other energy and utility providers can also be used, but customers will have to register through the USAG Schweinfurt UTAP. For more information, call the Bamberg tax relief office at 0951-300-1780 or the Schweinfurt tax relief office at 09721-96-1780.

Learn Deutsch

Army Community Service, Relocation Readiness Program, offers free Deutsch classes every month. Beginner classes are scheduled Tuesdays from 10 a.m. to noon and Wednesday from 6-8 p.m. Intermediate classes are Tuesdays, noon to 2 p.m. and Wednesdays, 2-4 p.m. Advanced classes are Tuesdays, 2-4 p.m. and Wednesdays, 4-6 p.m. Classes are held at the ACS building in classroom 118. For more information, call 0951-300-7777.

ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

Protestant Summer Study

Protestant Women of the Chapel meet on Wednesdays from 9:30 - 11:30 a.m. in the Bamberg Community Chapel. The summer study will be the Women of Faith DVD. The Pair O' Bulls DVD will be shown to school age children. All ladies are welcome. Free food and childcare provided. For more information, call 0951-300-1570 or send an email to pwocbamberg@yahoo.com.

Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

123 SESAME STREET

USO
Until Every One Comes Home

The Sesame Street/USO Experience for Military Families

ALL NEW SHOW!

Sesame Street and the USO are bringing the furry, fuzzy and friendly muppets to military families around the world.

PROGRAM HIGHLIGHTS:

- Introducing Katie, a military kid on Sesame Street who is moving to a new place
- Free admission for military families and their children
- Mini-show and giveaways
- For tour information visit www.sesamestreet.org/TLC and www.uso.org

Sat. Aug 6

2 shows!
3pm and 5:30pm

Freedom Fitness Facility
USAG Bamberg

General Admission Doors Open 1/2 hr ahead

USO Worldwide Strategic Partners

Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and anger/stress management classes.

Family Advocacy - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for Anger/Stress Management Class.

New Parent - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24- hour hotline.

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

USAG Bamberg Auto Skills

U.S. ARMY MWR
MILITARY RETIREMENT SERVICES

Car Show 2011

Dyno Rigs & F1 Simulator

July 4

starts 10 a.m., Judging 1-3 p.m. - \$5 per entry

at Independence Day Celebrations
Freedom Fitness Facility Parking Lot
www.bamberg.army.mil/mwr

Contact (0951) 300 8659 or -7546

Recycling Facts

During the month of May, the Warner Barracks community recycled 10 tons of metal. Recycling metal uses about 74 percent less energy than making new steel, according to www.howstuffworks.com

Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

Youth and Teens

Youth Sports Coaches Needed

Child Youth Services is looking for coaches for the fall sports season. Children of coaches play for free. Coaches' clinics are July 14, and Aug. 11, 6 p.m. at the School Age Center, Building 7669. For more information, call 0951-300-7523 or 0951-300-8698.

Youth Lessons

Child, Youth and School Services SKIES Unlimited is offering lessons for tennis, racquetball and dance for youth ages 7-18. For more information, call 0951-300-7452.

CYSS summer sign-ups begin

U.S. Army Garrison Bamberg community members can now sign up for Child, Youth and School Services summer programs at Parent Central Services. Bamberg summer programs include summer camps, youth sports, EDGE!, SKIES and a Kinder Readiness bootcamp. For more information, call Parent Central Services at 0951-300-8660 or visit the Bamberg

USAG Bamberg
Whispering Pines Golf Course
& Pro Shop
Tel. (0951) 300 8953

U.S. ARMY
MWR
WHISPERING PINES GOLF COURSE

Golf
**German-American
Ryder Cup**

July 9, 9 a.m. - \$30/35

sponsored by **Ford** **Exchange**
new car sales

No Federal Endorsement Implied

CYSS Facebook page, or log on to webtrac.

Cub Scouts

There is a Cub Scout Pack in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webelos (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlarama, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information, call 0951-222-1903 or e-mail chad3jsdad@yahoo.com.

Aqua Barons

Meet new people and become a part of the Aqua Barons team. Get into shape and stay in shape by swimming. Earn awesome rewards like trophies, medals, ribbons and even a varsity letter. Travel around Europe for swim meets to places like Italy, Spain, Belgium, England and many more. For more information, e-mail bambergaquabarons@yahoo.com.

Ballet Class

Registration is open for Child, Youth and School Services SKIES Unlimited ballet classes. The program is for ages 3-8. Classes are on Thursdays from 2 - 4:30 p.m. in Building 7669. Check the class

brochure for specific times and holidays. For more information, call 0951-300-7452.

Volunteers Needed

The Bamberg Middle High School is seeking volunteers for tutoring students in any subject at the middle and/or high school level. If you would like to help out, call 0951-300-8874.

Teen Stress

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

Continuing Education

Field Study

Field study courses give students the opportunity to explore fascinating locations in Europe while earning university credit. Upcoming field study courses include HIST 217C/317C The Cultural History of London II July 30 - Aug. 6 in England, and ARTH 199L/489L Picasso in Paris Aug. 6-13 in France. Visit www.ed.umuc.edu/fieldstudy.

Language Initiative

Learn more about the State Department's National Security Language Initiative for Youth. It provides merit-based scholarships to U.S. high school students and recent graduates interested in learning less-commonly studied foreign languages. For more information, visit <http://exchanges.state.gov/youth/programs/nsli.html>.

PTA Scholarships

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

Student Aid

Learn what resources are available to help fund your higher education, visit <http://studentaid.ed.gov/PORTALSWebApp/students/english/index.jsp>.

Entertainment and Leisure

Outreach KONTAKT Club Events

The Outreach KONTAKT Club is an Army in Europe program designed to promote German and American friendship overseas. For more information, contact the German president at 0951-24378 or the American project officer at 0951-300-1610.

USAG Bamberg
Community Activity Center

U.S. ARMY
MWR
WHISPERING PINES GOLF COURSE

**Community
Flea Market**

Every second Saturday (March-October)

June 11,
July 9, Aug. 13, Sep. 10, Oct. 8
10 a.m.-1 p.m. at CAC, Building 7047

Contact CAC at (0951) 300 8659

JMTC

TSCAE

**TRAINING SUPPORT
CENTER (TSC) BAMBERG**

BLDG 7316 DSN: 469-7696/ 1398

...TRAINING BEGINS HERE!

USAG Bamberg
Whispering Pines Golf Course
& Pro Shop
Tel. (0951) 300 8953

U.S. ARMY
MWR
WHISPERING PINES GOLF COURSE

Golf
**4th Of July
Tournament**

8 a.m. - \$30/35

sponsored by **Ford** **Exchange**
new car sales

No Federal Endorsement Implied

Trips and Travel Opportunities

Take a trip with Bamberg Outdoor Recreation in June. Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.



June 23 Evening Mountain Bike Ride \$15
Grab your bike or rent a Cannondale from ODR for \$10 as you enjoy the single-track terrain in the local area. This opportunity allows you to learn routes and stretch your legs after being confined to the office all day. You must sign up in advance. The trip leaves Outdoor Recreation at 5 p.m. and returns at 8:30 p.m.

June 25 Frankenjura Hike \$25
Enjoy a hike through a beautiful countryside seeped in culture, tradition and beer. An easy 12-15 kilometers will give you a glimpse of this wonderland rarely seen by visitors. Please wear hiking boots. The trip includes transportation. Transportation leaves Outdoor Recreation at 9 a.m. and returns at 5 p.m.

July 6 and 20 Evening Outdoor Climb \$25
Brag to your friends as you learn a new and exciting skill or improve upon an existing one. You will be able to see Germany from a view a hiker misses out on. Beginners are welcome. The trip includes transportation, instruction and equipment. Transportation leaves Outdoor Recreation at 5 p.m. and returns at 9 p.m.

July 7 Tour Under Bamberg \$25
This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Transportation leaves Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

July 9 Tegernsee Hike \$50
Enjoy the ambiance of the Tegernsee (a mountain lake in Southern Germany). The town where plenty of nature trails allow you to go on self-guided hikes and mountain bike rides. Boat cruises are also available that will take you from the Tegernsee to Rottach-Egern. Bade Wiesse is close-by where you can relish the summer air as you swim in the cool pool water. Transportation leaves the Chapel Parking Lot at 7 a.m. and returns at 9 p.m.

July 16 Canoeing on the Main River \$35
Paddle as the current carries you down the Main River, while relishing the striking beauty of Bavaria. Your day will be filled with fun as you talk with friends and make new ones. The trip includes transportation, equipment and instruction. Please wear a swimming suit and bring a towel, sack lunch and hydrating liquids. Transportation leaves Outdoor Recreation at 9 a.m. and returns at 5 p.m.

July 23 Wakeboarding \$20
Do you miss feeling of waves crashing against your body? Don't miss this opportunity to get that feeling back on ODR's upcoming wakeboarding trip. Just because you're not in the States, doesn't mean that you have to stop doing the sports you love or even try new ones. Price includes transportation. Equipment and entrance fees will be paid by patrons on site. Transportation leaves Outdoor Recreation at 9 a.m. and returns at 5 p.m.

July 30 Dresden, Germany \$65
Located in the heart of Germany, Dresden is draped against a backdrop of history. This city offers visitors a rich experience filled with art and culture. Visit the Royal Palace, Zwinger, Semper Opera House, Elbe castles, Villa Quarter, Hellerau garden city and the 'Blue Wonder' bridge to the east of the city center. Children ages 4-12 are \$55; children 3 and under are \$45. The trip includes transportation and a city tour. Transportation leaves the Chapel Parking Lot at 5 a.m. and returns at 10 p.m.

Aug. 3 Outdoor Climb \$25
Grab your friends and join us for an evening of outdoor climbing. We will head to a famous sports climbing area where you will be able to see Germany from an angle rarely seen. The trip includes transportation, instruction and equipment. Transportation departs Outdoor Recreation at 5 p.m. and returns at 8:30 p.m.

Aug. 4 Tour Under Bamberg \$25
This unique trip through the tunnels under Bamberg gives you a view of the

Bamberg Movie Schedule

AAFES Reel Time Theater is closed
Tuesdays and Wednesdays

Thu	June 23	Hanna (PG-13)	7 p.m.
Fri	June 24	Super 8 (PG-13)	7 p.m.
Sat	June 25	Super 8 (PG-13)	3 p.m.
		Source Code (PG-13)	7 p.m.
Sun	June 26	Source Code (PG-13)	3 p.m.
		Scream 4 (R)	7 p.m.
Mon	June 27	Source Code (PG-13)	7 p.m.
Thu	June 30	Scream 4 (R)	7 p.m.
Fri	July 1	Green Lantern (PG-13)	7 p.m.
Sat	July 2	Rio (G)	3 p.m.
		Soul Surfer (PG)	7 p.m.
Sun	July 3	Green Lantern (PG-13)	3 p.m.
		Madea's Big Happy Family (PG-13)	7 p.m.
Mon	July 4	Green Lantern (PG-13)	7 p.m.
Thu	July 7	Madea's Big Happy Family (PG-13)	7 p.m.
Fri	July 8	Bad Teacher (R)	7 p.m.
Sat	July 9	African Cats (G)	3 p.m.
		Hoodwinked Too! Hood Vs. Evil (PG)	7 p.m.
Sun	July 10	African Cats (G)	3 p.m.
		Bad Teacher (R)	7 p.m.
Mon	July 11	Fast Five (PG-13)	7 p.m.
Thu	July 14	Fast Five (PG-13)	7 p.m.
Fri	July 15	Transformers: Dark Of The Moon (PG-13)	7 p.m.
Sat	July 16	Water For Elephants (PG-13)	3 p.m.
		Transformers: Dark Of The Moon (PG-13)	7 p.m.
Sun	July 17	Something Borrowed (PG-13)	3 p.m.
		Transformers: Dark Of The Moon (PG-13)	7 p.m.
Mon	July 18	Transformers: Dark Of The Moon (PG-13)	7 p.m.
Thu	July 21	Water For Elephants (PG-13)	7 p.m.
Fri	July 22	Horrible Bosses (R)	7 p.m.
Sat	July 23	Jumping The Broom (PG-13)	3 p.m.
		Priest (PG-13)	7 p.m.
Sun	July 24	Jumping The Broom (PG-13)	3 p.m.
		Priest (PG-13)	7 p.m.
Mon	July 25	Horrible Bosses (R)	7 p.m.
Thu	July 28	Bridesmaids (R)	7 p.m.
Fri	July 29	Harry Potter And The Deathly Hallows Part 2 (PG-13)	7 p.m.
Sat	July 30	Thor (PG-13)	3 p.m.
		Harry Potter And The Deathly Hallows Part 2 (PG-13)	7 p.m.
Sun	July 31	Harry Potter And The Deathly Hallows Part 2 (PG-13)	3 p.m.
		Bridesmaids (PG-13)	7 p.m.

city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Transportation departs at 5 p.m. returns at 7:30 p.m.

Aug. 6 White Water Kayak \$35
Beginners and experts alike are invited to join us on our Wiesent white water kayak trip. Please wear a swimming suit and bring a towel, sack lunch and water. The trip includes transportation, instruction and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

Aug. 10 Mountain Bike Ride \$15
With the upcoming mountain bike race, grab your bike (or rent one from us for \$10) and practice on the course that will be used for the race on Saturday. This is a great way to prepare for your win. The trip departs Outdoor Recreation at 5 p.m. and returns at 8:30 p.m.



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

AUTOMOBILES

Fore Sale: \$3000 OBO 1999 Dodge Stratus, 4 door, US Spec, Automatic. Two new tires, water pump, timing belt, and wheel alignment. Car runs like new, great gas mileage. Call 0160-985-45227 or e-mail: lynda.pontious@live.com. (6/9/11)

Fore Sale: \$4000 1997 Chevy Cavalier LS Convertible, US Spec, Automatic. Just replaced the top! Car runs great and excellent gas mileage. Call 0160-985-45227 or e-mail: lynda.pontious@live.com. (6/9/11)

Fore Sale: 2009 BMW 328XI, 19,000 miles, Sports Package, Premium Package, Cold Weather Package, US SPEC. \$29,900 Contact Jonathan Roberts, 01702027674 or jonathan.f.roberts@us.army.mil.

For Sale: 1995 BMW 318i Sports Package, dark blue, manual transmission, German Specs. Passed Inspection April 15. 230K kilometers. Drives and handles very well. New water pump, rear shocks, stabilizer link and brakes. \$2,300. Call Chris 0152-2428-8428 or 0951-209-99112. (4/21/11)

For Sale: 2006 Ford Mustang for \$10,500. Very good condition. 5 speed. Black exterior with grey interior. Power windows, CD player. 46,000 miles. No accidents, one owner. Services conducted on time. Contact: Michael Battles at 0152-274-50479 or Jessica Durbin at 0151-42-439913 (4/21/11)

For Sale: \$3,500 OBO! 1996 Honda Civic Hatch, Euro Specs, Manual, EK9 2000 suspension. Just passed inspection, very good gas mileage, summer/winter tires. Contact: Edward Ablang at edwardablang@hotmail.com or 0152-232-68033. (4/21/11)

For Sale: 1999 Mazda Demio hatchback. Standard; Euro specs. - very good condition, dependable. 3rd owner, owned since 2002. \$1,500 0172-898-3445. (4/14/2011)

For Sale: 2005 Hyundai Accent, Automatic, Hatchback, only 56k miles, Silver. Super reliable. Exterior has some minor dings, interior in good conditions (non-smokers). Just passed inspection (Feb. 14). New

brakes and tires. Asking \$3,000. DON'T BUY A BEATER BMW! CALL 0162-597-1027, JFredrick_swr@hotmail.com. (3/3/11)

For Sale: '95 White 4WD Mitsubishi Montero. Passed inspection- Great Condition. Power windows, power locks, cargo rack, cloth interior, brand new winter tires- great family SUV. For more information and details, call Daryl at 015224123655- make an offer! (2/10/11)

For Sale: Red 2002 Dodge Stratus R/T, \$5,000, 4-door, 2.7 liter, V6 automatic transmission, leather seats, 4 disc CD changer, alarm, A/C, power seat, rear spoiler, all season tires, alloy 17" rims, new brakes, rotors, and battery, single owner. Call Liz at 0170-907-9377. (10/25/10)

For Sale: 2010 Red Dodge Avenger still new condition, Automatic, \$15,500 less than 5,000 miles and has been in our possession since August 2009. Only serious inquiries. Christina Gonzalez 0171-777-9328 wgonzalez001@yahoo.com. (1/20/11)

EMPLOYMENT

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 09721-96-8309; or e-mail sarah.boerner@europe.ctcd.edu. (4/7/2011)

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary. (2/3/2011)

Assistant Director for the Youth Sports and Fitness Program: Assists director with the operation, integration, coordination and oversight of installation CYS Services Sports and Fitness Program (Team Sports, Individual Sports, Fitness and Health and Nutrition Counseling/Education and Health Promotion/Events). This is a full-time position. Qualifications: requires 12-months of experience working in sports/fitness and/or youth programs equivalent. Must be able to work until early evenings and week-ends. Salary: \$29,899-\$34,881 annual salary. (2/3/2011)

Daily pet sitting services required for one female French Bulldog, Monday through Friday and possibly occasional weekends when out of town. She is house trained and very good with children/dogs, a true joy to

have around. If interested, please contact 1st Lt. Troy Shoemaker at 0151-405-21294 or e-mail at troy.shoemaker@us.army.mil.

Bamberg's Exchange is accepting applications for entry-level retail and food positions. Join a unique organization with the competitive package by applying online at www.applymyexchange.com or by calling Human Resources Office at 0951-303159.

MISCELLANEOUS

Math tutoring for high school/middle school students available. I am a certified teacher with a Bachelor of Science degree in Mathematics and a Masters in Teaching. Available to tutor on weekdays. Please e-mail me for further information: dorothykim@gmail.com. (4/28/11)

Wanted: German King Size Bed Frame. E-mail: rushharry@hotmail.com. (3/31/11)

Gabi's Doggie Daycare, I have space available only on weekends, holidays, and at home care. Daily care is full. Visit www.gabidoggiedaycare.com.

Free to good home. A rabbit with cage and everything that goes with it. If interested, call Steve at 0951-208-5148.

PCSing? Can't find a new home for your dog? Please don't abandon him/her, call us first. No questions asked. We are a privately funded non-profit dog rescue. Will give your dog solace and placement with a new, loving family. Located in Bamberg and open from 10 a.m.-10 p.m. Call 0954-532-2881 or e-mail solacedogrescue@yahoo.com.

FOR SALE

Kitchen with all appliances- \$700; German king-size solid wood bed - \$430; German bedroom schrank (4 meters long, 220 m high/black&white)-\$570; solid wood round dining room set (w/4 chairs)- \$200; French bed (120X200)-\$150; high board-\$75; bathroom cabinet-\$70; and a solid wood Chester drawer-\$65 / O.B.O. Call 0174-766-3088 (6/23/11)

Kitchen for sale! Full kitchen including appliances for sale. Asking price is €2,000 OBO. Kitchen includes refrigerator, stove, oven, and dish washer. All appliances are high quality and fully functional. Lots of cabinet space. Original price for the set was over €4,000. Only used for 1 1/2 years. Contact Holly Matesick at hollydietzel@hotmail.com for more pictures and further details. (3/31/11)

220 Volt Large freezer, \$250 Jeep jogger stroller- still in great condition. \$50 Low maintenance elliptical- \$20 Lightening McQueen toddler bed with mattress- never used \$60 Kids left-handed golf set - \$80 Large gas BBQ- used once during summer 2010 - \$80 Small gas BBQ- free In house small stereo with speakers- \$40. Christina Gonzalez 0171-777-9328 wgonzalez001@yahoo.com. (1/20/11)

Big free standing RCA HDTV on rollers. 51 1/2 inches tall, 48 1/2 inches wide, 120v, works great \$200 O.B.O. call 015151679661 or e-mail brikenmar@yahoo.com.

AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please e-mail your submission to the Public Affairs Office at bambergpao@eur.army.mil. We will ONLY accept classified ads by e-mail. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600 or e-mail bambergpao@eur.army.mil.

See more local classifieds by clicking [here](#).

0954-532-2881
solacedogrescue@yahoo.com

PCSing?

Can't find a new home for your dog?
Please don't abandon him/her, call us first.

Beware of dog breeding scams

Call us before buying.

We will translate the paperwork.



AAFES Corner



Click [here](#) to view weekly savings

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Corner

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Click [here](#) for printable online coupons.

Click [here](#) for recipes from Kay's Kitchen.



Outside the Gate

Compiled Simon Hupfer, Family and MWR Marketing

Weekend

Events in and around Bamberg June 24 - 26.

Friday, June 24

- 5 p.m. Fun Run around the Ebing Lake, (Ebinger See), Ringstrasse, 96179 Ebing
- 6 p.m. Bonfire with Franconian BBQ and music, at Steigerwaldhalle, Bamberger Str. 40, 96138 Burgebrach
- 6:30 p.m. Kirchweih (with bonfire), Marktplatz, 91332 Heiligenstadt i.Ofr.
- 7:30 p.m. Mozart's opera "Magical Flute" at Bamberg's historical puppet-on-strings-theater from 1816. Untere Sandstrasse 20, 96047 Bamberg. Purchase tickets at dvd ticket service, Lange Strasse 20, 96047 Bamberg
- 8 p.m. Charlotte (album release), at Morph Club, Luitpoldstrasse 17, 96052 Bamberg.
- 9 p.m. The Superflys (pop, rock, soul, funk, 70s and 80s), live at Live-Club, Obere Sandstrasse 7, 96049 Bamberg. www.live-club.de

Saturday, June 25

- 12 p.m. Organ Concert (Durufle and improvisations), at Bamberg's cathedral (Dom), Domplatz 5, 96049 Bamberg
- 2-3 p.m. Music for brass instruments, free concert at Bamberg's Hain, Pavillion, Muehlwoerth, 96047 Bamberg
- 3:30 p.m. Babenberger Fun Run (sign up required, trophies and medals), starts at Bamberg's Urbankirche, babenbergerring, 96049 Bamberg. Tel. (0951) 51226 or e-mail helmuth.firsching@kabelmail.de
- 5 p.m. Charity Open Air Rock Concert, at Oberhaid, Sportsfeld, 96173 Oberhaid
- 8 p.m. Salsa Night, at Haas-Säle, Obere Sandstrasse, 96049 Bamberg
- 9 p.m. The Flo kern Expression, blues concert with bass and guitar, at Live-Club, Obere Sandstrasse 7, 96049 Bamberg
- 10:30 p.m. Black and White Music Meets Sloane (house, techno, deep house), Morph Club, Luitpoldstrasse 17, 96052 Bamberg
- 11 p.m. Schwof Party at Live Club, Obere Sandstrasse 7, 96049 Bamberg

Sunday, June 26

- 9 a.m. Kirchweih in Kirschletten, 96199 Zapfendorf
- 10:30 a.m. Kirchweih in Heiligenstadt, Marktplatz, 91332 Heiligenstadt
- 11 a.m. Classical concert at the Karmeliten cloister, Karmelitenplatz 1-3, 96049 Bamberg. Performed by members of the Bamberg Symphonic Orchestra and special guests. Purchase tickets at BVD ticket service, Lange Strasse 20, 96047 Bamberg.
- 2 p.m. Fishermen Fest, Hauptstrasse, 96120 Bischberg
- 4:30 p.m. Winefest with the Volkacher Ratsherren Musikanten, Altenburg 1, 96049 Bamberg
- 8 p.m. 78plus in concert (Electro Pop, Schellack-Swing from Austria), at Morph Club, Luitpoldstrasse 17, 96052 Bamberg. Audio samples: www.myspace.com/78plus

National Concert Schedule:

- June 23** Culcha Candela, Schuetzenplatz, Neustadt (b. Coburg)
- June 23** Sting & Orchestra, Arena, Leipzig
- June 24-26** Stomp, the Drum Show, Meistersingerhalle, Nuernberg
- June 25** Santana, Schuetzenplatz, Neustadt (b. Coburg)
- June 25** Linkin Park, Messsegelaende Riem, Munich
- June 26** ZZ Top, Burg Abenberg, Abenberg
- June 26** Judas Priest and Whitesnake, Zenith, Munich
- June 26** The Eagles, Koenigsplatz, Munich
- July 2** Saga, Mothers Finest, Canned Heat, Brauereigutshof Pyras
- July 8** Bryan Adams, Schlosshof, Bad Mergentheim
- July 2** Chicago & Blood, Sweat and Tears, Stuttgart
- July 5** Bad Religion, Posthalle, Wuerzburg
- July 17** Sting & Orchestra and Bryan Adams, Tollwood Festival, Olympiahalle, Munich
- Aug. 18,** Joe Cocker, Schlossplatz, Coburg
- Aug. 15** Good Charlotte, E-Werk, Erlangen

Aug. 12-14 Iggy & The Stooges, Taubertal Festival, Rothenburg o.d.T. www.taubertal-festival.de

Preview:

- June 25** American Barbeque, www.playoffbamberg.de - Reservation is recommended, Call (0951) 133 965 0
- July 1-3** Canalissimo, enjoy one of Bamberg's most beautiful fests, along the Alter Kanal. www.canalissimo.de
- July 23** Cuban Night with Los Dos Y Companeros, Schloss Tambach, tickets at dvd, Lange Strasse 22, 96047 Bamberg
- July 30- Aug. 3** Brose Baskets E.On Summer Camp 2011. www.brosebaskets.de

Now available: Gondola rides in Bamberg: Be enchanted by a trip on the River Regnitz in an original Venetian gondola. Enjoy the diversity of the city's one thousand year history during a romantic gondola trip along the Old Canal and past Little Venice among fascinating monuments and spots of natural beauty in an enchanting setting. Starting point: the Old Canal beneath the Upper Bridge. Duration: approx. 30 minutes. Times: Friday, Saturday and Sunday (May-October) 3 p.m./3.30pm. Special appointments on agreement! Only 6 persons per gondola. For more information: www.gondelfahrt.info

Information in English on all guided tours is available on this website <http://www.bamberg.info/en/stadtfuehrungen/>

Dates and information on the popular "Kirchweih" festivities are available here. http://www.kirchweihkalender-bamberg.de/2011/_plaza/kerwa.neo Just click on the place-name sign of your choice to get detailed information on upcoming fests and "Kirchweih" events. For general information on Bamberg's sights, fests, party locations and freetime activities, check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>. The information is available in English and with the nice pictures you will get in the mood for getting out and enjoying yourself. Insider tips and ratings for the coolest pubs, clubs, bars and sights can be found on this website <http://www.virtualtourist.com/travel/Europe/Germany/Bavaria/Bamberg>

People who have been to these locations before share their insight information and experiences. It is a great resource for all who would like some more information on their favorite destination in and around Bamberg before leaving base. Enjoy the good weather with the volksmarching enthusiasts. At http://www.dvwwandern.de/v_vb/10/Wandertage, you will find the upcoming dates of the volksmarching activities in Franconia. For general information on events in Franconia, you can check http://www.dvv-wandern.de/v_vb/10. For information on the German-American Volksmarching Club Bamberg (Deutsch-Amerikanischer Wanderclub Bamberg) and information in English, you can contact Mr. Wolfgang Keller, Warner Barracks, building 7090, room 103, Monday, Wednesday, Friday, 3-5 p.m.

Visit the city of Bamberg's official website

The screenshot shows the official website for Bamberg. At the top, there is a navigation bar with tabs for Home, Hotels & accommodation, Guided tours, and Packages. Below this is a sidebar menu with categories: Experience, Worth seeing, Culture, Active, For..., Service, and Specialist. The main content area features several articles:

- Our tip – your personal delicacy!**: A 3-course menu of Franconian delicacies with vouchers for typical specialties like smoke beer.
- Bamberg - the beer city**: A guide to nine breweries and their unique beers.
- Bamberg - an unforgettable experience!**: A general overview of the city's history, culture, and scenic views.
- 77.8.30.8. Lightstreaming in Bamberg**: Information about a lightstreaming event.
- 25.8.4.9. Rose Garden Serenade**: Information about a concert in the Rose Garden.
- 26.8.4.9. Concert starring the Bamberg String Quartet**: Information about a concert at the Carmelite Church.

At the bottom, there are social media sharing options for Facebook, Twitter, and Google+.