



WARNER WEEKLY

News & Information at Your Fingertips

VOL. 6, Issue 27

www.bamberg.army.mil

Thursday July 7 2011



Tools help spouses adjust to Army lifestyle

By Jessica Lipari,
USAG Bamberg Public Affairs

BAMBERG, Germany -- Adjusting to a life of being married to the Army can be overwhelming.

As the flag is raised and lowered daily, community members hear the sound of a bugle playing Reveille and Retreat and some people may not be sure what is required of them.

The U.S. Army is full of these traditions, customs, courtesies and protocols.

Deciphering acronyms, understanding military time and recognizing insignia of ranks are some of the basics military spouses soon come to understand.

To better accustom military spouses to the lifestyle, Army Community Service offers Army Family Team Building. As a non-U.S. citizen who recently married an active duty Soldier, Jose Piedade felt the need to better understand the idiosyncrasies of the Army, he said.

"I believe it is critical to receive this valuable information to ensure a smooth integration and transition; to be aware of the particularities of this organization," Piedade said.

AFTB was started after Operation Desert Storm to provide basic information about the Army, personal growth skills and leadership skills to

New high school to open in Schweinfurt this school year

Department of Defense Dependant Schools Europe Release

WIESBADEN, Germany -- The Department of Defense Education Activity announced today the establishment of a high school in the Schweinfurt community.

Students from the Schweinfurt military community have been commuting long distances to attend Bamberg High School since Würzburg High School closed in School Year 2008-09.

Dr. Clifford Stanley, the Under Secretary of Defense for Personnel and Readiness approved the establishment of a new high school, which is slated to be ready for the beginning of the 2011-2012 school year.

The Department of Defense Dependents Schools Europe leadership is working feverishly with the Schweinfurt Garrison to prepare the school for the fall 2011 school year.

The new school will utilize what is now



Tara Rolfes, left, and Kimberly Jones work together on coming up with a definition for conflict during Army Family Team Building training. The training incorporates instructional learning and working in small groups to provide individuals with growth and knowledge.

Soldiers and their Families.

The training is structured into three levels and each builds on the previous level of instruction to provide individuals with growth and knowledge.

Volunteer instructors who have completed all three levels and taken the instructor training teach blocks of instruction throughout a three-day course.

Tara Rolfes, a military spouse who completed level one in April and the level two course offered in June, plans on completing level three and taking the instructor course.

"I hope I can volunteer my time teaching a course to help pass on gainful knowledge to other spouses," Rolfes said.

(TEAM continued on Page 11)



The Department of Defense Education Activity announced the establishment of a high school in the Schweinfurt community. The new school will utilize what is now Schweinfurt Middle School, seen here. The current middle school will be combined with the elementary school to form an elementary/middle school.

Schweinfurt Middle School.

The middle school will be combined with the elementary school to form an elementary/middle school.

A majority of the renovations required will occur

at the new elementary/middle school.

The establishment of the high school will increase the overall DoDEA budget by approximately \$1.1 million per fiscal year.

An additional \$2.4 million will be required for fiscal year 2011 for facilities modifications and renovations and start up costs.

"This is great news for the students in the Schweinfurt community," said Dr. Nancy Bresell, director of DoDDS Europe. "The establishment of the high school is consistent with our responsibilities to our overseas communities, particularly highly deployed ones."

"We conducted a comprehensive review of the request by the Army to open the school," she added. "We made the determination that the establishment of the school would be in the best interests of the more than 170 students."

The Schweinfurt garrison commander, Lt. Col. Everett Spain, said the Schweinfurt community

(SCHOOL continued on Page 2)

Know what to do when the fire alarm goes off?

Harald Doktorowski,
Directorate Of Emergency Services

If the fire alarm in your building goes off, there is one thing people should always do. Get out!

While some may think that it is another false alarm or believe there is no danger, no one can tell until it's too late.

Always evacuate the building when the alarm on your floor sounds if it is safe to do so.

When a fire alarm went off at Seton Hall University Jan. 19, 2000, it had been the nineteenth alarm to occur within several weeks. A number of the students didn't leave, thinking it was another false alarm. The fire was real and three people were killed.

Evacuate: Don't end up a being a statistic

Stay or go? There is no decision. People should understand the consequences if they stay. Most of the time, the best thing to do when the fire alarm goes off is to leave the building as soon as possible. It is rare for stairways and corridors to be contaminated by smoke in the early stages of a fire. In some

cases, escape may not be possible and some people may have to stay in a room. In either case act quickly.

No matter what the decision, protect yourself from smoke. Many people are reluctant to evacuate unless they are certain there is a real fire.

This problem is made worse by nuisance alarms. Remember, a fire grows every second a someone delays and a person can lose the only opportunity to evacuate safely. For this reason, occupants should begin evacuation procedures immediately upon hearing the alarm.

If an initial decision to stay in the building was made when a fire emergency occurs, do not attempt to evacuate in the advanced stages of a fire.

People cannot outrun fire and will succumb to the effects of smoke. Anyone trying to outrun the fire will be placing themself in extreme danger.

Each room is designed as a fire compartment and will afford a degree of protection during



the fire emergency. However, smoke spreads into rooms and so be prepared to protect yourself from smoke for the duration of the emergency. This may be a long time.

(SCHOOL continued from Page 1)

is grateful to the Bamberg Middle High School faculty, staff and students and community for embracing the students over the past several years.

"The news of the recent authorization to open Schweinfurt High School is a great opportunity for the students and parents of our highly deployed community," Spain said. "Understanding that we have only two months to finish preparations for opening day, our community's leadership, Families, students and partner units and organizations remain dedicated to working closely with our DoDDS Europe colleagues to ensure success.

"The community looks forward to opening a high school founded on academic and character excellence that actively prepares our students to be America's leaders of tomorrow," he said.

With less than two months to make the school a reality, DODEA headquarters has made this one of their top priorities.

The DODEA acting director Marilee Fitzgerald is excited about establishing a school in Schweinfurt and said it is a great story for the community and the children.

"To the extent possible, when DoDEA schools are located in communities close to where families live, it creates opportunities for them to become more involved in school, for students to participate more in school, and the building of a stronger connection with the school," Fitzgerald said.

"I see this as an important milestone in improving educational opportunities for military children and for the children of our military Families in Schweinfurt," she added. "I look forward to an exciting opening day this fall."

One of the biggest challenges will be the personnel actions needed to staff the Schweinfurt school.

DoDDS Europe has set a priority for teachers in the Bamberg and Schweinfurt communities who would like the opportunity work at the new school.

The logistics of setting up the school is being made easier with the availability of equipment, furniture and supplies from Mannheim High School, which closed at the end of the school year.

"The separation of Bamberg and Schweinfurt communities created challenges for the Schweinfurt students and Families, many of whom are affected by deployments," said Bresell. "This decision removes all barriers to a high quality high school experience for the much deserving student.



Lt. Col. Steven L. Morris
U.S. Army Garrison
Bamberg, Commander

USAG Bamberg, Public Affairs Officer
Renate Bohlen

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army.mil.

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Awareness, action needed to increase recycling

By Douglas DeMaio, USAG Bamberg Public Affairs

BAMBERG, Germany -- Organizations on Warner Barracks are on a mission. The mission involves planning, coordination, logistics, communications and action. There are many obstacles and challenges on the path to mission success. The tactics for the mission are constantly evolving because the undertaking is no easy task.

How can organizations here change human behavior and convince populace to recycle?

That's a question Sgt. 1st Class Ramon Caraballo, Directorate of Public Works housing zone coordinator, Isabelle Fahimi, an environmental specialist with DPW's Environmental Management Division, and Helmut Weis, also with the environmental division, fight with regularly.

Last year, Warner Barracks spent more than € 244,125 on 2,325 tons of waste, which equals € 105 per ton, Weis said. Less than \$.5 million is spent annually on waste.

Caraballo and Fahimi have placed recycling posters that describe what items can be recycled at each stairwell housing location with the hope that people will recycle more and help lower the costs associated with Warner Barracks' waste costs.

"The whole intent is to bring awareness about the recycling points that we have throughout housing," Caraballo said of the reasons for posting the information on the stairwell bulletin boards. "Not only do we have the greatest recycling center in all of Europe, we have all these recycling points. You don't always need to go to the recycling center when you have these nearby recycling points."

The recycling points are convenient for tenants, Fahimi said. No recycling point is more than 200 meters from a house.

"I hope it motivates people to take their recyclables to the nearest recycling island," Fahimi said.

Caraballo said he will inform building coordinators to pay attention to their bulletin boards and to inform tenants about the need to recycle.

When people on Warner Barracks recycle, the Army pays fewer costs to dispose of waste, Weis said. Glass, plastic, paper, metal and e-waste items are all cost avoidance items that are not charged as waste when placed in corresponding containers; unless someone contaminates the container and mixes dissimilar items.

"One person's carelessness could cause the efforts of many to be ruined," Fahimi said.

It is important that people put the right thing in the right receptacle because if they don't the whole container will be contaminated, thrown away and charged as waste, Fahimi said.



Douglas DeMaio
Sgt. 1st Class Ramon Caraballo, Directorate of Public Works housing zone coordinator posts recycling information on a bulletin board in stairwell housing. The information describes what items can go in recycling contains and the location of recycling points around Warner Barracks. Recycling receptacles to separate paper, glass, metal or plastic materials in private quarters are available at Self-Help to make sorting easier.

“The whole intent is to bring awareness about the recycling points that we have throughout housing.”

- Sgt. 1st Class Ramon Caraballo,
 Housing Zone Coordinator Directorate of Public Works

The reasons for why people on Warner Barracks need to recycle are not just limited to cost reductions.

Executive Order 13514 requires government organizations to meet a recycling target of 50 percent by 2015.

While the city of Bamberg exceeds U.S. agencies' national goal with a recycling rate of around 70 percent, according to the city's website www.stadt.bamberg.de, Warner Barracks' rate is nearly half the rate of its surrounding city. At a 40 percent recycling rate, Warner Barracks rates as one of the best installations in Europe for recycling, Weis said.

Fahimi said the posters will serve as a constant reminder staring the tenants in the face every day reminding them to recycle. It helps us with our recycling rate, which is also helps meet the goal of increasing the recycling rate," Fahimi said.

PLASTIC	
YES	NO
Plastic bags	Diapers
Plastic bottles	Leather
Plastic cups	Rubber
Wraps/Foils	Plastic wallpaper
Margarine cups	
Potato chip bags	
Milk cartons	
Juice cartons	
Styrofoam	
Styrofoam chips	
Mix layered wraps	

METAL	
YES	NO
Soda/juice cans	Vacuum wrappings
Food cans	for coffee etc.
Coffee cans	Metallic wrapping
Aluminum pots	Frozen food trays
Pans	
Scrap metal	
Caps of beverage	
Bottles	
Metal jar lids	

PAPER	
YES	NO
Newspapers	Carbon paper
White paper	Photographic paper
Colored paper	Napkins (used)
Junk mail	Paper towels (used)
Advertisements	Facial tissues
Envelopes	Waxed paper
Computer paper	Plastic coated paper
Brown paper bags	(laminated)
Magazines	Milk cartons
Books	(plastic)
Gift wrapping	Juice cartons
	(plastic)
	Wallpaper
	Dirty paper plates

GLASS	
YES	NO
Soda bottles	Mirrors
Beer bottles	China
Juice bottles	Stoneware/pottery
Food jars	Crystal glass
Wine and liquor	Light bulbs/tubes
bottles	Car/window glass
Drinking glasses	

Paratroopers from 173rd awarded German jump wings

Capt. Tiffany Batiste,
173rd Special Troops Battalion

BAMBERG, Germany -- Soldiers from 173rd Special Troops Battalion travelled to Seedorf, Germany, June 19-23 for partnership airborne operations with the German 31st Airborne Brigade.

The German unit had a brigade-wide jump week and invited 10 paratroopers from 173rd STB and 10 soldiers from the Italian army.

The U.S. paratroopers participated in three jumps; two of the jumps were from a C-160, the German air force's equivalent of the C-130, and from a UH-1 Iroquois, also known as the Huey.

For all of these jumps, the crew, jumpmasters, and all other jumpers were German, which enabled the 173rd Soldiers to obtain their German jump wings.

The paratroopers also experienced airborne operations in an unfamiliar environment. Two jumpmasters from STB, 1st Sgt. Milton Garland and Staff Sgt. Malcolm Loaff, exited a C-160 with 30 German jumpers.

German paratroopers, known as The 31st Airborne Brigade is one of two



Courtesy Photo

Above, Soldiers from 173rd Special Troops Battalion, 173rd Airborne Brigade Combat Team, listen to instructions from a German jumpmaster. Ten U.S. paratroopers from 173rd STB joined soldiers from Germany's 31st Airborne Brigade for a jump in northwest Germany near Hamburg.

At right, Capt. Tiffany Batiste and Staff Sgt. Malcolm Loaff award American jump wings to members of the German 31st Airborne Brigade in Seedorf, Germany.

Fallschirmjäger, are known worldwide as the first Soldiers in history to conduct airborne infantry assaults during World War II.



remaining German paratrooper brigades.

Lt. Gen. Werner Freers, the chief of staff for the German army attended the closing ceremony and the Soldiers were awarded German jump wings. After receiving their German jump wings, the 173rd paratroopers awarded 30 soldiers from the 31st Airborne Brigade with American jump wings.

German helicopter championship coming to Bamberg airfield

Aero-Club Bamberg Release

BAMBERG, Germany -- After 12 years, the German Helicopter Championship returns to Bavaria. The U.S. Army Airfield at Bamberg-Breitenau will host the event for German helicopter crews.

More than 20 crews from Germany, Austria, Switzerland, Russia, U.K. and Belgium will join the championship, which will be July 28 to 31.

Each day will be filled up with flying highlights.

Navigational flights with timed arrivals will open the championship on July 29. The helicopters will take off at the airfield, fly a round robin and have to return to the field at a specific time given by the jury.

Finally, the helicopter has to drop a pin into a simulated skylight. On the morning of July 30, pilots will have to maneuver helicopters through

a square in a specific height and perform a precise landing during the precision flying event. In the afternoon, the crews will perform the so called Fender Rigging where the crew has to drop fenders into water.

The last day the slalom will be flown, where helicopters pass through a course of gates marked by poles to steer a bucket filled with water through these gates and place it centered on a table.

For all these events the crews will get results and the crew with the best overall result will win the championship.

Additionally, there will be a family program including passenger flights with light aircraft, helicopters, a police helicopter flight simulator and more. A hangar party with live music is planned at the airfield for July 30.

No entrance fee will be charged for the



Courtesy Photo

Helicopters crews from Germany, Austria, Switzerland, Russia, U.K. and Belgium will take part in the German Helicopter Championship, which will be at the U.S. Army Airfield in Bamberg July 28 to 31.

championship days. Parking is available at the nearby park and ride garage.

For more information, see the German Helicopterclub website www.deutscher-hubschrauberclub.de or the Aeroclub Bamberg website www.aeroclub-bamberg.de.

Mud run tests strength, endurance



BEAVER CREEK, Colo., July 5 -- "If I don't throw up on this thing, I will be disappointed in myself," said 1st Lt. Tim Palmer as he prepared for the start of Tough Mudder, a nine-mile obstacle course set in the Rocky Mountains.

"I'm going to bite one of those live wires," Palmer said, referring to "Electroshock Therapy," an obstacle that sends runners through a live-wire field that can deliver 10,000-volt shocks.

To read more on this story, click [here](#).

Goal-setting app on iPhone: Coming soon to Droid

WASHINGTON (Army News Service, June 28) -- "A lot of times we push off getting back to stuff because we can't get to it. The goal-setting now is right there in your pocket," said Sam Rhodes, the action officer responsible for a mobile-phone app that sets resilience goals.

The free app for iPhones and iPads, developed by Rhodes and a team at the Maneuver Center of Excellence...

To read more on this story, click [here](#).



EDELWEISS LODGE AND RESORT
ENDLESS SUMMER SPECIALS
 VALID 1 JULY - 1 SEPTEMBER
 MUST BOOK BY 1 JULY!

CHOOSE BETWEEN THREE AFFORDABLE OFFERS

STAY 5 NIGHTS - GET 7TH FREE + ONE COMPLIMENTARY COUPLES MASSAGE	STAY 3 NIGHTS - GET 10% OFF ACTIVITIES + FREE BREAKFAST FOR CHILDREN 12 AND UNDER	STAY 4 NIGHTS - GET ONE FREE ALPSPIX LIFT TICKET OR ONE FREE WHITE WATER RAFTING TRIP
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This is a limited availability package and does not include vacation cabins. Offers can not be combined with any other offers. The Alpspix lift ticket or White Water Rafting ticket is non-transferable. Package availability is on a first come first serve basis. The couples massage can be replaced by two individual treatments not to exceed the value of the couples massage. Scheduled massages can be reserved at the difference in price. 10% off activities includes Alpine Adventure tours and leisure programs for all participants. Lift tickets, massages and contracted activities are not included in the discount. Free breakfast is available at the Market Station restaurant for children 12 and under staying in the room. Applies to new reservations only. Additional rules may apply. Valid July 1 - 1 September 2011.
 Must be reserved through Vacation Planning Center prior to arrival by mentioning the booking code ENDLESS SUMMER.
 Call to book Monday - Friday 0800 - 2100 hours / (49) 08821-9449 / vacation@edelweisslodgesandresort.com

Community Announcements

Please send all announcements to Bamberg Public Affairs via the following website:
<http://www.bamberg.army.mil/mobi/form.asp>.

Speed Limit

Please slow down while driving through residential areas on the installation. The speed limit inside a residential area is 20 km per hour.

Red Cross

The American Red Cross will have cardiopulmonary resuscitation, first aid and automated external defibrillator class from 5-9 p.m. July 7 at the Girl Scout building. The cost is \$40. Sign up at the Army Community Service building in room 113 or 114.

Parents' Night Out

Enjoy a day or night out by enrolling your children in the next Parents' Day Out or Parents' Night Out programs. Dates for Parents Day Out will be August 6, Oct. 1 and Dec. 3 from 11:30 a.m. - 3 p.m. Dates for Parents' Night Out will be July 8, Sept. 9 and Nov. 4, from 6:30 - 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

Barbecue Dinner

There will a barbecue dinner and movie night outside the Warner Conference Center August 13 at 6 p.m. For more information, call 0951-300-8659.

Closures / Changes

ASAP Move

The Army Substance Abuse Program will be moving to Building 7089. The prevention coordinator, Tonya Hancock, and the drug testing coordinator, Shina Jones, will be located on the first floor in Room 101. Abigail Mujica the alcohol and drug control officer will be on the fourth floor in Room 429. ASAP personnel will be at the new location starting July 5. The clinical staff/counselors will remain in Building 7051.

Airport Shuttle

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:25 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the

ACS building. The shuttle is not available on holidays, but is on training holidays. Pets are allowed. For more information about the airport shuttle, call 069-695973816.

Frankfurt Benefits Office Change

The Federal Benefits Unit in Frankfurt has a new telephone number to call if you need assistance with Social Security, Medicare or Veterans Administration issues. The new number is 069-95551-110. The Federal Benefits Unit, Frankfurt may also be reached at FBU.Frankfurt@ssa.gov or by FAX at 069-749352.

Sports, Health and Fitness

Waist Whittlers

Bamberg community members are invited to participate in a women's weight loss support. The group, for those looking for support to help them with their weight loss goals, will be held the first and third Thursday of each month in the Army Community Service building from 1-2 p.m. For more information, contact Beth Danowsky at 0951-300-7913 or by e-mail at elizabeth.a.danowsky.ctr@eur.army.mil.

Weekly Reminders

Rising Star

The Army-wide talent competition is coming back to Bamberg. Operation Rising Star 2011 kicks off August 26 at the Stable Theater. Showcase your talent and compete for cash prizes or an all-expense paid trip to the United States. Pick up an application form at the Community Activity Center or the Stable Theater. The competition is open to all adults, active duty Soldiers and their family members. For more information, call 0951-300-8647 or e-mail jack.austin@eur.army.mil.

Satellite Adjustment

The American Forces Network's satellite delivery platform is changing, requiring viewers who have an AFN decoder and satellite dish in their home to make some changes by July 31 to continue to get AFN TV. For more information, visit www.afneurope.net.

Tax Center

The Bamberg Tax Center is now open. The Tax Center is located in Building 7000 on the fourth floor. Appointments and walk-ins are available. Operating hours are Monday - Friday from 9 - 11:30 a.m. and 1 - 3 p.m. until the end of September. For more information, call 0951-300-8261/8262.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by

Food Handlers Classes

WHAT: A FOOD SAFETY CLASS REQUIRED FOR FOOD SERVICE PERSONNEL WHO PREPARE OR SERVE FOOD TO THE PUBLIC WITHIN THE BAMBERG COMMUNITY.

WHO: CERTIFICATION IS INTENDED FOR INDIVIDUALS INVOLVED IN FUND RAISING FOOD SALES SUCH AS, BETTER OPPORTUNITIES FOR SINGLE SOLDIERS, FAMILY READINESS GROUPS, CLUBS OR BAZAARS, AND ALSO TO CHILD YOUTH SCHOOL SERVICES PERSONNEL. THE CLASS MAY ALSO SUPPLEMENT REQUIRED REFRESHER TRAINING FOR REGULAR FOOD SERVICE EMPLOYEES.

WHERE: BAMBERG, ARMY COMMUNITY SERVICE, BUILDING 7029, ROOM 118

WHEN: NOON ON AUG. 17

CLASS IS FREE, LASTS 1 HOUR, AND REGISTRATION IS NOT REQUIRED. FOR QUESTIONS, E-MAIL COLE.BORTON@AMEDD.ARMY.MIL
 DSN: 476-2041/2138
 COMM: 09662832041

AUTO AUCTION

August 30, 2011
7 p.m.
Storck Barracks

\$35 Registration Fee
per vehicle
\$3 Bidders Fee

Open to all U.S. ID cardholders to bid or auction.

Vehicles from all communities accepted and must be pre-registered. Bring the current registration to Storck Automotive Skills the day of the auction.

PAST DEALS!

- 2002 Mazda Tribute \$750
- 2003 Dodge Caravan \$1000
- 1995 BMW318 \$200
- 1998 Nissan Micra \$200
- 2003 Ford Ka \$500

RAFFLE PRIZES!

- Tire rotation
- Brake check

Must be present to win

Automotive Skills

Barton Barracks, Bldg 5262
 Hours: Mon/Thu/Fri 11:30 - 8 p.m.
 Sat/Sun 10 - 6 p.m.
 CIV 0981.153.7662
 DSN 468.7662

Storck Barracks, Bldg 6541
 Hours: Mon/Tue/Fri 11:30 - 8 p.m.
 Sat/Sun 10 - 6 p.m.
 CIV 0981.153.4608
 DSN 467.4608

the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; held weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

DFAC Feedback

Dining Facility council meetings are at Nieves-Webb every last Thursday of the last month of each quarter at 2 p.m. The next meeting is Sept. 29. For more information, call 0951-300-7130.

Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Vanessa Holland, EFMP manger, at 0951-300-7777.

Library Events

The library hosts weekly events. There is storytelling for children ages 3-5 years old every Thursday at 11:30 a.m. There's also a Gamers' Challenge that meets every Saturday at 5 p.m. For more information, call 0951-300-1740.

Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday and Friday

USAG Bamberg
Whispering Pines
& Pro Shop
Tel. (0951) 300 8753

U.S. ARMY
MWR
MILITARY WELFARE RECREATION CENTER

Golf
**Family Day
Tournament**
Aug. 13, 9 a.m. - \$30/35

sponsored by
Ford
Exchange
new car sales
No Federal Endorsement Implied

sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - noon; closed on Thursday afternoons for mandatory training, federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with your military care provider.

Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke. Other energy and utility providers can also be used, but customers will have to register through the USAG Schweinfurt UTAP. For more information, call the Bamberg tax relief office at 0951-300-1780 or the Schweinfurt tax relief office at 09721-96-1780.

ACS Hours of Operation

Army Community Service is open Monday through

USAG Bamberg
Freedom Fitness Facility
Outdoor Recreation

U.S. ARMY
MWR
MILITARY WELFARE RECREATION CENTER

**10k Trial Run &
Mountain Bike
Race**
Aug. 13, 9 a.m.
followed by the Bike Race
at USAG Bamberg Local Training Area (LTA)

Sign up and Information:
USAG Bamberg Outdoor Recreation, DSN 469-9376, (0951) 300 9376
USAG Bamberg Freedom Fitness Facility, DSN 469-8890, (0951) 300 8890

This event is sponsored by:
MINI **BMW**

www.BavarianMotorCars.com

USAG Bamberg
Birchview Lanes Bowling Center

U.S. ARMY
MWR
MILITARY WELFARE RECREATION CENTER

**Summer Slam &
Pizza Day**

July 15, 11 a.m.

Your choice of any 12" pizza for only \$10!
Enjoy the Summer Slam Bowling prices throughout the entire month of July. All Games \$1, Shoe Rental \$1!

Contact (0951) 300 7722

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

Protestant Summer Study

Protestant Women of the Chapel meet on Wednesdays from 9:30 - 11:30 a.m. in the Bamberg Community Chapel. The summer study will be the Women of Faith DVD. The Pair O' Bulls DVD will be shown to school age children. All ladies are welcome. Free food and childcare provided. For more information, call 0951-300-1570 or send an email to pwocbamberg@yahoo.com.

Learn Deutsch

Army Community Service, Relocation Readiness Program, offers free Deutsch classes every month. Beginner classes are scheduled Tuesdays from 10 a.m. to noon and Wednesday from 6-8 p.m. Intermediate classes are Tuesdays, noon to 2 p.m. and Wednesdays, 2-4 p.m. Advanced classes are Tuesdays, 2-4 p.m. and Wednesdays, 4-6 p.m. Classes are held at the ACS building in classroom 118. For more information, call 0951-300-7777.

Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and anger/stress management classes.

Family Advocacy - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m.

123
SESAME STREET

USO
Until Every One Comes Home™

The Sesame Street/USO Experience for Military Families

ALL NEW SHOW!

Sesame Street and the USO are bringing the furry, fuzzy and friendly muppets to military families around the world.

PROGRAM HIGHLIGHTS:

- Introducing Katie, a military kid on Sesame Street who is moving to a new place
- Free admission for military families and their children
- Mini-show and giveaways
- For tour information visit www.sesamestreet.org/TLC and www.uso.org

Sat. Aug 6	2 shows! 3pm and 5:30pm	Freedom Fitness Facility USAG Bamberg	General Admission Doors Open 1/2 hr ahead
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USO Worldwide Strategic Partners

for Anger/Stress Management Class.

New Parent - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24- hour hotline.

Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

Rising Star

ARE YOU THE NEXT
Rising Star?

GRAND PRIZE

One talented singer will win an all expenses paid, three-day professional recording studio experience in Hollywood, California!

Local Cash Prizes

1st Place: \$500 cash and a chance to compete for the grand prize in the televised final!
2nd Place: \$250 cash
3rd Place: \$100 cash

Singers must be Active Duty, Reserve, National Guard, or their Family Members. 18 and older with a valid DOD ID card. Sign up info and forms are available at The Stable Theater (Bldg. 7119) and the Community Activities Center (Bldg. 7017) Register by Aug 15.

OpRisingStar.com
Visit the more details and official rules.

Sign Up Now!

August 26, Sept. 9, Sept. 23 (Finals)
7:30 p.m.
Bamberg Stable Theater
Tel. (0951) 300 8647, DSN 469-8647 - www.bamberg.army.mil/mr

Recycling Facts

Since December, the Warner Barracks community recycled 14 tons of electronic scrap, also known as e-waste. Precious metals like gold, silver and platinum can be recovered from e-waste.

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

Youth and Teens

CYSS summer sign-ups begin

U.S. Army Garrison Bamberg community members can now sign up for Child, Youth and School Services summer programs at Parent Central Services. Bamberg summer programs include summer camps, youth sports, EDGE!, SKIES and a Kinder Readiness bootcamp. For more information, call Parent Central Services at 0951-300-8660 or visit the Bamberg CYSS Facebook page, or log on to webtrac.

Youth Sports Coaches Needed

Child Youth Services is looking for coaches for the fall sports season. Children of coaches play for free. Coaches' clinics are July 14, and Aug. 11, 6 p.m. at the School Age Center, Building 7669. For more information, call 0951-300-7523 or 0951-300-8698.

Youth Lessons

Child, Youth and School Services SKIES Unlimited is offering lessons for tennis, racquetball and dance for youth ages 7-18. For more information, call 0951-300-7452.

Boy Scouts

Boy Scout Troop 40 in Bamberg is looking for boys ages 12 and older interested in becoming Boy Scouts. The troop meets every Monday from 6:30 – 7:30 p.m. except on holidays. The boys work on requirements for advancement and earning Merit badges. The troop is also looking for adult volunteers and Eagle Scouts to assist with troop activities. Don't delay. Become a Boy Scout today. For more information,

call 0160-1585894.

Cub Scouts

There is a Cub Scout Pack in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webelos (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlarama, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information, call 0951-222-1903 or e-mail chad3jsdad@yahoo.com.

Aqua Barons

Meet new people and become a part of the Aqua Barons team. Get into shape and stay in shape by swimming. Earn awesome rewards like trophies, medals, ribbons and even a varsity letter. Travel around Europe for swim meets to places like Italy, Spain, Belgium, England and many more. For more information, e-mail bambergaquabarons@yahoo.com.

Ballet Class

Registration is open for Child, Youth and School Services SKIES Unlimited ballet classes. The program is for ages 3-8. Classes are on Thursdays from 2 – 4:30 p.m. in Building 7669. Check the class brochure for specific times and holidays. For more information, call 0951-300-7452.

Teen Stress

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

Continuing Education

Theology Studies

Enroll in the International Institute of Theology Bamberg because of the spiritual devotion among the students. The cost of tuition is quite reasonable in comparison to many other institutions. The International Institute of Theology Bamberg is an Associate School of Minnesota Graduate School of Theology and is sponsored by Bamberg Christian Center. The function of the School is to provide quality education in the areas of Biblical Studies and Theology. For more information, e-mail iioeurope@gmail.com, call 0160-9347-0897 or visit www.imgst.org.

Sports Injuries

Central Texas College will have a Sports and Physical Training Injuries course between 6-9 p.m. Tuesdays and Thursdays July 7 - August 11. The course is designed for the pre-hospital care provider emphasizing musculoskeletal injuries incurred during physical activity. The course is designed to build upon and extend the knowledge gained by pre-hospital care providers during the Emergency Medical Technician-B certification course. For more information, call 0951-300-7467 or e-mail bamberg@europe.ctcd.edu.

Field Study

Field study courses give students the opportunity to explore fascinating locations in Europe while earning university credit. Upcoming field study courses include HIST 217C/317C The Cultural History of London II July 30 – Aug. 6 in England, and ARTH 199L/489L Picasso in Paris Aug. 6-13 in France. Visit www.ed.umuc.edu/fieldstudy.

Language Initiative

Learn more about the State Department's National Security Language Initiative for Youth. It provides merit-based scholarships to U.S. high school students and recent graduates interested in learning less-commonly studied foreign languages. For more information, visit <http://exchanges.state.gov/youth/programs/nsli.html>.

Trips and Travel Opportunities

Take a trip with Bamberg Outdoor Recreation in June. Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.



July 7 Tour Under Bamberg \$25

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Transportation leaves Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

July 9 Tegernsee Outdoor Adventure \$50

Enjoy the ambiance of the Tegernsee (a mountain lake in Southern Germany). The town where plenty of nature trails allow you to go on self-guided hikes and mountain bike rides. Boat cruises are also available that will take you from the Tegernsee to Rottach-Egern. Bade Wiesse is close-by where you can relish the summer air as you swim in the cool pool water. Transportation leaves the Chapel Parking Lot at 7 a.m. and returns at 9 p.m.

July 16 Canoeing on the Main River \$35

Paddle as the current carries you down the Main River, while relishing the striking beauty of Bavaria. Your day will be filled with fun as you talk with friends and make new ones. The trip includes transportation, equipment and instruction. Please wear a swimming suit and bring a towel, sack lunch and hydrating liquids. Transportation leaves Outdoor Recreation at 9 a.m. and returns at 5 p.m.

July 20 Evening Outdoor Climb \$25

Brag to your friends as you learn a new and exciting skill or improve upon an existing one. You will be able see Germany from a view a hiker misses out on. Beginners are welcome. The trip includes transportation, instruction and equipment. Transportation leaves Outdoor Recreation at 5 p.m. and returns at 9 p.m.

July 23 Wakeboarding \$20

Do you miss feeling of waves crashing against your body? Don't miss this opportunity to get that feeling back on ODR's upcoming wakeboarding trip. Just because you're not in the States, doesn't mean that you have to stop doing the sports you love or even try new ones. Price includes transportation. Equipment and entrance fees will be paid by patrons on site. Transportation leaves Outdoor Recreation at 9 a.m. and returns at 5 p.m.

July 30 Dresden, Germany \$65

Located in the heart of Germany, Dresden is draped against a backdrop of history. This city offers visitors a rich experience filled with art and culture. Visit the Royal Palace, Zwinger, Semper Opera House, Elbe castles, Villa Quarter, Hellerau garden city and the 'Blue Wonder' bridge to the east of the city center. Children ages 4-12 are \$55; children 3 and under are \$45. The trip includes transportation and a city tour. Transportation leaves the Chapel Parking Lot at 5 a.m. and returns at 10 p.m.

Aug. 3 Outdoor Climb \$25

Grab your friends and join us for an evening of outdoor climbing. We will head to a famous sports climbing area where you will be able to see Germany from an angle rarely seen. The trip includes transportation, instruction and equipment. Transportation departs Outdoor Recreation at 5 p.m. and returns at 8:30 p.m.

Aug. 4 Tour Under Bamberg \$25

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Transportation departs at 5 p.m. returns at 7:30 p.m.

Aug. 6 White Water Kayak \$35

Beginners and experts alike are invited to join us on our Wiesent white water kayak trip. Please wear a swimming suit and bring a towel, sack lunch and water. The trip includes transportation, instruction and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

Bamberg Movie Schedule

AAFES Reel Time Theater is closed Tuesdays and Wednesdays

Thu	July 7	Madea's Big Happy Family (PG-13)	7 p.m.
Fri	July 8	Bad Teacher (R)	7 p.m.
Sat	July 9	African Cats (G)	3 p.m.
		Hoodwinked Too! Hood Vs. Evil (PG)	7 p.m.
Sun	July 10	African Cats (G)	3 p.m.
		Bad Teacher (R)	7 p.m.
Mon	July 11	Fast Five (PG-13)	7 p.m.
Thu	July 14	Fast Five (PG-13)	7 p.m.
Fri	July 15	Transformers: Dark Of The Moon (PG-13)	7 p.m.
Sat	July 16	Water For Elephants (PG-13)	3 p.m.
		Transformers: Dark Of The Moon (PG-13)	7 p.m.
Sun	July 17	Something Borrowed (PG-13)	3 p.m.
		Transformers: Dark Of The Moon (PG-13)	7 p.m.
Mon	July 18	Transformers: Dark Of The Moon (PG-13)	7 p.m.
Thu	July 21	Water For Elephants (PG-13)	7 p.m.
Fri	July 22	Horrible Bosses (R)	7 p.m.
Sat	July 23	Jumping The Broom (PG-13)	3 p.m.
		Priest (PG-13)	7 p.m.
Sun	July 24	Jumping The Broom (PG-13)	3 p.m.
		Priest (PG-13)	7 p.m.
Mon	July 25	Horrible Bosses (R)	7 p.m.
Thu	July 28	Bridesmaids (R)	7 p.m.
Fri	July 29	Harry Potter And The Deathly Hallows Part 2 (PG-13)	7 p.m.
Sat	July 30	Thor (PG-13)	3 p.m.
		Harry Potter And The Deathly Hallows Part 2 (PG-13)	7 p.m.
Sun	July 31	Harry Potter And The Deathly Hallows Part 2 (PG-13)	3 p.m.
		Bridesmaids (PG-13)	7 p.m.



STRENGTHENING OUR MILITARY FAMILIES

Meeting America's Commitment

Multiple deployments, combat injuries and the challenges of reintegration can have far-reaching effects on not only the troops and their families, but also upon America's communities. These challenges should be at the forefront of the national discourse

AFN Europe Mobile App

My MWR Mobile App



Eco-Friendly Tips

Energy-saving Tips

1. Make lists when you go shopping- especially if the supermarket is far away-it's a pain in the neck to get home and discover you forgot something.
2. Keep tires properly inflated and aligned to improve your gasoline mileage.

Water-saving Tips

1. Don't let water run when shaving, brushing your teeth or soaping yourself in the shower.
2. Encourage your school system and local government to help develop and promote a water conservation ethic among children and adults.

Recycling Tips

1. Use old newspaper to dry and polish windows after washing.
2. Be creative- find new ways to reduce waste quantity and toxicity.





Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

AUTOMOBILES

For Sale: BMW 535i Grey, Four Door Automatic, clean. MUST SELL QUICKLY. \$2800 OBO. For more info, e-mail lynda.pontious@live.com.

2000 Plymouth Neon For Sale. US Spec, Automatic, Plymouth Neon in dark green. We have driven this vehicle to Amsterdam and back, just replaced rear tires and brake pads. Asking \$2,000 or best offer. E-mail briettacosta@gmail.com for pictures or more info.

For Sale: \$3000 OBO 1999 Dodge Stratus, 4 door, US Spec, Automatic. Two new tires, water pump, timing belt, and wheel alignment. Car runs like new, great gas mileage. Call 0160-985-45227 or e-mail: lynda.pontious@live.com. (6/9/11)

For Sale: \$4000 1997 Chevy Cavalier LS Convertible, US Spec, Automatic. Just replaced the top! Car runs great and excellent gas mileage. Call 0160-985-45227 or e-mail: lynda.pontious@live.com. (6/9/11)

For Sale: 2009 BMW 328XI, 19,000 miles, Sports Package, Premium Package, Cold Weather Package, US SPEC. \$29,900 Contact Jonathan Roberts, 01702027674 or jonathan.f.roberts@us.army.mil.

For Sale: 1995 BMW 318i Sports Package, dark blue, manual transmission, German Specs. Passed Inspection April 15. 230K kilometers. Drives and handles very well. New water pump, rear shocks, stabilizer link and brakes. \$2,300. Call Chris 0152-2428-8428 or 0951-209-99112. (4/21/11)

For Sale: \$3,500 OBO! 1996 Honda Civic Hatch, Euro Specs, Manual, EK9 2000 suspension. Just passed inspection, very good gas mileage, summer/winter tires. Contact: Edward Ablang at edwardablant@hotmail.com or 0152-232-68033. (4/21/11)

For Sale: 1999 Mazda Demio hatchback. Standard; Euro specs. - very good condition, dependable. 3rd owner, owned since 2002. \$1,500 0172-898-3445. (4/14/2011)

For Sale: 2005 Hyundai Accent, Automatic, Hatchback, only 56k miles, Silver. Super reliable. Exterior has some minor dings, interior in good conditions (non-smokers). Just passed inspection (Feb. 14). New brakes and tires. Asking \$3,000. DON'T BUY A BEATER BMW! CALL 0162-597-1027, JFredrick_swr@hotmail.com. (3/3/11)

For Sale: '95 White 4WD Mitsubishi Montero. Passed inspection- Great Condition. Power windows, power locks, cargo rack, cloth interior, brand new winter tires- great family SUV. For more information and details, call Daryl at 015224123655- make an offer! (2/10/11)

For Sale: Red 2002 Dodge Stratus R/T, \$5,000, 4-door, 2.7 liter, V6 automatic transmission, leather seats, 4 disc CD changer, alarm, A/C, power seat, rear spoiler, all season tires, alloy 17" rims, new brakes, rotors, and battery, single owner. Call Liz at 0170-907-9377. (10/25/10)

For Sale: 2010 Red Dodge Avenger still new condition, Automatic, \$15,500 less than 5,000 miles and has been in our possession since August 2009. Only serious inquiries. Christina Gonzalez 0171-777-9328 wgonzalez001@yahoo.com. (1/20/11)

EMPLOYMENT

Central Texas College needs instructors to teach applied management and military science. Requirements include a management based Associate's degree and several years of active, Reserve, or National Guard military experience. For more information, call 0951-300-7467 or e-mail bamberg@europa.ctcd.edu. (6/30/2011)

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 09721-96-8309; or e-mail sarah.boerner@europa.ctcd.edu. (4/7/2011)

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary. (2/3/2011)

Daily pet sitting services required for one female French Bulldog, Monday through Friday and possibly occasional weekends when out of town. She is house trained and very good with children/dogs, a true joy to have around. If interested, please contact 1st Lt. Troy Shoemaker at 0151-405-21294

or e-mail at troy.shoemaker@us.army.mil.

Bamberg's Exchange is accepting applications for entry-level retail and food positions. Join a unique organization with the competitive package by applying online at www.applymyexchange.com or by calling Human Resources Office at 0951-303159.

Lost/Found

Handy/Mobile Phone found in front of APO in parking lot. To identify/claim, call postmaster 0951-300-8754

iPod found loose in mail bag at APO. To claim, call the postmaster at 0951-300-8754.

MISCELLANEOUS

Math tutoring for high school/middle school students available. I am a certified teacher with a Bachelor of Science degree in Mathematics and a Masters in Teaching. Available to tutor on weekdays. Please e-mail me for further information: dorothykim@gmail.com. (4/28/11)

Wanted: German King Size Bed Frame. E-mail: rushharry@hotmail.com. (3/31/11)

Gabi's Doggie Daycare, I have space available only on weekends, holidays, and at home care. Daily care is full. Visit www.gabidoggiedaycare.com.

Free to good home. A rabbit with cage and everything that goes with it. If interested, call Steve at 0951-208-5148.

PCSing? Can't find a new home for your dog? Please don't abandon him/her, call us first. No questions asked. We are a privately funded non-profit dog rescue. Will give your dog solace and placement with a new, loving family. Located in Bamberg and open from 10 a.m.-10 p.m. Call 0954-532-2881 or e-mail solacedogrescue@yahoo.com.

FOR SALE

Kitchen with all appliances- \$700; German

king-size solid wood bed - \$430; German bedroom schrank (4 meters long, 220 m high/black&white)-\$570; solid wood round dining room set (w/4 chairs)- \$200; French bed (120X200)-\$150; high board-\$75; bathroom cabinet-\$70; and a solid wood Chester drawer-\$65 / O.B.O. Call 0174-766-3088 (6/23/11)

Kitchen for sale! Full kitchen including appliances for sale. Asking price is €2,000 OBO. Kitchen includes refrigerator, stove, oven, and dish washer. All appliances are high quality and fully functional. Lots of cabinet space. Original price for the set was over €4,000. Only used for 1 1/2 years. Contact Holly Matesick at hollydietzel@hotmail.com for more pictures and further details. (3/31/11)

220 Volt Large freezer, \$250 Jeep jogger stroller- still in great condition. \$50 Low maintenance elliptical- \$20 Lightening McQueen toddler bed with mattress- never used \$60 Kids left-handed golf set - \$80 Large gas BBQ- used once during summer 2010 - \$80 Small gas BBQ- free in house small stereo with speakers- \$40. Christina Gonzalez 0171-777-9328 wgonzalez001@yahoo.com. (1/20/11)

Big free standing RCA HDTV on rollers. 51 1/2 inches tall, 48 1/2 inches wide, 120v, works great \$200 O.B.O. call 015151679661 or e-mail brikenmar@yahoo.com.

AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please e-mail your submission to the Public Affairs Office at bambergpao@eur.army.mil. We will ONLY accept classified ads by e-mail. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize.

0954-532-2881
solacedogrescue@yahoo.com

PCSing?
 Can't find a new home for your dog?
 Please don't abandon him/her, call us first.

Beware of dog breeding scams
 Call us before buying.
 We will translate the paperwork.



AAFES Corner 
Electronics Sale

Click [here](#) to view weekly savings

Defense Commissary Agency
Corner
 Bring your own bag

Go to <http://www.commissaries.com>.

Click [here](#) for printable online coupons.

Click [here](#) for recipes from Kay's Kitchen.



Outside the Gate

Compiled by Szilvia Ascencio-Csapó, Family and MWR Volunteer

Weekend

Events in and around Bamberg.

Spend your free time outside and enjoy what Bamberg and the surrounding cities have to offer. Information on all guided tours is available on this website <http://www.bamberg.info/en/stadtfuehrungen/>

"Kirchweih" festivities can be fun for the entire family. For many they represent a typical German fest with all the traditional things – beer, brats, music, fun and a good time. Dates and information on the popular "Kirchweih" festivities are available here. http://www.kirchweihkalender-bamberg.de/2011/_plaza/kerwa.neo Just click on the place name sign of your choice to get detailed information on upcoming fests and "Kirchweih" events.

For general information on Bamberg's sights, fests, locations and free-time activities check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>. The information is available in English and with the nice pictures you will get in the mood for getting out and enjoying yourself.

Insider tips and rating for the coolest pubs, clubs, bars and sights can be found on this website: <http://www.virtualtourist.com/travel/Europe/Germany/Bavaria/Bamberg>. People who have been to these locations before share their insight information and experiences. It is a great resource for all who would like some more information on their favorite destination on Bamberg before leaving base.

Saturday, July 9

- 9 a.m. Quattro-ball tournament, Seehofhalle, Poedendorfer Strasse 20a, 96117 Memmelsdorf, phone 0951-417 57.
- 10 a.m. MAESTRO artisan and craftsman market in downtown Bamberg. Location: Maxplatz, Bamberg. Information, presentations and workshops presented by local shops and craftsman on topics like living, building and construction, energy conservation, or cars and bikes.
- 2 p.m. Fest @ AUstrasse, festivities at the Austarsse in Bamberg. Live music with Mr. Sister. Drinks, food specialties by local merchants and restaurants await the entire family.
- 4 p.m. Heinrich fest (Heinrichsfest) starting off with a motorcycle church service for all bikers. The band Jazzpans play latin and blues music. Location: Domplatz in Bamberg.
- 7 p.m. Spanish Night (Spanische Nacht) in Schluesselfeld. Classic, pop and latin party with Martinez and Band. Location: Rathausof, Marktplatz, 96132 Schluesselfeld.

Sunday, July 10

- 11 a.m. MAESTRO artisan and craftsman market in downtown Bamberg. Location: Maxplatz, Bamberg. Information, presentations and workshops presented by local shops and craftsman on topics like living, building and construction, energy conservation, or cars and bikes.
- 9 a.m. Quattro-ball tournament, Seehofhalle, Poedendorfer Strasse 20a, 96117 Memmelsdorf, phone 0951-417 57.

Upcoming Volksmarching events:

- July 9-10** 38th International Volksmarching Days in Pottenstein
 - July 23-24** 36th International Volksmarching Days in Kulmbach-Katschenreuth
 - July 30-31** Volksmarching event in Bamberg
 - August 6-7** 36th Marching Days in Kueps
 - August 14** 36th Schluesselfeld Volksmarching Day
- For detailed information and for sign up please see Mr. Wolfgang Keller, Warner Barracks, building 7090, room 103, Monday, Wednesday and Friday, 3-5 p.m.

National Concert Schedule:

Compiled by Simon Hupfer, Family and MWR Marketing

- July 8** Bryan Adams, Schlosshof, Bad Mergentheim
- July 17** Sting & Orchestra and Bryan Adams, Tollwood Festival, Olympiahalle, Munich
- August 12-14** Iggy & The Stooges, Taubertal Festival, Rothenburg o.d.T. www.taubertal-festival.de
- August 15** Good Charlotte, E-Werk, Erlangen

August 18 Joe Cocker, Schlossplatz, Coburg

Preview:

- July 23** Cuban Night with Los Dos Y Companeros, Schloss Tambach, tickets at bvd, Lange Strasse 22, 96047 Bamberg
- July 30- Aug. 3** Brose Baskets E.On Summer Camp 2011. www.brosebaskets.de

Open-air festivals and shows

It is open-air festival and show time in Germany and Europe. See our list for festival dates. More festivals, dates and information are available here <http://www.festivalticker.de>

- July 1-17** Bamberg movie summer (Bamberg Kinosommer) as a part of Franconian movie summer (Fraenkischer Kinosommer), open-air movies in Bamberg, location Hainbadestelle, Muehlwoerth 18a, 96047 Bamberg, doors open 8 p.m., shows start at dusk, for schedules and tickets check <http://www.fraenkischerkinosommer.de/>
- July 8-10** Africa culture days (Afrika Kulturtag), free admission, location Rathaus Fuerth, Koenigstraße 86, 90762 Fuerth. See <http://www.afrika-kulturtag.de/> for more information.
- July 8-10** Regensburg gothic festival (Regensburger Gothic Treffen), electro, gothic, industrial music, tickets starting at 20€, location Alte Mälzerei, Galgenbergstrasse 20 in 93053 Regensburg. For all fans of the dark the website provides more information <http://www.regensburger-gothic-treffen.de/>
- July 8-10** Samba festival in Coburg, more information is available on this website <http://www.samba-festival.de/>, tickets are 30€, location: Downtown Coburg, 96450 Coburg.
- July 15-16** Outside Rodeo, festival featuring punk, rock, rock'n roll, and hardcore music, ticket are 12€, location: Bei Adam, 96450 Coburg. Check Facebook for more information <http://www.facebook.com/OutsideRodeo>
- July 15-17** Sunrise Reggae and Ska Festival, reggae, ska, roots, dancehall, and chill-out music. Free camping, bazaar, cocktail bar and much more. Tickets More info on the event website <http://www.sunrisefestival.de/>, tickets starting at 20, 89349 Burtenbach.
- July 15-17** Bamberg zaubert, 13th International Street and Variété Festival, different shows and performances by German and international artist, downtown Bamberg. More information visit the website <http://bamberg-zaubert.mybamberg.de/english/welcome/>
- July 23-August 21** Art and antiques weeks in Bamberg, you will find more information on this website <http://www.bamberger-antiquaeten.de/>
- July 22-23** Sammersee Festival for all fans of indie, funk, and pop music. Location Strandbad Café Forster in 86936 Schondorf am Ammersee. Detailed information on this website <http://sammerseefestival.de/>
- July 23** Tuebingen lauscht, singer, songwriter, folk, acoustic and pop music Location: Marktplatz in 72070 Tuebingen. For more information check this http://www.tuebingen-lauscht.de/content/Das_Festival
- August 8-15** Sziget festival (Sziget Fesztivál) in Budapest, Hungary. Information in English is available at http://www.sziget.hu/festival_english. Budapest, Hungary.
- August 5-7** 22nd Greifenstein Countrymusic Open Air presented by MDR 1 Radio Saxony, country and western music. Location: Naturbuehne Greifenstein in 09427 Ehrenfriedersdorf. Tickets are 55€.
- August 12-14** Taubertal Festival in Rothenburg ob der Tauber. Pop, rock, punk and indie music. Tickets start at 48.05€. Location is Eiswiese in 91541 Rotheburg ob der Tauber. Information in English is available on the event website <http://2011.taubertal-festival.de/index.php?id=49>
- August 19-20** Spessart Rave Fetsival presenting modern electronic dance, techno and elektro music. Tickets in pre-sale are 12€. Full price is 15€. Location is the DJK sports field, Seebachtal 1 in 63486 Hain. Detailed information on attending DJs and much more is available here http://www.spessart-rave.de/sr_web/
- August 20-21** 4th High Noon Festival presenting country music, country rock, southern rock and modern country music. Location: 33829 Borgholzhausen. Detailed information on this website <http://www.high-noon-festival.de/>, or email B3@gab-hw.de, or call 05425-933 686.
- August 26-27** Dungeon Open Air in Bargenstedt. Metal, electro and gothic music. Tickets start at 30€. Please see

Monument unveils names of five Bamberg paratroopers

By Douglas DeMaio, USAG Bamberg Public Affairs

BAMBERG, Germany -- The names of five paratroopers killed in Afghanistan last year, who were stationed in Bamberg with 173rd Airborne Brigade Combat Team, were added to a monument at an honors ceremony at the National Infantry Museum's Walk of Honor in Columbus, Ga., on June 11.

The names of Matthew R. Hennigan, Vinson B. Adkinson III, Raymond C. Alcaraz Jr., Matthew E. George, and James A. Page are engraved into a segment of a granite panel designated for those who were killed in Operation Enduring Freedom X.

"We're here today to live these words: 'The Fallen Will Never Be Forgotten,'" said retired Brig. Gen. Jim Yarbrough.

The ceremony did not only focus those who died in combat. Part of the ceremony focused on heroic actions during combat. A granite panel containing the names of Sky Soldiers were awarded the Medal of Honor was unveiled. Salvatore A. Giunta, who was honored at the ceremony, is the first living recipient to receive the Medal of Honor.



(TEAM continued from Page 1)

"As spouses, we're often grafted into the vine of this military life with very little or no training at all," Rolfes said. "We say we will stand by our Soldier, yet we aren't just handed the tools needed to do such a thing."

Tools taught in AFTB level one include military acronyms, chain of command, family financial readiness and basic problem solving.

Level two provides blocks of instruction on topics like stress management, traditions, customs, courtesies and protocol, creative problem solving, and leadership.

Building on the previous levels training, level three topics include communication skills for

leaders, managing group conflict, meeting management and Family Readiness Group leadership.

Amongst the many blocks of instruction, Piedade would highlight the emotional tools that would certainly be critical to cope with a stressful Army life.

"If properly used, they can assist you and make you adjust your reactions to adverse, stressful or unexpected situations," Piedade said.

The training has taught Rolfes the do's and don'ts of the Army lifestyle.

"It helps you have reasonable expectations about you and your family's life in the Army and

the resources offered to you," Rolfes said.

AFTB training can also be completed online at Army OneSource.

Completing the classroom training at Warner Barracks does target areas that are community specific, said Marylou Solorzano, Army Family Team Building and Army Family Action Plan Program manager.

"Army OneSource offers online training that is broader but not specific information to the Bamberg community," Solorzano said.

For more information on AFTB classroom training, call 0951-300-7777.

Construction to close road near Power Zone for six weeks

Douglas DeMaio,
USAG Bamberg Public Affairs

BAMBERG, GERMANY -- The road near the Exchange Power Zone will be closed for more than six weeks to improve the pedestrian and traffic safety in the area.

The work is scheduled to begin Monday on George-Washington-Loop and finish Sept. 30.

During this time, traffic will be re-routed at Stable Theater toward the Recycling Center and then further on along buildings 7117 and 7121 to the Exchange Extra parking lot on the backside of Building 7120. The speed limit will be dropped to 20 kilometers per hour.



Illustration
Motorists can follow the yellow German detour signs with the word Umleitung printed on it to navigate. Construction is scheduled to begin Monday.

The project will re-align the road and shift the crosswalk to the entrance of the Power Zone.

A lawn space will be built to serve as a buffer between the sidewalk and road so kids won't run into the road, said Achim Ohlenschlager, Directorate of Public Works, master planning division.

On the opposite side of the road, parking spaces will be established to include a handicapped spot next to the crosswalk.

A sidewalk will be placed behind this parking area to connect the crosswalk with the existing sidewalk along George-Washington-Loop.

Fourth of July Photos

Photos by Jessica Lipari

