



# WARNER WEEKLY

News & Information at Your Fingertips

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Thursday July 14, 2011



## Local 7-year-old wins overseas regional tech award

Sina Kingsbury, USAG Bamberg Public Affairs

BAMBERG, Germany -- She spent much of her day manipulating a large spider.

She tied a long string around the spider's body slowly pulling its lifeless body up and down in the air while shooting it repeatedly; until it was all over.

Grace Weichelt was not spending her days at Warner Barracks' School Age Center killing bugs but creating a clay animation short film for the Boys & Girls Club of America digital arts festival.

BGCA recently named 7-year-old Grace as the overseas regional winner of its Club Tech Digital Arts Festival for her five-second film, "The Scary Spider."

Grace was 6 years old when she created the nursery-rhyme-inspired project.

"I thought about doing it on Little Miss Muffet," Grace said. "I watched it tons of times and my



*Michelle McClelland*  
**Grace Weichelt, 7, demonstrates how she made a five-second film called "The Scary Spider." Grace won the overseas region for the Boys & Girls Club of America digital arts festival.**

mom had told me the story about it. I figured out that I wanted to do that."

Grace, who enjoys making arts and crafts projects, said after watching Wall-E, she knew the project would not be easy; however, she believes it turned out well.

"We are really proud of her," said Michelle McClelland, SAC director. "She really impressed me with her patience and all the creativity that came with it."

It was interesting because Grace created the project all on her own, even the movement for the video, McClelland said. She created the storyline and then turned it into a movie.

McClelland added, "Many children at the center wanted to create a clay animation movie but soon realized how difficult it is; however, Grace saw it through from start to finish."

Clay animation is an intensive animation technique that involves the use of clay objects to show movement. Objects are slowly moved between individually photographed frames. When these photographs are played in an uninterrupted series, it creates an illusion of movement, explained McClelland.

Some of the children wanted to create two- or three-minute movies that would require taking (AWARD continued on Page 2)

## Warner Barracks community celebrates Independence Day

Douglas DeMaio, USAG Bamberg Public Affairs

BAMBERG, Germany -- Family and Morale, Welfare and Recreation employees helped Soldiers, Families, civilians and volunteers celebrate the 235th anniversary of America's independence during an Independence Day celebration here July 4.

Lt. Col. Steven L. Morris, U.S. Army Garrison Bamberg, hosted the Fourth of July celebration, and thanked the community for their commitment and sacrifices made on behalf of a grateful nation.

"Thank you for your service, and thank you for our freedom," Morris said.

Sponsors from Bavarian Motor Cars, Fabergroup Auto Motor Park, Auto Exchange and Exchange New Car Sales contributed \$1,900 to the event.

Family Readiness Groups and private organizations had an opportunity to raise funds to help support their cause.

Members of the 370th Engineer Company's FRG raised \$955 during the event and 54th Engineer Battalion's FRG raised \$323 with their jailhouse booth.

Members from the Veterans of Foreign Wars had their yearly water-balloon stand and raised



*Jessica Lipari*  
**Community members walk on water in inflatable balls called an AquaZorb. The AquaZorb was a new activity at this year's Fourth of July celebration.**

money to support veterans in the Bamberg community.

"This year's Fourth of July was great," said Greg Wallace, a member of Richard E. Austin VFW Post 10592. "We had a good time supporting the community and were able to raise some money so we can reinvest it back into our community for a good cause."

FRG members from 16th Sustainment Brigade,

4th Battalion, 319th Airborne Field Artillery Regiment, 535th and 42nd engineers, also were able to raise money for their organization. Fifty-six people signed up and supported the second annual beauty pageant.

"This was by far the best Fourth of July we've ever had in the 10 years I've been here," said Jack Austin, who helped coordinate the entertainment for the July 4 celebration.

(DAY continued on Page 2)

# Respite Care: Enhancing the Quality of Life for Caregivers

By Lt. Gen. Rick Lynch, commander,  
Installation Management Command

SAN ANTONIO -- Starting in July, the Exceptional Family Member Program is standardizing and streamlining the process for delivering respite care to eligible Families in need of support.

The EFMP is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive, coordinated community support, housing, educational, medical and personnel services to Families with special needs. It is focused on helping these Families find the support and care needed to ensure all their members can thrive.

Respite care is one way EFMP helps to provide support for all family members -- in this case, the caregivers. Caring for a Family member with special needs, especially severe chronic medical conditions, is an around-the-clock job. There may be no end to a caregiver's love, but everyone who shoulders such responsibilities needs a break to rest and recharge. EFMP respite care provides that break. Qualifying Families are eligible for up to 40 hours of respite care a month for each certified family member.

In an effort to enhance service delivery to EFMP-enrolled Families, IMCOM has revised EFMP respite care policies and procedures. The revision is effective this month. It includes



changes in eligibility criteria and the Family Services Needs Matrix and online training for EFMP managers and physicians. An EFMP respite care panel will be established at each garrison to review and recommend approval or disapproval of all respite care submissions to the garrison commander, who is the decision authority.

Garrison EFMP Managers are available to provide more detailed information to Families currently receiving respite care. Soldiers or family members who have questions about it or other EFMP-related services can also visit the EFMP web page at Army OneSource

([www.myarmyonesource.com](http://www.myarmyonesource.com)).

This revision to policy and procedures is part of the Army EFMP Strategic Action Plan to improve services and support for Families with special needs. Also as part of the strategic action plan, at the beginning of this fiscal year, EFMP added 43 Systems Navigators, or non-clinical case managers, at 26 garrisons stateside and overseas to connect Families with required systems of care.

The focus on enhancing the effectiveness of EFMP could not be more important or timely. Important, because the EFMP is one way the Army keeps key promises it made in the Army Family Covenant: providing access to high-quality medical care, educational opportunities and Family programs that foster an environment in which Families can thrive.

Timely, because while the Army's commitment remains as strong as when the covenant was signed in 2007, we are operating in a different fiscal reality in 2011. Just as any Soldier or family member asks "Is it worth it?" before opening their wallet, we are doing the same, making sure we are using resources as efficiently as possible to provide quality services to Families. Army life poses challenges for any Family, but especially for Families with special needs. It is part of our job, our commitment, to make sure we are delivering the right services in the right way to support the health and well-being of all family members.

(AWARD from Page 1)

10,000 photographs. They did not quite understand it until it started happening, McClelland said.

"There were only two children in Grace's age group who actually completed the entire project," she said.

Each year, Warner Barracks' SAC, a BGCA partner, participates in the Club Tech Art Festival. Youth

participants are first judged at a local level and those winners compete for the regional award.

"This year the regional contest was at Ramstein Air Base," McClelland said. "That is where Grace won for the overseas regional for all of Europe in her age category and now her project is at the national level. We are anxiously awaiting the results."

## Click here for more Fourth of July photos



(DAY continued from Page 1)  
Austin estimated more than 3,500 community members attended the event.

Divine Grace, Unity Temple, and Better Opportunities for Single Soldiers were a few of the other organizations that had booths at the celebration.



Lt. Col. Steven L. Morris  
U.S. Army Garrison  
Bamberg, Commander

USAG Bamberg, Public Affairs Officer  
Renate Bohlen

Warner Weekly Staff  
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[army.mil](http://army.mil).

All MWR Programs provide reasonable accommodations for individuals with special needs. For assistance please contact the facility manager prior to your visit.

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# Sustainment brigade prepares for deployment

By 1st Lt. Edward Perrin,  
16th Sustainment Brigade Public Affairs

BAMBERG, Germany – Recently, various units within the 16th Sustainment Brigade, 21st Theater Sustainment Command, including the brigade headquarters, were notified by the Department of the Army to begin deployment preparations supporting Overseas Contingency Operations over the course of the next year.

In addition to the brigade headquarters deploying, the Headquarters and Headquarters

Company from the 16th Special Troops Battalion, 391st Combat Sustainment Support Battalion and the 18th CSSB will each deploy.

Also deploying will be the 504th Signal Company, the 515th Transportation Company, the 1st Inland Cargo Transfer Company, the 99th Movement Control Team, C Detachment of the 106th Finance Company and a Biological Integrated Detection Systems platoon from the 12th Chemical Company.

The combined personnel strength of these units

represents more than 25 percent of the Soldiers assigned to the brigade.

The details of each unit's mission and exact deployment location will be provided closer to their deployment window.

Those units not deploying will continue to execute missions in support of U.S. Army Europe and U.S. Army Africa units at home station and deployed, in addition to supporting and participating in USAREUR and USARAF exercises throughout Europe and Africa.

## No formula duplicates nutrients of mother's breast milk

By Dennise Hebron,  
Women, Infants and Children Overseas

World Breastfeeding Week is celebrated every year from August 1 - 7 in more than 120 countries to encourage breastfeeding and improve the health of babies around the world.

Breastfeeding is the best way to provide newborns with the nutrients they need; there is no formula to duplicate the unique properties of breast milk.

One of the most highly effective preventive measures a mother can take to protect the



health of her infant and herself is to breastfeed, according to the Center for Disease Control.

Benefits of breastfeeding for babies include:

- Breastmilk is easier to digest.
- It is always available and at the right temperature.
  - It has all the nutrients, calories, and fluids your baby needs to be healthy for at least the first 6 months of life.
- Enhances brain and nervous system development
- Contains antibodies which formulas do not and cannot have, protecting your baby from many diseases and infections such as, ear infections, diarrhea, pneumonia, asthma and meningitis.
- Research also suggests that breastfeeding protects against obesity, diabetes, sudden infant death syndrome and some cancers.

Benefits of breastfeeding for mothers include:

- Increased bonding with baby
- Returns uterus to pre-pregnancy size more quickly.
- Burns more calories, which may help in regaining pre-pregnancy weight more quickly.
- Reduces the risk of ovarian and breast cancer.
- Keeps bones strong, which helps protect against osteoporosis.
- Additionally, breastmilk is free!

The World Health Organization recommends exclusive breastfeeding until a baby is six

months old and continued breastfeeding with the addition of nutritious complementary foods for up to two years or as long as is mutually desired. Breastfeeding goes smoothly from the start for some mothers while others need a little time and practice. This is perfectly normal. There are several resources available if you need help. Ask the doctors and nurses while you are still in the hospital, your pediatrician, a lactation specialist, WIC Overseas, or a breastfeeding support group.

There are also several helpful websites available, such as, [www.llli.org](http://www.llli.org) and [www.medelabreastfeedingus.com](http://www.medelabreastfeedingus.com).

There is a breastfeeding support group available at the FAP building with Emily Goodrich. Please contact her for details at [egoodsitz@yahoo.com](mailto:egoodsitz@yahoo.com) or 0951-601-0533.

The WIC Overseas office also provides breastfeeding support and has a certified lactation counselor to answer questions about breastfeeding. Starting in September, the WIC Overseas program will be working with New Parent Support Program to provide monthly breastfeeding classes as a free community service. Bamberg's WIC is located in the Army Community Service building and is open from 8-4:30 p.m.

For more information, call 0951-469-7913.

Additional information about breastfeeding can be viewed at [www.cdc.gov](http://www.cdc.gov), [www.who.int](http://www.who.int), [www.llli.org](http://www.llli.org) and [www.medelabreastfeedingus.com](http://www.medelabreastfeedingus.com).

### Petry awarded Medal of Honor

WASHINGTON (Army News Service, July 12) Sgt. 1st Class Leroy A. Petry received the Medal of Honor from President Barack Obama during a historic ceremony in the East Room of the White House today.



Petry is only the second active-duty servicemember since Vietnam to live to accept the nation's highest military honor. The first Soldier, Staff Sgt. Salvatore Giunta, was seated in the audience that included Vice President Joe Biden, Army senior leaders, several rows of decorated Army Rangers, and more than 100 of Petry's family and friends, including his wife, mother, father...

To read more on this story, click [here](#).

### Army stresses caution, education to combat scammers

WASHINGTON, July 12 -- You just signed up for a Facebook profile and a four-star general already wants to be your friend. Good thing right? Not likely.

Fake profiles, impostors and online scams litter the social media landscape, and as social media evolves, so do the tactics of online crooks. As social media use becomes more prevalent in today's Army, many Army leaders and Soldiers recognize that effective social media education is the best way to keep Soldiers from falling into the traps set by social...



To read more on this story, click [here](#).

# Culture College set to replace cultural program Headstart

By Troy Darr,  
IMCOM Europe Public Affairs Office

HEIDELBERG, Germany -- Installation Management Command Europe will transition Headstart into Culture College in all U.S. Army in Europe garrisons beginning August 1.

The command is "amending the curriculum of the cultural adaptation program as part of its ongoing effort to eliminate redundant programs and improve efficiencies in all aspects of Army installation operations," said Jane Helfrich, Army Community Service chief for IMCOM Europe.

Headstart has been a staple of in-processing in overseas theaters for the past 40 years. Traditionally Soldiers would spend up to two weeks studying the language and learning about the customs and traditions of their new host country.

Newcomer orientation has been part of the Army Community Service Relocation Readiness Program and will continue to operate under the umbrella of Culture College. Relocation

## Command sponsorship provides logistical support to Families

By Sina Kingsbury,  
USAG Bamberg Public Affairs

BAMBERG, Germany -- Absence makes the heart grow fonder; particularly, when it comes to obtaining command sponsorship.

For some Families, without the proper guidance and knowledge, requesting command sponsorship can be a lengthy and frustrating process. In order for family members to move overseas with their sponsor, they must obtain command sponsorship.

"Command sponsorship is the deal between the Army and a Soldier whereby the Army agrees to provide logistical support for a Soldier's dependents," said Jeffery Card, Army Community Service's Relocation Program manager at U.S. Army Garrison Bamberg, in an e-mail interview.

"Logistical support includes overseas transportation and housing expenses as well as access to installation facilities and services. It also confers certain benefits such as eligibility for the Military Spouse Hiring Preference," Card said.

Not every sponsor requests command sponsorship for their family members or receives an approval.

Command sponsorship is very common but not automatic, so it is up to the Soldier to initiate the action and accomplish those tasks necessary to meet the requirements of the process, Card said.

According to an Army checklist, Soldiers who arrive unaccompanied overseas or have a child

Readiness Program managers in each of the garrisons are developing garrison specific programs that take advantage of the existing cultural adaptation programs for spouses and family members, said Helfrich.

Helfrich said the program is very important for Soldiers, civilian employees and family members especially for those who have a very limited experience with a different language and culture.

The new program will focus more on cultural adaptation and less on language skills. Helfrich said the programs will offer elementary language skills that will be very limited in scope, but will include language skills necessary for shopping, eating in a restaurant and using public transportation. Soldiers, civilians and family members interested in learning additional language skills can take advantage of numerous programs

after arrival must coordinate with their unit's S1 section to submit a packet requesting command sponsorship.

Upon approval, Soldiers must complete a 3-year accompanied tour in U.S. Army Europe, which begins on the day command sponsorship is approved.

The following documents are required in the command sponsorship packet:

- Permanent Change of Station orders
- Enlisted/Officer Record Brief: This document is a record of the Soldier's personal information, qualification skills, training and assignment history
- Department of the Army Form 4187: This form initiates the command sponsorship process
- Department of the Army Form 5888: The Family Member Deployment Screening Sheet validates medical screening and provides the command with information to assist with an assignment decision
- Department of Defense Form 2792: The Exceptional Family Member Medical summary form must be completed if a family member is enrolled in the Exceptional Family Member Program (EFMP)
- Notarized copies of marriage and birth certificates
- If applicable, proof of custody court documents

In addition to meeting with their unit S1 section, Soldiers can also visit Army Community Service for assistance with the Exceptional Family Member Program portion of their packet.

Soldiers who want their Families to accompany

such as Rosetta Stone on Army Knowledge Online or friendship clubs where members can practice their language skills.

Length of programs will vary from garrison to garrison based on size of classes, potential field trips and the complexity of the community, but a typical program is expected to last from one to four days, said Helfrich.

Even though IMCOM Europe has issued specific guidance on how to implement Culture College to the Europe-based U.S. garrisons, the garrisons will have the latitude to develop programs that will best fit their customers and the region where they live, said Helfrich.

For more information about Culture College, contact your local Army Community Service Relocation Readiness Program manager.

them overseas must have their family members medically and educationally screened and if needed enrolled in EFMP, said Vanessa Holland, EFMP manager.

According to Holland, EFMP screening is a crucial aspect of the command sponsorship process because it ensures the availability of proper care and treatment for family members at the new duty station.

Holland continued to explain that some military installations might not offer medical assistance needed by some family members.

Family members must be evaluated before being granted sponsorship.

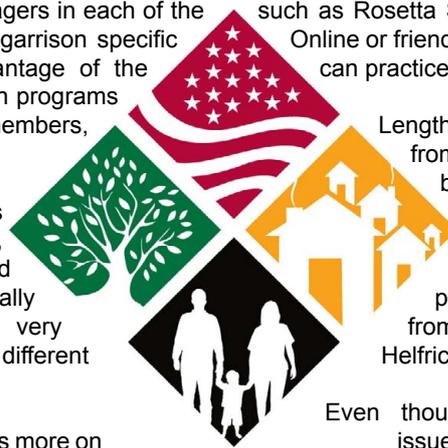
"The problem here is Soldiers think they can bring their Family over here and then do the paperwork. If the family members are American they have to have their paperwork completed in the U.S.," Holland said.

"Prior to moving overseas, family members can receive an EFMP screening at the nearest military medical facility or with their civilian primary care provider," she said.

During the command sponsorship process, Holland encourages Soldiers to visit her office to receive EFMP screening instructions.

For more information on command sponsorship contact your unit's S1 section or visit <http://www.imcom-europe.army.mil/sfac/admin/commandsponsor.htm>.

For any questions about the Exceptional Family Member screening process, contact Vanessa Holland at 0951-300-7594.



**EDELWEISS LODGE AND RESORT**  
**ENDLESS SUMMER SPECIALS**  
 VALID 1 JULY - 1 SEPTEMBER  
 MUST BOOK BY 1 JULY!



CHOOSE BETWEEN THREE AFFORDABLE OFFERS

|   |  |  |
|---|--|--|
| STAY 5 NIGHTS -<br>GET 7TH FREE<br>+ ONE COMPLIMENTARY<br>COUPLES MASSAGE | STAY 3 NIGHTS -<br>GET 10% OFF ACTIVITIES<br>+ FREE BREAKFAST FOR<br>CHILDREN 12 AND UNDER | STAY 4 NIGHTS -<br>GET ONE FREE ALPSPIX<br>LIFT TICKET OR ONE FREE<br>WHITE WATER RAFTING TRIP |
|---|--|--|

This is a limited availability package and does not include vacation cabins. Offers can not be combined with any other offers. The Alpspix lift ticket or White Water Rafting is subject to availability. Package availability is on a first come first serve basis. The couples massage can be replaced by two individual treatments not to exceed the value of the couples massage. Scheduled massages can be reserved at the difference in price. 10% off activities includes Alpine Adventure tours and leisure programs for all participants. Lift tickets, massages and contracted activities are not included in the discount. Free breakfast is available at the Market Station restaurant for children 12 and under staying in the room. Applies to new reservations only. Additional rules may apply. Valid July 1 - 1 September 2011.

Must be reserved through Vacation Planning Center prior to arrival by mentioning the booking code ENDLESS SUMMER.  
 Call to book Monday - Friday 9800 - 2100 hours / (49) 08821-9449 / vacation@edelweisslodgesandresort.com

from 6:30 – 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

**Speed Limit**

Please slow down while driving through residential areas on the installation. The speed limit inside a residential area is 20 km per hour.

**Fall Sports**

Child Youth Services will have registration for fall sports at Parent Central Services July 20-29. For more information, call 0951-300-7523.

**Barbecue Dinner**

There will be a barbecue dinner and movie night outside the Warner Conference Center August 13 at 6 p.m. For more information, call 0951-300-8659.

**Sports, Health and Fitness**

**Waist Whittlers**

Bamberg community members are invited to participate in a women's weight loss support. The group, for those looking for support to help them with their weight loss goals, will be held the first and third Thursday of each month in the Army Community Service building from 1-2 p.m. For more information, contact Beth Danowsky at 0951-300-7913 or by e-mail at [elizabeth.a.danowsky.ctr@eur.army.mil](mailto:elizabeth.a.danowsky.ctr@eur.army.mil).

**Closures / Changes**

**ASAP Move**

The Army Substance Abuse Program has moved to Building 7089. The prevention coordinator, Tonya Hancock, and the drug testing coordinator, Shina Jones, are located on the first floor in Room 101. Abigail Mujica, the alcohol and drug control officer, will be on the fourth floor in Room 429. The clinical staff/counselors remain at Building 7051.

**Airport Shuttle**

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:25 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on holidays,

**AUTO AUCTION**  
**August 30, 2011**  
**7 p.m.**  
**Storck Barracks**  
**\$35 Registration Fee**  
**per vehicle**  
**\$3 Bidders Fee**

**PAST DEALS!**  
 2002 Mazda Tribute \$750  
 2003 Dodge Caravan \$1000  
 1995 BMW318 \$200  
 1998 Nissan Micra \$200  
 2003 Ford Ka \$500

**RAFFLE PRIZES!**  
 • Tire rotation  
 • Brake check  
 Must be present to win

Open to all U.S. ID cardholders to bid or auction.  
 Vehicles from all communities accepted and must be pre-registered. Bring the current registration to Storck Automotive Skills the day of the auction.

**Automotive Skills**  
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 Hours: Mon/Thu/Fri 11:30 - 8 p.m.  
 Sat/Sun 10 - 6 p.m.  
 CIV 0981.153.7652  
 DSN 468.7652

Storck Barracks, Bldg 6541  
 Hours: Mon/Tue/Fri 11:30 - 8 p.m.  
 Sat/Sun 10 - 6 p.m.  
 CIV 0981.153.4608  
 DSN 467.4608



**Community Announcements**

Please send all announcements to Bamberg Public Affairs via the following website:  
<http://www.bamberg.army.mil/mobi/form.asp>.

**Extended Hours**

The Warrior Zone at the Community Activity Center will have extended hours beginning July 21. On Thursdays, the CAC will stay open until 10 p.m. and on Fridays and Saturdays it will remain open unit midnight.

**BOSS Trip**

Better Opportunities for Single Soldiers will have a trip to Spain from August 18-22. The trip is open to single soldiers and their adult guests. Enjoy this trip to Barcelona for \$299. A \$100 deposit is required when signing up and the trip must be paid in full no later than August 15. For more information, call 0951-300-9086 or e-mail [bam.dfmwr.boss@eur.army.mil](mailto:bam.dfmwr.boss@eur.army.mil).

**Parents' Night Out**

Enjoy a day or night out by enrolling your children in the next Parents' Day Out or Parents' Night Out programs. Dates for Parents Day Out will be August 6, Oct. 1 and Dec. 3 from 11:30 a.m. – 3 p.m. Dates for Parents' Night Out will be Sept. 9 and Nov. 4.

but is on training holidays. Pets are allowed. For more information about the airport shuttle, call 069-695973816.

**Frankfurt Benefits Office Change**

The Federal Benefits Unit in Frankfurt has a new telephone number to call if you need assistance with Social Security, Medicare or Veterans Administration issues. The new number is 069-95551-110. The Federal Benefits Unit, Frankfurt may also be reached at [FBU.Frankfurt@ssa.gov](mailto:FBU.Frankfurt@ssa.gov) or by FAX at 069-749352.

**Weekly Reminders**

**Rising Star**

The Army-wide talent competition is coming back to Bamberg. Operation Rising Star 2011 kicks off August 26 at the Stable Theater. Showcase your talent and compete for cash prizes or an all-expense paid trip to the United States. Pick up an application form at the Community Activity Center or the Stable Theater. The competition is open to all adults, active duty Soldiers and their family members. For more information, call 0951-300-8647 or e-mail [jack.austin@eur.army.mil](mailto:jack.austin@eur.army.mil).

**Satellite Adjustment**

The American Forces Network's satellite delivery platform is changing, requiring viewers who have an AFN decoder and satellite dish in their home to make some changes by July 31 to continue to get AFN TV.

**US ARMY GARRISON ANSBACH**  
**DR**  
**Hobby Jam**  
**MOUNTAIN BIKE RACE**



**2011**  
**Saturday 16 July**  
**Oberdachstetten Shooting Range**  
**\$20**  
 8 a.m. .... Registration  
 9 a.m. .... Course pre-ride  
 10 a.m. .... Races begin  
 Awards ceremony will follow when all races are complete.  
 Please pre-register with Outdoor Recreation.

**OUTDOOR RECREATION**  
 Outdoor Recreation: 09802.83.3225 • [mail.ans.outdoor@eur.army.mil](mailto:mail.ans.outdoor@eur.army.mil)

For more information on the IMCOM-E 2011 Mountain Bike Series, visit [www.armymwr.com](http://www.armymwr.com)



USAG Bamberg  
 Birchwood Lanax Bowling Center



**Summer Slam & Pizza Day**

**July 15, 11 a.m.**

Your choice of any 12" pizza for only \$10!  
 Enjoy the Summer Slam Bowling prices throughout the entire month of July: All Games \$1, Shoe Rental \$1!

**Contact (0951) 300 7722**

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS



**Food Handlers Classes**

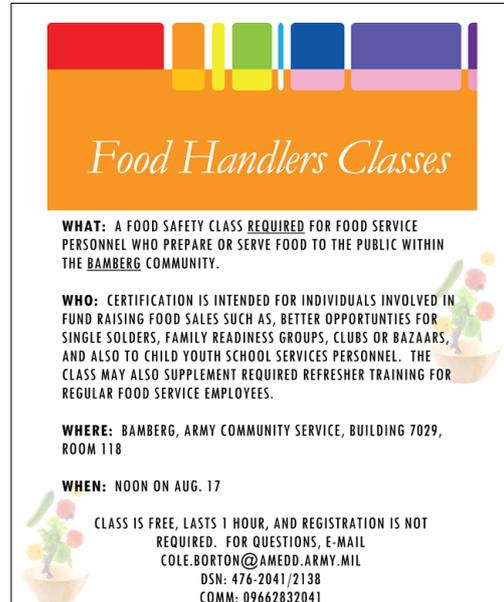
**WHAT:** A FOOD SAFETY CLASS REQUIRED FOR FOOD SERVICE PERSONNEL WHO PREPARE OR SERVE FOOD TO THE PUBLIC WITHIN THE **BAMBERG** COMMUNITY.

**WHO:** CERTIFICATION IS INTENDED FOR INDIVIDUALS INVOLVED IN FUND RAISING FOOD SALES SUCH AS, BETTER OPPORTUNITIES FOR SINGLE SOLDIERS, FAMILY READINESS GROUPS, CLUBS OR BAZAARS, AND ALSO TO CHILD YOUTH SCHOOL SERVICES PERSONNEL. THE CLASS MAY ALSO SUPPLEMENT REQUIRED REFRESHER TRAINING FOR REGULAR FOOD SERVICE EMPLOYEES.

**WHERE:** BAMBERG, ARMY COMMUNITY SERVICE, BUILDING 7029, ROOM 118

**WHEN:** NOON ON AUG. 17

CLASS IS FREE, LASTS 1 HOUR, AND REGISTRATION IS NOT REQUIRED. FOR QUESTIONS, E-MAIL [COLE.BORTON@AMEDD.ARMY.MIL](mailto:COLE.BORTON@AMEDD.ARMY.MIL)  
 DSN: 476-2041/2138  
 COMM: 09662832041



USAG Bamberg  
Whispering Pines  
& Pro Shop  
Tel. (951) 300 8753

IMCOM

U.S. ARMY  
MWR  
MILITARY WELFARE RECREATION

Golf  
**Family Day  
Tournament**  
Aug. 13, 9 a.m. - \$30/35

sponsored by

Exchange  
new car sales  
No Federal Endorsement Implied

For more information, visit [www.afneurope.net](http://www.afneurope.net).

**Tax Center**

The Bamberg Tax Center is now open. The Tax Center is located in Building 7000 on the fourth floor. Appointments and walk-ins are available. Operating hours are Monday – Friday from 9 - 11:30 a.m. and 1 - 3 p.m. until the end of September. For more information, call 0951-300-8261/8262.

**Pre-Separation Briefing**

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; held weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

**DFAC Feedback**

Dining Facility council meetings are at Nieves-Webb every last Thursday of the last month of each quarter at 2 p.m. The next meeting is Sept. 29. For more

USAG Bamberg  
Freedom Fitness Facility  
Outdoor Recreation

IMCOM

U.S. ARMY  
MWR  
MILITARY WELFARE RECREATION

**10k Trial Run &  
Mountain Bike  
Race**  
Aug. 13, 9 a.m.  
followed by the Bike Race  
at USAG Bamberg Local Training Area (LTA)

Sign up and Information:  
USAG Bamberg Outdoor Recreation, DSN 469-9376, (951) 300 9376  
USAG Bamberg Freedom Fitness Facility, DSN 469-8890, (951) 300 8890

This event is sponsored by:

[www.BavarianMotorCars.com](http://www.BavarianMotorCars.com)

information, call 0951-300-7130.

**Get EFMP Registered**

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Vanessa Holland, EFMP manger, at 0951-300-7777.

**Library Events**

The library hosts weekly events. There is storytelling for children ages 3-5 years old every Thursday at 11:30 a.m. There's also a Gamers' Challenge that meets every Saturday at 5 p.m. For more information, call 0951-300-1740.

**Army Suggestion Program**

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

**Clinic Hours**

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday and Friday sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - noon; closed on Thursday afternoons for mandatory training, federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about

**ENERGY  
SAVERS**  
BOOKLET  
Tips on Saving  
Energy & Money  
at Home

U.S. DEPARTMENT OF  
**ENERGY**

123  
**SESAME STREET**

**USO**  
Until Every One Comes Home™

The Sesame Street/USO Experience for Military Families

ALL NEW SHOW!

Sesame Street and the USO are bringing the furry, fuzzy and friendly muppets to military families around the world.

**PROGRAM HIGHLIGHTS:**

- Introducing Katie, a military kid on Sesame Street who is moving to a new place
- Free admission for military families and their children
- Mini-show and giveaways
- For tour information visit [www.sesamestreet.org/TLC](http://www.sesamestreet.org/TLC) and [www.uso.org](http://www.uso.org)

|                       |  |   |  |
|-----------------------|--|---|--|
| <b>Sat.<br/>Aug 6</b> | <b>2 shows!<br/>3pm and<br/>5:30pm</b> | <b>Freedom<br/>Fitness<br/>Facility</b> | <b>General<br/>Admission<br/>Doors Open<br/>1/2 hr<br/>ahead</b> |
|-----------------------|--|---|--|

USO Worldwide Strategic Partners

health care concerns, get self-care advice, schedule appointments or arrange a call with your military care provider.

**Utility Tax Relief Services**

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke. Other energy and utility providers can also be used, but customers will have to register through the USAG Schweinfurt UTAP. For more information, call the Bamberg tax relief office at 0951-300-1780 or the Schweinfurt tax relief office at 09721-96-1780.

**ACS Hours of Operation**

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

**Passport Office**

**Rising Star**

ARE YOU THE NEXT  
*Rising Star?*

**GRAND PRIZE**  
One talented singer will win an all expenses paid, three-day professional recording studio experience in Hollywood, California!

**Local Cash Prizes**  
1st Place: \$500 cash and a chance to compete for the grand prize in the televised final!  
2nd Place: \$250 cash  
3rd Place: \$100 cash

Singers must be Active Duty, Reserve, National Guard, or their Family Members, 18 and older with a valid DAD ID card. Sign up info and forms are available at The Stable Theater (Bldg. 7119) and the Community Activities Center (Bldg. 7017). Register by Aug 15.

OpRisingStar.com  
Visit the more details and official rules.

**Sign Up Now!**

August 26, Sept. 9, Sept. 23 (Finals)  
7:30 p.m.  
**Bamberg Stable Theater**  
Tel. (951) 300 8647, DSN 469-8647 - [www.bamberg.army.mil/mr](http://www.bamberg.army.mil/mr)

## Recycling Facts

The Warner Barracks community recycled 41 tons of paper during the month of June, which is one ton more than our six month average.

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

### Protestant Summer Study

Protestant Women of the Chapel meet on Wednesdays from 9:30 - 11:30 a.m. in the Bamberg Community Chapel. The summer study will be the Women of Faith DVD. The Pair O' Bulls DVD will be shown to school age children. All ladies are welcome. Free food and childcare provided. For more information, call 0951-300-1570 or send an email to [pwocbamberg@yahoo.com](mailto:pwocbamberg@yahoo.com).

### Learn Deutsch

Army Community Service, Relocation Readiness Program, offers free Deutsch classes every month. Beginner classes are scheduled Tuesdays from 10 a.m. to noon and Wednesday from 6-8 p.m. Intermediate classes are Tuesdays, noon to 2 p.m. and Wednesdays, 2-4 p.m. Advanced classes are Tuesdays, 2-4 p.m. and Wednesdays, 4-6 p.m. Classes are held at the ACS building in classroom 118. For more information, call 0951-300-7777.

### Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

### Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play

group, parenting classes, communication classes, victim advocacy and anger/stress management classes.

**Family Advocacy** - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for Anger/Stress Management Class.

**New Parent** - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.

### Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

### Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

### Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

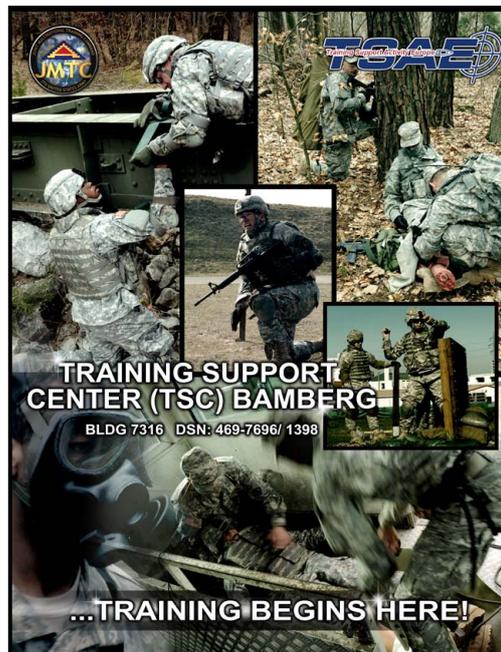
## Youth and Teens

### CYSS summer sign-ups begin

U.S. Army Garrison Bamberg community members can now sign up for Child, Youth and School Services summer programs at Parent Central Services. Bamberg summer programs include summer camps, youth sports, EDGE!, SKIES and a Kinder Readiness bootcamp. For more information, call Parent Central Services at 0951-300-8660 or visit the Bamberg CYSS Facebook page, or log on to webtrac.

### Youth Sports Coaches Needed

Child Youth Services is looking for coaches for the fall sports season. Children of coaches play for free. Coaches' clinics are July 14, and Aug. 11, 6 p.m. at



the School Age Center, Building 7669. For more information, call 0951-300-7523 or 0951-300-8698.

### Youth Lessons

Child, Youth and School Services SKIES Unlimited is offering lessons for tennis, racquetball and dance for youth ages 7-18. For more information, call 0951-300-7452.

### Boy Scouts

Boy Scout Troop 40 in Bamberg is looking for boys ages 12 and older interested in becoming Boy Scouts. The troop meets every Monday from 6:30 - 7:30 p.m. except on holidays. The boys work on requirements for advancement and earning Merit badges. The troop is also looking for adult volunteers and Eagle Scouts to assist with troop activities. Don't delay. Become a Boy Scout today. For more information, call 0160-1585894.

### Cub Scouts

There is a Cub Scout Pack in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webelos (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowllarama, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join

USAG Bamberg Community Activity Center

U.S. ARMY MWR

Community Flea Market

Every second Saturday (March-October)

June 11,  
July 9, Aug. 13, Sep. 10, Oct. 8

10 a.m.-1 p.m. at CAC, Building 7047

Contact CAC at (0951) 300 8659

USAG Bamberg Better Opportunities For Single Soldiers Program (BOSS)

BOSS

Lloret de Mar SPAIN

August 18-22 (Training Holiday Weekend)

BOSS Trip Getaway to Spain!  
Bus departs at 6 p.m. August 18 and returns 3 a.m. August 22

Trip includes:  
Roundtrip transportation on German Motor coach  
2 overnights in 3 star hotel (breakfast & dinner included), tour to Barcelona  
Professional Bus Drivers and services of a professional tour guide  
Sign-up and full payment required by August 15. Open to single Soldiers (enlisted and officers), their adult guests and authorized ID Card Holders over 18

only \$299 per person

Call DSN 469-9086, (0951) 300 9086, e-mail [matt\\_bam@armwr.boss@eur.army.mil](mailto:matt_bam@armwr.boss@eur.army.mil)

0951-300-8700

iWATCH ARMY

iREPORT iKEEP US SAFE

A Simple Observation  
A Single Report can lead to actions that may STOP a terrorist attack

THINK ABOUT THE POWER OF THAT. THE POWER OF iWATCH.

See Something Say Something

USAG Bamberg Outdoor Recreation Bldg. 7116

**Whitewater Kayaking**

**Aug. 6, 8 a.m.**

with Outdoor Recreation. Book online through MWR Online Services as a registered user or visit ODR at Bldg. 7116 \$35 per person, includes all equipment.

Contact (0951) 300 9376 - [www.bamberg.army.mil/mwr](http://www.bamberg.army.mil/mwr)

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

in the fun of Cub Scouts. For more information, call 0951-222-1903 or e-mail [chad3jsdad@yahoo.com](mailto:chad3jsdad@yahoo.com).

**Aqua Barons**

Meet new people and become a part of the Aqua Barons team. Get into shape and stay in shape by swimming. Earn awesome rewards like trophies, medals, ribbons and even a varsity letter. Travel around Europe for swim meets to places like Italy, Spain, Belgium, England and many more. For more information, e-mail [bambergaquabarons@yahoo.com](mailto:bambergaquabarons@yahoo.com).

**Ballet Class**

Registration is open for Child, Youth and School Services SKIES Unlimited ballet classes. The program is for ages 3-8. Classes are on Thursdays from 2 - 4:30 p.m. in Building 7669. Check the class brochure for specific times and holidays. For more information, call 0951-300-7452.

**Teen Stress**

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

**Army Community Service**

**Paying Yourself First**

Bamberg Army Community Service's Financial Readiness Program will have an investing and Thrift Savings Plan class July 27 from 9:30 - 11:30 a.m. in Building 7029, Room 202. For more information, call 0951-300-7777 or [eugene.a.woods@eur.army.mil](mailto:eugene.a.woods@eur.army.mil).

**Home Loans**

Bamberg Army Community Service's Financial Readiness Program will have a home loans class July 27 at 1:30 p.m. in Building 7029. For more information, call 0951-300-7777 or [eugene.a.woods@eur.army.mil](mailto:eugene.a.woods@eur.army.mil).

**First Termer**

Bamberg Army Community Service's Financial Readiness Program will have a first termer briefing July 26 at 9:30 a.m. in Building 7029. The course is mandatory for first term Soldiers. Register on-line at [www.myarmyonesource.com](http://www.myarmyonesource.com) and click on Money Matters and then Financial Readiness Training. For more information, call 0951-300-7777 or [eugene.a.woods@eur.army.mil](mailto:eugene.a.woods@eur.army.mil).

**theultimategift**

Dinner and a Movie Event  
July 23 at 3 p.m.  
Join us afterward for dinner

Brought to you by:  
The Bamberg Community Chapel

**0951-300-1570**

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

**Balanced Budget**

Bamberg Army Community Service's Financial Readiness Program will have a checking and banking class July 19 at 1:30 p.m. in Building 7029, Room 118. For more information, call 0951-300-7777 or [eugene.a.woods@eur.army.mil](mailto:eugene.a.woods@eur.army.mil).

**Interest Rate Date**

Bamberg Army Community Service's Financial Readiness Program will have a debt and credit management class July 19 from 9:30 - 11:30 a.m. in Building 7029, Room 108. For more information, call 0951-300-7777 or [eugene.a.woods@eur.army.mil](mailto:eugene.a.woods@eur.army.mil).

**Continuing Education**

**Sports Injuries**

Central Texas College will have a Sports and Physical Training Injuries course between 6-9 p.m. Tuesdays and Thursdays July 7 - August 11. The course is designed for the pre-hospital care provider emphasizing musculoskeletal injuries incurred during physical activity. The course is designed to build upon and extend the knowledge gained by

**BOSS**

*The party is in* **ITALY**

**August 19-22**

Leaning Tower of Pisa • Waterfront clubs • Beach & BBQ

Costs:  
• \$215 Camping (Bring your tent)  
• \$240 Cabin (Limited availability)  
• \$250 Hotel

Includes:  
• Transportation & Lodging  
• Day trip Florence  
• Shuttle to Leaning Tower & waterfront clubs  
• Cool white sand & hot BBQ beach party

Better Opportunities for Single Soldiers (BOSS)  
USAG Bamberg  
DSN: 469-7615 CIV: 0951-300-7615

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

pre-hospital care providers during the Emergency Medical Technician-B certification course. For more information, call 0951-300-7467 or e-mail [bamberg@europe.ctcd.edu](mailto:bamberg@europe.ctcd.edu).

**Field Study**

Field study courses give students the opportunity to explore fascinating locations in Europe while earning university credit. Upcoming field study courses include HIST 217C/317C The Cultural History of London II July 30 - Aug. 6 in England, and ARTH 199L/489L Picasso in Paris Aug. 6-13 in France. Visit [www.ed.umuc.edu/fieldstudy](http://www.ed.umuc.edu/fieldstudy).

**Language Initiative**

Learn more about the State Department's National Security Language Initiative for Youth. It provides merit-based scholarships to U.S. high school students and recent graduates interested in learning less-commonly studied foreign languages. For more information, visit <http://exchanges.state.gov/youth/programs/nsli.html>.

**PTA Scholarships**

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

USAG Bamberg Arts And Crafts

**Matting & Framing**

Basic Matting and Framing Classes are held every third Saturday, 10 a.m. and the following Thursday, 6 p.m. \$15 per person

Contact Arts and Crafts at Tel. (0951) 300 8659

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

USAG Bamberg Community Activity Center Warner Conference Center

**BBQ & Movie Night**

Aug. 13, 6 p.m.  
Warner Conference Center

Enjoy a large screen movie under the sky with freshly grilled ribs and burgers. Featured movie will be family friendly.

Timeline: 6 p.m. Bopopons, 7 p.m. BBQ, 9:30 p.m. Movie starts

Menu:  
Brats, Burgers, BBQ Ribs, Baked Beans, Potato Salad, Cole Slaw, Corn on the Cob  
Shrimp & Dessert  
Popcorn, Slushies, Cotton Candy, Cobbler a la Mode, Grilled Pineapple

Movie Options:  
Mars needs Moms, Gouanes, Rango

Contact CAC (0951) 300 8659

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

# Eco-Friendly Tips

## Energy-saving Tips

1. Close window blinds to block direct sunlight to reduce cooling needs during warm months.
2. Try candles for outdoor lighting in the evenings and save electricity. Beeswax candles will also keep insects away.

## Water-saving Tips

1. Run your clothes washer and dishwasher only when they are full. You can save water and energy, and this reduces the amount of detergent entering the sewage system.
2. Designate one glass for your drinking water each day or refill a water bottle. This will cut down on the number of glasses to wash.

## Recycling Tips

1. Avoid disposable batteries. Use rechargeable ones that come with a charger. When you do need to get rid of batteries, bring them to the Environmental Division so they can dispose of them properly.
2. Send e-cards instead of paper ones to save paper and cash.



# Bamberg Movie Schedule

AAFES Reel Time Theater is closed Tuesdays and Wednesdays

|     |         |   |        |
|-----|---------|---|--------|
| Thu | July 14 | Fast Five (PG-13)                                   | 7 p.m. |
| Fri | July 15 | Transformers: Dark Of The Moon (PG-13)              | 7 p.m. |
| Sat | July 16 | Water For Elephants (PG-13)                         | 3 p.m. |
|     |         | Transformers: Dark Of The Moon (PG-13)              | 7 p.m. |
| Sun | July 17 | Something Borrowed (PG-13)                          | 3 p.m. |
|     |         | Transformers: Dark Of The Moon (PG-13)              | 7 p.m. |
| Mon | July 18 | Transformers: Dark Of The Moon (PG-13)              | 7 p.m. |
| Thu | July 21 | Water For Elephants (PG-13)                         | 7 p.m. |
| Fri | July 22 | Horrible Bosses (R)                                 | 7 p.m. |
| Sat | July 23 | Jumping The Broom (PG-13)                           | 3 p.m. |
|     |         | Priest (PG-13)                                      | 7 p.m. |
| Sun | July 24 | Jumping The Broom (PG-13)                           | 3 p.m. |
|     |         | Priest (PG-13)                                      | 7 p.m. |
| Mon | July 25 | Horrible Bosses (R)                                 | 7 p.m. |
| Thu | July 28 | Bridesmaids (R)                                     | 7 p.m. |
| Fri | July 29 | Harry Potter And The Deathly Hallows Part 2 (PG-13) | 7 p.m. |
| Sat | July 30 | Thor (PG-13)  | 3 p.m. |
|     |         | Harry Potter And The Deathly Hallows Part 2 (PG-13) | 7 p.m. |
| Sun | July 31 | Harry Potter And The Deathly Hallows Part 2 (PG-13) | 3 p.m. |
|     |         | Bridesmaids (PG-13)                                 | 7 p.m. |



## STRENGTHENING OUR MILITARY FAMILIES

### Meeting America's Commitment

Multiple deployments, combat injuries and the challenges of reintegration can have far-reaching effects on not only the troops and their families, but also upon America's communities. These challenges should be at the forefront of the national discourse.

**AFN Europe Mobile App**

**My MWR Mobile App**

## Trips and Travel Opportunities

Take a trip with Bamberg Outdoor Recreation in June. Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.



- July 16 Canoeing on the Main River \$35**  
Paddle as the current carries you down the Main River, while relishing the striking beauty of Bavaria. Your day will be filled with fun as you talk with friends and make new ones. The trip includes transportation, equipment and instruction. Please wear a swimming suit and bring a towel, sack lunch and hydrating liquids. Transportation leaves Outdoor Recreation at 9 a.m. and returns at 5 p.m.
- July 20 Evening Outdoor Climb \$25**  
Brag to your friends as you learn a new and exciting skill or improve upon an existing one. You will be able see Germany from a view a hiker misses out on. Beginners are welcome. The trip includes transportation, instruction and equipment. Transportation leaves Outdoor Recreation at 5 p.m. and returns at 9 p.m.
- July 23 Wakeboarding \$20**  
Do you miss feeling of waves crashing against your body? Don't miss this opportunity to get that feeling back on ODR's upcoming wakeboarding trip. Just because you're not in the States, doesn't mean that you have to stop doing the sports you love or even try new ones. Price includes transportation. Equipment and entrance fees will be paid by patrons on site. Transportation leaves Outdoor Recreation at 9 a.m. and returns at 5 p.m.
- July 30 Dresden, Germany \$65**  
Located in the heart of Germany, Dresden is draped against a backdrop of history. This city offers visitors a rich experience filled with art and culture. Visit the Royal Palace, Zwinger, Semper Opera House, Elbe castles, Villa Quarter, Hellerau garden city and the 'Blue Wonder' bridge to the east of the city center. Children ages 4-12 are \$55; children 3 and under are \$45. The trip includes transportation and a city tour. Transportation leaves the Chapel Parking Lot at

5 a.m. and returns at 10 p.m.

- Aug. 3 Outdoor Climb \$25**  
Grab your friends and join us for an evening of outdoor climbing. We will head to a famous sports climbing area where you will be able to see Germany from an angle rarely seen. The trip includes transportation, instruction and equipment. Transportation departs Outdoor Recreation at 5 p.m. and returns at 8:30 p.m.
- Aug. 4 Tour Under Bamberg \$25**  
This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Transportation departs at 5 p.m. returns at 7:30 p.m.
- Aug. 6 White Water Kayak \$35**  
Beginners and experts alike are invited to join us on our Wiesent white water kayak trip. Please wear a swimming suit and bring a towel, sack lunch and water. The trip includes transportation, instruction and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.
- Aug. 10 Mountain Bike Ride \$15**  
With the upcoming mountain bike race, grab your bike (or rent one from us for \$10) and practice on the course that will be used for the race on Saturday. This is a great way to prepare for your win. The trip departs Outdoor Recreation at 5 p.m. and returns at 8:30 p.m.
- Aug. 14 Bike Race \$25**  
Your chance is now to show off your race skills. Race for fun or to win the competition and take home the title. For more details, call Outdoor Recreation.
- Aug. 17 Evening Hike \$25**  
Blow off some steam with a relaxing evening hike through the picturesque Bavarian landscape. Let the quiet atmosphere transport you back to simpler times. The trip includes transportation. Please wear hiking boots and appropriate clothing. Transportation departs Outdoor Recreation at 5 p.m. and returns at 8:30 p.m.
- Aug. 19-22 Karwendel Hutte Hike \$275**  
This four-day hike in the Austrian Alps includes overnight stays in three traditional mountain huts. It is a moderately difficult excursion consisting of at six hours of hiking each day at an elevation of at 6,000 feet. Please talk with our staff for more details. Transportation departs Outdoor Recreation at 8 a.m. Aug. 19 and returns Aug. 22 at 10 p.m.



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

## AUTOMOBILES

Opel Astra Coupe, 1999, red, 92000 miles, german specs, MP3 Player-CD, very clean and in good condition, new muffler, new brakes. Asking: 3000 \$ obo, for more pics or information please contact [e\\_sapper@hotmail.com](mailto:e_sapper@hotmail.com).

For Sale: BMW 535i Grey, Four Door Automatic, clean. MUST SELL QUICKLY. \$2800 OBO. For more info, e-mail [lynda.pontious@live.com](mailto:lynda.pontious@live.com).

2000 Plymouth Neon For Sale. US Spec, Automatic, Plymouth Neon in dark green. We have driven this vehicle to Amsterdam and back, just replaced rear tires and brake pads. Asking \$2,000 or best offer. E-mail [briettacosta@gmail.com](mailto:briettacosta@gmail.com) for pictures or more info.

For Sale: \$3000 OBO 1999 Dodge Stratus, 4 door, US Spec, Automatic. Two new tires, water pump, timing belt, and wheel alignment. Car runs like new, great gas mileage. Call 0160-985-45227 or e-mail: [lynda.pontious@live.com](mailto:lynda.pontious@live.com). (6/9/11)

For Sale: \$4000 1997 Chevy Cavalier LS Convertible, US Spec, Automatic. Just replaced the top! Car runs great and excellent gas mileage. Call 0160-985-45227 or e-mail: [lynda.pontious@live.com](mailto:lynda.pontious@live.com). (6/9/11)

For Sale: 2009 BMW 328Xi, 19,000 miles, Sports Package, Premium Package, Cold Weather Package, US SPEC. \$29,900 Contact Jonathan Roberts, 01702027674 or [jonathan.f.roberts@us.army.mil](mailto:jonathan.f.roberts@us.army.mil).

For Sale: 1995 BMW 318i Sports Package, dark blue, manual transmission, German Specs. Passed Inspection April 15. 230K kilometers. Drives and handles very well. New water pump, rear shocks, stabilizer link and brakes. \$2,300. Call Chris 0152-2428-8428 or 0951-209-99112. (4/21/11)

For Sale: \$3,500 OBO! 1996 Honda Civic Hatch, Euro Specs, Manual, EK9 2000 suspension. Just passed inspection, very good gas mileage, summer/winter tires. Contact: Edward Ablang at [edwardablang@](mailto:edwardablang@)

[hotmail.com](mailto:hotmail.com) or 0152-232-68033. (4/21/11)

For Sale: 1999 Mazda Demio hatchback. Standard; Euro specs. - very good condition, dependable. 3rd owner, owned since 2002. \$1,500 0172-898-3445. (4/14/2011)

For Sale: 2005 Hyundai Accent, Automatic, Hatchback, only 56k miles, Silver. Super reliable. Exterior has some minor dings, interior in good conditions (non-smokers). Just passed inspection (Feb. 14). New brakes and tires. Asking \$3,000. DON'T BUY A BEATER BMW! CALL 0162-597-1027, [JFredrick\\_swr@hotmail.com](mailto:JFredrick_swr@hotmail.com). (3/3/11)

For Sale: '95 White 4WD Mitsubishi Montero. Passed inspection- Great Condition. Power windows, power locks, cargo rack, cloth interior, brand new winter tires- great family SUV. For more information and details, call Daryl at 015224123655- make an offer! (2/10/11)

For Sale: Red 2002 Dodge Stratus R/T, \$5,000, 4-door, 2.7 liter, V6 automatic transmission, leather seats, 4 disc CD changer, alarm, A/C, power seat, rear spoiler, all season tires, alloy 17" rims, new brakes, rotors, and battery, single owner. Call Liz at 0170-907-9377. (10/25/10)

For Sale: 2010 Red Dodge Avenger still new condition, Automatic, \$15,500 less than 5,000 miles and has been in our possession since August 2009. Only serious inquiries. Christina Gonzalez 0171-777-9328 [wgonzalez001@yahoo.com](mailto:wgonzalez001@yahoo.com). (1/20/11)

## EMPLOYMENT

Central Texas College needs instructors to teach applied management and military science. Requirements include a management based Associate's degree and several years of active, Reserve, or National Guard military experience. For more information, call 0951-300-7467 or e-mail [bamberg@europe.ctcd.edu](mailto:bamberg@europe.ctcd.edu). (6/30/2011)

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 09721-96-8309; or e-mail [sarah.boerner@europe.ctcd.edu](mailto:sarah.boerner@europe.ctcd.edu). (4/7/2011)

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary. (2/3/2011)

Daily pet sitting services required for one female French Bulldog, Monday through Friday and possibly occasional weekends when out of town. She is house trained and very good with children/dogs, a true joy to have around. If interested, please contact 1st Lt. Troy Shoemaker at 0151-405-21294 or e-mail at [troy.shoemaker@us.army.mil](mailto:troy.shoemaker@us.army.mil).

Bamberg's Exchange is accepting applications for entry-level retail and food positions. Join a unique organization with the competitive package by applying online at [www.applymyexchange.com](http://www.applymyexchange.com) or by calling Human Resources Office at 0951-303159.

## Lost/Found

Handy/Mobile Phone found in front of APO in parking lot. To identify/claim, call postmaster 0951-300-8754

iPod found loose in mail bag at APO. To claim, call the postmaster at 0951-300-8754.

## MISCELLANEOUS

Math tutoring for high school/middle school students available. I am a certified teacher with a Bachelor of Science degree in Mathematics and a Masters in Teaching. Available to tutor on weekdays. Please e-mail me for further information: [dorothykim@gmail.com](mailto:dorothykim@gmail.com). (4/28/11)

Wanted: German King Size Bed Frame. E-mail: [rushharry@hotmail.com](mailto:rushharry@hotmail.com). (3/31/11)

Gabi's Doggie Daycare, I have space available only on weekends, holidays, and at home care. Daily care is full. Visit [www.gabidoggiedaycare.com](http://www.gabidoggiedaycare.com).

Free to good home. A rabbit with cage and everything that goes with it. If interested, call Steve at 0951-208-5148.

PCSing? Can't find a new home for your dog? Please don't abandon him/her, call us first. No questions asked. We are a privately funded non-profit dog rescue. Will give your dog solace and placement with a new, loving

family. Located in Bamberg and open from 10 a.m.-10 p.m. Call 0954-532-2881 or e-mail [solacedogrescue@yahoo.com](mailto:solacedogrescue@yahoo.com).

## FOR SALE

Kitchen with all appliances- \$700; German king-size solid wood bed - \$430; German bedroom schrank (4 meters long, 220 m high/black&white)-\$570; solid wood round dining room set (w/4 chairs)- \$200; French bed (120X200)-\$150; high board-\$75; bathroom cabinet-\$70; and a solid wood Chester drawer-\$65 / O.B.O. Call 0174-766-3088 (6/23/11)

Kitchen for sale! Full kitchen including appliances for sale. Asking price is €2,000 OBO. Kitchen includes refrigerator, stove, oven, and dish washer. All appliances are high quality and fully functional. Lots of cabinet space. Original price for the set was over €4,000. Only used for 1 1/2 years. Contact Holly Matesick at [hollydietzel@hotmail.com](mailto:hollydietzel@hotmail.com) for more pictures and further details. (3/31/11)

Big free standing RCA HDTV on rollers. 51 1/2 inches tall, 48 1/2 inches wide, 120v, works great \$200 O.B.O. call 015151679661 or e-mail [brikenmar@yahoo.com](mailto:brikenmar@yahoo.com).

## AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please e-mail your submission to the Public Affairs Office at [bambergpao@eur.army.mil](mailto:bambergpao@eur.army.mil). We will ONLY accept classified ads by e-mail. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600 or e-mail [bambergpao@eur.army.mil](mailto:bambergpao@eur.army.mil).

**0954-532-2881**  
**[solacedogrescue@yahoo.com](mailto:solacedogrescue@yahoo.com)**

PCSing?

Can't find a new home for your dog?

Please don't abandon him/her, call us first.

**Beware of dog breeding scams**

Call us before buying.

We will translate the paperwork.



**AAFES Corner**



**Exchange Back to  
School Sale**

Click [here](#) to view weekly savings

**Defense Commissary Agency  
Corner**

Bring your own bag

Go to <http://www.commissaries.com>.

Click [here](#) for printable online coupons.

Click [here](#) for recipes from Kay's Kitchen.



## Outside the Gate

Compiled by Szilvia Ascencio-Csapó, Family and MWR Volunteer

### Weekend

Events in and around Bamberg.

Spend your free time outside and enjoy what Bamberg and the surrounding cities have to offer. Information on all guided tours is available on this website <http://www.bamberg.info/en/stadtfuehrungen/>

"Kirchweih" festivities can be fun for the entire family. For many they represent a typical German fest with all the traditional things – beer, brats, music, fun and a good time. Dates and information on the popular "Kirchweih" festivities are available here. [http://www.kirchweihkalender-bamberg.de/2011/\\_plaza/kerwa.neo](http://www.kirchweihkalender-bamberg.de/2011/_plaza/kerwa.neo) Just click on the place name sign of your choice to get detailed information on upcoming fests and "Kirchweih" events.

For general information on Bamberg's sights, fests, locations and free-time activities check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>. The information is available in English and with the nice pictures you will get in the mood for getting out and enjoying yourself.

Insider tips and rating for the coolest pubs, clubs, bars and sights can be found on this website: <http://www.virtualtourist.com/travel/Europe/Germany/Bavaria/Bamberg>. People who have been to these locations before share their insight information and experiences. It is a great resource for all who would like some more information on their favorite destination on Bamberg before leaving base.

#### Friday, July 15

- 6 p.m. Magical summer fest (Zauberhaftes Sommerfest) at Castle Geyerswoerth. Various artists will show their talents and the band Big Sound Jack will perform starting at 7 p.m. Admission is free. Detailed information available from Mr. Lothar Philipp, call 0170-4569697
- 6 p.m. Bamberg zaubert, 13th International Street and Variété Festival, artist parade through the pedestrian zone in downtown Bamberg. The band Los Chicolores will perform at the main stage at the Maxplatz starting at 6:30 p.m. More information available in English at this website <http://bamberg-zaubert.mybamberg.de/english/welcome/>
- 7:30 p.m. Well fest (Brunnenfest) in Dippach. Music and a nice get-together, and specialties from Dippach will be offered. Location: Well in 96138 Dippach.

#### Saturday, July 16

- 9 a.m. Volkswagen and Audi car meet and show. Car presentations, 100 trophies, food and drinks, kids' corner and show and shine and a lot more await all car enthusiasts. Location: Helmuth-Breckner parking lot, 91332 Heiligenstadt. For more information call 09198-997 757 or check [www.V500.de](http://www.V500.de)
- 10 a.m. Medieval market (Mittelaltermarkt) at Giechburg castle. A fest that offers a lot: Historic merchants and craftsmen, shows, story telling at the Giechburg Castle tower, fire-artist show and a lot more. Free parking is available.
- 11 a.m. Bamberg zaubert, 13th International Street and Variété Festival. Various international performers and artist present their shows, programs and talents in downtown Bamberg. The band Viva Voce will perform at the main stage at the Maxplatz starting at 6:30 p.m. More information available in English at this website <http://bamberg-zaubert.mybamberg.de/english/welcome/> or <http://www.viva-voce.de/>
- 6 p.m. Summer-night fest (Sommernachtsfest) in Burgebrach. Location: Tennis club (Tennisheim), Bamberger street 40 in 96138 Burgebrach.
- 11 p.m. Music from the 90s. For all fans of The Prodigy, No Doubt, Michael Jackson, Backstreet Boys and all the great artist from the 90s. Doors open 10 p.m. Live-Club, Obere Sandstrasse 7, 96047 Bamberg. Phone 0951-533 04. Or email [info@live-club.de](mailto:info@live-club.de) or check [www.live-club.de](http://www.live-club.de)

#### Sunday, July 17

- 9 a.m. Classic car meet and show. Car presentations, food and drinks, kids' corner, show and shine and a lot more await all car enthusiasts. Location: Helmuth-Breckner parking lot, 91332 Heiligenstadt. For more information call 09198-997 757 or check [www.V500.de](http://www.V500.de)

10 a.m. Medieval market (Mittelaltermarkt) at Giechburg Castle. A fest that offers a lot: Historic merchants and craftsmen, shows, story telling at the Giechburg Castle tower, fire-artist show and a lot more. Free parking is available.

1 p.m. Bamberg zaubert, 13th International Street and Variété Festival. Street festival till 10:30 p.m. The band The Fab Five will perform at the main stage at the Maxplatz starting at 6 p.m. At 8 p.m. the award ceremony for the FT Viewers' Choice Award will take place. More information available in English at this website <http://bamberg-zaubert.mybamberg.de/english/welcome/>

#### Upcoming Volksmarching events:

- July 23-24** 36th International Volksmarching Days in Kulmbach-Katschenreuth  
**July 30-31** Volksmarching event in Bamberg  
**August 6-7** 36th Marching Days in Kueps  
**August 14** 36th Schluesselfeld Volksmarching Day  
 For detailed information and for sign up please see Mr. Wolfgang Keller, Warner Barracks, building 7090, room 103, Monday, Wednesday and Friday, 3-5 p.m.

#### National Concert Schedule:

- Compiled by Simon Hupfer, Family and MWR Marketing
- July 15** Sunrise Avenue, Alzenau:Rockt., Burgplatz in Alzenau  
**July 15** Milow, Heinsberg, Marktplatz in Heinsberg  
**July 17** Sting & Orchestra and Bryan Adams, Tollwood Festival, Olympiahalle, Munich  
**July 19** Sergio Mendes, Open Air, Freilichtbuehne Killesberg, Stuttgart  
**July 23** Milow, Emmendingen, Schlossplatz  
**August 6** Sunrise Avenue, Festival Da Capo, Schlosshof in Alzey  
**August 12-14** Iggy & The Stooges, Taubertal Festival, Rothenburg o.d.T. [www.taubertal-festival.de](http://www.taubertal-festival.de)  
**August 15** Good Charlotte, E-Werk, Erlangen  
**August 18** Joe Cocker, Schlossplatz, Coburg
- Preview:**  
**July 23** Cuban Night with Los Dos Y Companeros, Schloss Tambach, tickets at [bvd, Lange Strasse 22, 96047 Bamberg](http://bvd.lange-strasse-22-96047-bamberg.de)  
**July 30- Aug. 3** Brose Baskets E.On Summer Camp 2011. [www.brosebaskets.de](http://www.brosebaskets.de)

#### Open-air festivals and shows

- It is open-air festival and show time in Germany and Europe. See our list for festival dates. More festivals, dates and information are available here <http://www.festivalticker.de>
- July 15-16** Outside Rodeo, festival featuring punk, rock, rock'n roll, and hardcore music, ticket are 12€, location: Bei Adam, 96450 Coburg. Check Facebook for more information <http://www.facebook.com/OutsideRodeo>
- July 15-17** Sunrise Reggae and Ska Festival, reggae, ska, roots, dancehall, and chill-out music. Free camping, bazaar, cocktail bar and much more. Tickets More info on the event website <http://www.sunrisefestival.de/>, tickets starting at 20, 89349 Burtenbach.
- July 15-17** Bamberg zaubert, 13th International Street and Variété Festival, different shows and performances by German and international artist, downtown Bamberg. More information visit the website <http://bamberg-zaubert.mybamberg.de/english/welcome/>
- July 23-August 21** Art and antiques weeks in Bamberg, you will find more information on this website <http://www.bamberger-antiquitaeten.de/>
- July 22-23** Sammersee Festival for all fans of indie, funk, and pop music. Location Strandbad Café Forster in 86936 Schondorf am Ammersee. Detailed information on this website <http://sammerseefestival.de/>
- July 23** Tuebingen lauscht, singer, songwriter, folk, acoustic and pop music Location: Marktplatz in 72070 Tuebingen. For more information check this [http://www.tuebingen-lauscht.de/content/Das\\_Festival](http://www.tuebingen-lauscht.de/content/Das_Festival)
- August 8-15** Sziget festival (Sziget Fesztivál) in Budapest, Hungary. Information in English is available at [http://www.sziget.hu/festival\\_english](http://www.sziget.hu/festival_english). Budapest, Hungary.
- August 5-7** 22nd Greifenstein Countrymusic Open Air presented by MDR 1 Radio Saxony, country and western music. Location: Naturbuehne Greifenstein in 09427 Ehrenfriedersdorf. Tickets are 55€.
- August 12-14** Taubertal Festival in Rothenburg ob der Tauber. Pop, rock, punk and indie music. Tickets start at 48.05€. Location is Eiswiese in 91541 Rothenburg ob der Tauber. Information in English is available on the event website