



WARNER WEEKLY

News & Information at Your Fingertips

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Bamberg's lord mayor welcomes Soldiers new to Germany

By Douglas DeMaio,
USAG Bamberg Public Affairs

BAMBERG, Germany – More than 70 Soldiers were treated to a guided tour here in the city's historic district followed by dinner and drink at the Greifenklau Brewery July 22.

The event was part of German-American friendship week, which is an annual tradition that gives Soldiers recently assigned to Warner Barracks a better understanding of Bamberg's unique history.

"The event was great," said Sgt. 1st Class Adam J Thomas, 173rd Brigade Support Battalion.



Douglas DeMaio
Soldiers overlook the city of Bamberg from the Rose Garden at the New Residence.

"It was nothing less than what I've come to expect from the great people of Bamberg. It gave Soldiers an opportunity to meet people with significant importance to the community and to learn about the city's historical value and prestige."

Soldiers representing every unit on Warner Barracks were split into three groups and embarked on a tour of downtown Bamberg by city-appointed tour guides.

The adventure lead Soldiers through Bamberg's old and new Town Hall buildings, the city's original port, Schlenkerla Brewery, the New Residence and the Bamberg Cathedral.

"Bamberg is such an amazing place to be stationed," Thomas said. "To have a local community full of merchants, students and other people who are open to the large American presence is truly remarkable. I was stationed in Bamberg 10 years ago and thought that I knew a lot about the city. Our tour guide was very knowledgeable and taught us more about both the documented and undocumented history of Bamberg. Learning the legends of different parts of the city was the most intriguing. It really changes the way you look at the city when you walk by the statues, monuments and even the seemingly plain buildings, when you know the



Douglas DeMaio
Soldiers stand in front of the Alte Hofhaltung near the cathedral across from the New Residence during a tour July 22. The tour ended at the Greifenklau Brewery.

history."

Soldiers reconvened at Greifenklau Brewery where Pfc. Esmeralda Rojas, the newest Soldier assigned to Warner Barracks on the tour, tapped the keg.

Bamberg's Lord Mayor Andreas Starke met with Soldiers and encouraged them to embrace the German culture and community.

(CITY continued on Page 3)

Combat Sustainment Support Battalion under new leadership

By Pvt. Kevin Alex, 16th Sustainment Brigade Public Affairs

BAMBERG, Germany -- The 391st Combat Sustainment Support Battalion, 16th Sustainment Brigade, 21st Theater Sustainment Command, held a change of command ceremony to say farewell to Lt. Col. C. Scott Luekenga, the outgoing commander, and to welcome Lt. Col. Donald A. MacCuish, the incoming commander, here July 22.

Luekenga commanded the 391st CSSB for two years and will now be taking over as the 16th Sust. Bde. Deputy Commanding Officer.

"Being selected to command the (391st CSSB) is the greatest honor the Army has given me in my 25-year career," said Luekenga. "Command is an honor that should not be taken lightly by anyone who has had the privilege."

Though MacCuish is just now taking over the 391st CSSB, this isn't his first time with the unit.

"The 391st CSSB has a great lineage and a great history, I started my career in the 191st Ordnance Battalion as a young second lieutenant pushing ammo out of Miesau, Germany," said MacCuish. "When I heard the Army was going to let me come back to this battalion to command it, it was one of the greatest days of my life."

The 391st CSSB is comprised of seven companies: Headquarters and Headquarters Company, 51st Transportation Co., 70th Trans Co., 515th Trans. Co., 240th Quartermaster Supply Co., 317th Maintenance Co. and 720th Explosive Ordnance Disposal Co.



Staff Sgt. Lynne Lantin
Col. Keith Sledd, the commander of the 16th Sustainment Brigade, passes the 391st Combat Sustainment Support Battalion colors to Lt. Col. Donald A. MacCuish, the incoming commander of the 391st CSSB, during a change of command ceremony in Bamberg July 22. MacCuish replaced Lt. Col. C. Scott Luekenga, who commanded the 391st CSSB since July 2009.

Morale, Welfare and Recreation day coming to Bamberg Aug. 13

By Douglas DeMaio,
USAG Bamberg Public Affairs

BAMBERG, Germany – Soldiers, civilians and family members can make Aug. 13 their personal Family and Morale, Welfare and Recreation day.

Activities throughout the day will have community members occupied from the early morning to late evening.

“The garrison’s web calendar is flooded with MWR events on Aug. 13,” said Simon Hupfer, Bamberg MWR marketing office.

Bamberg’s Whispering Pines Golf Course has a Family-day golf tournament starting at 9 a.m.

A 10-kilometer trail run starts at Bamberg’s local training area beginning at the same time.

The third annual Installation Management Command Europe Mountain Bike Series will follow the run. Participants can sign up for the races at Outdoor Recreation and the Freedom Fitness Facility.

The Community Activity Center will have its monthly community flea market right in front of Building 7047 from 10 a.m. – 1 p.m. Bamberg’s Birchview Lanes Bowling Center will host a King of the Hill bowling tournament starting at 12 p.m.

While the bowling center’s Summer Slam features all games for \$1 until September,

the cost of the King of the Hill tournament is \$30, but bowlers can compete for cash prizes, Hupfer said.

To close out the MWR day, community members can come to the barbecue and movie night at the Warner Conference Center starting at 6 p.m. Burgers, ribs, bratwurst and other items from the grill will be available for purchase. A Family-friendly movie will be played on a blow-up screen outside the Warner Conference Center. The start time is 9:30 p.m. For more information, visit www.bamberg.army.mil/mwr.

“Saturday is traditionally Family day. We invite everybody to come out, get together and spend some quality time with friends, the Family and MWR,” Hupfer said.

Army Career and Alumni Program: Supporting Soldier career success

By Lt. Gen. Rick Lynch, commander,
Installation Management Command

SAN ANTONIO -- The decision to transition out of uniform is as important as the initial decision to put it on. Soldiers deserve as much support at this critical point in their service as they do with earlier parts of their career. That is why the Army provides the Army Career and Alumni Program and is working to make ACAP even more effective.

ACAP delivers transition and job assistance services to Soldiers to support them in making informed career decisions. These services include pre-separation counseling, Veteran Affairs benefits briefings, and Department of Labor Transition Assistance Program workshops, which cover career planning, job searches, resume writing and interviewing. ACAP services are available to separating and retiring Active Component Soldiers, demobilizing Reserve and National Guard Soldiers, Family members, retirees, and Civilians affected by BRAC, reduction in force or Global Realignment.

In April 2010, the Vice Chief of Staff of the Army directed a thorough review of ACAP, which included visits to ACAP centers and thousands of interviews with Soldiers and Civilians.



The study found that while Soldiers are allowed to use ACAP services up to two years prior to retirement or one year prior to separation, they do not always have leadership support in doing more than the minimum required by law, which is attending the pre-separation briefing no later than 90 days prior to separation. However, just meeting the letter of the law is too little, too late. The more Soldiers are able to use ACAP services, the more successful their transition.

Based on the study results and the Vice Chief of Staff’s guidance, over the next few months ACAP is implementing an enhanced 12-month transition program model focused on helping Soldiers develop an Individual Transition Plan and put it into action.

Under this choice-based, results-oriented model, Soldiers will have the opportunity to spend up to 60-70 hours accessing ACAP resources, including the pre-separation briefing, the two-and-a-half day Transition Assistance Program workshop, the four-hour VA briefing, and individual counseling sessions. The TAP workshop is also being updated, to incorporate development of the Individual Transition Plan.

The 12-month timeframe is designed to minimize conflict with unit mission requirements and enable Soldiers to take full advantage of ACAP resources. About four out of 10 eligible Soldiers who start ACAP decide to reenlist or join the National Guard or Reserves, while others need to get a solid start preparing for the next phase of their careers, whether it is going to school, starting a new job or starting a business. New policy and guidance on the transition program will be issued in the first quarter of FY12.

(ACAP continued on Page 9)



Lt. Col. Steven L. Morris
U.S. Army Garrison
Bamberg, Commander

USAG Bamberg, Public Affairs Officer
Renate Bohlen

Warner Weekly Staff
Sina Kingsbury, Jessica Lipari, Douglas DeMaio

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army.mil.

All MWR Programs provide reasonable accommodations for individuals with special needs. For assistance please contact the facility manager prior to your visit.

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Contact Information:

Office Location: Bldg. 7089, Warner Barracks
U.S. Army Address: Unit 27535, APO AE 09139
Telephone: DSN: 469-1600, Fax: DSN: 469-8033

German Address:

Weissenburgstrasse 12, 96052 Bamberg
Telephone: (+49) 0951-300-1600, Fax: (+49) 0951-300-8033

Suicide intervention training certifies local trainers

By Sina Kingsbury, USAG Bamberg Public Affairs

BAMBERG, Germany -- The Bystander Effect is a theory based on the idea that when there is a crisis, the likelihood of someone coming to a person's aid is less when there are more people around.

When the number of bystanders increases, some theorists believe witnesses are less likely to notice a problem, less likely to believe the incident as a problem and less likely to take responsibility for taking action.

For those contemplating suicide, without the support, Family, friends and co-workers may seem like mere passersby.

Since September 2009, the Public Health Command's Ask, Care, Escort Suicide Intervention (ACE-SI) program has been the suicide prevention

and intervention training for the Army. ACE-SI is a peer-to-peer program that teaches basic intervention skills to help those at risk for suicide.

"We all play a vital role in helping to reduce the stigma associated with seeking and receiving help," said Lt. Col. Steven L. Morris, USAG Bamberg's garrison commander. "Protecting our Soldiers is serious business and so is this training."

A four-hour ACE-SI training, hosted by U.S. Army Garrison Bamberg in partnership with Public Health Command (Provisional), was conducted here at the Post Briefing Room July 20.

The class certified approximately 87 Soldiers, Family Readiness Support Assistants and Family Readiness Group leaders to assist with suicide intervention and instruct potential ACE-SI trainers.

(ACE continued on Page 4)

(CITY continued from Page 1)

"Bamberg is a great place to be and the extremely high reenlistment rate in Bamberg shows that the U.S. Soldiers and their families feel comfortable here," said Starke in his speech to the Soldiers. "Living together as citizens and neighbors is not only conducive to an incident-free German-American future in Bamberg, it also contributes to a better understanding between the nations and to the development of a better and more peaceful world now and in

the future."

The president of Better Opportunities for Single Soldiers here echoed the mayor's words.

"I hope that all of the Soldiers who went on this trip enjoyed it as much as I did and that they learned a little something about the history of this wonderful city," said Cpl. Dustin Gray. "I do have a greater appreciation of the city of Bamberg thanks to this tour. Having heard the lord mayor speak, I felt as though he really enjoys having Americans here and really wants us to be part of the community. It is also my sincerest wish that they will remember the lord mayor's hope that we will not feel like we are outsiders in a foreign country, but that this is our home as well as theirs while we are here, so let's try to make it the best possible community we can."

Bamberg is the ideal place to enjoy Germany as a Soldier, Gray said, because of its location, people and atmosphere.

"We are not spread out over many locations like you will find in many of the other communities and it helps to give us more of a sense of

brotherhood here in Bamberg," Gray said.

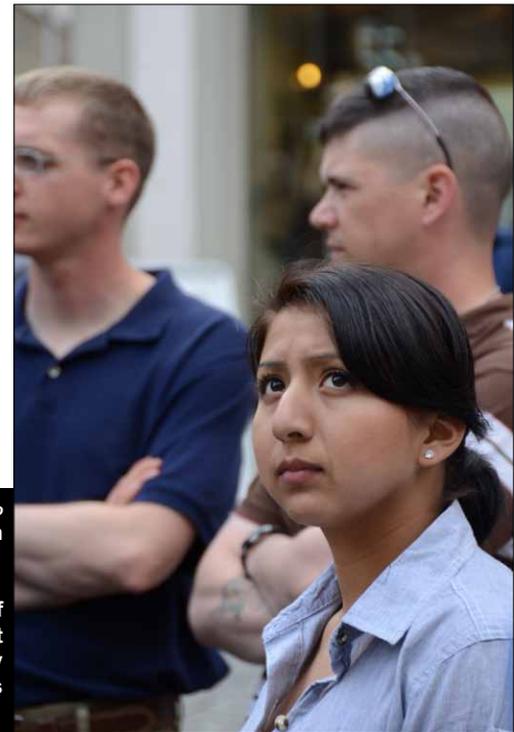
Thomas couldn't agree more.

"Bamberg and the smaller towns surrounding offer amazing transportation, night life, historical importance, job opportunities, housing and great people," Thomas said. "There is no other place in Europe I would want to be stationed, which is why I requested to come back to Bamberg."



Douglas DeMaio
At left, a guide leads Soldiers on a tour through the steets of downtown Bamberg.

At right, Pfc. Esmeralda Rojas looks at some of the buildings nears Judenstrasse in the older part of Bamberg during a tour of the city July 22. City officials provided three tour guides to lead groups of Soldiers through the city.



DoE, Army alliance underlines energy security

DETROIT ARSENAL, Mich., Aug. 2 -- As the price of oil continues to fluctuate and the Nation searches for fuel-efficiency and an energy future independent of foreign oil, the U.S. Department of Energy and Department of the Army are collaborating to address this pressing national security issue.



The Advanced Vehicle Power and Technology Alliance aligns experts from across U.S. Department of Energy, or DoE, Department of the...

To read more on this story, click [here](#).

Army airborne ISR platform slated for early 2013 arrival



WASHINGTON (Army News Service, July 28) -- Army acquisition officials say they expect the service's newest airborne intelligence, surveillance and reconnaissance asset to be available to the force within 18 months.

"What we're hoping is to be able to have the first platform deployed as a Christmas present in the 2012, early 2013 time-frame," said Lt. Col. Dean Hoffman, product manager for the Medium Altitude Reconnaissance Surveillance System, or EMARSS.

To read more on this story, click [here](#).

Preparations needed before school year begins

By Jonathan DeLong,
Bamberg School Liaison Officer

School begins for many students Aug. 29. Before that date arrives, parents and students can learn about school policies that have changed and school policies that are unique to Bamberg. Below is some information parents new to Bamberg might find useful.

If you have not already done so, register your child for the school year as soon as possible. The registrar is available at the elementary and middle/high school from 7:30 a.m. – 3 p.m. Monday through Friday, but is not open on holidays. The Bamberg Elementary School registrars' phone number is 0951-302-7106. Bamberg Middle/High School's phone number is DSN 469-7630 or CIV 0951-300-7630.

Bamberg elementary school approved a new

dress code for the 2011-2012 school year. The dress code offers many options such as different colors and styles of shirts and blouses. All children should be well groomed and are expected to wear clean clothing with no holes or tears at all times. For more information about the new dress code, call the school administrative office Monday to Friday from 7:30 a.m. – 3 p.m.

Are you looking for the elementary school recommended student supplies list for the coming school year? It is available at <http://www.bamb-es.eu.dodea.edu/resources/studentsupplieslists.html>.

Parents and students should be aware of special reminders, which can be found in the Bamberg Middle High School Student Handbook located at <http://www.bamb-es.eu.dodea.edu/documents/BMHS%20>

[Handbook%20rev2010-2011.pdf](#).

In order to ensure the safety and security of all students, mesh or clear backpack are required for all students. All personal items carried to class must fit within the student backpack, which includes purses and handbags. The student backpack policy will be strictly enforced.

Families that desire to participate in the Free and Reduced Student Meals may apply at Child Youth and School Services Parent Central Services office located in Building 7340. To participate, Families need to complete a new application each school year. Applications are available at the office or online at <http://www.bamberg.army.mil/directorates/dfmwr/cyss-slo.asp>. More information, including eligibility, is available on the website link.

Commissary awards local graduate scholarship funds

By Douglas DeMaio,
USAG Bamberg Public Affairs

BAMBERG, Germany -- A Bamberg Middle/High School graduate, who recently moved to the Big Apple for college, is seeing the fruits of her labor pay off.

Charlotte Rene Woods, a 2011 graduate, is one of 670 recipients to be awarded money for college through a program called Scholarships for Military Children.

More than 5,000 students applied for the scholarships at commissaries worldwide. Woods, who will receive \$1,500 for college through the generosity of Kimberly-Clark, was the winner for Bamberg, according to a press release from the scholarship's administrators. The Fisher House Foundation administers the program.

"As in all prior years, the caliber of the applicants to the Scholarships for Military Children Program continues to be a step above those students who apply to the many other scholarship programs we administer," said Bernard T. Cote, president of Scholarship Managers.

The press release stated Woods extracurricular activities and community involvement were essential to being awarded the scholarship, which is open to sons and daughters of members of the U.S. Armed services.

"I've always been a determined and persistent person, and I often like having a busy, productive and challenging schedule," Woods wrote in an interview through Facebook. "I love to push myself. I like to believe that no amount of hard work is a waste, if it's something you are passionate about and love."

Woods wrote that she had applied for several scholarships and will have part of her tuition paid for by the GI Bill, Yellow Ribbon Program and her university's Dean Scholarship.

"My mother was very helpful in the scholarship process because she encouraged me to be organized," Woods wrote. "Both of my parents were very supportive."

"My advice would be to stay motivated. Remember that you have nothing to lose and everything to gain, so go for it."

Hanna Fellingner, another BMHS graduate, was awarded the scholarship for Schweinfurt.

Schweinfurt students will no longer attend BMHS since the Defense Department approved funding for a high school in the Schweinfurt community.

(ACE continued from Page 3)

"The purpose of ACE-SI is to help Soldiers, family members and leaders gain a basic skill set and have enough comfort to gage someone," said James Cartwright, Public Health Command's ACE-SI developer and trainer.

The purpose of the workshop is not to create counselors but to learn how to affectively intervene and help those who are suicidal seek professional help, Cartwright said.

The five-lesson training has open discussions, active listening, resource development, resiliency strategies and role-playing.

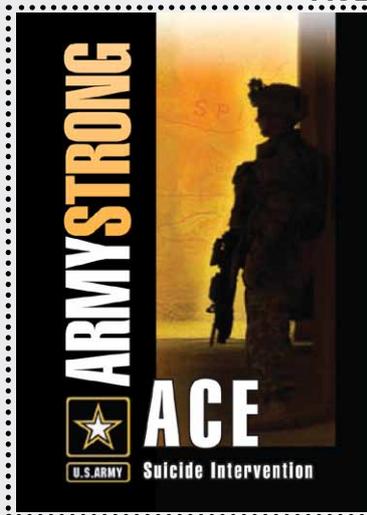
"Role-playing is the biggest point of ACE-SI training," Cartwright said. "Practice will help intervene."

Cartwright says suicide intervention is not an easy task but "the more you talk about it, create an open dialogue and role play" the easier it will be to engage those who are suicidal.

"Take that extra step," Cartwright said. "Asking someone if they want to commit suicide is a tough question. Many are too afraid to ask or too afraid of the answer."

For more information on Ask, Care, Escort Suicide Intervention visit <http://phc.amedd.army.mil/topics/healthyiving/bh/Pages/SuicidePreventionEducation.aspx>. For more information, call 1-800-273-8255 or visit www.suicidepreventionlifeline.org.

ACE Card



ARMYSTRONG
ACE
U.S. ARMY Suicide Intervention

A **Ask your buddy**

- Have the courage to ask the question, but stay calm
- Ask the question directly, e.g., Are you thinking of killing yourself?

C **Care for your buddy**

- Remove any means that could be used for self-injury
- Calmly control the situation; do not use force
- Actively listen to produce relief

E **Escort your buddy**

- Never leave your buddy alone
- Escort to the chain of command, a Chaplain, a behavioral health professional, or a primary care provider

USACHPPM <http://c1ppm-www.apgea.army.mil/>

1-800-273-TALK (8235)

TA - 095 - 0605

Community Announcements

Please send all announcements to Bamberg Public Affairs via the following website:
<http://www.bamberg.army.mil/mobi/form.asp>.

Scrapbooking

Pull your punches and learn amazing tricks you can do even with a simple hole punch at the monthly scrapbooking Aug. 5 from 6 p.m. to midnight at the 173rd Brigade Support Battalion Family Readiness Group Center. The cost is \$15. All crops include dinner, hourly door prizes, and a free instructional class. Childcare is available at the FRG center play room with child care providers at a cost of \$2 per hour per child. Reservations for childcare must be made in advance as space is limited. For more information, call 0951-300-7308 or wendy.sledd@us.army.mil.

Surf & Turf

Nieves -Webb Dining Facility will have a surf and turf lunch from 11:30 a.m. – 1 p.m. Aug. 5. The standard price for the meal is \$4.25. The discounted price for E4 or below and their family members is \$3.65.

Outbound Traffic

Hours at Gate 5 have changed. The gate will be open to outbound traffic Monday through Friday from 7:30 a.m. – 5:30 p.m. and will be closed on weekends.

DEERS Validation

Soldiers are responsible for ensuring Defense Enrollment Eligibility Reporting System information is updated. Please see the ID card section to update your DEERS information.

Command Change

The 106th Financial Management Company will have a change of command Aug. 5 at 10 a.m. on Summerall Field. Maj. Michael G. Mouritsen will change command with Maj. Gavin O. Luher. The inclement weather site is the Basics Building. To RSVP, e-mail benjamin.ecklor@eur.army.mil.

Healthy Living

The Bamberg commissary will have a special event at the Freedom Fitness Facility from 9 a.m. – noon Aug. 17 for children. Kids can go through fitness stations and watch dance activities during the event. Teach kids how to live healthy. For more information, call Giulliana Soares at 0951-32414.

Oktoberfest

Don't worry about driving. Better Opportunities for Single Soldiers will have a one day trip to the world famous Oktoberfest in Munich Sept. 24. The trip is

USAG Bamberg
 Birchview Lanes Bowling Center

King of the Hill

Bowling Tournament
 August 13, 12 p.m.

Birchview Lanes Bowling Center, Bldg. 7690, \$30
 Win Cash Prizes!
 Contact (0951) 300 7722

facebook

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

open to all single Soldiers and other enlisted service members and civilians. The cost is \$40. For more information, call 0951-300-9086 or e-mail mail.bam.dfmwr.boss@eur.army.mil.

BOSS Trip

Better Opportunities for Single Soldiers will have a trip to Spain from Aug. 18-22. The trip is open to single soldiers and their adult guests. Enjoy this trip to Barcelona for \$299. A \$100 deposit is required when signing up and the trip must be paid in full no later than Aug. 15. For more information, call 0951-300-9086 or e-mail mail.bam.dfmwr.boss@eur.army.mil.

Amsterdam Trip

Get away on the Labor Day Weekend with Better Opportunities for Single Soldiers. BOSS is traveling to Amsterdam Sept. 3. The cost is \$339 per person. A \$100 deposit is needed to reserve a spot. Sign up at the Freedom Fitness Facility. For more information, call 0951-300-9086 or e-mail mail.bam.dfmwr.boss@eur.army.mil.

Parents' Night Out

Enjoy a day or night out by enrolling your children in the next Parents' Day Out or Parents' Night Out programs. Dates for Parents' Day Out will be Aug. 6, Oct. 1 and Dec. 3 from 11:30 a.m. – 3 p.m. Dates for Parents' Night Out will be Sept. 9 and Nov. 4, from 6:30 – 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

Speed Limit

Please slow down while driving through residential areas on the installation. The speed limit inside a residential area is 20 km per hour.

Barbecue Dinner

There will be a barbecue dinner and movie night outside the Warner Conference Center Aug. 13 at 6 p.m. For more information, call 0951-300-8659.

Sports, Health and Fitness

Women Run

There will be a Women's Equality Day 5K Fun Run/Walk Aug. 27 at 9 a.m. starting at the Freedom Fitness Facility in honor of Women's Equality Day. Come and support this milestone of women's rights. There will be free giveaways, cake, and refreshments. Sign-up prior to the event at the Freedom Fitness Facility or on day of event starting at 8:15 a.m. The event is open to the entire community and is free. For more

AUTO AUCTION

August 30, 2011
 7 p.m.
 Storck Barracks

\$35 Registration Fee per vehicle
 \$3 Bidders Fee

PAST DEALS!
 2002 Mazda Tribute \$790
 2003 Dodge Caravan \$1000
 1995 BMW 318 \$200
 1998 Nissan Micra \$200
 2003 Ford Ka \$500

RAFFLE PRIZES!
 • Tire rotation
 • Brake check
 Must be present to win

Open to all U.S. ID cardholders to bid or auction.

Vehicles from all communities accepted and must be pre-registered. Bring the current registration to Storck Automotive Skills the day of the auction.

Automotive Skills
 Barton Barracks, Bldg 5262 Hours: Mon/Thu/Fri 11:30 - 8 p.m.
 Sat/Sun 10 - 6 p.m.
 CIV 0951.153.7662 DSN 468.7662
 Storck Barracks, Bldg 6541 Hours: Mon/Tue/Fri 11:30 - 8 p.m.
 Sat/Sun 10 - 6 p.m.
 CIV 0951.153.4608 DSN 467.4608

IMCOM MWR

information, call 0951-300-9086 or e-mail Ernest.Johnson@eur.army.mil.

Fitness Day

Come to Fitness Day at the Freedom Fitness Facility Sept. 17 starting at 9 a.m. This is your "get fit" day to try out the fitness classes and learn about the cardio and weight equipment. Get a free sampling of each fitness class to see if it's to your liking and then become a regular customer. Fitness day will feature, Zumba, Yoga, Spinning, fitness training circuit, upper body and abdominal training sessions and an on-site personal trainer. For more information, call 0951-300-9086 or e-mail Ernest.Johnson@eur.army.mil.

Waist Whittlers

Bamberg community members are invited to participate in a women's weight loss support. The group, for those looking for support to help them with their weight loss goals, will be held the first and third Thursday of each month in the Army Community Service building from 1-2 p.m. For more information, contact Beth Danowsky at 0951-300-7913 or by e-mail at elizabeth.a.danowsky.ctr@eur.army.mil.

Closures / Changes

Extended Hours

The Warrior Zone at the Community Activity Center

USAG Bamberg
 Warner Conference Center

Got Talent?

You are looking for gigs? We are looking for talents, entertainers, singers, DJs and musicians. Contact the Warner Conference Center today!

Call Tel. (0951) 300 7596, DSN 469-7596
 E-mail: michael.t.graham1@us.army.mil

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

Food Handlers Classes

WHAT: A FOOD SAFETY CLASS REQUIRED FOR FOOD SERVICE PERSONNEL WHO PREPARE OR SERVE FOOD TO THE PUBLIC WITHIN THE **BAMBERG** COMMUNITY.

WHO: CERTIFICATION IS INTENDED FOR INDIVIDUALS INVOLVED IN FUND RAISING FOOD SALES SUCH AS, BETTER OPPORTUNITIES FOR SINGLE SOLDIERS, FAMILY READINESS GROUPS, CLUBS OR BAZAARS, AND ALSO TO CHILD YOUTH SCHOOL SERVICES PERSONNEL. THE CLASS MAY ALSO SUPPLEMENT REQUIRED REFRESHER TRAINING FOR REGULAR FOOD SERVICE EMPLOYEES.

WHERE: BAMBERG, ARMY COMMUNITY SERVICE, BUILDING 7029, ROOM 118

WHEN: NOON ON AUG. 17

CLASS IS FREE, LASTS 1 HOUR, AND REGISTRATION IS NOT REQUIRED. FOR QUESTIONS, E-MAIL COLE.BORTON@AMEDD.ARMY.MIL
 DSN: 476-2041/2138
 COMM: 09662832041

USAG Bamberg
Whispering Pines
& Pro Shop
Tel: (951) 300 8953

U.S. ARMY
MWR
MILITARY WELFARE RECREATION

Golf
**Family Day
Tournament**
Aug. 13, 9 a.m. - \$30/35

sponsored by
Ford
Exchange
new car sales
No Federal Endorsement Implied

has extended hours. On Thursdays, the CAC will stay open until 10 p.m. and on Fridays and Saturdays it will remain open until midnight.

Vehicle Registration

The Vehicle Registration Office will be closed Aug. 15 for a German Holiday will be closed for lunch 11:45 a.m. – 12:30 p.m. from Aug. 8 – 26. For more information, call 0951-300-7580.

Red Cross Change

As part of an ongoing effort to better serve the military community, the American Red Cross announced that it will move to a single telephone number for its emergency communication services. As of now, all military members and their families can use one number, 1-877-272-7337 (U.S. Toll Free) to send an urgent message to a service member. The change means that all military members and their families can use this single number to initiate an emergency communication, regardless of where they live. You may still call the Bamberg Red Cross at DSN 314-469-1760 or commercial 0951-300-1760 and speak with Station Manager Marilyn Smith. Our DSN automatically connects you to the toll free number after duty hours.

FFF Closed

Freedom Fitness Facility will be closed Aug. 6 at noon for set-up preparation for the USO Sesame Street

USAG Bamberg
Freedom Fitness Facility
Outdoor Recreation

U.S. ARMY
MWR
MILITARY WELFARE RECREATION

**10k Trial Run &
Mountain Bike
Race**
Aug. 13, 9 a.m.
followed by the Bike Race
at USAG Bamberg Local Training Area (LTA)

Sign up and Information:
USAG Bamberg Outdoor Recreation, DSN 469-9376, (951) 300 9376
USAG Bamberg Freedom Fitness Facility, DSN 469-8990, (951) 300 8890

This event is sponsored by:
MINI **BMW**

www.BavarianMotorCars.com

U.S. ARMY
MWR
MILITARY WELFARE RECREATION

ARMED FORCES ENTERTAINMENT PRESENTS
THE ZINGHOPPERS
HAVE YOU HUGGED
A PERFORMING POSSUM TODAY?
Join Conductor Jack and his cast of lovable characters as they take your youngsters on a musical/variety journey that entertains, educates and promotes kindness.

Sunday 4 Sept 4pm
at **The Stable Theater**
FREE ADMISSION ARMED FORCES ENTERTAINMENT

Doors open 3:30pm. General seating only. Call 0951 300-8647 for more info!
Photos and autographs with the stars following the show!
For more information visit www.armyforcesentertainment.com.

Show. The opening hours for this day will be 8 a.m.-noon. The facility will open in the evening only for the 3 and 5:30 p.m. Sesame Street shows. The doors will open 30 minutes before each show. The USO Sesame Street show is free. All kids and Families are invited. For more information on the show, call 0951-300 8647 or visit www.bamberg.army.mil/mwr.

ASAP Move

The Army Substance Abuse Program has moved to Building 7089. The prevention coordinator, Tonya Hancock, and the drug testing coordinator, Shina Jones, are located on the first floor in Room 101. Abigail Mujica, the alcohol and drug control officer, will be on the fourth floor in Room 429. The clinical staff/counselors remain at Building 7251.

Frankfurt Benefits Office Change

The Federal Benefits Unit in Frankfurt has a new telephone number to call if you need assistance with Social Security, Medicare or Veterans Administration issues. The new number is 069-95551-110. The Federal Benefits Unit, Frankfurt may also be reached at FBU.Frankfurt@ssa.gov or by FAX at 069-749352.

Customs Office

The Customs Office is closed every first Thursday of the month for training.

Airport Shuttle

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:25 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on holidays, but is on training holidays. Pets are allowed. For more information about the airport shuttle, call 069-695973816.

Weekly Reminders

Football Officials

Earn some extra money as certified flag football official. There will be a free flag football clinic Aug. 23-26 for those who want to become a certified official. Sign up at Freedom Fitness Facility. Flag football season for units begins Aug. 31 and runs until Sept.

123
SESAME STREET
USO
Until Every One Comes Home™

The Sesame Street/USO Experience for Military Families

ALL NEW SHOW!

Sesame Street and the USO are bringing the furry, fuzzy and friendly muppets to military families around the world.

PROGRAM HIGHLIGHTS:
 ▶ Introducing Katie, a military kid on Sesame Street who is moving to a new place
 ▶ Free admission for military families and their children
 ▶ Mini-show and giveaways
 ▶ For tour information visit www.sesamestreet.org/TLC and www.uso.org

Sat. Aug 6	2 shows! 3pm and 5:30pm	Freedom Fitness Facility	General Admission Doors Open 1/2 hr ahead
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USO Worldwide Strategic Partners
 Microsoft American Airlines P&G

7. For more information, call 0951-300-8890 or e-mail Charles.Williams@eur.army.mil.

Sewing Class

Take a sewing class Tuesdays and Wednesdays from Aug. 16 to Sept. 7 from 5:30 - 8 p.m. The cost is \$120 per person. The price includes instruction and a basic sewing kit. In the class, you'll learn basic sewing, how to use a manual sewing machine, stitching techniques and hemming techniques. Sign up at Bamberg Arts and Crafts. Participants are encouraged to bring their own sewing machine if available.

Ceramics

There are two ceramics classes every Thursdays at the Arts and Crafts center Sept. 1 to Oct. 20 at 10 a.m. - noon and 6 - 8 p.m. The cost is \$60 per person for eight sessions. Learn various methods of hand building and wheel throwing pottery as well as finishing and glazing techniques. Participants will need to provide towels, rags and aprons. The price does not include materials.

Rising Star

The Army-wide talent competition is coming back to Bamberg. Operation Rising Star 2011 kicks off Aug.

Rising Star
ARE YOU THE NEXT
Rising Star?

GRAND PRIZE
One talented singer will win all expenses paid, three-day professional recording studio experience in Hollywood, California!

Local Cash Prizes
 1st Place: \$500 cash and a chance to compete for the grand prize in the selected final!
 2nd Place: \$250 cash
 3rd Place: \$100 cash

Singers must be Active Duty, Reserve, National Guard, or their Family Members 18 and older with a valid DOD ID card
 Sign-up info and forms are available at The Stable Theater (Bldg. 7119), and the Community Activities Center (Bldg. 7047) Beginning Aug 15.

OpRisingStar.com
Visit for more details and official rules.

Sign Up Now!

August 26, Sept. 9, Sept. 23 (Finals)
7:30 p.m.
Bamberg Stable Theater
Tel: (951) 300 8647, DSN 469-8647 - www.bamberg.army.mil/mwr

Thank to our sponsor
Bamberg Army Community Service

Recycling Facts

Take old batteries to the environmental division next to the recycling center. Learn more about Bamberg's recycling program. Click [here](#)

26 at the Stable Theater. Showcase your talent and compete for cash prizes or an all-expense paid trip to the United States. Pick up an application form at the Community Activity Center or the Stable Theater. The competition is open to all adults, active duty Soldiers and their family members. For more information, call 0951-300-8647 or e-mail jack.austin@eur.army.mil.

Tax Center

The Bamberg Tax Center is now open. The Tax Center is located in Building 7000 on the fourth floor. Appointments and walk-ins are available. Operating hours are Monday – Friday from 9 - 11:30 a.m. and 1 - 3 p.m. until the end of September. For more information, call 0951-300-8261/8262.

DFAC Feedback

Dining Facility council meetings are at Nieves-Webb every last Thursday of the last month of each quarter at 2 p.m. The next meeting is Sept. 29. For more information, call 0951-300-7130.

Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Vanessa Holland, EFMP manger, at 0951-300-7777.

Library Events

The library hosts weekly events. There is storytelling for children ages 3-5 years old every Thursday at 11:30 a.m. There's also a Gamers' Challenge that meets every Saturday at 5 p.m. For more information, call 0951-300-1740.

Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday and Friday sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - noon; closed on Thursday afternoons for mandatory training, federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with your military care provider.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; held weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke. Other energy and utility providers can also be used, but customers will have to register through the USAG Schweinfurt UTAP. For more information, call the Bamberg tax relief office at 0951-300-1780 or the Schweinfurt tax relief office at 09721-96-1780.

ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

Protestant Summer Study

Protestant Women of the Chapel meet on Wednesdays from 9:30 - 11:30 a.m. in the Bamberg Community Chapel. The summer study will be the Women of Faith DVD. The Pair O' Bulls DVD will be shown to school age children. All ladies are



USAG Bamberg
Biere (Voll) (Green) Bowling Center

Win great Prizes!

Poker Tournament

Bamberg Texas Hold'em

Sept. 24, High Noon, \$25

Reserve your seat via e-mail to phillip.ray.brown@us.army.mil
Limited seating for 80 players. Prizes for Top Five Winners.

Contact Tel. (0951) 300 7722

welcome. Free food and childcare provided. For more information, call 0951-300-1570 or send an email to pwocbamberg@yahoo.com.

Learn Deutsch

Army Community Service, Relocation Readiness Program, offers free Deutsch classes every month. Beginner classes are scheduled Tuesdays from 10 a.m. to noon and Wednesday from 6-8 p.m. Intermediate classes are Tuesdays, noon to 2 p.m. and Wednesdays, 2-4 p.m. Advanced classes are Tuesdays, 2-4 p.m. and Wednesdays, 4-6 p.m. Classes are held at the ACS building in classroom 118. For more information, call 0951-300-7777.

Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes,



USAG Bamberg
Community Activity Center

U.S. ARMY
MWR

Community Flea Market

Every second Saturday (March-October)

June 11,
July 9, Aug. 13, Sep. 10, Oct. 8
10 a.m.-1 p.m. at CAC, Building 7047

Contact CAC at (0951) 300 8659



USAG Bamberg
Better Opportunities For Single Soldiers Program (BOSS)

BOSS

Lloret de Mar
SPAIN

August 18-22
(Training Holiday Weekend)

BOSS Trip Getaway to Spain!
Bus departs at 6 p.m. August 18 and returns 3 a.m. August 22.

Trip includes:
Roundtrip transportation on German Motor coach
2 overnights in 3 star hotel (breakfast & dinner included), tour to Barcelona
Professional Bus Drivers and services of a professional tour guide.
Sign-up and full payment required by August 15. Open to single Soldiers (enlisted and officers), their adult guests and authorized ID Card Holders over 18.

only \$299 per person

Call DSN 469-9084, (0951) 300 9086, e-mail eam@wocbamberg.army.mil

BOSS
USAG Bamberg
Better Opportunities For Single
Soldiers (BOSS) Program

www.bamberg.army.mil/bo

Bus Trip to
Amsterdam
Sept. 3-5

Labor Day Holiday Weekend Getaway with BOSS to Amsterdam! 2 overnights in 3 star hotel with breakfast, walking tour of Amsterdam, visit to wooden shoe factory, Anne Frank's house, professional tour guide. Sign-up at FFF with a \$100 deposit to reserve your spot, payable in full by 1 Sep. \$339 per person.

For details contact FFF at (0951) 300 8890/9086 or e-mail mail.bam.dfmwr.bo@eur.army.mil

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

victim advocacy and anger/stress management classes.

Family Advocacy - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 – 3 p.m. for Anger/Stress Management Class.

New Parent - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24- hour hotline.

Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

CALL FOR
AUDITIONS
for our Fall musical production of the Broadway classic
Oliver!
Wed/Thu Oct 5, 6
6:30pm at The Stable Theater

Roles needed include men, women, boys, some girls ages 8 - 99. No experience necessary!

Bring a short segment of a favorite song to sing— otherwise no preparation needed.

Open also to non-ID-cardholding guests
Please provide full name, passport or Ausweis nr, birthdate and car. K/FZ nr at least 2 days prior

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

Youth and Teens

Military Students

An article in the recent On The Move magazine, published by Military Child Education Coalition, looks at why military students struggle with math. Tutor.com reviewed more than 365,000 online math tutoring sessions for the research presented in the article, and found that almost half of all math questions asked by students are related to algebra. To read this article, visit <http://cts.vresp.com/c/?Tutor.com/83d3b5bdd17a754d08ea/bb837b293e/startid=14>.

College Help

While summer may be a break for most K-12 students, many military members are studying for exams, working on assignments and writing papers while taking college classes. Military members can get help from tutors in the College Center at www.tutor.com/military.

Military eRead

Visit <http://apps.mhf.dod.mil/mcfc/emag> to read about the latest Military Community and Family Policy eMagazine.

Zinger

Come see the Zinghoppers at the Stable Theater Sept. 4 at 4 p.m. As seen on the Public Broadcasting Service, enjoy the lovable characters as they take your youngsters on a musical journey that entertains, educates and promotes kindness. Doors open at 3:30 p.m. Admission is free. Snacks and beverages are available for sale. For more information, call 0951 300 8647 or e-mail jack.austin@eur.army.mil.

CYSS summer sign-ups begin

U.S. Army Garrison Bamberg community members can now sign up for Child, Youth and School Services summer programs at Parent Central Services. Bamberg summer programs include summer camps, youth sports, EDGE!, SKIES and a kinder readiness bootcamp. For more information, call Parent Central Services at 0951-300-8660 or visit the Bamberg CYSS Facebook page, or log on to webtrac.

Youth Sports Coaches Needed

Child Youth Services is looking for coaches for the fall sports season. Children of coaches play for free. Coaches' clinics are Aug.11, 6 p.m. at the School Age Center, Building 7669. For more information, call 0951-300-7523 or 0951-300-8698.

Youth Lessons

Child, Youth and School Services SKIES Unlimited is offering lessons for tennis, racquetball and dance for youth ages 7-18. For more information, call 0951-300-7452.

Boy Scouts

Boy Scout Troop 40 in Bamberg is looking for boys ages 12 and older interested in becoming Boy Scouts. The troop meets every Monday from 6:30 – 7:30 p.m. except on holidays. The boys work on requirements for advancement and earning Merit badges. The troop is also looking for adult volunteers and Eagle Scouts to assist with troop activities. Don't delay. Become a Boy Scout today. For more information, call 0160-1585894.

Cub Scouts

There is a Cub Scout Pack in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd

BOSS
USAG Bamberg
Better Opportunities For Single
Soldiers (BOSS) Program

www.bamberg.army.mil/bo

Costs:
• \$215 Camping (Bring your tent)
• \$240 Cabin (Limited availability)
• \$250 Hotel

Includes:
• Transportation & Lodging
• Day trip Florence
• Shuttle to Leaning Tower & waterfront clubs
• Cool white sand & hot BBQ beach party

The party is in **ITALY**

August 19-22

Leaning Tower of Pisa • Waterfront clubs • Beach & BBQ

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

Better Opportunities for Single Soldiers (BOSS)
USAG Bamberg
DSN: 469-7615 CIV: 0951-300-7615

grade), Bears (3rd grade), Webelos (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlarama, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information, call 0951-222-1903 or e-mail chad3jsdad@yahoo.com.

Aqua Barons

Meet new people and become a part of the Aqua Barons team. Get into shape and stay in shape by swimming. Earn awesome rewards like trophies, medals, ribbons and even a varsity letter. Travel around Europe for swim meets to places like Italy, Spain, Belgium, England and many more. For more information, e-mail bambergaquabarons@yahoo.com.

Teen Stress

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

USAG Bamberg
Community Activity Center
Warner Conference Center

www.bamberg.army.mil/bo

BBQ & Movie Night
Aug. 13, 6 p.m.
Warner Conference Center

Enjoy a large screen movie under the sky with freshly grilled ribs and burgers. Featured movie will be family friendly.

Timeline: 6 p.m. B&B opens, 7 p.m. BBQ, 9:30 p.m. Movie starts

Menu:
Brats, Burgers, BBQ Ribs, Baked Beans, Potato Salad, Cole Slaw, Corn on the Cob, Sandwich & Dessert
Popcorn, Slushies, Cotton Candy, Gobblin a la Mode, Grilled Pineapple

Movie Options:
Mars needs Moms, Goonies, Rango

Contact CAC (0951) 300 8659

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

Eco-Friendly Tips

Energy-saving Tips

1. Talk to soldiers and colleagues. Ask who turns off the lights at the end of the day. Ask them to shut off other electrical equipment. Make sure they heat/ cool responsibly.

2. Dirt and grime from cooking, cigarette smoke and dust can obstruct light, so keep bulb, fixtures and shades clean.

Water-saving Tips

1. When running a bath, plug the tub before turning the water on, then adjust the temperature as the tub fills up.

2. Water plants only when necessary. More plants die from over-watering than from under-watering.

Recycling Tips

1. Reduce waste and energy consumption in the workplace- reuse your paper, if possible.

2. Share newspapers and magazines with others to extend the lives of these items and reduce the generation of waste paper.

Trips and Travel Opportunities

Take a trip with Bamberg Outdoor Recreation in June. Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.

August 4 Tour Under Bamberg \$25

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Transportation departs at 5 p.m. returns at 7:30 p.m.

August 6 White Water Kayak \$35

Beginners and experts alike are invited to join us on our Wiesent white water kayak trip. Please wear a swimming suit and bring a towel, sack lunch and water. The trip includes transportation, instruction and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

August 10 Mountain Bike Ride \$15

With the upcoming mountain bike race, grab your bike (or rent one from us for \$10) and practice on the course that will be used for the race on Saturday. This is a great way to prepare for your win. The trip departs Outdoor Recreation at 5 p.m. and returns at 8:30 p.m.

August 13 Bike Race \$25

Your chance is now to show off your race skills. Race for fun or to win the competition and take home the title. For more details, call Outdoor Recreation.

August 17 Evening Hike \$25

Blow off some steam with a relaxing evening hike through the picturesque Bavarian landscape. Let the quiet atmosphere transport you back to simpler times. The trip includes transportation. Please wear hiking boots and appropriate clothing. Transportation departs Outdoor Recreation at 5 p.m. and returns at 8:30 p.m.

August 19-22 Karwendel Hutte Hike \$275

This four-day hike in the Austrian Alps includes overnight stays in three traditional mountain huts. It is a moderately difficult excursion consisting of at six hours of hiking each day at an elevation of at 6,000 feet. Please talk with our staff for more details. Transportation departs Outdoor Recreation at 8 a.m. August 19 and returns August 22 at 10 p.m.

August 27 Wildpark Schloss Tambach \$25

Schloss Tambach is an ideal excursion for individuals and families. It offers bird shows and an extensive terrain of wild pigs, bison, wolf, deer, moose, sheep, goats, and more. Visitors can get close to many of the animals for pictures and a lifetime of memories. The price includes transportation and admission. Transportation departs Outdoor Recreation at 9 a.m. and returns at 5 p.m.

August 31 Outdoor Climb \$25

Grab your friends and join us for an evening of outdoor climbing. We will head to a famous sports climbing area where you will be able to see Germany from an angle rarely seen. The trip includes transportation, instruction and equipment. Transportation departs Outdoor Recreation at 5 p.m. and returns at 8:30 p.m.

Bamberg Movie Schedule

AAFES Reel Time Theater is closed
Tuesdays and Wednesdays

Thu	August 4	Thor (PG-13)	7 p.m.
Fri	August 5	Captain America: The First Avenger (PG-13)	7 p.m.
Sat	August 6	Captain America: The First Avenger (PG-13)	3 p.m.
		Pirates Of The Caribbean: On Stranger Tides (PG-13)	7 p.m.
Sun	August 7	The Conspirator (PG-13)	3 p.m.
		The Hangover Part II (R)	7 p.m.
Mon	August 8	Captain America: The First Avenger (PG-13)	7 p.m.
Thu	August 11	The Hangover Part II (R)	7 p.m.
Fri	August 12	Crazy, Stupid, Love (PG-13)	7 p.m.
Sat	August 13	Kung Fu Panda 2 (PG)	3 p.m.
		Jody Moody And The Not Bummer Summer (PG)	7 p.m.
Sun	August 14	Kung Fu Panda 2 (PG)	3 p.m.
		Crazy, Stupid, Love (PG-13)	7 p.m.
Mon	August 15	Crazy, Stupid, Love (PG-13)	7 p.m.
Thu	August 18	Jody Moody And The Not Bummer Summer (PG)	7 p.m.
Fri	August 19	Rise Of The Planet Of The Apes (PG-13)	7 p.m.
Sat	August 20	X-Men: First Class (PG-13)	3 p.m.
		Rise Of The Planet Of The Apes (PG-13)	7 p.m.
Sun	August 21	Green Lantern (PG-13)	3 p.m.
		Rise Of The Planet Of The Apes (PG-13)	7 p.m.
Mon	August 22	X-Men: First Class (PG-13)	7 p.m.
Thu	August 25	Green Lantern (PG-13)	7 p.m.
Fri	August 26	Final Destination 5 (R)	7 p.m.
Sat	August 27	Mr. Popper's Penguins (PG)	3 p.m.
		Final Destination 5 (R)	7 p.m.
Sun	August 28	Mr. Popper's Penguins (PG)	3 p.m.
		Super 8 (PG-13)	7 p.m.
Mon	August 29	Final Destination 5 (R)	7 p.m.
Thu	Sept. 1	Super 8 (PG-13)	7 p.m.

(ACAP continued from Page 2)

The key to making ACAP as effective as possible is leader commitment. ACAP is a commander's program. Soldiers will take off the uniform at some point, whether through separation or retirement, and it is up to leaders to take care of them until the very last day.

Taking care of Soldiers includes supporting their active participation in ACAP, and if a Soldier decides to separate, making sure no stigma is attached to their decision.

It is smart business to support Soldiers' use of ACAP. In FY10 the Army spent more than \$500 million in unemployment compensation for veterans, a number expected to rise even higher in FY11.

The Army is looking to reduce that amount by better preparing Soldiers to enter the civilian workforce.

More to the point, it is the right thing to do to support Soldiers' transition planning. Transition is stressful under the best of circumstances, and right now Soldiers are facing a tough job market. We have to equip our Soldiers to take the skills and values they learned in the Army and translate them into success in the next phase of their career.

When Soldiers take off the uniform, we want them to know they made the right choice for themselves, their careers, and their families when they put it on in the first place. It's the least we can do for their service and sacrifices.



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

AUTOMOBILES

For Sale: 1997 Ford Escort Hatchback. Euro Specs, Automatic, AC, clean car. \$3000 OBO. Email roadangel1968@hotmail.com or call Phone: 0170-129-7312.

Opel Astra Coupe, 1999, red, 92000 miles, german specs, MP3 Player-CD, very clean and in good condition, new muffler, new brakes. Asking: 3000 \$ obo, for more pics or information please contact e_sapper@hotmail.com.

For Sale: BMW 535i Grey, Four Door Automatic, clean. MUST SELL QUICKLY. \$2800 OBO. For more info, e-mail lynda.pontious@live.com.

2000 Plymouth Neon For Sale. US Spec, Automatic, Plymouth Neon in dark green. We have driven this vehicle to Amsterdam and back, just replaced rear tires and brake pads. Asking \$2,000 or best offer. E-mail briettacosta@gmail.com for pictures or more info.

For Sale: \$3000 OBO 1999 Dodge Stratus, 4 door, US Spec, Automatic. Two new tires, water pump, timing belt, and wheel alignment. Car runs like new, great gas mileage. Call 0160-985-45227 or e-mail: lynda.pontious@live.com.

For Sale: \$4000 1997 Chevy Cavalier LS Convertible, US Spec, Automatic. Just replaced the top! Car runs great and excellent gas mileage. Call 0160-985-45227 or e-mail: lynda.pontious@live.com.

For Sale: 2009 BMW 328Xi, 19,000 miles, Sports Package, Premium Package, Cold Weather Package, US SPEC. \$29,900 Contact Jonathan Roberts, 01702027674 or jonathan.f.roberts@us.army.mil.

For Sale: 1995 BMW 318i Sports Package, dark blue, manual transmission, German Specs. Passed Inspection April 15. 230K kilometers. Drives and handles very well. New water pump, rear shocks, stabilizer link and brakes. \$2,300. Call Chris 0152-2428-8428 or 0951-209-99112.

For Sale: \$3,500 OBO! 1996 Honda Civic Hatch, Euro Specs, Manual, EK9 2000 suspension. Just passed inspection, very good gas mileage, summer/winter tires. Contact: Edward Ablang at edwardablang@hotmail.com or 0152-232-68033.

New brakes and tires. Asking \$3,000. DON'T BUY A BEATER BMW! CALL 0162-597-1027, JFredrick_swr@hotmail.com. (3/3/11)

For Sale: '95 White 4WD Mitsubishi Montero. Passed inspection- Great Condition. Power windows, power locks, cargo rack, cloth interior, brand new winter tires- great family SUV. For more information and details, call Daryl at 015224123655- make an offer!

For Sale: Red 2002 Dodge Stratus R/T, \$5,000, 4-door, 2.7 liter, V6 automatic transmission, leather seats, 4 disc CD changer, alarm, A/C, power seat, rear spoiler, all season tires, alloy 17" rims, new brakes, rotors, and battery, single owner. Call Liz at 0170-907-9377.

For Sale: 2010 Red Dodge Avenger still new condition, Automatic, \$15,500 less than 5,000 miles and has been in our possession since August 2009. Only serious inquiries. Christina Gonzalez 0171-777-9328 wgonzalez001@yahoo.com.

EMPLOYMENT

Central Texas College needs instructors to teach applied management and military science. Requirements include a management based Associate's degree and several years of active, Reserve, or National Guard military experience. For more information, call 0951-300-7467 or e-mail bamberg@europa.ctcd.edu.

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 09721-96-8309; or e-mail sarah.boerner@europa.ctcd.edu.

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary.

Daily pet sitting services required for one female French Bulldog, Monday through Friday and possibly occasional weekends when out of town. She is house trained and very good with children/dogs, a true joy to

have around. If interested, please contact 1st Lt. Troy Shoemaker at 0151-405-21294 or e-mail at troy.shoemaker@us.army.mil.

Bamberg's Exchange is accepting applications for entry-level retail and food positions. Join a unique organization with the competitive package by applying online at www.applymyexchange.com or by calling Human Resources Office at 0951-303159.

MISCELLANEOUS

Apartment for rent. 1 bedroom apartment. 1 kitchen with built in kitchen furniture, 1 living room, 1 bedroom, 1 bathroom. All lamps and curtain included. Basement, Laundry room (already washer and dryer there), 2 parking lots. 14 km from post. For more info, call 0152-54229569.

Math tutoring for high school/middle school students available. I am a certified teacher with a Bachelor of Science degree in Mathematics and a Masters in Teaching. Available to tutor on weekdays. Please e-mail me for further information: dorothykim@gmail.com.

Wanted: German King Size Bed Frame. E-mail: rushharry@hotmail.com.

Gabi's Doggie Daycare, I have space available only on weekends, holidays, and at home care. Daily care is full. Visit www.gabidoggiedaycare.com.

PCSing? Can't find a new home for your dog? Please don't abandon him/her, call us first. No questions asked. We are a privately funded non-profit dog rescue. Will give your dog solace and placement with a new, loving family. Located in Bamberg and open from 10 a.m.-10 p.m. Call 0954-532-2881 or e-mail solacedogrescue@yahoo.com.

FOR SALE

Kitchen with all appliances- \$700; German king-size solid wood bed - \$430; German bedroom schrank (4 meters long, 220 m high/black&white)-\$570; solid wood round

dining room set (w/4 chairs)- \$200; French bed (120X200)-\$150; high board-\$75; bathroom cabinet-\$70; and a solid wood Chester drawer-\$65 / O.B.O. Call 0174-766-3088.

Kitchen for sale! Full kitchen including appliances for sale. Asking price is €2,000 OBO. Kitchen includes refrigerator, stove, oven, and dish washer. All appliances are high quality and fully functional. Lots of cabinet space. Original price for the set was over €4,000. Only used for 1 1/2 years. Contact Holly Matesick at hollydietzel@hotmail.com for more pictures and further details.

Big free standing RCA HDTV on rollers. 51 1/2 inches tall, 48 1/2 inches wide, 120v, works great \$200 O.B.O. call 015151679661 or e-mail brikenmar@yahoo.com.

AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please e-mail your submission to the Public Affairs Office at bambergpao@eur.army.mil. We will ONLY accept classified ads by e-mail. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600 or e-mail bambergpao@eur.army.mil.

See more local classifieds by clicking [here](#).

<p>Service hours: Mon - Fri 7:30 a.m. - 6 p.m. Saturday 10:00 a.m. - 3 p.m.</p>	<p>Master Mechanics specializing in all foreign & domestic vehicles!</p> <p>AC Service • Tire and Oil Service • Pairs Engine Repair • Exhaust • Brakes & Rotors</p> <p>Meet our friendly and helpful staff</p> <p>Tune-Up Service while you wait</p>
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0954-532-2881
solacedogrescue@yahoo.com

PCSing?
Can't find a new home for your dog?
Please don't abandon him/her, call us first.

Beware of dog breeding scams
Call us before buying.
We will translate the paperwork.

AAFES Corner

EXCHANGE

PAY NO INTEREST FOR 12 MONTHS
on any computer (includes: Web, printer, monitor and/or computer accessory purchase of \$499 or more when you use your MILITARY STAR® card. Return variable rate of 10.24% applies.

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Click [here](#) for recipes from Kay's Kitchen.



Outside the Gate

Compiled by Simon Hupfer, Family and MWR Marketing

Weekend

Events in and around Bamberg.

Spend your free time outside and enjoy what Bamberg and the surrounding cities have to offer. Information on all guided tours is available on this website <http://www.bamberg.info/en/stadtfuehrungen/>

“Kirchweih” festivities can be fun for the entire family. For many they represent a typical German fest with all the traditional things – beer, brats, music, fun and a good time. Dates and information on the popular “Kirchweih” festivities are available here. http://www.kirchweihkalender-bamberg.de/2011/_plaza/kerwa.neo Just click on the place name sign of your choice to get detailed information on upcoming fests and “Kirchweih” events.

For general information on Bamberg’s sights, fests, locations and free-time activities check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>. The information is available in English and with the nice pictures you will get in the mood for getting out and enjoying yourself.

Insider tips and rating for the coolest pubs, clubs, bars and sights can be found on this website: <http://www.virtualtourist.com/travel/Europe/Germany/Bavaria/Bamberg>. People who have been to these locations before share their insight information and experiences. It is a great resource for all who would like some more information on their favorite destination on Bamberg before leaving base.

Friday, August 5

- 8:30 a.m. Children summer program presented by the Hirschaid community, archery, crafts, bread baking, bonfire. Contact: Tel. (09543) 82 250.
- 8 p.m. Louisiana Red & Band (rhythm-n-blues, kick off of the Tucher blues and jazz festival) at Live Club, Obere Sandstrasse 7, 96049 Bamberg
- 9 p.m. La Cavaska (Ska from France) & Rasdashan (Sixties, Ska, Punk & Indie), at Sound-n-Arts, Obere Sandstrasse 20, 96049 Bamberg
- 9 p.m. Kirchweih at Sambach, at Sportheim des DJK SV Sambach, Sambach 130, 96178 Pommerfelden
- 10 p.m. The Roots of Raggaie, at Morph Club, Luitpoldstrasse 17, 96052 Bamberg

Saturday, August 6

- 5 p.m. Winefest at Sportheim des SC Kemmern, am Main, 96164 Kemmern
- 6 p.m. Winefest at Moenchherrnsdorf, Zum Zehnthof, 96138 Moenchherrnsdorf
- 6 p.m. Dorfrocker Open Air, free, at Maxplatz, 96047 Bamberg
- 7 p.m. Summer concert of the Mozart Solists (Vivaldi, Rossini), at Schloss Seehof, 96117 Memmelsdorf
- 10 p.m. Damaged Goods live in concert (Post-Dubstep, Future Bass, Digital Bubblebath) with Rexdanny, Mechanical Bird and others, at Luitpoldstrasse 17, 96052 Bamberg

Sunday, August 7

- 10 a.m.-7 p.m. Art exhibition at Hainpark, Muehlwoerth, 96047 Bamberg. Contact (0951) 53 809. www.sabrina-catowiez.de
- 2 p.m. Summer Fest at Schlappenreuth (brats, steaks and Franconian specialities), at 96110 Schlappenreuth.
- 3 p.m. Winefest at Sportheim des SC Kemmern, am Main, 96164 Kemmern
- 7 p.m. Tower Fest at Kaelberberg 4, 96155 Buttenheim
- 8 p.m. Jam Session (every Sunday), at Sound-n-Arts, Obere Sandstrasse 20, 96049 Bamberg
- 8 p.m. Worksho, warm-up session: Get on stage at the blues and jazz festival, at Live Club, Obere Sandstrasse 7, 96049 Bamberg

Upcoming Volksmarching events:

Aug. 6-7 36th Marching Days in Kueps

Aug. 14 36th Schluesselfeld Volksmarching Day

For detailed information and for sign up please see Mr. Wolfgang Keller, Warner Barracks, building 7090, room 103, Monday, Wednesday and Friday, 3-5 p.m.

National Concert Schedule:

Aug. 6 Sunrise Avenue, Festival Da Capo, Schlosshof in Alzey

Aug. 12-14 Iggy & The Stooges, Taubertal Festival, Rothenburg o.d.T. www.taubertal-festival.de

Aug. 15 Good Charlotte, E-Werk, Erlangen

Aug. 18 Joe Cocker, Schlossplatz, Coburg

Aug. 31 Milow, Hanau, Amphitheater Hanau

Oct. 4 Mando Diao, Munich – Freimann, Zenith

Oct. 7 Mando Diao, Oberhausen, Koenig-Pilsener-Arena

Oct. 8 Mando Diao, Frankfurt, Jahrhunderthalle Frankfurt

Oct. 9 James Blunt, SAP Arena, Mannheim

Oct. 31 Sunrise Avenue, Stuttgart – Filderstadt, FILharmonie

Nov. 6 Sharon Corr, Heilig-Geist-Kirche in Frankfurt

Nov. 9 Sharon Corr, C-Club, Berlin

Nov. 9 Sunrise Avenue, Posthalle, Wuerzburg

Nov. 10 Sunrise Avenue, Loewensaal in Nuremberg

Dec.6 WWE Smackdown Live Tour, at Frankfurt Festhalle

Preview:

July 30- Aug. 3 Brose Baskets E.On Summer Camp 2011. www.brosebaskets.de

Open-air festivals and shows

It is open-air festival and show time in Germany and Europe. See our list for festival dates. More festivals, dates and information are available here <http://www.festivalticker.de>

Now-Aug. 21 Art and antiques weeks in Bamberg, you will find more information on this website <http://www.bamberger-antiquitaeten.de/>

Aug. 5-7 22nd Greifenstein Countrymusic Open Air presented by MDR 1 Radio Saxony, country and western music. Location: Naturbuehne Greifenstein in 09427 Ehrenfriedersdorf. Tickets are 55€.

Aug. 8-14 Blues and Jazz Festival Bamberg. Bamberg expects over 80,000 visitors for this free and week-long blues and jazz festival. Find the program and a list of bands here: <http://blues-jazz-festival.mybamberg.de/programm/>

Aug. 12-14 Taubertal Festival in Rothenburg ob der Tauber. Pop, rock, punk and indie music. Tickets start at 48.05€. Location is Eiswiese in 91541 Rotheburg ob der Tauber. Information in English is available on the event website <http://2011.taubertal-festival.de/index.php?id=49>

Aug. 8-15 Sziget festival (Sziget Fesztivál) in Budapest, Hungary. Information in English is available at http://www.sziget.hu/festival_english. Budapest, Hungary.

Aug. 5-7 22nd Greifenstein Countrymusic Open Air presented by MDR 1 Radio Saxony, country and western music. Location: Naturbuehne Greifenstein in 09427 Ehrenfriedersdorf. Tickets are 55€.

Aug. 12-14 Taubertal Festival in Rothenburg ob der Tauber. Pop, rock, punk and indie music. Tickets start at 48.05€. Location is Eiswiese in 91541 Rotheburg ob der Tauber. Information in English is available on the event website <http://2011.taubertal-festival.de/index.php?id=49>

Aug. 19-20 Spessart Rave Festsival presenting modern electronic dance, techno and elektro music. Tickets in pre-sale are 12€. Full price is 15€. Location is the DJK sports field, Seebachtal 1 in 63486 Hain. Detailed information on attending DJs and much more is available here http://www.spessart-rave.de/sr_web/

Aug. 20-21 4th High Noon Festival presenting country music, country rock, southern rock and modern country music. Location: 33829 Borgholzhausen. Detailed information on this website <http://www.high-noon-festival.de/>, or email B3@gab-hw.de, or call 05425-933 686.

Aug. 25 -29 Sandkerwa Party in downtown Bamberg. Visit www.kultur.bamberg.de for more information.

Aug. 26-27 Dungeon Open Air in Bargaenstedt. Metal, electro and gothic music. Tickets start at 30€. Please see <http://dungeon-open-air.de/dungeon-open-air/> for the line up. Location the open-air fest area, Dellbrueck 21 in 25704 Bargaenstedt.

Sept.9-18 35th Leipzig Jazz Days (Leipziger Jazztage) in 04103 Leipzig. Free and nu jazz, fusion, funk and funnk music. Check the event website for detailed information on performing groups and artists and locations <http://www.leipziger-jazztage.de/>

Sept. 9-18 19th international film festival ContraVision (Internationales Filmfestival ContraVision) in Berlin. Find detailed information on the English website <http://www.contravision.de/index.php?menu=breaking%20news&lang=en>