



# WARNER WEEKLY

News & Information at Your Fingertips

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## Youth program helps Families create safe, healthy environment

By Sina Kingsbury,  
USAG Bamberg Public Affairs

BAMBERG, Germany -- Irregular duty hours can often create conflict between mission readiness and parental responsibility for some Soldiers and their family members.

When it comes to deciding if a child is mature or responsible enough to be left alone, there are some strategies and safety rules that will help parents make this decision.

Child, Youth and School Services offers imAlone, a program for parents that provides guidance and tools to help their children be safe and healthy while staying alone at home.

"Parents, I think, are going to leave kids alone anyway," said Annemarie McQueen, assistant director of Outreach Services and the program facilitator. "Might as well help facilitate the children and parents."

The three-hour class creates an open dialog between parents and their children on subjects like house rules, how to answer the phone and emergency situations.

McQueen believes that parents need to be the ones to explain and discuss with their children about the home alone guidelines, not herself.

"Parents should be the first to determine the rules," McQueen said.

Because maybe one parent wants their child to use the dishwasher while they are gone and another does not, McQueen said.

"I can't tell children that," she said.

During the class, McQueen has the children create an imAlone booklet with important paperwork and teaches the children how to make healthy no bake snacks.

She also talks with the children about being home alone and the emotions that come with it.

Jazmin Lewis, a fifth grader from Bamberg Elementary School, says she enjoys time to herself in a household of several siblings, but understands that her parents are always with her no matter the distance.

"Parents are always there for you," said Jazmin. "My parents always tell me if there is an emergency...there is an emergency number to call and they will always come home."

Classmate Dezire Maldonado agrees that her parents always have her best interests in mind when she is left alone at home.



Sina Kingsbury

Froilan Ibanez, a fifth grade student, makes a yogurt snack during an imAlone class at the John F. Kennedy Center Friday. imAlone, a Child, Youth and School Services program, provides guidance and tools to parents and their children to help create a safe and healthy environment while their child stays alone at home.

"They check up on me every 15 minutes," said Dezire.

The next class will be Apr. 21 from 11:30 a.m. to 3:30 p.m. The class is free and open to parents and children ages 11-18 years of age. Children must be registered with CYSS.

For more information, call 0951-300-8660.

## Training for United Endeavor



Staff Sgt. Bruce C. Cobbeldick

Sky Soldiers from the 4-319th Airborne Field Artillery Regiment, one of the six battalions within the Area of Operation of the 173rd Airborne Brigade Combat Team, prepared for realistic training at one of the Army's premiere training posts in Grafenwoehr last week. They focused on learning side-by-side with their higher headquarters, 1st Infantry Division for Unified Endeavor.

## Seasonal flu likely to peak in coming weeks

By Douglas DeMaio,  
Bavaria Medical Department  
Activity Public Affairs

VILSECK, Germany -- Influenza affects several million people every year.

Small children, pregnant women and people with chronic illnesses like diabetes and asthma are considered high-risk persons for contracting the flu and should take precautions to protect themselves.

"Their immune systems are weakened and, if they get the flu or any other illness, they don't have the mechanisms to fight it off as much as the folks who are healthy," said Lt. Col. Gwendolyn L. Davis, chief of Army Public Health Nursing for Bavaria Medical Department Activity.

to get the vaccine," Davis said. "High-risk people, especially the pregnant women... they definitely need it. The myth that it is not safe and will affect the unborn child... is just a myth; it is safe."

High-risk persons are more likely to suffer from serious complications caused by the flu, Davis said.

Staying active, getting plenty of rest, taking vitamins and drinking an ample of liquids to stay hydrated can all help boost a person's immune system and help fight off germs, but she said, there is one sure way a person can significantly reduce their odds of contracting influenza.

"The most important is the flu vaccine," Davis said. "It is never too late to get it throughout the

"That is why we encourage them

(FLU continued on Page 3)

# Volunteers preserve community theater successes

By Angenetta Lambert,  
USAG Bamberg Public Affairs volunteer

BAMBERG, Germany -- First used by the German army as a horse stable, U.S. Army Garrison Bamberg's Stable Theater has emerged to great success from humble beginnings.

Past productions have garnered numerous Topper awards, the coveted award given to the best theater cast and crew within the U.S. Forces Europe community theater.

In 2007, Stable Theater's cast and crew won 13 Installation Management Command-Europe Tournament of Plays awards for the production of *Little Women*, the current record in a single production, said Jack Austin, Stable Theater entertainment director. Last year's entry, *Cabaret*, earned the Stable Theater roughly 20 nominations.

"We've been able to put on some pretty good shows," Austin said. "That's a testament to the talent in Bamberg."

Without a set theater ensemble, Stable Theater has to make strides

(THEATER continued on Page 3)



File Photo

Volunteers perform a song from the musical "Cabaret," a tale of a young American author and his relationship with a nightclub singer set against the backdrop of Berlin during the rise of the Nazi party in the 1930s. The play earned Stable Theater roughly 20 nominations for Installation Management Command-Europe Tournament of Plays awards.

## Auction funds raised will be given back to the community



Jessica Lipari

A Junior Reserve Officers' Training Corps student from Bamberg Middle High School grabs one of the 39 baskets at the annual Bamberg Spouses and Civilians' Club basket and silent auction. Organizations and community members from Warner Barracks donated the baskets to the BSCC to help raise funds that are in turn given back to the community.

By Jessica Lipari, USAG Bamberg Public Affairs

BAMBERG, Germany -- Community members stepped back in time at the Warner Conference Center on Friday for a fifties sock hop themed annual Bamberg Spouses and Civilians' Club Basket and Silent Auction.

The auction raised over \$3,000, which the BSCC will in turn give back to the community through scholarships and welfare grants.

Organizations, units and individuals within the U.S. Army Garrison Bamberg community donated the 39 baskets and 23 silent auction items that were auctioned off.

For over 50 years the BSCC has had a strong presence in the Warner Barracks community, they host various fundraising events throughout the year to raise funds to help support organizations, units and individuals.

The basket and silent auction is the BSCC's second largest event in the year, next to the annual bazaar, which will take place May 4 to 6.



Lt. Col. Steven L. Morris  
U.S. Army Garrison  
Bamberg, Commander

USAG Bamberg, Public Affairs Officer  
Renate Bohlen

Warner Weekly Staff  
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[army.mil](http://army.mil).

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(THEATER continued from Page 2)

towards broadening its volunteer base with open auditions for each production.

Though actors are generally thought to be the only volunteers, there are several other positions within each production that require volunteers, to include set designers, costume designers and switcher operators.

"Experience is welcome but not necessary, we will help anyone learn the ropes," Austin said. "Since our funding has been cut I'm really relying on volunteers during productions."

In addition to technical crew volunteers, Stable Theater also needs male volunteers.

Male turnout for casting is often very low since the bulk of the male population is Soldier-based, Austin said.

"We can't keep them since they have duties and assignments that often keep them away and occupied," he said.

During the following weeks, Stable Theater's cast and crew are preparing for the weeklong production of Hairspray based on the hit Broadway musical.

"Hairspray will more than likely sell out," Austin said. "People should reserve their tickets pretty early."

"It's a popular show and people have heard about our consistency and performance record," he said.

Hairspray performances are March 22, 23 and 24 at 7:30 p.m and March 25 and April 1 at 3 p.m.

Reserve tickets at <http://www.stable.theater.tickets@eur.army.mil> or call 0951-300-8647.

(FLU continued from Page 1)

year, but we prefer you get it at the beginning of the season so you will have better protection.

"It's free to all the beneficiaries," she said. "Most of the clinics offer it on a walk in basis, so there is no need to make an appointment."

FluMist, which is given through the nose, is good for children who are 2 years of age up to adults who are 49 years old.

Anyone not in that age group would need to get an injected vaccination known as Fluzone.

There is a common misconception out there that the FluMist will give people the flu because it is a live vaccine, but that is just a myth, Davis said.

"You will not get the flu from the flu vaccine," she said. "You get protection. Some people have gotten sick but not because of the vaccine; they were going to get sick anyway."

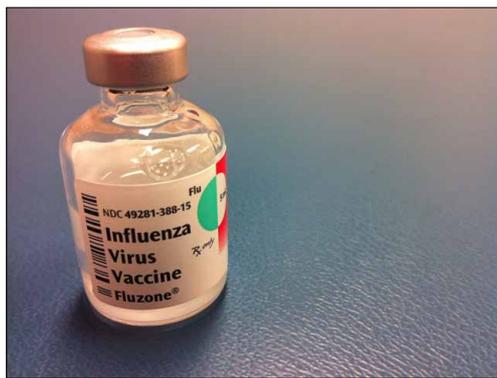
The vaccine takes between 10 to 14 days to take effect, Davis said.

Every year, the influenza strain changes, so Davis encourages people to be protected seasonally.

"It changes just enough to make a difference," she said. "The vaccine is available through the end of June."

Flu season starts in fall and ends in the spring.

Historically, winter is flu season, and flu activity peaks after January, according to the Center for Disease Control and Prevention's website.



Douglas DeMaio

Health care professions are recommending people who did not receive a seasonal flu vaccine get one. Historically the month of February has proved to have the highest flu activity, according to the Center for Disease Control and Prevention's website.

Since 1976-77, February has proved to have the highest flu activity.

A report titled "influenza is slowly progressing in Europe" by the European Centre for Disease Prevention and Control listed the spread of flu in Germany for the third week of January to be "sporadic."

Last year, during the same week, the organization's Weekly Influenza Surveillance Overview listed the spread of the flu to be "regional," but by the fifth week, the weekly overview listed the spread of flu to be "widespread."

Practicing good hygiene like washing hands frequently and sneezing in ones sleeve rather than in ones hands will help slow the spread of influenza, but there are other ways to help prevent the spread of the virus.

"If you get sick, don't spread it," Davis said. "Stay at home if you are sick. We encourage supervisors who have someone sick in their office to send them home."

"It is very contagious and you don't want to spread it around," she said. "We know it interferes with the work, but still it is better for them to stay at home and get well for a couple of days than to come in and have the whole office get sick."

For more information, call 0951-300-1750.

## Survey asks for PT uniform recommendations

WASHINGTON (Army News Service, Feb. 6, 2012) -- The Army wants Soldier input about a potential upgrade to the Army's physical fitness uniform.

Soldiers are being asked to complete an online survey, developed by the Training and Doctrine Command, to answer questions about how they use their current physical fitness uniform, how they would prioritize changes to the uniform, and what capabilities they are looking for in a new physical fitness uniform.

To read more on this story, click [here](#).



## DOD testing program to screen for more prescription drugs

WASHINGTON (Feb. 3, 2012) -- The Defense Department's drug-testing program is expanding to add screening for two additional prescription medications to the range of legal and illegal drugs it currently detects.

Joe Angello, the department's director of operational readiness and safety, told Pentagon Channel and American Forces Press Service reporters the two drugs added to the screening program...



To read more on this story, click [here](#).

**Mardi Gras**  
**Parade & Party**  
Feb. 10, starts 4 p.m.

Join the parade departing from Chapel Parking Lot, sign up with your unit's, private organization's or FRG's float and win prizes. Live entertainment at the Birchview Lanes Bowling Center Party, 5-11 p.m. Enjoy Louisiana shrimp gumbo, red beans and rice, brats, ham haxen or choose from the regular menu.

Contact Birchview Lanes Bowling Ctr. at (0951) 300 7722

heads and sauteed asparagus for \$20 or vegetarian fettuccine alfredo with romaine salad and garlic bread for \$12. Both menus come with sparkling cider or a glass of red or white wine and a desert (tiramisu, glazed strawberries or strawberry cheesecake). Limited child care slots are provided through Child, Youth and School Services on that night, please notify CYSS before February 3. For reservations, call 095-300-7596.

**Free Tax Preparation**

The Bamberg Tax Center is open. The Tax Center is located in Bldg. 7000 on the fourth floor. Appointments and walk-ins will be available. Operating hours will be Monday to Friday 9 to 11:30 a.m. and 1 to 3:30 p.m. The office will be closed daily at noon to 1 p.m. for lunch. For the month of February only, the Tax Center will be open 9 a.m. to noon Saturday for appointments only. For more information or to make an appointment, call 0951-300-8261/8262.

**Mardi Gras**

All community members are invited to join the Mardi Gras Parade at Warner Barracks on Feb. 10 at 4 p.m. Units, Family Readiness Groups and private organizations are encouraged to participate with a float or marching in costumes. Participants can win prizes. The parade starts at the chapel parking lot and will arrive at the Birchview Lanes Bowling Center where the Mardi Gras party will kick off at 5 p.m. Enjoy Louisiana shrimp gumbo, red beans and rice, brats, ham haxen or choose from the regular menu. For more information, call 0951-300-8659/7722.

**Red Cross Volunteer Orientation**

Come and learn how you can become a volunteer with the American Red Cross, March 2 and April 6 from 10 a.m. to 12 p.m. at Army Community Service building. Please call and RSVP no later than the day before each scheduled orientation. For additional information or questions, stop by the Red Cross office, Building 7029 or call 0951-300-1760.

**CPR, AED and First Aid**

Come and learn how to give cardiopulmonary resuscitation, first aid and use an automated external defibrillator with the Red Cross, Feb. 10, March 9 and April 13 from 10 a.m. to 4:30 p.m. at the Army Community Service building. The cost of the CPR/First Aid Certification is \$45. You can log onto [www.redcross.org](http://www.redcross.org) to register. Once on the Red Cross site, go to "take a class" and enter your APO zip code to find the course, register and pay online. You can also register in person at the ARC office. For additional information or questions, stop by the Red Cross office, Building 7029 or call 0951-300-1760.

**Community Announcements**

Please send all announcements to Bamberg Public Affairs at [usarmy.bamberg.usareur.mbx.pao@mail.mil](mailto:usarmy.bamberg.usareur.mbx.pao@mail.mil).

**LoCash Cowboys**

Armed Forces Entertainment presents the LoCash Cowboys March 13 at 7 p.m. at the Basics Building. Doors will open at 6 p.m. and admission is free. For more information, call 0951-300 -8647.

**BOSS Trip**

Take a trip to Paris and Euro Disney with Better Opportunities for Single Soldiers March 15-18. The trip includes round-trip transportation, two overnights in a four star hotel in Paris, two breakfasts, local tour guide in Paris and full day pass to Disneyland Paris. Open to Soldiers, family members and authorized ID card holders. The price is \$369 for ages 12 and up, \$315 for ages three to 11 and \$79 for under three. Sign up at the Freedom Fitness Facility with a \$100 deposit per person, payable in full by March 12. For more information, call 0951-300-8890.

**Hairspray**

Stable Theater presents the Broadway musical Hairspray March 22-24 and March 29-31 at 7:30 p.m. There will also be matinee performances March 25 and April 1 at 3 p.m. Reserve tickets in advance, \$11 for adults and \$9 for children, students and E4 and below. For more information, call 0951-300-8647.

**Stamps of the Honored**

In honor of African American heritage month, the Postal Service Center Postmaster will be presenting a display of 72 postage stamps honoring the achievements of African Americans. The display can be seen during the entire month of February in the Postal Service Center lobby from 9:30 a.m. to 4 p.m. daily. Free reproductions of the stamps on display are available as long as supplies last. For more information, call 0951-300-8820.

**VFW Outreach Program**

Veterans of Foreign Wars Post 10592 along with the VFW Department of Europe Service will conduct an outreach program to assist veterans and their family members with VA benefits on Feb. 13. A general briefing will be from 10 to 11 a.m. and appointment set up will be 11 a.m. to noon at the Yellow Ribbon room.

**Valentines Dinner**

Enjoy a Valentines dinner at the Warner Conference Center Feb. 14 at 6 p.m. Choose between two menus: strip steak, mashed potatoes, steamed broccoli

**72 HOUR SALE**  
VALID FEB 12 - 16, FEB 26 - MAR 1, MAR 11 - 15

**\$99** LIMITED ROOMS AVAILABLE  
PRICE IS PER NIGHT FOR A STANDARD ROOM  
\$19 FOR BUNKS (E4-E7)  
OFFER ENDS 9 FEBRUARY

**EXPERIENCE BAVARIA IN THE WINTER**  
FEB 12 - 16, FEB 26 - MAR 1, MAR 11 - 15

Winter in the Alps is one of the most scenic times of the year. A photographers and sightseers dream with snow in the valley and clinging on the high alpine peaks. At only \$99 for a standard room, we know you will cherish your vacation experience.

Comfortable lodge accommodations  
Guided tours throughout Bavaria and beyond  
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Massage therapy program

This is a limited time offer that ends on Friday 1800 hours CET. Cannot be used in conjunction with any other offer. Valid for standard rooms only. Valid for new reservations only with a limited number of rooms available at the special rate. Online reservations are not possible, you must email or call our Vacation Planning Center.

**CALL (49) 08821-9440 TO RESERVE!**

**Luncheon**

Bamberg Spouses and Civilians' Club will have a red dress luncheon on Feb. 13 at 11:30 a.m. at the Warner Conference Center. Cost is \$10. For more information or to RSVP by Feb. 9, e-mail [bscc.reservation@yahoo.com](mailto:bscc.reservation@yahoo.com).

**By Soldiers - For Soldiers**

Alcoholic Anonymous meetings for Warner Barracks take place weekly on Wednesdays at 7 p.m. and Fridays at 8 p.m. in Building 7043 day room. Civilian attire. For more information, call Kyle 0151-1775-3880 or Wayne 0170-701-5574.

**Pizza Night**

Come to Pizza Night at Birchview Lanes Bowling Center starting at 6 p.m. Feb. 24. Get any 12-inch pizza for \$10. For more information, call 0951-300-7722 or e-mail [japbrown99@yahoo.com](mailto:japbrown99@yahoo.com).

**Lucky Strike**

Come to the Nine-Pin No Tap Bowling Tournament at Birchview Lanes Bowling Center at 2 p.m. Feb. 11. If you hit 9-pins on the first ball, it counts as a strike. The competition is for all levels. The cost is \$10. For more information, call 0951-300-7722 or e-mail [japbrown99@yahoo.com](mailto:japbrown99@yahoo.com).

**Poker Tournery**

Play in the poker tournament at Birchview Lanes Bowling Center Feb. 17 starting at 6 p.m. The tournament has \$25 entry fee with re-buys and the play will be Texas Hold'em. For more information, call 0951-300-7722 or e-mail [japbrown99@yahoo.com](mailto:japbrown99@yahoo.com).

**Woodworkers Roundtable**

Take part in the woodworkers roundtable every Wednesday at the Arts and Crafts woodshop on the on the second floor of Building 7047. Get tips, tricks and new ideas. The event is free. For more information, call 0951-300-8659 or e-mail [thomas.stenson@us.army.mil](mailto:thomas.stenson@us.army.mil).

**Matting and Framing**

The Arts and Crafts is scheduled to have a basic matting and framing class Feb. 23 at 6 p.m. and Feb. 18 at 10 a.m. The cost for the class is \$15. For more information, call 0951-300-8659.

**Chili Cook-Off**

Bring your best homemade chili and enter it into the Fourth Annual Chili Cook-Off Feb. 22 at noon at the Community Activity Center. The contest is free. For more information, call 0951-300-8837 or e-mail [megan.l.martin.naf@mail.mil](mailto:megan.l.martin.naf@mail.mil).

**Ramstein Shuttle**

	Arrival	Departure
Bamberg, Bldg 7676, Bamberg Inn	250 hrs	300 hrs
Schweinhurt Conn Bks, Bldg 89, Bradley Inn	410 hrs	420 hrs
Ramstein Passenger Terminal	720 hrs	
Ramstein Passenger Terminal		9:40 hrs
Schweinhurt Conn Bks, Bldg 40, Central Processing Facility	1230 hrs	1240 hrs
Bamberg, Bldg 7290, Central Processing Facility	1320 hrs	

**Every Tuesday**



USAAC Bamberg  
Bamberg Texas Hold'em

Win great Prizes!

**Poker Tournament**  
Bamberg Texas Hold'em

New Date & Time!

**Feb. 17, 6 p.m., \$25**

Reserve your seat via e-mail to [phillip.ray.brown@us.army.mil](mailto:phillip.ray.brown@us.army.mil)  
Unlimited Rebuys and great prizes (iPad2 or X-Box Kinect)\*!

Contact (0951) 300 7722

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

### Arts and Crafts

Take part in the crafter's club at noon every Tuesday at the Arts and Crafts classroom on the first floor of Building 7047. Join the fun. Local crafters get together to share ideas, tips and tricks on a variety of crafts. Learn something new or share your knowledge. The event is free. For more information, call 0951-300-8659 or e-mail [thomas.stenson@us.army.mil](mailto:thomas.stenson@us.army.mil).

### Weekly Reminders

#### Speed Limit

Please slow down while driving through residential areas on the installation. The speed limit inside a residential area is 20 kph.

#### Ohio Veterans Bonus

The Ohio Veterans Bonus is available to veterans who served during the conflicts in the Persian Gulf, Iraq and Afghanistan. For more information, go to [veteransbonus.ohio.gov](http://veteransbonus.ohio.gov) or call 1-877-644-6838.

#### Photo Studio

The Arts and Crafts Photo Studio has reopened. Chandra is available to take your appointments for portraits, balls, sporting events and more. For more information or to make an appointment, call 0951-297-1248.

#### Looking for Training Space?

Earn your certificate. Advance your career. Achieve your goals. The Digital Training Facilities provide Soldiers with a location to access web based, job related and professional courses away from the workplace and distractions of the home. We have three classrooms and each classroom has 17 workstations. In total, we have 51 workstations. Classrooms are linked to the internet. Services are available for individual self development. Stop in to check e-mail, use free internet, take distance learning classes, job search or study. For more information, visit the Digital Training Facility in Building 7055, call 0951-300-8669 or e-mail [esther.j.galletta@us.army.mil](mailto:esther.j.galletta@us.army.mil). The facility is open Monday-Thursday day from 8 a.m. to 5 p.m. and Friday from 8 - 11 a.m.

#### Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to

be updated every three years or when the condition changes. For more information about EFMP, contact Vanessa Holland, EFMP manger, at 0951-300-7777.

#### DEERS Validation

Soldiers are responsible for ensuring Defense Enrollment Eligibility Reporting System information is updated. Please see the ID card section to update your DEERS information.

#### Immediate Appointments

Are you tired of waiting on hold while scheduling a medical appointment at health clinic? With TRICARE Online, you don't have to wait on hold. You can schedule appointments, refill prescriptions and manage your health needs better. Register today at [www.tricareonline.com](http://www.tricareonline.com). To learn more, visit <http://www.youtube.com/watch?v=s7VeUlyTMa4>.

#### Prevent Influenza

Getting a yearly flu vaccine is the first and most important step you can take to protect yourself against influenza. Contact your health clinic to get your yearly flu vaccination. To learn more about how you can protect yourself and others from influenza, visit <http://www.cdc.gov/flu/protect/preventing.htm>.

#### Involved Consideration

Missed appointments diminish a medical facility's ability to provide efficient health care. The next time you cannot make your medical appointment, please be considerate and cancel your appointment. We need your involvement to provide better care for our military community.

#### OneSource Mobile

Army OneSource is now available for smart phone browsers. The launch of a mobile device version will optimize Army OneSource the mobile experience for visitors. Visit [www.myarmyonesource.com](http://www.myarmyonesource.com) today.

#### DFAC Feedback

Dining Facility council meetings are at Ray's Diner every last Thursday of the last month of each quarter at 2 p.m. The meetings are scheduled for March 29, June 28 and Sept. 27. For more information, call 0951-300-7130.

#### Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

#### Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke, Erlanger Stadtwerke, Entega and E-on Bayern. For more information, call the Bamberg tax relief office at 0951-300-1780.

#### New Health Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday, sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday and Friday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - 3 p.m.; closed on US federal holidays and weekends. For more information or if you need to make an



USAAC Bamberg  
Warner Conference Center

**Valentines Dinner**  
Feb. 14, 6 p.m.

Child Care available through CYS Services! Please contact Parents Central Services at DSN 469-8660 by Feb. 3

Menu 1:  
Strip Steak, Mashed Potatoes, Steamed Broccoli heads, Sautéed Asparagus \$20

Menu 2:  
Pasta Alfredo (vegi), Garlic Bread, Roman Salad \$12

Both Menus come with sparkling cider or a glass of red/white wine, and desert: Tiramisu, Glazed Strawberries or Strawberry Cheesecake

Make your reservation by contacting Warner Conference Center, Tel. (0951) 300 7596

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with a care provider.

#### Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; held weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

#### Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products



USAAC Bamberg  
CYS Services

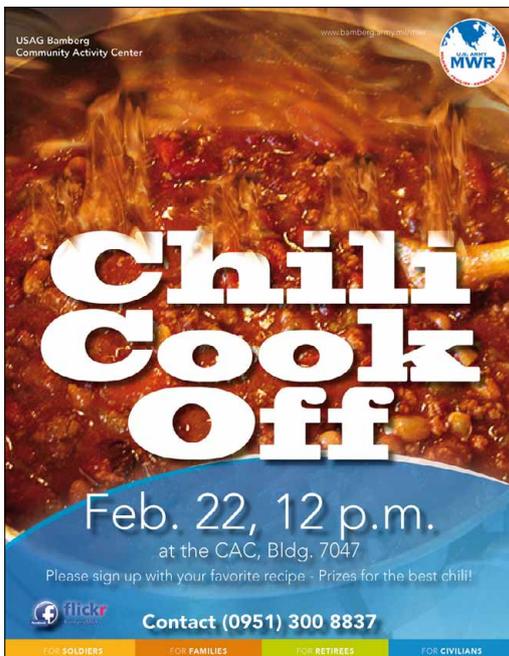
Become a CYS Services certified Babysitter

Free Training  
**Feb. 21, 4 p.m.**

For youth 12+, course teaches CPR, First Aid and other business tools. Upon completion attendees (14+) will be put on the official CYS Services babysitters list. Classes are held at JFK Teen Center.

Contact and sign-up: Tel. (0951) 300 8660  
[annmarie.j.mcqueen.naf@mail.mil](mailto:annmarie.j.mcqueen.naf@mail.mil)

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS



USAG Bamberg  
Community Activity Center

www.bamberg.army.mil

MWR

# Chili Cook Off

Feb. 22, 12 p.m.  
at the CAC, Bldg. 7047

Please sign up with your favorite recipe - Prizes for the best chili!

Contact (0951) 300 8837

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

### Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

### Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and anger/stress management classes.

**Family Advocacy** - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for Anger/Stress Management Class.

**New Parent** - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.

### Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

### English as a Second Language

Army Community Service, Relocation Readiness Program, offers free ESL classes every Thursday. Level 1 class is scheduled from 8:30-10:30 a.m. Level 2 class is from 10:30 a.m.-12:30 p.m. Level 3 class is from 1-3 p.m. Classes are at the Family Advocacy Program Building 7487. For more information, call 0951-300-7777.

### ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

### Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

### Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

### Trial Defense Services

If you're a Soldier and you are questioned by law enforcement, Criminal Investigation Division or members of your command about suspected acts of misconduct, you have the absolute right to remain silent. You have the right to refuse to answer any question, even from your commander and you have the right to talk to an attorney. If questioned, you should immediately, demand to speak to an attorney. As a Soldier, you are entitled to free consultation and representation by a military defense counsel. All communications with a trial defense attorney are privileged and will not be released to your command. Let a U.S. Army trial defense attorney help you. For more information, call 0951-300-8620 or come to Building 7000 to speak with a free trial defense attorney.

## Closures / Changes

### German as a Second Language

There will be an interruption in German as a Second Language classes for the month of February. During this time, Army Community Service is taking this opportunity to optimize the class schedule for the rest of 2012. ACS would like to offer every member of the community the chance to tell them what their preference is for class hours by clicking on the link below and taking the five question survey <http://www.surveymonkey.com/s/9BCVYPJ>. The new schedule for the classes will be published around Feb. 20. For more information, call 0951-300-7777.

### Vehicle Registration Closure

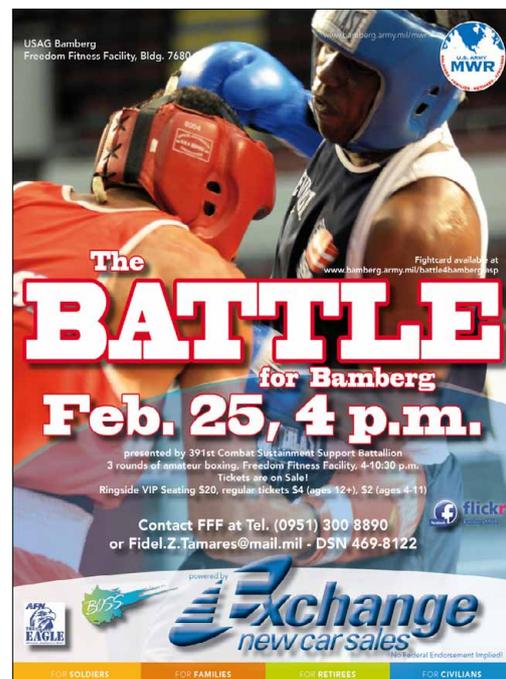
Vehicle Registration Office will be closed on Feb. 20, all day and Feb. 21 after 12 p.m. For further information, call 0951-300-7580.

### Airport Shuttle

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:25 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on holidays, but is on training holidays. Pets are allowed. For more information about the airport shuttle, call 069-695973816.

### Coffee Change

The phone number for Community Activity Center



USAG Bamberg  
Freedom Fitness Facility, Bldg. 7690

www.bamberg.army.mil

MWR

# The BATTLE

for Bamberg

Feb. 25, 4 p.m.

presented by 391st Combat Sustainment Support Battalion  
3 rounds of amateur boxing, Freedom Fitness Facility, 4-10:30 p.m.  
Tickets are on Sale!

Ringside, VIP Seating \$20, regular tickets \$4 (ages 12+), \$2 (ages 4-11)

Contact FFF at Tel. (0951) 300 8890  
or Fidel.Z.Tamares@mail.mil - DSN 469-8122

powered by Exchange new car sales

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

and cafe is now 0951-300-8837. The 0951-300-8659 line will only be for Arts and Crafts and be answered during its business hours.

### Library Hours Changed

The community library, located at building 7047, closes at 6 p.m. on Fridays. The current hours of operation are: Monday-Thursday from 11 a.m.-8 p.m., Fridays 11 a.m.-6 p.m. and Sat 11 a.m.-6 p.m. Closed Sundays and Federal Holidays.

### Customs Office

The Customs Office is closed every first Thursday of the month for training.

## Continuing Education

### Texas Resident

Are you a Texas resident? Central Texas College offers an in-state tuition rate of \$76/credit hour for Texas residents taking online courses. Take classes online in criminal justice, early childhood, applied management, hospitality management, legal assistant and fire prevention. For more information, e-mail [bamberg@europe.ctcd.edu](mailto:bamberg@europe.ctcd.edu) or call 0951-300 7467.

### PTA Scholarships

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

### Post 9/11 GI Bill

Take advantage of your military benefits. Earn a degree or skill with your Post 9/11 GI Bill. Find out more about your benefits by visiting <http://www.gibill.va.gov/>.

### UMUC Financial Aid

UMUC Europe introduces the New Student Scholarship for Spring 2012 Session 1 and 2. This one-time \$700 award helps students with the cost of tuition and books and combined with the affordability of UMUC Europe's programs, helps make it possible to reach their highest personal and career goals. Starting in January, book awards will be increased to \$150 for active duty enlisted service members and military family members of all ranks. With a quick online application, eligible students can offset the cost

Help us better our community by taking a survey about the Bamberg community at  
[www.surveymonkey.com/s/Bamberg](http://www.surveymonkey.com/s/Bamberg)

## Recycling Fact

**One ton of carbon dioxide that is released in the air can be prevented by replacing every 75 watt light bulbs with energy efficient bulbs.**

of their textbooks this spring. For more information or to download financial aid applications, visit [www.ed.umuc.edu/financial\\_aid](http://www.ed.umuc.edu/financial_aid).

## Sports, Health and Fitness

### Boxing Smoker

391st Command Sustainment Support Battalion will be hosting a boxing smoker on Feb. 25 from 4 - 10:30 p.m. at the Freedom Fitness Facility. The event is open to all units, boxers for the event are still needed. Family Readiness Groups have the opportunity to fundraise at the event and must submit the necessary paperwork. Tickets for the smoker are on sale: ringside VIP seats are \$20, regular seats for ages 12 and up are \$4 and seats for children ages 4-11 are \$2. For more information, call 1st Lt. Fidel Tamares 0951-300-8122 or e-mail [fidel.z.tamares.mil@mail.mil](mailto:fidel.z.tamares.mil@mail.mil) or call FFF 0951-300-8890.

## Youth and Teens

### Babysitter Certification

Child, Youth and School Services is offering free training to become a certified babysitter on Feb. 21 at 4 p.m. at the John F. Kennedy Teen Center. The course is for youth 12 and up and teaches CPR, first aid and other business tools. Upon completion attendees 14 and up will be put on the official CYSS babysitters list. For more information, e-mail [annmarie.j.mcqueen.naf@mail.mil](mailto:annmarie.j.mcqueen.naf@mail.mil) or call 0951-300-8660.

### Parents' Night/Day Out

Enjoy a day or night out by enrolling your children in the next Parents' Day Out or Parents' Night Out programs. Dates for Parents' Day Out will be April 21, June 2, Aug. 4, Oct. 6 and Dec 1 from 11:30 a.m. - 3 p.m. Dates for Parents' Night Out will be March 2, May 4, July 6, Sept. 7 and Nov. 2 from 6:30 - 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

### US Youth Soccer Association Region I / Europe

All soccer players ages 8-18 are invited to attend the Oberpfalz District Team training sessions on Feb. 12 at 1FC Nuremberg Facilities. For more information, call Pinkstan O'Meally 0160-95078359.

### Open House

Come and check out the ultimate hang out place for youth, grades kindergarten through 5th grade. Bamberg School Age Center offers exciting activities and programs. SAC will be having open house Feb. 15 from 4 to 6 p.m. For more information call, 0951-300-8698.

### TerraNova Testing

Home school students are eligible to participate in the annual TerraNova testing on the same basis that such

resources are made available to dependents enrolled in DoD schools. If you are interested in having your child, fourth grade through sixth grade participate in the TerraNova, e-mail Paul Houk at [paul.houk@eu.dodea.edu](mailto:paul.houk@eu.dodea.edu) for Bamberg Elementary School students grades 4 to 6. All requests for participation should be received no later than Feb. 17 for BES students. The testing week is March 12 through 16, with the following week for make-up testing.

### Space Student

Learn what it takes to be an astronaut at the Space Camp in Huntsville, Ala. Activities include simulated Space Shuttle missions, training simulators, rocket building and launches, scientific experiments and lectures of the past, present and future of space exploration. Applications are available through the School Liaison Officer. For more information about Space Camp, visit [www.spacecamp.com](http://www.spacecamp.com). If eligible, students can apply for the Bernard Curtis Brown II Memorial Space Camp scholarship funded by the Military Child Education Coalition.

### Reader of the Month

On the third Wednesday of the each month at 4 p.m., the Bamberg Community Library and School Age Center will recognize and reward children and youth for their accomplishments in reading. A reading log will be maintained at Bamberg Library. The Reader of the Month will have their photo displayed at the library. For more information, call 0951-300-1740.

### Preschool Services

Your child or someone else's may qualify for preschool services for children with disabilities. Screening for children ages 3 to 5 years of age are held once a month at Bamberg Elementary School to locate and identify children who may have developmental delays. Make an appointment if you suspect a delay in language, physical, cognitive, social or adaptive behavior development. Call BES at 0951-300-7616.

### Library Events

The library hosts weekly events. There is storytelling for children ages 3-5 years old every Wednesday at 11:30 a.m. There's also a Gamers' Challenge that meets every Saturday at 5 p.m. For more information, call 0951-300-1740.

### Youth Lessons

Child, Youth and School Services SKIES Unlimited is offering lessons for tennis, racquetball and dance for youth ages 7-18. For more information, call 0951-300-7452.

### Cub Scouts

There is a Cub Scout Pack in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webelos (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlaroma, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information, call 0951-222-1903 or e-mail [chad3jsdad@yahoo.com](mailto:chad3jsdad@yahoo.com).

### Boy Scouts

Boy Scout Troop 40 in Bamberg is looking for boys ages 12 and older interested in becoming Boy Scouts. The troop meets every Monday from 6:30 - 7:30 p.m. except on holidays. The boys work on requirements for advancement and earning Merit badges. The troop is also looking for adult volunteers and Eagle Scouts to assist with troop activities. For more information, call 0160-1585894.

### Teen Stress

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

### Scout Program

Each year, the Veterans of Foreign Wars selects three young people — of the Boy or Girl Scouts, Sea Scouts or Venturing Crew — who have demonstrated practical citizenship in school, scouting and the community. The first-place winner receives a \$5,000 award, the second-place winner receives a \$3,000 award and the third-place winner receives \$1,000. For more information, visit <http://www.vfw.org/Community/Scout-of-the-Year-Scholarship/>

To ensure no frost damages occur during the upcoming freezing temperatures, make sure all windows and doors are closed and heating systems are turned on. Failure to do so could result in burst pipes. If you do experience any issues with your heating systems, call the Work Order Section at 0951-300-7639.

# Bamberg Movie Schedule

AAFES Reel Time Theater is closed  
Tuesdays and Wednesdays

Thu	Feb. 9	J. Edgar (R)	7 p.m.
Fri	Feb. 10	One for the Money (PG-13)	7 p.m.
Sat	Feb. 11	Arthur Christmas (PG)	3 p.m.
		One for the Money (PG-13)	7 p.m.
Sun	Feb. 12	Arthur Christmas (PG)	3 p.m.
		One for the Money (PG-13)	7 p.m.
Mon	Feb. 13	New Year's Eve (PG-13)	7 p.m.
Thu	Feb. 16	New Year's Eve (PG-13)	7 p.m.
Fri	Feb. 17	The Sitter (R)	7 p.m.
Sat	Feb. 18	Big Miracle (PG)	3 p.m.
		The Sitter (R)	7 p.m.
Sun	Feb. 19	Big Miracle (PG)	3 p.m.
		The Sitter (R)	7 p.m.
Mon	Feb. 20	Big Miracle (PG)	7 p.m.
Thu	Feb. 23	The Thing (R)	7 p.m.
Fri	Feb. 24	Sherlock Holmes: A Game of Shadows (PG-13)	3 p.m.
		The Thing (R)	7 p.m.
Sat	Feb. 25	Journey 2: The Mysterious Island (PG)	3 p.m.
		Sherlock Holmes: A Game of Shadows (PG-13)	7 p.m.
Sun	Feb. 26	Journey 2: The Mysterious Island (PG)	3 p.m.
		The Thing (R)	7 p.m.
Mon	Feb. 27	The Twilight Saga: Breaking Dawn Part 1 (PG-13)	7 p.m.

## Eco-Friendly Tips

### Water-saving Tips

1. If your dryer collects water, use this to iron, clean, etc.
2. Use the short "eco" program of your washing machine.

### Energy-saving Tips

1. Open fridge quickly to avoid letting cool air out.
2. Daytime reading and working areas should be located where window light is sufficient on all but the darkest, overcast days. This should include the chair with the magazine rack, the play table for the children, the workbench or the sewing machine. Light also means heat, so you'll be warmer as you work or play in this area.

### Recycling Tips

1. Teach kids about the environment.
2. Before buying anything new, ask yourself if you really need it.

## Trips and Travel Opportunities

Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directories/dfmwr/odr.asp>.



### Feb. 11 Ski and Snowboard Lermoos \$75

Can't find time on the training holidays to go skiing? Relax, and let Outdoor Recreation take care of the driving on this one-day trip to the world famous Ler-moos and the Zugspitze Arena ski-areas. Space is limited. Please sign up in advance. Transportation departs from Outdoor Recreation at 2 a.m. returns at 11 p.m.

### Feb. 14 Dinner and Wine Tasting \$60

Tease your taste buds as you sample different wines while having a romantic Valentine's Day dinner at Schloss Buttenheim. Wine, olive oil and other gourmet items can be purchased, so be sure to bring value-added tax forms. Transportation departs from Outdoor Recreation at 6 p.m. and returns 10 p.m.

### Feb. 17-20 Kitzbuhel and Wilde Kaiser Ski \$355

Hop on the Outdoor Recreation trip to the Kitzbuhel and Wilde Kaiser ski areas in Austria. With near perfect weather and many slopes to choose from. The trip includes transportation and lodging (double occupancy) with dinner and breakfast. This does not include lift pass. Get reduced rentals or get your own gear tuned for half price at Outdoor Recreation before you go. Transportation departs from the chapel parking lot at 2 a.m.

### Feb. 29 Headlamp Snowshoe Hike \$25

Discover a new way to traverse the winter plains by joining Outdoor Recreation on an evening snowshoe hike lit by headlamps. We will be travelling through the Paradise Valley winter wonderland, which is a short drive away from Warner Barracks. The trip includes snowshoes and transportation. Transportation departs from Outdoor Recreation at 5 p.m. and returns at 9 p.m.

### March 3 Learn to Ski or Snowboard \$80

Spend a day on a local slope Ochsenkopf, in the Fichtelgebirge with Outdoor Recreation's own instructor. The trip includes transportation, a lift pass, rentals and 2.5 hours of lessons. Transportation departs from Outdoor Recreation at 9 a.m. and returns at 5 p.m.

### March 8 Tour Under Bamberg \$25

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp. Please wear appropriate clothing and bring a flashlight. Transportation departs from Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

### March 16-19 Ski and Snowboard Stubai \$350

Grab your gear or rent some equipment from us for \$25. With 110 km of slopes, there is a little something for everyone, including the fun park for snowboarders that features banked crosses, rails and other obstacles. The trip includes transportation, three-nights lodging at double occupancy and breakfast. This does not include lift pass. Transportation departs from Outdoor Recreation at 2 a.m.

### March 24 Prague, Czech Republic \$65

Containing one of the world's most pristine and varied collections of architecture, Prague is a vibrant city. Indulge in a Czech beer, while exploring Charles Bridge, Prague Castle, Wenceslas, Lesser Quarter and the Old Town Squares (just to name a few). The trip includes transportation and a city tour. Children ages 4-12 are \$55, and children ages 3 and younger are \$45. Transportation departs from chapel parking lot at 5 a.m. and returns at 11 p.m.

### March 31 Little Swiss Hike \$25

Say goodbye to winter and welcome in the spring season with our Little Swiss Hike. You will enjoy the calm of the landscape as you deeply inhale the fresh spring air. Please wear appropriate clothing and hiking boots. Pack a lunch and hydrating liquids. Transportation departs from Outdoor Recreation at 9 a.m. and returns at 5 p.m.



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

## AUTOMOBILES

2005 BMW 118d, 45+ mpg turbo diesel, 6 speed manual, 5 door hatchback, Euro Spec, 98000 miles, snow and summer tires/rims, onboard GPS/computer, heated seats, parking assist, PCSing must sell. Asking \$10,500. Call Robert 01607837935 or email [lucasbmw118@yahoo.com](mailto:lucasbmw118@yahoo.com).

\$3800 OBO 1997 Ford Mondeo, Grey 4 door, Euro Spec, Automatic, sunroof. Passed inspection Sept. 19. New windshield and rear bumper, clean interior, very room. Car runs great on and off the autobahn. Phone:0160-985-45227

\$2200 1998 2 dr. Seat Arosa, Euro Spec, 5-speed manual. Replaced front wheel bearings, new winter tires, new muffler. Passed inspection Oct 11. Excellent gas mileage. Phone:0160-985-45227

1994 Yamaha Virago (XJ600). Chopper configuration in top condition. 535 CC. 16,485 Km. Euro 2,500 German license plate w/TUV. Located In Schweinfurt. Call Douglas or Eva Stewart 09721-749246, 0151-20546748. Want photos? [Stewartorders@hotmail.com](mailto:Stewartorders@hotmail.com).

Opel Astra Coupe, 1999, red, 92000 miles, german specs, MP3 Player-CD, very clean and in good condition, new muffler, new brakes. Asking: \$3000 obo, for more pics or information please contact [e\\_sapper@hotmail.com](mailto:e_sapper@hotmail.com).

## EMPLOYMENT

The USAG Bamberg Community

Chapel is currently accepting applications for Watchcare providers for the Watchcare Program. Performance period is expected through 30 September 2012. Interested parties should contact Stacey Berry, the Watchcare Coordinator, at 0152-242-84736.

Central Texas College needs instructors to teach applied management and military science. Requirements include a management based associate's degree and several years of active, Reserve, or National Guard military experience. For more information, call 0951-300-7467 or e-mail [bamberg@europe.ctcd.edu](mailto:bamberg@europe.ctcd.edu).

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 09721-96-8309; or e-mail [sarah.boerner@europe.ctcd.edu](mailto:sarah.boerner@europe.ctcd.edu).

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary.

Bamberg's Exchange is accepting applications for entry-level retail and food positions. Join a unique organization with the competitive package by applying online at [www.applymyexchange.com](http://www.applymyexchange.com) or by calling Human Resources Office at 0951-303159.

## MISCELLANEOUS

Looking for a loving home for our 2 male guinea pigs. They include 2 large cages, wooden huts, bedding material, grooming supplies, toys, books, pet carrier, and water bottles. They are 2 years old. Asking \$100.

We are PCS'ing soon and can not take them with us. If interested please call 0151-1756-0411.

Lost: Blue and purple stone earring. If found please call Janice at 0951-300-8999 or 0175-251-4429. Thank you.

Large Apartment 2 bedroom and studio just 10minutes away from Bamberg. Pictures available. Call 0152-54229569.

Let me walk your dog! Do you have a high energy dog that needs to go on long walks, but you don't have the time? Let me walk your dog. I will tailor to each dog's needs, but I usually go on 6 mile+ walks. \$10 for each walk. For my personal information please contact me at [erin.cooper@us.army.mil](mailto:erin.cooper@us.army.mil).

Looking for a teacher of the Russian language. Call: 015152050467 or e-mail [mmk09@aber.ac.uk](mailto:mmk09@aber.ac.uk).

Mariachi Cuatro Caminos. Needs violins and trumpet players, along with vocalist male and female We will perform for the community and Middle and elementary schools in the community All serious inquires please e-mail [puromariachi@hotmail.com](mailto:puromariachi@hotmail.com)

Apartment for rent. 1 bedroom apartment. 1 kitchen with built in kitchen furniture, 1 living room, 1 bedroom, 1 bathroom. All lamps and curtain included. Basement, Laundry room (already washer and dryer there), 2 parking lots. 14 km from post. For more info, call 0152-54229569.

## FOR SALE

For Sale: German solid wood living room shrank with lights: measurements are: 3.28m wide, 2.17m tall; 0.55m deep. The price is negotiable. Pictures available. 0152-54229569.

Six month old AFN receiver for sale for \$190. Costs \$379 new. Will work after the 2012 AFN digital conversion. Please email [johndld1999@yahoo.com](mailto:johndld1999@yahoo.com) for details. On-post pick up only. AFN receiver for sale. \$150. Paid \$180 six months ago. Please email [johndld1999@yahoo.com](mailto:johndld1999@yahoo.com) for details. On-post pick up only.

Kitchen with all appliances- \$700; German king-size solid wood bed - \$430; German bedroom shrank (4 meters long, 220 m high/black&white)-\$570; solid wood round dining room set (w/4 chairs)- \$200; French bed (120X200)-\$150; high board-\$75; bathroom cabinet-\$70; and a solid wood chest of drawers-\$65 / O.B.O. Call 0174-766-3088.

## AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please e-mail your submission to the Public Affairs Office at [usarmy.bamberg.usareur.mbx.pao@mail.mil](mailto:usarmy.bamberg.usareur.mbx.pao@mail.mil). We will ONLY accept classified ads by e-mail. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600.

**0954-532-2881**  
**[solacedogrescue@yahoo.com](mailto:solacedogrescue@yahoo.com)**

**PCSing?**  
Can't find a new home for your dog?  
Please don't abandon him/her, call us first.

**Beware of dog breeding scams**  
Call us before buying.  
We will translate the paperwork.



**AAFES Corner** 

**Valentine's Day**

Click [here](#) to view weekly savings

**Defense Commissary Agency  
Corner**

Bring your own bag

Go to <http://www.commissaries.com>.

Click [here](#) for printable online coupons.

Click [here](#) for recipes from Kay's Kitchen.



## Outside the Gate

### Events in and around Bamberg

Guided tours are a good way to get to know the place you are living or stationed at. It is a good way to spend time outside, with friends or family. Check this website available in English on guided tours <http://www.bamberg.info/en/stadtfuehrungen/>

For general information on Bamberg's sights, fests, locations and free-time activities check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>. The information is available in English and with the nice pictures you will get in the mood for getting out end enjoying yourself.

Insider tips and rating for the coolest pubs, clubs, bars and sights can be found on this website: <http://www.virtualtourist.com/travel/Europe/Germany/Bavaria/Bamberg>. People who have been to these locations before share their insight information and experiences. It is a great resource for all who would like some more information on their favorite destination on Bamberg before leaving base.

### Fasching, Fastnacht, Karneval

The Fasching season, also known as the "fifth season," is a time when Germans loosen up a little, dress up in funny costumes and party. Fasching is especially popular in the Rhine region; cities like Cologne, Mainz or Düsseldorf more or less shut down during the high season. The date of the long Fasching weekend varies, depending on the church calendar, but the official start of the season is always on the 11th day of the 11th month at 11:11 a.m. In the time between New Year's and the high Fasching season many towns and villages host balls, parties and parades. Partygoers typically dress up as a character, similar to Halloween. German police are cruising the streets more frequently at night to catch those who drink and drive.

The high season starts with Altweiberfasnacht, or crazy Thursday on Feb. 16, when traditionally the women take over the city's courthouse and cut off the tie of any man who dares to wear one. After attending parties all weekend long, people flock to the large cities like Cologne or Mainz to watch the Rosenmontag, or Rose Monday, parades on Feb. 20. Faschingsdienstag, or Shrove Tuesday, on Feb. 21 offers one last chance to party hard and then "bury" the carnival at midnight until following year. Aschermittwoch, or Ash Wednesday, marks the beginning of Fastenzeit, or Lent. The seven weeks before Easter are often used as a time for reflection and renunciation of certain personal vices (like smoking, alcohol or candy).

Here are some Fasching events in the region:

- Feb. 19, Nürnberg: Fasching Parade at 1 p.m.
- Feb. 19, Würzburg: Fasching Parade at 11:55 a.m.
- Feb. 20, Ansbach: Kinder parade at Martin-Luther-Platz downtown (2:15 p.m.), followed by a children's party at Onoldiasaal
- Feb. 21, Bamberg: Fasching Parade at 1:30 p.m.
- Feb. 21, Schweinfurt: Fasching Parade at 1 p.m.

### Events for Feb. 10-12

#### Friday, February 10

- 1 p.m. 3-day ticket Davis Cup Stechert Arena, Forchheimer Str. 15, 96050 Bamberg
- 2 p.m. Carnival joint event of the Women's Federation and the KAB, Pfarrheim, Schimmelsgraben 2, 96123 Litzendorf. For more information, call 0 95 05 3 75/75 44.
- 7 p.m. The Flying Dutchman, a marionette opera by Richard Wagner, Bamberger Marionettentheater, Untere Sandstraße 30, 96049 Bamberg. For more information call, 0951/67600 or visit [www.bamberger-marionettentheater.de](http://www.bamberger-marionettentheater.de).
- 9 p.m. The Burning Room feat. Marco Hohner, inspired sounds of John Mayer, Live-Club, Obere Sandstraße 7, 96049 Bamberg. For more information call 0951-53304 or visit [www.live-club.de](http://www.live-club.de).

#### Saturday, February 11

- 7 p.m. A Midsummer's Night Dream, a marionette play by William Shakespeare, Bamberger Marionettentheater Untere Sandstraße 30, 96049 Bamberg. For more information call, 0951/67600 or visit [www.bamberger-marionettentheater.de](http://www.bamberger-marionettentheater.de).
- 7 p.m. Fasching Party, Sportheim DJK Tütschengereuth, Tütschengereuther Hauptstr. 100, 96120 Tütschengereuth.
- 7 p.m. Fasching Party, Mehrzweckgebäude Sassendorf, Kirchsteig 2, 96199 Zapfendorf Gde.teil Sassendorf.
- 8 p.m. Fasching Ball, Sportheim 1. FC Oberhaid, Johannishofer Straße, 96173 Oberhaid.

8p.m. Fasching Party with band, Kath. Pfarr- und Jugendheim, Lichtenfelser Str. 6, 96103 Hallstadt.

### Sunday, February 12

- 11 a.m. Brass Quintet of the Bamberg Symphony Orchestra, Kloster Banz, ., 96231 Bad Staffelstein. For more information, visit [www.kammerkonzerte-banz.de](http://www.kammerkonzerte-banz.de).
- 2 p.m. Children's Fasching, Sportheim Phönix, Zum Sportplatz 1, 96155 Buttenheim.
- 7 p.m. Hansel and Gretel, a marionette opera by Engelbert Humperdinck, Bamberger Marionettentheater Untere Sandstraße 30, 96049 Bamberg. For more information call, 0951/67600 or visit [www.bamberger-marionettentheater.de](http://www.bamberger-marionettentheater.de).

### Sports

- March 16** Harlem Globetrotters, Olympic Hall (Olympiahalle), Munich
- March 18** Harlem Globetrotters, Ratiopharm arena, New Ulm

### National Concert Schedule

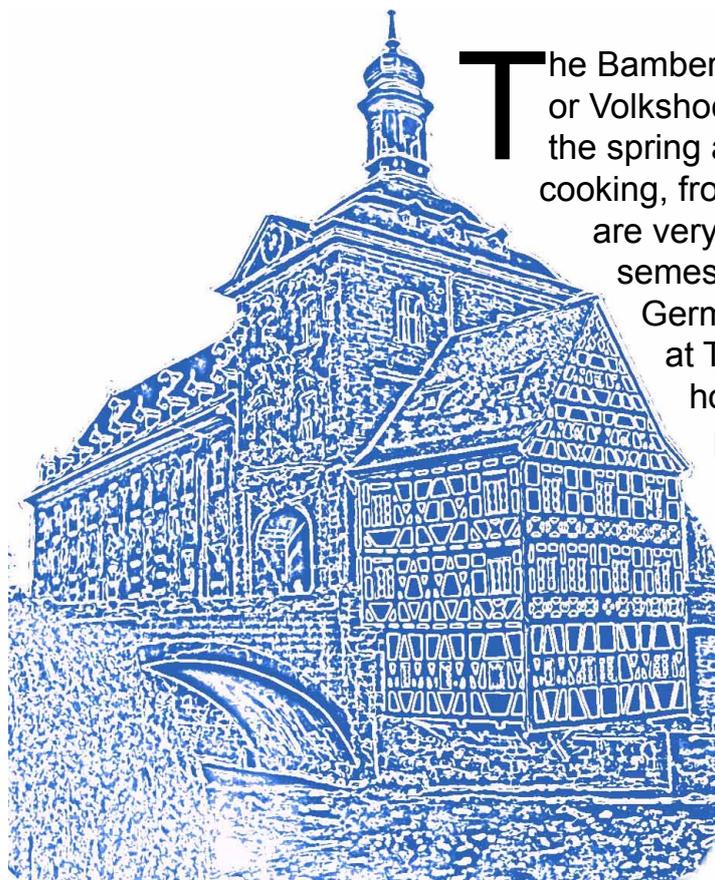
- Feb. 17** Sunrise Avenue, (City Hall) Stadthalle Braunschweig, Braunschweig
  - Feb. 17** Project Pitchfork, C-Club, Berlin
  - Feb. 18** Sunrise Avenue, Auensee House (Haus Auensee), Leipzig
  - Feb. 18** Project Pitchfork and Guests, HsD Erfurt, Erfurt
  - Feb. 21** Sunrise Avenue, Sports Hall (Sporthalle) Hamburg, Hamburg
- For more dates and tickets for Sunrise Avenue concerts please see <http://www.eventim.de/sunrise-avenue-tickets.html?affiliate=GMD&doc=artistPages%2Ftickets&fun=artist&action=tickets&kuid=2622>
- Feb. 25** Project Pitchfork and Guest, Alter Schlachthof, Dresden
- All dates, and tickets are available on the following website <http://www.eventim.de/project-pitchwork-tickets.html?affiliate=GMD&doc=artistPages%2Ftickets&fun=artist&action=tickets&erid=637247&includeOnlybookable=true>
- Feb. 28** Snow Patrol Frankfurt– Jahrhunderthalle 8 p.m.
  - Feb. 29** Sting Frankfurt – Jahrhunderthalle 8 p.m.
  - March 2** ASP, Capitol Mannheim, Mannheim
  - March 3** ASP, Altes Theater, Magdeburg
  - March 16** Maria Mena, Voktoria Tour 2012, Grosse Freiheit 36, Hamburg
  - March 17** Jason Derulo Munich – Tonhalle 8 p.m.
  - March 17** Maria Mena, Voktoria Tour 2012, ASTRA Kulturhaus, Berlin
  - March 18** Maria Mena, Voktoria Tour 2012, E-Werk Cologne, Cologne
  - March 20** Maria Mena, Voktoria Tour 2012, Capitol Offenbach, Offenbach
  - March 21** Bryan Adams, LANXESS arena, Cologne
  - March 21** Maria Mena, Voktoria Tour 2012, Kesselhaus, Munich
  - March 22** Maria Mena, Voktoria Tour 2012, Alter Schlachthof, Dresden

## Visit the city of Bamberg's official website

The screenshot shows the Bamberg official website with the following elements:

- Navigation Tabs:** Home, Hotels & accommodation, Guided tours, Packages.
- Sidebar Menu:**
  - BAMBERG Experience
  - BAMBERG Worth seeing
  - BAMBERG Culture
  - BAMBERG Active
  - BAMBERG For...
  - BAMBERG Service
  - BAMBERG Specialist
- Main Content:**
  - Our tip – your personal delicacy!** Come and visit the Franconian Rome for three days and discover Bamberg's way of life. Regional Franconian delicacies will be served during your 3 course-menu. In addition to that you will receive vouchers to become acquainted with typical specialties of Bamberg like for example the famous smoke beer. A BAMBERGcard is of course also part of the deal. [...more](#)
  - Bamberg - the beer city** Nine breweries within Bamberg's boundaries produce more than 50 different beers which are just waiting to be tasted. Discover the art of brewing the Bamberg way! [...more](#)
  - Bamberg - an unforgettable experience!** Bamberg, the city of experience, has many facets - not only does it embody a thousand years of art and culture but it has also succeeded in remaining vibrant and young at heart. Experience Bamberg twelvefold! [...more](#)
- Opening hours:**
  - Tourist information
  - Monday to Friday: 9.30am - 6pm
  - Saturday: 9.30am - 6pm
  - Sundays and bank holidays: 9.30am - 2.30pm
  - Closed: New Year's Day, Good Friday, 24. Nov., 1st Nov., 25th and 26th December
- Footer:**
  - Facebook: 113
  - Tweet: 2
  - Share: 171

# Classes in Bamberg



The Bamberg Community Recreation and Learning Center or Volkshochschule (VHS) is offering a variety of classes in the spring and in the fall. Classes range from languages to cooking, from yoga to horseback riding. Some of these classes are very popular and fill up on sign-up day, which for this semester is Feb. 13, 2012. You can sign up via their German website [www.vhs-bamberg.de](http://www.vhs-bamberg.de), or at their office at Traenkigasse 4, 96052 Bamberg. Their opening hours are Mon. 9:30 a.m. to 12:30 p.m. and 2 to 5 pm., Tue., Wed., Thur. 9:30 a.m. to 12:30 p.m. and 2 to 4 pm, Fri. 9:30 a.m. to 12:30 p.m. There are extended opening hours from Feb. 13 - 17: Mon. 9:30 a.m. to 5 p.m., Tue., Wed., Thur. 9:30 a.m. to 12:30 p.m. and 2 to 5 pm, Fri. 9:30 a.m. to 12:30 p.m. Payment is either in cash, or via German bank withdrawal so have you bank information ready if you choose this method of payment. The following is only a small selection of classes. The number in parenthesis is the course number. Please check website for locations.

Course	Start	Time	Price	Location	Comment
Yoga (4261)	Feb. 27	6:20-7:50 p.m.	€42.24	Altes E-Werk, room U 10	Classes are on Mondays, 11 sessions
Yoga (4290)	Feb. 28	6 – 7:30 p.m.	€50.92	Altes E-Werk, room 207	Classes are on Wednesdays, 13 sessions
Intensive German language class (3003)	Mar. 20	6:30 – 7:30 p.m.	€20.49	Franz-Ludwig-Str. 13, room 036	Classes on Tuesdays, 4 sessions
German language class for moms (3013)	Mar. 1	9 – 11:30 a.m.	€25	Nuernbergerstrasse 108k	Free childcare during class. Classes are on Thursdays, 15 sessions
German language class for beginners (3009)	Feb. 29	6:30 – 8 p.m.	€57.60	Franz-Ludwig-Str. 13, room 137	Classes are on Wednesdays, 15 sessions
German language for advanced beginners	Feb. 28	6:30 -8 p.m.	€76.80	Kloster-Langheim-Str. 11, room 214	Classes are on Tuesdays, 20 sessions. Book fees are €13.50
Chocolate and Praline seminar (5200)	Mar. 6	6:30 – 9 p.m.	€27.80	Altes E-Werk, U-17	Second class Mar. 7. Same time and place.
Cooking class for singles (5307)	Mar. 8	5:30 – 9:30 p.m.	€21.24	Altes E-Werk U-16	Class on Thursday.
Pasta and Pesto cooking class (5322)	Mar. 8	5:45 – 9:30 p.m.	€41.60	Altes E-Werk U-17	Includes €30 for food items and wine
Horseback riding (4980)	Mar. 2	8 – 9 p.m.	€110	Poedeldorfer Strasse 196	Classes are on Fridays, 10 sessions
Horseback riding (4981)	Mar. 3	10 – 11 a.m.	€110	Poedeldorfer Strasse 196	Classes are on Saturdays, 10 sessions
Cooking class for men only (5305)	Apr. 27	5:30 – 9:30 p.m.	€45.28	Altes E-Werk U-17	Includes €30 for food supplies and wine
Indian cooking class (5432)	Mar. 23	6 – 9:30 p.m.	€33.18	Altes E-Werk U-17	Second session on Mar. 24, 10 a.m. – 1 p.m.
Spanish cooking class (5418)	May 11	6:30 – 9 p.m.	€59.45	Altes E-Werk U-17	Second sessions on May 12, 10 a.m. to 1 p.m. €30 for ingredients and wine included
Thai cooking (5440)	Apr. 17	6:30 – 9:30 p.m.	€70.90	Altes E-Werk U-17	Classes are on Tuesdays; €22.50 for ingredients included, 5 sessions
Tapas (5412)	May 22	6 – 9:30 p.m.	€36.66	Altes E-Werk U-17	€10 for ingredients included
Moroccan cooking class (5421)	May 25	5 – 9 p.m.	€23.80	Altes E-Werk U-16	€10 for ingredients and tea included
Indian cooking class (5433)	May 6	6 – 9:30 p.m.	€23.80	Altes E-Werk U-17	Second session on May 7, 10 a.m – 1 p.m.
Irish Set Dance for beginners	Mar. 14	6:30 – 5:30 p.m.	€20.98	Altes E-Werk ballroom	Bring tennis shoes, 3 sessions
Oriental Dance for beginners (4850)	Mar. 7	5 – 8 p.m.	€40.16	Ohmstr. 13, room 1	Wear comfortable clothes and tennis shoes, 10 sessions
Classic Ballet	Feb. 28	5:45 – 6:45 p.m.	€53.40	Ohmstr. 13, room 1	For all ages, 10 sessions

For more classes and information on locations of classes as well as information on refunds please contact the VHS directly at 0951-871108 or visit [www.vhs-bamberg.de](http://www.vhs-bamberg.de). Also, please double check dates and times when you sign up.