



WARNER WEEKLY

News & Information at Your Fingertips

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Thursday Feb. 16, 2012



Health clinic makeover not just physical

By Jessica Lipari,
USAG Bamberg Public Affairs

BAMBERG, Germany -- Renovations are under way at the Bamberg Health Clinic to improve the reception and waiting area, but this isn't the only change taking place at the clinic.

In addition to remodeling the front lobby, the restrooms and hallways, the health clinic is making internal changes to better serve its community.

Patient Centered Medical Home Model

Bamberg Health Clinic is transitioning to a patient centered medical home model, said Lt. Col. John J. Melton, U.S. Army Health Clinic Bamberg commander.

"The patient centered medical home model is to help standardize health care within the Army," Melton said. "It allows the patient to participate in their own health care and be a part of a team."

The patient will be partnered with a team of health care providers, including a primary care manager.

This team will deliver coordinated and collaborative care with the patient.

"The patient centered medical home model is to help standardize health care within the Army."

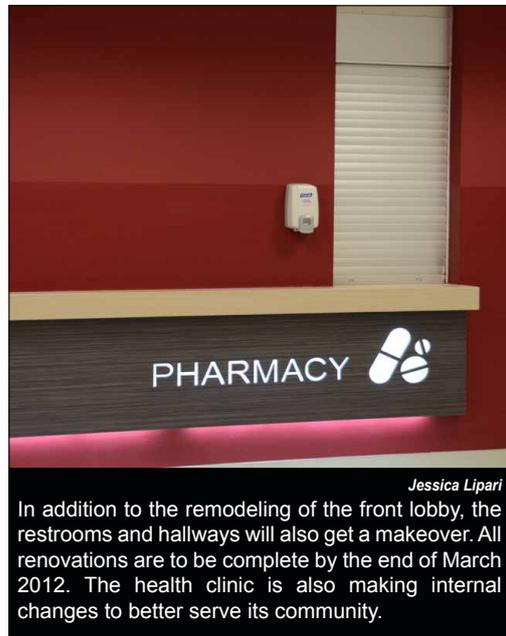
**- Lt. Col. John J. Melton,
U.S. Army Health Clinic Bamberg
commander**

The model will allow for more consistency as one moves with the Army.

The change and implementation will be an ongoing process with a continuing improvement effort.

"Updated information in the Defense Eligibility Enrollment Reporting System and enrolling in TRICARE Online is essential to this transition," Melton said. "Soldiers and their Families that don't update DEERS information put their medical benefits at risk."

TRICARE Online provides access to personal health care records 24/7 and even gives patients the ability to schedule or cancel appointments. Additionally, it provides access to secure messaging with your primary care managers and other members of the health



Jessica Lipari

In addition to the remodeling of the front lobby, the restrooms and hallways will also get a makeover. All renovations are to be complete by the end of March 2012. The health clinic is also making internal changes to better serve its community.

team.

Intake Interviews

The health clinic will soon be conducting primary care intake interviews with new patients. During pre-deployment briefings, the health clinic will

(CLINIC continued on Page 10)

Laissez les bons temps rouler



Sina Kingsbury

A child dressed in Mardi Gras attire participates in the Mardi Gras party at Birchview Lanes Friday. Community members came together last week for Warner Barrack's second annual Mardi Gras parade and party. The parade made its way from the chapel parking lot, through the residential buildings and ended at the bowling center, where the party followed. For more pictures, click [here](#).

More snack, drink options open on post

By Jessica Lipari,
USAG Bamberg Public Affairs

11 a.m. to 4 p.m.

BAMBERG, Germany -- The doors are now open at two new establishments here.

The 10th Hole located at Building 7682 and a bar located inside the Warner Conference Center has opened up to community members at Warner Barracks.

Family and Morale, Welfare and Recreation opened these establishments to offer Soldiers and their Families with more leisure options on post.

The 10th Hole is a snack bar offering sodas, American and German Beer, hot dogs, mini pizzas and Polish sausages.

It is open Thursday to Sunday from

The new 10th Hole snack bar will make it convenient for community members to grab a snack while working down at the local training area or playing a round of golf at the Whispering Pines Golf course.

The bar at the WCC also provides convenience for community members.

The public bus station and taxi parking is only 50 meters away from the bar, so it is a perfect starting point for clubbing and weekend party plans, said Mike Graham, WCC manager.

The bar will be open Thursdays and Fridays from 6 to 10 p.m. and on Saturdays and Sundays from 4 to 10 p.m.

(OPEN continued on Page 3)

Passport office changes hours of operation

By USAG Bamberg Military Personnel Division

BAMBERG, Germany -- Through numerous media and personal outlets, the garrison has heard your calls for change in the U.S. Army Garrison Bamberg Passport Office. We understand the previous hours of operation were not conducive to effective community support, so we are trying something new.

As of Feb. 1, we began new hours of operation on a trial basis. We will monitor closely during this time so that we can adjust as needed.

New hours of operation:

- Tuesday through Thursday: 8:00 a.m. to noon for walk-in service only for all applications, except for Consular Report of Birth Abroad.
- Tuesday through Wednesday: 1 to 4 p.m. for Consular Report of Birth Abroad appointments only. No walk-in service available.
- Thursday: 1 through 3 p.m. for customer contact, packet tracking, passport pick-up and



customer questions. No application requests during this time.

- Thursday: 3 through 4 p.m. for packet processing and mailing. No service.

To ensure timeliness of service, please visit www.bamberg.army.mil.

Under information on the garrison's homepage, click the Installation tab and then the passport services link. The following link ensures you have all the required documentation prior to coming to see the passport agent.

An online Consular Report of Birth Abroad appointment scheduler will be functional shortly.

This will consist of an e-mail link to the passport agent where you will request an appointment and verify you have all required documentation. The agent will then contact you directly to schedule your appointment.

We will try this for 60-90 days to see what the response from the community will be. Please feel free to provide us with any constructive feedback, positive or negative. We need to hear it all.

If you have an issue, an idea on how we can fix it or if our agent does something well, please contact our office.

Please feel free to visit the Bamberg Interactive Customer Evaluation page to provide feedback about your experience with the Bamberg Military Personnel Division and Passport Section.

For more information, call the Passport Office at 0951-300-8928.

Youth program offers free babysitting course

By Sina Kingsbury,
USAG Bamberg Public Affairs

BAMBERG, Germany -- Child, Youth and School Services will be hosting a four-day babysitting course here at John F. Kennedy Teen Center Feb. 21-24 from 4 to 7 p.m.

This free class is open to all children ages 12 to 18 who are registered with Parent Central Services.

In partnership with 4-H, CYSS has implemented a babysitting course that goes beyond first aid and CPR training.

4-H uses character pillars for many youth training programs, said Annmarie McQueen, assistant director of Outreach Services. The 4-H babysitting course focuses on character and empathy while learning how to care for

others.

The class also allows for parent participation.

"It gets parents involved," McQueen said. "It helps parents decide if the child is mature enough to watch another child."

The class also teaches professionalism and business skills.

The course teaches the kids about how to dress, interview, write a babysitting report, fix meals and inspect the home, McQueen said.

The babysitting class teaches future sitters how to make parents comfortable about leaving their children alone and how to be sensitive to the children's need, like those with a deployed family member, McQueen said.

The class is very involved," she said. "That's why its four days."

McQueen advises parents to familiarize themselves with Warner Barracks' supervision policy.

"A child may be ready to babysit and have all the training, but their ages need to consistent with the guidelines," McQueen said.

After being certified, Parental Central Services will place youth ages 13 and up on a list that refers babysitters to parents.

For more information on the babysitting course, call 0951-300-8660. For more information on Warner Barracks' child supervision policy, click [here](#).



Lt. Col. Steven L. Morris
U.S. Army Garrison
Bamberg, Commander

USAG Bamberg, Public Affairs Officer
Renate Bohlen

Warner Weekly Staff
Jessica Lipari, Sina Kingsbury (Editor)

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army.mil.

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Contact Information:

Office Location: Bldg. 7089, Warner Barracks
U.S. Army Address: Unit 27535, APO AE 09139
Telephone: DSN: 469-1600, Fax: DSN: 469-8033

German Address:

Weissenburgstrasse 12, 96052 Bamberg
Telephone: (+49) 0951-300-1600, Fax: (+49) 0951-300-8033

Traditional ceremony welcomes noncommissioned officers

By Staff Sgt. Lynne Lantin,
16th Sust. Bde. Public Affairs

BAMBERG, Germany -- Seventeen noncommissioned officers from the 391st Combat Sustainment Support Battalion, 16th Sustainment Brigade, were inducted into the NCO Corps during a ceremony at the post theater on Warner Barracks, here Feb. 1.

The induction ceremony is a time-honored tradition symbolizing the transition from a Soldier to a noncommissioned officer who is charged with the responsibility to train and lead Soldiers.

Before holding the ceremony, the 391st CSSB held a ten-day NCO leadership certification program that tested each NCO's physical fitness and competence in areas such as Physical Readiness Training, weapons training, convoy procedures, communications, troop leading procedures, land navigation and modern Army combatives.

Command Sgt. Maj. Gerald Daniels, the command sergeant major of the 391st CSSB, said that this event is not only about tradition but about bringing NCOs together.

"We bring the NCOs in and show them this is what you're supposed to be doing," said Daniels. "It brings a family bond together and shows them that they're a leader, and you can always bring Soldiers together on a leadership



Sgt. 1st Class Virgil Williams

Sgt. Brian Santiago, a human resource specialist with Headquarters and Headquarters Company, 391st Combat Sustainment Support Battalion, 16th Sustainment Brigade, cuts the cake following a noncommissioned officer induction ceremony at the post theater on Warner Barracks, Bamberg, Germany Feb. 1.

stage and still be able to learn and grow. "

Sgt. Brian Santiago, a human resource specialist with Headquarters and Headquarters Company, 391st CSSB, has been an NCO since 2009 and has never taken part in an induction ceremony until now, but said he is glad he was given the opportunity.

"Some of the NCOs who have been doing this for a while wondered at first why they should do this," said Santiago. "After the process of being

inducted, everybody had a completely different mindset. It makes you feel like you're a part of something bigger than yourself."

"It was really good training and a good experience. I got to spend time with a lot of different Soldiers. There was a lot of bonding between other NCOs as well and you learn from their jobs and from their experience as being a noncommissioned officer," Santiago said.

Command Sgt. Maj. Jesse Sharpe Jr., the command sergeant major of the 405th Army Field Support Brigade and guest speaker at the ceremony, shared some words of wisdom with the inductees.

"There are three things that will make you successful as a noncommissioned officer," said Sharpe. "Be a leader. You have to make that Soldier believe in you and want to follow you and follow your guidance; be a role model. You are the epitome of the standards. It's one of the hardest things you will have to do as a noncommissioned officer; train. NCOs get paid to train Soldiers."

"This is a tradition that we need to keep," Daniels said about the ceremony. "These guys are the ones where the rubber meets the road. Every sergeant you come across, they're the ones that the Soldiers trust the most."

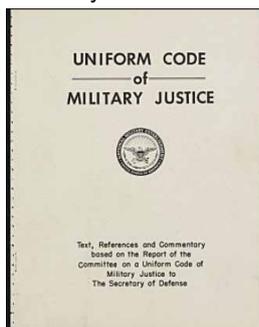
The 391st CSSB plans to hold NCO induction ceremonies regularly, Daniels said.

Social media misuse punishable under UCMJ

FORT BENNING, Ga. (Feb. 9, 2012) -- Soldiers who use social media must abide by the terms outlined in the Uniform Code of Military Justice.

"Commenting, posting or linking to material that violates the UCMJ or basic rules of Soldier conduct is prohibited," said Staff Sgt. Dale Sweetnam of the Online and Social Media Division, Office of the Chief of Public Affairs. "Talking negatively about supervisors or releasing sensitive information is punishable under the UCMJ.

To read more on this story, click [here](#).



Army Rangers test new software-defined radio

WASHINGTON (Army News Service, Feb. 10, 2012) -- The U.S. Army's 75th Ranger Regiment in Afghanistan recently completed an operational assessment of the software-programmable Joint Tactical Radio Systems, or JTRS, Rifleman Radio.

The assessment highlighted the radio's ability to share combat-relevant information, voice and data across small units in real time.



To read more on this story, click [here](#).

(OPEN continued from Page 1)

"We will have a selection of bar food items available and offer our club sandwiches," Graham said.

"We think that our style of music will make a difference and Soldiers will decide to meet at our bar before they head downtown Bamberg," he said.

"We will feature hip hop, salsa, reggae, house and trance music as well as smooth jazz for easy listening."

The bar will be subject to closure at times when events are going on at the WCC to ensure there is no conflict with the event.

"Management is sensitive to the fact that events be will booked at the WCC and the new bar operations will have no to minimal impact on the event," said Darrell Clay, Family and MWR director.

Community members have a chance to help name the newly opened bar at WCC and are asked to submit all suggestions no later than Feb. 29 to the bar.

For more information, e-mail michael.t.graham1.naf@mail.mil or call 0951-300-7596.



Warner Barracks celebrates Mardi Gras



USAG Bamberg Family and MWR IT Services

MWR ONLINE SERVICES

Register Online

Sign up for various Family and MWR programs, trips, fitness or arts and crafts classes, golf tee times, Child, Youth and School Services' programs - All from the convenience of your home!

Go to www.bamberg.army.mil/mwr and register for MWR Online Services. As a registered user you will be able to take advantage of MWR's Online Offers. Print out calendars for your CYS Services' Activities; pay your MWR bills online with your credit card and much more.

p.m. The office will be closed daily at noon to 1 p.m. for lunch. For the month of February only, the Tax Center will be open 9 a.m. to noon Saturday for appointments only. For more information or to make an appointment, call 0951-300-8261/8262.

Red Cross Volunteer Orientation

Come and learn how you can become a volunteer with the American Red Cross, March 2 and April 6 from 10 a.m. to 12 p.m. at Army Community Service building. Please call and RSVP no later than the day before each scheduled orientation. For additional information or questions, stop by the Red Cross office, Building 7029 or call 0951-300-1760.

CPR, AED and First Aid

Come and learn how to give cardiopulmonary resuscitation, first aid and use an automated external defibrillator with the Red Cross, March 9 and April 13 from 10 a.m. to 4:30 p.m. at the Army Community Service building. The cost of the CPR/First Aid Certification is \$45. You can log onto www.redcross.org to register. Once on the Red Cross site, go to "take a class" and enter your APO zip code to find the course, register and pay online. You can also register in person at the ARC office. For additional information or questions, stop by the Red Cross office, Building 7029 or call 0951-300-1760.

By Soldiers - For Soldiers

Alcoholic Anonymous meetings for Warner Barracks take place weekly on Wednesdays at 7 p.m. and Fridays at 8 p.m. in Building 7043 day room. Civilian attire. For more information, call Kyle 0151-1775-3880 or Wayne 0170-701-5574.

Pizza Night

Come to Pizza Night at Birchview Lanes Bowling Center starting at 6 p.m. Feb. 24. Get any 12-inch pizza for \$10. For more information, call 0951-300-7722 or e-mail japbrown99@yahoo.com.

Poker Tourney

Play in the poker tournament at Birchview Lanes Bowling Center Feb. 17 starting at 6 p.m. The tournament has \$25 entry fee with re-buys and the play will be Texas Hold'em. For more information, call 0951-300-7722 or e-mail japbrown99@yahoo.com.

Woodworkers Roundtable

Take part in the woodworkers roundtable every Wednesday at the Arts and Crafts woodshop on the second floor of Building 7047. Get tips, tricks and new ideas. The event is free. For more information, call 0951-300-8659 or e-mail thomas.stenson@us.army.mil.

72 HOUR SALE
VALID FEB 12 - 16, FEB 26 - MAR 1, MAR 11 - 15

\$99 LIMITED ROOMS AVAILABLE
PRICE IS PER NIGHT FOR A STANDARD ROOM
\$19 FOR BAKES & EGGS
OFFER ENDS 9 FEBRUARY

EXPERIENCE BAVARIA IN THE WINTER
FEB 12 - 16, FEB 26 - MAR 1, MAR 11 - 15

Winter in the Alps is one of the most scenic times of the year. A photographers and sightseers dream with snow in the valley and clinging on the high alpine peaks. At only \$99 for a standard room, we know you will cherish your vacation experience.

Comfortable lodge accommodations
Guided tours throughout Bavaria and beyond
Ski and Snowboard school
Hot tub and wellness club
Massage therapy program

This is a limited time offer that ends on Friday 18:00 hours CET. Cannot be used in conjunction with any other offer. Valid for standard rooms only. Valid for new reservations only with a limited number of rooms available at the special rate. Online reservations are not possible, you must email or call our Vacation Planning Center.

CALL (49) 08821-9440 TO RESERVE!

Community Announcements

Please send all announcements to Bamberg Public Affairs at usarmy.bamberg.usareur.mbx.pao@mail.mil.

Ash Wednesday

Two services will be offered at the Bamberg Community Chapel on Ash Wednesday, Feb. 22. Community members are invited to Protestant ashes and communion at noon and Catholic mass and ashes at 6 p.m. Following Catholic mass, a soup supper will be served. For more information, call Sgt. Medina at 0951-300-8326.

LoCash Cowboys

Armed Forces Entertainment presents the LoCash Cowboys March 13 at 7 p.m. at the Basics Building. Doors will open at 6 p.m. and admission is free. For more information, call 0951-300 -8647.

BOSS Trip

Take a trip to Paris and Euro Disney with Better Opportunities for Single Soldiers March 15-18. The trip includes round-trip transportation, two overnights in a four star hotel in Paris, two breakfasts, local tour guide in Paris and full day pass to Disneyland Paris. Open to Soldiers, family members and authorized ID card holders. The price is \$369 for ages 12 and up, \$315 for ages three to 11 and \$79 for under three. Sign up at the Freedom Fitness Facility with a \$100 deposit per person, payable in full by March 12. For more information, call 0951-300-8890.

Hairspray

Stable Theater presents the Broadway musical Hairspray March 22-24 and March 29-31 at 7:30 p.m. There will also be matinee performances March 25 and April 1 at 3 p.m. Reserve tickets in advance, \$11 for adults and \$9 for children, students and E4 and below. For more information, call 0951-300-8647.

Stamps of the Honored

In honor of African American heritage month, the Postal Service Center Postmaster will be presenting a display of 72 postage stamps honoring the achievements of African Americans. The display can be seen during the entire month of February in the Postal Service Center lobby from 9:30 a.m. to 4 p.m. daily. Free reproductions of the stamps on display are available as long as supplies last. For more information, call 0951-300-8820.

Free Tax Preparation

The Bamberg Tax Center is open. The Tax Center is located in Bldg. 7000 on the fourth floor. Appointments and walk-ins will be available. Operating hours will be Monday to Friday 9 to 11:30 a.m. and 1 to 3:30

Matting and Framing

The Arts and Crafts is scheduled to have a basic matting and framing class Feb. 23 at 6 p.m. and Feb. 18 at 10 a.m. The cost for the class is \$15. For more information, call 0951-300-8659.

Chili Cook-Off

Bring your best homemade chili and enter it into the Fourth Annual Chili Cook-Off Feb. 22 at noon at the Community Activity Center. The contest is free. For more information, call 0951-300-8837 or e-mail megan.l.martin.naf@mail.mil.

Arts and Crafts

Take part in the crafter's club at noon every Tuesday at the Arts and Crafts classroom on the first floor of Building 7047. Join the fun. Local crafters get together to share ideas, tips and tricks on a variety of crafts. Learn something new or share your knowledge. The event is free. For more information, call 0951-300-8659 or e-mail thomas.stenson@us.army.mil.

Weekly Reminders

Speed Limit

Please slow down while driving through residential areas on the installation. The speed limit inside a residential area is 20 kph.

Ohio Veterans Bonus

The Ohio Veterans Bonus is available to veterans who served during the conflicts in the Persian Gulf, Iraq and Afghanistan. For more information, go to veteransbonus.ohio.gov or call 1-877-644-6838.

Photo Studio

The Arts and Crafts Photo Studio has reopened. Chandra is available to take your appointments for portraits, balls, sporting events and more. For more information or to make an appointment, call 0951-297-1248.

Looking for Training Space?

Earn your certificate. Advance your career. Achieve your goals. The Digital Training Facilities provide Soldiers with a location to access web based, job related and professional courses away from the workplace and distractions of the home. We have three classrooms and each classroom has 17 workstations. In total, we have 51 workstations. Classrooms are linked to the internet. Services are available for individual self development. Stop in to check e-mail, use free internet, take distance learning classes, job search or study. For more information, visit the Digital Training Facility in Building 7055, call



Ramstein Shuttle

RAMSTEIN AB

	Arrival	Departure
Bamberg, Bldg 7676, Bamberg Inn	2:30 a.m.	2:40 a.m.
Schweinfurt Conn Bks, Bldg 89, Bradley Inn	4:10 a.m.	4:20 a.m.
Ramstein Passenger Terminal	7:20 a.m.	
Ramstein Passenger Terminal		9:40 p.m.
Schweinfurt Conn Bks, Bldg 40, Central Processing Facility	12:30 p.m.	12:40 p.m.
Bamberg, Bldg 7290, Central Processing Facility	1:20 p.m.	

Every Tuesday



USAG Bamberg
Bamberg Texas Hold'Em Bowling Center

www.bamberg.army.mil/mwr

Win great Prizes!

Poker Tournament
Bamberg Texas Hold'Em

New Date & Time!

Feb. 17, 6 p.m., \$25

Reserve your seat via e-mail to phillip.ray.brown@us.army.mil
Unlimited Rebuys and great prizes (iPad2 or X-Box Kinect)*!

Contact (951) 300 7722

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

0951-300-8669 or e-mail esther.j.galletta@us.army.mil. The facility is open Monday-Thursday day from 8 a.m. to 5 p.m. and Friday from 8 - 11 a.m.

Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Vanessa Holland, EFMP manger, at 0951-300-7777.

DEERS Validation

Soldiers are responsible for ensuring Defense Enrollment Eligibility Reporting System information is updated. Please see the ID card section to update your DEERS information.

Immediate Appointments

Are you tired of waiting on hold while scheduling a medical appointment at health clinic? With TRICARE Online, you don't have to wait on hold. You can schedule appointments, refill prescriptions and manage your health needs better. Register today at www.tricareonline.com. To learn more, visit <http://www.youtube.com/watch?v=s7VeUlyTMa4>.

Prevent Influenza

Getting a yearly flu vaccine is the first and most important step you can take to protect yourself against influenza. Contact your health clinic to get your yearly flu vaccination. To learn more about how you can protect yourself and others from influenza, visit <http://www.cdc.gov/flu/protect/preventing.htm>.

Involved Consideration

Missed appointments diminish a medical facility's ability to provide efficient health care. The next time you cannot make your medical appointment, please be considerate and cancel your appointment. We need your involvement to provide better care for our military community.

OneSource Mobile

Army OneSource is now available for smart phone browsers. The launch of a mobile device version will optimize Army OneSource the mobile experience for visitors. Visit www.myarmyonesource.com today.

DFAC Feedback

Dining Facility council meetings are at Ray's Diner

every last Thursday of the last month of each quarter at 2 p.m. The meetings are scheduled for March 29, June 28 and Sept. 27. For more information, call 0951-300-7130.

Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

Utility Tax Relief Services

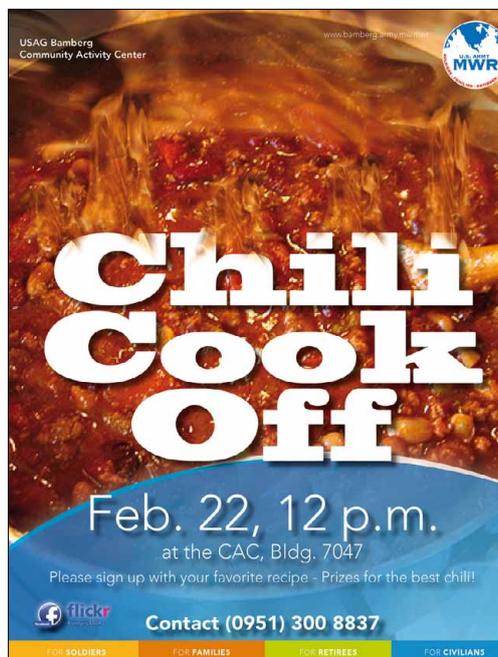
Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke, Erlanger Stadtwerke, Entega and E-on Bayern. For more information, call the Bamberg tax relief office at 0951-300-1780.

New Health Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday, sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday and Friday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - 3 p.m.; closed on US federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with a care provider.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-



USAG Bamberg
Community Activity Center

www.bamberg.army.mil/mwr

Chili Cook Off

Feb. 22, 12 p.m.
at the CAC, Bldg. 7047

Please sign up with your favorite recipe - Prizes for the best chili!

Contact (951) 300 8837

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS



USAG Bamberg
C&S Services

www.bamberg.army.mil/mwr

Become a
CYS Services certified
Babysitter

Free Training
Feb. 21, 4 p.m.

For youth 12+, course teaches CPR, First Aid and other business tools. Upon completion attendees (14+) will be put on the official CYS Services babysitters list. Classes are held at JFK Teen Center.

Contact and sign-up: Tel. (951) 300 8660
annmarie.j.mcqueen.naf@mail.mil

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

Separation Briefing; held weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and anger/stress management classes.

Family Advocacy - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for Anger/Stress Management Class.

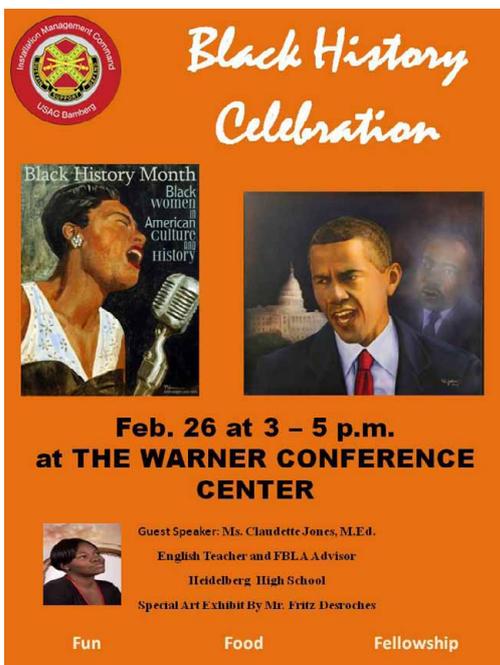
New Parent - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

English as a Second Language

Army Community Service, Relocation Readiness Program, offers free ESL classes every Thursday. Level 1 class is scheduled from 8:30-10:30 a.m. Level 2 class is from 10:30 a.m.-12:30 p.m. Level 3 class is from 1-3 p.m. Classes are at the Family Advocacy Program Building 7487. For more information, call 0951-300-7777.



Black History Celebration

Black History Month
Black Women
American Culture
History

Feb. 26 at 3 – 5 p.m.
at THE WARNER CONFERENCE CENTER

Guest Speaker: Ms. Claudette Jones, M.Ed.
English Teacher and FBLA Advisor
Heidelberg High School
Special Art Exhibit By Mr. Fritz Desroches

Fun Food Fellowship

ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

Trial Defense Services

If you're a Soldier and you are questioned by law enforcement, Criminal Investigation Division or members of your command about suspected acts of misconduct, you have the absolute right to remain silent. You have the right to refuse to answer any question, even from your commander and you have the right to talk to an attorney. If questioned, you should immediately, demand to speak to an attorney. As a Soldier, you are entitled to free consultation and representation by a military defense counsel. All communications with a trial defense attorney are privileged and will not be released to your command. Let a U.S. Army trial defense attorney help you. For more information, call 0951-300-8620 or come to Building 7000 to speak with a free trial defense attorney.

Closures / Changes

German as a Second Language

There will be an interruption in German as a Second

Language classes for the month of February. During this time, Army Community Service is taking this opportunity to optimize the class schedule for the rest of 2012. ACS would like to offer every member of the community the chance to tell them what their preference is for class hours by clicking on the link below and taking the five question survey <http://www.surveymonkey.com/s/9BCVYPJ>. The new schedule for the classes will be published around Feb. 20. For more information, call 0951-300-7777.

Vehicle Registration Closure

Vehicle Registration Office will be closed on Feb. 20, all day and Feb. 21 after 12 p.m. For further information, call 0951-300-7580.

Airport Shuttle

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:25 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on holidays, but is on training holidays. Pets are allowed. For more information about the airport shuttle, call 069-695973816.

Coffee Change

The phone number for Community Activity Center and cafe is now 0951-300-8837. The 0951-300-8659 line will only be for Arts and Crafts and be answered during its business hours.

Library Hours Changed

The community library, located at building 7047, closes at 6 p.m. on Fridays. The current hours of operation are: Monday-Thursday from 11 a.m.-8 p.m., Fridays 11 a.m.-6 p.m. and Sat 11 a.m.-6 p.m. Closed Sundays and Federal Holidays.

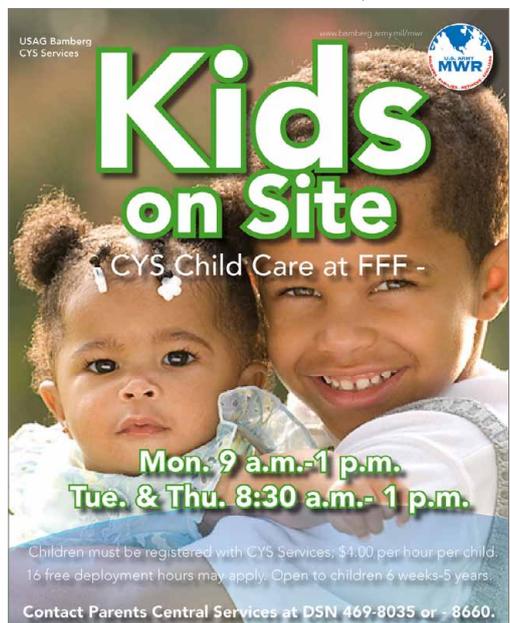
Customs Office

The Customs Office is closed every first Thursday of the month for training.

Continuing Education

Texas Resident

Are you a Texas resident? Central Texas College offers an in-state tuition rate of \$76/credit hour



USAG Bamberg
CYS Services

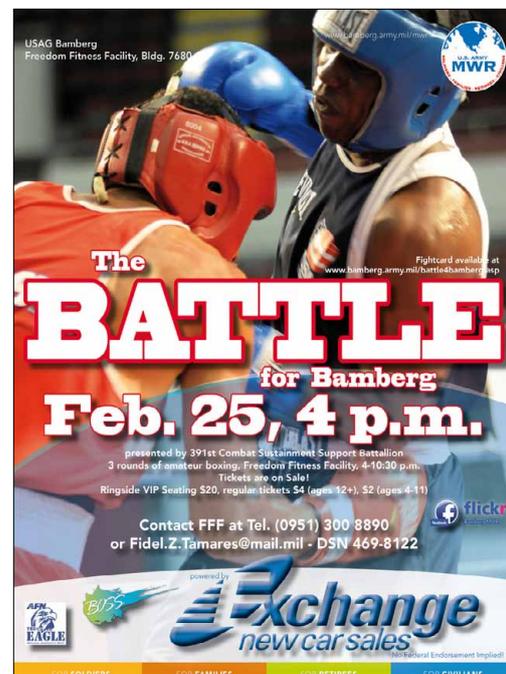
Kids on Site

CYS Child Care at FFF -

Mon. 9 a.m.-1 p.m.
Tue. & Thu. 8:30 a.m.- 1 p.m.

Children must be registered with CYS Services; \$1.00 per hour per child. 16 free deployment hours may apply. Open to children 6 weeks-5 years.

Contact Parents Central Services at DSN 469-8035 or -8660.



USAG Bamberg
Freedom Fitness Facility, Bldg. 7690

The BATTLE for Bamberg

Feb. 25, 4 p.m.

presented by 391st Combat Sustainment Support Battalion
3 rounds of amateur boxing, Freedom Fitness Facility, 4-10:30 p.m.
Tickets are on Sale!

Ringside VIP Seating \$20, regular tickets \$4 (ages 12+), \$2 (ages 4-11)

Contact FFF at Tel. (0951) 300 8890
or Fidel.Z.Tamares@mail.mil - DSN 469-8122

powered by Exchange new car sales

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

for Texas residents taking online courses. Take classes online in criminal justice, early childhood, applied management, hospitality management, legal assistant and fire prevention. For more information, e-mail bamberg@europe.ctcd.edu or call 0951-300 7467.

PTA Scholarships

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

Post 9/11 GI Bill

Take advantage of your military benefits. Earn a degree or skill with your Post 9/11 GI Bill. Find out more about your benefits by visiting <http://www.gibill.va.gov/>.

UMUC Financial Aid

UMUC Europe introduces the New Student Scholarship for Spring 2012 Session 1 and 2. This one-time \$700 award helps students with the cost of tuition and books and combined with the affordability of UMUC Europe's programs, helps make it possible to reach their highest personal and career goals. Starting in January, book awards will be increased to \$150 for active duty enlisted service members and military family members of all ranks. With a quick online application, eligible students can offset the cost of their textbooks this spring. For more information or to download financial aid applications, visit www.ed.umuc.edu/financial_aid.

Sports, Health and Fitness

Boxing Smoker

391st Command Sustainment Support Battalion will be hosting a boxing smoker on Feb. 25 from 4 - 10:30 p.m. at the Freedom Fitness Facility. The event is open to all units, boxers for the event are still needed. Family Readiness Groups have the opportunity to fundraise at the event and must submit the necessary paperwork. Tickets for the smoker are on sale: ringside VIP seats are \$20, regular seats for ages 12 and up are \$4 and seats for children ages 4-11 are \$2. For more information, call 1st Lt. Fidel Tamares 0951-300-8122 or e-mail fidel.z.tamares.mil@mail.mil or call FFF 0951-300-8890.

Help us better our community by taking a survey about the Bamberg community at

www.surveymonkey.com/s/Bamberg

Recycling Fact

One ton of carbon dioxide that is released in the air can be prevented by replacing every 75 watt light bulbs with energy efficient bulbs.

Youth and Teens

Scholarship

In recognition of their service to the nation and in support of the unique demands and sacrifices of military personnel and their families, St. George's School is seeking to provide up to four fully funded scholarships for children of active duty military personnel in the 2012-2013 school year. St. George's School is an independent college-preparatory school serving grades 9 through 12 located just outside of Newport, R.I. For more information on this wonderful opportunity for outstanding students, <http://www.militarychild.org/child-student/st.-georges-scholars-program/>.

Zumba

Child, Youth and School Services SKIES Unlimited is hosting two weeks of free Zumba classes Feb. 16, 21, 23 and 28 from 3:30 to 4:15 p.m. for children ages 6- 15. The classes will be at the Bamberg Middle High School annex. For more information, call Archie Johnson at 0951-300-7452 or e-mail archie.johnson1@us.army.mil.

Babysitter Certification

Child, Youth and School Services is offering free training to become a certified babysitter on Feb. 21 at 4 p.m. at the John F. Kennedy Teen Center. The course is for youth 12 and up and teaches CPR, first aid and other business tools. Upon completion attendees 13 and up will be put on the official CYSS babysitters list. For more information, e-mail annmarie.j.mcqueen.naf@mail.mil or call 0951-300-8660.

Parents' Night/Day Out

Enjoy a day or night out by enrolling your children in the next Parents' Day Out or Parents' Night Out programs. Dates for Parents' Day Out will be April 21, June 2, Aug. 4, Oct. 6 and Dec 1 from 11:30 a.m. – 3 p.m. Dates for Parents' Night Out will be March 2, May 4, July 6, Sept. 7 and Nov. 2 from 6:30 – 9:30

p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

TerraNova Testing

Home school students are eligible to participate in the annual TerraNova testing on the same basis that such resources are made available to dependents enrolled in DoD schools. If you are interested in having your child, fourth grade through sixth grade participate in the TerraNova, e-mail Paul Houk at paul.houk@eu.dodea.edu for Bamberg Elementary School students grades 4 to 6. All requests for participation should be received no later than Feb. 17 for BES students. The testing week is March 12 through 6, with the following week for make-up testing.

Space Student

Learn what it takes to be an astronaut at the Space Camp in Huntsville, Ala. Activities include simulated Space Shuttle missions, training simulators, rocket building and launches, scientific experiments and lectures of the past, present and future of space exploration. Applications are available through the School Liaison Officer. For more information about Space Camp, visit www.spacecamp.com. If eligible, students can apply for the Bernard Curtis Brown II Memorial Space Camp scholarship funded by the Military Child Education Coalition.

Reader of the Month

On the third Wednesday of the each month at 4 p.m., the Bamberg Community Library and School Age Center will recognize and reward children and youth for their accomplishments in reading. A reading log will be maintained at Bamberg Library. The Reader of the Month will have their photo displayed at the library. For more information, call 0951-300-1740.

Preschool Services

Your child or someone else's may qualify for preschool services for children with disabilities. Screening for children ages 3 to 5 years of age are held once a month at Bamberg Elementary School to locate and identify children who may have developmental delays. Make an appointment if you suspect a delay in language, physical, cognitive, social or adaptive behavior development. Call BES at 0951-300-7616.

Library Events

The library hosts weekly events. There is storytelling for children ages 3-5 years old every Wednesday at 11:30 a.m. There's also a Gamers' Challenge that meets every Saturday at 5 p.m. For more information, call 0951-300-1740.

Youth Lessons

Child, Youth and School Services SKIES Unlimited is offering lessons for tennis, racquetball and dance for youth ages 7-18. For more information, call 0951-300-7452.

Cub Scouts

There is a Cub Scout Pack in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webelos (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlaroma, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information, call 0951-222-1903 or e-mail chad3jsdad@yahoo.com.

Boy Scouts

Boy Scout Troop 40 in Bamberg is looking for boys ages 12 and older interested in becoming Boy Scouts. The troop meets every Monday from 6:30

SKI FREE + STAY FREE
March 4-8, 18-22



Garmisch-Classic

**STAY TWO NIGHTS
= THIRD NIGHT FREE
+ ONE FREE LIFT TICKET**

Germany's most exhilarating mountain experience is waiting for you! The Garmisch Classic ski area offers skiers, snowboarders, snowshoers and sledgers an unparalleled mountain adventure.

Stay two nights, get your third night free plus one free adult lift ticket to the Garmisch Classic area. This is a limited availability offer.

Additional rules may apply. Applies to standard rooms only. Visit website for complete details.

EDELWEISS
LODGE & RESORT

WWW.EDELWEISSLODGEANDRESORT.COM

– 7:30 p.m. except on holidays. The boys work on requirements for advancement and earning Merit badges. The troop is also looking for adult volunteers and Eagle Scouts to assist with troop activities. For more information, call 0160-1585894.

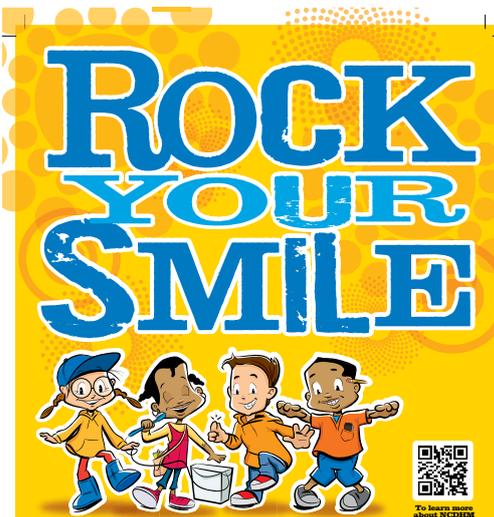
Teen Stress

The National Military Family Association created a kit to help the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

Scout Program

Each year, the Veterans of Foreign Wars selects three young people — of the Boy or Girl Scouts, Sea Scouts or Venturing Crew — who have demonstrated practical citizenship in school, scouting and the community. The first-place winner receives a \$5,000 award, the second-place winner receives a \$3,000 award and the third-place winner receives \$1,000. For more information, visit <http://www.vfw.org/Community/Scout-of-the-Year-Scholarship/>

ROCK YOUR SMILE



To learn more about NCDHDM

ADA.org/nedhm

Brush twice a day. 
Clean between your teeth daily. 
Limit snacks, eat nutritious meals. 
Visit your dentist regularly. 

ADA American Dental Association
American Dental Association
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ARMED FORCES ENTERTAINMENT PRESENTS
LOCASH COWBOYS
USAG Bamberg - Stable Theater / Entertainment



MARCH 13
7 P.M. - BASICS BUILDING
FREE ADMISSION!

flickr
Bamberg MWR

Doors open 6 p.m.
Contact Tel. (951) 300 6647

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

Bamberg Movie Schedule

AAFES Reel Time Theater is closed
Tuesdays and Wednesdays

Thu	Feb. 16	New Year's Eve (PG-13)	7 p.m.
Fri	Feb. 17	The Sitter (R)	7 p.m.
Sat	Feb. 18	Big Miracle (PG)	3 p.m.
		The Sitter (R)	7 p.m.
Sun	Feb. 19	Big Miracle (PG)	3 p.m.
		The Sitter (R)	7 p.m.
Mon	Feb. 20	Big Miracle (PG)	7 p.m.
Thu	Feb. 23	The Thing (R)	7 p.m.
Fri	Feb. 24	Sherlock Holmes: A Game of Shadows (PG-13)	3 p.m.
		The Thing (R)	7 p.m.
Sat	Feb. 25	Journey 2: The Mysterious Island (PG)	3 p.m.
		Sherlock Holmes: A Game of Shadows (PG-13)	7 p.m.
Sun	Feb. 26	Journey 2: The Mysterious Island (PG)	3 p.m.
		The Thing (R)	7 p.m.
Mon	Feb. 27	The Twilight Saga: Breaking Dawn Part 1 (PG-13)	7 p.m.

Eco-Friendly Tips

Water-saving Tips

1. Don't let water run when shaving, brushing your teeth or soaping yourself in the shower.
2. Report water leaks to the Service Order Desk at 0951-300-5000.

Energy-saving Tips

1. Ensure appliances are properly maintained.
2. Shut off coffee pots, radios and other appliances when not needed.

Recycling Tips

1. Crumpled up aluminum foil is ideal for scouring pots and pans.
2. Cleaning out storage? Try selling your stuff rather than taking it to the dump. Check out online auction sites like eBay where you can donate a portion of your sale to a charity of your choice.

Trips and Travel Opportunities

Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dmwr/odr.asp>.



Feb. 17-20 Kitzbuhel and Wilde Kaiser Ski \$355
Hop on the Outdoor Recreation trip to the Kitzbuhel and Wilde Kaiser ski areas in Austria. With near perfect weather and many slopes to choose from. The trip includes transportation and lodging (double occupancy) with dinner and breakfast. This does not include lift pass. Get reduced rentals or get your own gear tuned for half price at Outdoor Recreation before you go. Transportation departs from the chapel parking lot at 2 a.m.

Feb. 29 Headlamp Snowshoe Hike \$25
Discover a new way to traverse the winter plains by joining Outdoor Recreation on an evening snowshoe hike lit by headlamps. We will be travelling through the Paradise Valley winter wonderland, which is a short drive away from Warner Barracks. The trip includes snowshoes and transportation. Transportation departs from Outdoor Recreation at 5 p.m. and returns at 9 p.m.

March 3 Learn to Ski or Snowboard \$80
Spend a day on a local slope Ochsenkopf, in the Fichtelgebirge with Outdoor Recreation's own instructor. The trip includes transportation, a lift pass, rentals and 2.5 hours of lessons. Transportation departs from Outdoor Recreation at 9 a.m. and returns at 5 p.m.

March 8 Tour Under Bamberg \$25
This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp. Please wear appropriate clothing and bring a flashlight. Transportation departs from Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

March 16-19 Ski and Snowboard Stubai \$350
Grab your gear or rent some equipment from us for \$25. With 110 km of slopes, there is a little something for everyone, including the fun park for snowboarders that features banked crosses, rails and other obstacles. The trip includes transportation, three-nights lodging at double occupancy and breakfast. This does not include lift pass. Transportation departs from Outdoor Recreation at 2 a.m.

March 24 Prague, Czech Republic \$65
Containing one of the world's most pristine and varied collections of architecture, Prague is a vibrant city. Indulge in a Czech beer, while exploring Charles Bridge, Prague Castle, Wenceslas, Lesser Quarter and the Old Town Squares (just to name a few). The trip includes transportation and a city tour. Children ages 4-12 are \$55, and children ages 3 and younger are \$45. Transportation departs from chapel parking lot at 5 a.m. and returns at 11 p.m.

March 31 Little Swiss Hike \$25
Say goodbye to winter and welcome in the spring season with our Little Swiss Hike. You will enjoy the calm of the landscape as you deeply inhale the fresh spring air. Please wear appropriate clothing and hiking boots. Pack a lunch and hydrating liquids. Transportation departs from Outdoor Recreation at 9 a.m. and returns at 5 p.m.

Family, MWR survey to assess interest, use, satisfaction

By Evan Dyson, U.S. Army Installation Management Command

SAN ANTONIO -- The Army will survey members of its communities worldwide as part of an effort to improve morale, welfare and recreation programs.

The survey, conducted by the Marketing Research and Analysis Branch of the Family and MWR Programs directorate, U.S. Army Installation Management Command, seeks to identify what customers are interested in, whether they are using available services and if so, how satisfied they...

To read more on this story, click [here](#).

ARMY MWR SERVICES SURVEY

MAKING WHAT'S GOOD FOR YOU... BETTER.

For more information visit www.armymwr.com

SOLDIER & FAMILY PROGRAMS CHILD YOUTH & SCHOOL SERVICES RECREATION & LEISURE FOOD & BEVERAGE

A sample of eligible Army MWR patrons will be asked to take the survey. If selected to participate, you will be notified by mail or e-mail inviting you to complete the survey.

(CLINIC continued from Page 1)

be familiarizing spouses about their health care and the new model.

"We are partnering with the 42nd Clearance Company Family Readiness Group to develop these intake interviews for all family members," Melton said. "These intake interviews will focus on deploying units and newly arrived Army Families."

The interview will be similar to when one opens up a new account at a bank for the first time, Melton said.

To manage expectations, a member of the clinic staff will explain the patient centered home model to the beneficiary. Clinic staff will provide periodical updates toward ones health care, establishing conditions for trust in the services provided.

The following information will be reviewed with the beneficiaries during the interview:

- Beneficiaries PCM Team
- Instructions for address and contact validation in the Defense Eligibility Enrollment Reporting System
- Instructions for registering on TRICARE Online
- Patient Satisfaction Surveys
- Accessing health services and information flow chart
- Instructions on how to prepare for an appointment
- Opportunity to make wellness and preventative appointments
- Familiarizing beneficiaries with accessing host nation facilities

To help ensure quality of service during the transition, the health clinic will be conducting customer service evaluations. The evaluations will focus on the various patient interaction points during a visit.

"We are partnering with the U.S. Army Garrison Bamberg Red Cross to leverage FRG members to serve as surveyors," Melton said. "They will evaluate clinic staff interactions, capture immediate feedback from patients and inform our patients about programs such as the TRICARE Nurse Advice Line and the Army Patient Satisfaction Survey."

It is important for beneficiaries to complete Army Patient Satisfaction Surveys when they receive them in the mail as each completed survey results in more resources for the clinic.

"Patient satisfaction is not a popularity contest," Melton said. "If a patient is satisfied, they are more apt to trust our clinic staff and participate in their own health by adhering to those behaviors that improve their quality of life."

Clinic Appointment Line Updated

In March beneficiaries calling the Bamberg Health Clinic at 0951-300-1750 will hear a new menu selection.

"We eliminated inactive phone numbers and menu selections that led to nowhere leaving you waiting indefinitely," he said. "Both the TRICARE Nurse Advice Line and the Suicide Prevention Lifeline are now prominent menu selections that are available 24-hours toll-free when you call the clinic during and after operational hours."

The TRICARE Nurse Advice Line provides access to medical information and advice at anytime by connecting to a registered nurse. The nurse can answer questions, provide self-care advice and help one decide if they need to seek immediate care.

"It is that reassuring advice from a licensed health care professional that alleviates that anxiety in the middle of the night," Melton said.



Jessica Lipari

In addition to the remodeling of the front lobby, the restrooms and hallways will also get a makeover. All renovations are to be complete by the end of March 2012. The health clinic is also making internal changes to better serve its community.

The Suicide Prevention Lifeline provides confidential access to a trained counselor to anyone in suicidal crisis or emotional distress.

"Looking out for friends and loved ones is an important part of preventing suicide," Melton said. "You can call and speak with a crisis worker on behalf of someone you are concerned about."

Throughout all these internal changes, the health clinic team will deal with issues as they arise with patients.

However, the effort is to manage patient expectations, enhance patient health care experience, encourage patient ownership of the system of health and promote patient participation in their own health care, Melton said.

"Together and in partnership with unit commanders, senior enlisted advisors and FRGs, the Bamberg Health Clinic will continue to create opportunities that enable the resiliency of our community, enhance the operational readiness of our units and assure the tenets of the Army Family Covenant," he said.

Renovations are scheduled to be complete by the end of March.

To ensure no frost damages occur during the upcoming freezing temperatures, make sure all windows and doors are closed and heating systems are turned on. Failure to do so could result in burst pipes. If you do experience any issues with your heating systems, call the Work Order Section at 0951-300-7639.



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

AUTOMOBILES

For Sale: 2007 Toyota Corolla 4 door, White, Automatic. 60,000 miles. Comes with all-weather tires (German Specification) and US all-weather tires, Power windows and doors. \$6,000 or best offer. E-mail Kevin.maguirejr@us.army.mil or call 0151-424-18380.

2002 Toyota Camry XLE for sale. AUTOMATIC Dark blue exterior with grey leather interior. Electric windows, seats, sunroof, mirrors, and HEATED front seats. Four door, ample trunk space, and 6-disk cd player. Never been in accident. GREAT family car! BRAND NEW Spec tires. US Spec and mileage is 191K miles. Asking price is \$5200 OBO Make an offer! Call Priscila Solis for more info at 01525-3901479 or e-mail asolispriscila@gmail.com for pictures or questions.

2005 BMW 118d, 45+ mpg turbo diesel, 6 speed manual, 5 door hatchback, Euro Spec, 98000 miles, snow and summer tires/rims, onboard GPS/computer, heated seats, parking assist, PCSing must sell. Asking \$10,500. Call Robert 01607837935 or email lucasbmw118@yahoo.com.

\$3800 OBO 1997 Ford Mondeo, Grey 4 door, Euro Spec, Automatic, sunroof. Passed inspection Sept. 19. New windshield and rear bumper, clean interior, very room. Car runs great on and off the autobahn. Phone:0160-985-45227

\$2200 1998 2 dr. Seat Arosa, Euro Spec, 5-speed manual. Replaced front wheel bearings, new winter tires, new muffler. Passed inspection Oct 11. Excellent gas mileage. Phone:0160-985-45227

1994 Yamaha Virago (XJ600). Chopper

configuration in top condition. 535 CC. 16,485 Km. Euro 2,500 German license plate w/TUV. Located In Schweinfurt. Call Douglas or Eva Stewart 09721-749246, 0151-20546748. Want photos? Stewartorders@hotmail.com.

Opel Astra Coupe, 1999, red, 92000 miles, german specs, MP3 Player-CD, very clean and in good condition, new muffler, new brakes. Asking: \$3000 obo, for more pics or information please contact e_sapper@hotmail.com.

EMPLOYMENT

The USAG Bamberg Community Chapel is currently accepting applications for Watchcare providers for the Watchcare Program. Performance period is expected through 30 September 2012. Interested parties should contact Stacey Berry, the Watchcare Coordinator, at 0152-242-84736.

Central Texas College needs instructors to teach applied management and military science. Requirements include a management based associate's degree and several years of active, Reserve, or National Guard military experience. For more information, call 0951-300-7467 or e-mail bamberg@europe.ctcd.edu.

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 09721-96-8309; or e-mail sarah.boerner@europe.ctcd.edu.

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary.

Bamberg's Exchange is accepting applications for entry-level retail and food positions. Join a unique organization with the competitive package by applying online at www.applymyexchange.com or by calling Human Resources Office at

0951-303159.

MISCELLANEOUS

Home needed for 2 loving cats. 1 male (8yrs-orange Persian Mix) and 1 female (7yrs-Tabby). Up to date with all shots. ETSing and with deep regret we cannot take cats with us. Great family cats. Please call Alexandra or Doug at 0951-917-1978.

Looking for a loving home for our 2 male guinea pigs. They include 2 large cages, wooden huts, bedding material, grooming supplies, toys, books, pet carrier, and water bottles. They are 2 years old. Asking \$100. We are PCS'ing soon and can not take them with us. If interested please call 0151-1756-0411.

Lost: Blue and purple stone earring. If found please call Janice at 0951-300-8999 or 0175-251-4429. Thank you.

Large Apartment 2 bedroom and studio just 10minutes away from Bamberg. Pictures available. Call 0152-54229569.

Let me walk your dog! Do you have a high energy dog that needs to go on long walks, but you don't have the time? Let me walk your dog. I will tailor to each dog's needs, but I usually go on 6 mile+ walks. \$10 for each walk. For my personal information please contact me at erin.cooper@us.army.mil.

Looking for a teacher of the Russian language. Call: 015152050467 or e-mail mmk09@aber.ac.uk.

Mariachi Cuatro Caminos. Needs violins and trumpet players, along with vocalist male and female We will perform for the community and Middle and elementary schools in the community All serious inquires please e-mail puromariachi@hotmail.com

Apartment for rent. 1 bedroom apartment. 1 kitchen with built in kitchen furniture, 1 living room, 1 bedroom, 1 bathroom. All lamps and curtain included. Basement, Laundry room (already washer and dryer there), 2 parking lots. 14 km from post. For more info, call 0152-54229569.

FOR SALE

For Sale: German solid wood living room shrank with lights: measurements are: 3.28m wide, 2.17m tall; 0.55m deep. The price is negotiable. Pictures available. 0152-54229569.

Kitchen with all appliances- \$700; German king-size solid wood bed - \$430; German bedroom schrank (4 meters long, 220 m high/black&white)-\$570; solid wood round dining room set (w/4 chairs)- \$200; French bed (120X200)-\$150; high board-\$75; bathroom cabinet-\$70; and a solid wood chest of drawers-\$65 / O.B.O. Call 0174-766-3088.

AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please e-mail your submission to the Public Affairs Office at usarmy.bamberg.usareur.mbx.pao@mail.mil. We will ONLY accept classified ads by e-mail. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600.

0954-532-2881
solacedogrescue@yahoo.com

PCSing?
Can't find a new home for your dog?
Please don't abandon him/her, call us first.

Beware of dog breeding scams
Call us before buying.
We will translate the paperwork.



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Outside the Gate

Events in and around Bamberg

Guided tours are a good way to get to know the place you are living or stationed at. It is a good way to spend time outside, with friends or family. Check this website available in English on guided tours <http://www.bamberg.info/en/stadtfuehrungen/>

For general information on Bamberg's sights, fests, locations and free-time activities check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>. The information is available in English and with the nice pictures you will get in the mood for getting out end enjoying yourself.

Insider tips and rating for the coolest pubs, clubs, bars and sights can be found on this website: <http://www.virtualtourist.com/travel/Europe/Germany/Bavaria/Bamberg>. People who have been to these locations before share their insight information and experiences. It is a great resource for all who would like some more information on their favorite destination on Bamberg before leaving base.

Fasching, Fastnacht, Karneval

The Fasching season, also known as the "fifth season," is a time when Germans loosen up a little, dress up in funny costumes and party. Fasching is especially popular in the Rhine region; cities like Cologne, Mainz or Düsseldorf more or less shut down during the high season. The date of the long Fasching weekend varies, depending on the church calendar, but the official start of the season is always on the 11th day of the 11th month at 11:11 a.m. In the time between New Year's and the high Fasching season many towns and villages host balls, parties and parades. Partygoers typically dress up as a character, similar to Halloween. German police are cruising the streets more frequently at night to catch those who drink and drive.

The high season starts with Altweiberfasnacht, or crazy Thursday on Feb. 16, when traditionally the women take over the city's courthouse and cut off the tie of any man who dares to wear one. After attending parties all weekend long, people flock to the large cities like Cologne or Mainz to watch the Rosenmontag, or Rose Monday, parades on Feb. 20. Faschingsdienstag, or Shrove Tuesday, on Feb. 21 offers one last chance to party hard and then "bury" the carnival at midnight until following year. Aschermittwoch, or Ash Wednesday, marks the beginning of Fastenzeit, or Lent. The seven weeks before Easter are often used as a time for reflection and renunciation of certain personal vices (like smoking, alcohol or candy).

Here are some Fasching events in the region:

- Feb. 19, Nürnberg: Fasching Parade at 1 p.m.
- Feb. 19, Würzburg: Fasching Parade at 11:55 a.m.
- Feb. 20, Ansbach: Kinder parade at Martin-Luther-Platz downtown (2:15 p.m.), followed by a children's party at Onoldiasaal
- Feb. 21, Bamberg: Fasching Parade at 1:30 p.m.
- Feb. 21, Schweinfurt: Fasching Parade at 1 p.m.

Events for Feb. 17-19

Friday, February 17

- 2 p.m.-10 p.m. Health Fair at Stechert Arena, over 140 vendors from beauty and wellness, health, leisure, sports, travelling; tickets are € 5-15
- 8 p.m. Fab Five, Bavaria's best Beatles cover band, live in concert at Jazzkeller, Obere Koenigstrasse 18
- 9 p.m. Electro Delikatessen (DJ), at Sound-n-Arts, Obere Sandstrasse 20
- 10 p.m. Head Bangers Club (hard rock, rock, metal), at Live-Club, Obere Sandstrasse 7
- 10 p.m. Yellow Cab (ska, reggae), at Morph Club, Luitpoldstrasse 17

Saturday, February 18

- 10 a.m. Health Fair at Stechert Arena, over 140 vendors from beauty and wellness, health, leisure, sports, travelling; tickets are € 5-15
- 8 p.m. Michael Bauer Unplugged, at Club Kaulberg, Unterer Kaulberg 36
- 9 p.m. Fab Five, Bavaria's best Beatles cover band, live in concert at Jazzkeller, Obere Koenigstrasse 18
- 9 p.m. Bamberg's DJ collective (house, techno), Sound-n-Arts, Obere Koenigstrasse 20
- 10 p.m. Eighties Party, at Live-Club, Obere Sandstrasse 7

Sunday, February 19

- 10 a.m. Health Fair at Stechert Arena, over 140 vendors from beauty and wellness, health, leisure, sports, travelling; tickets are € 5-15
- 9 p.m. Jam session, at Sound-n-Arts, Obere Koenigstrasse 20. Jam session is held every Sunday!

10 p.m. Charlotte & Heartfields (indie, punkrock, bamhill deathkill), at Morph Club, Luitpoldstrasse 17

Sports

- March 16** Harlem Globetrotters, Olympic Hall (Olympiahalle), Munich
- March 18** Harlem Globetrotters, Ratiopharm arena, New Ulm

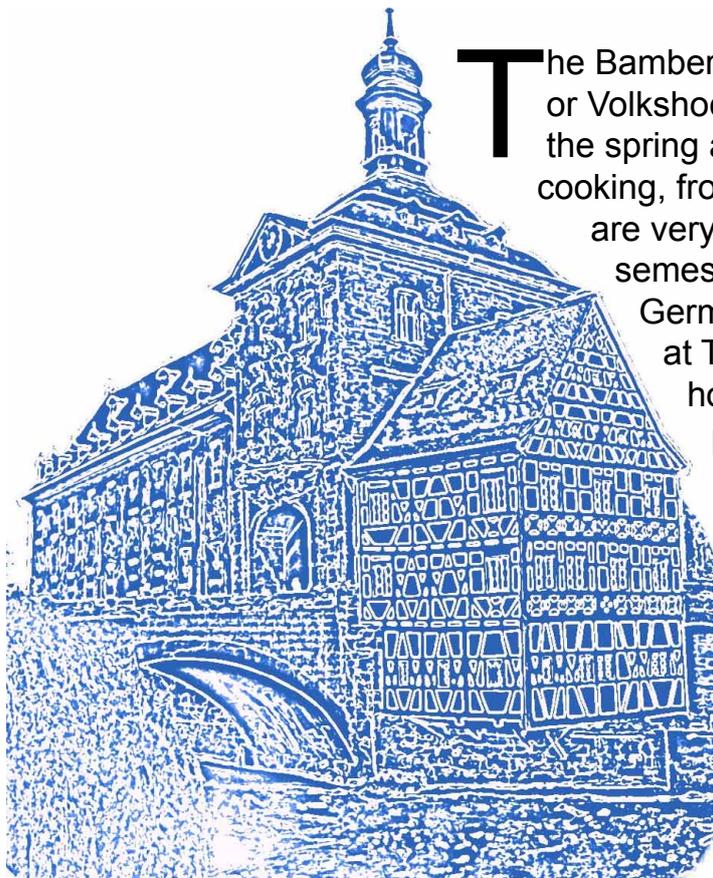
National Concert Schedule

- Feb. 17** Sunrise Avenue, (City Hall) Stadthalle Braunschweig, Braunschweig
 - Feb. 17** Project Pitchfork, C-Club, Berlin
 - Feb. 18** Sunrise Avenue, Auensee House (Haus Auensee), Leipzig
 - Feb. 18** Project Pitchfork and Guests, HsD Erfurt, Erfurt
 - Feb. 21** Sunrise Avenue, Sports Hall (Sporthalle) Hamburg, Hamburg
- For more dates and tickets for Sunrise Avenue concerts please see <http://www.eventim.de/sunrise-avenue-tickets.html?affiliate=GMD&doc=artistPages%2Ftickets&fun=artist&action=tickets&kuid=2622>
- Feb. 25** Project Pitchfork and Guest, Alter Schlachthof, Dresden
- All dates, and tickets are available on the following website <http://www.eventim.de/project-pitchwork-tickets.html?affiliate=GMD&doc=artistPages%2Ftickets&fun=artist&action=tickets&erid=637247&includeOnlybookable=true>
- Feb. 28** Snow Patrol Frankfurt– Jahrhunderthalle 8 p.m.
 - Feb. 29** Sting Frankfurt – Jahrhunderthalle 8 p.m.
 - March 2** ASP, Capitol Mannheim, Mannheim
 - March 3** ASP, Altes Theater, Magdeburg
 - March 16** Maria Mena, Voktoria Tour 2012, Grosse Freiheit 36, Hamburg
 - March 17** Jason Derulo Munich – Tonhalle 8 p.m.
 - March 17** Maria Mena, Voktoria Tour 2012, ASTRA Kulturhaus, Berlin
 - March 18** Maria Mena, Voktoria Tour 2012, E-Werk Cologne, Cologne
 - March 20** Maria Mena, Voktoria Tour 2012, Capitol Offenbach, Offenbach
 - March 21** Bryan Adams, LANXESS arena, Cologne
 - March 21** Maria Mena, Voktoria Tour 2012, Kesselhaus, Munich
 - March 22** Maria Mena, Voktoria Tour 2012, Alter Schlachthof, Dresden
 - March 24** Bryan Adams, ARENA NÜRNBERGER VERSICHERUNG, Nuremberg
 - March 25** Maria Mena, Voktoria Tour 2012, Theaterhaus am Pragsattel, Stuttgart
 - March 28** Bryan Adams, Hanns-Martin-Schleyer-Halle, Stuttgart
 - March 29** Bryan Adams, SAP ARENA, Mannheim
 - March 30** Bryan Adams, Olympiahalle Munich, Munich
- April 14** Nightwish and Guests, ISS Dome, Duesseldorf
 - April 23** Nightwish and Guest, Jahrhunderthalle Frankfurt, Frankfurt
 - April 28** Night of Jumps (Motor cross event) Munich – Olympiahalle 8 p.m.

Visit the city of Bamberg's official website

The screenshot shows the Bamberg official website with a red and white color scheme. At the top, there's a navigation bar with tabs for Home, Hotels & accommodation, Guided tours, and Packages. Below this is a sidebar menu with categories like Experience, Worth seeing, Culture, Active, For..., Service, and Specialist. The main content area features several articles and images, including 'Our tip - your personal delicacy!', 'Bamberg - the beer city', and 'Bamberg - an unforgettable experience!'. There are also social media sharing icons at the bottom.

Classes in Bamberg



The Bamberg Community Recreation and Learning Center or Volkshochschule (VHS) is offering a variety of classes in the spring and in the fall. Classes range from languages to cooking, from yoga to horseback riding. Some of these classes are very popular and fill up on sign-up day, which for this semester is Feb. 13, 2012. You can sign up via their German website www.vhs-bamberg.de, or at their office at Traenkigasse 4, 96052 Bamberg. Their opening hours are Mon. 9:30 a.m. to 12:30 p.m. and 2 to 5 pm., Tue., Wed., Thur. 9:30 a.m. to 12:30 p.m. and 2 to 4 pm, Fri. 9:30 a.m. to 12:30 p.m. There are extended opening hours from Feb. 13 - 17: Mon. 9:30 a.m. to 5 p.m., Tue., Wed., Thur. 9:30 a.m. to 12:30 p.m. and 2 to 5 pm, Fri. 9:30 a.m. to 12:30 p.m. Payment is either in cash, or via German bank withdrawal so have you bank information ready if you choose this method of payment. The following is only a small selection of classes. The number in parenthesis is the course number. Please check website for locations.

Course	Start	Time	Price	Location	Comment
Yoga (4261)	Feb. 27	6:20-7:50 p.m.	€42.24	Altes E-Werk, room U 10	Classes are on Mondays, 11 sessions
Yoga (4290)	Feb. 28	6 – 7:30 p.m.	€50.92	Altes E-Werk, room 207	Classes are on Wednesdays, 13 sessions
Intensive German language class (3003)	Mar. 20	6:30 – 7:30 p.m.	€20.49	Franz-Ludwig-Str. 13, room 036	Classes on Tuesdays, 4 sessions
German language class for moms (3013)	Mar. 1	9 – 11:30 a.m.	€25	Nuernbergerstrasse 108k	Free childcare during class. Classes are on Thursdays, 15 sessions
German language class for beginners (3009)	Feb. 29	6:30 – 8 p.m.	€57.60	Franz-Ludwig-Str. 13, room 137	Classes are on Wednesdays, 15 sessions
German language for advanced beginners	Feb. 28	6:30 -8 p.m.	€76.80	Kloster-Langheim-Str. 11, room 214	Classes are on Tuesdays, 20 sessions. Book fees are €13.50
Chocolate and Praline seminar (5200)	Mar. 6	6:30 – 9 p.m.	€27.80	Altes E-Werk, U-17	Second class Mar. 7. Same time and place.
Cooking class for singles (5307)	Mar. 8	5:30 – 9:30 p.m.	€21.24	Altes E-Werk U-16	Class on Thursday.
Pasta and Pesto cooking class (5322)	Mar. 8	5:45 – 9:30 p.m.	€41.60	Altes E-Werk U-17	Includes €30 for food items and wine
Horseback riding (4980)	Mar. 2	8 – 9 p.m.	€110	Poedeldorfer Strasse 196	Classes are on Fridays, 10 sessions
Horseback riding (4981)	Mar. 3	10 – 11 a.m.	€110	Poedeldorfer Strasse 196	Classes are on Saturdays, 10 sessions
Cooking class for men only (5305)	Apr. 27	5:30 – 9:30 p.m.	€45.28	Altes E-Werk U-17	Includes €30 for food supplies and wine
Indian cooking class (5432)	Mar. 23	6 – 9:30 p.m.	€33.18	Altes E-Werk U-17	Second session on Mar. 24, 10 a.m. – 1 p.m.
Spanish cooking class (5418)	May 11	6:30 – 9 p.m.	€59.45	Altes E-Werk U-17	Second sessions on May 12, 10 a.m. to 1 p.m. €30 for ingredients and wine included
Thai cooking (5440)	Apr. 17	6:30 – 9:30 p.m.	€70.90	Altes E-Werk U-17	Classes are on Tuesdays; €22.50 for ingredients included, 5 sessions
Tapas (5412)	May 22	6 – 9:30 p.m.	€36.66	Altes E-Werk U-17	€10 for ingredients included
Moroccan cooking class (5421)	May 25	5 – 9 p.m.	€23.80	Altes E-Werk U-16	€10 for ingredients and tea included
Indian cooking class (5433)	May 6	6 – 9:30 p.m.	€23.80	Altes E-Werk U-17	Second session on May 7, 10 a.m – 1 p.m.
Irish Set Dance for beginners	Mar. 14	6:30 – 5:30 p.m.	€20.98	Altes E-Werk ballroom	Bring tennis shoes, 3 sessions
Oriental Dance for beginners (4850)	Mar. 7	5 – 8 p.m.	€40.16	Ohmstr. 13, room 1	Wear comfortable clothes and tennis shoes, 10 sessions
Classic Ballet	Feb. 28	5:45 – 6:45 p.m.	€53.40	Ohmstr. 13, room 1	For all ages, 10 sessions

For more classes and information on locations of classes as well as information on refunds please contact the VHS directly at 0951-871108 or visit www.vhs-bamberg.de. Also, please double check dates and times when you sign up.