



WARNER WEEKLY

News & Information at Your Fingertips

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Thursday March 29, 2012



Month to celebrate, honor military children

By Sina Kingsbury, USAG Bamberg Public Affairs

BAMBERG, Germany -- For the military child, life can be filled with hellos and goodbyes.

Whether it be saying goodbye to mom or dad for months at a time or moving to a new duty station, change can be the only constant throughout a military child's lifetime.

Family and Morale, Welfare and Recreation, across the United States and overseas, realize and understand the stresses military children have and will be celebrating the military child throughout the month of April.

"It's important to celebrate the military children," said Patrice Turner-Lapp, Child, Youth and School Services training and programs specialist. "Everyone else has a month. It's the children's month this time."

U.S. Army Garrison Bamberg will be hosting a variety of activities throughout the month for military children and their Families.

The Month of the Military Child kick-off will be April 7 at Friendship Park from 8 a.m. to 1 p.m.

The day will begin with The Amazing Race, a two-kilometer run or walk. Registration will begin at 8 a.m. and the walk will begin at 8:30 a.m.

Each participant will have to stop at each of the six stations around the course and complete two physical activities to earn a stamp.

"CYSS' main focus for 2012 is to partner with the Let's Move! initiative sponsored by Ms. Obama," Turner-Lapp said. "We want our kids to get



File Photo

Children from the Child Development Center's Strong Beginnings class wave their flags during a performance at last year's Month of the Military Child kick-off. This year the event will be April 7 at Friendship Park.

our kids up and moving and fight childhood obesity."

There will also be a nurse to take participant's blood pressure before and after the race.

(CHILD continued on Page 3)

Celebrating Women's History



Jessica Lipari

Girl Scout Daisy Troop 123 presented posters on women, who were girl scouts, who made an impact or contribution to the world during the Women's History Month celebration on March 22. This year's theme was Women's Education - Women's Empowerment and featured Beverly Erdmann and Rosemary DeFranco of Bamberg Elementary School and Chaplain (Capt.) King as guest speakers.

Amnesty month allows spring-cleaning of medicine cabinet

By Jessica Lipari, USAG Bamberg Public Affairs

BAMBERG, Germany -- Holding onto unused and expired prescription drugs poses a health hazard to not only the individual but also other members of the household including pets.

Proper disposal of any medication including over-the-counter drugs is important to ensure no other individual can take them and it does not contaminate the environment through improper disposal.

The Franconian Military Community, which includes Bamberg, Schweinfurt and Ansbach, is observing Prescription Drug Amnesty Month from April 1 to 30 to help promote awareness of holding onto unused and expired drugs. The initiative was brought forth

by Col. Kelly J. Lawler, U.S. Army Garrison Ansbach commander, and coincides with the fourth National Prescription Drug Take Back Day on April 28 from 10 a.m. to 2 p.m.

During the month community members can turn in their expired or unused prescription drugs at their post health clinic during normal operating hours into a marked wooden receptacle.

"Patients can at anytime bring in old and unused medication to the pharmacy outside the 30 day window," said Sgt. 1st Class Tracey Foster, U.S. Army Health Clinic Bamberg senior enlisted advisor. "The value is patients don't have to wait in line to turn in prescription drugs."

The marked wooden receptacle (DRUGS continued on Page 4)

Spring festival at Bamberg's Plaerrer kicks off April 7

By Simon Hupfer, USAG Bamberg Public Affairs

BAMBERG, Germany -- The traditional spring festival, or "Fruehjahrsplaerrer," offers entertainment for the entire family.

This year's fest will begin April 7 at 4 p.m. and run until April 14. Located near the Bamberg airfield and the park and ride parking garage, this year's visitors can expect more than 40 different booths and rides like the Star Dancer, a motorcycle simulator and a Ferris wheel.

During the first hour after the official opening ceremony all rides will only be €1. International food selections will be offered, and guests can choose between classic burgers, hot dogs or langos, a deep-fried Hungarian specialty, French crepes, German brats, Asian food from the wok, Turkish doener kebab or Italian pizza.

A family special is available on Wednesday, April 11, all rides are 50 percent off. The fest site can be reached by public bus line 931 and parking is available at the P&R parking garage right next to the fest

site. The spring fest will conclude with fireworks on Saturday, April 14 at 10 p.m.



Army Public Health: Empowering the Army to Achieve Optimal Health

By Lyn Kukral, U.S. Army Public Health Command Public Affairs

ABERDEEN PROVING GROUND, MD. -- There are 525,600 minutes in a year. In those minutes, we work, play, socialize, sleep and conduct all of the activities that make up our lives. The average Soldier or family member also spends 100 of those minutes with a doctor, nurse or other health care provider.

"We have 100 minutes a year with our patients," said Lt. Gen. Patricia D. Horoho, Army surgeon general, to health care providers at this year's Military Health System conference. "We focus the majority of our peacetime [health care] budgets on those 100 minutes, but are we truly influencing health?"

Influencing health, or more correctly helping you to be healthier, is where the U.S. Army Public Health Command comes in.

"Army Public Health is all about helping Soldiers and retirees, their Families and Army civilians to build and sustain good health," said Maj. Gen. Jimmie O. Keenan, USAPHC commander.

"National Public Health Week (April 2-8) is a good time to highlight some of the things Army public health does."

Keenan emphasized that there are two keys to building good health in what the surgeon general called "the white space"—the time between visits to a health care provider. Those keys are empowerment and prevention.

"One of our command's goals is to empower our beneficiaries to take greater control of their health," Keenan said. "We want to give them the tools they need—effective programs and information—so they can reach their health goals. We also want them to understand how things like maintaining healthy weight, exercising, not smoking and not drinking to excess contribute to their health."

The other key, prevention of disease and injury, is the heart of USAPHC's mission.

"Prevention is better for the individual than even the best healing and rehabilitation Army Medicine can provide," Keenan said. "I don't know anyone who would rather go to the

hospital than stay active and healthy."

In addition, prevention is better for military units because it ensures higher readiness through fewer lost duty days, and better for the military health care system because it contributes to better stewardship of health care dollars, she said.

Since its establishment in October 2009, USAPHC has focused on its public health efforts on building partnerships. Working with installations, garrisons and military medical treatment facilities, Army Public Health experts advise commanders and leaders about a broad range of public health initiatives and preventive actions. All have the basic goals of encouraging healthy behaviors, standardizing public health efforts according to best practices (methods that are scientifically valid and that work), creating healthy work environments and installations, and preventing disease and injury.

"Army Public Health touches so many aspects of our community life that it isn't a term that can

(CARE continued on Page 4)



Lt. Col. Steven L. Morris
U.S. Army Garrison
Bamberg, Commander

USAG Bamberg, Public Affairs Officer
Renate Bohlen

Warner Weekly Staff
Jessica Lipari, Sina Kingsbury (Editor), Simon Hupfer

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army.mil.

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(CHILD continued from Page 1)

For youth 12 years and older, there will be a geocaching Easter egg hunt. Registration is 8:30 a.m. and the hunt begins at 9 a.m. Youth will be divided into five teams with five members on each team. Each team will receive a global positioning system, or GPS, and five coordinates to locate the eggs. Prizes will be given to teams placing first, second and third place.

The regular Easter egg hunt will follow the geocaching hunt at 10 a.m. Raffle tickets will be handed out for a chance to win prizes like board games, Easter baskets and gift cards.

The Kinder Fest will begin at 10:30 a.m. There will be crafts, face painting, carnival games, relay races, airbrush tattoos and photos with the Easter bunny.

"We are going to have one section that is going to be really cool," Turner-Lapp said. "It's our Let's Move! section and it's going to have all kinds of physical activities for the children to do like giant volleyballs and footballs."

"This is the first year we are having a middle school and teen area," Turner-Lapp said.

For the middle school and teen area, there will be relay races, tug of war, a bouncy house, basketball hoop toss, a flash mob and line dancing area and if the weather permits a water gun shoot out.

Month of the Military Child is always tailored to the younger children, Turner-Lapp said.

"Our goal this year is to try to get some of our middle school and teens out for this event," she said.

Following the fest, a free lunch will be served at 11 a.m. to 1 p.m.

Zumba for kids will begin at 11:30 a.m.



File Photo
Two boys show off their dog during a pet expo at last year's Month of the Military Child kick-off.

A pet expo will be at noon. Animals will be judged on categories like best costume, cutest, strangest and largest pets.

Pre-registration is not required and participants can register the day of the event. If participants would like to register in advance, they can pick up a registration form at the School Age Center, Building 7669.

"The most important information is that all pets must have a current USAG Bamberg health certification," Turner-Lapp said.

Water and waste stations will be available for the animals.

The last event of the day will be the working dog demonstration at 1 p.m. McGruff the Crime Dog and Darren the Lion will be out with the military police.

For more information about U.S. Army Garrison Bamberg's Month of the Military Child events, contact the Child, Youth and School Services Central Parents Services at 0951-300-8660 or visit www.bamberg.army.mil/mwr.

Army launches apps marketplace prototype

WASHINGTON -- The newly launched Army Software Marketplace prototype now delivers 12 mobile training applications for Soldiers to use on personal phones or tablets.



The publicly-facing apps were developed by Army training schools in the Connecting Soldiers to Digital Apps, or CSDA, initiative.

To read more on this story, click [here](#).

Former garrison commander awarded Hessen-state honor for partnership

WASHINGTON -- The Army is marking the manufacture of the 10,000th M153 Common Remotely Operated Weapons Station, known as CROWS.



The CROWS system allows a weapon such as the M2 .50-caliber machine gun to be mounted atop a vehicle, such as the Humvee...

To read more on this story, click [here](#).

Holy Week Services at Warner Barracks Chapel

Catholic Services:

Holy Thursday, April 5 - Mass of the Lord's Supper at 7 p.m.

Good Friday, April 6 - Good Friday service at 12 p.m.

Holy Saturday, April 7 - Easter Vigil at 8:30 p.m.

Easter Sunday, April 8 - Mass at 9 a.m.

Protestant Services:

Easter Sunday, April 8 - Easter Sunrise Service at 7 a.m.

Easter Sunday, April 8 - Protestant Worship at 11 a.m.

Gospel Community Services:

Easter Sunday, April 8 - Service at 1 p.m.

Interdenominational Services:

Good Friday, April 8 - Catholics and Protestants will come together at 6 p.m. for a soup and salad supper followed by the movie "The Passion of the Christ".

MetLife becomes new dental contractor for TRICARE Dental Program

TRICARE Dental Program

Beginning May 1, 2012, MetLife becomes the new dental contractor for the TRICARE Dental Program.

MetLife will manage enrollment, claims processing and customer service for the TRICARE Dental Program. Under the new contract, you will have access to MetLife's network with over 164,000 dentist network locations, and this number continues to grow.

New TRICARE Dental Program Website

The current [TRICARE Dental Program website](#) is managed by United Concordia. While this site may continue to be available for a short period of time, it will not be the main TRICARE Dental Program website with MetLife.

The new site managed by MetLife is: <https://mybenefits.metlife.com/tricare>.

Once enrolled, you can register online and create your own "Dental Benefits" account with secure features that allow you to:

- View plan coverage details
- Check a claim
- View claims history
- View explanation of benefits
- Access tools and resources
- Access the "Find a Dentist" feature
- File a grievance online

Additionally, once signed in, you can view frequently asked questions and oral health information, download commonly used forms and documents, the TRICARE Dental Program Benefit Booklet and other materials.

DS Logon Required to Sign In

For the most secure and convenient authentication, you'll be required to use your Department of Defense Self-Service Logon (DS Logon) to sign in to the MetLife website. You may visit a TRICARE Service Center or a Veterans Affairs Regional Office to complete the required in-person proofing process to request a DS Logon.

If you need a new uniformed services ID card, you can visit an ID card office and request a DS

Logon at the same time you are getting a new ID card.

• For more information, view [Frequently Asked Questions](#).

New Phone Numbers

- CONUS: 1-855-MET-TDP1(1-855-638-8371)
- OCONUS: 1-855-MET-TDP2 (1-855-638-8372)
- TDD/TTY: 1-855-MET-TDP3 (1-855-638-8373)

New Claims-Filing Information

The address where you will send your claims for care received on or after May 1, 2012, depends on where you live:

CONUS Service Area
MetLife TRICARE Dental Program
P.O. Box 14181
Lexington, KY 40512

OCONUS Service Area
MetLife TRICARE Dental Program
P.O. Box 14182
Lexington, KY 40512

(CARE continued from Page 2)

be defined in a sentence or two," Keenan said.

Some examples of USAPHC's public health activities include the following:

- If you live on an Army installation, USAPHC helps ensure your drinking water is pure.
- If you shop in a commissary, USAPHC veterinary food inspectors make sure the food you buy is safe to eat.
- If you're doing physical training with your unit, USAPHC helped develop fitness program standards that minimize injuries while maximizing your strength and endurance.

- If you've ever deployed, your pre-deployment medical threat brief was provided to your unit by the USAPHC.
- If you've ever sat in a Stryker or used an Army weapon, USAPHC likely tested its design to minimize the health risks from operating it.
- If you use Army-approved vision or hearing devices, USAPHC made sure your goggles and earplugs met high standards of protection.
- If you carry an "ACE" (Ask-Care-Escort) card in your pocket, that card—and the training behind it—was developed at the USAPHC.

USAPHC programs, from Army Wellness Centers to the eCatalog of public health information, help build and sustain the good health of individuals and units in the "white space" between health care visits.

For information and product ordering, visit <http://phc.amedd.army.mil>.

(DRUGS continued from Page 1)

has been placed in the front lobby of the USAG Bamberg Health Clinic by the pharmacy window for patients to place the drugs into during regular clinic hours. The pharmacy will then ensure the proper disposal of all drugs put into the bin.

Medical needles should not be placed inside the bins, Foster said. They should still be turned in to the pharmacy if unused for proper disposal. If the needles are used they can be turned over to any nurse who will place them in a sharps container.

Community members are encouraged to turn in any type of drug that they may have in their household that they do not require during this month. The bin provides anonymity and there should be no fear of reprisal as there will be no monitoring of who returns what drug into the bin.

It is illegal and punishable under the Uniform Code of Military Justice for Soldiers to be in possession of any prescription medication that is not prescribed to them.

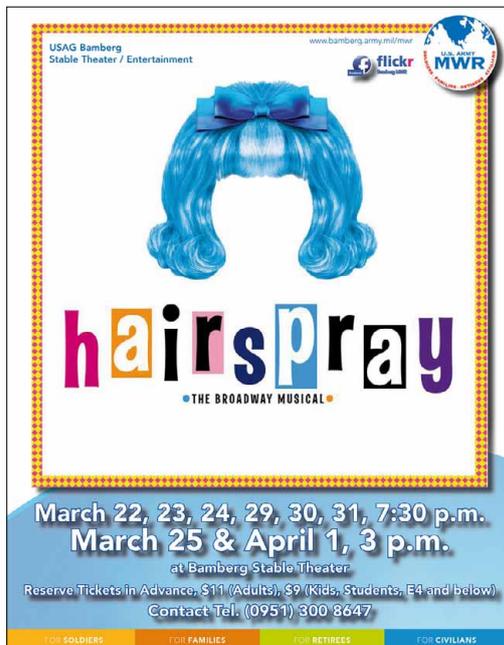
It is also illegal and punishable under UCMJ for Soldiers to take a prescription that they are not currently prescribed, including narcotics and antidepressants.

With the Department of Defense expanding their drug-testing program to add the screening for hydrocodone (pain killers) and benzodiazepines (antidepressants), it is important for Soldiers to be aware and remove them from their household when not prescribed to take them.

"The amnesty month allows individuals with illegal drugs to turn them in and get a fresh start," Foster said.

For more information on returning prescription drugs please stop by your community health clinic pharmacy.





USAG Bamberg
Stable Theater / Entertainment

www.bamberg.army.mil/mwr

flickr MWR

hairspray
THE BROADWAY MUSICAL

March 22, 23, 24, 29, 30, 31, 7:30 p.m.
March 25 & April 1, 3 p.m.

at Bamberg Stable Theater.

Reserve Tickets in Advance, \$11 (Adults), \$9 (Kids, Students, E4 and below)
Contact Tel. (0951) 300 8647

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

Community Announcements

Please send all announcements to Bamberg Public Affairs at usarmy.bamberg.usareur.mbx.pao@mail.mil.

Easter Brunch

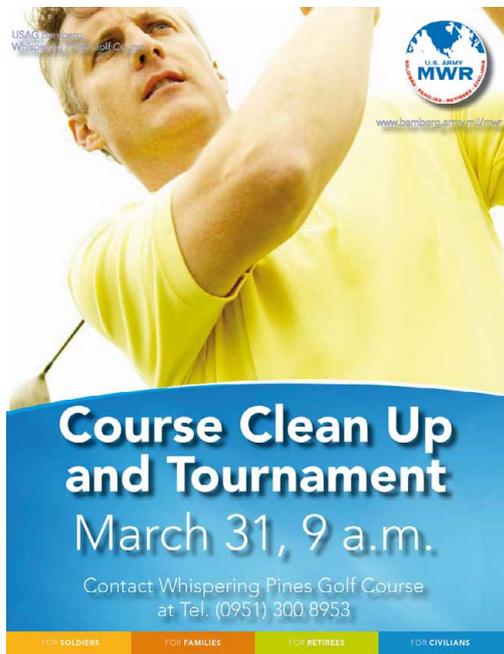
Bring the kids! Get a photo taken with the Easter Bunny and enjoy an Easter Brunch Buffet on April 8 at the Warner Conference Center from 11 a.m. to 3 p.m. \$15.95 for adults, \$8 for children 12-6 and free for ages 5 and under. There will be arts and crafts for the kids and an Easter Scavenger Hunt. RSVP by April 2 at the Community Activity Center or WCC, payment required at the door. For more information, call 0951-300-7596.

Luncheon

Bamberg Spouses and Civilians' Club will have a luncheon April 2 at 11:30 a.m. at the Warner Conference Center. The cost is \$10 and the theme is "Tea Time." For more information or to RSVP by March 29, email bscc.reservations@yahoo.com.

Bingo

Bamberg Spouses and Civilians' Club will have a bingo night April 27 at the Warner Conference Center. Card sales begin at 6 p.m. and bingo starts at 6:30 p.m. The theme for this month's bingo is "Tea Time." Wear a derby hat and receive two free bingo card.



USAG Bamberg
Whispering Pines Golf Course

www.bamberg.army.mil/mwr

Course Clean Up and Tournament
March 31, 9 a.m.

Contact Whispering Pines Golf Course
at Tel. (0951) 300 8953

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

For more information, email marylousolorzano@yahoo.com.

Single Parent Luncheon

There will be a single parent luncheon on April 20 at the chapel from 11:30 a.m. to 1 p.m. It will be a free luncheon and discussion group. Meeting is an opportunity for single parents to discuss issues and find support. Watch care will not be provided.

VA Benefits Briefing

A representative from the Department of Veterans Affairs will provide a general benefits briefing at the post movie theater on April 19. While the briefing is primarily for Soldiers who are transitioning from service, all members of the community are welcome to attend. The briefing will start at 8 a.m. and will end at 12 p.m. For more information, call 0951-300-8925.

Volunteer Opportunities

Interested in volunteering? Equal Opportunity office is looking for volunteers to help with upcoming observances. For more information, contact the Equal Opportunity and Equal Employment Opportunity offices at 0951-300-8624.

March Madness!

For the entire month of March, save 15 percent on all portrait sheet orders at the Community Activity Center Photo Studio. For more information, call 0951-297-1248 or stop by the CAC Photo Studio.

Month of the Military Child Portraits

All portrait sessions taken with children during the Month of the Military Child in April, indoors or outdoors will receive 15 percent off their portrait sheet orders at the Community Activity Center Photo Studio. For more information, call 0951-297-1248 or stop by the CAC Photo Studio.

Month of the Military Child Events

Throughout the month of April the U.S. Army Garrison Bamberg will host several events in honor of the Month of the Military Child. The kick-off celebration will be on Saturday, April 7 at Friendship Park at 9 a.m. The event will include The Amazing Race 2K, Easter Egg Hunt at 10:15 a.m., Kinder Fest, Zumba kids demo, Pet Expo and a working dog demo. For more information, call 0951-300-7452 or email archie.johnson1@us.army.mil.

Hairspray

Stable Theater presents the Broadway musical Hairspray March 31 at 7:30 p.m. There will also be matinee performance April 1 at 3 p.m. Reserve tickets in advance, \$11 for adults and \$9 for children, students and E-4 and below. For more information, call 0951-300-8647.

Free Tax Preparation

The Bamberg Tax Center is open. The Tax Center is located in Bldg. 7000 on the fourth floor. Appointments and walk-ins will be available. Operating hours will be Monday to Friday 9 to 11:30 a.m. and 1 to 3:30 p.m. The office will be closed daily at noon to 1 p.m. for lunch. For more information or to make an appointment, call 0951-300-8261/8262.

CPR, AED and First Aid Certification

Come and learn how to give cardiopulmonary resuscitation, first aid and use an automated external defibrillator with the Red Cross April 13, May 11, June 8 and July 13 from 10 a.m. to 4:30 p.m. at the Army Community Service building. The cost of the CPR/First Aid Certification is \$45. You can log onto www.redcross.org to register. Once on the Red Cross site, go to "take a class" and enter your APO zip code to find the course, register and pay online. You can also register in person at the ARC office. For additional information or questions, stop by the Red Cross office, Building 7029 or call



MONTH OF THE MILITARY CHILD
April 2012

Kick Off Party
April 7, 10 a.m.

USAG Bamberg Friendship Park

The Amazing Race 2K Fun Run (registration starts 8 a.m., race starts 8:30 a.m.),
Easter Egg Hunt (10 a.m.), Kinderfest (10:30 a.m.), Zumba Demo (11:30 a.m.),
Pet Expo (12 p.m.), Military Working Dog Demonstration (1 p.m.),
Fun for the entire Family!

0951-300-1760.

Red Cross Volunteer Orientation

Come and learn how you can become a volunteer with the American Red Cross April 6, May 4, June 1 and July 6 from 10 a.m. to 12 p.m. at the Army Community Service building. Please call and RSVP no later than the day before each scheduled orientation. For additional information or questions, stop by the Red Cross office, Building 7029 or call 0951-300-1760.

Military Council of Catholic Women

The Military Council of Catholic Women meet on Thursdays at the chapel. Mass begins at 12 p.m. followed by fellowship, lunch and study group from 12:30 to 2 p.m. For more information, email Andrea.lands@gmail.com.

By Soldiers - For Soldiers

Alcoholic Anonymous meetings for Warner Barracks take place weekly on Wednesdays from 11:45 a.m. to 12:45 p.m. at the Community Activity Center, Room 409. These meetings are open to anyone. Duty uniform allowed. For more information, call Kyle at 0151-1775-3880, Brian at 0172-271-3626 or Justin at 0151-4642-3940

Woodworkers Roundtable

Take part in the woodworkers roundtable every Wednesday at the Arts and Crafts woodshop on



USAG Bamberg
Warner Conference Center

www.bamberg.army.mil/mwr

Easter Brunch
Sun. April 8
11 a.m. - 3 p.m.

Bring the kids! Get a photo taken with the Easter Bunny and enjoy an Easter Brunch Buffet at the Warner Conference Center. \$15.95 (Adults), \$8 (12 and under), free for ages 5 and under. Arts and Craft for the kids, Easter Scavenger Hunt.

RSVP by April 2 at CAC or Warner Conference Center, payment required at the door.
Contact (0951) 300 7596

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

the on the second floor of Building 7047. Get tips, tricks and new ideas. The event is free. For more information, call 0951-300-8659 or email thomas.stenson@us.army.mil.

Arts and Crafts

Take part in the crafter's club at noon every Tuesday at the Arts and Crafts classroom on the first floor of Building 7047. Join the fun. Local crafters get together to share ideas, tips and tricks on a variety of crafts. Learn something new or share your knowledge. The event is free. For more information, call 0951-300-8659 or email thomas.stenson@us.army.mil.

Weekly Reminders

Speed Limit

Please slow down while driving through residential areas on the installation. The speed limit inside a residential area is 20 kph.

Immediate Appointments

Are you tired of waiting on hold while scheduling a medical appointment at health clinic? With TRICARE Online, you don't have to wait on hold. You can schedule appointments, refill prescriptions and manage your health needs better. Register today at www.tricareonline.com. To learn more, visit <http://www.youtube.com/watch?v=s7VeUlyTMa4>.

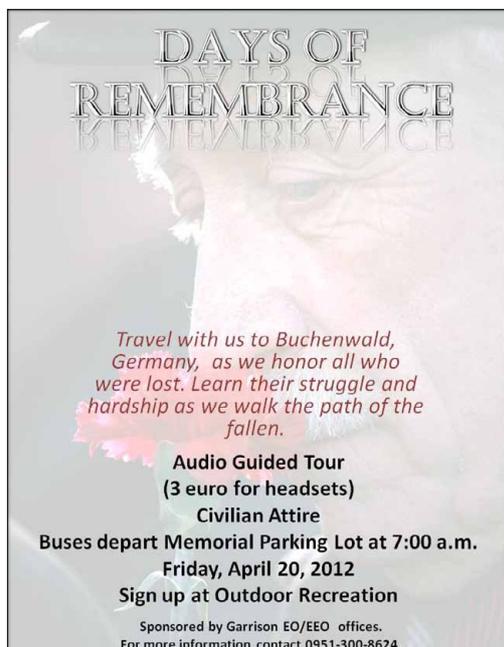
Photo Studio

The Arts and Crafts Photo Studio has reopened. Chandra is available to take your appointments for portraits, balls, sporting events and more. For more information or to make an appointment, call 0951-297-1248.

Looking for Training Space?

Earn your certificate. Advance your career. Achieve your goals. The Digital Training Facilities provide Soldiers with a location to access web based, job related and professional courses away from the workplace and distractions of the home. We have three classrooms and each classroom has 17 workstations. In total, we have 51 workstations. Classrooms are linked to the internet. Services are available for individual self development. Stop in to check e-mail, use free internet, take distance learning classes, job search or study. For more information, visit the Digital Training Facility in Building 7055, call 0951-300-8669 or e-mail esther.j.galletta@us.army.mil. The facility is open Monday-Thursday day from 8 a.m. to 5 p.m. and Friday from 8 - 11 a.m.

Get EFMP Registered



DAYS OF REMEMBRANCE

Travel with us to Buchenwald, Germany, as we honor all who were lost. Learn their struggle and hardship as we walk the path of the fallen.

Audio Guided Tour
(3 euro for headsets)
Civilian Attire

Buses depart Memorial Parking Lot at 7:00 a.m.
Friday, April 20, 2012
Sign up at Outdoor Recreation

Sponsored by Garrison EO/EEO offices.
For more information contact 0951-300-8624.

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Vanessa Holland, EFMP manger, at 0951-300-7777.

Involved Consideration

Missed appointments diminish a medical facility's ability to provide efficient health care. The next time you cannot make your medical appointment, please be considerate and cancel your appointment. We need your involvement to provide better care for our military community.

DEERS Validation

Soldiers are responsible for ensuring Defense Enrollment Eligibility Reporting System information is updated. Please see the ID card section to update your DEERS information.

OneSource Mobile

Army OneSource is now available for smart phone browsers. The launch of a mobile device version will optimize Army OneSource the mobile experience for visitors. Visit www.myarmyonesource.com today.

DFAC Feedback

Dining Facility council meetings are at Ray's Diner every last Thursday of the last month of each quarter at 2 p.m. The meetings are scheduled for March 29, June 28 and Sept. 27. For more information, call 0951-300-7130.

Army Suggestion Program

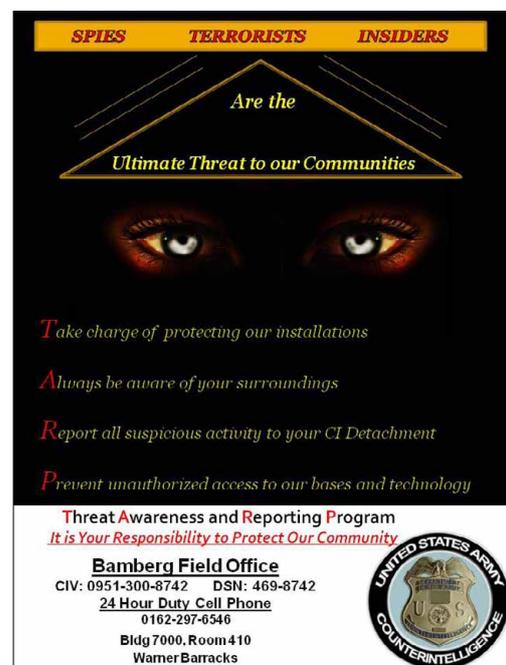
The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke, Erlanger Stadtwerke, Entega and E-on Bayern. For more information, call the Bamberg tax relief office at 0951-300-1780.

New Health Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday, sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday and Friday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - 3 p.m.; closed on US federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with a care provider.



SPIES TERRORISTS INSIDERS

Are the
Ultimate Threat to our Communities

Take charge of protecting our installations
Always be aware of your surroundings
Report all suspicious activity to your CI Detachment
Prevent unauthorized access to our bases and technology

Threat Awareness and Reporting Program
It is Your Responsibility to Protect Our Community

Bamberg Field Office
CIV: 0951-300-8742 DSN: 469-8742
24 Hour Duty Cell Phone
0162-297-6546
Bldg 7000, Room 410
Warner Barracks



Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; offered weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and anger/stress management classes.

Family Advocacy - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for Anger/Stress Management Class.

New Parent - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.

Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

English as a Second Language

Army Community Service, Relocation Readiness Program, offers free ESL classes every Thursday. Level 1 class is scheduled from 8:30-10:30 a.m. Level 2 class is from 10:30 a.m.-12:30 p.m. Level 3 class is from 1-3 p.m. Classes are at the Family Advocacy Program Building 7487. For more information, call 0951-300-7777.

ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

Customs Office

The Bamberg Customs Office is located in rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

Trial Defense Services

If you're a Soldier and you are questioned by law enforcement, Criminal Investigation Division or members of your command about suspected acts of misconduct, you have the absolute right to remain silent. You have the right to refuse to answer any question, even from your commander and you have the right to talk to an attorney. If questioned, you should immediately demand to speak to an attorney. As a Soldier, you are entitled to free consultation and representation by a military defense counsel. All communications with a trial defense attorney are privileged and will not be released to your command. Let a U.S. Army trial defense attorney help you.



Ramstein Shuttle

RAMSTEIN AB		
	Arrival	Departure
Bamberg, Bldg 7676, Bamberg Inn	1:40 a.m.	1:50 a.m.
Schweinfurt Conn Bks, Bldg 89, Bradley Inn	2:50 a.m.	3:00 a.m.
Ramstein Passenger Terminal	6:30 a.m.	
Ramstein Passenger Terminal		9:40 a.m.
Schweinfurt Conn Bks, Bldg 40, Central Processing Facility	12:30 p.m.	12:40 p.m.
Bamberg, Bldg 7290, Central Processing Facility	13:20 p.m.	

Every Tuesday

For more information, call 0951-300-8620 or come to Building 7000 to speak with a free trial defense attorney.

Closures / Changes**Vehicle Registration Closure**

Vehicle Registration Office will be closed on April 6 and 9, all day for Easter and April 30 after 12 p.m. due to annual inventory. For further information, call 0951-300-7580.

Airport Shuttle

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:25 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on holidays, but is on training holidays. Pets are allowed. For more information about the airport shuttle, call 069-695973816.

Coffee Change

The phone number for Community Activity Center and cafe is now 0951-300-8837. The 0951-300-8659 line will only be for Arts and Crafts and be answered during its business hours.

Library Hours Changed

The community library, located at building 7047, closes at 6 p.m. on Fridays. The current hours of operation are: Monday-Thursday from 11 a.m.-8 p.m., Fridays 11 a.m.-6 p.m. and Sat 11 a.m.-6 p.m. Closed Sundays and Federal Holidays.

Customs Office

The Customs Office is closed every first Thursday of the month for training.

Continuing Education**Texas Resident**

Are you a Texas resident? Central Texas College offers an in-state tuition rate of \$76/credit hour for Texas residents taking online courses. Take classes online in criminal justice, early childhood, applied management, hospitality management, legal

assistant and fire prevention. For more information, e-mail bamberg@europe.ctcd.edu or call 0951-300 7467.

PTA Scholarships

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

Post 9/11 GI Bill

Take advantage of your military benefits. Earn a degree or skill with your Post 9/11 GI Bill. Find out more about your benefits by visiting <http://www.gibill.va.gov/>.

UMUC Financial Aid

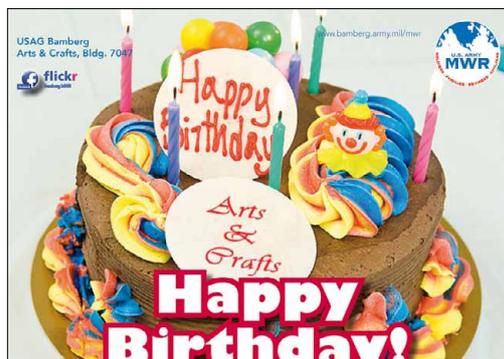
UMUC Europe introduces the New Student Scholarship for Spring 2012 Session 2. This one-time \$700 award helps students with the cost of tuition and books and combined with the affordability of UMUC Europe's programs, helps make it possible to reach their highest personal and career goals. Starting in January, book awards will be increased to \$150 for active duty enlisted service members and military family members of all ranks. With a quick online application, eligible students can offset the cost of their textbooks this spring. For more information or to download financial aid applications, visit www.ed.umuc.edu/financial_aid.

Travel and Study

Discover the best of Europe while earning UMUC credit. New field study courses are now offered March through August 2012 in fascinating cities like Venice, London, Berlin, and much more. Field study courses combine the exploration of rich culture and history in famous European destinations with hands-on learning from experienced UMUC faculty. Find out more and plan a week of unforgettable adventure at www.ed.umuc.edu/fieldstudy.

Criminal Justice course

Central Texas College Bamberg is officially open for Term 4 Registration. We are offering the course CJSA 1308 - Criministics I as part of the Criminal Justice degree plan. Non-degree seeking students may also take this course! Participate in hands on learning as well as classroom time to complete this course. Registration is open now through April 2nd. Please visit Nora Sobering in the Ed Center or contact her at 0951-300-7467 or bamberg@europe.ctcd.edu.



USAG Bamberg
Arts & Crafts, Bldg. 7047

Happy Birthday!
Arts & Crafts

Happy Birthday!

Army Arts & Crafts!

70th Anniversary Celebration
April 20, 3-5 p.m.

Kids Crafts, Demonstrations, Exhibition from Local Artists, Wood Working, Jewelry, Sewing, Embroidery, Air Brush, Spray Paint Art, Ceramics, Photography and more!
at Bldg. 7047, 1st floor. Free Refreshments and Prize Drawings!

Contact (0951) 300 8659

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS



USAG Bamberg
Tax Relief Program

"It's Your Money!"

Tax Savings

with the Family and MWR Tax Relief Program

Sign up today and save 19% Value Added Tax on Purchases and Utility Bills

Contact the Tax Relief Office: 0951 300 1780 Bldg. 703

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

Help us better our community by taking a survey about the Bamberg community at

www.surveymonkey.com/s/Bamberg

Recycling Fact

Bring your own bag! It takes a 15-year-old tree to produce 700 grocery bags.

Sports, Health and Fitness

Baseball and Softball in Bamberg

The Memmelsdorf Barons Baseball club is the only baseball club in the Bamberg area. The club hosts two senior baseball teams (one recreational, one competitive), a women's fastpitch softball team and two youth teams within five minutes distance to Warner Barracks. The club has a long tradition in giving U.S. players the chance to keep playing baseball on a competitive or recreational level and the chance of getting around on road trips around Bavaria for games. For more information contact the officer of the club, Volker Lang at volker.lang@memmelsdorf-barons.de or 0179-117-2494.

Running Club

Do you get out of breath running for the bus? Do you want to lose weight? Do you want to get in shape and stay in shape? Join the Bamberg Running Club for all levels of runners, but especially targeted for beginners using the Jeff Galloway training method of running/walking! The Bamberg Club will meet two times a week for 45-60 minutes of training, plus weekend runs. This is will be partnership between FFF and the Bamberg Health Clinic. For more information, email kelly.woodruff@us.army.mil or ernest.d.johnson3.naf@mail.mil or call 0951-300-9086.

Kick the Habit

There is a Smoking Cessation Group every Monday at 4:30 - 5:00 p.m. in the Dental Clinic Conference Room. No registration required. For more information, call 0951-300-8999.

Pertussis Prevention

Pertussis, or whooping cough, is on the rise. It affects people of all ages, is most severe in children and can be fatal in infants. Immunizations children get to protect against this disease wanes with time. Unimmunized, infected adults can unknowingly

spread pertussis to children. Symptoms in adults can appear like a common cold and develop into violent coughing. Preventing the spread of the disease is possible. To protect yourself but, most importantly, the children of our community, we urge adults to be vaccinated against pertussis. Ask your health clinic professionals about the Tetanus, Diphtheria and Pertussis vaccine or T-DAP.

Youth and Teens

Living in the New Normal Institute

Living in the New Normal Institute is a two-day training opportunity for educators, counselors, child, youth and school services, parents and community volunteers to provide a smoother transition for our children as they face transitions between schools and military life. The training will take place April 26 and 27 at the Birchview Lanes Bowling Center from 8 a.m. to 4 p.m. Register by April 12 through the MCEC website at www.MilitaryChild.org. Additionally, please contract the School Liaison Officer at USArmy.Bamberg.IMCOM-Europe.List.DFMWR-School-Liaison@mail.mil or call 0951-300-7891.

Take Our Daughters and Sons to Work

The Department of Defense Dependent Schools Europe invites you and your child to participate in an enjoyable and beneficial learning experience known around the globe as Take Our Daughters and Sons to Work, on April 27. Students in grades 3-6 from the Bamberg Elementary School and grade 7-8 from the Bamberg Middle High School will accompany their parents only from 8-10:30 a.m. Parents are responsible for their child's transportation.

Scholarship

In recognition of their service to the nation and in support of the unique demands and sacrifices of military personnel and their families, St. George's School is seeking to provide up to four fully funded scholarships for children of active duty military personnel in the 2012-2013 school year. St. George's School is an independent college-preparatory school serving grades 9 through 12 located just outside of Newport, R.I. For more information on this wonderful opportunity for outstanding students, <http://www.militarychild.org/child-student/st.-georges-scholars-program/>.

Parents' Night/Day Out

Enjoy a day or night out by enrolling your children in the next Parents' Day Out or Parents' Night Out programs. Dates for Parents' Day Out will be April 21, June 2, Aug. 4, Oct. 6 and Dec 1 from 11:30 a.m. - 3 p.m. Dates for Parents' Night Out will be May 4, July 6, Sept. 7 and Nov. 2 from 6:30 - 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

Reader of the Month

On the third Wednesday of the each month at 4 p.m., the Bamberg Community Library and School Age Center will recognize and reward children and youth for their accomplishments in reading. A reading log will be maintained at Bamberg Library. The Reader of the Month will have their photo displayed at the library. For more information, call 0951-300-1740.

Preschool Services

Your child or someone else's may qualify for preschool services for children with disabilities. Screening for children ages 3 to 5 years of age are held once a month at Bamberg Elementary School to locate and identify children who may have developmental delays. Make an appointment if you suspect a delay in language, physical, cognitive, social or adaptive behavior development. Call BES at 0951-300-7616.

Library Events

The library hosts weekly events. There is storytelling for children ages 3-5 years old every Wednesday at 11:30 a.m. There's also a Gamers' Challenge that meets every Saturday at 5 p.m. For more information, call 0951-300-1740.

Youth Lessons

Child, Youth and School Services SKIES Unlimited is offering lessons for fine arts ages 6 to 12, kinder German with parents ages 6 to 9, gymnastics for various age groups, kickboxing ages 5 to 18 and piano ages 6 to 18. For more information, call 0951-300-7452.

Cub Scouts

There is a Cub Scout Pack in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webelos (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlarama, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information, call 0951-222-1903 or e-mail chad3jsdad@yahoo.com.

Boy Scouts

Boy Scout Troop 40 in Bamberg is looking for boys ages 12 and older interested in becoming Boy Scouts. The troop meets every Monday from 6:30 - 7:30 p.m. except on holidays. The boys work on requirements for advancement and earning Merit badges. The troop is also looking for adult volunteers and Eagle Scouts to assist with troop activities. For more information, call 0160-1585894.

Teen Stress

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonsource.com/News/2010/07/OperationPurple>.

Scout Program

Each year, the Veterans of Foreign Wars selects three young people — of the Boy or Girl Scouts, Sea Scouts or Venturing Crew — who have demonstrated practical citizenship in school, scouting and the community. The first-place winner receives a \$5,000 award, the second-place winner receives a \$3,000 award and the third-place winner receives \$1,000. For more information, visit <http://www.vfw.org/>

ARMY MWR SERVICES SURVEY
MAKING WHAT'S GOOD FOR YOU... BETTER.

COMING SOON!

www.armymwr.com

A sample of the Army MWR patrons will be asked to take the survey. If selected to participate, you will be contacted by mail or e-mail inviting you to complete the survey.

ARMY MWR SERVICES: SOLDIER & FAMILY PROGRAMS, CHILD YOUTH & SCHOOL SERVICES, RECREATION & LEISURE, FOOD & BEVERAGES

NAVY ENTERTAINMENT & ARMED FORCES ENTERTAINMENT PRESENT
brought to you by USAG Bamberg - Mobile Theater / Entertainment
www.bamberg.army.mil/mtr

TAKING BACK SUNDAY
WWW.TAKINGBACKSUNDAY.COM

APRIL 29, 7 P.M.
FREEDOM FITNESS FACILITY
BAMBERG FREE ADMISSION
DOORS OPEN 6 P.M.

Special Guest:
Nicole Frechette
Born in Connecticut, Distilled in Kentucky

ARMED FORCES ENTERTAINMENT NAVY

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

Bamberg Movie Schedule

AAFES Reel Time Theater is closed
Tuesdays and Wednesdays

Thu	March 29	Underworld: Awakening (R)	7 p.m.
Fri	March 30	21 Jump Street (R)	7 p.m.
Sat	March 31	Red Tails (PG-13)	3 p.m.
		Haywire (R)	7 p.m.
Sun	April 1	Red Tails (PG-13)	3 p.m.
		21 Jump Street (R)	7 p.m.
Mon	April 2	21 Jump Street (R)	7 p.m.
Thu	April 5	Underworld: The Awakening (R)	7 p.m.
Fri	April 6	The Hunger Games (PG-13)	7 p.m.
Sat	April 7	Big Miracle (PG)	3 p.m.
		The Hunger Games (PG-13)	7 p.m.
Sun	April 8	Big Miracle (PG)	3 p.m.
		Man On A Ledge (PG-13)	7 p.m.
Mon	April 9	The Hunger Games (PG-13)	7 p.m.
Thu	April 12	Man On A Ledge (PG-13)	7 p.m.
Fri	April 13	The Grey (R)	7 p.m.
Sat	April 14	Wrath Of The Titans (PG-13)	3 p.m.
		Chronicle (PG)	7 p.m.
Sun	April 15	One For The Money (PG-13)	3 p.m.
		Wrath Of The Titans (PG-13)	7 p.m.
Mon	April 16	Wrath Of The Titans (PG-13)	7 p.m.
Thu	April 19	The Grey (R)	7 p.m.
Fri	April 20	Safe House (R)	7 p.m.
Sat	April 21	The Cold Light Of Day (PG-13)	3 p.m.
		Safe House (R)	7 p.m.
Sun	April 22	Journey 2: The Mysterious Island (PG)	3 p.m.
		The Cold Light Of Day (PG-13)	7 p.m.
Mon	April 23	The Cold Light Of Day (PG-13)	7 p.m.
Thu	April 26	Safe House (R)	7 p.m.

Eco-Friendly Tips

Water-saving Tips

1. Use the minimum amount of water needed for a bath.
2. Take shorter showers. Five minutes or less is best.

Energy-saving Tips

1. Be quick getting something out off your fridge.
2. If you open the windows to air out your home, turn off the air condition while doing so.

Recycling Tips

1. Make double-sided copies whenever possible to reduce waste.
2. Use envelopes that do not contain plastic. The cellophane contaminates and lowers the grade of paper for recycling.

Trips and Travel Opportunities

Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.



March 31 Little Swiss Hike \$25

Say goodbye to winter and welcome in the spring season with our Little Swiss Hike. You will enjoy the calm of the landscape as you deeply inhale the fresh spring air. Please wear appropriate clothing and hiking boots. Pack a lunch and hydrating liquids. Transportation departs from Outdoor Recreation at 9 a.m. and returns at 5 p.m.

April 11 and 25 Evening Mountain Bike Rides \$10

Enjoy the longer days with a mountain bike ride through the local woods. De-stress while breathing in the fresh air and learning new trails. Use your own bike or rent one from Outdoor Recreation for only \$10. Must sign-up in advance. Departs from Outdoor Recreation at 5 p.m. and returns at 8 p.m.

April 12 Tour Under Bamberg \$25

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp. Please wear appropriate clothing and bring a flashlight. Transportation departs from Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

April 14 Salzburg, Austria \$65

Visit the charming city which is famous for the Sound of Music, is the birthplace of Wolfgang Amadeus Mozart and where the Fortress of Hohensalzburg provides breathtaking views. Bus departs at 5 a.m.

April 21 Nuremberg Zoo \$35

With well-designed paths among the animal enclosures, enjoy a leisurely stroll as you observe many species the zoo possesses. Observe live animal feedings and shows, and when your legs get tired grab a snack at one of the restaurants located inside the zoo. Includes transportation and admission. Children ages 4-12 are \$20 and children 3 and under are \$10.

April 28 Cheb Shopping, Czech Republic \$35

With some of the most famous flea-markets in Europe, Cheb in the Czech Republic is a bargain shoppers dream come true. Children ages 4-12 are \$20 and children 3 and under are \$10. Passport is required. Transportation departs from Outdoor Recreation at 9 a.m. and returns at 5 p.m.

May 3 Tour Under Bamberg \$25

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp. Please wear appropriate clothing and bring a flashlight. Transportation departs from Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

May 5 and 19 White Water Kayak \$35

No matter your skill level, our white water kayak trip will have you feeling like a professional by the end of the day. Please wear a swimsuit and pack a towel, lunch and hydrating liquids. Trip includes transportation and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

May 9, 16, 23, 30 Wednesday Evening Adventure Sports \$15

Enjoy the longer days with a mountain bike ride on some of the coldest single-track in the local area, or rock climbing on the world famous Frankenjura limestone. Use your own bike or rent one from Outdoor Recreation for only \$10. Climbing equipment is provided with trip fee. Must sign-up in advance. Departs Outdoor Recreation at 5 p.m. and returns at 9 p.m.

May 12 Berlin with City Tour \$65

Germany's capital is a cultural haven offering sights like Checkpoint Charlie, Brandenburg Tor, Reichstag, KaDeWe, Jewish memorials and more. Children ages 4-12 are \$55 and children 3 and under are \$45. Includes transportation and a city tour. Transportation departs the chapel parking lot at 4 a.m. and returns at 11 p.m.

May 26 Strasbourg, France \$65

With flavors of both France and Germany, Strasbourg is an ultimate European city. Visit "la Petite France," a picturesque neighborhood resembling a fairy tale, and Place Kleber a bustling square that's always bursting with activity. Trip includes transportation and a city tour.



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

AUTOMOBILES

\$2300 OBO. 1996 BMW 316i - Ansbach area - dependable work car, inspected Jan. 2012 and prepared to reinspect, color - blue with minor rust spots, manual shift, quiet motor, new brake job, suspension, spark plugs, wires and hoses. All-season tires, recently winterized, 248k miles, pictures available upon request. Will travel to Bamberg if needed for test drive and transaction, Call 0160-9221-9282.

2002 Toyota Camry XLE for sale. AUTOMATIC Dark blue exterior with grey leather interior. Electric windows, seats, sunroof, mirrors, and HEATED front seats. Four door, ample trunk space, and 6-disk cd player. Never been in accident. GREAT family car! BRAND NEW Spec tires. US Spec and mileage is 191K miles. Asking price is \$5200 OBO Make an offer! Call Priscila Solis for more info at 01525-3901479 or email asolispriscila@gmail.com for pictures or questions.

2005 BMW 118d, 45+ mpg turbo diesel, 6 speed manual, 5 door hatchback, Euro Spec, 98000 miles, snow and summer tires/rims, onboard GPS/computer, heated seats, parking assist, PCSing must sell. Asking \$10,500. Call Robert 01607837935 or email lucasbmw118@yahoo.com.

\$3800 OBO 1997 Ford Mondeo, Grey 4 door, Euro Spec, Automatic, sunroof. Passed inspection Sept. 19. New windshield and rear bumper, clean interior, very room. Car runs great on and off the autobahn. Phone:0160-985-45227.

\$2200 1998 2 dr. Seat Arosa, Euro Spec, 5-speed manual. Replaced front wheel bearings, new winter tires, new muffler. Passed inspection Oct 11. Excellent gas mileage. Phone:0160-985-45227

1994 Yamaha Virago (XJ600). Chopper configuration in top condition. 535 CC. 16,485 Km. Euro 2,500 German license

plate w/TUV. Located In Schweinfurt. Call Douglas or Eva Stewart 09721-749246, 0151-20546748. Want photos? Stewartorders@hotmail.com.

Opel Astra Coupe, 1999, red, 92000 miles, German specs, MP3 Player-CD, very clean and in good condition, new muffler, new brakes. Asking: \$3000 obo, for more pics or information please contact e_sapper@hotmail.com.

EMPLOYMENT

U.S. Army Garrison Bamberg has a non-personal service contractor for journalism services available. Please visit the Contacting Office's website at, http://www.409csb.army.mil/Sites/Bamberg/bb_Bamberg.htm. The solicitation number is W912PG12T0011. The job announcement closes March 29 at 12 a.m.

The USAG Bamberg Community Chapel is currently accepting applications for Watchcare providers for the Watchcare Program. Performance period is expected through 30 September 2012. Interested parties should contact Stacey Berry, the Watchcare Coordinator, at 0152-242-84736.

Central Texas College needs instructors to teach applied management and military science. Requirements include a management based associate's degree and several years of active, Reserve, or National Guard military experience. For more information, call 0951-300-7467 or email bamberg@europe.ctcd.edu.

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 09721-96-8309; or email sarah.boerner@europe.ctcd.edu.

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary.

Bamberg's Exchange is accepting applications for entry-level retail and food positions. Join a unique organization with

the competitive package by applying online at www.applymyexchange.com or by calling Human Resources Office at 0951-303159.

MISCELLANEOUS

Home needed for 2 loving cats. 1 male (8yrs-orange Persian Mix) and 1 female (7yrs-Tabby). Up to date with all shots. ETSing and with deep regret we cannot take cats with us. Great family cats. Please call Alexandra or Doug at 0951-917-1978.

Looking for a loving home for our 2 male guinea pigs. They include 2 large cages, wooden huts, bedding material, grooming supplies, toys, books, pet carrier, and water bottles. They are 2 years old. Asking \$100. We are PCS'ing soon and can not take them with us. If interested please call 0151-1756-0411.

Large Apartment 2 bedroom and studio just 10 minutes away from Bamberg. Pictures available. Call 0152-54229569.

Let me walk your dog! Do you have a high energy dog that needs to go on long walks, but you don't have the time? Let me walk your dog. I will tailor to each dog's needs, but I usually go on 6 mile+ walks. \$10 for each walk. For my personal information please contact me at erin.cooper@us.army.mil.

Looking for a teacher of the Russian language. Call: 015152050467 or email mmk09@aber.ac.uk.

Mariachi Cuatro Caminos. Needs violins and trumpet players, along with vocalist male or female We will perform for the community and Middle and elementary schools in the community All serious inquires please email puomariachi@hotmail.com.

Apartment for rent. 1 bedroom apartment. 1 kitchen with built in kitchen furniture, 1 living room, 1 bedroom, 1 bathroom. All lamps and curtain included. Basement, Laundry room (already washer and dryer there), 2 parking lots. 14 km from post. For more info, call 0152-54229569.

FOR SALE

For sale: Central Texas College textbook, The Core, Larry J. Siegel 4th Edition for Law Enforcement History of America. Like brand new, only a few marks on the first 5 pages. \$ 95. Cost new \$125. On Post Pick up or I can mail it. Email: hic4chris@aol.com or cell: 0176-48026658.

For Sale: German solid wood living room shrank with lights: measurements are: 3.28m wide, 2.17m tall; 0.55m deep. The price is negotiable. Pictures available. 0152-54229569.

Kitchen with all appliances- \$700; German king-size solid wood bed - \$430; German bedroom schrank (4 meters long, 220 m high/black&white)-\$570; solid wood round dining room set (w/4 chairs)- \$200; French bed (120X200)-\$150; high board-\$75; bathroom cabinet-\$70; and a solid wood chest of drawers-\$65 / O.B.O. Call 0174-766-3088.

For Sale: Couch - \$300; TV Entertainment Center - \$80; Pier 1 Papasan Chair - \$65; Queen Size Bed and Mattress - \$330; Dresser - \$100; Bedroom Wardrobe -\$65 and 2 Piece Solid Wood Buffet - \$780. All in excellent condition. Pictures available upon request. Prices negotiable. Contact: Cell 0160-781-5496 Email: riser@t-online.de.

AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please email your submission to the Public Affairs Office at usarmy.bamberg.usareur.mbx.pao@mail.mil. We will ONLY accept classified ads by email. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600.

See more local classifieds by clicking [here](#).

AAFES Corner X EXCHANGE
Have a very happy Easter!
 Click [here](#) to view weekly savings

Defense Commissary Agency Corner

Bring your own bag

Go to <http://www.commissaries.com>.

Click [here](#) for printable online coupons.

Click [here](#) for recipes from Kay's Kitchen.



Outside the Gate

Events in and around Bamberg

Guided tours are a good way to get to know the place you are living or stationed at. It is a good way to spend time outside, with friends or family. Check this website available in English on guided tours <http://www.bamberg.info/en/stadtfuehrungen/>

For general information on Bamberg's sights, fests, locations and free-time activities check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>. The information is available in English and with the nice pictures you will get in the mood for getting out end enjoying yourself.

Insider tips and rating for the coolest pubs, clubs, bars and sights can be found on this website: <http://www.virtualtourist.com/travel/Europe/Germany/Bavaria/Bamberg>. People who have been to these locations before share their insight information and experiences. It is a great resource for all who would like some more information on their favorite destination on Bamberg before leaving base.

Enjoy the good weather with the volksmarching enthusiasts. At http://www.dvwwandern.de/v_vb/10/Wandertage you will find the upcoming dates of the volksmarching activities in Franconia. For general information on events in Franconia you can check http://www.dvwwandern.de/v_vb/10. For information on the German-American Volksmarching Club Bamberg (Deutsch-Amerikanischer Wanderclub Bamberg) and information in English you can contact Mr. Wolfgang Keller, Warner Barracks, building 7090, room 103, Monday, Wednesday, Friday, 3-5 p.m.

Bamberg Spring Fest (Fruehjarsplaerrer), opens April 7, 4 p.m. Enjoy carnival rides and food specialties, great for Families, at P&R (close to airfield).

Events for March 30 - April 1

Friday, March 30

9 p.m. Christian hassenstein Trio (jazz), at Jazzclub Bamberg e.V., Obere Sandstr. 18, 96050 Bamberg
9 p.m. Funk Project, at Live-Club, Obere Sandstraße 7, 96049 Bamberg, 0951-53304, info@live-club.de, www.live-club.de
10 p.m. KiK Acoustic Splash, live concert feat. Bernd Hack, at Mojow-Club, Obstmarkt 8, 96047 Bamberg
10 p.m. Rex Report (d.i.y. indie, punkrock, powerpop), at Morph Club, Luitpoldstr. 17, 96052 Bamberg

Saturday, March 31

10 a.m. Easter egg colouring, at Bauernmuseum (Farmer Museum) Bamberger Land, Hauptstraße 3-5, 96158 Frensdorf
7 p.m. Spring Concert "New York, Rio, Bamberg" feat. Stadtkapelle Bamberg, at Pfarrzentrum St. Heinrich, Eckbertstr. 30, 96052 Bamberg, free admission, only 10 walking minutes from Warner Barracks
10 p.m. Block Rocking Beats, (electro, fidget, techno), at Morph Club, Luitpoldstr. 17, 96052 Bamberg
10 KiK Acoustic Splash, live concert feat. Andi Lauth, followed by DJ Justus, at Mojow-Club, Obstmarkt 8, 96047 Bamberg
10 p.m. "Schwof" (dance party, pop, indie, rock), at Live-Club, Obere Sandstraße 7, 96049 Bamberg

Sunday, April 1

11 a.m. 12 Art Rooms, a must for art lovers, see prints from Picasso, Beuys, Hundertwasser, Dalí, Warhol and more, at Stadtgalerie Bamberg - Villa Dessauer, Hainstraße 4 a, 96047 Bamberg
2 p.m. Easter Egg Hunt (Search) for kids, at Ortsbereich Tütschengereuth, Tütschengereuth, 96120 Bischberg
5 p.m. Federal Basketball League, Bamberg Brose Baskets vs.

Phoenix Hagen, at Stechert Arena, Forchheimer Str. 15, 96050 Bamberg

National Concert Schedule

All dates, and tickets are available on the following website <http://www.eventim.de/project-pitchwork-tickets.html?affiliate=GMD&doc=artistPages%2Ftickets&fun=artist&action=tickets&erid=637247&includeOnlybookable=true>

March 24 Bryan Adams, ARENA NÜRNBERGER VERSICHERUNG, Nuremberg

March 25 Maria Mena, Voktoria Tour 2012, Theaterhaus am Pragsattel, Stuttgart

March 28 Bryan Adams, Hanns-Martin-Schleyer-Halle, Stuttgart

March 28 Randy Crawford & Joe Sample, Frankfurt, Alte Oper

March 29 Bryan Adams, SAP ARENA, Mannheim

March 30 Bryan Adams, Olympiahalle Munich, Munich

April 14 Nightwish and Guests, ISS Dome, Duesseldorf

April 23 Nightwish and Guest, Jahrhunderthalle Frankfurt, Frankfurt

April 28 Night of Jumps (Motor cross event) Munich – Olympiahalle 8 p.m.

May 1 Nightwish, Arena Leipzig, Leipzig

May 3 Nightwish and Guests, o2 World Hamburg, Hamburg

May 5 Nightwish, ARENA NÜRNBERGER VERSICHERUNG, Nuremberg

May 5 Tyga, Careless World Tour 2012, Stadthalle Fuerth

June 1 Rock Im Park tickets start at 164,50 euros

July 26 Kool and the Gang, Stadthalle Fuerth

Aug. 10 Taubertal Festival feat. Placebo, Beatsteaks etc.

Aug. 25 Rock Im Pott feat. Red Hot Chili Peppers, Placebo and more

Visit the city of Bamberg's official website

The screenshot shows the official website for Bamberg. At the top, there is a navigation bar with tabs for Home, Hotels & accommodation, Guided tours, and Packages. Below this is a sidebar menu with categories: Experience, Worth seeing, Culture, Active, For..., Service, and Specialist. The main content area features several articles:

- Our tip – your personal delicacy!**: Encourages visitors to try regional Franconian delicacies during a 3-course menu.
- Bamberg - the beer city**: Highlights the city's brewing heritage with over 50 different beers.
- Bamberg - an unforgettable experience!**: Describes the city's unique atmosphere and historical significance.

At the bottom, there are social media sharing options for Facebook, Twitter, and Google+.