



WARNER WEEKLY

News & Information at Your Fingertips

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Thursday April 5, 2012



Community to work together during Recycling Campaign Month

By Sina Kingsbury,
USAG Bamberg Public Affairs

BAMBERG, Germany -- U.S. Army Garrison Bamberg's Recycling Campaign Month begins April 15 to May 15.

Throughout the recycling campaign, community members will be educating each other and working together to achieve a recycling goal.

This year's goal is to recycle 225 tons of trash at a recycling rate of 70 percent during the campaign, said Isabelle Fahimi, Environmental Management Division's environmental specialist. If the goal is met, then a gazebo will be built for community members to use.

For the 2011 fiscal year, 2,100 tons were recycled at a rate of about 47 percent, said Mignon Ramsbeck-Ullmann, EMD's environmental consultant.

To achieve the campaign's monthly goal, 50 tons will need to be recycled in addition to last year's monthly average.

Warner Barracks' community members have already begun making efforts to reach the goal.

Students at Bamberg Middle High School will have a recycling contest during the campaign.



Community members can keep up-to-date on the garrison's current recycling progress by viewing the sign located across from the Army Community Service building along John F. Kennedy Boulevard.

"Seminar classes will be competing to see which class can recycle the most paper," Fahimi said. "Every two weeks, one student in each seminar class will measure the paper trash and record it."

The class who recycles the most paper at the end of the four-week challenge will win a prize.

Throughout the campaign, the high school students will be involved with different recycling projects, like developing an environmental flyer, Fahimi said.

The Bamberg Commissary will be promoting the use of recycled bags instead of using plastic or paper bags with a Bring Your Own Bag campaign.

The commissary staff has allocated cloth bags and is planning other environmental awareness activities during the campaign, Fahimi said.

School Age Center will have a recycled art contest during the campaign.

Students will also visit the water treatment facility off post to learn how the city of Bamberg cleans its water, Fahimi said.

The Girls Scouts will be planting a tree.

(RECYCLE continued on Page 4)

Cleaning for the season



Jessica Lipari

The Whispering Pines Golf Course had its annual spring course clean-up and tournament on Saturday. Community members and members of the Hauptmoorwald Golf Club came out to help prepare the golf course for the spring and summer golf season. After several hours of cleaning the participants were rewarded with a lunch and then a free golf tournament. For more information on upcoming golf tournaments, visit <http://www.bamberg.army.mil/directorates/dfmwr/gc.asp>.

Variety allows community members to maintain active lifestyles

By Jessica Lipari,
USAG Bamberg Public Affairs

BAMBERG, Germany -- An apple a day may keep the doctor away, but to ensure a healthy lifestyle one should maintain an active lifestyle.

The Freedom Fitness Facility offers various classes including body toning, indoor cycling, yoga and Zumba to help Soldiers, family members and civilians reach physical fitness goals.

Nadine Pena teaches majority of the classes at the facility.

The body toning class focuses on resistance training. Participants use dumbbells, barbells and body weights while doing exercises.

"The classes are for beginners and advance participants," Pena said.

"I can always do modifications to meet individual's needs and it is a great way to learn weight training exercises that they may be afraid to do otherwise."

In the cardio kickbox classes that Pena instructs she uses a combination of athletic drills and martial arts.

"This is a fun work out and it can allow people to get their frustrations and stress out," Pena said.

Indoor cycling is another class that she teaches at the FFF.

It is a great low impact workout as well as good cross training for runners, Pena said.

"You can burn about 500-1000 calories per hour," she said.

(FITNESS continued on Page 4)

Spring brings outdoor activities, health hazards



ERMC News Release

HEIDELBERG, Germany -- Spring is here and people are heading outdoors to enjoy the balmy weather.

But such harmless activities as taking a walk through the woods or cleaning out the attic could put you at risk for some pretty serious medical issues if you're not cautious.

A walk in the woods exposes the hiker to ticks which can carry both Lyme disease and tick-borne encephalitis, while dust stirred up from that spring cleaning job can contain dried rodent droppings that can cause hantavirus in humans.

All three diseases are common to Germany and, in some areas like Baden-Württemberg and Bavaria, are prevalent, but all can be prevented with some simple precautions.

Lyme disease is caused by bacteria, while tick-borne encephalitis is caused by a virus, both of which live in ticks and can be transmitted when the tick bites a host.

The earliest symptom of Lyme disease is a rash that looks like a bullseye at the site of the tick bite, and can progress to flu-like symptoms including muscle soreness, headache, fever and malaise.

Early treatment with antibiotics can usually cure the disease, but left untreated it can cause persistent chronic problems and physical disability.

Tick-borne encephalitis can affect the central nervous system and causes symptoms similar to Lyme disease – headache, fatigue and muscle pain.

In the event the virus does affect the central nervous system, paralysis can occur and hospitalization might be required.

In the case of tick-borne diseases, the best offense is a good defense.

The Centers for Disease Control and Prevention recommends minimizing areas of exposed skin by wearing long-sleeved shirts, long pants, boots and hats.

Tucking in shirts, tucking pants into socks and wearing closed shoes instead of sandals may reduce risk.

Repellents or insecticides, such as those that contain DEET, can be applied to clothing and gear for added protection.

You should also check yourself, your loved ones and your pets for ticks after a trek through the outdoors.

If you have been bitten, you should remove the tick carefully as soon as you discover it by using a pair of tweezers to remove it as close to the skin as possible.

Avoid squeezing the tick or removing the head while removing the tick.

An effective vaccine for tick-borne encephalitis is available, and is a [\(TICKS continued on Page 4\)](#)



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army.mil.

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Save federal tax, duty on imported vehicles

By Robert Szostek, USEUCOM Customs Public Affairs Office

Heidelberg, Germany -- U.S. personnel stationed overseas can ship vehicles to the United States free of federal tax and duty. This exemption means big savings if you meet three conditions.

You must take physical possession of the vehicle prior to shipment, have valid Permanent Change of Station orders and import it for personal use.

However, the exemption does not free you from state taxation.

"Most people who miss out on the exemption do not take physical possession of the vehicle before shipment," said Tim Sellman, acting director of the European Command's Customs and Border Clearance Agency.

"If you have a car shipped directly from the factory, you risk having to pay the 2.5 percent federal import duty," Sellman said.

Registering a vehicle is the best way to show possession, but you can also prove it by simply putting a copy of your movement orders in the glove compartment.

Second, you must have a set of official change of station orders in hand before shipping a vehicle.

The exemption is not for people on extended leave or temporary duty.

Third, the vehicle must be for your personal use or for use by immediate family members.

"If you had six dependents of driving age you could justify importing seven vehicles duty-free; one for each of them and one for yourself," Sellman said. However, it is illegal to use the exemption to import vehicles for third parties or in order to sell them.

People importing vehicles as part of a PCS can save federal duties and taxes, but state taxes on imported vehicles can be high.

You can obtain state tax information from the relevant department of motor vehicles and Internet links to these can be found at http://www.hqusareur.army.mil/rmv/stateside_dmvs.htm.

Call a military customs office to find out more about federal customs exemptions or your local transportation office to learn about shipping procedures and fees.

Working out the bugs

FORT DETRICK, Md. (March 29, 2012) -- Arthropods -- they just plain bug people most of the time.



Mosquitoes, spiders, ticks, mites, centipedes -- the list goes on and on.

Many people have a hard time tolerating these little creatures; some are even deathly afraid of them.

To read more on this story, click [here](#).

Army to field energy-saving systems to deploying BCT

GRAFENWOEHR, Germany (March 13, 2012) -- As part of the Army's Net Zero Operational Energy program, Soldiers from Europe's 173rd Airborne Brigade Combat Team learned to operate and maintain multiple hybrid-power management systems.



To read more on this story, click [here](#).

Holy Week Services at Warner Barracks Chapel

Catholic Services:

Holy Thursday, April 5 - Mass of the Lord's Supper at 7 p.m.

Good Friday, April 6 - Good Friday service at 12 p.m.

Holy Saturday, April 7 - Easter Vigil at 8:30 p.m.

Easter Sunday, April 8 - Mass at 9 a.m.

Protestant Services:

Easter Sunday, April 8 - Easter Sunrise Service at 7 a.m.

Easter Sunday, April 8 - Protestant Worship at 11 a.m.

Gospel Community Services:

Easter Sunday, April 8 - Service at 1 p.m.

Interdenominational Services:

Good Friday, April 8 - Catholics and Protestants will come together at 6 p.m. for a soup and salad supper followed by the movie "The Passion of the Christ".

(FITNESS continued from Page 1)

"Everyone cycles at their own level to various types of music to help motivate."

Pena tells her clients it can take four to six weeks to form a habit and get into a routine.

"In four to six weeks is when you see results," she said. "The habit will be formed to make exercising a part of their healthy lifestyle."

"It is important to stay in shape and it is great to have more variety and try different things and cross training. I try to show participants that working out is fun."

For those not interested in participating in a class and prefers a more one-on-one approach there is a personal trainer available at the FFF.

Tiffany Murray is an International Sports Sciences Association certified personal trainer at the facility and offers both personal training and fitness nutrition.

Personal training does cost more than taking a class with a group. For an initial assessment, it costs \$35. For each hour of training, it costs \$45 and for fitness nutrition, it costs \$50 per meal plan.



For more information, call 0151-5169-1035.

Freedom Fitness Facility has two contracted yoga instructors, Beth Danowsky and Christine Yeagley, who instruct a Yoga Flow class on Tuesday nights and a Gentle Yoga class on Thursday nights.

The Tuesday night classes help strengthen and tone muscles and all levels of ability can participate. Thursday night classes help focus on increasing flexibility and promoting relaxation, which is geared towards beginner and intermediate students.

All classes are 60 minutes long and are \$4a class. In addition to the classes they also host Yoga retreats. For more information, visit

<https://www.facebook.com/pages/Bamberg-Yoga-Page/137396782999371>.

In addition to these classes offered by Family and Morale, Welfare and Recreation, Jessica Pereyra, started Bamberg Fitness Group that meets up at the gym to workout.

The group meets twice a week and uses a combination of various workout programs to get an intense cardio workout.

"You need to be ready to commit yourself and work hard," Pereyra said. "It's all about trying to find the right fitness program for everyone."

Pereyra's personal experience comes from being an independent BeachBody Coach and client.

For more information or to join the group, visit <https://www.facebook.com/groups/149780898432862/>.

More information on all the classes offered at the Freedom Fitness Facility, call 0951-300-8890 or stop on by.

"Don't wait for tomorrow, today is your day," Pereyra said.

(RECYCLE continued from Page 1)

The Girl and Boys Scouts will tour the recycling center on April 18 to learn about the different recycling receptacles.

Fahimi and Ramsbeck-Ullman said EMD is planning a recycling unit-level contest to get Soldiers involved at the office.

"We would like pictures of the units taking trash to the recycling center," Ramsbeck-Ullmann said.

Pictures can be sent to mignon.j.ramsbeck-ullmann.ctr@mail.mil.

The staff at EMD hopes the recycling initiative will not only motivate people to recycle, but provide an environmental awareness.

"It is important to change the quality of life," Fahimi said. "One of EMD's goals is to get people thinking about it."

For more information on Recycling Campaign Month, call 0951-300-7948 or visit, www.bamberg.army.mil/dpw/environment/mission.htm.



(TICKS continued from Page 2)

series of three shots given over a period of approximately 9-12 months.

The makers of the vaccine have not sought U.S. licensure, so it is not available at Military Treatment Facilities.

However, TRICARE beneficiaries with at least 9 months remaining in Germany may obtain the vaccine from a host nation facility with a prescription from their Primary Care Manager.

Beneficiaries in Bavaria with outdoor occupations or hobbies are particularly encouraged to talk to their Primary Care Manager about the vaccine.

Hantavirus is carried by rodents – the Red Bank Vole in Germany – and is usually spread through contact with their urine and excrement.

In most cases, people are infected when they stir up dust in areas that are frequented by the rodents and breathe in the dried particles of those droppings.

Patients infected with the strain of Hantavirus common to Germany may suffer from the abrupt onset of fever and flu-like symptoms, followed by abdominal pain and, in some severe cases, kidney failure.

In 2010, more than 1,500 cases of hantavirus infection were reported across Germany, with the majority reported in Baden-Württemberg and Bavaria.

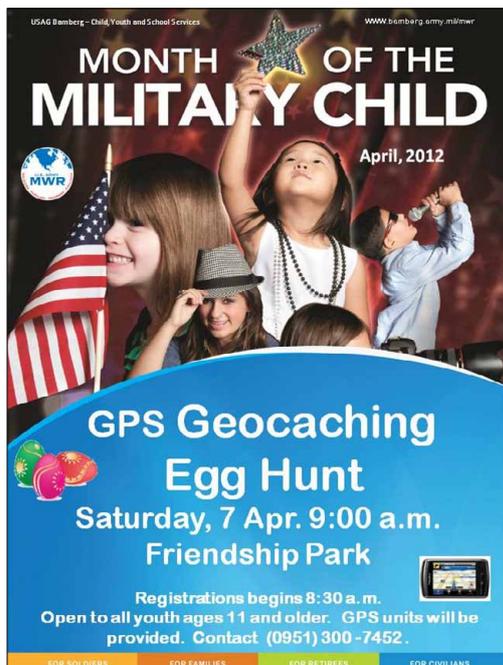
Preventing hantavirus begins with keeping rodents away from your home, garage or campsite.

Cleaning up spilled food to avoid attracting rodents and sealing holes that could allow them into your house or garage are a good start.

When you start your spring cleaning in areas that are dusty (e.g. attics, garages and basements), wet down or wet mop the area first to avoid disturbing any dust that contain dried rodent droppings and wear a filter mask to avoid breathing in any particles while cleaning.

Springtime in Europe offers opportunities to get out and see the countryside.

By taking a few simple precautions, you can ensure your outdoor experiences are safe ones.



USAG Bamberg - Child, Youth and School Services
www.bamberg.army.mil/mwr

MONTH OF THE MILITARY CHILD

April, 2012

GPS Geocaching Egg Hunt
Saturday, 7 Apr. 9:00 a.m.
Friendship Park

Registrations begins 8:30 a.m.
Open to all youth ages 11 and older. GPS units will be provided. Contact (0951) 300-7452.

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

Community Announcements

Please send all announcements to Bamberg Public Affairs at usarmy.bamberg.usareur.mbx.pao@mail.mil.

Pizza Night

Ray's Diner will be having pizza night every Thursday evening during the month of April. The menu includes chicken wings, pizza and various appetizers. Standard cost is \$4.55. Family members of E-4 and below cost is \$3.90.

Easter Lunch

Come enjoy Easter day celebration with Ray's Diner on April 8 from 11 a.m. to 12:30 p.m. Menu to include roast turkey, rib-eye steak, lemon baked fish, French fried shrimp, corn bread stuffing, baked macaroni and cheese, mashed potatoes, dirty rice, calico cabbage, broccoli polonaise, buttered corn and apple pie. Standard cost is \$4.55. Family members of E-4 and below cost is \$3.90.

Bazaar with Heart

The Bamberg Spouses and Civilians' Club annual Bazaar with Heart is May 4-6 at the Freedom Fitness Facility. Opening hours are May 4 and 5 from 10 a.m. - 7 p.m. and May 6 from 11 a.m. to 4 p.m. Bazaar with Heart is a one-stop shopping opportunity for U.S. ID card holders. There will be participation of more

than 30 vendors from different departments offering European and International products including antiques, furniture, carpets, art, jewellery and fine delicacies. All funds raised at the event are given back to the community through welfare grants and scholarships.

Bazaar Volunteers

The Bamberg Spouses and Civilians' Club is looking for volunteers for the 2012 Bazaar with Heart, which brings furniture, antique and food vendors to the Bamberg community and is supported by Family and Morale, Welfare and Recreation. The event will be at the Freedom Fitness Facility from May 4-6. Sign-up today at <http://bit.ly/BazaarVolunteer>. For more updates on the Bazaar with Heart, visit <https://www.facebook.com/#!/bazaar.with.heart>.

BOSS Trip

Take a trip with Better Opportunities for Single Soldiers to Amsterdam April 21-22. Includes roundtrip transportation on German Motor Coach, one overnight in a three star hotel with breakfast. Guided tour of Amsterdam, entrance fee to Keukenhof Tulip Gardens and viewing of the world famous Flower Parade. The price is \$259 per adult based on two people per room, single room is \$69 extra. Open to Soldiers, family members and authorized ID card holders. Sign up at the Freedom Fitness Facility with a \$100 deposit per person, payable in full by April 15. For more information, call 0951-300-8890.

Community Flea Markets

The Community Activity Center will host a Community Flea Market from 10 a.m. to 1 p.m. the second Saturday of the month through October at the CAC, building 7047. The dates for the flea markets are April 10, May 12, June 9, July 14, Aug. 11, Sept. 8 and Oct. 13. For more information, call the CAC at 0951-300-8837

Easter Brunch

Bring the kids! Get a photo taken with the Easter Bunny and enjoy an Easter Brunch Buffet on April 8 at the Warner Conference Center from 11 a.m. to 3 p.m. \$15.95 for adults, \$8 for children 12-6 and free for ages 5 and under. There will be arts and crafts for the kids and an Easter Scavenger Hunt. RSVP by April 2 at the Community Activity Center or WCC, payment required at the door. For more information, call 0951-300-7596.

Bingo

Bamberg Spouses and Civilians' Club will have a bingo night April 27 at the Warner Conference Center. Card sales begin at 6 p.m. and bingo starts at 6:30 p.m. The theme for this month's bingo is "Tea Time." Wear a derby hat and receive two free bingo card. For more information, email marylousolorzano@yahoo.com.

Single Parent Luncheon

There will be a single parent luncheon on April 20 at the chapel from 11:30 a.m. to 1 p.m. It will be a free luncheon and discussion group. Meeting is an opportunity for single parents to discuss issues and find support. Watch care will not be provided.

VA Benefits Briefing

A representative from the Department of Veterans Affairs will provide a general benefits briefing at the post movie theater on April 19. While the briefing is primarily for Soldiers who are transitioning from service, all members of the community are welcome to attend. The briefing will start at 8 a.m. and will end at 12 p.m. For more information, call 0951-300-8925.

Volunteer Opportunities

Interested in volunteering? Equal Opportunity office is looking for volunteers to help with upcoming observances. For more information, contact the Equal



USAG Bamberg Warner Conference Center

Easter Brunch

Sun. April 8
11 a.m. - 3 p.m.

Bring the kids! Get a photo taken with the Easter Bunny and enjoy an Easter Brunch Buffet at the Warner Conference Center. \$15.95 (Adults), \$8 (12 and under), free for ages 5 and under. Arts and Craft for the kids, Easter Scavenger Hunt.

RSVP by April 2 at CAC or Warner Conference Center, payment required at the door.
Contact (951) 300 7596

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

Opportunity and Equal Employment Opportunity offices at 0951-300-8624.

Month of the Military Child Portraits

All portrait sessions taken with children during the Month of the Military Child in April, indoors or outdoors will receive 15 percent off their portrait sheet orders at the Community Activity Center Photo Studio. For more information, call 0951-297-1248 or stop by the CAC Photo Studio.

Month of the Military Child Events

Throughout the month of April the U.S. Army Garrison Bamberg will host several events in honor of the Month of the Military Child. The kick-off celebration will be on Saturday, April 7 at Friendship Park at 9 a.m. The event will include The Amazing Race 2K, Easter Egg Hunt at 10:15 a.m., Kinder Fest, Zumba kids demo, Pet Expo and a working dog demo. For more information, call 0951-300-7452 or email archie.johnson1@us.army.mil.

Free Tax Preparation

The Bamberg Tax Center is open. The Tax Center is located in Bldg. 7000 on the fourth floor. Appointments and walk-ins will be available. Operating hours will be Monday to Friday 9 to 11:30 a.m. and 1 to 3:30 p.m. The office will be closed daily at noon to 1 p.m. for lunch. For more information or to make an appointment, call 0951-300-8261/8262.



USAG Bamberg Child, Youth and School Services

April is Month of the Military Child!

Easter Egg Hunt

April 7, 10 a.m. - Friendship Park

Visit www.bamberg.army.mil/mwr for a detailed schedule for the Month of the Military Child

Contact CYS Services (0951) 300 8860

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS



USAG Bamberg Community Activity Center

Community Flea Markets

every 2nd Saturday of the month
March - October, 10 a.m. - 1 p.m.
at CAC, Bldg. 7047

March 10, April 14, May 12, June 9, July 14, Aug. 11, Sept. 8, Oct. 13

Contact CAC at (0951) 300 8837

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS



2012 Community Fun Runs

USAG Bamberg Freedom Place Facility | www.bamberg.army.mil/mwr

- 10 March** Women's Equality Month 5k Fun Run & Walk
- 21 April** Month Of The Military Child 5k Fun Run & Walk
- 12 May** Asian Pacific Heritage Month 5k Fun Run & Walk
- 23 June** Great Outdoor 5k Fun Run & Walk, starts at Local Training Area
- 4 July** Independence Day 5k Fun Run & Walk
- 11 Aug.** IMCOM-Europe Mountain Bike Race and 10k Trail Run, starts at Local Training Area. Mountain bikers sign up at Outdoor Recreation.
- 26 Aug.** Women's Equality Day 5k Fun Run & Walk
- 22 Sept.** 1st Day of Autumn 5k Fun Run & Walk
- 20 Oct.** Breast Cancer Awareness 5k Fun Run & Walk
- 17 Nov.** Turkey Trot
- 15 Dec.** Toys for Tots 5k Fun Run & Walk

All runs are 5k and start at 9 a.m. from FFF if not noted otherwise. 

Contact FFF, Tel. (0951) 300 8890

FOR SOLDIERS | FOR FAMILIES | FOR RETIREES | FOR CIVILIANS

Weekly Reminders

Speed Limit

Please slow down while driving through residential areas on the installation. The speed limit inside a residential area is 20 kph.

Immediate Appointments

Are you tired of waiting on hold while scheduling a medical appointment at health clinic? With TRICARE Online, you don't have to wait on hold. You can schedule appointments, refill prescriptions and manage your health needs better. Register today at www.tricareonline.com. To learn more, visit <http://www.youtube.com/watch?v=s7VeUlyTMA4>.

Photo Studio

The Arts and Crafts Photo Studio has reopened. Chandra is available to take your appointments for portraits, balls, sporting events and more. For more information or to make an appointment, call 0951-297-1248.

Looking for Training Space?

Earn your certificate. Advance your career. Achieve your goals. The Digital Training Facilities provide Soldiers with a location to access web based, job related and professional courses away from the workplace and distractions of the home. We have three classrooms and each classroom has 17 workstations. In total, we have 51 workstations. Classrooms are linked to the internet. Services are available for individual self development. Stop in to check e-mail, use free internet, take distance learning classes, job search or study. For more information, visit the Digital Training Facility in Building 7055, call 0951-300-8669 or e-mail esther.j.galletta@us.army.mil. The facility is open Monday-Thursday day from 8 a.m. to 5 p.m. and Friday from 8 - 11 a.m.

Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Vanessa Holland, EFMP manger, at 0951-300-7777.

Involved Consideration

Missed appointments diminish a medical facility's ability to provide efficient health care. The next time

CPR, AED and First Aid Certification

Come and learn how to give cardiopulmonary resuscitation, first aid and use an automated external defibrillator with the Red Cross April 13, May 11, June 8 and July 13 from 10 a.m. to 4:30 p.m. at the Army Community Service building. The cost of the CPR/First Aid Certification is \$45. You can log onto www.redcross.org to register. Once on the Red Cross site, go to "take a class" and enter your APO zip code to find the course, register and pay online. You can also register in person at the ARC office. For additional information or questions, stop by the Red Cross office, Building 7029 or call 0951-300-1760.

Red Cross Volunteer Orientation

Come and learn how you can become a volunteer with the American Red Cross April 6, May 4, June 1 and July 6 from 10 a.m. to 12 p.m. at the Army Community Service building. Please call and RSVP no later than the day before each scheduled orientation. For additional information or questions, stop by the Red Cross office, Building 7029 or call 0951-300-1760.

Military Council of Catholic Women

The Military Council of Catholic Women meet on Thursdays at the chapel. Mass begins at 12 p.m. followed by fellowship, lunch and study group from 12:30 to 2 p.m. For more information, email Andrea.lands@gmail.com.

By Soldiers - For Soldiers

Alcoholic Anonymous meetings for Warner Barracks take place weekly on Wednesdays from 11:45 a.m. to 12:45 p.m. at the Community Activity Center, Room 409. These meetings are open to anyone. Duty uniform allowed. For more information, call Kyle at 0151-1775-3880, Brian at 0172-271-3626 or Justin at 0151-4642-3940

Woodworkers Roundtable

Take part in the woodworkers roundtable every Wednesday at the Arts and Crafts woodshop on the on the second floor of Building 7047. Get tips, tricks and new ideas. The event is free. For more information, call 0951-300-8659 or email thomas.stenson@us.army.mil.

Arts and Crafts

Take part in the crafter's club at noon every Tuesday at the Arts and Crafts classroom on the first floor of Building 7047. Join the fun. Local crafters get together to share ideas, tips and tricks on a variety of crafts. Learn something new or share your knowledge. The event is free. For more information, call 0951-300-8659 or email thomas.stenson@us.army.mil.



BAMBERG FIELD OFFICE

REMEMBER YOUR REPORTING RESPONSIBILITIES

- Department of Defense personnel remain attractive targets of foreign entities and terrorist organizations as sources of defense information
- Suspected incidents **must** be properly reported by DA Personnel within 24 Hours
- DA personnel are required to receive annual TARP training, at a minimum

T HREAT AWARENESS AND REPORTING PROGRAM

REPORT INFORMATION TO YOUR NEAREST MILITARY INTELLIGENCE OFFICE:

BAMBERG
CIV: 0951-300-8742
DSN: 469-8742

USAREUR CI REPORTING HOTLINE
DSN: 347-3479

— VISIT THE ISALUTE CI REPORTING LINK ON AKO OR THE USAREUR REPORTING PORTAL

UNITED STATES ARMY COUNTERINTELLIGENCE

you cannot make your medical appointment, please be considerate and cancel your appointment. We need your involvement to provide better care for our military community.

DEERS Validation

Soldiers are responsible for ensuring Defense Enrollment Eligibility Reporting System information is updated. Please see the ID card section to update your DEERS information.

OneSource Mobile

Army OneSource is now available for smart phone browsers. The launch of a mobile device version will optimize Army OneSource the mobile experience for visitors. Visit www.myarmyonesource.com today.

DFAC Feedback

Dining Facility council meetings are at Ray's Diner every last Thursday of the last month of each quarter at 2 p.m. The meetings are scheduled for June 28 and Sept. 27. For more information, call 0951-300-7130.

Army Suggestion Program

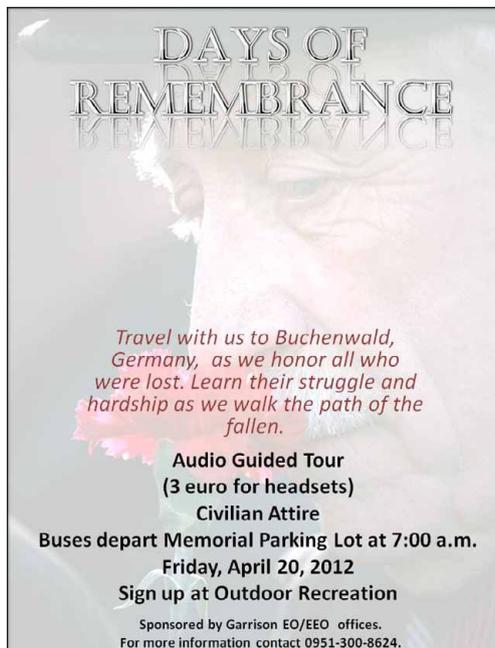
The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke, Erlanger Stadtwerke, Entega and E-on Bayern. For more information, call the Bamberg tax relief office at 0951-300-1780.

New Health Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday, sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday and Friday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - 3 p.m.; closed on US federal holidays and weekends.



DAYS OF REMEMBRANCE

Travel with us to Buchenwald, Germany, as we honor all who were lost. Learn their struggle and hardship as we walk the path of the fallen.

Audio Guided Tour
(3 euro for headsets)
Civilian Attire

Buses depart Memorial Parking Lot at 7:00 a.m. Friday, April 20, 2012

Sign up at Outdoor Recreation

Sponsored by Garrison EO/EEO offices.
For more information contact 0951-300-8624.

For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with a care provider.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; offered weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

Veterinary Facility

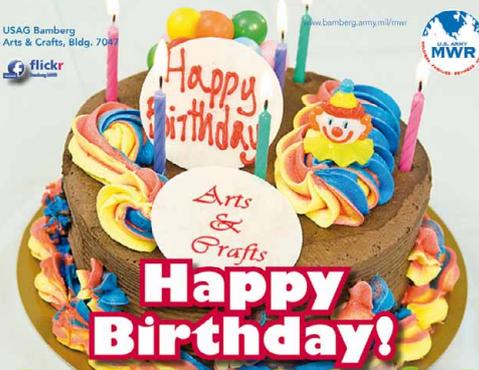
The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and anger/stress management classes.

Family Advocacy - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for Anger/Stress Management Class.

New Parent - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.



USAG Bamberg Arts & Crafts, Bldg. 7011
www.bamberg.army.mil/mwr
MWR
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BambergMWR

Happy Birthday!
Arts & Crafts

Happy Birthday!

Army Arts & Crafts!
70th Anniversary Celebration
April 20, 3-5 p.m.

Kids Crafts, Demonstrations, Exhibition from Local Artists, Wood Working, Jewelry, Sewing, Embroidery, Air Brush, Spray Paint Art, Ceramics, Photography and more!
at Bldg. 7047, 1st floor. Free Refreshments and Prize Drawings!
Contact (0951) 300 8659

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS



Ramstein Shuttle

RAMSTEIN AB

	Arrival	Departure
Bamberg, Bldg 7676, Bamberg Inn	1:40 a.m.	1:50 a.m.
Schweinfurt Conn Bks, Bldg 89, Bradley Inn	2:50 a.m.	3:00 a.m.
Ramstein Passenger Terminal	6:30 a.m.	
Ramstein Passenger Terminal		9:40 a.m.
Schweinfurt Conn Bks, Bldg 40, Central Processing Facility	12:30 p.m.	12:40 p.m.
Bamberg, Bldg 7290, Central Processing Facility	13:20 p.m.	

Every Tuesday

Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

English as a Second Language

Army Community Service, Relocation Readiness Program, offers free ESL classes every Thursday. Level 1 class is scheduled from 8:30-10:30 a.m. Level 2 class is from 10:30 a.m.-12:30 p.m. Level 3 class is from 1-3 p.m. Classes are at the Family Advocacy Program Building 7487. For more information, call 0951-300-7777.

ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

Customs Office

The Bamberg Customs Office is located in rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

Trial Defense Services

If you're a Soldier and you are questioned by law

enforcement, Criminal Investigation Division or members of your command about suspected acts of misconduct, you have the absolute right to remain silent. You have the right to refuse to answer any question, even from your commander and you have the right to talk to an attorney. If questioned, you should immediately demand to speak to an attorney. As a Soldier, you are entitled to free consultation and representation by a military defense counsel. All communications with a trial defense attorney are privileged and will not be released to your command. Let a U.S. Army trial defense attorney help you. For more information, call 0951-300-8620 or come to Building 7000 to speak with a free trial defense attorney.

Closures / Changes

Vehicle Registration Closure

Vehicle Registration Office will be closed on April 6 and 9, all day for Easter and April 30 after 12 p.m. due to annual inventory. For further information, call 0951-300-7580.

Airport Shuttle

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:25 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on holidays, but is on training holidays. Pets are allowed. For more information about the airport shuttle, call 069-695973816.

Coffee Change

The phone number for Community Activity Center and cafe is now 0951-300-8837. The 0951-300-8659 line will only be for Arts and Crafts and be answered during its business hours.

Customs Office

The Customs Office is closed every first Thursday of the month for training.



USAG Bamberg - www.bamberg.army.mil/mwr
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Amsterdam!
21-22 April 2012

Includes roundtrip transportation on German Motor Coach, 1 overnight in 3 star hotel w/breakfast, guided tour of Amsterdam, entrance fee @ Keukenhof Tulip Gardens, and viewing of the world famous Flower Parade!
\$ 259 per adult (based on 2 people per room)
Single room extra \$69

Open to Soldiers, (enlisted and officer's) family members, civilians and all other authorized ID Card holders 18 years of age and above.

Sign-up deadline is 3 April with deposit of \$100/p/person.
Payable in full no later than 15 Apr. Sign-up and additional info at 0951-300-8890/9086, Freedom Fitness Facility

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

Help us better our community by taking a survey about the Bamberg community at

www.surveymonkey.com/s/Bamberg

Recycling Fact
Americans use 2,500,000 plastic bottles every hour!
Most of them are thrown away, recycle them instead!

Continuing Education

Texas Resident

Are you a Texas resident? Central Texas College offers an in-state tuition rate of \$76/credit hour for Texas residents taking online courses. Take classes online in criminal justice, early childhood, applied management, hospitality management, legal assistant and fire prevention. For more information, e-mail bamberg@europe.ctcd.edu or call 0951-300 7467.

PTA Scholarships

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

Post 9/11 GI Bill

Take advantage of your military benefits. Earn a degree or skill with your Post 9/11 GI Bill. Find out more about your benefits by visiting <http://www.gibill.va.gov/>.

UMUC Financial Aid

UMUC Europe introduces the New Student Scholarship for Spring 2012 Session 2. This one-time \$700 award helps students with the cost of tuition and books and combined with the affordability of UMUC Europe's programs, helps make it possible to reach their highest personal and career goals. Starting in January, book awards will be increased to \$150 for active duty enlisted service members and military family members of all ranks. With a quick online application, eligible students can offset the cost of their textbooks this spring. For more information or to download financial aid applications, visit www.ed.umuc.edu/financial_aid.

Travel and Study

Discover the best of Europe while earning UMUC credit. New field study courses are now offered

March through August 2012 in fascinating cities like Venice, London, Berlin, and much more. Field study courses combine the exploration of rich culture and history in famous European destinations with hands-on learning from experienced UMUC faculty. Find out more and plan a week of unforgettable adventure at www.ed.umuc.edu/fieldstudy.

Sports, Health and Fitness

Month of the Military Child Fun Run & Walk

Run or walk in the 5 kilometer Month of the Military Child Fun Run April 21 at 9 a.m. at the Freedom Fitness Facility.

Baseball and Softball in Bamberg

The Memmelsdorf Barons Baseball club is the only baseball club in the Bamberg area. The club hosts two senior baseball teams (one recreational, one competitive), a women's fastpitch softball team and two youth teams within five minutes distance to Warner Barracks. The club has a long tradition in giving U.S. players the chance to keep playing baseball on a competitive or recreational level and the chance of getting around on road trips around Bavaria for games. For more information contract the officer of the club, Volker Lang at volker.lang@memmelsdorf-barons.de or 0179-117-2494.

Running Club

Do you get out of breath running for the bus? Do you want to lose weight? Do you want to get in shape and stay in shape? Join the Bamberg Running Club for all levels of runners, but especially targeted for beginners using the Jeff Galloway training method of running/walking! The Bamberg Club will meet two times a week for 45-60 minutes of training, plus weekend runs. This is will be partnership between FFF and the Bamberg Health Clinic. For more information, email kelly.woodruff@us.army.mil or ernest.d.johnson3.naf@mail.mil or call 0951-300-9086.

Kick the Habit

There is a Smoking Cessation Group every Monday at 4:30 - 5:00 p.m. in the Dental Clinic Conference Room. No registration required. For more information, call 0951-300-8999.

Pertussis Prevention

Pertussis, or whooping cough, is on the rise. It affects people of all ages, is most severe in children and can be fatal in infants. Immunizations children get to protect against this disease wanes with time. Unimmunized, infected adults can unknowingly spread pertussis to children. Symptoms in adults can appear like a common cold and develop into violent coughing. Preventing the spread of the disease is possible. To protect yourself but, most importantly, the children of our community, we urge adults to be vaccinated against pertussis. Ask your health clinic professionals about the Tetanus, Diphtheria and Pertussis vaccine or T-DAP.

Youth and Teens

Youth Golf Tournament

There will be a youth golf tournament on April 14 at 9 a.m. at the Whispering Pines golf Course. For more information, call 0951-300-8953.

Living in the New Normal Institute

Living in the New Normal Institute is a two-day training opportunity for educators, counselors, child, youth and school services, parents and community volunteers to provide a smoother transition for our children as they face transitions between schools and military life. The training will take place April 26 and 27 at the Birchview Lanes Bowling Center from 8 a.m. to 4 p.m. Register by April 12 through the MCEC website at www.MilitaryChild.org. Additionally, please contract the School Liaison Officer at USArmy.



Ray's Diner
Hours of Operation

Weekdays

Breakfast	0700-0900
Lunch	1130-1300
Dinner	1700-1830

Weekends/ Holidays (4-Days)

Breakfast	0800-0900	
Lunch	1100-1230	
Dinner	1530-1700	





Bamberg.IMCOM-Europe.List.DFMWR-School-Liaison@mail.mil or call 0951-300-7891.

Take Our Daughters and Sons to Work

The Department of Defense Dependent Schools Europe invites you and your child to participate in an enjoyable and beneficial learning experience known around the globe as Take Our Daughters and Sons to Work, on April 27. Students in grades 3-6 from the Bamberg Elementary School and grade 7-8 from the Bamberg Middle High School will accompany their parents only from 8-10:30 a.m. Parents are responsible for their child's transportation.

Parents' Night/Day Out

Enjoy a day or night out by enrolling your children in the next Parents' Day Out or Parents' Night Out programs. Dates for Parents' Day Out will be April 21, June 2, Aug. 4, Oct. 6 and Dec 1 from 11:30 a.m. – 3 p.m. Dates for Parents' Night Out will be May 4, July 6, Sept. 7 and Nov. 2 from 6:30 – 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

ARMY MWR SERVICES SURVEY

MAKING WHAT'S GOOD FOR YOU... BETTER.

COMING SOON!



www.armymwr.com

A sample of eligible Army MWR patrons will be asked to take the survey. If selected to participate, you will be contacted by mail or e-mail inviting you to complete the survey.

NAVY ENTERTAINMENT & ARMED FORCES ENTERTAINMENT PRESENT

brought to you by USAG Bamberg - Mobile Theater / Entertainment

TAKING BACK SUNDAY

WWW.TAKINGBACKSUNDAY.COM



APRIL 29, 7 P.M.

FREEDOM FITNESS FACILITY
BAMBERG FREE ADMISSION
 DOORS OPEN 6 P.M.

Special Guest:
Nicole Frechette
 Born in Connecticut, Distilled in Kentucky



FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

Bamberg Movie Schedule

AAFES Reel Time Theater is closed
Tuesdays and Wednesdays

Thu	April 5	Underworld: The Awakening (R)	7 p.m.
Fri	April 6	The Hunger Games (PG-13)	7 p.m.
Sat	April 7	Big Miracle (PG)	3 p.m.
		The Hunger Games (PG-13)	7 p.m.
Sun	April 8	Big Miracle (PG)	3 p.m.
		Man On A Ledge (PG-13)	7 p.m.
Mon	April 9	The Hunger Games (PG-13)	7 p.m.
Thu	April 12	Man On A Ledge (PG-13)	7 p.m.
Fri	April 13	The Grey (R)	7 p.m.
Sat	April 14	Wrath Of The Titans (PG-13)	3 p.m.
		Chronicle (PG)	7 p.m.
Sun	April 15	One For The Money (PG-13)	3 p.m.
		Wrath Of The Titans (PG-13)	7 p.m.
Mon	April 16	Wrath Of The Titans (PG-13)	7 p.m.
Thu	April 19	The Grey (R)	7 p.m.
Fri	April 20	Safe House (R)	7 p.m.
Sat	April 21	The Cold Light Of Day (PG-13)	3 p.m.
		Safe House (R)	7 p.m.
Sun	April 22	Journey 2: The Mysterious Island (PG)	3 p.m.
		The Cold Light Of Day (PG-13)	7 p.m.
Mon	April 23	The Cold Light Of Day (PG-13)	7 p.m.
Thu	April 26	Safe House (R)	7 p.m.

Eco-Friendly Tips

Water-saving Tips

1. Wash only full loads in the washing machine.
2. Don't flush the toilet unnecessarily and only use as much toilet paper as required.

Energy-saving Tips

1. Keep doors and windows closed on days that require heating or air conditioning.
2. Dress appropriately for current weather conditions. Dress warm in winter months and cooler for the summer months.

Recycling Tips

1. Send emails instead of a fax.
2. Think twice before printing out emails or documents to avoid wasting paper.



Get News and Weather Updates with
the AFN Europe **Mobile App**

Download the

U.S. Army Europe App
Get Mobile with **USAREUR**



Trips and Travel Opportunities

Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directories/dfmwr/odr.asp>.



April 11 and 25 Evening Mountain Bike Rides **\$10**

Enjoy the longer days with a mountain bike ride through the local woods. De-stress while breathing in the fresh air and learning new trails. Use your own bike or rent one from Outdoor Recreation for only \$10. Must sign-up in advance. Departs from Outdoor Recreation at 5 p.m. and returns at 8 p.m.

April 12 Tour Under Bamberg **\$25**

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp. Please wear appropriate clothing and bring a flashlight. Transportation departs from Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

April 14 Salzburg, Austria **\$65**

Visit the charming city which is famous for the Sound of Music, is the birthplace of Wolfgang Amadeus Mozart and where the Fortress of Hohensalzburg provides breathtaking views. Bus departs at 5 a.m.

April 21 Nuremberg Zoo **\$35**

With well-designed paths among the animal enclosures, enjoy a leisurely stroll as you observe many species the zoo possesses. Observe live animal feedings and shows, and when your legs get tired grab a snack at one of the restaurants located inside the zoo. Includes transportation and admission. Children ages 4-12 are \$20 and children 3 and under are \$10.

April 28 Cheb Shopping, Czech Republic **\$35**

With some of the most famous flea-markets in Europe, Cheb in the Czech Republic is a bargain shoppers dream come true. Children ages 4-12 are \$20 and children 3 and under are \$10. Passport is required. Transportation departs from Outdoor Recreation at 9 a.m. and returns at 5 p.m.

May 3 Tour Under Bamberg **\$25**

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp. Please wear appropriate clothing and bring a flashlight. Transportation departs from Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

May 5 and 19 White Water Kayak **\$35**

No matter your skill level, our white water kayak trip will have you feeling like a professional by the end of the day. Please wear a swimsuit and pack a towel, lunch and hydrating liquids. Trip includes transportation and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

May 9, 16, 23, 30 Wednesday Evening Adventure Sports **\$15**

Enjoy the longer days with a mountain bike ride on some of the coldest single-track in the local area, or rock climbing on the world famous Frankenjura limestone. Use your own bike or rent one from Outdoor Recreation for only \$10. Climbing equipment is provided with trip fee. Must sign-up in advance. Departs Outdoor Recreation at 5 p.m. and returns at 9 p.m.

May 12 Berlin with City Tour **\$65**

Germany's capital is a cultural haven offering sights like Checkpoint Charlie, Brandenburg Tor, Reichstag, KaDeWe, Jewish memorials and more. Children ages 4-12 are \$55 and children 3 and under are \$45. Includes transportation and a city tour. Transportation departs the chapel parking lot at 4 a.m. and returns at 11 p.m.

May 26 Strasbourg, France **\$65**

With flavors of both France and Germany, Strasbourg is an ultimate European city. Visit "la Petite France," a picturesque neighborhood resembling a fairy tale, and Place Kleber a bustling square that's always bursting with activity. Trip includes transportation and a city tour. Children ages 4-12 are \$55 and children 3 and under are \$45. Departs chapel parking lot at 5 a.m. and returns at 11 p.m.

May 25-28 Austrian Adventure Weekend **TBD**

Get your adrenaline pumping with some of the coolest spring time activities in the Austrian Alps. We will kick off our weekend with white water rafting the first day, canyoning on day two and peak bagging by means of klettersteig on day three. There will be plenty of time for self-guided hikes, swimming, sauna and relaxation. Departs Outdoor Recreation May 25 at 6 a.m.



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

AUTOMOBILES

\$2300 OBO. 1996 BMW 316i - Ansbach area - dependable work car, inspected Jan. 2012 and prepared to reinspect, color - blue with minor rust spots, manual shift, quiet motor, new brake job, suspension, spark plugs, wires and hoses. All-season tires, recently winterized, 248k miles, pictures available upon request. Will travel to Bamberg if needed for test drive and transaction, Call 0160-9221-9282.

2002 Toyota Camry XLE for sale. AUTOMATIC Dark blue exterior with grey leather interior. Electric windows, seats, sunroof, mirrors, and HEATED front seats. Four door, ample trunk space, and 6-disk cd player. Never been in accident. GREAT family car! BRAND NEW Spec tires. US Spec and mileage is 191K miles. Asking price is \$5200 OBO Make an offer! Call Priscila Solis for more info at 01525-3901479 or email asolispriscila@gmail.com for pictures or questions.

2005 BMW 118d, 45+ mpg turbo diesel, 6 speed manual, 5 door hatchback, Euro Spec, 98000 miles, snow and summer tires/rims, onboard GPS/computer, heated seats, parking assist, PCSing must sell. Asking \$10,500. Call Robert 01607837935 or email lucasbmw118@yahoo.com.

\$3800 OBO 1997 Ford Mondeo, Grey 4 door, Euro Spec, Automatic, sunroof. Passed inspection Sept. 19. New windshield and rear bumper, clean interior, very room. Car runs great on and off the autobahn. Phone:0160-985-45227.

\$2200 1998 2 dr. Seat Arosa, Euro Spec, 5-speed manual. Replaced front wheel bearings, new winter tires, new muffler. Passed inspection Oct 11. Excellent gas mileage. Phone:0160-985-45227

1994 Yamaha Virago (XJ600). Chopper configuration in top condition. 535 CC. 16,485 Km. Euro 2,500 German license

plate w/TUV. Located In Schweinfurt. Call Douglas or Eva Stewart 09721-749246, 0151-20546748. Want photos? Stewartorders@hotmail.com.

Opel Astra Coupe, 1999, red, 92000 miles, german specs, MP3 Player-CD, very clean and in good condition, new muffler, new brakes. Asking: \$3000 obo, for more pics or information please contact e_sapper@hotmail.com.

EMPLOYMENT

University of Phoenix is seeking a full-time field representative for its Bamberg office. An undergraduate degree is required. Customer service, sales or marketing experience is preferred. General knowledge of higher education and military educational processes preferred. Must possess a valid driver's license and transportation, as travel to sites in Schweinfurt and Ansbach is required. Resumes will be accepted until Friday, April 13. Only qualified applicants will be interviewed. Please email resumes to Carrie.Robinson@Phoenix.edu. Please note in the subject line of your email: Bamberg Position - "Your name."

The USAG Bamberg Community Chapel is currently accepting applications for Watchcare providers for the Watchcare Program. Performance period is expected through 30 September 2012. Interested parties should contact Stacey Berry, the Watchcare Coordinator, at 0152-242-84736.

Central Texas College needs instructors to teach applied management and military science. Requirements include a management based associate's degree and several years of active, Reserve, or National Guard military experience. For more information, call 0951-300-7467 or email bamberg@europe.ctcd.edu.

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 09721-96-8309; or email sarah.boerner@europe.ctcd.edu.

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and

healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary.

Bamberg's Exchange is accepting applications for entry-level retail and food positions. Join a unique organization with the competitive package by applying online at www.applymyexchange.com or by calling Human Resources Office at 0951-303159.

MISCELLANEOUS

Home needed for 2 loving cats. 1 male (8yrs-orange Persian Mix) and 1 female (7yrs-Tabby). Up to date with all shots. ETSing and with deep regret we cannot take cats with us. Great family cats. Please call Alexandra or Doug at 0951-917-1978.

Looking for a loving home for our 2 male guinea pigs. They include 2 large cages, wooden huts, bedding material, grooming supplies, toys, books, pet carrier, and water bottles. They are 2 years old. Asking \$100. We are PCS'ing soon and can not take them with us. If interested please call 0151-1756-0411.

Large Apartment 2 bedroom and studio just 10 minutes away from Bamberg. Pictures available. Call 0152-54229569.

Let me walk your dog! Do you have a high energy dog that needs to go on long walks, but you don't have the time? Let me walk your dog. I will tailor to each dog's needs, but I usually go on 6 mile+ walks. \$10 for each walk. For my personal information please contact me at erin.cooper@us.army.mil.

Looking for a teacher of the Russian language. Call: 015152050467 or email mmk09@aber.ac.uk.

Mariachi Cuatro Caminos. Needs violins and trumpet players, along with vocalists male and female. We will perform for the community and Middle and elementary schools in the community. All serious inquires please email puomariachi@hotmail.com.

Apartment for rent. 1 bedroom apartment. 1 kitchen with built in kitchen furniture, 1 living room, 1 bedroom, 1 bathroom. All lamps and curtain included. Basement, Laundry room (already washer and dryer there), 2 parking lots. 14 km from post. For more info, call 0152-54229569.

FOR SALE

For sale: Central Texas College textbook, The Core, Larry J. Siegel 4th Edition for Law Enforcement History of America. Like brand new, only a few marks on the first 5 pages. \$ 95. Cost new \$125. On Post Pick up or I can mail it. Email: hic4chris@aol.com or cell: 0176-48026658.

For Sale: German solid wood living room shrank with lights: measurements are: 3.28m wide, 2.17m tall; 0.55m deep. The price is negotiable. Pictures available. 0152-54229569.

Kitchen with all appliances- \$700; German king-size solid wood bed - \$430; German bedroom schrank (4 meters long, 220 m high/black&white)-\$570; solid wood round dining room set (w/4 chairs)- \$200; French bed (120X200)-\$150; high board-\$75; bathroom cabinet-\$70; and a solid wood chest of drawers-\$65 / O.B.O. Call 0174-766-3088.

For Sale: Couch - \$300; TV Entertainment Center - \$80; Pier 1 Papasan Chair - \$65; Queen Size Bed and Mattress - \$330; Dresser - \$100; Bedroom Wardrobe -\$65 and 2 Piece Solid Wood Buffet - \$780. All in excellent condition. Pictures available upon request. Prices negotiable. Contact: Cell 0160-781-5496 Email: riesr@t-online.de.

AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please email your submission to the Public Affairs Office at usarmy.bamberg.usareur.mbx.pao@mail.mil. We will ONLY accept classified ads by email. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600.

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Outside the Gate

Events in and around Bamberg

Guided tours are a good way to get to know the place you are living or stationed at. It is a good way to spend time outside, with friends or family. Check this website available in English on guided tours <http://www.bamberg.info/en/stadtfuehrungen/>

For general information on Bamberg's sights, fests, locations and free-time activities check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>. The information is available in English and with the nice pictures you will get in the mood for getting out end enjoying yourself.

Insider tips and rating for the coolest pubs, clubs, bars and sights can be found on this website: <http://www.virtualtourist.com/travel/Europe/Germany/Bavaria/Bamberg>. People who have been to these locations before share their insight information and experiences. It is a great resource for all who would like some more information on their favorite destination on Bamberg before leaving base.

Enjoy the good weather with the volksmarching enthusiasts. At http://www.dvwwandern.de/v_vb/10/Wandertage you will find the upcoming dates of the volksmarching activities in Franconia. For general information on events in Franconia you can check http://www.dvwwandern.de/v_vb/10. For information on the German-American Volksmarching Club Bamberg (Deutsch-Amerikanischer Wanderclub Bamberg) and information in English you can contact Mr. Wolfgang Keller, Warner Barracks, building 7090, room 103, Monday, Wednesday, Friday, 3-5 p.m.

Bamberg Spring Fest (Fruehjahrsplaerrer), opens April 7, 4 p.m. Enjoy carnival rides and food specialties, great for Families, at P&R (close to airfield).

Please note that Good Friday (6 April) and Easter-Monday (April 9) are German holidays. Shops will be closed.

Events for April 6 - 8

Friday, April 6

4 p.m. Kyrie from the mass in b-minor (Johann Sebastian Bach), performed by the Stephanskantorei, Church St. Stephan, Stephansplatz 5, 96049 Bamberg, free admission
6:45 p.m. Don Juan, by the historical puppet-on-string theater Bamberg, Untere Sandstrasse 30, 96049 Bamberg, reserve tickets in advance at tel. 0951-67600 or 9808220, www.bamberger-marionettentheater.

Saturday, April 7

1 p.m. Spring Fest (Fruehjahrsplaerrer) kick off, at Plärrerplatz an der Breitenau, Zeppelinstraße, 96052 Bamberg. Enjoy more than 40 different attractions and carnival rides.
1 p.m. Easter Run (6 and 9 k), at Post SV, Am Sportplatz, 96049 Bamberg, tel. 0951-56108. Registration is €4 and starts 1 p.m. Run starts at 2 p.m.
9 p.m. Fathers Finest, live concert (blues, funk, rock), at Live-Club, Obere Sandstraße 7, 96049 Bamberg, 0951-53304, info@live-club.de, concert is followed by the regular dance clubbing party.
9 p.m. Yambalaya (modern ska), at Sound'n Arts Club, Sandstraße 20, 96049 Bamberg, www.sound-n-arts.com
10 p.m. Black And White Music (house, techno, deephouse), at Morph Club, Luitpoldstr. 17, 96052 Bamberg

Sunday, April 8 (Easter)

11 a.m. 12 Art Rooms, guided tour through the exhibition that features

world-famous artists of the 20th century, Stadtgalerie Bamberg - Villa Dessauer, Hainstraße 4 a, 96047 Bamberg, admission is €7 for adults 8 p.m. Moop Mama, live concert (marching band feat. funky hardcore hip-hop i.e. Rage Against The Machine songs, on brass instruments), at Live-Club, Obere Sandstraße 7, 96049 Bamberg
10 p.m. Mr. Review (Netherlands) and JokerFace (ska), at Morph Club, Luitpoldstr. 17, 96052 Bamberg

Insider Tip:

Did you know that the Bamberg Cinestar offers movies in English language every once in a while? Their website is available in English at <http://www.cinestar.de/en/kino/bamberg-cinestar>.

Preview:

Reptile Fair (and sale): Sun. April 15, 10 a.m.-3 p.m. at Stechert Arena Bamberg, Forchheimer Straße 15, 96050 Bamberg, www.rolinski.repsite.de, more then 80 vendors will present an exotic variety of spiders, insects, snakes, turtles, frogs and lizards. Admission is €6.

National Concert Schedule

All dates, and tickets are available on the following website <http://www.eventim.de/project-pitchwork-tickets.html?affiliate=GMD&doc=artistPages%2Ftickets&fun=artist&action=tickets&erid=637247&includeOnlybookable=true>

April 14 Nightwish and Guests, ISS Dome, Duesseldorf

April 23 Nightwish and Guest, Jahrhunderthalle Frankfurt, Frankfurt

April 28 Night of Jumps (Motor cross event) Munich – Olympiahalle 8 p.m.

May 1 Nightwish, Arena Leipzig, Leipzig

May 3 Nightwish and Guests, o2 World Hamburg, Hamburg

May 5 Nightwish, ARENA NÜRNBERGER VERSICHERUNG, Nuremberg

May 5 Tyga, Careless World Tour 2012, Stadthalle Fuerth

June 1 Rock Im Park tickets start at 164,50 euros

July 26 Kool and the Gang, Stadthalle Fuerth

Aug. 10 Taubertal Festival feat. Placebo, Beatsteaks etc.

Aug. 25 Rock Im Pott feat. Red Hot Chili Peppers, Placebo and more

Visit the city of Bamberg's official website

The screenshot shows the Bamberg official website with a red and white color scheme. At the top, there are navigation tabs: Home, Hotels & accommodation, Guided tours, and Packages. A sidebar on the left contains a menu with categories like Experience, Worn seeing, Culture, Active, For..., Service, and Specialist. The main content area features several articles with images and text, including 'Our tip - your personal delicacy!', 'Bamberg - the beer city', and 'Bamberg - an unforgettable experience!'. There are also social media sharing icons at the bottom of the page.