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Competition gives spouses taste of life as Soldiers

By Heidi Sanders, USAG Bamberg Public Affairs

BAMBERG, Germany -- Spouses from the 317th Maintenance Company experienced firsthand what a typical workday is like for their Soldiers.

Five wives from the company took part in the Soldier for a Day competition on Friday. Prizes were awarded to the top three finishers.

Natalie Guerrero won first place and a \$200 Visa gift card. The second-place prize, a \$100 Visa gift card, went to April Foss. Third-place finisher JoAnn Zalamea received a \$50 Visa gift card.

Taylor Sanderson, the company's Family Readiness Group leader, said a spouse in the company suggested the event.

Sanderson said she brought the idea to Capt. Nathaniel Cincala, 317th Maint. Co. commander, and worked with Cincala to make the event a reality.

Competitors took part in several events throughout the day and were awarded points for each event.

Soldiers from the company served as instructors and judges during the competition.

Cincala said this was a good way to get the Soldiers involved in the competition.

"We wanted to make sure we had people out here to grade it who are qualified," Cincala said.

Competitors started the day at 6:15 a.m. with a formation and then took part in physical training, which included a modified version of a physical



Heidi Sanders
Kelsey Ablang checks a High-Mobility Multipurpose Wheeled Vehicle during 317th Maintenance Company's Soldier for a Day competition on Friday.

training test.

The test included push-ups, sit-ups, a flexed-arm hang and a half-mile ruck march.

The wives were judged according to Army standards for female Soldiers in their age group.

"I am surprised they are keeping us to Army standards," Foss said. "But it is good."

(WIVES continued on Page 4)

Just like Dad



Heidi Sanders

Sgt. 1st Class Wilmer Espinoza of the 16th Sustainment Brigade shows his son Nicolas Espinoza, 9, what he does at work. Nicolas shadowed his father at work on Friday as a part of Take Our Sons and Daughters to Work Day. At Bamberg Elementary School, Soldiers set up displays to show children what their parents do at work.

Kids on Site offers child care at FFF

By Sina Kingsbury, USAG Bamberg Public Affairs

called Kids on Site and is open Monday, Tuesday and Thursday from 9 a.m. to noon.

BAMBERG, Germany -- Wherever child care is needed Child, Youth and School Services has you covered. Kids on Site provides care for children ages 6 weeks to 5 years of age.

In addition to the Child Development Center, School Age Center and Youth Center, CYSS offers child care services during Family Child Care emergencies, parents' nights and days out, memorials and special events. The cost for care is \$4 an hour. If one spouse is deployed, Families can receive 16 hours of care for free each month, McQueen said.

Currently, the staff is made up of four women. Like the CDC and SAC, Kids on Site must go through inspection and the child care workers receive the same trainings, like CPR and first aid.

"Parents feel comfortable seeing the same group care for their child," said Annmarie McQueen, assistant director of Outreach Services. Unlike the CDC and SAC, the staff does not feed the children or change diapers.

The group also provides weekly care at Warner Barracks' Freedom Fitness Facility. The program is Parents must stay at the FFF while their child is being cared for. (KIDS continued on Page 4)

Stable Theater snags 8 awards at annual Toppers



The cast of "Hairspray" performs "Big, Blonde and Beautiful" during the Toppers Awards ceremony on April 21 in Heidelberg. *Martin Greeson*

By Heidi Sanders, USAG Bamberg Public Affairs

BAMBERG, Germany -- Bamberg's Stable Theater's production of "Hairspray" brought eight awards back from the 17th annual Topper Awards, including the evening's top honor of Best Musical.

The Tournament of Plays, also known as the Topper Awards, showcases Installation Management Command Europe's top theater productions.

Jack Austin, Stable Theater's entertainment director and the director of "Hairspray," said Bamberg received 28 nominations. Austin said he was pleased with the awards the Stable Theater received and pleasantly surprised to take home the prize for Best Musical.

"That is the biggest honor and, of course, the most gratifying," Austin said.

He said although the Toppers judges had good things to say about "Hairspray" when they watched it in Bamberg, he still was not certain the production would win Best Musical.

"From a comparative standpoint, we had no idea how we would do," he said. "We knew there was some stiff competition out there."

In addition to the nod for Best Musical, several individuals were recognized for their contributions to "Hairspray."

Bethany Frost was awarded Best Actress in a Musical for her role as Tracy Turnblad. Connor Gann won Best Supporting Actor in a Musical for his role as Link Larkin. Chelsey Emery, who played Motormouth Maybelle, was awarded Outstanding Female Youth in Community Theater.

Nora Sobering won Best Choreography. Tina Peterson was awarded the prize for Best Hair and Wig Design for a Musical. Best Lighting for a Musical went to Carlos Diaz. Stuart Erkes, Mary Anna Turpin and Marsha Bentley received the award for Best Stage Manager for a Musical.

Austin said even the awards given to individuals still involved the participation of the entire cast and crew.

"Really nobody can win without everyone winning," he said. "It really belongs to everyone."

Austin said 62 members of the Bamberg community, including cast, crew and family members of those involved in "Hairspray" attended the Topper Awards show on April 21 in Heidelberg.

"We had the largest representation there of any garrison, including the local ones," he said. "There was clearly a lot of interest and a lot of

(AWARD continued on Page 3)

Pets, families can be vulnerable to rabies

FORT SILL, Okla. (April 19, 2012) -- The Army Surgeon General issued orders last year to all five Army Regional Medical Commands to raise awareness and education related to the risks of rabies exposure from feral animals.

"Some deployed Soldiers may have been exposed to the rabies saliva from unprotected animals entered their bodies, as would happen in a bite or lick to an open wound," said Capt. Nathan Teague...



To read more on this story, click [here](#).

New breathalyzer law will affect anyone who drives in France

HEIDELBERG, Germany -- Drivers who enter France -- whether visiting, on business, or just passing through -- will be required to carry a breathalyzer unit in their vehicles, beginning July 1.



The new law recently announced by the French government is in response to a high volume of traffic incidents involving alcohol.

To read more on this story, click [here](#).



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army.mil.

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Bavarian health, dental clinics receive \$85 million in upgrades

By Douglas DeMaio, Bavaria Medical
Department Activity Public Affairs

VILSECK, Germany -- Seven projects totaling about \$85 million are expected to bolster medical and dental care at military treatment facilities in Bavaria.

A new \$37 million dental and primary care health clinic in Katterbach, Germany, and a similar \$34.7 million add on to the facility in Vilseck are two military construction projects that will improve services and enhance amenities for beneficiaries in the Bavaria Medical Department Activity footprint.

"I think the beneficiaries will appreciate the changes over the course of the next few years in these various clinics," said Maj. Travis D. Pamerter, BMEDDAC's acting Deputy Commander for Administration. "We are making a significant investment to improve quality of care."

Projects at both locations will boost primary care, behavioral health services, physical therapy, the pharmacies and other specialty services.

"These improvements coupled with the increase of providers will help facilitate bringing back patients to their local installations that in the recent past had received care in the community," Pamerter said.

The projects will increase the access to primary care, which are the bulk of the patient visits, he said. The projects will also help to centralize services and enhance convenience.

"It's a pretty good location for patients to reach conveniently as part of the Patient Centered Medical Home concept," said Eric Wolff, BMEDDAC's Facility Management Branch chief, about the facility in Katterbach which will transition to a new patient care model.

The facility in Katterbach will be built between the housing area and the installation's new Exchange and commissary, Wolff said.

"We have not only invested structurally, but we've invested technologically as well in order to constantly improve our healthcare delivery," Pamerter said.

New equipment will be added to the buildings, said Pamerter, who has served as the logistical chief for BMEDDAC for the past year. The new structures will have energy efficient qualities that allow natural daylight to illuminate the facilities' workspace and reduce costs on heating and air conditioning.

"We understand what it is like to sit in the waiting room for a period of time and while this may be unavoidable in all instances, we want the patient to be comfortable," Pamerter said. "When you get into these exam offices, what you are going to notice is there are temperature controlled improvements. You will also see improved aesthetics."

Vilseck's dental clinic will have a \$7.1 million interior restoration project this winter that will improve its heating, ventilation and air conditioning system to provide better temperature control throughout the year.

Hohenfels' clinic will complete a \$3.2 million renovation project by July 1. The Hohenfels renovation includes a new roof, a sprinkler system and HVAC system.

Illesheim Health Clinic recently completed a \$4.9 million renovation project designed to improve services and the patient areas.

Bamberg's health and dental clinics received \$184,000 in improvement to its reception and waiting areas.

"While it might be minor construction, in this case \$184,000, it is trying to improve the overall patient quality and patient experience that our health care facilities have," Pamerter said. "Some people may say those are the things that do not matter in patient care. That is not something we concur with. We want to project the professionalism and not an experience of the stark outdated system of care."

Three Schweinfurt Health Clinic improvements totaled less than \$1.5 million for two renovation projects and a HVAC system installed on the fourth floor, he said. The clinic added a minor surgical room, so the staff can do some types of medical procedures under the scope of practice that is allowed.

The construction project in Vilseck is scheduled to begin this fall. The parking lot of the facility will be extended onto the tennis courts, which will be relocated near the library.

The project in Katterbach is scheduled to begin next spring and will take two years to complete.

(AWARD continued from Page 2)

energy for the show and for the program."

Members of the cast of "Hairspray" performed one of the numbers from the musical, "Big, Blonde and Beautiful," during the awards show.

Toppers will be aired on Armed Forces Network's Pentagon Channel, May 5 and 12 at 7 p.m. The show also can be viewed on AFN Europe's Youtube channel after May 6 at <http://www.youtube.com/afneurope>. This is the first year the Toppers have been televised.

"Hairspray" was well received by the Bamberg community during its run in late March, Austin said.

"We had really, for the first time in my tenure here, eight complete sellouts," he said. "It was the highest grossing show we ever had."

Austin said he is looking forward to next year's Toppers production.

"There had been discussion of funding cuts causing Toppers to be cut," Austin said. "At this moment it appears it will be salvaged or saved. It will run next year and we are looking forward to bringing another show back."

The next production at the Stable Theater will be a mystery dinner theater show, "Murder on the Oriental Rug," which is scheduled to run June 22 and 23. Auditions will be at 6:30 p.m. May 30 and 31 at the Stable Theater. For more information, call 0951-300-8647.

Unlocking a clue



Sina Kingsbury

Suzy Morris, Meagan Molthop and Janette Gauthier, 173rd Special Troops Battalion spouses, search several mailboxes for their next clue during The Amazing Race on Friday. Warner Barracks' Army Community Services hosted their own version of the popular reality television show to help community members become familiarized with the different locations and services offered here. Ten teams made up of spouses and Soldiers participated in the race. The Protestant Women of the Chapel team took first place.

TBS, Nicole Frechette perform free concert at FFF



Photos by Sina Kingsbury

Country and pop singer Nicole Frechette and rock band Taking Back Sunday made their way to Warner Barracks for a free concert presented by Navy Entertainment and Armed Forces Entertainment on Sunday.

The show drew in more than 200 people, not only from Warner Barracks, but also from neighboring communities like Grafenwoehr and Vilseck.

The Lights Out Comedy Tour will be touring military bases throughout Europe this month courtesy of Armed Forces Entertainment. The tour will stop at Warner Barracks May 21.

For more information on Armed Forces Entertainment's tour schedule, visit <http://www.armedforcesentertainment.com/>.

(KIDS continued from Page 1)

Kishla Castrello believes having a child's parent near is one of the benefits of Kids on Site.

"Having parents close by makes the children feel calm and gives them confidence," said Castrello, who has worked with CYSS for two

years.

Another benefit of Kids on Site is parents can work out without distraction and know their children are being cared for, McQueen said.

Tots in Tow, a children's play area near cardio equipment, is an alternative to Kids on Site, McQueen said. "It's not safe, kids have been

hurt before."

"Kids on Site is a safe environment because they are going to be watched," she said.

For more information on child care services, call Parent Central Services at 0951-300-7716.

(WIVES continued from Page 1)

Zalamea said the physical training portion of the competition was a challenge.

She said she participated in the Junior Reserve Officer Training Corps while in high school.

"I was very fit then," Zalamea said. "Now I can't even do 30 push-ups."

After a chance to go home to shower and have breakfast, the competitors met up at the company's motorpool, where they had to identify problems in a High-Mobility Multipurpose Wheeled Vehicle.

In the afternoon, competitors had to disassemble and assemble an M-16.

"They did enjoy disassembling and assembling the M-16," Sanderson said. "It didn't take them too much longer than the Soldiers."

The spouses had a chance to earn extra points by naming common Army acronyms.

Although the day was challenging, the spouses agreed that it was a good opportunity.

Kelsey Ablang said the competition gave her perspective into her husband's job.

"It lets you know what your husband does all day," Ablang said.

Sanderson said there were aspects of the competition that could be improved, but overall the event went well.

Sanderson said although there currently are no plans to have a competition again, she would like to eventually see the event take place battalion-wide.

She said individual companies could hold competitions and the winners could compete at the battalion level.

BAMBERG SPOUSES AND CIVILIANS' CLUB PRESENTS



MAY 4-6, 2012

Friday 10 a.m. - 7 p.m.

Saturday 10 a.m. - 7 p.m.

Sunday 11 a.m. - 4 p.m.

Supported by



Bamberg Warner Barracks
Freedom Fitness Facility
Bldg. 7680

Memorial Day Ceremony

There will be a Memorial Day Ceremony at 11 a.m. May 24, at Memorial Park. For more information, call 0951-300-9477.

Bazaar with Heart

The Bamberg Spouses and Civilians' Club annual Bazaar with Heart is May 4-6 at the Freedom Fitness Facility. Opening hours are May 4 and 5 from 10 a.m. - 7 p.m. and May 6 from 11 a.m. to 4 p.m. Bazaar with Heart is a one-stop shopping opportunity for U.S. ID card holders. There will be participation of more than 30 vendors from different departments offering European and International products including antiques, furniture, carpets, art, jewelry and fine delicacies. All funds raised at the event are given back to the community through welfare grants and scholarships.

Community Flea Markets

The Community Activity Center will host a Community Flea Market from 10 a.m. to 1 p.m. the second Saturday of the month through October at the CAC, building 7047. The dates for the flea markets are May 12, June 9, July 14, Aug. 11, Sept. 8 and Oct. 13. For more information, call the CAC at 0951-300-8837

Volunteer Opportunities

Interested in volunteering? Equal Opportunity office is looking for volunteers to help with upcoming observances. For more information, contact the Equal Opportunity and Equal Employment Opportunity offices at 0951-300-8624.

Free Tax Preparation

The Bamberg Tax Center is open. The Tax Center is located in Bldg. 7000 on the fourth floor. Appointments and walk-ins will be available. Operating hours will be Monday to Friday 9 to 11:30 a.m. and 1 to 3:30 p.m. The office will be closed daily at noon to 1 p.m. for lunch. For more information or to make an appointment, call 0951-300-8261/8262.

CPR, AED and First Aid Certification

Come and learn how to give cardiopulmonary resuscitation, first aid and use an automated external defibrillator with the Red Cross May 11, June 8 and July 13 from 10 a.m. to 4:30 p.m. at the Army Community Service building. The cost of the CPR/First Aid Certification is \$45. You can log onto www.redcross.org to register. Once on the Red Cross site, go to "take a class" and enter your APO zip code to find the course, register and pay online. You can also register in person at the ARC office. For additional information or questions, stop by the Red Cross office, Building 7029 or call 0951-300-1760.

USAG Bamberg
Whispering Pines Golf Course
and Pro Shop

www.bamberg.army.mil/mwr

MWR

- GOLF - SEASON OPENER

May 5, 9 a.m.

Contact Whispering Pines Golf Course and Pro Shop at
Tel. (0951) 300 8953

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

Ramstein Shuttle

RAMSTEIN AB		
	Arrival	Departure
Bamberg, Bldg 7676, Bamberg Inn	1:40 a.m.	1:50 a.m.
Schweinfurt Conn Bks, Bldg 89, Bradley Inn	2:50 a.m.	3:00 a.m.
Ramstein Passenger Terminal	6:30 a.m.	
Ramstein Passenger Terminal		9:40 a.m.
Schweinfurt Conn Bks, Bldg 40, Central Processing Facility	12:30 p.m.	12:40 p.m.
Bamberg, Bldg 7290, Central Processing Facility	13:20 p.m.	

Every Tuesday

Community Announcements

Please send all announcements to Bamberg Public Affairs at usarmy.bamberg.usareur.mbx.pao@mail.mil.

Bingo

The Bamberg Spouses and Civilians' Club will host a Taste of Italy Bingo night May 11 at the Warner Conference Center. Card sales begin at 5:30 p.m. and Bingo starts at 6:15 p.m. For more information, send an email to marylousolorzano@yahoo.com.

Europa Park Trip

Visit Germany's largest amusement park, Europe Park, on May 19. The trip departs from the Chapel parking lot at 4 a.m. and will return around midnight. The cost is \$89 per person and includes transportation and park entrance. Entrance to the park is free for children 3, but the cost is \$20 for a bus seat. Sign up at the Freedom Fitness Facility. Payable in full at time of registration.

Barcelona Getaway

Take a trip to Barcelona, Spain with Better Opportunities for Single Soldiers for Memorial Day weekend, May 24-28. The cost is \$379 per person and includes roundtrip transportation on a luxury German motorcoach, two nights with breakfast in a 4-star hotel near the beach and a guided city tour of Barcelona. Sign up by May 4 with a \$100 deposit per person. The trip is payable in full by May 15. For more information, call the Freedom Fitness Facility at 0951-300-8890.

Single Parent Luncheon

There will be a single parent luncheon on May 18 at the chapel from 11:30 a.m. to 1 p.m. It will be a free luncheon and discussion group. The meeting is an opportunity for single parents to discuss issues and find support. Watch care will not be provided.

Food Handlers Training

Food handlers classes are scheduled at U.S. Army Garrison Bamberg May 8 and July 10 at Army Community Services, Building 7029. Classes are free and last one hour. Certification is intended for individuals involved in fund raising food sales such as Better Opportunities for Single Soldiers, Family Readiness Groups, private organizations and Child, Youth and School Services personnel. The class may also supplement required refresher training for regular food service employees. Registration is not required. For details contact Sgt. Greg Thompson at 09662-83-2041 or 2138, email greg.thompson7@amedd.army.mil.

Red Cross Volunteer Orientation

Come and learn how you can become a volunteer with the American Red Cross May 4, June 1 and July 6 from 10 a.m. to 12 p.m. at the Army Community Service building. Please call and RSVP no later than the day before each scheduled orientation. For additional information or questions, stop by the Red Cross office, Building 7029 or call 0951-300-1760.

Military Council of Catholic Women

The Military Council of Catholic Women meet on Thursdays at the chapel. Mass begins at 12 p.m. followed by fellowship, lunch and study group from 12:30 to 2 p.m. For more information, email Andrea.lands@gmail.com.

By Soldiers - For Soldiers

Alcoholic Anonymous meetings for Warner Barracks take place weekly on Wednesdays from 11:45 a.m. to 12:45 p.m. at the Community Activity Center, Room 409. These meetings are open to anyone. Duty uniform allowed. For more information, call Kyle at 0151-1775-3880, Brian at 0172-271-3626 or Justin at 0151-4642-3940.

Woodworkers Roundtable

Take part in the woodworkers roundtable every Wednesday at the Arts and Crafts woodshop on the second floor of Building 7047. Get tips, tricks and new ideas. The event is free. For more information, call 0951-300-8659 or email thomas.stenson@us.army.mil.

Arts and Crafts

Take part in the crafter's club at noon every Tuesday at the Arts and Crafts classroom on the first floor of Building 7047. Join the fun. Local crafters get together to share ideas, tips and tricks on a variety of crafts. Learn something new or share your knowledge. The event is free. For more information, call 0951-300-8659 or email thomas.stenson@us.army.mil.

Weekly Reminders

Speed Limit

Please slow down while driving through residential areas on the installation. The speed limit inside a residential area is 20 kph.

Immediate Appointments

Are you tired of waiting on hold while scheduling a medical appointment at health clinic? With TRICARE Online, you don't have to wait on hold. You can schedule appointments, refill prescriptions and manage your health needs better. Register today

at www.tricareonline.com. To learn more, visit <http://www.youtube.com/watch?v=s7VeUlyTMa4>.

Photo Studio

The Arts and Crafts Photo Studio has reopened. Chandra is available to take your appointments for portraits, balls, sporting events and more. For more information or to make an appointment, call 0951-297-1248.

Looking for Training Space?

Earn your certificate. Advance your career. Achieve your goals. The Digital Training Facilities provide Soldiers with a location to access web based, job related and professional courses away from the workplace and distractions of the home. We have three classrooms and each classroom has 17 workstations. In total, we have 51 workstations. Classrooms are linked to the internet. Services are available for individual self development. Stop in to check e-mail, use free internet, take distance learning classes, job search or study. For more information, visit the Digital Training Facility in Building 7055, call 0951-300-8669 or email esther.j.galletta@us.army.mil. The facility is open Monday-Thursday day from 8 a.m. to 5 p.m. and Friday from 8 - 11 a.m.

Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Vanessa Holland, EFMP manger, at 0951-300-7777.

Involved Consideration

Missed appointments diminish a medical facility's ability to provide efficient health care. The next time you cannot make your medical appointment, please be considerate and cancel your appointment. We need your involvement to provide better care for our military community.

Ray's Diner Hours

Every weekday, Ray's Diner serves breakfast from 7 to 9 a.m., lunch from 11:30 a.m. to 1 p.m. and dinner from 5 to 6:30 p.m. During the weekends and four-day weekends, breakfast is served at 8 to 9 a.m., lunch at 11 a.m. to 12:30 p.m. and dinner at 3:30 to 5 p.m.

UNITED STATES ARMY SOLDIER ATHLETES

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STRONG B.A.N.D.S.

BALANCE • ACTIVITY • NUTRITION • DETERMINATION • STRENGTH

- Attend featured fitness events at your garrison
- Be your best and wear it throughout May to show your commitment to a healthy lifestyle
- Visit the Strong B.A.N.D.S. website for fitness tips and press every day in May!

USAG BAMBERG FREEDOM FITNESS FACILITY

12 May, 9 a.m. - 2 p.m.

5k Fun Run, Asian-Pacific Beach Volleyball Tournament, Jumping Castles for Kids, Zumba, Party yourself into Shape, Personal Training Info, Body Tone Fitness Class, Spinning (Indoor Cycling), Family Fun Fitness Festival with lots of games and activities for all ages!

DEERS Validation

Soldiers are responsible for ensuring Defense Enrollment Eligibility Reporting System information is updated. Please see the ID card section to update your DEERS information.

OneSource Mobile

Army OneSource is now available for smart phone browsers. The launch of a mobile device version will optimize Army OneSource the mobile experience for visitors. Visit www.myarmyonesource.com today.

DFAC Feedback

Dining Facility council meetings are at Ray's Diner every last Thursday of the last month of each quarter at 2 p.m. The meetings are scheduled for June 28 and Sept. 27. For more information, call 0951-300-7130.

Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke, Erlanger Stadtwerke, Entega and E-on Bayern. For more information, call the Bamberg tax relief office at 0951-300-1780.

New Health Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday, sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday and Friday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - 3 p.m.; closed on US federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line,

a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with a care provider.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; offered weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and anger/stress management classes.

Family Advocacy - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for Anger/Stress Management Class.

New Parent - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.

Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

USAG Bamberg - www.bamberg.army.mil

STRONG B.A.N.D.S.

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BOSS

Beach Volleyball Tournament!

May 12, 11 a.m. - 2 p.m.
(In recognition of Asian Pacific Heritage Month)

Single & mixed 2-person teams! Sign-up by May 9th at the Freedom Fitness Facility. Awards to the top 3 teams in each category! No entry fee!

For more information contact the FFF @ DSN 469-8890/9086 or civ: 0951-300-8890/9086

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

USAG Bamberg - www.bamberg.army.mil

MWR

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BOSS

Europa Park

Germany's Largest Amusement Park!

May 19

\$ 89 per person
entrance fee and transportation included!

Sign-up at the Freedom Fitness Facility (FFF), payable in full at time of registration. NOTE: Children 3 and under are free into park but will be \$20 for bus seat. Bus departs at 4 a.m. from Chapel Parking Lot and returns around midnight. Contact DSN 469-8890 / 9086

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

Manage Your Medical Needs



With TRICARE Online

Schedule Appointments

Order Prescription Refills

View Personal Health Data



Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

English as a Second Language

Army Community Service, Relocation Readiness Program, offers free ESL classes every Thursday. Level 1 class is scheduled from 8:30-10:30 a.m. Level 2 class is from 10:30 a.m.-12:30 p.m. Level 3 class is from 1-3 p.m. Classes are at the Family Advocacy Program Building 7487. For more information, call 0951-300-7777.

ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

Customs Office

The Bamberg Customs Office is located in rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

Trial Defense Services

If you're a Soldier and you are questioned by law enforcement, Criminal Investigation Division or members of your command about suspected acts of misconduct, you have the absolute right to remain silent. You have the right to refuse to answer any question, even from your commander and you have the right to talk to an attorney. If questioned, you

should immediately, demand to speak to an attorney. As a Soldier, you are entitled to free consultation and representation by a military defense counsel. All communications with a trial defense attorney are privileged and will not be released to your command. Let a U.S. Army trial defense attorney help you. For more information, call 0951-300-8620 or come to Building 7000 to speak to a free trial defense attorney.

Closures / Changes

Vehicle Registration Closure

The Vehicle Registration Office will be closed May 17 and 28. For more information, call 0951-300-7580.

Airport Shuttle

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:25 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on holidays, but is on training holidays. Pets are allowed. For more information about the airport shuttle, call 069-695973816.

Ramstein Shuttle

Every Tuesday, The Ramstein Shuttle departs the Bamberg Inn, Building 7676 at 1:50 a.m. for the Ramstein Passenger Terminal. The shuttle arrives at Ramstein at 6:30 a.m. and departs at 9:40 a.m. for Bamberg, arriving at 1:30 p.m. For more information about the shuttle, call 0951-300-7774.

Coffee Change

The phone number for Community Activity Center and cafe is now 0951-300-8837. The 0951-300-8659 line will only be for Arts and Crafts and be answered during its business hours.

Customs Office

The Customs Office is closed every first Thursday of the month for training.

Continuing Education

Texas Resident

Are you a Texas resident? Central Texas College offers an in-state tuition rate of \$76 per credit hour for Texas residents taking online courses. Take classes online in criminal justice, early childhood, applied management, hospitality management, legal assistant and fire prevention. For more information, email bamberg@europe.ctcd.edu or call 0951-300-7467.

PTA Scholarships

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

Post 911 GI Bill

Take advantage of your military benefits. Earn a degree or skill with your Post 911 GI Bill. Find out more by visiting <http://www.gibill.va.gov/>.

UMUC Financial Aid

UMUC Europe introduces the New Student Scholarship for Spring 2012 Session 2. This one-time \$700 award helps students with the cost of tuition and books and combined with the affordability of UMUC Europe's programs, helps make it possible to reach their highest personal and career goals. Starting in

USAG Bamberg Freedom Fitness Facility

www.bamberg.army.mil

MWR

2012 Community Fun Runs

10 March	Women's Equality Month 5k Fun Run & Walk
21 April	Month Of The Military Child 5k Fun Run & Walk
12 May	Asian Pacific Heritage Month 5k Fun Run & Walk
23 June	Great Outdoor 5k Fun Run & Walk, starts at Local Training Area
4 July	Independence Day 5k Fun Run & Walk
11 Aug.	IMCOM-Europe Mountain Bike Race and 10k Trail Run, starts at Local Training Area, Mountain bikers sign up at Outdoor Recreation
26 Aug.	Women's Equality Day 5k Fun Run & Walk
22 Sept.	1st Day of Autumn 5k Fun Run & Walk
20 Oct.	Breast Cancer Awareness 5k Fun Run & Walk, <small>Sign up to www.yourwalk.com</small>
17 Nov.	Turkey Trot
15 Dec.	Toys for Tots 5k Fun Run & Walk

All runs are 5k and start at 9 a.m. from FFF if not noted otherwise.

Contact FFF, Tel. (0951) 300 8890

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

flickr

January, book awards will be increased to \$150 for active duty enlisted service members and military family members of all ranks. With a quick online application, eligible students can offset the cost of their textbooks this spring. For more information or to download financial aid applications, visit www.ed.umuc.edu/financial_aid.

Travel and Study

Discover the best of Europe while earning UMUC credit. New field study courses are now offered March through August 2012 in fascinating cities like Venice, London, Berlin, and much more. Field study courses combine the exploration of rich culture and history in famous European destinations with hands-on learning from experienced UMUC faculty. Find out more and plan a week of unforgettable adventure at www.ed.umuc.edu/fieldstudy.

Sports, Health and Fitness

Thursday Night Scramble

Come to Whispering Pines Golf Course for Thursday Night Scramble every Thursday evening at 6 p.m. Entry fee is \$10. For more information, call 0951-300-8953.

Golf Tournament

Whispering Pines Golf Course will host a Season Opener golf tournament beginning at 9 a.m. May 5. For more information, call 0951-300-8953.

STRONG BANDS Fitness Day

Freedom Fitness Facility will host a STRONG BANDS Fitness Day beginning at 9 a.m. May 12. Free activities include a 5-kilometer fun run/walk, an Asian Pacific Beach Volleyball Tournament, Zumba "Party Yourself into Shape," Body Tone fitness class, spinning, personal training information and a Family Fun Festival. For more information, stop by the Freedom Fitness Facility.

Baseball and Softball in Bamberg

The Memmelsdorf Barons Baseball club is the only baseball club in the Bamberg area. The club hosts two senior baseball teams (one recreational, one competitive), a women's fastpitch softball team and two youth teams within five minutes distance to Warner Barracks. The club has a long tradition in giving U.S. players the chance to keep playing

Help us better our community by taking a survey about the Bamberg community at

www.surveymonkey.com/s/Bamberg

Recycling Fact

A typical family consumes 182 gallons of soda, 29 gallons of juice, 104 gallons of milk and 26 gallons of bottled water a year. That's a lot of containers that can all be recycled!

baseball on a competitive or recreational level and the chance of getting around on road trips around Bavaria for games. For more information contact the officer of the club, Volker Lang at volker.lang@memmelsdorf-barons.de or 0179-117-2494.

Running Club

Do you get out of breath running for the bus? Do you want to lose weight? Do you want to get in shape and stay in shape? Join the Bamberg Running Club for all levels of runners, but especially targeted for beginners using the Jeff Galloway training method of running/walking! The Bamberg Club will meet two times a week for 45-60 minutes of training, plus weekend runs. This is will be partnership between FFF and the Bamberg Health Clinic. For more information, email kelly.woodruff@us.army.mil or ernest.d.johnson3.naf@mail.mil or call 0951-300-9086.

Kick the Habit

There is a Smoking Cessation Group every Monday at 4:30 - 5:00 p.m. in the Dental Clinic Conference Room. No registration required. For more information, call 0951-300-8999.

Pertussis Prevention

Pertussis, or whooping cough, is on the rise. It affects people of all ages, is most severe in children and can be fatal in infants. Immunizations children get to protect against this disease wanes with time. Unimmunized, infected adults can unknowingly spread pertussis to children. Symptoms in adults can appear like a common cold and develop into violent coughing. Preventing the spread of the disease is possible. To protect yourself but, most importantly, the children of our community, we urge adults to be vaccinated against pertussis. Ask your health clinic professionals about the Tetanus, Diphtheria and Pertussis vaccine or T-DAP.

Youth and Teens

Parents' Night/Day Out

Enjoy a day or night out by enrolling your children in the next Parents' Day Out or Parents' Night Out programs. Dates for Parents' Day Out will be June 2, Aug. 4, Oct. 6 and Dec 1 from 11:30 a.m. - 3 p.m. Dates for Parents' Night Out will be May 4, July 6, Sept. 7 and Nov. 2 from 6:30 - 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

Scholarship

In recognition of their service to the nation and in support of the unique demands and sacrifices of military personnel and their families, St. George's School is seeking to provide up to four fully funded scholarships for children of active duty military personnel in the 2012-2013 school year. St. George's School is an independent college-preparatory school serving grades 9 through 12 located just outside of Newport, R.I. For more information, visit <http://www.militarychild.org/child-student/st-georges-scholarship-program/>.

Reader of the Month

On the third Wednesday of the each month at 4 p.m., the Bamberg Community Library and School Age Center will recognize and reward children and youth for their accomplishments in reading. A reading log will be maintained at Bamberg Library. The Reader of the Month will have their photo displayed at the library. For more information, call 0951-300-1740.

Preschool Services

Your child or someone else's may qualify for preschool services for children with disabilities. Screening for children ages 3 to 5 years of age are held once a month at Bamberg Elementary School to locate and identify children who may have developmental delays. Make an appointment if you suspect a delay in language, physical, cognitive, social or adaptive behavior development. Call BES at 0951-300-7616.

Library Events

The library hosts weekly events. There is storytelling for children ages 3-5 years old every Wednesday at 11:30 a.m. There's also a Gamers' Challenge that meets every Saturday at 5 p.m. For more information, call 0951-300-1740.

Youth Lessons

Child, Youth and School Services SKIES Unlimited offers lessons for fine arts ages 6 to 12, kinder German with parents ages 6 to 9, gymnastics for various age groups, kickboxing ages 5 to 18 and piano ages 6 to 18. For more information, call 0951-300-7452.

Cub Scouts

There is a Cub Scout Pack in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webelos (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlaroma, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information, call 0951-222-1903 or e-mail chad3jsdad@yahoo.com.

Boy Scouts

Boy Scout Troop 40 in Bamberg is looking for boys ages 12 and older interested in becoming Boy Scouts. The troop meets every Monday from 6:30 - 7:30 p.m. except on holidays. The boys work on requirements for advancement and earning Merit



Ray's Diner Hours of Operation

Weekdays

Breakfast	0700-0900
Lunch	1130-1300
Dinner	1700-1830

Weekends/ Holidays (4-Days)



Breakfast	0800-0900
Lunch	1100-1230
Dinner	1530-1700



badges. The troop is also looking for adult volunteers and Eagle Scouts to assist with troop activities. For more information, call 0160-1585894.

Teen Stress

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

Scout Program

Each year, the Veterans of Foreign Wars selects three young people — of the Boy or Girl Scouts, Sea Scouts or Venturing Crew — who have demonstrated practical citizenship in school, scouting and the community. The first-place winner receives a \$5,000 award, the second-place winner receives a \$3,000 award and the third-place winner receives \$1,000. For more information, visit <http://www.vfw.org/Community/Scout-of-the-Year-Scholarship/>

Entertainment and Leisure

Outreach KONTAKT Club Events

The Outreach KONTAKT Club is an Army in Europe program designed to promote German and American friendship overseas. For more information, contact the German president at 0951-24378 or the American project officer at 0951-300-1610.

BAMBERG FIELD OFFICE

REMEMBER YOUR REPORTING RESPONSIBILITIES

- ❑ Department of Defense personnel remain attractive targets of foreign entities and terrorist organizations as sources of defense information
- ❑ Suspected incidents **must** be properly reported by DA Personnel within 24 Hours
- ❑ DA personnel are required to receive annual TARP training, at a minimum

REPORT INFORMATION TO YOUR NEAREST MILITARY INTELLIGENCE OFFICE:

BAMBERG
CIV: 0951-300-8742
DSN: 469-8742

USAREUR CI REPORTING HOTLINE
DSN: 347-3479

VISIT THE ISALUTE CI REPORTING LINK ON AKO OR THE USAREUR REPORTING PORTAL

**T HREAT
A WARENESS
A N D
R EPORTING
P ROGRAM**

USAG Bamberg - www.bamberg.army.mil/mwr

Barcelona, Spain!
(Memorial Day Holiday Weekend Getaway!)

May 24 - 28

\$ 379 (per person)

Roundtrip transportation on luxury German Motor Coach
2 overnights with breakfast in 4 star Hotel in Barcelona near beach & guided city sightseeing tour of Barcelona! Sign-up by May 4th with \$100 deposit per person, payable in full no later than May 15th! For more details, contact Freedom Fitness Facility in Bamberg, DSN 469-8890/9086 and your local BOSS Office in Schweinfurt & Ansbach.

FOR SOLDIERS
FOR FAMILIES
FOR RETIRES
FOR CIVILIANS

Bamberg Movie Schedule

AAFES Reel Time Theater is closed
Tuesdays and Wednesdays

Thu	May 3	Ghost Rider: Spirit of Vengeance (PG-13)	7 p.m.
Fri	May 4	The Lucky One (PG-13)	7 p.m.
Sat	May 5	The Lucky One (PG-13)	3 p.m.
		Wanderlust (R)	7 p.m.
Sun	May 6	The Lucky One (PG-13)	3 p.m.
		Wanderlust (R)	7 p.m.
Mon	May 7	Act of Valor (R)	7 p.m.
Thu	May 10	Act of Valor (R)	7 p.m.
Fri	May 11	Safe (R)	7 p.m.
Sat	May 12	Dr. Seuss' The Lorax (PG)	3 p.m.
		Safe (R)	7 p.m.
Sun	May 13	Dr. Seuss' The Lorax (PG)	3 p.m.
		Project X (R)	7 p.m.
Mon	May 14	Gone (PG-13)	7 p.m.
Thu	May 17	Project X (R)	7 p.m.
Fri	May 18	Marvel's The Avengers (PG-13)	7 p.m.
Sat	May 19	John Carter (PG-13)	3 p.m.
		Marvel's The Avengers (PG-13)	7 p.m.
Sun	May 20	Marvel's The Avengers (PG-13)	3 p.m.
		Silent House (R)	7 p.m.
Mon	May 21	Marvel's The Avengers (PG-13)	7 p.m.
Thu	May 24	Silent House (R)	7 p.m.
Fri	May 25	Dark Shadows (N/A)	7 p.m.
Sat	May 26	A Thousand Words (PG-13)	3 p.m.
		Dark Shadows (N/A)	7 p.m.
Sun	May 27	A Thousand Words (PG-13)	3 p.m.
		Dark Shadows (N/A)	7 p.m.
Mon	May 28	Contraband (R)	7 p.m.
Thu	May 31	Underworld Awakening (R)	7 p.m.

Eco-Friendly Tips

Water-saving Tips

1. Wash your fruits and vegetables in a pan of water instead of running water from the tap.
2. When cleaning out fish tanks, give the nutrient-rich water to your plants.

Energy-saving Tips

1. Surprise! Your dishwasher uses less water than washing dishes by hand. Then let dishes air dry to save even more!
2. Use rechargeable batteries.

Recycling Tips

1. Properly dispose of your batteries at the recycling center or at the retail centers where you buy them.
2. Ensure no plastic is in your paper bin. Put milk and juice cartons and laminated paper into the plastic bin.

Trips and Travel Opportunities

Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.



May 3 Tour Under Bamberg \$25

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp. Please wear appropriate clothing and bring a flashlight. Transportation departs from Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

May 5 and 19 White Water Kayak \$35

No matter your skill level, our white water kayak trip will have you feeling like a professional by the end of the day. Please wear a swimsuit and pack a towel, lunch and hydrating liquids. Trip includes transportation and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

May 9, 16, 23, 30 Wednesday Evening Adventure Sports \$15

Enjoy the longer days with a mountain bike ride on some of the coldest single-track in the local area, or rock climbing on the world famous Frankenjura limestone. Use your own bike or rent one from Outdoor Recreation for only \$10. Climbing equipment is provided with trip fee. Must sign-up in advance. Departs Outdoor Recreation at 5 p.m. and returns at 9 p.m.

May 12 Berlin with City Tour \$65

Germany's capital is a cultural haven offering sights like Checkpoint Charlie, Brandenburg Tor, Reichstag, KaDeWe, Jewish memorials and more. Children ages 4-12 are \$55 and children 3 and under are \$45. Includes transportation and a city tour. Transportation departs the chapel parking lot at 4 a.m. and returns at 11 p.m.

May 26 Strasbourg, France \$65

With flavors of both France and Germany, Strasbourg is an ultimate European city. Visit "la Petite France," a picturesque neighborhood resembling a fairy tale, and Place Kleber a bustling square that's always bursting with activity. Trip includes transportation and a city tour. Children ages 4-12 are \$55 and children 3 and under are \$45. Departs chapel parking lot at 5 a.m. and returns at 11 p.m.

May 25-28 Austrian Adventure Weekend TBD

Get your adrenaline pumping with some of the coolest spring time activities in the Austrian Alps. We will kick off our weekend with white water rafting the first day, canyoning on day two and peak bagging by means of klettersteig on day three. There will be plenty of time for self-guided hikes, swimming, sauna and relaxation. Departs Outdoor Recreation May 25 at 6 a.m. and returns May 28 at 10 p.m.

June 2 Outdoor Rock Climbing \$35

Enjoy the summer air and friends by joining Outdoor Recreation for an outdoor climb in the world famous sport climbing area known as Frankenjura. Includes transportation, instruction and equipment. Departs Outdoor Recreation at 9 a.m. and returns at 3 p.m.

June 6, 13, 20 and 27 Evening Adventure Sports \$15

Enjoy the longer days with a mountain bike ride on some of the coolest single-track in the local area, or rock climbing on the world famous Frankenjura limestone! Use your own bike or rent one from Outdoor Recreation for only \$10. Departs Outdoor Recreation at 5 p.m. and returns at 9 p.m.

June 9 White Water Kayak \$35

No matter your skill level, our white water kayak trip will have you feeling like a professional by the end of the day. Please wear a swimsuit and pack a towel, lunch and hydrating liquids. Trip includes transportation and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

Download the

U.S. Army Europe App
Get Mobile with USAREUR





Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

AUTOMOBILES

2010 Volkswagon Jetta Sedan, S Model for sale. Grey. AC, CD player, power windows, power locks, front heated seats, keyless entry. 19,500 miles. Asking \$14,500. If interested, call 0951-300-8870 or 01626089728.

2002 Toyota Camry XLE for sale. AUTOMATIC Dark blue exterior with grey leather interior. Electric windows, seats, sunroof, mirrors, and HEATED front seats. Four door, ample trunk space, and 6-disk cd player. Never been in accident. GREAT family car! BRAND NEW Spec tires. US Spec and mileage is 191K miles. Asking price is \$5200 OBO Make an offer! Call Priscila Solis for more info at 01525-3901479 or email asolispriscila@gmail.com for pictures or questions.

2005 BMW 118d, 45+ mpg turbo diesel, 6 speed manual, 5 door hatchback, Euro Spec, 98000 miles, snow and summer tires/rims, onboard GPS/computer, heated seats, parking assist, PCSing must sell. Asking \$10,500. Call Robert 01607837935 or email lucasbmw118@yahoo.com.

\$3800 OBO 1997 Ford Mondeo, Grey 4 door, Euro Spec, Automatic, sunroof. Passed inspection Sept. 19. New windshield and rear bumper, clean interior, very room. Car runs great on and off the autobahn. Phone:0160-985-45227.

\$2200 1998 2 dr. SeatArosa, Euro Spec, 5-speed manual. Replaced front wheel bearings, new winter tires, new muffler. Passed inspection Oct 11. Excellent gas mileage. Phone:0160-985-45227

Opel Astra Coupe, 1999, red, 92000

miles, german specs, MP3 Player-CD, very clean and in good condition, new muffler, new brakes. Asking: \$3000 obo, for more pics or information please contact e_sapper@hotmail.com.

EMPLOYMENT

The USAG Bamberg Community Chapel is currently accepting applications for Watchcare providers for the Watchcare Program. Performance period is expected through 30 September 2012. Interested parties should contact Stacey Berry, the Watchcare Coordinator, at 0152-242-84736.

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary.

Bamberg's Exchange is accepting applications for entry-level retail and food positions. Join a unique organization with the competitive package by applying online at www.applymyexchange.com or by calling Human Resources Office at 0951-303159.

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 0951-300-7467; or email bamberg@europe.ctcd.edu.

MISCELLANEOUS

Looking to buy a Weber Smoker. Please email duntlum@yahoo.de or call 0163-2973350.

Home needed for 2 loving cats. 1 male (8yrs-orange Persian Mix) and 1 female (7yrs-Tabby). Up to date with all shots. ETSing and with deep regret we cannot take cats with us. Great family cats. Please call Alexandra or Doug at 0951-

917-1978.

Looking for a loving home for our 2 male guinea pigs. They include 2 large cages, wooden huts, bedding material, grooming supplies, toys, books, pet carrier, and water bottles. They are 2 years old. Asking \$100. We are PCS'ing soon and can not take them with us. If interested please call 0151-1756-0411.

Large Apartment 2 bedroom and studio just 10 minutes away from Bamberg. Pictures available. Call 0152-54229569.

Let me walk your dog! Do you have a high energy dog that needs to go on long walks, but you don't have the time? Let me walk your dog. I will tailor to each dog's needs, but I usually go on 6 mile+ walks. \$10 for each walk. For my personal information please contact me at erin.cooper@us.army.mil.

Looking for a teacher of the Russian language. Call: 015152050467 or email mmk09@aber.ac.uk.

Mariachi Cuatro Caminos. Needs violins and trumpet players, along with vocalists male and female We will perform for the community and Middle and elementary schools in the community All serious inquires please email puromariachi@hotmail.com.

Apartment for rent. 1 bedroom apartment. 1 kitchen with built in kitchen furniture, 1 living room, 1 bedroom, 1 bathroom. All lamps and curtain included. Basement, Laundry room (already washer and dryer there), 2 parking lots. 14 km from post. For more info, call 0152-54229569.

FOR SALE

For sale: Central Texas College textbook, The Core, Larry J. Siegel 4th Edition for Law Enforcement History of America. Like brand new, only a few marks on the first 5 pages. \$ 95. Cost new \$125. On Post Pick up or I can mail

it. Email: hic4chris@aol.com or cell: 0176-48026658.

For Sale: German solid wood living room shrank with lights: measurements are: 3.28m wide, 2.17m tall; 0.55m deep. The price is negotiable. Pictures available. 0152-54229569.

Kitchen with all appliances- \$700; German king-size solid wood bed - \$430; German bedroom schrank (4 meters long, 220 m high/black&white)-\$570; solid wood round dining room set (w/4 chairs)- \$200; French bed (120X200)-\$150; high board-\$75; bathroom cabinet-\$70; and a solid wood chest of drawers-\$65 / O.B.O. Call 0174-766-3088.

For Sale: Couch - \$300; TV Entertainment Center - \$80; Pier 1 Papasan Chair - \$65; Queen Size Bed and Mattress - \$330; Dresser - \$100; Bedroom Wardrobe -\$65 and 2 Piece Solid Wood Buffet - \$780. All in excellent condition. Pictures available upon request. Prices negotiable. Contact: Cell 0160-781-5496 Email: riesr@t-online.de.

AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please email your submission to the Public Affairs Office at usarmy.bamberg.usareur.mbx.pao@mail.mil. We will ONLY accept classified ads by email. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600.

		Master Mechanics specializing in all foreign & domestic vehicles!	
Service hours: Mon - Fri 7.30 a.m. - 6 p.m. Saturday 10.00 a.m. - 3 p.m.	A/C-Service • Tire and Oil Service • Parts Engine Repair • Exhaust • Brakes & Rotors	Meet our friendly and helpful staff New management since March with longer service hours!	
Maintenance, repair & overhaul Off-warranty service Tune-Up Service while you wait			

AAFES Corner X EXCHANGE

Gifts for Mom

Click [here](#) to view weekly savings

Defense Commissary Agency Corner

Bring your own bag

Go to <http://www.commissaries.com>.

Click [here](#) for printable online coupons.

Click [here](#) for recipes from Kay's Kitchen.



Outside the Gate

Events in and around Bamberg

Guided tours are a good way to get to know the place you are living or stationed. It is a good way to spend time outside, with friends or family. Check this website available in English on guided tours <http://www.bamberg.info/en/stadtfuehrungen/>

For general information on Bamberg's sights, fests, locations and free-time activities check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>. The information is available in English and with the nice pictures you will get in the mood for getting out and enjoying yourself.

Insider tips and rating for the coolest pubs, clubs, bars and sights can be found on this website: <http://www.virtualtourist.com/travel/Europe/Germany/Bavaria/Bamberg>. People who have been to these locations before share their insight information and experiences. It is a great resource for all who would like some more information on their favorite destination on Bamberg before leaving post.

Enjoy the good weather with the volksmarching enthusiasts. At http://www.dvwwandern.de/v_vb/10/Wandertage you will find the upcoming dates of the volksmarching activities in Franconia. For general information on events in Franconia you can check http://www.dvwwandern.de/v_vb/10. For information on the German-American Volksmarching Club Bamberg (Deutsch-Amerikanischer Wanderclub Bamberg) and information in English you can contact Mr. Wolfgang Keller, Warner Barracks, building 7090, room 103, Monday, Wednesday, Friday, 3-5 p.m.

Visit the Bavarian Garden Show in Bamberg: Maria-Ward-Straße, 96047 Bamberg

Events for May 4-6

Friday, May 4

6 p.m. Franconian Evening, with music and food specialties, at Schulturnhalle, 96170 Priesendorf
8:30 p.m. Bands on Stage, feat. Jazzlab and Blue Train Orchestra, at Jazzclub Bamberg e.V., Obere Sandstr. 18, 96050 Bamberg
9 p.m. United Beat Band and Soul Bizz, live concert at Live-Club, Obere Sandstraße 7, 96049 Bamberg, 0951-53304, info@live-club.de, www.live-club.de
10 p.m. Schwarzweissmusik (house, techhouse, deephouse), at Morph Club, Luitpoldstr. 17, 96052 Bamberg

Saturday, May 5

10 a.m. Bicycle Fair, at Maxplatz, Maximiliansplatz, 96047 Bamberg
7 p.m. Splendor of Brass, at St. Josef Church, Balthasar-Neumann-Str. 14, 96047 Bamberg
8 p.m. Lord of the Dance, at Stechert Arena, Forchheimer Str. 15, 96050 Bamberg
8:30 p.m. Gut Leimershof Rockt! Feat. Wednesday-Project (cover songs from Deep Purple, Pink Floyd, Jethro Tull, Dire Straits etc), at Helmut's Hofschänke, Gut Leimershof, Gut Leimershof, 96149 Breitengüßbach
9 p.m. Loaded & Prague Conspiracy (ska, punk, indie), at Sound'n Arts Club, Sandstraße 20, 96049 Bamberg
10 p.m. 80s party, at Live-Club, Obere Sandstraße 7, 96049 Bamberg, 0951-53304, info@live-club.de, www.live-club.de
10 p.m. Se Hazelnuts [F-Zero] We Got Soul, at Morph Club, Luitpoldstr. 17, 96052 Bamberg

Sunday, May 6

Starting 10 a.m. 1000th Anniversary of the Bamberg Cathedral (Dom): In 1012, on May 6 the Bamberg cathedral was sanctified. The archdioceses is celebrating the 1000th anniversary with an extensive

cultural program and guided tours, starting of May 6, 10 a.m. For more information visit www.domjubilaem-bamberg.de or the tourist information at Geyerswoerthstrasse 5, 96047 Bamberg
11 a.m. Dog Day, various workshops, obedience and agility competitions, frisbee for dogs and more, at Verein für Deutsche Schäferhunde (SV) e.V., Memmelsdorfer Str. 213, 96052 Bamberg, www.dogday-bamberg.de

Insider Tip:

Did you know that the Bamberg Cinestar offers movies in English language every once in a while? Their website is available in English at <http://www.cinestar.de/en/kino/bamberg-cinestar>.

National Concert Schedule

All dates, and tickets are available on the following website <http://www.eventim.de/project-pitchwork-tickets.html?affiliate=GMD&doc=artistPages%2Ftickets&fun=artist&action=tickets&erid=637247&includeOnlybookable=true>

May 3 Nightwish and Guests, o2 World Hamburg, Hamburg

May 5 Nightwish, ARENA NÜRNBERGER VERSICHERUNG, Nuremberg

May 5 Tyga, Careless World Tour 2012, Stadthalle Fuerth

June 1 Rock Im Park tickets start at 164,50 euros

July 26 Kool and the Gang, Stadthalle Fuerth

Aug. 10 Taubertal Festival feat. Placebo, Beatsteaks etc.

Aug. 25 Rock Im Pott feat. Red Hot Chili Peppers, Placebo and more
Aug. 29 Green Day and special guests: Angels and Airwave, Warstener Hockey Park, Monchengladbach, 6 p.m.

Aug. 30 Green Day and special guests: Angels and Airwave, Kindl-Bühne Wuhlheide, Berlin, 6 p.m.

Sept. 19 Nickelback, o2 World Hamburg, Hamburg, 8 p.m.

Sept. 21 Nickelback, Lanxess Arena, Köln, 8 p.m.

Sept. 22 Nickelback, Festhalle, Frankfurt, 8 p.m.

Sept. 25 Nickelback, Hanns-Martin-Schleyer-Halle, Stuttgart, 8 p.m.

Sept. 26 Nickelback, Olympiahalle, Munich 8 p.m.

Visit the city of Bamberg's official website

The screenshot shows the Bamberg official website with a red header and navigation tabs: Home, Hotels & accommodation, Guided tours, Packages. A sidebar menu on the left lists categories: Experience, Worth seeing, Culture, Active, For..., Service, Specialist. The main content area features several articles:

- Our tip – your personal delicacy!**: Promotes regional Franconian delicacies and a 3-course menu.
- Bamberg - the beer city**: Highlights 11 fine breweries within Bamberg's boundaries.
- Bamberg - an unforgettable experience!**: Describes Bamberg as a city of experience with many facets.

At the bottom, there are social media sharing options for Facebook, Twitter, and Google+, along with a small image of a concert performance.