



# WARNER WEEKLY

News & Information at Your Fingertips

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## Strong B.A.N.D.S. event showcases fitness programs, healthy living

By Heidi Sanders,  
USAG Bamberg Public Affairs

BAMBERG, Germany -- Soldiers and family members are invited to take part in a variety of fitness-related activities on Saturday at the Freedom Fitness Facility.

The free event is part of the Army-wide Strong B.A.N.D.S. campaign, which encourages healthy lifestyles. B.A.N.D.S. stands for balance, activity, nutrition, determination and strength – all key components in healthy living.

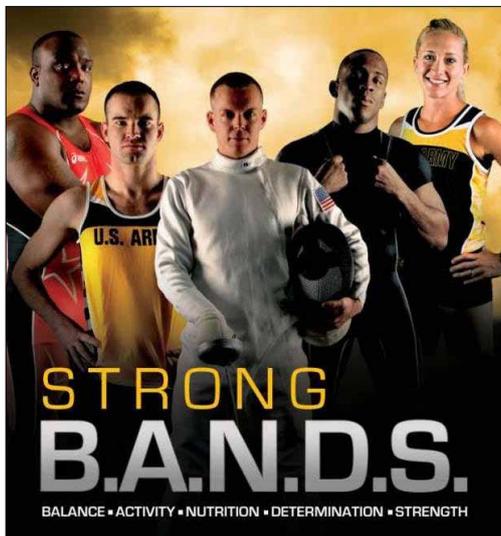
Ernest Johnson, U.S. Army Garrison Bamberg sports and fitness director, said this is the second year for the Strong B.A.N.D.S. campaign and the second time Bamberg has participated.

"It (the campaign) is recognized throughout the month of May," Johnson said. "Any health or fitness activity during the month of May is considered a part of the Strong B.A.N.D.S. campaign."

Johnson said Saturday's event will show the community the services offered at the FFF.

"The main goal is to energize people and let them know what we are doing," he said.

The activities kick off at 9 a.m. with a 5-kilometer



fun run.

Throughout the day, there will be demonstrations of the various fitness classes, including indoor spinning, yoga, body tone and Zumba.

"The instructor is planning a 30-45 minute Zumba party on Pendleton Field," Johnson said.

Information about personal training services offered at the FFF will be available.

**"Any health or fitness activity during the month of May is considered a part of the Strong B.A.N.D.S. campaign."**

**Ernest Johnson**

USAG Bamberg sports and fitness director

An inflatable bounce house will be on hand for the children. The commissary will offer games and activities for the whole Family.

In observance of Asian-Pacific Heritage Month, an Asian-Pacific beach volleyball tournament will begin at 11 a.m.

Johnson said as of Tuesday eight teams had signed up to compete in the tournament.

Black and gold wristbands are being distributed as a part of the Strong B.A.N.D.S. campaign. The black represents determination and the gold signifies achievement.

"We have those available at the gym now," Johnson said. "We have more than 500 that we asked for. The staff is wearing them."

For more information, call Freedom Fitness Facility at 0951-300-8890 or visit [www.armymwr.com/strongbands](http://www.armymwr.com/strongbands).

## The heart of shopping



Sina Kingsbury

A shopper looks at nutcrackers at the Bamberg Spouses and Civilians' Club's annual bazaar on Friday at the Freedom Fitness Facility. The Bazaar with Heart is a three-day event and one-stop shopping opportunity for U.S. identification card holders. This year there was more than 30 vendors selling items such as cheese, jewelry and paintings.

## BSCC grant can help dependants earn GED

By Heidi Sanders,  
USAG Bamberg Public Affairs

BAMBERG, Germany -- Spouses and dependents wishing to take the General Educational Development (GED) exam, may be able to do so free of charge thanks to a welfare grant from the Bamberg Spouses and Civilians' Club.

The BSCC awarded the Bamberg Education Center's testing site \$600.

Test examiner Michael Lapp said the grant should fund about 10 exams.

"The price of test is generally \$59," Lapp said. "If we were to give a retest it is slightly less."

He said GED exams in Spanish are about twice the cost.

Lapp said he hopes the grant will enable people to take the exam who could otherwise not afford it.

"People that need GEDs typically don't have the most means," he said. "I have had a few people come in and were very interested. When they found out they had to pay for it I never saw them again."

Lapp said Defense Activity for Non-Traditional Education Support (DANTES) covers the cost of the GED exam for Soldiers.

Christine Godbee, the BSCC's welfare grant chairwoman, said the BSCC was happy to award the grant to the Education Center.

"He (Lapp) explained to us that a lot of junior enlisted spouses are kind of discouraged by the fee,"

(GRANT continued on Page 2)

# Community garden plots available to rent

By Sina Kingsbury, USAG Bamberg Public Affairs

BAMBERG, Germany -- Gardeners here at Warner Barracks, are now able to plant flowers, fruits and vegetables even without a garden in their own yard.

U.S. Army Garrison Bamberg is offering community members a chance to rent a plot in the community garden, which is located on Zollnerstrasse next to the Whispering Pines Golf Course, said Megan Martin, recreation center manager for Family and Morale, Welfare and Recreation.

Plots, which are 10 feet by 10 feet, can be rented for \$25 for the season.

There are 10 plots available this year, Martin said. Anyone interested in renting a plot will have access to the garden from now until the cold season, which begins here in October or November.

Gardeners will have access to a well for watering their flowers, fruits and vegetables.

If the water becomes too low, gardeners can contact the Community Activity Center to have the water refilled, Martin said.

Next week, Directorate of Public Works will be mowing the area, Martin said. However, the garden is now ready for planting.

This is the third year USAG Bamberg is offering the community garden. Currently, there are seven garden plots available for rent.

Residents in government leased or owned quarters can pick up flowers for free at Self Help Issue Point from now until May 11.

For more information about the garden plots, contact Megan Martin at 0951-300-8837 or stop by the Community Activity Center, Building 7047.

For more information on Self Help Issue Point, call 0951-300-7669 or visit Building 7123.



(GRANT continued from Page 1)



File Photo

A Junior Reserve Officer Training Corps cadet assists the Bamberg Spouses and Civilians' Club during a basket auction last year. The BSCC raises money throughout the year for grants and scholarships to give back to the community.

Godbee said. "The only reason they don't go for their GED is that they can't afford to. We want to support people getting their GED and furthering their education."

Godbee said the BSCC has about \$38,000 to give to the community in welfare grants. She said she encourages clubs or organizations to apply

for funding before the May 17 deadline.

"We are here to support the community and give back to the community," she said.

Organizations interested in applying for a grant can pick up a request form at the Bamberg Thrift Store or send an email to [welfare@bsccbamberg.org](mailto:welfare@bsccbamberg.org).

Lapp said he encourages people who are interested in taking the GED exam to contact him soon, before the funding runs out.

"When we are out of money we are going to ask for some more," Lapp said.

He said there is also a possibility that the GED exam will not be offered in Bamberg beginning October.

"It is going to strictly computerized testing," Lapp said. "I don't know if we are going to be able to do that or if it is going to go elsewhere."

Lapp said the Education Center offers a free GED practice exam.

"If people are thinking about taking the GED, but they are not sure if they are ready, they can take that (the practice exam) and see where they stand and what they need to study," he said.

For more information about the GED exam, call Michael Lapp at 0951-300-7382.



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[army.mil](http://army.mil).

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## Sustainment Brigade gives Soldiers edge on learning with Pathfinder pre-course

By Staff Sgt. Lynne Lantin,  
16th Sust. Bde. Public Affairs

BAMBERG, Germany -- Soldiers from the 16th Sustainment Brigade took a break from the routine of their everyday jobs to exercise their minds with a four-day Pathfinder pre-course at the 16th Sust. Bde. headquarters here, April 10-13.

The first of its kind at the brigade, the course was put together to help 16th Sust. Bde. Soldiers enrolled in the Army Pathfinder School get a basic understanding of what to expect.

A total of 16 students attended the course with representatives from each of the brigade's four battalions.

Army Pathfinders are trained to navigate their way on foot through foreign terrain and establish safe landing zones for Airborne and Air Assault Soldiers or Army aircraft, so attention to detail is critical.

"Pathfinder is a challenging course," said Chief Warrant Officer 3 Ismael Ramos, the 16th Sust. Bde. support operations senior air drop systems technician and senior Pathfinder. "The attrition rate is roughly 50 percent. This course is a heart-pumping, high-level stress course. With this preparation, their level of stress will be manageable. The reason for doing this preparation course is to introduce them to the basic concepts."

Two recent 16th Sust. Bde. graduates of the Army Pathfinder School instructed the pre-course; Sgt. Jacob Lewis, a team leader mechanic with the 317th Maintenance Support Company, 391st Combat Sustainment Support



Staff Sgt. Lynne Lantin  
Staff Sgt. Matthew Cummings, an ammunition specialist with the 23rd Ordnance Company, 18th Combat Sustainment Support Battalion, 16th Sust. Brigade, checks a Humvee for sling load deficiencies at the 16th Sust. Bde. motorpool in Bamberg on April 12 during a four-day Pathfinder pre-course class to prepare 16th Sust. Bde. Soldiers for Army Pathfinder School.

Battalion, and a native of Garden Valley, Idaho, and 1st Lt. Adam Lutz, with the 23rd Ordnance Company, 18th Combat Sustainment Support Battalion.

"Having at least an idea of what to expect will make it a lot easier. People say it's one of the hardest courses," said Lewis who graduated from the school in February. "I think that's because most military schools are more physical than mental. Pathfinder School is strictly mental."

"It's like going back to high school or back to college and a lot of people haven't studied like that in a long time," he said. "That's what I think makes it so hard for people."

"They're not used to studying. That's why having this prep course helps because they get to create some study habits before they actually go to the course."

The students received a combination of classroom and hands-on instruction ranging from medical evacuation operations, sling load, air traffic control, landing zone and air assault planning.

In preparation for the pre-course, the instructors focused on the most taxing events the students will face when they get to Pathfinder School.

"Sling loads was the most challenging part of course," said Lewis. "It's very stressful because if you miss one little thing you can fail the whole course."

Along with classroom time, the students were given repeated, timed exercises until they completed the required task successfully.

"This course is great because you got to do a lot of hands-on and really get down and dirty with the specifics and details," said 2nd Lt. Christopher Carlstedt, a platoon leader with the 240th Quartermaster Supply Company, 391st CSSB and a native of Littleton, Colo. "I think the instructors really set us up for success with all the hands-on and really going through the sling loads, the deficiencies and what to look for."

"The thing that really struck me about all three of them was that they cared about all of us doing well in the course," Carlstedt said about the instructors. "You could tell that they were dedicated and passionate about this."

### Obtaining veteran service documents

FORT KNOX, Ky. -- Army veterans who served on active duty or in the Army Reserve, and the family members of those veterans, are eligible to receive service-related documents for free through a number of official sources.

Soldiers who separated in October 2002 or later can submit a signed...

To read more on this story, click [here](#).



### JTRS advances 'Cognitive Radio' concept

WASHINGTON -- The Joint Program Executive Office for Joint Tactical Radio Systems is moving closer to its vision of Cognitive Radio, a concept engineered to allow a family of software-programmable radios to better use portions of the available spectrum, service officials said.



To read more on this story, click [here](#).

### Overseas Housing Allowance Survey deadline extended

By U.S. Army Europe Public Affairs

HEIDELBERG, Germany -- U.S. Army Europe's Overseas Housing Allowance Survey's deadline has been extended until May 11.

The survey is intended to measure the amount of compensation service members are receiving from OHA to live in privately leased or rented residential housing.

All service members, regardless of service affiliation, who reside in off-post housing, are requested to complete the survey in order to accurately gauge the amount of OHA service members are receiving.

This survey is critical for ensuring OHA rates are properly set at overseas locations and directly affects the amount of housing allowance each service member is entitled to.

Spouses are authorized to take the survey if the service member is deployed.

To take the official survey, click [here](#).

UNITED STATES MILITARY ATHLETES

U.S. ARMY

**STRONG B.A.N.D.S.**

BALANCE • ACTIVITY • NUTRITION • DETERMINATION • STRENGTH

1 Attend National fitness events at your garrison. 2 Use your hand and wear a throughout May to show your commitment to a healthy lifestyle. 3 Walk the Strong B.A.N.D.S. website for fitness tips and press every day in May!

USAG Bamberg Freedom Fitness Facility

**12 May, 9 a.m. - 2 p.m.**

5k Fun Run, Asian Pacific Beach Volleyball Tournament, Jumping Castles for Kids, Zumba "Party Yourself into Shape", Personal Training Info, Body Tone Fitness Class, Spinning (Indoor Cycling), Family Fun Fitness Festival with lots of games and activities for all ages!

## Community Announcements

Please send all announcements to Bamberg Public Affairs at [usarmy.bamberg.usareur.mbx.pao@mail.mil](mailto:usarmy.bamberg.usareur.mbx.pao@mail.mil).

### WOMAA Championship Qualifier

U.S. Army Garrison Bamberg Child, Youth and School Services' SKIES Unlimited will host this year's World Organization of Martial Arts Athletes World Championship Qualifier. The competition is open to all Martial Arts Styles except Grappling and Mixed Martial Arts. U.S. and Local National participants are welcome. The divisions include Traditional Forms, Soft Style Forms, Weapon Forms, Free Style Forms, Team Forms, Point and Continuous Sparring. Ages for this competition is 5 and up. The qualifier will take place May 19 with registration on Warner Barracks, Freedom Fitness Facility, 8- 9 a.m. and the competition will begin at 10 a.m.. The entry fee for participants is \$25 for all events with an additional fee of \$20 for Team Forms (under 18 years), no fee for spectators. First, second and third place medals and certificates will be awarded in all divisions which automatically qualifies the participant for the W.O.M.A.A World Games in Telford, England, August 17-19, 2012. For more information, contact Child, Youth and School Services at 0951-3007452 or Rainer Giel at 0175-9044925.

### Bingo

The Bamberg Spouses and Civilians' Club will host a Taste of Italy Bingo night May 11 at the Warner Conference Center. Card sales begin at 5:30 p.m. and Bingo starts at 6:15 p.m. For more information, send an email to [marylousolorzano@yahoo.com](mailto:marylousolorzano@yahoo.com).

### Europa Park Trip

Visit Germany's largest amusement park, Europa Park, on May 19. The trip departs from the chapel parking lot at 4 a.m. and will return around midnight. The cost is \$89 per person and includes transportation and park entrance. Entrance to the park is free for children 3, but the cost is \$20 for a bus seat. Sign up at the Freedom Fitness Facility. Payable in full at time of registration.

### Single Parent Luncheon

There will be a single parent luncheon on May 18 at the chapel from 11:30 a.m. to 1 p.m. It will be a free luncheon and discussion group. The meeting is an opportunity for single parents to discuss issues and find support. Watch care will not be provided.

### Food Handlers Training

A food handlers class is scheduled at U.S. Army

Garrison Bamberg on July 10 at Army Community Services, Building 7029. Classes are free and last one hour. Certification is intended for individuals involved in fund raising food sales such as Better Opportunities for Single Soldiers, Family Readiness Groups, private organizations and Child, Youth and School Services personnel. The class may also supplement required refresher training for regular food service employees. Registration is not required. For details contact Sgt. Greg Thompson at 09662-83-2041 or 2138, email [greg.thompson7@amedd.army.mil](mailto:greg.thompson7@amedd.army.mil).

### Memorial Day Ceremony

There will be a Memorial Day Ceremony at 11 a.m. May 24, at Memorial Park. For more information, call 0951-300-9477.

### Welfare Request Deadline Extended

The Bamberg Spouses and Civilians' Club has added an additional deadline for welfare requests for this year. Clubs and organizations are encouraged to submit welfare requests by May 17 to be considered by the committee. Please ensure that you fill out all portions of the request and provide as much detail as you can, incomplete forms will not be considered. Application forms can be picked up and submitted at the Thrift Shop and are also available on the BSCC website [www.bsccbamberg.org](http://www.bsccbamberg.org). BSCC is committed to giving back to the great community that supports the Bamberg Soldiers and Families. We do this by providing public organizations with welfare grants. The purpose of the grants is to assist organizations in meeting their financial burdens associated with supporting our military community. We aim to help those organizations already working to help themselves. The BSCC is striving to make our garrison and community a better place in which to live.

### Community Flea Markets

The Community Activity Center will host a Community Flea Market from 10 a.m. to 1 p.m. the second Saturday of the month through October at the CAC, Building 7047. The dates for the flea markets are May 12, June 9, July 14, Aug. 11, Sept. 8 and Oct. 13. For more information, call the CAC at 0951-300-8837

### Volunteer Opportunities

Interested in volunteering? Equal Opportunity office is looking for volunteers to help with upcoming observances. For more information, contact the Equal Opportunity and Equal Employment Opportunity offices at 0951-300-8624.

USAG Bamberg - www.bamberg.army.mil

**BOSS**

**Europa Park**  
Germany's Largest Amusement Park!

**May 19**  
\$ 89 per person  
entrance fee and transportation included!

Sign-up at the Freedom Fitness Facility (FFF), payable in full at time of registration. NOTE: Children 3 and under are free into park but will be \$20 for bus seat. Bus departs at 4 a.m. from Chapel Parking Lot and returns around midnight. Contact DSN 469-8890 / 9086

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

USAG Bamberg - www.bamberg.army.mil

**STRONG B.A.N.D.S.**

**Beach Volleyball Tournament!**  
May 12, 11 a.m. - 2 p.m.  
(In recognition of Asian Pacific Heritage Month)

Single & mixed 2-person teams! Sign-up by May 9<sup>th</sup> at the Freedom Fitness Facility. Awards to the top 3 teams in each category! No entry fee!

For more information contact the FFF @ DSN 469-8890/9086 or civ: 0951-300-8890/9086

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

### Free Tax Preparation

The Bamberg Tax Center is open. The Tax Center is located in Building 7000 on the fourth floor. Appointments and walk-ins will be available. Operating hours will be Monday to Friday 9 to 11:30 a.m. and 1 to 3:30 p.m. The office will be closed daily at noon to 1 p.m. for lunch. For more information or to make an appointment, call 0951-300-8261/8262.

### CPR, AED and First Aid Certification

Come and learn how to give CPR, first aid and use an automated external defibrillator with the American Red Cross May 11, June 8 and July 13 from 10 a.m. to 4:30 p.m. at the Army Community Services building. The cost of the CPR and First Aid Certification is \$45. You can log onto [www.redcross.org](http://www.redcross.org) to register. Once on the ARC site, go to "take a class" and enter your APO zip code to find the course, register and pay online. You can also register in person at the ARC office. For additional information or questions, stop by the American Red Cross office, Building 7029 or call 0951-300-1760.

### Red Cross Volunteer Orientation

Come and learn how you can become a volunteer with the American Red Cross June 1 and July 6 from 10 a.m. to noon at the Army Community Services building. Please call and RSVP no later than the day before each scheduled orientation. For additional information or questions, stop by the American Red Cross office, Building 7029 or call 0951-300-1760.

### Military Council of Catholic Women

The Military Council of Catholic Women meet on Thursdays at the chapel. Mass begins at 12 p.m. followed by fellowship, lunch and study group from 12:30 to 2 p.m. For more information, email [Andrea.lands@gmail.com](mailto:Andrea.lands@gmail.com).

### By Soldiers - For Soldiers

Alcoholics Anonymous meetings for Warner Barracks take place weekly on Wednesdays from 11:45 a.m. to 12:45 p.m. at the Community Activity Center, Room 409. These meetings are open to anyone. Duty uniform allowed. For more information, call Kyle at 0151-1775-3880, Brian at 0172-271-3626 or Justin at 0151-4642-3940.

### Woodworkers Roundtable

Take part in the woodworkers roundtable every Wednesday at the Arts and Crafts woodshop on the second floor of Building 7047. Get tips, tricks and new ideas. The event is free. For more information, call 0951-300-8659 or email [thomas.stenson@us.army.mil](mailto:thomas.stenson@us.army.mil).

### Arts and Crafts

Take part in the crafter's club at noon every Tuesday at the Arts and Crafts classroom on the first floor of Building 7047. Join the fun. Local crafters get together to share ideas, tips and tricks on a variety of crafts. Learn something new or share your knowledge. The event is free. For more information, call 0951-300-8659 or email [thomas.stenson@us.army.mil](mailto:thomas.stenson@us.army.mil).

### Weekly Reminders

#### Speed Limit

Please slow down while driving through residential areas on the installation. The speed limit inside a residential area is 20 kph.

#### Immediate Appointments

Are you tired of waiting on hold while scheduling a medical appointment at health clinic? With TRICARE Online, you don't have to wait on hold. You can schedule appointments, refill prescriptions and manage your health needs better. Register today at [www.tricareonline.com](http://www.tricareonline.com). To learn more, visit <http://www.youtube.com/watch?v=s7VeUlyTMa4>.

#### Photo Studio

The Arts and Crafts Photo Studio has reopened. Chandra is available to take your appointments for portraits, balls, sporting events and more. For more information or to make an appointment, call 0951-297-1248.

#### Looking for Training Space?

Earn your certificate. Advance your career. Achieve your goals. The Digital Training Facilities provide Soldiers with a location to access web based, job related and professional courses away from the workplace and distractions of the home. We have three classrooms and each classroom has 17 workstations. In total, we have 51 workstations. Classrooms are linked to the internet. Services are available for individual self development. Stop in to check email, use free internet, take distance learning classes, job search or study. For more information, visit the Digital Training Facility, Building 7055, call 0951-300-8669 or email [esther.j.galletta@us.army.mil](mailto:esther.j.galletta@us.army.mil). The facility is open Monday-Thursday day from 8 a.m. to 5 p.m. and Friday from 8 - 11 a.m.

#### Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community

**YOGA**  
with Kimberly Bacso!  
Mondays -10:30 a.m.  
Wednesdays -10 a.m.  
Fridays -10 a.m.  
Cost- \$4 per class  
\$30 per individual session (reservation required)  
Freedom Fitness Facility, Bldg. 7680  
Strongen your body and quiet your mind in this all-level yoga class!  
Beginners gain confidence with modified poses while more experienced students practice advance variations of the poses!

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Vanessa Holland, EFMP manger, at 0951-300-7777.

#### Involved Consideration

Missed appointments diminish a medical facility's ability to provide efficient health care. The next time you cannot make your medical appointment, please be considerate and cancel your appointment. We need your involvement to provide better care for our military community.

#### Ray's Diner Hours

Every weekday, Ray's Diner serves breakfast from 7 to 9 a.m., lunch from 11:30 a.m. to 1 p.m. and dinner from 5 to 6:30 p.m. During the weekends and four-day weekends, breakfast is served at 8 to 9 a.m., lunch at 11 a.m. to 12:30 p.m. and dinner at 3:30 to 5 p.m.

#### DEERS Validation

Soldiers are responsible for ensuring Defense Enrollment Eligibility Reporting System information is updated. Please see the ID card section to update your DEERS information.

#### OneSource Mobile

Army OneSource is now available for smart phone browsers. The launch of a mobile device version will optimize Army OneSource the mobile experience for visitors. Visit [www.myarmyonesource.com](http://www.myarmyonesource.com) today.

#### DFAC Feedback

Dining Facility council meetings are at Ray's Diner every last Thursday of the last month of each quarter at 2 p.m. The meetings are scheduled for June 28 and Sept. 27. For more information, call 0951-300-7130.

#### Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

### Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke, Erlanger Stadtwerke, Entega and E-on Bayern. For more information, call the Bamberg tax relief office at 0951-300-1780.

### New Health Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday, sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday and Friday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - 3 p.m.; closed on U.S. federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with a care provider.

### Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; offered weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

### Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

### Family Advocacy Programs

Army Community Services' Family Advocacy Program

**WARNER CONFERENCE CENTER**  
LIGHTS OUT COMEDY TOUR  
Free Admission! Adults only - must be 18 or over to enter.  
**21 MAY 7:30 P.M.**  
DOORS OPEN 5:30 P.M. FOOD SERVED AT 6 P.M.  
OPTIONAL OFFER: Enjoy Mongolian Grill - Buffet Style \$19  
Contact: Warner Conference Center, (0951) 300 7596

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

**Kids on Site**  
CYS Child Care at FFF -  
Mon. Tue. & Thu.  
9 a.m. - 12 p.m.  
Children must be registered with CYS Services; \$4.00 per hour per child. 16 free deployment hours may apply. Open to children 6 weeks-5 years.  
Contact Parents Central Services at DSN 469-8035 or - 8660.

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

## Manage Your Medical Needs



### With TRICARE Online

Schedule Appointments

Order Prescription Refills

View Personal Health Data



Learn How To Register



<http://bit.ly/xYrUEn>

is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and anger and stress management classes.

**Family Advocacy** - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 – 3 p.m. for an anger and stress management class.

**New Parent** - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.

### Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

### Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

### English as a Second Language

Army Community Service, Relocation Readiness Program, offers free ESL classes every Thursday. Level 1 class is scheduled from 8:30-10:30 a.m. Level 2 class is from 10:30 a.m.-12:30 p.m. Level 3 class is from 1-3 p.m. Classes are at the Family Advocacy Program Building 7487. For more information, call 0951-300-7777.

### ACS Hours of Operation

Army Community Services is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

### Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

### Customs Office

The Bamberg Customs Office is located in rooms 124 and 125 in Building 7011 across the street from

the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

### Trial Defense Services

If you're a Soldier and you are questioned by law enforcement, Criminal Investigation Division or members of your command about suspected acts of misconduct, you have the absolute right to remain silent. You have the right to refuse to answer any question, even from your commander and you have the right to talk to an attorney. If questioned, you should immediately, demand to speak to an attorney. As a Soldier, you are entitled to free consultation and representation by a military defense counsel. All communications with a trial defense attorney are privileged and will not be released to your command. Let a U.S. Army trial defense attorney help you. For more information, call 0951-300-8620 or come to Building 7000 to speak to a free trial defense attorney.

## Closures / Changes

### Vehicle Registration Closure

The Vehicle Registration Office will be closed May 17 and 28. For more information, call 0951-300-7580.

### Airport Shuttle

The Frankfurt Shuttle Bus has modified hours. The shuttle departs from the Bamberg Army Community Service building Monday-Friday at 6:25 a.m. and arrives at the airport at 10 a.m. The first return shuttle departs from the airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is at the ACS building. The shuttle is not available on holidays, but is on training holidays. Pets are allowed. For more information about the airport shuttle, call 069-695973816.

### Coffee Change

The phone number for Community Activity Center and cafe is now 0951-300-8837. The 0951-300-8659 line will only be for Arts and Crafts and be answered during its business hours.

### Customs Office

The Customs Office is closed every first Thursday of the month for training.

## Continuing Education

### Texas Resident

Are you a Texas resident? Central Texas College offers an in-state tuition rate of \$76 per credit hour for Texas residents taking online courses. Take classes online in criminal justice, early childhood, applied management, hospitality management, legal assistant and fire prevention. For more information, email [bamberg@europe.ctcd.edu](mailto:bamberg@europe.ctcd.edu) or call 0951-300 7467.

### PTA Scholarships

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

**2012 Community Fun Runs**

10 March	Women's Equality Month 5k Fun Run & Walk
21 April	Month Of The Military Child 5k Fun Run & Walk
12 May	Asian Pacific Heritage Month 5k Fun Run & Walk
23 June	Great Outdoor 5k Fun Run & Walk, starts at Local Training Area
4 July	Independence Day 5k Fun Run & Walk
11 Aug.	IMCOM-Europe Mountain Bike Race and 10k Trail Run, starts at Local Training Area. Mountain bikers sign up at Outdoor Recreation
26 Aug.	Women's Equality Day 5k Fun Run & Walk
22 Sept.	1st Day of Autumn 5k Fun Run & Walk
20 Oct.	Breast Cancer Awareness 5k Fun Run & Walk, <small>will give to your favorite charity!</small>
17 Nov.	Turkey Trot
15 Dec.	Toys for Tots 5k Fun Run & Walk

All runs are 5k and start at 9 a.m. from FFF if not noted otherwise.  
Contact FFF, Tel. (0951) 300 8890

FOR SOLDIERS    FOR FAMILIES    FOR RETIREES    FOR CIVILIANS

### Post 911 GI Bill

Take advantage of your military benefits. Earn a degree or skill with your Post 911 GI Bill. Find out more by visiting <http://www.gibill.va.gov/>.

### UMUC Financial Aid

UMUC Europe introduces the New Student Scholarship for Spring 2012 Session 2. This one-time \$700 award helps students with the cost of tuition and books and combined with the affordability of UMUC Europe's programs, helps make it possible to reach their highest personal and career goals. Starting in January, book awards will be increased to \$150 for active duty enlisted service members and military family members of all ranks. With a quick online application, eligible students can offset the cost of their textbooks this spring. For more information or to download financial aid applications, visit [www.ed.umuc.edu/financial\\_aid](http://www.ed.umuc.edu/financial_aid).

## Sports, Health and Fitness

### Thursday Night Scramble

Come to Whispering Pines Golf Course for Thursday Night Scramble every Thursday evening at 6 p.m. Entry fee is \$10. For more information, call 0951-300-8953.

### Strong B.A.N.D.S. Fitness Day

Freedom Fitness Facility will host a Strong B.A.N.D.S. Fitness Day beginning at 9 a.m. May 12. Free activities include a 5-kilometer fun run/walk, an Asian Pacific beach volleyball tournament, Zumba "Party Yourself into Shape," Body Tone fitness class, spinning, personal training information and a Family Fun Festival. For more information, stop by the Freedom Fitness Facility.

### Baseball and Softball in Bamberg

The Memmelsdorf Barons Baseball club is the only baseball club in the Bamberg area. The club hosts two senior baseball teams (one recreational, one competitive), a women's fastpitch softball team and two youth teams within five minutes distance to Warner Barracks. The club has a long tradition in giving U.S. players the chance to keep playing baseball on a competitive or recreational level and the chance of getting around on road trips around Bavaria for games. For more information contact the officer of the club, Volker Lang at [volker.lang@memmelsdorf-barons.de](mailto:volker.lang@memmelsdorf-barons.de) or 0179-117-2494.

Help us better our community by taking a survey about the Bamberg community at

[www.surveymonkey.com/s/Bamberg](http://www.surveymonkey.com/s/Bamberg)

**Recycling Fact**  
**Disposable diapers last centuries in landfills.**  
**An average baby will go through 8,000 of them!**

**Running Club**

Do you get out of breath running for the bus? Do you want to lose weight? Do you want to get in shape and stay in shape? Join the Bamberg Running Club for all levels of runners, but especially targeted for beginners using the Jeff Galloway training method of running/walking! The Bamberg Club will meet two times a week for 45-60 minutes of training, plus weekend runs. This is will be partnership between FFF and the Bamberg Health Clinic. For more information, email [kelley.woodruff@us.army.mil](mailto:kelley.woodruff@us.army.mil) or [ernest.d.johnson3.naf@mail.mil](mailto:ernest.d.johnson3.naf@mail.mil) or call 0951-300-9086.

**Kick the Habit**

There is a Smoking Cessation Group every Monday at 4:30 - 5:00 p.m. in the Dental Clinic Conference Room. No registration required. For more information, call 0951-300-8999.

**Pertussis Prevention**

Pertussis, or whooping cough, is on the rise. It affects people of all ages, is most severe in children and can be fatal in infants. Immunizations children get to protect against this disease wanes with time. Unimmunized, infected adults can unknowingly spread pertussis to children. Symptoms in adults can appear like a common cold and develop into violent coughing. Preventing the spread of the disease is possible. To protect yourself but, most importantly, the children of our community, we urge adults to be vaccinated against pertussis. Ask your health clinic professionals about the Tetanus, Diphtheria and Pertussis vaccine or T-DAP.

**Youth and Teens**

**Parents' Night/Day Out**

Enjoy a day or night out by enrolling your children in the next Parents' Day Out or Parents' Night Out programs. Dates for Parents' Day Out will be June

2, Aug. 4, Oct. 6 and Dec 1 from 11:30 a.m. – 3 p.m. Dates for Parents' Night Out will be July 6, Sept. 7 and Nov. 2 from 6:30 – 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

**Scholarship**

In recognition of their service to the nation and in support of the unique demands and sacrifices of military personnel and their families, St. George's School is seeking to provide up to four fully funded scholarships for children of active duty military personnel in the 2012-2013 school year. St. George's School is an independent college-preparatory school serving grades 9 through 12 located just outside of Newport, R.I. For more information, visit <http://www.militarychild.org/child-student/st.-georges-scholars-program/>.

**Reader of the Month**

On the third Wednesday of the each month at 4 p.m., the Bamberg Community Library and School Age Center will recognize and reward children and youth for their accomplishments in reading. A reading log will be maintained at Bamberg Library. The Reader of the Month will have their photo displayed at the library. For more information, call 0951-300-1740.

**Preschool Services**

Your child or someone else's may qualify for preschool services for children with disabilities. Screening for children ages 3 to 5 years of age are held once a month at Bamberg Elementary School to locate and identify children who may have developmental delays. Make an appointment if you suspect a delay in language, physical, cognitive, social or adaptive behavior development. Call BES at 0951-300-7616.

**Library Events**

The library hosts weekly events. There is storytelling for children ages 3-5 years old every Wednesday at 11:30 a.m. There's also a Gamers' Challenge that meets every Saturday at 5 p.m. For more information, call 0951-300-1740.

**Youth Lessons**

Child, Youth and School Services SKIES Unlimited offers lessons in fine arts ages 6 to 12, kinder German with parents ages 6 to 9, gymnastics for various age groups, kickboxing ages 5 to 18 and piano ages 6 to 18. For more information, call 0951-300-7452.

**Cub Scouts**

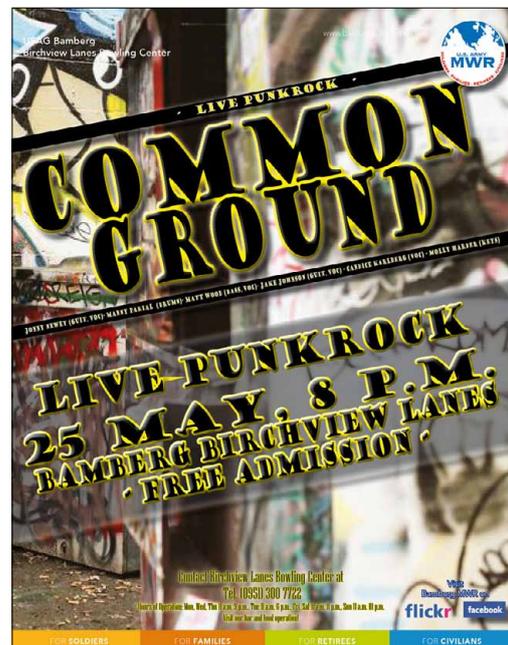
There is a Cub Scout Pack in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webelos (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlamarama, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information, call 0951-222-1903 or email [chad3jsdad@yahoo.com](mailto:chad3jsdad@yahoo.com).

**Boy Scouts**

Boy Scout Troop 40 in Bamberg is looking for boys ages 12 and older interested in becoming Boy Scouts. The troop meets every Monday from 6:30 – 7:30 p.m. except on holidays. The boys work on requirements for advancement and earning Merit badges. The troop is also looking for adult volunteers and Eagle Scouts to assist with troop activities. For more information, call 0160-1585894.

**Teen Stress**

The National Military Family Association created a kit



to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

**Scout Program**

Each year, the Veterans of Foreign Wars selects three young people — of the Boy or Girl Scouts, Sea Scouts or Venturing Crew — who have demonstrated practical citizenship in school, scouting and the community. The first-place winner receives a \$5,000 award, the second-place winner receives a \$3,000 award and the third-place winner receives \$1,000. For more information, visit <http://www.vfw.org/Community/Scout-of-the-Year-Scholarship/>

**Entertainment and Leisure**

**Outreach KONTAKT Club Events**

The Outreach KONTAKT Club is an Army in Europe program designed to promote German and American friendship overseas. For more information, contact the German president at 0951-24378 or the American project officer at 0951-300-1610.

**BAMBERG FIELD OFFICE**

**REMEMBER YOUR REPORTING RESPONSIBILITIES**

- Department of Defense personnel remain attractive targets of foreign entities and terrorist organizations as sources of defense information
- Suspected incidents **must** be properly reported by DA Personnel within 24 Hours
- DA personnel are required to receive annual TARP training, at a minimum

**THREAT AWARENESS AND REPORTING PROGRAM**

**REPORT INFORMATION TO YOUR NEAREST MILITARY INTELLIGENCE OFFICE:**

**BAMBERG**  
 CIV: 0951-300-8742  
 DSN: 469-8742

**USAREUR CI REPORTING HOTLINE**  
 DSN: 347-3479

\*\*\* VISIT THE ISALUTE CI REPORTING LINK ON AOK OR THE USAREUR REPORTING PORTAL

**USAG Bamberg Tax Relief Program**

**It's Your Money!**

**Tax Savings**

with the Family and MWR Tax Relief Program

**Sign up today and save 19% Value Added Tax on Purchases and Utility Bills**

Contact the Tax Relief Office (0951) 300-1780, Bldg. 704

# Bamberg Movie Schedule

AAFES Reel Time Theater is closed  
Tuesdays and Wednesdays

Thu	May 10	Act of Valor (R)	7 p.m.
Fri	May 11	Safe (R)	7 p.m.
Sat	May 12	Dr. Seuss' The Lorax (PG)	3 p.m.
		Safe (R)	7 p.m.
Sun	May 13	Dr. Seuss' The Lorax (PG)	3 p.m.
		Project X (R)	7 p.m.
Mon	May 14	Gone (PG-13)	7 p.m.
Thu	May 17	Project X (R)	7 p.m.
Fri	May 18	Marvel's The Avengers (PG-13)	7 p.m.
Sat	May 19	John Carter (PG-13)	3 p.m.
		Marvel's The Avengers (PG-13)	7 p.m.
Sun	May 20	Marvel's The Avengers (PG-13)	3 p.m.
		Silent House (R)	7 p.m.
Mon	May 21	Marvel's The Avengers (PG-13)	7 p.m.
Thu	May 24	Silent House (R)	7 p.m.
Fri	May 25	Dark Shadows (N/A)	7 p.m.
Sat	May 26	A Thousand Words (PG-13)	3 p.m.
		Dark Shadows (N/A)	7 p.m.
Sun	May 27	A Thousand Words (PG-13)	3 p.m.
		Dark Shadows (N/A)	7 p.m.
Mon	May 28	Contraband (R)	7 p.m.
Thu	May 31	Underworld Awakening (R)	7 p.m.

Download the

**U.S. Army Europe App**  
Get Mobile with USAREUR



Get News and Weather Updates  
with the AFN Europe **Mobile App**

## Eco-Friendly Tips

### Water-saving Tips

1. Water your lawn and garden in the morning or evening when temperatures are cooler to minimize evaporation.
2. Bathe your young children together.

### Energy-saving Tips

1. Drive sensibly. Aggressive driving (speeding, rapid acceleration and braking) wastes gasoline.
2. Air dry dishes instead of using your dishwasher's drying cycle.

### Recycling Tips

1. Make double-sided copies, and use electronic mail if possible.
2. Bring your empty non-rechargeable batteries to the Recycling Center.

## Trips and Travel Opportunities

Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.



### May 12 Berlin with City Tour **\$65**

Germany's capital is a cultural haven offering sights like Checkpoint Charlie, Brandenburg Tor, Reichstag, KaDeWe, Jewish memorials and more. Children ages 4-12 are \$55 and children 3 and under are \$45. Includes transportation and a city tour. Transportation departs the chapel parking lot at 4 a.m. and returns at 11 p.m.

### May 16, 23, 30 Wednesday Evening Adventure Sports **\$15**

Enjoy the longer days with a mountain bike ride on some of the coolest single-track in the local area, or rock climbing on the world famous Frankenjura limestone. Use your own bike or rent one from Outdoor Recreation for only \$10. Climbing equipment is provided with trip fee. Must sign-up in advance. Departs Outdoor Recreation at 5 p.m. and returns at 9 p.m.

### May 19 White Water Kayak **\$35**

No matter your skill level, our white water kayak trip will have you feeling like a professional by the end of the day. Please wear a swimsuit and pack a towel, lunch and hydrating liquids. Trip includes transportation and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

### May 26 Strasbourg, France **\$65**

With flavors of both France and Germany, Strasbourg is an ultimate European city. Visit "la Petite France," a picturesque neighborhood resembling a fairy tale, and Place Kleber a bustling square that's always bursting with activity. Trip includes transportation and a city tour. Children ages 4-12 are \$55 and children 3 and under are \$45. Departs chapel parking lot at 5 a.m. and returns at 11 p.m.

### May 25-28 Austrian Adventure Weekend **TBD**

Get your adrenaline pumping with some of the coolest spring time activities in the Austrian Alps. We will kick off our weekend with white water rafting the first day, canyoning on day two and peak bagging by means of klettersteig on day three. There will be plenty of time for self-guided hikes, swimming, sauna and relaxation. Departs Outdoor Recreation May 25 at 6 a.m. and returns May 28 at 10 p.m.

### June 2 Outdoor Rock Climbing **\$35**

Enjoy the summer air and friends by joining Outdoor Recreation for an outdoor climb in the world famous sport climbing area known as Frankenjura. Includes transportation, instruction and equipment. Departs Outdoor Recreation at 9 a.m. and returns at 3 p.m.

### June 6, 13, 20 and 27 Evening Adventure Sports **\$15**

Enjoy the longer days with a mountain bike ride on some of the coolest single-track in the local area, or rock climbing on the world famous Frankenjura limestone! Use your own bike or rent one from Outdoor Recreation for only \$10. Departs Outdoor Recreation at 5 p.m. and returns at 9 p.m.

### June 9 White Water Kayak **\$35**

No matter your skill level, our white water kayak trip will have you feeling like a professional by the end of the day. Please wear a swimsuit and pack a towel, lunch and hydrating liquids. Trip includes transportation and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

### June 9 Europa Park **\$65**

Europa Park is one of the premier theme park destinations in Europe. Relax and let Bamberg Outdoor Recreation take care of the driving. Children ages 4-12 are \$55; 4 and under are \$45. Entrance fee not included (32 euros per person, ages 4 and up).

### June 14 Tour Under Bamberg **\$25**

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Trip departs from Outdoor Recreation at 5 p.m., returns at 7:30 p.m.



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

## AUTOMOBILES

2010 Volkswagon Jetta Sedan, S Model for sale. Grey. AC, CD player, power windows, power locks, front heated seats, keyless entry. 19,500 miles. Asking \$14,500. If interested, call 0951-300-8870 or 01626089728.

2002 Toyota Camry XLE for sale. AUTOMATIC Dark blue exterior with grey leather interior. Electric windows, seats, sunroof, mirrors, and HEATED front seats. Four door, ample trunk space, and 6-disk cd player. Never been in accident. GREAT family car! BRAND NEW Spec tires. US Spec and mileage is 191K miles. Asking price is \$5200 OBO Make an offer! Call Priscila Solis for more info at 01525-3901479 or email [asolispriscila@gmail.com](mailto:asolispriscila@gmail.com) for pictures or questions.

2005 BMW 118d, 45+ mpg turbo diesel, 6 speed manual, 5 door hatchback, Euro Spec, 98000 miles, snow and summer tires/rims, onboard GPS/computer, heated seats, parking assist, PCSing must sell. Asking \$10,500. Call Robert 01607837935 or email [lucasbmw118@yahoo.com](mailto:lucasbmw118@yahoo.com).

\$3800 OBO 1997 Ford Mondeo, Grey 4 door, Euro Spec, Automatic, sunroof. Passed inspection Sept. 19. New windshield and rear bumper, clean interior, very room. Car runs great on and off the autobahn. Phone:0160-985-45227.

\$2200 1998 2 dr. SeatArosa, Euro Spec, 5-speed manual. Replaced front wheel bearings, new winter tires, new muffler. Passed inspection Oct 11. Excellent gas mileage. Phone:0160-985-45227

Opel Astra Coupe, 1999, red, 92000

miles, german specs, MP3 Player-CD, very clean and in good condition, new muffler, new brakes. Asking: \$3000 obo, for more pics or information please contact [e\\_sapper@hotmail.com](mailto:e_sapper@hotmail.com).

## EMPLOYMENT

The USAG Bamberg Community Chapel is currently accepting applications for Watchcare providers for the Watchcare Program. Performance period is expected through 30 September 2012. Interested parties should contact Stacey Berry, the Watchcare Coordinator, at 0152-242-84736.

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary.

Bamberg's Exchange is accepting applications for entry-level retail and food positions. Join a unique organization with the competitive package by applying online at [www.applymyexchange.com](http://www.applymyexchange.com) or by calling Human Resources Office at 0951-303159.

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 0951-300-7467; or email [bamberg@europe.ctcd.edu](mailto:bamberg@europe.ctcd.edu).

## MISCELLANEOUS

Looking to buy a Weber Smoker. Please email [duntlum@yahoo.de](mailto:duntlum@yahoo.de) or call 0163-2973350.

Home needed for 2 loving cats. 1 male (8yrs-orange Persian Mix) and 1 female (7yrs-Tabby). Up to date with all shots. ETSing and with deep regret we cannot take cats with us. Great family cats. Please call Alexandra or Doug at 0951-

917-1978.

Looking for a loving home for our 2 male guinea pigs. They include 2 large cages, wooden huts, bedding material, grooming supplies, toys, books, pet carrier, and water bottles. They are 2 years old. Asking \$100. We are PCS'ing soon and can not take them with us. If interested please call 0151-1756-0411.

Large Apartment 2 bedroom and studio just 10 minutes away from Bamberg. Pictures available. Call 0152-54229569.

Let me walk your dog! Do you have a high energy dog that needs to go on long walks, but you don't have the time? Let me walk your dog. I will tailor to each dog's needs, but I usually go on 6 mile+ walks. \$10 for each walk. For my personal information please contact me at [erin.cooper@us.army.mil](mailto:erin.cooper@us.army.mil).

Looking for a teacher of the Russian language. Call: 015152050467 or email [mmk09@aber.ac.uk](mailto:mmk09@aber.ac.uk).

Mariachi Cuatro Caminos. Needs violins and trumpet players, along with vocalist male and female We will perform for the community and Middle and elementary schools in the community All serious inquires please email [puromariachi@hotmail.com](mailto:puromariachi@hotmail.com).

Apartment for rent. 1 bedroom apartment. 1 kitchen with built in kitchen furniture, 1 living room, 1 bedroom, 1 bathroom. All lamps and curtain included. Basement, Laundry room (already washer and dryer there), 2 parking lots. 14 km from post. For more info, call 0152-54229569.

## FOR SALE

For sale: Central Texas College textbook, The Core, Larry J. Siegel 4th Edition for Law Enforcement History of America. Like brand new, only a few marks on the first 5 pages. \$ 95. Cost

new \$125. On Post Pick up or I can mail it. Email: [hic4chris@aol.com](mailto:hic4chris@aol.com) or cell: 0176-48026658.

For Sale: German solid wood living room shrank with lights: measurements are: 3.28m wide, 2.17m tall; 0.55m deep. The price is negotiable. Pictures available. 0152-54229569.

Kitchen with all appliances- \$700; German king-size solid wood bed -\$430; German bedroom schrank (4 meters long, 220 m high/black&white)-\$570; solid wood round dining room set (w/4 chairs)- \$200; French bed (120X200)-\$150; high board-\$75; bathroom cabinet-\$70; and a solid wood chest of drawers-\$65 / O.B.O. Call 0174-766-3088.

For Sale: Couch - \$300; TV Entertainment Center - \$80; Pier 1 Papasan Chair - \$65; Queen Size Bed and Mattress - \$330; Dresser - \$100; Bedroom Wardrobe -\$65 and 2 Piece Solid Wood Buffet - \$780. All in excellent condition. Pictures available upon request. Prices negotiable. Contact: Cell 0160-781-5496 Email: [riesr@t-online.de](mailto:riesr@t-online.de).

## AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please email your submission to the Public Affairs Office at [usarmy.bamberg.usareur.mbx.pao@mail.mil](mailto:usarmy.bamberg.usareur.mbx.pao@mail.mil). We will ONLY accept classified ads by email. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600.

		<b>Master Mechanics specializing in all foreign &amp; domestic vehicles!</b>	
Service hours:	Mon - Fri 7.30 a.m. - 6 p.m.	A/C-Service	Tire and Oil Service
New	Saturday 10.00 a.m. - 3 p.m.	Engine Repair	Exhaust
		Parts	Brakes & Rotors
<b>Maintenance, repair &amp; overhaul</b> <b>Off-warranty service</b> <b>Tune-Up Service while you wait</b>		<b>Meet our friendly and helpful staff</b> New management since March with longer service hours!	

**AAFES Corner** EXCHANGE  
**Splash into Summer!**  
 Click here to view weekly savings

**Defense Commissary Agency Corner**

Bring your own bag  
 Go to <http://www.commissaries.com>.

Click here for printable online coupons.

Click here for recipes from Kay's Kitchen.



## Outside the Gate

### Events in and around Bamberg

Guided tours are a good way to get to know the place you are living or stationed. It is a good way to spend time outside, with friends or family. Check this website available in English on guided tours <http://www.bamberg.info/en/stadtfuehrungen/>

For general information on Bamberg's sights, fests, locations and free-time activities check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>. The information is available in English and with the nice pictures you will get in the mood for getting out and enjoying yourself.

Insider tips and rating for the coolest pubs, clubs, bars and sights can be found on this website: <http://www.virtualtourist.com/travel/Europe/Germany/Bavaria/Bamberg>. People who have been to these locations before share their insight information and experiences. It is a great resource for all who would like some more information on their favorite destination on Bamberg before leaving post.

Enjoy the good weather with the volksmarching enthusiasts. At [http://www.dvwwandern.de/v\\_vb/10/Wandertage](http://www.dvwwandern.de/v_vb/10/Wandertage) you will find the upcoming dates of the volksmarching activities in Franconia. For general information on events in Franconia you can check [http://www.dvwwandern.de/v\\_vb/10](http://www.dvwwandern.de/v_vb/10). For information on the German-American Volksmarching Club Bamberg (Deutsch-Amerikanischer Wanderclub Bamberg) and information in English you can contact Mr. Wolfgang Keller, Warner Barracks, building 7090, room 103, Monday, Wednesday, Friday, 3-5 p.m.

There are 150 days left to visit the Bavarian Garden Show at Bamberg Gaustadt, open daily 9 a.m.-6 p.m., at ERBA area using public transportation (line 906 to Spinnerei or Regensburger Ring, line 916 to Frutholfstrasse).

#### Insider Tip:

Did you know that the Bamberg Cinestar offers movies in English language every once in a while? Their website is available in English at <http://www.cinestar.de/en/kino/bamberg-cinestar>.

### Events for May 11-13

#### Friday, May 11

4 p.m. 1000th Anniversary of Bamberg's Cathedral, special exhibition featuring various rare samples, at Diözesanmuseum, Domplatz 5, 96049 Bamberg.

6:30 p.m. Baroque Concert (Bach, Vivaldi, Corelli), at Pfarrsaal St. Heinrich, Eckbertstraße 30, 96052 Bamberg

7 p.m. Students' Concert featuring Bamberg Symphonic Orchestra (Schostakowitsch), at Konzert- und Kongresshalle - Joseph-Keilberth-Saal, Mußstraße 1, 96047 Bamberg, [info@konzerthalle-bamberg.de](mailto:info@konzerthalle-bamberg.de)

9 p.m. Hale Bopp (classic rock, blues), live concert at Live-Club, Obere Sandstraße 7, 96049 Bamberg, 0951-53304, [info@live-club.de](mailto:info@live-club.de), [www.live-club.de](http://www.live-club.de)

#### Saturday, May 12

9:30 a.m. Horse Market, featuring carriage rides and more, at Haflingerhof, Kapellenweg 7, 96179 Mürsbach

12 p.m. Free organ Concert featuring Seonhyang Kim (Nuernberg), at Kaiserdom, Domplatz 5, 96049 Bamberg

7 p.m. Upper Franconian traditional garb market, at Bauernmuseum Bamberger Land, Hauptstraße 3-5, 96158 Frensdorf, [www.bauernmuseum-frensdorf.de](http://www.bauernmuseum-frensdorf.de).

2-10 p.m. Wine Fest, featuring guided tours of Bamberg's vineyard! Michelsberg - Hauptterrasse am Weinberg, Michelsberg, 96049 Bamberg

10 p.m. Beat Virus, featuring DJs Dimi Dee, Clyde and George, at

Morph Club, Luitpoldstr. 17, 96052 Bamberg

#### Sunday, May 13

9 a.m. Bavarian Garden Show Run (10k), at Landesgartenschau - Eingang Erba-Brücke, Fabrikbau, 96049 Bamberg

9:30 a.m. Horse Market, featuring carriage rides and more, at Haflingerhof, Kapellenweg 7, 96179 Mürsbach

10 a.m.-6 p.m. Upper Franconian traditional garb market, at Bauernmuseum Bamberger Land, Hauptstraße 3-5, 96158 Frensdorf, [www.bauernmuseum-frensdorf.de](http://www.bauernmuseum-frensdorf.de).

11 a.m. Wine Fest, featuring guided tours of Bamberg's vineyard! Michelsberg - Hauptterrasse am Weinberg, Michelsberg, 96049 Bamberg

11 a.m. Guided bicycle tour (3 hours), starting at Bamberg's Tourist Information, Geyerswörthstraße 5, 96047 Bamberg, 0951-2976200.

2:30 p.m. Kids Fest for everybody, at St. Martin Church - Innenhof (backyard), Jesuitenstraße, 96047 Bamberg (Pedestrian Zone)

10 p.m. It's A Musical (indie, pop, elektro), at Morph Club, Luitpoldstr. 17, 96052 Bamberg

### National Concert Schedule

All dates, and tickets are available on the following website <http://www.eventim.de/project-pitchwork-tickets.html?affiliate=GMD&doc=artistPages%2Ftickets&fun=artist&action=tickets&erid=637247&includeOnlybookable=true>

**June 1** Rock Im Park tickets start at 164,50 euros

**July 26** Kool and the Gang, Stadthalle Fuerth

**Aug. 10** Taubertal Festival feat. Placebo, Beatsteaks etc.

**Aug. 25** Rock Im Pott feat. Red Hot Chili Peppers, Placebo and more

**Aug. 29** Green Day and special guests: Angels and Airwave, Warstiener Hockey Park, Monchengladbach, 6 p.m.

**Aug. 30** Green Day and special guests: Angels and Airwave, Kindl-Bühne Wuhlheide, Berlin, 6 p.m.

**Sept. 19** Nickelback, o2 World Hamburg, Hamburg, 8 p.m.

**Sept. 21** Nickelback, Lanxess Arena, Koln, 8 p.m.

**Sept. 22** Nickelback, Festhalle, Frankfurt, 8 p.m.

**Sept. 25** Nickelback, Hanns-Martin-Schleyer-Halle, Stuttgart, 8 p.m.

**Sept. 26** Nickelback, Olympiahalle, Munich 8 p.m.

## Visit the city of Bamberg's official website

The screenshot shows the official website for Bamberg. At the top, there are navigation tabs: Home, Hotels & accommodation, Guided tours, and Packages. A sidebar on the left contains a menu with categories like Experience, Worth seeing, Culture, Active, For..., Service, and Specialist. The main content area features several articles: 'Our tip - your personal delicacy!' about regional Franconian delicacies, 'Bamberg - the beer city' highlighting local breweries, and 'Bamberg - an unforgettable experience!' describing the city's unique atmosphere. There are also social media sharing options at the bottom of the page.