



WARNER WEEKLY

News & Information at Your Fingertips

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The force behind the force recognized at volunteer ceremony

By Jessica Lipari,
USAG Bamberg Public Affairs

BAMBERG, Germany -- The force behind the force is a clear representation of the 300 plus community members that give back to U.S. Army Garrison Bamberg daily through volunteer work; it is also this year's national volunteer recognition theme.

Volunteers at Warner Barracks continuously go above and beyond to help fill the voids due to budget cuts and bring a sense of family while living overseas.

"No matter how many hours you volunteer, the fact that you give back to our community is what is important," said Kimberly Millner, Army Volunteer Corps coordinator, at the annual volunteer recognition ceremony on Tuesday.

The theme for Warner Barrack's ceremony this year was a luau and all volunteers were thanked for their hard work and dedication with a select few receiving special recognition for their distinguished and exemplary work.

"Our community is truly a better place because of our volunteers," Millner said.

Lt. Col. Steven L. Morris, USAG Bamberg's commander reinforced Millner's sentiment by



Nikki Yoder, in blue dress, accepts the award for U.S. Army Garrison Bamberg's family member volunteer of the year at the annual volunteer recognition ceremony on Tuesday. Yoder was one of several volunteers in the community that received special recognition for going above and beyond within the community.

thanking volunteers in his opening remarks with enthusiasm and excellence." before handing out the awards for the evening.

"Without (volunteers), we could not have provided the kind of services our military Families expect," Morris said. "They served above and beyond included: Fritz Desrouches, (FORCE continued on Page 4)

Pig Out!



Heidi Sanders

Volunteers remove a Hawaiian roasted pig from the ground during the Asian-Pacific American Heritage Month celebration on Saturday. The event featured Asian-Pacific dances and musical entertainment, some performed by Soldiers and family members. Attendees had the opportunity to sample a variety of Asian-Pacific dishes. For more photos of the event, see Page 10.

Bamberg recreation program receives Army-wide recognition

By Heidi Sanders,
USAG Bamberg Public Affairs

Bamberg won.

BAMBERG, Germany -- Events including a recreation expo, A Night at the Lake and a Mardi Gras celebration, earned Bamberg's Family and Morale, Welfare and Recreation programs top honors.

In April, Bamberg received the 2011 Army Recreation Award for Best Recreation Program-Medium Garrison.

As the winner of the award, Bamberg will receive \$5,000 for future recreation events.

Karen Lazzeri, Bamberg's director of library services, said this was the first year Bamberg applied for an installation recreation award at the Army-wide level.

"It was the first (time Bamberg applied for the award)," Lazzeri said. "That was why I was in shock."

Lazzeri said she did not know how many other installations applied for the recognition. She said there are 33 medium-sized Army installations worldwide and any of them would have been eligible to apply for the award.

Lazzeri said she and other Family and MWR employees spent about six months working on the application.

She said the application asked for three examples of recreation activities offered in 2011.

Lazzeri said she was surprised that (AWARD continued on Page 4)

School's out, School Age Center summer camp begins

By Jessica Lipari, USAG Bamberg Public Affairs

BAMBERG, Germany -- School's out for summer in three weeks and working parents at U.S. Army Garrison Bamberg may be looking for alternate child care arrangements.

Summer camp is one of the alternatives parents can choose and U.S. Army Child, Youth and School Services recognizes this need by offering various summer camp programs.

Sign-ups began on Monday for this year's summer camp, said Michelle McClelland, School Age Center director.

"We allow children to have a true summer camp experience and enhance their experience in Germany," McClelland said.

School Age Center's summer camp at Warner Barracks is 10 weeks long. Each week provides a new theme and a special field trip.

"Children have input in their summer camp experience at SAC," McClelland said. "We have added a trip to Legoland and the Bamberg Garden Show as a result. We are also continuing with favorite activities like Taekwondo and Zumba."

"Also there will be swimming clubs this summer and trips to the pool as we have a certified lifeguard on staff," McClelland said.

This year SAC has partnered with Department of Defense Dependents Schools-Europe to offer a discounted fee for children enrolled in the summer enrichment program.

For children who completed 4th or 5th grade, SAC offers Operation



Courtesy Photo
Children watch a science demonstration during last year's science camp week at the School Age Center.

Older Kids Group, which provides trips and specific activities for personal growth and development. This year there will be some trips offered on weekends for the group.

"This summer we will be offering three family trips on Saturdays," McClelland said. "There will be a trip to Europa Park in June, Tropical Island in July and Legoland in August."

As a precursor to the fun of summer camp SAC will be having a camping themed lock-in on June 1st.

"Our lock-in's this year have been very successful," McClelland said. "We have about 70-80 children attend and not only are the children excited to attend, it gives the parents a free night."

To kick-off the start of summer holidays on the afternoon of June 14 there will be a Army Birthday celebration at SAC and on June 15 a field trip to Playmobil park is being offered.

Due to budget cuts, continuous deployments and now the future base closure increasing permanent change of station moves, SAC strives to provide quality programs for children without letting these changes hinder them.

"We want to ease stress and create a safe and fun place to be," McClelland said. "We have kicked things up a notch to offer a high-end and quality camp while enriching the children's lives."

Children do not have to attend all 10 weeks of the camp and prices are based on income category and the camps selected.

For more information about the program or to sign up, call the SAC at 0951-300-8698.



Courtesy Photo

Children from the School Age Center visited the Sommerrodelbahn in Pottenstein, Germany, during one of their many summer camp field trips last summer.



Lt. Col. Steven L. Morris
U.S. Army Garrison
Bamberg, Commander

USAG Bamberg, Public Affairs Officer
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army.mil.

All MWR Programs provide reasonable accommodations for individuals with special needs. For assistance please contact the facility manager prior to your visit.

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Measles outbreak spikes in Europe, United States

By Douglas DeMaio, Bavaria Medical Department Activity Public Affairs

VILSECK, Germany -- Medical professionals here want to raise awareness about measles outbreaks in Europe and the U.S.

Health officials observed a spike in measles cases in the U.S. and Europe in 2011 and are concerned about similar outbreaks in 2012.

"The only way to ensure the disease remains low is by ensuring that people get immunized," said Victorio Vaz, an epidemiologist for Bavaria Medical Department Activity.

Europe had more than 30,000 cases, according

to cdc.gov. In 2011, the U.S. had the highest number of measles cases in 15 years with 222 cases. Many of the cases were linked to foreign travel in Europe.

Sporadic importations of measles have occurred in the U.S. since the Center for Disease Control and Prevention declared it eliminated from the U.S. in 2000.

"The CDC declared the disease eliminated, not eradicated," Vaz said. "Eradication is when there is no transmission occurring anymore; elimination means when it gets to a certain level and there is no endemic transmission, but it can occur.

Measles is a serious disease, Vaz said. Nine out of 10 people who come in to contact with the virus and are not immune from it will get the disease.

According to the World Health Organization, in 2010, there were 139,300 measles deaths worldwide, which equated to about 15 deaths every hour due to measles.

"In 2011, the CDC became very concerned over the fact that there were 222 cases in the U.S.," Vaz said, who was previously in charge of the Office of Infectious Diseases Services in Arizona before moving to Bavaria. "Ninety percent of those were associated with

(MEASLES continued on Page10)

Make barbecue safety top priority before grilling this summer

By Harald Doktorowski, USAG Bamberg Directorate of Emergency Services

BAMBERG, Germany -- Ribs or pork? Vinegar-based or tomato-based? Or mustard-based? Wet or dry? Legal or illegal?

The use of barbecue grills or other open-flame devices is prohibited on balconies and within ten feet of structural walls or flammable materials. Not only is it dangerous, it can cause black smoke to build up on walls and ceilings. Such devices used in approved areas should never be left unattended.

For charcoal grills, only use starter fluids designed for barbecue grills. Never use gasoline or alcohol. Use a small amount of starter fluid before lighting the fire.

If the fire is too small, rekindle with dry kindling and add more charcoal if necessary. Don't add liquid fuel to reignite or build up a fire, as flash fires can result.

Soak the coals with water before you discard them and leave the grill away from the house until completely cool.

For gas grills, check the propane cylinder hose for leaks before using it for the first time each year. A light soap and water solution applied to the hose will reveal escaping propane quickly by releasing bubbles.

If you determined your grill has a gas leak by smell or the soapy bubble test and there is no flame turn off the propane tank and grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department.

When purchasing a gas grill, select one that bears the mark of an independent testing laboratory. Follow the manufacturer's instructions, and if needed, have it repaired by a trained professional.

If you get burned, run cool water over the burn for 10 to 15 minutes. Don't use butter or a salve on burns because these seal in heat and can damage the tissue further. If you receive a serious burn, with charred skin, for example, seek medical attention promptly.

Active duty military receive free access to national parks

YORKTOWN, Va. -- Beginning on Armed Forces Day on May 19, active duty service men and women, Army, Marines, Navy, Air Force, Coast Guard, and activated National Guard and Reserves, can obtain the new military version of the America the Beautiful National Parks and Federal Recreation Lands Annual Pass.



To read more on this story, click [here](#).

'Installation as docking station' links home front to battlefield technologies

WASHINGTON -- Soldiers at eight U.S. Army posts are the first to link into the "Installation as a Docking Station" system that allows access to the same information technology systems and software used on the battlefield.



To read more on this story, click [here](#).

Mama said knock you out!



Heidi Sanders

Andres Espinoza, left, and Jage Grimes, both 4, kickbox during the World Organization of Martial Arts Athletes World Championship Qualifier on Saturday at the Freedom Fitness Facility. The competition featured various types of martial arts.

UMUC Europe summer 2012 registration underway, New Student Scholarship, \$150 Book Awards available

University of Maryland University College [webtext](#).
Europe News Release

HEIDELBERG, Germany -- University of Maryland University College Europe announces registration for summer 2012.

Registration for on-site and online courses is available now through June 3, with classes beginning on June 4.

A special 25 percent off for all textbooks is offered through May 25 if students order their summer 2012 textbooks through webText Europe, the UMUC online textbook ordering system.

To order books, visit www.ed.umuc.edu/

Also for Summer 2012, \$150 Book Awards are available for military family members. With a quick online application, eligible students can offset the cost of textbooks this summer.

To welcome new undergraduate and graduate students, UMUC Europe is offering the \$700 New Student Scholarship.

This award helps students with the cost of tuition and books, and combined with the affordability helps make it possible to reach their highest personal and career goals.

Learn more at www.ed.umuc.edu/financialaid.

In the ideal travel months of May through August, many field study courses will be exploring fascinating European cities.

These include Cultural History of London, Baroque Art in Rome, Van Gogh: Life and Work, Heidelberg Through the Ages, Berlin: Its History and Art, and Scotland: Culture, Literature and History. Students can earn three college credits for an unforgettable week of travel and hands-on learning at one of these destinations.

Go to www.ed.umuc.edu/fieldstudy for details.

To learn more about registration, field study, and financial aid, contact a local field representative, visit www.ed.umuc.edu, or call 49-(0)6221-3780 .



Jessica Lipari

Lt. Col. Steven L. Morris and Master Sgt. Matthew Waldron, acting garrison command sergeant major, cut the cake after dinner at the volunteer ceremony on Tuesday. U.S. Army Garrison Bamberg has over 300 community members that give back to the community by volunteering.

(FORCE continued from Page 1)

civilian; Andrea Russell, Family Readiness Group; Tabatha Reeves, outstanding agency and representing the Girl Scouts; Victor Sotomayer, active duty and Nikki Yoder, family member.

Volunteering is from the heart, said Nikki Yoder, family member volunteer of the year. Yoder volunteers at the Bamberg Elementary School, is the Historian for the Bamberg Spouses and Civilians' Club and FRG advisor for 54th Engineer Battalion.

Yoder was surprised by the special recognition she received at the ceremony and encourages other community members to volunteer.

"To those who have not made a commitment to volunteering I would encourage them to spend their free time connecting with others and taking the initial step to volunteering," Yoder said. "They will soon realize all the benefits volunteering has to offer such as making new friends, helping others and personal growth."

(AWARD continued from Page 1)

Lazzeri said she chose to highlight the recreation expo, which included Zumba, Volksmarching, Aikido, mountain biking obstacle courses and geocaching; A Night at the Lake, which provided Soldiers and Families the opportunity to camp out at Engineer lake and enjoy free entertainment and Bamberg Mardi Gras, which featured a parade and other activities.

Lazzeri said those programs embodied the innovative spirit of Bamberg's recreation activities.

"They wanted three unique programs," she said. "I needed to find three unique programs. We do all kinds of things here in MWR."

Lazzeri said she and Sandra Roemer, visual information specialist for the 7th Army Joint Multinational Training Command Training Support Activity Europe, created a DVD to submit as a part of the application.

"She and I went through every MWR facility," Lazzeri said. "We wanted to showcase what each facility does."

Lazzeri said they also made a DVD with pictures from Family and MWR programming.

Community volunteer Brooke Riedeman was also recognized for her support of Bamberg's recreation programs with a Friend of Recreation Award.



File Photo

Community members dressed up for Mardi Gras marched in a parade along John F. Kennedy Boulevard. The Bamberg Mardi Gras celebration was one of three unique recreation activities that helped earn Bamberg the 2011 Army Recreation Award for Best Recreation Program-Medium Garrison.

Riedeman has clocked more than 1,000 hours assisting the library with programs such as a weekly story time, arts and craft classes and holiday celebrations.

Riedeman will receive an engraved trophy and certificate.

Community Announcements

Please send all announcements to Bamberg Public Affairs at usarmy.bamberg.usareur.mbx.pao@mail.mil.

Volunteer Recognition and Recruitment BBQ

On June 22 from 11 a.m. to 1 p.m. the American Red Cross will be having a barbecue at the gazebo area between Army Community Service and the Health Clinic. The American Red Cross is very proud of its many dedicated volunteers and would like to take this opportunity to recognize their contributions. If you are interested in getting involved please join us to meet current volunteers and discuss available opportunities. This is an informal event and Families are welcome to participate. We will provide hot dogs, hamburgers, chips and salad. This is a potluck so please bring your favorite picnic dish or a desert. Please RSVP to the American Red Cross at 0951-300-1760 or [Facebook.com/ARCBamberg](https://www.facebook.com/ARCBamberg) so that we have enough food and can recognize all our volunteers who attend.

ROCKS Inc.

The ROCKS Inc. is back. All officers, warrant officers and ROTC cadets can sign up for a leadership and professional development virtual teleconference on May 29 at 6 to 7:30 p.m. in Building 7089. The ROCKS Inc. is a tax-exempt non-profit organization under Section 501(c)(3) comprised of active duty, reserve, former commissioned and warrant officers of the U.S. Armed Forces, ROTC Cadets, widows and widowers of deceased members and other uniformed services. The organization was formed to provide mentorship, professional development and social interaction to strengthen the officer corps. Please RSVP to Cpt. Tawa Seabrook at 0951-300-7612 or tawa.seabrook@us.army.mil.

Beer and Brats Fest

Join the Community Activity Center outside on June 8th at 5 p.m. for a beer and brats fest. For more information call, 0951-300-8659.

Golf Clinic

Starting on June 11 at 9 a.m. Whispering Pines Golf Course is offering a six-lesson golf clinic. Cost is \$60. Each lesson is 120 minutes long and will take place on Monday, Wednesday and Fridays. For more information call, 0951-300-8953.

"Murder on the Oriental Rug"

The Stable Theater will present "Murder on the Oriental Rug," a hilarious mystery show within a show. Auditions will take place at 6:30 p.m. May 30

and 31 at the Stable Theater. The show will start at 7:30 p.m. June 21-22 at the Stable Theater. On June 23-24, the show be at the Warner Conference Center at 6 p.m. and will include dinner. The cost is \$11 for the June 21-22 shows and \$16 for the June 23-24 shows, which includes dinner. The production is adult-oriented and not appropriate for kids. For more information call, 0951 300-8647.

Italy Trip

Join Bamberg Better Opportunities for Single Soldiers on a trip to Rome, Italy, June 14-18. The bus departs at 6 p.m. June 14 and returns around 1 p.m. June 18. The cost is \$439 per person and includes roundtrip transportation on a German motorcoach, two nights in a three-star hotel, two breakfasts and a city tour of Rome with a local guide. The bus will also stop in Pisa and Florence. Sign up by June 1 with a \$100 deposit per person. The trip is payable in full by June 8, and is open to all Soldiers and their adult guests, 18 and older. Single rooms cost an extra \$119 per person. For more information, call 0951-300-9086.

Food Handlers Training

A food handlers class is scheduled at U.S. Army Garrison Bamberg on July 10 at Army Community Services, Building 7029. Classes are free and last one hour. Certification is intended for individuals involved in fund raising food sales such as Better Opportunities for Single Soldiers, Family Readiness Groups, private organizations and Child, Youth and School Services personnel. The class may also supplement required refresher training for regular food service employees. Registration is not required. For details contact Sgt. Greg Thompson at 09662-83-2041 or 2138, email greg.thompson7@amedd.army.mil.

Community Flea Markets

The Community Activity Center will host a Community Flea Market from 10 a.m. to 1 p.m. the second Saturday of the month through October at the CAC, Building 7047. The dates for the flea markets are June 9, July 14, Aug. 11, Sept. 8 and Oct. 13. For more information, call the CAC at 0951-300-8837

Volunteer Opportunities

Interested in volunteering? Equal Opportunity office is looking for volunteers to help with upcoming observances. For more information, contact the Equal Opportunity and Equal Employment Opportunity offices at 0951-300-8624.

Free Tax Preparation

The Bamberg Tax Center is open. The Tax Center is located in Building 7000 on the fourth floor. Appointments and walk-ins will be available. Operating hours will be Monday to Friday 9 to 11:30 a.m. and 1 to 3:30 p.m. The office will be closed daily at noon to 1 p.m. for lunch. For more information or to make an appointment, call 0951-300-8261/8262.

CPR, AED and First Aid Certification

Come and learn how to give CPR, first aid and use an automated external defibrillator with the American Red Cross June 8, July 13 and Aug. 10 from 10 a.m. to 4:30 p.m. at the Army Community Services building. The cost of the CPR and First Aid Certification is \$45. You can log onto www.redcross.org to register. Once on the ARC site, go to "take a class" and enter your APO zip code to find the course, register and pay online. You can also register in person at the ARC office. For additional information or questions, stop by the American Red Cross office, Building 7029 or call 0951-300-1760.

Red Cross Volunteer Orientation

Come and learn how you can become a volunteer with the American Red Cross June 1, July 6 and Aug. 3 from 10 a.m. to noon at the Army Community Services building. Please call and RSVP no later

than the day before each scheduled orientation. For additional information or questions, stop by the American Red Cross office, Building 7029 or call 0951-300-1760.

Military Council of Catholic Women

The Military Council of Catholic Women meet on Thursdays at the chapel. Mass begins at 12 p.m. followed by fellowship, lunch and study group from 12:30 to 2 p.m. For more information, email Andrea.lands@gmail.com.

By Soldiers - For Soldiers

Alcoholics Anonymous meetings for Warner Barracks take place weekly on Wednesdays from 11:45 a.m. to 12:45 p.m. at the Community Activity Center, Room 409. These meetings are open to anyone. Duty uniform allowed. For more information, call Kyle at 0151-1775-3880, Brian at 0172-271-3626 or Justin at 0151-4642-3940.

Woodworkers Roundtable

Take part in the woodworkers roundtable every Wednesday at the Arts and Crafts woodshop on the on the second floor of Building 7047. Get tips, tricks and new ideas. The event is free. For more information, call 0951-300-8659 or email thomas.stenson@us.army.mil.

Arts and Crafts

Take part in the crafter's club at noon every Tuesday at the Arts and Crafts classroom on the first floor of Building 7047. Join the fun. Local crafters get together to share ideas, tips and tricks on a variety of crafts. Learn something new or share your knowledge. The event is free. For more information, call 0951-300-8659 or email thomas.stenson@us.army.mil.

Weekly Reminders

Speed Limit

Please slow down while driving through residential areas on the installation. The speed limit inside a residential area is 20 kph.

Immediate Appointments

Are you tired of waiting on hold while scheduling a medical appointment at health clinic? With TRICARE Online, you don't have to wait on hold. You can schedule appointments, refill prescriptions and manage your health needs better. Register today at www.tricareonline.com. To learn more, visit <http://www.youtube.com/watch?v=s7VeUlyTMa4>.

Photo Studio

The Arts and Crafts Photo Studio has reopened.

USAG Bamberg
Whispering Pines Golf Course
and Pro Shop

www.bamberg.army.mil

Steal Deal!

Golf Clinic

June 11, 9 a.m.

6 Lessons (120 mins each), Mon, Wed, Fri, \$60
Contact Whispering Pines Golf Course and Pro Shop at
Tel. (0951) 300 8953

MWR logo, Facebook, Flickr, and DODMWR logos.

Chandra is available to take your appointments for portraits, balls, sporting events and more. For more information or to make an appointment, call 0951-297-1248.

Looking for Training Space?

Earn your certificate. Advance your career. Achieve your goals. The Digital Training Facilities provide Soldiers with a location to access web based, job related and professional courses away from the workplace and distractions of the home. We have three classrooms and each classroom has 17 workstations. In total, we have 51 workstations. Classrooms are linked to the internet. Services are available for individual self development. Stop in to check email, use free internet, take distance learning classes, job search or study. For more information, visit the Digital Training Facility, Building 7055, call 0951-300-8669 or email esther.j.galletta@us.army.mil. The facility is open Monday-Thursday day from 8 a.m. to 5 p.m. and Friday from 8 - 11 a.m.

Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone

registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Vanessa Holland, EFMP manager, at 0951-300-7777.

Involved Consideration

Missed appointments diminish a medical facility's ability to provide efficient health care. The next time you cannot make your medical appointment, please be considerate and cancel your appointment. We need your involvement to provide better care for our military community.

Ray's Diner Hours

Every weekday, Ray's Diner serves breakfast from 7 to 9 a.m., lunch from 11:30 a.m. to 1 p.m. and dinner from 5 to 6:30 p.m. During the weekends and four-day weekends, breakfast is served at 8 to 9 a.m., lunch at 11 a.m. to 12:30 p.m. and dinner at 3:30 to 5 p.m.

DEERS Validation

Soldiers are responsible for ensuring Defense Enrollment Eligibility Reporting System information is updated. Please see the ID card section to update your DEERS information.

OneSource Mobile

Army OneSource is now available for smart phone browsers. The launch of a mobile device version will optimize Army OneSource the mobile experience for visitors. Visit www.myarmyonesource.com today.

DFAC Feedback

Dining Facility council meetings are at Ray's Diner every last Thursday of the last month of each quarter at 2 p.m. The meetings are scheduled for June 28 and Sept. 27. For more information, call 0951-300-7130.

Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke, Erlanger Stadtwerke, Entega and E-on Bayern. For more information, call the Bamberg tax relief office at 0951-300-1780.

New Health Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday, sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday and Friday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - 3 p.m.; closed on U.S. federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with a care provider.

USAG Bamberg - www.bamberg.army.mil/mwr

YOGA

with Kimberly Bacos!
Mondays -10:30 a.m.
Wednesdays -10 a.m.
Fridays -10 a.m.
Cost- \$4 per class

\$30 per individual session (reservation required)
Freedom Fitness Facility, Bldg. 7680
Strengthen your body and quiet your mind in this all-levels yoga class!
Beginners gain confidence with modified poses while more experienced students practice advance variations of the pose!

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

MWR logo, Facebook, Flickr, and DODMWR logos.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; offered weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

Family Advocacy Programs

Army Community Services' Family Advocacy Program

USAG Bamberg
CYS Services

www.bamberg.army.mil/mwr

Kids on Site

CYS Child Care at FFF -

Mon. Tue. & Thu.
9 a.m.- 12 p.m.

Children must be registered with CYS Services; \$4.00 per hour per child. 16 free deployment hours may apply. Open to children 6 weeks-5 years.
Contact Parents Central Services at DSN 469-8035 or - 8660.

MWR logo, Facebook, Flickr, and DODMWR logos.

USAG Bamberg - www.bamberg.army.mil/mwr

Rome, Italy!

(with stops in Pisa, (Leaning Tower) and Florence, Italy)

June 14-18

\$439 per person
(Double occupancy, single room extra \$119)

Includes: Roundtrip transportation on German motor coach, 2 overnights in 3 star hotel with breakfast, sightseeing stops in Pisa & Florence, Italy

Additional info on trip, please contact
Freedom Fitness Facility @ DSN 469-9086/8890. Sign-up deadline is 1 June, payable in full no later than 8 June 2012.
Trip is open to all soldiers, single, enlisted & officers (and their adult guest, 18 years of age)

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

MWR logo, Facebook, Flickr, and DODMWR logos.



USAG Bamberg
www.bamberg.army.mil/mwr

Night at the Lake
June 15, starts 3 p.m.

Free camping event at USAG Bamberg's Engineer Lake, enjoy entertainment and breakfast, camping equipment is available for rent for a reduced rate at ODR

Contact Outdoor Recreation at Tel. (0951) 300 9376

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

Trial Defense Services

If you're a Soldier and you are questioned by law enforcement, Criminal Investigation Division or members of your command about suspected acts of misconduct, you have the absolute right to remain silent. You have the right to refuse to answer any question, even from your commander and you have the right to talk to an attorney. If questioned, you should immediately demand to speak to an attorney. As a Soldier, you are entitled to free consultation and representation by a military defense counsel. All communications with a trial defense attorney are privileged and will not be released to your command. Let a U.S. Army trial defense attorney help you. For more information, call 0951-300-8620 or come to Building 7000 to speak to a free trial defense attorney.

Closures / Changes

Library Hours Change

Beginning June 1, the Bamberg Library will be open from 11 a.m. to 6 p.m. Monday, Wednesday and Friday, 11 a.m. to 7 p.m. Tuesday and Thursday and 11 a.m. to 3 p.m. Saturday. The library is closed on American and German holidays.

MUNA Kaserne Vehicle Entrance Closure

Due to a large Bavarian bicycling event, Geisfelderstrasse will be blocked on from approximately 12:30-2:30 p.m. May 27. Vehicles will not be able to enter MUNA Kaserne during this time.

Frankfurt Airport Shuttle Change

Beginning May 15, the Frankfurt shuttle bus will be limited to one afternoon shuttle running from Frankfurt Airport to Bamberg. The shuttle departs from the airport at 2:45 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is Building 7011,



Ramstein Shuttle

RAMSTEIN AB		
	Arrival	Departure
Bamberg, Bldg 7676, Bamberg Inn	1:40 a.m.	1:50 a.m.
Schweinfurt Conn Bks, Bldg 89, Bradley Inn	2:50 a.m.	3:00 a.m.
Ramstein Passenger Terminal	6:30 a.m.	
Ramstein Passenger Terminal		9:40 a.m.
Schweinfurt Conn Bks, Bldg 40, Central Processing Facility	12:30 p.m.	12:40 p.m.
Bamberg, Bldg 7290, Central Processing Facility	13:20 p.m.	

Every Tuesday



USAG Bamberg Freedom Fitness Facility
www.bamberg.army.mil/mwr

2012 Community Fun Runs

- 10 March Women's Equality Month 5k Fun Run & Walk
- 21 April Month Of The Military Child 5k Fun Run & Walk
- 12 May Asian Pacific Heritage Month 5k Fun Run & Walk
- 23 June Great Outdoor 5k Fun Run & Walk, starts at Local Training Area
- 4 July Independence Day 5k Fun Run & Walk
- 11 Aug IMCOM-Europe Mountain Bike Race and 10k Trail Run, starts at Local Training Area. Mountain bikers sign up at Outdoor Recreation
- 26 Aug Women's Equality Day 5k Fun Run & Walk
- 22 Sept 1st Day of Autumn 5k Fun Run & Walk
- 20 Oct Breast Cancer Awareness 5k Fun Run & Walk, sign up to view your support!
- 17 Nov Turkey Trot
- 15 Dec Toys for Tots 5k Fun Run & Walk

All runs are 5k and start at 9 a.m. from FFF if not noted otherwise.
Contact FFF, Tel. (0951) 300 8890

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and anger and stress management classes.

Family Advocacy - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for an anger and stress management class.

New Parent - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.

Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

English as a Second Language

Army Community Service, Relocation Readiness Program, offers free ESL classes every Thursday. Level 1 class is scheduled from 8:30-10:30 a.m. Level 2 class is from 10:30 a.m.-12:30 p.m. Level 3 class is from 1-3 p.m. Classes are at the Family Advocacy Program Building 7487. For more information, call 0951-300-7777.

ACS Hours of Operation

Army Community Services is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

Customs Office

The Bamberg Customs Office is located in rooms

Provost Marshall Office. For more information about the airport shuttle, call 069-695973816.

Vehicle Registration Closure

The Vehicle Registration Office will be closed May 28 and June 7. For more information, call 0951-300-7580. 3208381

Coffee Change

The phone number for Community Activity Center and cafe is now 0951-300-8837. The 0951-300-8659 line will only be for Arts and Crafts and be answered during its business hours.

Customs Office

The Customs Office is closed every first Thursday of the month for training.

Continuing Education

CTC Term 5 Registration Now Open

Registration for Central Texas College Bamberg Term 5 is open now and classes start June 4th! This term CTC will be offering CDEC 1354 Child Growth and Development, and CJSA 1322 Introduction to Criminal Justice. The classes are open to the community and can be taken even if the student is non-degree seeking. Active Duty soldiers can enroll through their GoArmyEd portal and civilians through their WebAdvisor portal. Stop by the office to enroll in room 311 on the 3rd floor above the Community Activity Center. Contact the Field Rep at 0951-300-7467 or bamberg@europe.ctcd.edu.

Texas Resident

Are you a Texas resident? Central Texas College offers an in-state tuition rate of \$76 per credit hour for Texas residents taking online courses. Take classes online in criminal justice, early childhood, applied management, hospitality management, legal assistant and fire prevention. For more information, email bamberg@europe.ctcd.edu or call 0951-300 7467.

PTA Scholarships

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

Post 911 GI Bill

Take advantage of your military benefits. Earn a

Recycling Fact Glass never wears out -- it can be recycled forever.

degree or skill with your Post 911 GI Bill. Find out more by visiting <http://www.gibill.va.gov/>.

Sports, Health and Fitness

Thursday Night Scramble

Come to Whispering Pines Golf Course for Thursday Night Scramble every Thursday evening at 6 p.m. Entry fee is \$10. For more information, call 0951-300-8953.

Baseball and Softball in Bamberg

The Memmelsdorf Barons Baseball club is the only baseball club in the Bamberg area. The club hosts two senior baseball teams (one recreational, one competitive), a women's fastpitch softball team and two youth teams within five minutes distance to Warner Barracks. The club has a long tradition in giving U.S. players the chance to keep playing baseball on a competitive or recreational level and the chance of getting around on road trips around Bavaria for games. For more information contact the officer of the club, Volker Lang at volker.lang@memmelsdorf-barons.de or 0179-117-2494.

Running Club

Do you get out of breath running for the bus? Do you want to lose weight? Do you want to get in shape and stay in shape? Join the Bamberg Running Club for all levels of runners, but especially targeted for beginners using the Jeff Galloway training method of running/walking! The Bamberg Club will meet two times a week for 45-60 minutes of training, plus weekend runs. This is will be partnership between FFF and the Bamberg Health Clinic. For more information, email kelly.woodruff@us.army.mil or ernest.d.johnson3.naf@mail.mil or call 0951-300-9086.

Kick the Habit

There is a Smoking Cessation Group every Monday

at 4:30 - 5:00 p.m. in the Dental Clinic Conference room. No registration required. For more information, call 0951-300-8999.

Pertussis Prevention

Pertussis, or whooping cough, is on the rise. It affects people of all ages, is most severe in children and can be fatal in infants. Immunizations children get to protect against this disease wanes with time. Unimmunized, infected adults can unknowingly spread pertussis to children. Symptoms in adults can appear like a common cold and develop into violent coughing. Preventing the spread of the disease is possible. To protect yourself but, most importantly, the children of our community, we urge adults to be vaccinated against pertussis. Ask your health clinic professionals about the Tetanus, Diphtheria and Pertussis vaccine or T-DAP.

Youth and Teens

Parents' Night/Day Out

Enjoy a day or night out by enrolling your children in the next Parents' Day Out or Parents' Night Out programs. Dates for Parents' Day Out will be June 2, Aug. 4, Oct. 6 and Dec 1 from 11:30 a.m. – 3 p.m. Dates for Parents' Night Out will be July 6, Sept. 7 and Nov. 2 from 6:30 – 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

Scholarship

In recognition of their service to the nation and in support of the unique demands and sacrifices of military personnel and their families, St. George's School is seeking to provide up to four fully funded scholarships for children of active duty military personnel in the 2012-2013 school year. St. George's School is an independent college-preparatory school serving grades 9 through 12 located just outside of Newport, R.I. For more information, visit <http://www.militarychild.org/child-student/st.-georges-scholars-program/>.

Reader of the Month

On the third Wednesday of the each month at 4 p.m., the Bamberg Community Library and School Age Center will recognize and reward children and youth for their accomplishments in reading. A reading log will be maintained at Bamberg Library. The Reader of the Month will have their photo displayed at the library. For more information, call 0951-300-1740.

Preschool Services

Your child or someone else's may qualify for preschool services for children with disabilities. Screening for children ages 3 to 5 years of age are held once a month at Bamberg Elementary School to locate and identify children who may have developmental delays. Make an appointment if you suspect a delay in language, physical, cognitive, social or adaptive behavior development. Call BES at 0951-300-7616.

Library Events

The library hosts weekly events. There is storytelling for children ages 3-5 years old every Wednesday at 11:30 a.m. There's also a Gamers' Challenge that meets every Saturday at 5 p.m. For more information, call 0951-300-1740.

Youth Lessons

Child, Youth and School Services SKIES Unlimited offers lessons in fine arts ages 6 to 12, kinder German with parents ages 6 to 9, gymnastics for various age groups, kickboxing ages 5 to 18 and piano ages 6 to 18. For more information, call 0951-300-7452.

USAG Bamberg MWR Marketing & Advertising

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Become our fan!

flickr: www.flickr.com/photos/bambergmwr/
All MWR Flyers, photos and posters!

Google: www.bamberg.army.mil/mwr
Click the Events Calendar!

Call the Facilities and use the online Community Phone book's Search Option

Visit the garrison's MWR website

Stay connected!

www.bamberg.army.mil/mwr

Cub Scouts

There is a Cub Scout Pack in Bamberg with four active dens: Tiger Cubs (1st grade), Wolves (2nd grade), Bears (3rd grade), Webeles (4th and 5th grade). There are three meetings per month. There are one-hour activities to accomplish steps toward rank advancements. Pack meetings are once a month (Camp Out, Pinewood Derby, Bowlamarama, etc.) Volunteers are needed to assist with den meetings and committee planning. Come and join in the fun of Cub Scouts. For more information, call 0951-222-1903 or email chad3jsdad@yahoo.com.

Boy Scouts

Boy Scout Troop 40 in Bamberg is looking for boys ages 12 and older interested in becoming Boy Scouts. The troop meets every Monday from 6:30 – 7:30 p.m. except on holidays. The boys work on requirements for advancement and earning Merit badges. The troop is also looking for adult volunteers and Eagle Scouts to assist with troop activities. For more information, call 0160-1585894.

Teen Stress

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

BAMBERG FIELD OFFICE

REMEMBER YOUR REPORTING RESPONSIBILITIES

- Department of Defense personnel remain attractive targets of foreign entities and terrorist organizations as sources of defense information
- Suspected incidents **must** be properly reported by DA Personnel within 24 Hours
- DA personnel are required to receive annual TARP training, at a minimum

TREATMENT AWARENESS AND REPORTING PROGRAM

REPORT INFORMATION TO YOUR NEAREST MILITARY INTELLIGENCE OFFICE:

BAMBERG
CIV: 0951-300-8742
DSN: 469-8742

USAREUR CI REPORTING HOTLINE
DSN: 347-3479

*** VISIT THE ISALUTE CI REPORTING LINK ON AKO OR THE USAREUR REPORTING PORTAL

Manage Your Medical Needs

With TRICARE Online

Schedule Appointments
Order Prescription Refills
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Learn How To Register

<http://bit.ly/xYrUEn>

Eco-Friendly Tips

Water-saving Tips

1. Keep a container of water in the fridge so that you won't need to run the water down the sink until it's cool enough to drink.
2. Washing fruit and veggies in a half-filled sink, instead of under a running faucet, is a great way to conserve water.

Energy-saving Tips

1. Set your programmable thermostat as high as is comfortable in the summer, as well as when you're sleeping or away from home; or even better - turn it off.
2. Check to see that windows and doors are closed when heating or cooling your home.

Recycling Tips

1. Write on both sides of the page when using note pads.
2. Collect used household batteries to take to local drop-offs or bring them to the Recycling Center.

Bamberg Movie Schedule

AAFES Reel Time Theater is closed
Tuesdays and Wednesdays

Thu	May 24	Silent House (R)	7 p.m.
Fri	May 25	Dark Shadows (N/A)	7 p.m.
Sat	May 26	A Thousand Words (PG-13)	3 p.m.
		Dark Shadows (N/A)	7 p.m.
Sun	May 27	A Thousand Words (PG-13)	3 p.m.
		Dark Shadows (N/A)	7 p.m.
Mon	May 28	Contraband (R)	7 p.m.
Thu	May 31	Underworld: Awakening (R)	7 p.m.
Fri	June 1	Battleship (PG-13)	7 p.m.
Sat	June 2	Mirror Mirror (PG)	3 p.m.
		Battleship (PG-13)	7 p.m.
Sun	June 3	Mirror Mirror (PG)	3 p.m.
		Battleship (PG-13)	7 p.m.
Mon	June 4	Mirror Mirror (PG)	7 p.m.
Thu	June 7	21 Jump Street (R)	7 p.m.
Fri	June 8	Men in Black 3 (PG-13)	7 p.m.
Sat	June 9	Wrath of the Titans (PG-13)	3 p.m.
		Men in Black 3 (PG-13)	7 p.m.
Sun	June 10	Wrath of the Titans (PG-13)	3 p.m.
		Men in Black 3 (PG-13)	7 p.m.
Mon	June 11	21 Jump Street (R)	7 p.m.
Thu	June 14	American Reunion (R)	7 p.m.
Fri	June 15	Snow White and the Huntsman (PG-13)	7 p.m.
Sat	June 16	Snow White and the Huntsman (PG-13)	3 p.m.
		The Hunger Games (PG-13)	7 p.m.
Sun	June 17	Snow White and the Huntsman (PG-13)	3 p.m.
		The Hunger Games (PG-13)	7 p.m.
Mon	June 18	American Reunion (R)	7 p.m.

Trips and Travel Opportunities

Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.



May 25-28 Austrian Adventure Weekend **TBD**
Get your adrenaline pumping with some of the coolest spring time activities in the Austrian Alps. We will kick off our weekend with white water rafting the first day, canyoning on day two and peak bagging by means of klettersteig on day three. There will be plenty of time for self-guided hikes, swimming, sauna and relaxation. Departs Outdoor Recreation May 25 at 6 a.m. and returns May 28 at 10 p.m.

May 26 Strasbourg, France **\$65**
With flavors of both France and Germany, Strasbourg is an ultimate European city. Visit "la Petite France," a picturesque neighborhood resembling a fairy tale, and Place Kleber a bustling square that's always bursting with activity. Trip includes transportation and a city tour. Children ages 4-12 are \$55 and children 3 and under are \$45. Departs chapel parking lot at 5 a.m. and returns at 11 p.m.

May 30 Wednesday Evening Adventure Sports **\$15**
Enjoy the longer days with a mountain bike ride on some of the coolest single-track in the local area, or rock climbing on the world famous Frankenjura limestone. Use your own bike or rent one from Outdoor Recreation for only \$10. Climbing equipment is provided with trip fee. Must sign-up in advance. Departs Outdoor Recreation at 5 p.m. and returns at 9 p.m.

June 2 Outdoor Rock Climbing **\$35**
Enjoy the summer air and friends by joining Outdoor Recreation for an outdoor climb in the world famous sport climbing area known as Frankenjura. Includes transportation, instruction and equipment. Departs Outdoor Recreation at 9 a.m. and returns at 3 p.m.

June 6, 13, 20 and 27 Evening Adventure Sports **\$15**
Enjoy the longer days with a mountain bike ride on some of the coolest single-track in the local area, or rock climbing on the world famous Frankenjura limestone! Use your own bike or rent one from Outdoor Recreation for only \$10. Departs Outdoor Recreation at 5 p.m. and returns at 9 p.m.

June 9 White Water Kayak **\$35**
No matter your skill level, our white water kayak trip will have you feeling like a professional by the end of the day. Please wear a swimsuit and pack a towel, lunch and hydrating liquids. Trip includes transportation and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

June 9 Europa Park **\$65**
Europa Park is one of the premier theme park destinations in Europe. Relax and let Bamberg Outdoor Recreation take care of the driving. Children ages 4-12 are \$55; 4 and under are \$45. Entrance fee not included (32 euros per person, ages 4 and up).

June 14 Tour Under Bamberg **\$25**
This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Trip departs from Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

June 15-16 Night at the Lake **\$35**
Enjoy a night at Engineer Lake with Outdoor Recreation and other MWR facilities. There will be beer, camping, entertainment and breakfast in the morning. Your camping gear can be rented from Outdoor Recreation for a reduced rate.

June 21 Summer Solstice Hike **\$25**
Enjoy an evening hike on the longest day of the year. An easy six kilometers will give you a glimpse of this local area rarely seen by visitors. Please wear hiking boots. Trip includes transportation. Transportation departs Outdoor Recreation at 6 p.m. and returns at 11 p.m.

June 30 Outdoor Climb **\$35**
Enjoy the summer air and friends by joining Outdoor recreation for an outdoor climb in the world famous sport climbing area known as Frankenjura. Includes transportation, instruction and equipment. Departs Outdoor Recreation at 9 a.m. at 3 p.m.

(MEASLES continued from Page 3)

international travel. A majority of those were not immunized or they did not know their status.”

Of those 222 who were infected, 50 people ages 16 months through 19 years did not to get the vaccine because of religious, philosophical or personal objections, Vaz said.

Measles is spread by contact with an infected person or through coughing and sneezing, he said. The virus can remain active and contagious for up to two hours in the air and on surfaces.

Persons who have the virus can be infectious and transmit the disease four days before showing any symptoms. Vaz said. People with measles usually have a rash, high fever, cough, and runny nose, or red, watery eyes.

“Very few parents have observed or seen...measles,” Vaz said. “Therefore, they are less concerned about the need to vaccinate. It is only natural that people become complacent about the disease.”

The concern about the disease is more focused on the complications that can develop from the disease, Vaz said. People can get an ear infections, encephalitis, diarrhea, or pneumonia. Measles can be severe in infants, young children less than 5 years old and even persons older than 20 years due to malnutrition.

A European monthly measles report from the European Centre for Disease Prevention and Control stated that between Jan. 1 and Feb.

28 there were 1,447 cases reported throughout Europe. Germany had 20 reported cases and Romania had the most reported cases through February with 816. France had 227 reported cases.

There is no need for alarm, Vaz said, but people should be aware that there is a risk that persons who travel in Europe may be exposed to the virus.

“Anytime you are going into a large group of people, whether it is a sports event or a show, there is obviously a possibility that you may come into contact...with the virus,” he said.

The U.S. has done a good job at lowering the endemicity of measles through vaccinations, but that is because most of the people in the U.S. have been vaccinated against the virus, Vaz said. Children receive two vaccines; between 12 and 15 months of age, infants will receive the Measles, Mumps, Rubella vaccine and receive a second dose between 4 to 6 year olds.

“When it comes to international travel, then the recommendations change,” Vaz said. “It is not just a childhood disease like many people think.”

People should talk with their doctor about being up-to-date with their vaccines or getting the vaccine and should consider having children between the ages of 6 and 12 months get their first vaccine when considering travel overseas, he said. While the dose may not count toward two-dose requirements for school entry, it is recommended to protect the most susceptible segment of the population.

Asian-Pacific American Heritage Celebration

Photos by Heidi Sanders





Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

AUTOMOBILES

1997 Volvo 960 4Dr Sedan, grey 155k miles, US Spec manual trans, 6-disc changer, auto sunroof, power windows, power and heated seats, all weather tires plus additional 4 extra new winter tires. Very reliable and runs great on Autobahn. \$3000 o.b.o Call Wayne at 0160-9859-5584 or email wayne.leone@us.army.mil.

2006 Ford Focus, 2-door hatchback, 29,000 miles, 5-speed manual, US specs, approx. 25 mpg, all-weather tires less than 1 yr. old. Reliable little getaway car, perfect for zipping around narrow European roads. Asking \$6,200 OBO. Contact Jonathan Spiegel at 015111002357 or email jonathan.spiegel@us.army.mil.

2002 Toyota Camry XLE for sale. AUTOMATIC Dark blue exterior with grey leather interior. Electric windows, seats, sunroof, mirrors, and HEATED front seats. Four door, ample trunk space, and 6-disc cd player. Never been in accident. GREAT family car! BRAND NEW Spec tires. US Spec and mileage is 191K miles. Asking price is \$5200 OBO Make an offer! Call Priscila Solis for more info at 01525-3901479 or email asolispriscila@gmail.com for pictures or questions.

2005 BMW 118d, 45+ mpg turbo diesel, 6 speed manual, 5 door hatchback, Euro Spec, 98000 miles, snow and summer tires/rims, onboard GPS/computer, heated seats, parking assist, PCSing must sell. Asking \$10,500. Call Robert 01607837935 or email lucasbmw118@yahoo.com.

\$3800 OBO 1997 Ford Mondeo, Grey 4 door, Euro Spec, Automatic, sunroof. Passed inspection Sept. 19. New windshield and rear bumper, clean interior, very room. Car runs great on and off the autobahn. Phone:0160-985-45227.

\$2200 1998 2 dr. Seat Arosa, Euro Spec, 5-speed manual. Replaced front wheel bearings, new winter tires, new muffler. Passed inspection Oct 11. Excellent gas mileage. Phone:0160-985-45227

Opel Astra Coupe, 1999, red, 92000 miles, german specs, MP3 Player-CD, very clean and in good condition, new muffler, new brakes. Asking: \$3000 obo, for more pics or information please contact e_sapper@hotmail.com.

EMPLOYMENT

Central Texas College Europe is hiring for the position of Substitute Field Representative in Bamberg. Associate's Degree from a regionally accredited college or university is required, or one year of college with five years of experience. For more information please contact the current Field Rep in room 311 above the Community Activity Center, 0951-300-7476, or email bamberg@europe.ctcd.edu. You can also inquire with Les Brinkley at les.brinkley@europe.ctcd.edu.

The USAG Bamberg Community Chapel is currently accepting applications for Watchcare providers for the Watchcare Program. Performance period is expected through 30 September 2012. Interested parties should contact Stacey Berry, the Watchcare Coordinator, at 0152-242-84736.

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary.

Bamberg's Exchange is accepting applications for entry-level retail and food positions. Join a unique organization with the competitive package by applying online at www.applymyexchange.com or by calling Human Resources Office at 0951-303159.

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 0951-300-7467; or email bamberg@europe.ctcd.edu.

edu.

MISCELLANEOUS

Lost my cellphone Samsung Galaxy S2 in a brown clip leathercase on May 15 at Warner Barracks between the Community Activity Center and Motorpool. If you find it, please return it and receive a 100 Euro reward for your honesty. Please call 0160-633-9262

A ring was found on May 12 in front of Pico night club near the Market in Hallstadt. It is from the U.S. Army Transportation Operation Iraqi Freedom 2005-2007, Taveras Airborne. The inside of the ring is engraved: L. J. T. 3580. To claim the ring, send an email to isabella.daros@yahoo.de.

Looking to buy a Weber Smoker. Please email duntlum@yahoo.de or call 0163-2973350.

Home needed for 2 loving cats. 1 male (8yrs-orange Persian Mix) and 1 female (7yrs-Tabby). Up to date with all shots. ETSing and with deep regret we cannot take cats with us. Great family cats. Please call Alexandra or Doug at 0951-917-1978.

Looking for a loving home for our 2 male guinea pigs. They include 2 large cages, wooden huts, bedding material, grooming supplies, toys, books, pet carrier, and water bottles. They are 2 years old. Asking \$100. We are PCS'ing soon and can not take them with us. If interested please call 0151-1756-0411.

Large Apartment 2 bedroom and studio just 10 minutes away from Bamberg. Pictures available. Call 0152-54229569.

Let me walk your dog! Do you have a high energy dog that needs to go on long walks, but you don't have the time? Let me walk your dog. I will tailor to each dog's needs, but I usually go on 6 mile+ walks. \$10 for each walk. For my personal information please contact me at erin.cooper@us.army.mil.

Looking for a teacher of the Russian language. Call: 015152050467 or email mmk09@aber.ac.uk.

Mariachi Cuatro Caminos. Needs violins and trumpet players, along with vocalist male and female We will perform for the community and Middle and elementary schools in the community All serious inquires please email puomariachi@hotmail.com.

Apartment for rent. 1 bedroom apartment.

1 kitchen with built in kitchen furniture, 1 living room, 1 bedroom, 1 bathroom. All lamps and curtain included. Basement, Laundry room (already washer and dryer there), 2 parking lots. 14 km from post. For more info, call 0152-54229569.

FOR SALE

For sale: Central Texas College textbook, The Core, Larry J. Siegel 4th Edition for Law Enforcement History of America. Like brand new, only a few marks on the first 5 pages. \$ 95. Cost new \$125. On Post Pick up or I can mail it. Email: hic4chris@aol.com or cell: 0176-48026658.

For Sale: German solid wood living room shrank with lights: measurements are: 3.28m wide, 2.17m tall; 0.55m deep. The price is negotiable. Pictures available. 0152-54229569.

Kitchen with all appliances- \$700; German king-size solid wood bed - \$430; German bedroom schrank (4 meters long, 220 m high/black&white)-\$570; solid wood round dining room set (w/4 chairs)-\$200; French bed (120X200)-\$150; high board-\$75; bathroom cabinet-\$70; and a solid wood chest of drawers-\$65 / O.B.O. Call 0174-766-3088.

For Sale: Couch - \$300; TV Entertainment Center - \$80; Pier 1 Papasan Chair - \$65; Queen Size Bed and Mattress - \$330; Dresser - \$100; Bedroom Wardrobe - \$65 and 2 Piece Solid Wood Buffet - \$780. All in excellent condition. Pictures available upon request. Prices negotiable. Contact: Cell 0160-781-5496 Email: riesr@t-online.de.

AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please email your submission to the Public Affairs Office at usarmy.bamberg.usareur.mbx.pao@mail.mil. We will ONLY accept classified ads by email. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600.

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Outside the Gate

Events in and around Bamberg

Guided tours are a good way to get to know the place you are living or stationed. It is a good way to spend time outside, with friends or family. Check this website available in English on guided tours <http://www.bamberg.info/en/stadtfoehrungen/>

For general information on Bamberg's sights, fests, locations and free-time activities check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>. The information is available in English and with the nice pictures you will get in the mood for getting out and enjoying yourself.

Insider tips and rating for the coolest pubs, clubs, bars and sights can be found on this website: <http://www.virtualtourist.com/travel/Europe/Germany/Bavaria/Bamberg>. People who have been to these locations before share their insight information and experiences. It is a great resource for all who would like some more information on their favorite destination on Bamberg before leaving post.

Enjoy the good weather with the volksmarching enthusiasts. At http://www.dvwwandern.de/v_vb/10/Wandertage you will find the upcoming dates of the volksmarching activities in Franconia. For general information on events in Franconia you can check http://www.dvwwandern.de/v_vb/10. For information on the German-American Volksmarching Club Bamberg (Deutsch-Amerikanischer Wanderclub Bamberg) and information in English you can contact Mr. Wolfgang Keller, Warner Barracks, building 7090, room 103, Monday, Wednesday, Friday, 3-5 p.m.

You have 137 days left to visit the Bavarian Garden Show in Bamberg! Learn how honey is made and how insects help your garden, enjoy various street games, kids crafts, bouncy castles and more; find new trends for outdoor-living, outdoor lounges and modern plants. Visit <http://www.bamberg2012.de/web/en/index.php> for details.

Insider Tip:

Did you know that the Bamberg Cinestar offers movies in English language every once in a while? Their website is available in English at <http://www.cinestar.de/en/kino/bamberg-cinestar>.

Events for May 25-27

Friday, May 25

2 -10:30 p.m. 3rd Bamberg Winefest, at Maximiliansplatz (pedestrian zone), 96047 Bamberg

7 p.m. Music in the Hain Park (open air), at the music-pavilion at Hain Park, (requires a short walk into the park). Kick off concert features the Young String Orchestra.

7 p.m. Table tennis, federal league finals, at Stechert Arena, Forchheimer Str. 15, 96050 Bamberg

7:30 p.m. Spring Concert at Schloss Seehof feat. Trio Aureum (classical music), at Schloss Seehof - Orangerie, Memmelsdorf, Schloss Seehof, 96117 Memmelsdorf

8 p.m. Flowerpower, The Musical, at E.T.A.-Hoffmann-Theater - Großes Haus, E.T.A.-Hoffmann-Platz 1, 96047 Bamberg

9 p.m. Schammelsdorf Beer Days and Rock Night feat. Neumond, at Meedensdorfer Straße, 96123 Schammelsdorf

9 p.m. Laco Deczi Celula (Prague/New York), live jazz concert at Jazzclub Bamberg e.V., Obere Sandstr. 18, 96050 Bamberg (ticket reservation is recommended!)

10 p.m. Green Club's 5th anniversary feat. rap and funk with Main Concept

Saturday, May 26

10 a.m.-1 p.m. Paper-Engineers, children explore paper. Free admission, at Stadtbücherei Bamberg - Deutsches Haus, Obere Königsstraße 4a, 96052 Bamberg, tel. 0951 9811 912.

11 a.m.-10:30 p.m. 3rd Bamberg Winefest, at Maximiliansplatz (pedestrian zone), 96047 Bamberg

11 a.m. Open air concert feat. "Blasorchester Wunderburg", at Brudermühle,

Schranne, 96047 Bamberg

12 p.m. free organ concert feat. Andreas Koenig (Fuerth) at the Bamberg cathedral, at Kaiserdom, Domplatz 5, 96049 Bamberg

3 p.m. Schammelsdorf Beer Days feat. Tollhaus (8 p.m.), at Meedensdorfer Straße, 96123 Schammelsdorf

10 p.m. 90s Party, at Live-Club, Obere Sandstraße 7, 96049 Bamberg, 0951-53304, info@live-club.de, www.live-club.de

10 p.m. "Blockrocking Beats" (electro, fidget, techno), at Morph Club, Luitpoldstr. 17, 96052 Bamberg

Sunday, May 27

11 a.m. 12 Art Rooms – Picasso to Beuys, guided tour (German). Groups can be booked at tel. 0951 87 1142 or email museum@stadt.bamberg.de, at Stadtgalerie Bamberg - Villa Dessauer, Hainstraße 4 a, 96047 Bamberg

11 a.m.-9:30 p.m. 3rd Bamberg Winefest, at Maximiliansplatz (pedestrian zone), 96047 Bamberg, feat. Bobbin' Baboons (50s rock) at 5 p.m.

11 a.m. bicycle tour of Bamberg and surroundings, three hour tour with a stop at a guesthouse and a ride on the Pettstadt ferry. Call 0176 380 80 530, starts at Tourist Information, Geyerswörthstraße 5, 96047 Bamberg, €12 (adults)

1:30 p.m. "Bayern Rundfahrt", bicycle race hits Bamberg, expect traffic blocks, please plan accordingly and avoid driving downtown with your vehicle. The finishers are expected around 2 p.m. at Schönleinsplatz, Willy-Lessing-Str. 2, 96047 Bamberg. Enjoy lots of fun and entertainment for the entire family (face painting, bouncy castles, free-throw competition)

10 p.m. Babylove and the Van Dangos (Denmark)(oldschool ska), at Morph Club, Luitpoldstr. 17, 96052 Bamberg

National Concert Schedule

All dates, and tickets are available on the following website <http://www.eventim.de/project-pitchwork-tickets.html?affiliate=GMD&doc=artistPages%2Ftickets&fun=artist&action=tickets&erid=637247&includeOnlybookable=true>

June 1 Rock Im Park tickets start at 164,50 euros

July 26 Kool and the Gang, Stadthalle Fuerth

Aug. 10 Taubertal Festival feat. Placebo, Beatsteaks etc.

Aug. 25 Rock Im Pott feat. Red Hot Chili Peppers, Placebo and more

Aug. 29 Green Day and special guests: Angels and Airwave, Warstiener Hockey Park, Monchengladbach, 6 p.m.

Aug. 30 Green Day and special guests: Angels and Airwave, Kindl-Bühne Wuhlheide, Berlin, 6 p.m.

Sept. 19 Nickelback, o2 World Hamburg, Hamburg, 8 p.m.

Sept. 21 Nickelback, Lanxess Arena, Köln, 8 p.m.

Visit the city of Bamberg's official website

The screenshot shows the Bamberg official website with a red and white color scheme. The top navigation bar includes 'Home', 'Hotels & accommodation', 'Guided tours', and 'Packages'. A sidebar on the left lists categories like 'Experience', 'Worth seeing', 'Culture', 'Active', 'For...', 'Service', and 'Specialist'. The main content area features several articles: 'Our tip - your personal delicacy!', 'Bamberg - the beer city', 'Bamberg - an unforgettable experience!', and '25.6-26.9. Sightseeing in Bamberg'. At the bottom, there are social media sharing options for Facebook, Twitter, and Google+.