

The Franconian News

Serving the Franconia Military Community in Ansbach, Bamberg and Schweinfurt

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Thursday Sept. 20, 2012

Hammack observes Ansbach's lean, green conservation machine

By John O'Brien,
USAG Ansbach Public Affairs

ANSBACH, Germany -- Passive energy homes and greener facilities are just some of the ways U.S. Army Garrison Ansbach is addressing energy conservation.

Katherine Hammack, the assistant secretary of the Army for Installations, Energy and Environment, visited Ansbach Sept. 12-13, to see some of these energy-saving measures at work.

Ansbach is the command headquarters for the Army garrisons Ansbach, Bamberg and Schweinfurt, informally known as the Franconia Military Community, or FMC.

"What are garrisons doing to achieve better energy conservation goals?" asked Hammack.

Col. Kelly J. Lawler, USAG Ansbach garrison commander, and his staff met with Hammack and provided her with examples of how the FMC is tackling energy conservation.

"We are proud of what we have accomplished here," Lawler said. "In our Urtas housing area we have some of the Army's first passive energy homes."

Passive energy homes maintain good air circulation and low-level energy usage.



Bianca Sowders

Ralph Wurm, an engineer with U.S. Army Garrison Ansbach Directorate of Public Works, explains the Ansbach solar energy program to Katherine Hammack, the assistant secretary of the Army for Installations, Energy and Environment, as USAG Ansbach Garrison Commander Col. Kelly J. Lawler listens. Hammack visited Ansbach Sept. 12-13 to see some of Ansbach's energy-saving measures at work.

The houses are built using energy efficient materials designed to make use of all forms of energy to both heat and cool the home.

Whether it's a person's body heat or heat generated from energy efficient light bulbs in the house, all the energy is put to good use.

The houses are designed to maintain cool temperatures on the warmest of summer days, and warm temperatures on the coolest of winter nights, with little to no energy consumption rates during both times of the year. All energy

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Taking Over



Heidi Sanders

Command Sgt. Maj. William Funcheon, center, assumes responsibility as U.S. Army Garrison Bamberg's command sergeant major at a Change of Responsibility ceremony on Friday at the Warner Conference Center. Funcheon took over for Master Sgt. Matthew Waldron, left.

Get educated, stay safe at Schweinfurt stand down

By Margaret Gotheridge,
USAG Schweinfurt Public Affairs

prohibits your body to function properly.

SCHWEINFURT, Germany -- On Sept. 25 from 9 a.m. to 4 p.m. the garrison will host a safety stand down geared toward Soldiers, civilians and community members.

Dubbed the Save a Life Expo, the event will take place at several different locations on Ledward Barracks, including the Ledward Theater, Ledward Activity Center, 9th Engineer Battalion Vehicle Park and classrooms in Buildings 237, 287 and 288.

The Save a Life Expo is an opportunity for members of the community to receive and experience hands-on training to obtain a better understanding of the affects of alcohol and how it

"We want both military and civilian members to come out, connect with garrison agencies and learn something new," said Alan Hoffman, Army Substance Abuse Prevention coordinator. "Hopefully, this will be a fun way they can meet some of their unit's mandatory annual training requirements."

There will be a presentation and simulators provided by Save A Life Tour in Building 237 across the road from the vehicle park. The real-life multimedia presentation is designed to make drivers more aware about the risks of impaired driving.

(EXPO continued on Page 4)

Government leased housing occupants can stay put

By Heidi Sanders, USAG Bamberg Public Affairs

BAMBERG, Germany -- Even as U.S. Army Garrison Bamberg prepares for closure, Soldiers and Families living in off-post government leased housing don't need to be worried about having to move on post any time soon, according to housing officials.

"As long as there are still plenty of people residing in these leased quarters we are not going to return the leased quarters," said Gaby Wylie, chief of Bamberg's housing division.

Wylie said no changes are planned, especially now with many Soldiers deployed and other units in transition.

"As soon as the units have redeployed and the units relocating the middle to end of next year have moved, that is when we may re-evaluate," she said.

Wylie said in particular, spouses of deployed Soldiers do not need to worry about having to move while their spouse is away.

"We definitely are not going to force anybody whose Soldier is deployed to relocate at anytime while the Soldier is deployed," she said. "According to policy, we can't do that."

Wylie said no one will be forced to move to on-post housing, but as the population in off-post leased housing dwindles the housing office will work with occupants to find the best solution.

"If there are just one or two people leftover living out there we will work with them," she said.

Wylie said this doesn't necessarily mean that leased housing occupants will have to move to post.

"That may happen but it may not if their DEROS (Date Eligible for Return from Overseas) is really close," she said. "It does not make sense to have them move and then have them pack up six weeks later. A lot of times it is possible to wait with the termination (of the housing contract)."

Wylie said there are currently 123 leased dwelling units off post and that number will only decrease in the future.

"We are not moving anybody into leased housing off post anymore," she said.

Government leased housing differs from private rental housing. With a private rental, an individual has a contract with a landlord. In leased housing, the government essentially is the landlord. Wylie said there are no changes planned to private rental policies.

"Whoever lives in private rental housing may continue to live in private rental housing," she said.

At USAG Schweinfurt, which is also slated for closure, there are currently no plans to change government leased housing policies, said Helga DeHerrera, chief of housing.

"At this time, we are not relocating Families unless it is voluntary," DeHerrera said. "The future may look different."

She said Soldiers and Families will be informed of any changes before they take place.

Military-themed Day for Kids draws hundreds in Bamberg



Heidi Sanders

Connor Johnson, 3, jumps over obstacles during Bamberg's Day for Kids on Saturday.

By Heidi Sanders,
USAG Bamberg Public Affairs

BAMBERG, Germany -- Hundreds of Families took part in the annual Boys and Girls Club of America Day for Kids on Saturday.

The theme for this year's event in Bamberg was military kids. Approximately 425 people attended the event, which was held at the School Age Center.

Children participated in a variety of military-themed activities, including arts and crafts, games, an obstacle course and dress-up.

"The kids liked it -- dressing up, getting in the military and police vehicles," said Jennifer

Barker, outreach services director for Child, Youth and School Services. "The MRE (Meals, Ready-to-Eat) table was a big hit."

At that table, Soldiers prepared MREs for the children to sample.

Barker said the event would not have been a success without the help of volunteers.

"Ten Soldiers from the 16th worked the different stations," she said.

She said there were also volunteers from the Order of the Eastern Star and the community.

"We had three to four people that showed up that day and knew we needed help," she said.



Col. Kelly J. Lawler
U.S. Army Garrison
Ansbach, Commander

John O'Brien
USAG Ansbach Public Affairs
Officer

Lt. Col. Michelle L. Bienias
U.S. Army Garrison
Bamberg, Commander

Renate Bohlen
USAG Bamberg, Public Affairs
Officer

Lt. Col. Michael Runey
U.S. Army Garrison
Schweinfurt, Commander

Nathan Van Schaik
USAG Schweinfurt, Public
Affairs Officer

Ansbach Staff
Bianca Sowders, Connie
Summers

Bamberg Staff
Simon Hupfer, Jessica Lipari,
Heidi Sanders (Editor)

Schweinfurt Staff
Spc. Latoya Dallas, Margaret
Gotheridge, Nathan Van Schaik

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All Family and MWR programs provide reasonable accommodations for individuals with special needs. For assistance please contact the facility manager prior to your visit.

Contact Information:

Office Location: Bldg. 7089, Warner Barracks
U.S. Army Address: Unit 27535, APO AE 09139
Telephone: DSN:469-1600, Fax: DSN:469-8033

German Address:
Weissenburgstrasse 12, 96052 Bamberg
Telephone: (+49) 0951-300-1600, Fax: (+49) 0951-300-8033

Rewards card launch brings instant savings to commissary patrons

By Jessica Lipari,
USAG Bamberg Public Affairs

BAMBERG, Germany -- Stepping into the commissary to get groceries, shoppers will be asked if they would like to sign up for the new rewards card.

The Defense Commissary Agency has released the Commissary Rewards Card, a digital form of couponing.

It is simple to register and provides the opportunity to save instantly with 10 preloaded coupons upon checkout with a quick scan of the card. The card is available at the commissaries in all three Army garrisons that make up the Franconia Military Community.

"We are very excited about this new initiative," said DeCA director and Chief Executive Officer Joseph H. Jeu in a press release.

"These cards will allow our customers to reduce the number of paper coupons they have to clip and carry," he added. "That saves our customers time, effort and money."

Patrons receive a wallet size card and two keychain cards for convenient use. The program is free to all military identification card holders and upon receipt the card needs to be registered online at <http://deca.couponselectionpage.com>.

"It was easy to register," said Saree Allison-Clopper. "But the coupons were limited."

Registering online requires the individual to enter the number on the back of the card, entering limited personal information and creating a password.

Registrants also can enter an alternate 10 digit numerical identification that they can provide to the cashier in case they forget their rewards card.

After registration is complete the website provides a user-friendly interface with a tab showing the coupons available, as well as tabs that show the customer's coupons they have clipped, redeemed or expired.

In the coupons available tab, customers select the coupons they would like to use.

The coupons can be sorted in various ways to allow one to easily find coupons that meet their shopping needs.

Once a coupon is selected, by checking the clip box, it is saved to the rewards card account and can be used immediately.

"The idea is good and handy," Allison-Clopper said. "It will make it easier for the cashiers so they don't have to cringe when they see shoppers like me with stacks of coupons that they have to go through."

There are no limits to the amount of coupons that can be placed on the rewards card at one time.

However, once they redeem it or the coupon is expired, they will no longer be able to use it.

The expiration dates on the digital coupons are firm dates, even overseas. They are not available for six months after the expiration date like paper coupons.

Also, with all coupons, some items may not be available at some commissaries and they cannot be combined with a paper coupon for

bigger savings.

The card may be used at any commissary around the world that is currently using the program.

The program is still being launched and should be available at all commissaries by the end of fall.

Although the selection at the moment of available coupons is limited, the selection will become larger as the program grows.

Allison-Clopper is still using paper coupons at the moment and saving \$30 to \$40 per grocery bill due to the limited amount of coupons presently available.

"I can't wait till they have more coupons online and I do not have to do all the work to sort through the paper ones," Allison-Clopper said.

New offers will be posted every couple of weeks on the website and customers can still use paper coupons to save.

The website offers a feature for one to download or print their coupon list to take shopping with them.

The list is divided into various sections like beverages, frozen, grocery and health and beauty. This provides shoppers with an easy reference to what coupons they have.

Additionally, on the website it shows the amounts of savings available with the coupons they have in their account, as well as, the savings they have accrued to date, allowing one to track their savings and how many coupons they have used.

Working to Serve You Better



Courtesy Photo

Spc. Daniel B Bridges, with the 1-77 Field Artillery, serves as a playground and recess monitor at Schweinfurt Elementary Middle School. He's also an assistant to the registration and secretary's office. Hailing from Las Vegas, Bridges has lived in Germany for two years. His goal in life is to enter medicine. "But when I began working at the school six months ago," he said, "I noticed how attached I've become to these kids." Bridges decided that after he gets out of the Army in 2013, he will enter college to become a pediatrician.

Army exchange program enhances engineer's career

ABERDEEN PROVING GROUND, Md. -- The decision to apply to the Army's Engineer and Scientist Exchange Program seemed like an easy one for an engineer assigned to the Edgewood Chemical Biological Center.

To read more on this story, click [here](#).



Leaders look at Army of 2020 and beyond

WASHINGTON -- As the Army transitions away from wartime commitments, what should the strategic focus be for future challenges and what will the Army of tomorrow and beyond look like?

These questions were discussed during the Training and Doctrine Command-led "Army Campaign of Learning" Senior Leader Seminar, or SLS...

To read more on this story, click [here](#).



(EXPO continued from Page 1)

The Save a Life Tour brings with it multimillion dollar drinking and driving simulators featuring a bank of computer monitors and realistic driving controls, allowing the driver to maneuver more than 87 miles of roads in a variety of urban and rural settings.

Following a demonstration on the effects of drunk driving, all high school students are invited to operate the drunken driving simulator beginning at 4 p.m., said Dillon Welliver of the high school Adolescent Substance Abuse Counseling Services.

A motorcycle safety simulator provided by the Directorate of Logistics will be available in Building 288 for members of the community who enjoy riding and meeting others who ride motorcycles. At 10 a.m. and 1 p.m. motorcycle riders are invited to attend a motorcycle forum to discuss Schweinfurt motorcycle issues.

Army and Air Force Exchange Service will have a drunk driving simulator set-up in the 9th Engineer Battalion Vehicle Park. The vehicle park will also serve as a staging ground for several demonstrations which include fire safety, vehicle rescue, air bag demonstrations and it will also include the Outdoor Recreation center's climbing wall.

The Ledward Theater will be used for ACE-SI Training (Ask, Care, Escort, and Suicide Intervention). This training is designed to help identify suicidal tendencies that are critical to



Courtesy Photo
Sgt. Cassandra Cole, 1st Battalion, 212th Aviation Regiment, human resources sergeant, tries to maintain control of a simulated vehicle as the controls are being affected by "intoxication" effects during last year's Save A Life Tour. Soldiers, civilians and community members are encouraged to attend the event to understand the importance of safety and low-risk alcohol choices as the season of summer transitions into fall.

suicide prevention.

The Ledward Activity Center will contain several informational booths from various agencies like Women, Infants and Children Overseas; Army Community Service; Outdoor Recreation; the health and dental clinic and the American Red Cross. Each table will have

displays and information available regarding their department's advice on health and safety. These agencies will also be providing the community an opportunity to sign-up for their classes and activities. Food and drink vendors will have refreshments available for purchase. All demonstrations and information booths are within walking distance.

(VISIT continued from Page 1)

generated in and around the houses help to maintain this reality.

"Persons living in the houses thus far seem to love and appreciate what passive energy homes brings to the table, but best of all, there is no loss in quality of life standards in order to bring these conservation efforts to fruition," said Lt. Col. Adam Gamez, Ansbach director of public works.

Lawler said the new Post Exchange, which opened Aug. 30, also uses greener technology. Bradley Nisbett, an Exchange Europe marketing officer, said some of the more energy-efficient systems put in place include "solar panels on the roof which will be used in part to provide pre-heated water, which will in turn reduce power consumption," and "variable illumination lighting for the main store which will reduce the electrical load within the store."

"We have also installed high efficiency storefront glass which reduces heating, ventilation and air conditioning requirements within the store," Nisbett said.

"The bottom line is these efforts not only reduce power consumption but also lowers our costs," Lawler said. "This is a win-win for the Army and Ansbach."

Lawler said additional conservation efforts will be included in the new commissary, which is being built near the new PX and slated to open in early 2013. The construction cost for this building is a little more than \$15 million. But the money is well spent, as this facility will be, "the greenest commissary to date," according to Roseanna Alcantara, who works for the Army Corp of Engineers European District.

"Energy saving, green features incorporate extensive sustainable and energy-saving design features," Alcantara said. "Some of the features

to be seen in the commissary will include high-efficiency HVAC systems, enhanced freezer and cooler insulation, non-ozone depleting refrigerants and photovoltaic (solar) power generation."

While in Ansbach, Hammack was able to see these new facilities and homes firsthand as well as visit the Directorate of Public Works to gain more information about the solar energy projects used in the garrison.

She said that the garrison efforts are "very good" and "well done" as they relate to USAG Ansbach's solar energy implementation.

"The solar energy program is an example of how we are trying to be good stewards in our conservation efforts," said Gamez.

Hammack has spearheaded the Army's energy and environment initiatives since taking office, including the Net Zero program she has put in place.

The intent of the Net Zero program is to move installations toward a more balanced approach of attacking conservation coupled with waste management, efficiency and technology in order to bring the consumption of these resources to zero.

"Though we have made major headway in these areas, while striving towards the Net Zero concept, we also recognize there is still much we can do, but we will achieve the goal even within today's fiscal realities," Lawler said. "It just takes creative, out-of-the-box thinking."

Additionally, another area of importance to Hammack while visiting USAG Ansbach was single parents and women who work within the military. During her visit, she took time to meet and have lunch with several Soldiers at the Storck Barracks Dining Facility. Hammack used the time to encourage the Soldiers to open, frank and direct dialogue about energy issues.

Break out the dirndls, lederhosen; It's time for Oktoberfest

By Heidi Sanders, USAG Bamberg Public Affairs, and Margaret Gotheridge, USAG Schweinfurt Public Affairs

BAMBERG, Germany -- A must-do on many people's bucket list is a visit to the world-famous Oktoberfest in Munich. While stationed in Germany -- in particular Bavaria -- is the perfect opportunity to take part in this annual celebration.

Munich's Oktoberfest will kickoff at noon on Sept. 22 when Munich's lord mayor taps the first keg. Oktoberfest runs until Oct. 7.

Oktoberfest began in 1810 as a celebration of the Bavarian Crown Prince Ludwig's marriage to Princess Therese von Sachsen-Hildburghausen. The celebration became an annual festival, was lengthened and moved up to September, to take advantage of the warmer early autumn evenings, according to www.oktoberfest.de.

The festival, which is Bavaria's largest, features rides, beer tents and of course food and beer. Entrance to the fest grounds and the beer tents is free. Tuesdays from noon to 6 p.m. are family day and offer discounts. For more information about Oktoberfest, visit <http://www.oktoberfest.de/en/>.

Don't want to bother with driving or taking the train to the festivities? Army garrisons in the Franconia Military Community are offering trips to Oktoberfest.

On Sept. 22 and Oct. 6, Bamberg's Outdoor Recreation is offering a trip to Oktoberfest. The cost is \$40. The bus will depart from the chapel parking lot at 8 a.m.

To sign up visit ODR, or sign up online at <https://webtrac.mwr.army.mil/webtrac/bambergrectrac.html>. For more information, call 0951-300-9376.

Bamberg's Better Opportunities for Single Soldiers will head to Oktoberfest Sept. 29. The cost is \$39 per person. The bus will leave from the chapel parking lot at 7 a.m. Sign up at the Freedom Fitness Facility. For more information, call 0951-300-8890.

Ansbach's Outdoor Recreation is going to Oktoberfest on Sept. 29. The cost is \$45 for adults, \$35 for children or \$109 for the entire Family. No cost for children 3 and younger. For more information, call Ansbach Outdoor Recreation at 09802-83-3225.

For those who want to celebrate Oktoberfest closer to home, U.S. Army Garrisons Bamberg and Schweinfurt will host their own versions of

the famed celebration.

Bamberg Oktoberfest set for Oct. 13

Bamberg's Community Activity Center will host a daylong Oktoberfest celebration on Oct. 13. The festivities will begin at 10 a.m. with a Bavarian "Weisswurst" breakfast served with pretzels and beer.

The final Community Flea Market of the year will also start at 10 a.m. and go until 1:30 p.m.

Hay rides will be offered from 11 a.m. to 2 p.m., and a Bavarian Oompa band will perform from 11 a.m. to 1:30 p.m.

Food and beverages will be sold throughout the day.

The day will wrap up with the Operation Rising Star finals beginning at 4 p.m.

Be sure to wear your dirndl or lederhosen. For more information, call the CAC at 0951-300-8837.

Schweinfurt will have Oktoberfest Sept. 28

Get out your lederhosen and dirndls Sept. 28 and join other members of the community at the

(FEST continued on Page 6)

Ansbach Middle High School JROTC colors return from Afghanistan

By Spc. Ondirae H. Abdullah-Robinson, 12th CAB Public Affairs, and 2nd Lt. Shanice T. Daugherty, Ansbach JROTC cadet

ANSBACH, Germany -- Inside the crowded gymnasium, the crowd is quiet, the music is playing and the cadets are in formation, standing at attention. The ceremony is about to begin.

On Sept. 14, the cadets of the 9th Army Junior Reserve Officer Training Corps Battalion, at Ansbach Middle High School had a ceremony to uncase their unit colors which had traveled with an Army brigade around Afghanistan.

The colors were given to Col. Jay Voorhees Jr., the commander of the 12th Combat Aviation Brigade, during a ceremony last May at the helicopter landing pad near brigade headquarters on Katterbach.

"Sgt. 1st Class Randy Dolph and Lt. Col. Dennis Kirstein asked me if I would carry the battalion's colors with us to Afghanistan," Voorhees said. "To be quite candid, it was an honor and a privilege to be able to do that because it is what these kids represent."

The battalion's colors stayed with the brigade's colors and traveled with the brigade commander to all of the regional commands and forward operating bases. The colors also flew in helicopters over the Hindu Kush mountains and over places where the brigade lost Soldiers.

At the ceremony, Command Sgt. Major Micheal Clowser, the command sergeant major of the 12th Combat Aviation Brigade, and cadet Command Sgt. Major Rahim Beatty, the cadet command sergeant major of the 9th Army JROTC Battalion, uncased the battalion's colors.

Voorhees and cadet Lt. Col. Xavier Rodriguez, the cadet commander of the Army ROTC battalion, attached a streamer to the colors that has "Afghanistan" sewn on it.



Spc. Ondirae Abdullah-Robinson

Command Sgt. Maj. Micheal Clowser and Cadet Command Sgt. Maj. Rahim Beatty uncase the Ansbach Junior Reserve Officer Training Corps colors following the colors' return from Afghanistan. The colors were taken to Afghanistan by the 12th Combat Aviation Brigade on behalf of the Ansbach High School JROTC program.

The majority of the 12th CAB was deployed to Afghanistan while the colors traveled there, which gave the deployed parents of the students an opportunity to be a part of a community project with their children.

"Being able to take a part of the Ansbach community with his brigade to travel across Afghanistan made every place a special place," Voorhees said. "I am very proud of the JROTC program and the students of the high school. They are both extremely important to all the 12th Combat Aviation Brigade does."

(FEST continued from Page 5)

Conn Club from 4 to 9 p.m. for a glimpse of a traditional fest done in USAG Schweinfurt style.

The fest starts in a traditional manner with the tapping of the keg by Lt. Col. Michael Runey, Schweinfurt garrison commander.

German festivals allow people to gather together, lock arms with one another and sing traditional fest songs. The community Oktoberfest is no different and will have live music provided by "Ballingshausen Original Frankish Dorf Musikanten."

The event is open to all I.D. cardholders and their guests.

The Schweinfurt Oktoberfest would not be complete without German specialties like pretzels, bratwurst, schnitzel and other traditional goodies. The event will also have food and drinks available for purchase from Family Readiness Groups.

Kids will be entertained with bouncy castles while the adults can relax and enjoy the festivities of the evening. If you live on post and are worried about drinking and driving, don't worry. The shuttle bus will be extending their hours of operation until 10 p.m. Also, some units will have safety patrols for the event. For those living off post don't worry. Taxis and taxi contact information will be available for you to safely get home.

Dressing the part

If you are interested in dressing up for the event or participating in the best dressed lederhosen or dirndl contest, here is some information about how and what to wear. For women, the traditional attire is called a dirndl. This consists of a blouse, skirt and apron. Be



File Photo
Musicians perform during an Oktoberfest celebration in Bamberg in 2011. This year both Bamberg and Schweinfurt will have Oktoberfest celebrations.

aware that when tying the bow to your apron could imply certain messages. If you tie your bow to the left of center it means that you are single, tying it on the right side means that you are in a relationship, if your bow is tied in the middle it means that you are unsure about your relationship status and if you tie your bow in the back then you are either a widow or you are a waitress.

The men's lederhosen or leather trousers are a little less complicated. Lederhosen, or leather trousers, are available in short, long and knee lengths with a drop flap and suspenders that are decorated with traditional embroidery in the front. The pants are usually worn with a checked or gingham button-down shirt, side-lacing Haferl shoes, and knee-high wool socks. There are two shops in downtown Schweinfurt that specialize in traditional German clothing. Wirkes is located on 1 Zehntstrasse and Trachtenhof Nübler is located at 7 Mangasse.

More cost-conscious options can be found at C&A in the Stadtgalerie mall on 8 Gunnar-Wester Strasse and TK Maxx on 9 Jägersbrunnen.

Acting the part

If you have been to a fest you have heard the song "Ein Prosit" which means "a toast to you." Doing as the Germans do, and learning this song can help you make friends when sitting at festival tables. Make sure that when you are singing this toast you have a beverage in your hands because you will be expected to "prost" or cheers those near you at the end of the song. If you haven't been told before the etiquette of making eye contact when saying cheers with someone is a must since some Germans believe that if you don't you will have seven years of bad luck.

Lyrics to "Ein Prosit" with pronunciation:
**"Gemütlichkeit" means a warm, happy feeling.

*Ein Prosit, ein Prosit, der Gemütlichkeit,
(Ine Pro-zit, Ine Pro-zit, dur Geh-mewt-lish-kite)*

*Ein Prosit, ein Prosit, der Gemütlichkeit,
(Ine Pro-zit, Ine Pro-zit, dur Geh-mewt-lish-kite)*

*Eins, zwei, drei, g'suffa!
(Ines, tzvye, dry, soo-fa!)*

*Zicke, zacke, zicke, zacke, hoi, hoi, hoi!
(Tzickee, tzhckee, tzickee, tzhckee, oy, oy, oy!)*

Oktoberfest is celebrated all over Germany. Besides Munich there are also fests in Stuttgart (for more information, visit <http://www.stgt.com/stuttgart/volkfste.htm>) and Hannover (visit <http://www.oktoberfest-hannover.de/>) that are worth checking out. For more information about different fests occurring this year, check out the German Events Calendar at <http://www.schweinfurt.army.mil/weekly/germanevents.htm>.

Welcome Home!



Heidi Sanders

The Bamberg community welcomes home 13 Soldiers from the 173rd Airborne Brigade Combat Team who had been deployed to Afghanistan. The welcome home ceremony took place Sept. 11 at the Warner Conference Center.

Spotlighting Success



Courtesy Photo

More than 30 high school students, teachers and community members took part in Service Saturday on Sept. 8, to help beautify Schweinfurt High School. Volunteers worked on the school bollards and the area adjacent to the building. They then ate hot dogs. Service Saturday is a monthly event and the next one will be Oct. 20. Interested? Contact Directorate of Public Works Operations Chief, 1st Lt. Dawn Hoch at 09721-96-7030.

BOSS brings a different kind of 'first' to Schweinfurt

By Spc. Adrian Sherrod,
Better Opportunities for Single Soldiers

SCHWEINFURT, Germany -- An organization run entirely by single Soldiers here hosted its inaugural working group Aug. 26-28 aimed at strengthening their program.

The organization Better Opportunities for Single Soldiers, or BOSS, orchestrated the conference – the first of its size and scope for Installation Management Command Europe, which is the agency overseeing the management of U.S. Army garrisons in Europe.

The purpose of the three-day event was to provide BOSS representatives from around Schweinfurt and Bamberg a venue to work together. Topics covered included BOSS basics, the three pillars of BOSS, the BOSS vision, a course in public speaking, Army leadership and its applications to BOSS, ethical behavior and the Army Values.

Senior leadership was present at all three days of the training, and the classes culminated in a debrief to leadership from units around the community.

"I honestly believe training and garrison support was awesome. I am so impressed with Schweinfurt's continued excellence in BOSS program execution," said IMCOM-E BOSS program manager, Angela Flowers

The working group also gave Schweinfurt's BOSS program the chance to teach and learn



Spc. Adrian Sherrod
New Better Opportunities for Single Soldiers representatives take a short break from training. Schweinfurt BOSS hosted its inaugural working group Aug. 26-28 aimed at strengthening its program. The conference was the first of its size and scope for IMCOM Europe.

from other BOSS programs while bringing them closer together.

USAG Bamberg BOSS President Sgt. 1st Class Jimmy Carswell, for example, gave a class on leadership ethics and assisted with other aspects of the training.

"This conference was a great opportunity to build skills of a well-rounded Soldier and BOSS rep," said USAG Schweinfurt BOSS Treasurer, Spc. Cyril Pennerman. "The team-building exercises helped to build camaraderie between BOSS reps."

For many of the personnel participating in the training, this marked their first interaction with the BOSS program's inner workings.

"This was a great way to raise awareness of the BOSS program," said USAG Schweinfurt BOSS Vice President, Spc. DeQuindrae Ogletree, at the conference's closing. "We have given our BOSS representatives the tools they need, and hopefully this will make a great impact on the well-being of all the single Soldiers in the garrison."

Spouses' Corner: We all carry baggage, just in different ways

Editor's note: The Franconian News is trying something new. U.S. Army Garrison Ansbach Public Affairs Office has found several spouses of currently deployed Soldiers who have thoughts that might be helpful, supportive and encouraging for other spouses.

By Crystal Mahany

ANSBACH, Germany -- Baggage. We all have it. I don't mean ex-spouses or crazy families. I mean everyday baggage – children, meals, school, bills and car repairs – all of which are exacerbated by deployment. How do we know how someone carries theirs.

We've all seen her – the spouse with a baby on the hip, towing another by a single finger, carrying groceries and on the phone organizing a play date while on her way to mail a package downrange.

She comes at us in one of two ways: The first is with a perfectly quaffed ponytail, stylishly put together outfit and a fresh manicure. The other has mismatched disheveled clothes seemingly thrown on in the dark, unlaced tennis shoes with only half of her hair still in a ponytail. Both are juggling the same amount; the latter looks like a train wreck while the former is like a magic fairy.

Why the stark contrast? Both spouses are managing it all, just differently. So who does it better? The answer is there is no better. We are all working to become Jedi masters at juggling life with half the help, in addition to the different ways we deal with missing our Soldier.

How we do it depends on our own capabilities and the support of our community, friends and loved ones back home. However, not everyone gets involved in the community; perhaps they haven't developed close friendships yet, or maybe because they've moved around so much, "back home" is a distant memory. So we may look different on the outside while we perform a juggling act, but we're all carrying baggage and counting down one more day until our Families are once again complete.

Some say, "get out of the house," "go traveling," "have a glass of wine" or "put the kids in day care for a break." Truth is, we have to find what works for us because there is no one way to do it right. It's simply not that simple. What works for you isn't going to work for me; so thank you for the advice but some days that advice is exactly what I don't need to hear. Though I am genuinely happy you have found your niche, it isn't mine. Be OK with that (because I am).

The disheveled mess may just be having an off day – catch her tomorrow and she'll be sparkling and smiling. The magic fairy may have just wiped her tears and taken a big deep breath before stepping out of the car.

Be respectful of the fact that we truly don't know what's going on with others. What may appear like a put-together-can-do-it-all-on-her-own (or the train wreck for that matter), may be a friend needing a hug. A hug that doesn't say anything except, "I get it." If it's a stranger, think of lending a hand if the situation permits when your bravery overcomes your desire to just stand back and watch. A moment of kindness can go a long way.

How do you carry your baggage? Do you unknowingly dump yours on others without thinking or considering what the other person is carrying? Do you judge others by how they carry theirs? Baggage varies in size and density...but the weight is still the same.

So next time you see her, in whatever form she may come, remember we all have baggage... we just carry it differently. Some of us carry it around like luggage and some of us carry it like pebbles in our shoes.

Franconia Military Community Announcements

Flu Vaccines

Flu Vaccines are now available at your local health clinic. An annual average of 36,000 deaths and 226,000 hospitalizations occur each year in the US due to influenza infections. Annual flu vaccinations are the most effective method for preventing influenza virus infections and its complications. For more information, go to <http://bit.ly/flu-shot-video>.

Care Experience

Returning an Army Provider Satisfaction Survey can generate money for the local health clinic. Positive responses to the questions that generate money for the clinic are great, but honest responses about the customer experience is necessary to improve the clinic's quality of service. Beneficiaries who do not receive a survey within six weeks of a visit to a local clinic should ensure their Defense Enrollment Eligibility Reporting System is up to date.

CID Seeks Qualified Soldiers

The U.S. Army Criminal Investigation Command, commonly known as CID, is recruiting qualified Soldiers who are interested in pursuing a career as a federal law-enforcement officer. For more information, visit http://www.cid.army.mil/join_CID.html.

Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator.

DEERS Validation

Soldiers are responsible for ensuring Defense Enrollment Eligibility Reporting System information is updated. Please see the ID card section to update your DEERS information.

OneSource Mobile

Army OneSource is now available for smart phone browsers. The launch of a mobile device version will optimize Army OneSource the mobile experience for

Recycling Fact
Recycling one ton of paper conserves 17 trees.

visitors. Visit www.myarmyonesource.com today.

Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0162-510-2917 for the 24-hour hotline.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; offered weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date.

Trial Defense Services

If you're a Soldier and you are questioned by law enforcement, Criminal Investigation Division or members of your command about suspected acts of misconduct, you have the absolute right to remain silent. You have the right to refuse to answer any question, even from your commander and you have the right to talk to an attorney. If questioned, you should immediately demand to speak to an attorney. As a Soldier, you are entitled to free consultation and representation by a military defense counsel. All communications with a trial defense attorney are privileged and will not be released to your command. Let a U.S. Army trial defense attorney help you. For more information, come speak with a free trial defense attorney.

Teen Stress

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

Involved Consideration

Missed appointments diminish a medical facility's ability to provide efficient health care. The next time you cannot make your medical appointment, please be considerate and cancel your appointment. We need your involvement to provide better care.

Scout Program

Each year, the Veterans of Foreign Wars selects three young people — of the Boy or Girl Scouts, Sea Scouts or Venturing Crew — who have demonstrated

practical citizenship in school, scouting and the community. The first-place winner receives a \$5,000 award, the second-place winner receives a \$3,000 award and the third-place winner receives \$1,000. For more information, visit <http://www.vfw.org/Community/Scout-of-the-Year-Scholarship/>.

PTA Scholarships

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

Post 911 GI Bill

Take advantage of your military benefits. Earn a degree or skill with your Post 911 GI Bill. Find out more about your benefits by visiting <http://www.gibill.va.gov/>.

Edelweiss Resort

Ongoing specials and packages Garmisch-Partenkirchen, Germany. This full-scale resort and alpine lodge is in the heart of the Bavarian Alps and ski country. The hotel is part of USAG Garmisch with nearby AAFES shopping and gas facilities. There are often deals and package specials available. For more, visit www.edelweisslodgeandresort.com.

Utility Tax Relief Services

Tax Relief Office offers a new service for U.S. Army Garrison Ansbach, Bamberg and Schweinfurt customers. With the implementation of the Utility Avoidance Program customers can sign up and save 19 percent tax on their electricity, gas and water bills. For more information, call the Warner Barracks' Tax relief office at 0951-300-1780, Leward Barracks' Tax Relief Office at 09721-96-1780, Bismark Kaserne's Tax Relief Office at 09802-83-1780 or Storck Barracks' Tax Relief Office at 09841-83-4553.

Family Advocacy Programs

Army Community Services' Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and anger/stress management classes. Contact your local ACS for dates and class schedules.

Immediate Appointments

Are you tired of waiting on hold while scheduling a medical appointment at health clinic? With TRICARE Online, you don't have to wait on hold. You can schedule appointments, refill prescriptions and manage your health needs better. Register today at www.tricareonline.com. To learn more, visit <http://www.youtube.com/watch?v=s7VeUlyTMa4>.

Ansbach Community Announcements

Please send all announcements to Ansbach Public Affairs at usarmy.ansbach.imcom-europe.mbx.pao@mail.mil.

Operation Rising Star

Due to the overwhelming success of Operation Rising Star, we have had to move the location to the Storck Movie Theater for the semi-finals Sept. 20 and the finals on Sept 27 both at 6:30 p.m. The Terrace Playhouse on Bleidorn is too small of a venue to hold the standing-room only crowds coming out to cheer on their Rising Star. Please note that performances are judged 50 percent by official judges and 50 percent from the audience. Audience members receive one vote walking in the door, other votes can be obtained by purchasing a refreshment or non-alcoholic beverage. For more information, call 0981-183-7636.

Temporary BOSS Lounge

The temporary lounge for Better Opportunities for Single Soldiers is located at the Storck Community Activity Center. It is open Tuesday to Friday from 11 a.m. to 1 p.m. For more information, visit www.facebook.com/ansbachboss.

Hearts Apart Self-Empowerment Workshops

The fourth Tuesday of every month at Stork and Katterbach Army Community Service from 10 a.m. to 12 p.m. there will be a Hearts Apart Self-Empowerment Workshop. The theme for September is "Let's get to know each other" and for October it is "Basic Car Care." To register, call Storck ACS at 09841-83-4555 or Katterbach ACS at 09802-83-2883.

USAG Ansbach Force Protection Exercise

The Directorate of Emergency Services of U.S. Army Garrison Ansbach will conduct a Force Protection Exercise on Sept. 22 at the back gate of Katterbach Kaserne and on Urlas Kaserne. The exercise is expected to last from 8 a.m. to 1 p.m. Be aware that there will be a lot of emergency service vehicles operating during this time frame, including Military Police and the German polizei, fire trucks and ambulances. There will also be a heavy Soldier

presence at the Urlas Kaserne. The exercise should be at minimal impact to the community.

Oktoberfest Pottery Painting Party

The Arts and Crafts center on Barton will have a Oktoberfest Pottery Painting Party on Sept. 22 from 10 a.m. - 6 p.m. Decorations, music and themed painting ideas. Wear your dirndl or lederhosen. Prices are by item and include paints and studio time. Open to all ages and bring your friends, drinks and snacks.

Paint your own Pottery

The Recreation Center at the Storck Community Activity Center has paint your own pottery classes on Sept. 21 and 28 from 1-6 p.m. Paint it and take it home the same day. Walk-ins are welcome. For more information, call 09841-83-4663.

Kinderfest

On Sept. 29 there will be a Kinderfest at the Von Steuben Community Center on Bismark from 12-3 p.m. In event of rain it will be held at the Katterbach School Age Center. Spend time and fun with the special children in your life. There will be face painting, furry friends petting zoo, bungee trampoline, balloon clown, refreshments and more.

Bleidorn Community Library

Wondering how to get our next library book with the Bleidorn Community Library closed for renovations? For interlibrary loan requests or recordings, phone the Bleidorn Library at 09811-83-1740 and have a staff member place the request for you. You can arrange a pickup at Storck Barracks or the Bleidorn Library. The automated interlibrary loan system will be re-enabled once library renovations are complete.

Help Wanted

The Katterbach Thrift Store is in dire need of volunteers. If you have some time to donate, we would really appreciate it. Our hours are Tuesday and Wednesday from 10-2 and Thursday from 12-6. Any time you have to spare would be helpful.

Closures and Changes

Fuel Pump Gym

The Fuel Pump Gym and Duggan Gym located on Barton Barracks will be closed from Sept. 18-23. During this time, repairs will be made to the "fit n' fun" kid's zone and a thorough cleaning will occur. Over the last couple of months, there have been many acts of vandalism, which continue to pose a safety risk to our children who play at the "fit n' fun" play area and recently a few pieces of weight equipment have been reported missing. In order to keep these two gyms available to the community we are looking for volunteers to support the daily operation of both facilities. During the hours that both gyms are open, 7 a.m. to 10 p.m. we need volunteers who can maintain a close eye on the equipment and ensure the "fit n' fun" zone remains safe for our community. Without your help these two facilities' hours of operation will decrease and, if needed, be closed permanently. If you are interested in volunteering at one of these gyms, please contact the Headquarters and Headquarters Detachment Commander at 09811-83-7724.

Fuel Pump Closure

The Transportation Motor Pool Fuel Pump, Building 6644, at Storck Barracks is closed until further notice due to a malfunction.

Stork Barracks Vehicle Registration Closure

The Vehicle Registration Office will temporarily suspend the Storck Barracks Vehicle Registration

Office operations. All vehicle registration operations will be provided at the main office on Barton Barracks, 3rd floor, Room 303, Building 5254. For more information, call 09811-83-7892.

Youth and Teens

Ansbach Girl Scouts Kickoff

Come join us for an afternoon of fun, food and adventure on Sept. 30 at Franken Kaserne from 2-4:30 p.m. All girls Kindergarten to grade 12 from Ansbach and Illesheim community are invited. Girls may register for Girl Scouts at the event, the registration fee is \$12. RSVP by Sept. 26 to gsansbach@yahoo.com.

Coaches Needed

Child, Youth and School Services Youth Sports and Fitness need coaches for bowling, soccer, football and cheerleading. Head coaches own children will pay no cost during the same playing season, assistant coaches first child will play at no cost during the same

For more information on Ansbach community announcements visit, <https://www.facebook.com/U.S.Army.Garrison.Ansbach>

USAREUR WIDE

DODGEBALL MAYHEM

SEP 29 · 11 a.m.
Storck Fitness Center

PRIZES & AWARDS!
Best Dressed • Originality • Last Man Standing

BOSS MWR

playing season. Discounts will be reimbursed mid-season. For more information, call the CYS Services Sports and Fitness Barton Office at 09811-83-7866 or Storck Office at 09841-83-4849 or Parent Central Services Katterbach at 09802-83-2533 or Storck at 09841-83-4880.

Part-Day Preschool Care

Storck Child Development Center has part-day preschool care available. This program is designed for preschoolers ages 3-5 and allows them to socialize with their peers. The program runs from September to June from 8:30-11:30 a.m. and parents have the choice of enrolling their preschoolers in two, three or five day schedules. Spaces are limited so sign up now at Storck Parent Central Services. For more information, call 09841-83-4880.

Family Child Care Opportunities

Looking for hourly, part-day or full-day child care? Katterbach in-home Family Child Care providers have slots available to meet your child care needs. For availability, please contact Parent Central Services at 09802-83-2533. Interested in providing child care from your home? Child, Youth School Services is recruiting for Family Child Care providers (living in government quarters) to run a child care business from home. Some of the benefits include:

Kiinderfest

Face painting
Bouncy Castles
Furry Friends petting zoo
Bungee Trampoline
Balloon cleanup
Kiddy Boat Camp
and more!

29 September
12-3 p.m.
Von Steuben
Community Center
Bismarck

CYS Services
Spend time with the special kids in your life!

Rain Plan: Katterbach School Age Center, Bldg 5515

Parent Central Services
Katterbach Kaserne, Bldg 5818
CIV 09802.83.2533/2531 DSN 467.2533/2531
Storck Barracks, Bldg 5310
CIV 09841.83.4880 DSN 467.4880

Youth Center
Katterbach Kaserne, Bldg 5911
CIV 09802.83.2921 DSN 467.2925
Storck Barracks, Bldg 6503
CIV 09841.83.4066 DSN 467.4066

IMCOM MWR U.S. Army Child, Youth & School Services

free training with curriculum beneficial to your own children, FCC Certification is beneficial worldwide, easy transfer of credits to next duty station and work toward a college degree while you provide child care. For more information, contact the Family Child Care office at 09802-83-2536.

Ansbach Girl Scouts

What is green, almost 100 years old and hip and cool as ever? Girl Scouts! Come be a part of the adventure and fun that is Girl Scouts. Any girls kindergarten through 12 grade are welcome. To join or for more information, email gsansbach@yahoo.com or call 0151- 445-12471.

EDGE!

After school activities for middle and high school youth is available at no cost. For more information, call Katterbach Kaserne Parent Central Services at 0909802-83-2533 or Storck Barracks Parent Central Services at 09841-83-4880.

Sports, Health and Fitness

IMCOM-E Community Soccer Mini-Tournament

U.S. Army Garrison Ansbach will be the host of the 2012 Installation Command Europe Community Soccer games at Storck Sports Fields on Sept. 29, starting at 10 a.m. About three to five U.S Army Garrisons from across Europe are expected to participate in the Ansbach games. The games are free for spectators, and the community is encouraged to come out and cheer for their USAG Ansbach community soccer team.

2012 IMCOM Fitness Day

The 2012 Installation Management Command Fitness Day on Sept. 22 is an initiative promoted by the IMCOM Europe Region. The intent is to celebrate and promote health, wellness programs and initiatives within IMCOM Europe Army Communities. It is intended for Soldiers, civilians, retirees and their Families. Each respective garrison is encouraged to maximize its resources, staff, and contracted personnel in organizing and conducting the event. On Sept. 22, from 10 a.m.-noon, the Katterbach & Storck trainers will perform a series of aerobic classes including Spinning, Zumba, Circuit Training & Pilates. All the events are free of charge, and there will be awards like four Personal Training packages, a \$60.00 valued Aerobic Punch Card and T-shirts for participation. The event is limited to 60 customers; you can sign up starting Sept. 3 until 9 a.m. on the day of the event.

Coed Basketball League Games

The Family and Morale, Welfare and Recreation Sports and Fitness Program will be conducting a six-week league for participants over 30 years old. The league games start on September 18 at both Katterbach & Storck Fitness Centers. It is available from 11:30 a.m.-noon and 6 -6:30 p.m. Participation is free. Forms can be picked up at Katterbach and Storck Fitness Centers.

R.I.P.P.E.D. Season 9 Launch

R.I.P.P.E.D. has recently taken the community of Ansbach by storm. With its uniqueness in activities and instructions, R.I.P.P.E.D. aerobic classes attract more than 30 people per class; the highest participation was 50 people in one class. Season 9 elements will be part of the new activities for the next three months. The fee per participant is \$3.00.

Dodgeball Mayhem

Better Opportunities for Single Soldiers will host the U.S. Army Europe-wide Dodgeball Mayhem on Sept. 29 at 11 a.m. at Storck fitness center. Sign up with your Boss representative by Sept. 4. The cost is \$35 per team. For more information, call 09802-83-2921.

Girl Scouts-Ansbach KICK OFF 2012!

Come join us for an afternoon of fun, food and adventure!

When: Sunday 30 SEP 2012
Time: 1400-1630
Where: Franken Kaserne
100 Munasiedlung
91613 Marktbergel
Who: All girls K-12th Grade
from Ansbach and Illesheim

Girls may register for Girl Scouts at event. Girl Scout registration fee is \$12.
RSVP by 26 SEP 2012 at gsansbach@yahoo.com

100 Celebrating 100 years of growing girls who make the world a better place.

Push-up Contest

Ready to win some prizes? Participate in the Push-Up Contest at the Katterbach Fitness Center from Sept. 4-28. The contest will take place every Tuesday and Thursday between 12:30-1:30 p.m. for adults and between 3:30-4:30 p.m. for a youth category ages 13-17. Prizes include personal training packets, t-shirts and gift certificates. Sign up before Sept. 4 at the Katterbach Fitness Center. Participation is free. For more information, call 09802-83-2771.

New Aerobic Class at Katterbach

A new aerobic class called "Power XTREME" is offered Tuesday and Thursday at 9 a.m. at the Katterbach Fitness Center. This class includes a variety of fitness components geared towards optimal health and fitness enhancements. For more information, call 09802-83-2771.

Weekly Reminders

Safety Hazard on B-13

Safety Hazard on B-13 between Ansbach and Illesheim North of Oberdachstetten there is a steep decline that goes under a railroad overpass. One lane of traffic going down the hill and two lanes of traffic going up the hill, please do not pass.

NCO CREED

I am a Non-Commissioned Officer, a member of the United States Army. I am proud of the Corps of Non-Commissioned Officers and the service I provide to my country and my countrymen. I will be a good example to my subordinates and I will be a good leader. I will be a good soldier and I will be a good citizen. I will be a good person and I will be a good man.

Board Study Groups Ranks E6 & below

PRACTICE BEFORE A MOCK BOARD!
Promotion Board • Soldier of the Month Board • Soldier of the Quarter Board

Every Tues & Thurs from 11:30-1 p.m. Starts 2 OCT
BOSS Lounge Bismarck Kaserne & Storck Community Activity Center

Better Opportunities for Single Soldiers (BOSS)
Von Steuben Community Center, Bismarck and
Storck Community Activity Center
DSN 467.2921 • CIV 09802.83.2921
Facebook: Ansbach BOSS

Bamberg Community Announcements

Please send all announcements to Bamberg Public Affairs at usarmy.bamberg.usareur.mbx.pao@mail.mil.

Luncheon

Bamberg Spouses and Civilians' Club will have a members-only luncheon Oct. 1 at 11:30 a.m. at the Warner Conference Center. The cost is 10 Euro and the theme is "Getting to Know You." For more information or to RSVP by Sept. 27, e-mail bsscreservations@gmail.com.

College Planning Seminar

The Military Child Education Coalition and Bamberg's Child, Youth and School Services will present Chart Your Course for Success in High School and Beyond: College Admissions and Financial Aid Process on Oct. 2 from 6-8:30 p.m. at Bamberg Middle High School. The event is free and open to student in 7-12 grade and their parents. The seminar will focus on a suggested curriculum that will ensure both an on-time graduation and a competitive resume for college applications. Research indicates that planning for post-high school education needs to begin in middle school. The college application process, admissions portfolios and financial aid will be addressed. Participants will receive a Chart Your Course Kit, which includes a planning guide, a calendar outlining college admission and financial aid tasks and an interactive DVD. Reservations are required by Sept. 24, email archie.johnson1@us.army.mil or 0951-300-7452

Early Learning Seminar

The Military Child Education Coalition and Bamberg's Child, Youth and School Services will present Preparing for the Journey: Giving Your Young Child a Head Start on the Road to Academic Success on Oct. 3 from 9 a.m. to noon at the Warner Conference Center. The process of building a foundation for reading and language begins at birth. Parents of children from birth to 5 years old will explore facts about early learning and develop a plan to build literacy, science and math activities into the fun activities that they do around the house with their young children. Kindergarten readiness will also be addressed. Participants will receive the Military Child Education Coalition book, "Chart Your Course: Preparing for the Journey," along with other early

literacy resources. Reservations are required by Sept. 24, email archie.johnson1@us.army.mil or 0951-300-7452.

Blood Drive

The Armed Services Blood Program and the Bamberg American Red Cross will be partnering to host a blood drive in the Freedom Fitness Facility on Oct. 10 from 9 a.m. to 1 p.m. Many life-saving medical treatments and procedures involve blood transfusions and would not be possible without a safe and reliable blood supply. All blood donated at this event will go directly to supporting soldiers and their families here in Europe. Specifically, a large amount of this life saving blood is used to treat injured service members being returned from forward deployed locations. With so many of our units currently deployed, we are proud to be able to support our heroes in every way possible. The support of everyone, military and community members, still in Bamberg is essential to the success of this program. The American Red Cross will offer small gifts as tokens of appreciation to blood donors while supplies last. For more information, call the American Red Cross at 0951-300-1760.

Operation Rising Star

Round three of U.S. Army Garrison Bamberg's Operation Rising Star will take place on Sept. 28 from 7-10 p.m. at the Stable Theater. The finals will take place on Oct. 13 from 4-6:30 p.m. For more information, call 0951-300-8647.

Healthy Parenting Habits Seminar

There will be a Raising Healthy Kids: Healthy Parenting Habits Seminar Sept. 26 from 10 a.m. to noon in room 124 of the Bamberg Elementary School. Dr. Krystal White, a pediatric psychologist, will be the speaker and the topic will be how to handle bed time, meal time and tantrum time.

Red Cross Website

The www.redcross.org site is experiencing technical issues with class participants signing up for classes online. We request that all interested individuals call the station at 0951-300-1760 and sign up until further notice. We appreciate your patience. Alternately, you can search for available course offerings at <https://classes.redcross.org/>; it just isn't quite as user friendly as the main Red Cross website interface. Under the "New Users" link, click on the "View Catalog" link to search available offerings in your area. To register online for a class, you need to create a user profile.

Parenting Skill Builder Classes

Starting in September, the first three Tuesday mornings of each month from 9-11 a.m. the Bamberg Chapel Family Life Center will have classes. Learning the skills to parent with Love and Logic can help make parenting fun and rewarding, instead of stressful and chaotic. You will be provided with practical tools and techniques that help parents build respectful, healthy relationships with their children and help them prepare their children for the real world. To register and sign-up for child care call 0951-300-1570/8141.

Red Cross Volunteer Orientation

Come and learn how you can become a volunteer with the American Red Cross from 10 a.m. to noon Sept. 21, Oct. 5, Oct. 19, Nov. 2 and Nov. 16 at the Army Community Service building. Please call and RSVP no later than the day before each scheduled orientation. For additional information, visit the American Red Cross office, Building 7029 or call 0951-300-1760.

CPR, AED and First Aid Certification

Come and learn how to give CPR, first aid and use



an automated external defibrillator with the American Red Cross Oct. 12 and Nov. 9 from 9 a.m. to 3:30 p.m. at the Army Community Services building. The cost of the CPR and First Aid Certification is \$55. You can log onto www.redcross.org to register. Once on the ARC site, go to "take a class" and enter your APO zip code to find the course, register and pay online. You can also register in person at the ARC office. For additional information or questions, stop by the American Red Cross office, Building 7029 or call 0951-300-1760.

Theatrical Workshop Series

The Stable Theater will have a series of free theatrical workshops for adults and children this summer. They are every Thursday from 6-9 p.m. The topics will be as follows: Sept. 27 - Stage Tech. For more information, call the Stable Theater at 0951-300-8647.

Adult and Kids Craft

The Community Activity Center will host an adult and kids craft on Sept. 27 at 4 p.m. Participants will make homemade lotion and lip balm. The craft is free. Parent supervision is required. Space is limited so sign-up is required. For more information, call the

**CYSS SPORTS & FITNESS
BASKETBALL AND CHEER
REGISTRATION**



Important Information

Parent Night will be Thursday Nov 8 at 6pm at Freedom Fitness Facility. Please make every effort to attend.

Practice for Bantam and Junior Basketball will start Nov 15 & 16.

Practice for all Cheer, Intro, Pee Wee, & Minor Basketball will start the first week in January.

If you have ANY special requests for your child please inform the sports office BEFORE Parent Night on Nov 8. The sports office is located in building 7669.

Registration is Oct 1- Nov 2!
Sign up at Parent Central or Web Trac.

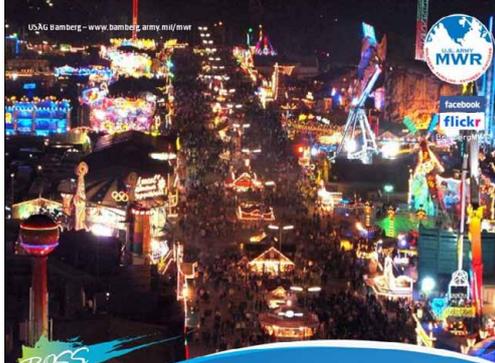
Age groups for Basketball are:

- 3-5 (Intro) \$20
- 6-7 (Pee Wee) \$40
- 8-9 (Minor) \$40
- 10-12 (Bantam) \$40
- 13-15 (Juniors) \$40

Cheer: 6-7, 8-9, 10-12 & 13-15 all \$40







Oktoberfest!

September 29
\$39 per person

Bus departs at 7 a.m. Saturday morning
(Chapel Parking lot) and returns around 11:30 p.m.
Sign-up at the Freedom Fitness Facility, Bldg. 7680,
Tel. 0951 300 8880

FOR SOLDIERS
FOR FAMILIES
FOR RETIRES
FOR CIVILIANS

Bamberg Spouses and Civilians' Club Luncheon

Getting to Know You!



Members-only lunch on Oct. 1 11:30AM at the Warner Conference Center
Cost: 10 Euro
Please RSVP by Sept. 27 to bsccreservations@gmail.com



Community Activity Center at 0951-300-8837.

Community Flea Markets

The Community Activity Center will host a Community Flea Market from 10 a.m. to 1 p.m. the second Saturday of the month through October at the CAC, Building 7047. The last flea market will be Oct. 13. For more information, call the CAC at 0951-300-8837

Basic Sewing Application

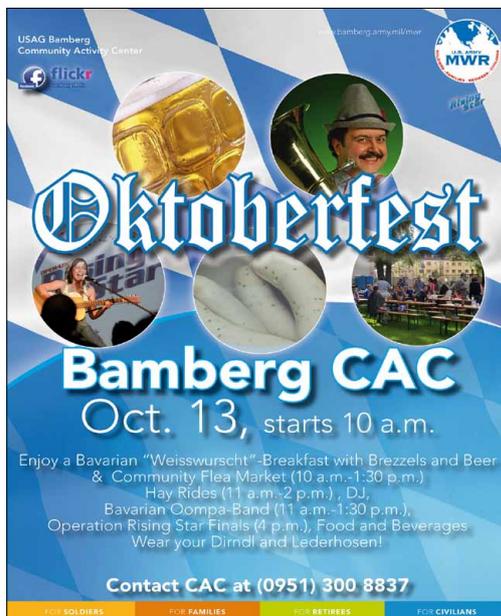
Arts and Crafts is scheduled to have a Basic Sewing Application class Oct. 13 at 10 a.m. and Oct. 18 at 6 p.m. The cost for the class is \$15. The class will provide instruction on basic sewing techniques and the operation of the Arts and Crafts sewing machines. The class is mandatory for people who want to use the sewing machines. For more information, call 0951-300-8659.

Matting and Framing

Arts and Crafts is scheduled to have a basic matting and framing class Oct. 20 at 10 a.m. and Sept. 20 and Oct. 25 at 6 p.m. The cost for the class is \$15. For more information, call 0951-300-8659.

Wood Safety

Arts and Crafts is scheduled to have a Woodshop Safety class Oct. 6 at 10 a.m. and Oct. 11 at 6 p.m. The cost for the class is \$15. The class is mandatory for people who want to use the woodshop. For more information, call 0951-300 8659.



USAG Bamberg Community Activity Center

Oktoberfest

Bamberg CAC
Oct. 13, starts 10 a.m.

Enjoy a Bavarian "Weisswurst"-Breakfast with Brezels and Beer & Community Flea Market (10 a.m.-1:30 p.m.)
Hay Rides (11 a.m.-2 p.m.) , DJ,
Bavarian Oompa-Band (11 a.m.-1:30 p.m.),
Operation Rising Star Finals (4 p.m.), Food and Beverages
Wear your Dirndl and Lederhosen!

Contact CAC at (0951) 300 8837

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

DFAC Feedback

Dining Facility council meetings are at Ray's Diner every last Thursday of the last month of each quarter at 2 p.m. The next meeting is scheduled for Sept. 27. For more information, call 0951-300-7130.

Closures and Changes

EFMP Hours Change

The Exceptional Family Member Program Assistance Center has new operating hours to service the needs of the U.S. Army Garrison Bamberg community. The new operating hours are Mondays through Fridays from 1-4p.m. and closed on legal holiday). For more information, call 0951-300-7594 or 0951-300-7777.

Vehicle Registration Closure

The Vehicle Registration office will be closed Oct. 3 and Oct. 8. For more information, call 0951-300-7580.

Customs Office

The Customs Office is closed every first Thursday of the month for training.

Youth and Teens

Kinder Program

Enroll now for Bamberg's School Age Center Kinder Program before and after school care. The program is from Monday to Friday 5:45- 8 a.m. and 2:45-5:45 p.m. On school out days the program is from 5:45 a.m. - 5:45 p.m. SAC offers four free hours of care per month. For more information, call Parent Central Services at 0951-300-8698.

Boy's and Girls Club Day for Kids

Child, Youth and School Services will be having their annual Boy's and Girls Club Day for kids on Sept. 15 at 10 a.m. at the School Age Center building. The event is free for all youth at U.S. Army Garrison Bamberg. This year's theme is Military Kids. Activities will include obstacle courses, static displays of military equipment, bouncy houses, face painting and more. For more information, call 0951-300-8660.

Boy Scouts

Boy Scout Troop # 40 in Bamberg is looking for boys ages 12 and older interested in becoming Boy Scouts. The troop meets every Monday from 5:30-6:30 p.m.except on holidays. The boys work on requirements for advancement and earning Merit badges. The troop is also looking for Adult volunteers and Eagle Scouts to assist with troop activities. Don't delay become a Boy Scout today. For more information, call Cliff Leach 0160-1585894.

Parents' Night and Day Out

Enjoy a day or night out by enrolling your children in the next Parents' Day Out or Parents' Night Out programs. Dates for Parents' Day Out will be Oct. 6 and Dec. 1 from 11:30 a.m. – 3 p.m. Dates for Parents' Night Out will be Nov. 2 from 6:30 – 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

Library Events

There is a Gamers' Challenge that meets every Saturday at 2-3 p.m. For more information, call 0951-300-1740.

Youth Lessons

Child, Youth and School Services SKIES Unlimited offers lessons in fine arts ages 6 to 12, kinder German with parents ages 6 to 9, gymnastics for various age groups, kickboxing ages 5 to 18 and piano ages 6 to 18. For more information, call 0951-300-7452.



Pink!

Bamberg Spouses and Civilians' Club will have a Bingo Night Oct. 5 at the Warner Conference Center

Card sales begin at 6 p.m.
Bingo starts at 6:30 p.m.

Wear pink and receive a free bingo card

For more information, email bscc1stvp@gmail.com



Sports, Health and Fitness

Racquetball Challenge Tournament

Got game? Then put it on the court. Show your skills and see if you can earn bragging rights by competing in the Racquetball Challenge Tournament on Sept. 22 at 10 a.m. at the Freedom Fitness Facility. For more information, call Charles Ford at 0951-300-7595.

5-Kilometer Fun Run

A 5-Kilometer Fun Run will take place Sept. 28 at 7 a.m. in the Local Training Area in conjunction with the Spartan's Race. For more information call the Freedom Fitness Facility, at 0951-300-8890.

Spartan's Race

Come and get it! There will be a Spartan's Race with 10 grueling obstacles, five tough kilometers and one team claims victory on Sept. 28 at 7 a.m. at the Local Training Area. The rules are simple, your team must complete all obstacles and you must finish as a team. Sign up your team of four, ages 13 and up, at the Freedom Fitness Facility by Sept. 20 to participate. Long pants and gloves are required and creative uniforms are encouraged. Prizes will be given out for winners in three categories.



Berlin City & Tropical Island!

October 5-8, 2012
(TRAINING HOLIDAY WEEKEND GETAWAY!)

\$285 per person (double room, 2 people)
\$335 for single room (single room, 1 person)
\$199 child (4-12 yrs) sharing room w/adult
\$129 child (3 & under)

Trip is open to all community members including families!

Includes: Roundtrip transportation, 3 overnights in 3 star hotel with breakfast guided city sightseeing tour of Berlin & day at Tropical Island Resort (ticket included.) Sign-up no later than 21 Sep with deposit of \$100, payable in full no later than 2 October 2012

For more information, contact the Freedom Fitness Facility @ DSN 469-8990/9086, civ:0951-300-8890/9086 or your local garrison BOSS Office.

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

Schweinfurt Community Announcements

Please send all announcements to Schweinfurt Public Affairs at usarmy.schweinfurt.imcom-europe.mbx.pao@mail.mil.

Operation Rising Star

The first round of Operation Rising Star kicks off Sept. 27 from 7:30-9:30 p.m. ORS is an opportunity for members of the community to highlight our local talent. Schweinfurt participants must register by Sept. 25, and must be a Soldier or family member who is 18 years of age or older. Cash prizes will be awarded to the top three winners. Performance dates include Sept. 27, Oct. 4, 11 and 18. Event details, rules and application can be found online on <http://www.schweinfurt.army.mil/directorates/fmwr/operationrisingstar.htm>. Or visit the Warrior Zone or Finney Rec center for a registration packet. Warrior Zone, Ledward Barracks, Building. 224, 09721-96-6082 or at the Finney Recreation Center, Conn Barracks, Building, 64, 09721-96-8476.

Healthy Parenting Habits Seminar

There will be a free healthy parenting habits seminar on "How to handle...bed time, meal time and tantrum time," on Sept. 25 from 5-7 p.m. at the Schweinfurt Elementary Middle School multipurpose room. Childcare provided on site by the Parent Teacher Association. Dr. White will be speaking. For more information, call 09721-96-6933.

Save a Life Tour

The Schweinfurt Army Substance Abuse Program presents the National Save a Life Tour for selected units and Army civilians at the Ledward Theater on Sept. 24 and 26 from 8:30 a.m. to 4:30 p.m. This tour has earned itself national acclaim from colleges, universities, high schools, and military events nationwide. The Save a Life Tour combines video, a live speaker, and a multimillion dollar impaired driving simulator to bring home the message that sober driving saves lives.

Living in the New Normal Institute

The Military Child Education Coalition's Professional Development Institutes will host Living in the New Normal Institute: Helping Children Thrive in Good

and Challenging Times Sept. 27-28 at the Conn Club. The seminar is free. There is an opportunity to earn college credit. Registration begins at 8 a.m. on Sept. 27 and the training runs from 8:30 a.m. to 4 p.m. For more, information visit www.MilitaryChild.org.

Oktoberfest Celebration

Join us for Schweinfurt's Community Oktoberfest Sept. 28 from 4-9 p.m. at the Conn Club Field. This event is open to the entire community and is a family friendly event. Must be an I.D. cardholder to attend. As with any traditional German fest, there will be live music and activities for the kids. In addition, you will have the opportunity to enjoy traditional German cuisine and beverages, which will be available for purchase. Participants are encouraged to attend in authentic German attire.

Magic: The Gathering Tournament

A Magic Collectible card game tournament for Soldiers and their guests age 18 and older will be on Sept. 22 from 10 a.m. to 11:30 p.m. at the Warrior Zone on Ledward Barracks. Food and drink will be available for purchase. Register by Sept. 20 and pay \$15. After Sept. 20, registration increases to \$18. Registration fee enters you into a raffle to win one of three Booster Packs. Prizes will be awarded to first-, second-, third- and fourth-place finishers. For more information or to register, contact the Warrior Zone at 09721-96-6082.

Picture Perfect

Family and Morale, Welfare and Recreation is looking for people like you to share their summer European adventures and travels by participating in our new photo contest. We want to showcase your favorite summer moments. Just email one photo to the Public Affairs Office and list where the photo was taken, along with your name, contact information and connection to the Schweinfurt Military Community. Email photos to usarmy.schweinfurt.imcom-europe.mbx.pao@mail.mil. Photos can be submitted from Sept. 1 to Sept. 16. All qualifying entries will be posted in an album on the Schweinfurt Army Garrison Facebook Page where the community will vote from Sept. 17 to Sept. 30. The winner will be announced Oct. 1. Log on to TeamSchweinfurt.com for complete details and competition rules.

Recycling Education Class

Recycle education course for trash disposal offenders and anyone who wants to learn about recycling. The class is offered twice a month on Wednesday from 6 to 8:30 p.m. Family members nine and up are encouraged to attend with their parent. Bring a friend if he or she lives in military housing or military-leased housing. Class space is limited so please call 09721-96-6955 to sign up. Classes cancelled if no one signs up by 4:30 p.m. the Tuesday before class.

Closures and Changes

Tank Trail Closed

The Directorate of Emergency Services must secure the cable beam barriers across the Tank Trail adjacent to Kessler Field beginning June 1.

Community Shuttle Increases Weekend Runs

Effective immediately the community shuttle will add two additional circuits to its weekend schedule. The weekend schedule includes holidays and U.S. Army-Europe training holidays. [More...](#)

Youth and Teens

Schweinfurt Youth Radio Competition

Youth in Schweinfurt are encouraged to enter the

SCHWEINFURT SERVICE SATURDAY
COMMUNITY VOLUNTEER EVENT
come out and help out!
THE SATURDAY FOLLOWING EACH CLEAN SWEEP WEEK
9:00 A.M. - 11:00 A.M.
MEET INFRONT OF THE COMMISSARY
VOLUNTEERS OF ALL AGES WELCOME!
TEAMSCHWEINFURT.COM
news, services, recreation. Facebook.com/SchweinfurtArmy

Schweinfurt Youth Radio Competition. The theme is "The best me it drug free." The deadline to register is Sept. 28. Finalists will be showcased during the Oct. 4 Operation Rising Star Competition. Winners from each age group will be selected by live audience vote. Prizes include a trip to Rose Barracks to perform your commercial live on Armed Forces Network radio. For more information, call the Youth Center at 09721-96-6732 or the School Age Center at 09721-96-6974.

Volunteers Wanted

Schweinfurt Elementary/Middle School needs volunteer crossing guards. Help keep our children safe. For more information, call Volunteer Coordinator David Blakeman at 09721-96-6933.

Fall Sports Physical Appointments Available

Does your child need a physical exam for the fall sports season? Call the Schweinfurt Health Clinic to schedule an appointment at 09721-96-7901. Physicals will only be conducted by appointment.

BOSS TOURNAMENT
S E P 2 2
EXTENDED FORMAT
Shards of Alara
Alara Reborn
Conflux
Magic 10, 11, 12 & 13
Zendikar
Worldwake
Rise of the Eldrazi
Scars of Meridian
Mirrodin: Besieged
New Phyrexia
Innistrad
Dark Ascension
Avacyn Restored
Magic: The Gathering
Warrior Zone | 10 a.m. - Midnight
Magic collectible card game tournament for I.D. cardholders ages 18+.
Food and drink available for purchase. Register by Sep. 20 and pay \$15.
After the 20th, registration increases to \$18. Fee enters you into a drawing for the chance to win a variety of different prizes!
1st: One Avacyn Restored Booster Box and One Dark Ascension Fat Pack
2nd: Three Fat Packs from Innistrad Block
3rd: One Fat Pack and an Event Deck
4th: Six Booster Packs (Multiple Winners)
Cool Prizes!
Warrior Zone | Ledward Brks, Bldg. 224 | 09721-96-6082/354-6082
TEAMSCHWEINFURT.COM
news, services, recreation. Facebook.com/SchweinfurtArmy

SCHWEINFURT'S SAVE A LIFE EXPO
TUE, SEP. 25 LEDWARD BARRACKS 9 A.M. - 4 P.M.
DRIVE SMART
Drink Driving Education
Save a Life Tour | Driving Simulators | Agency Displays | Food/Beverages
STANDING TOGETHER
SOBER DRIVING
MOTORCYCLE SAFETY
Sponsored by Army Substance Abuse Program and Garrison Safety Office | 09721-96-8957/353-8957
TEAMSCHWEINFURT.COM
news, services, recreation. Facebook.com/SchweinfurtArmy

For more information on Schweinfurt community announcements visit,
<http://www.schweinfurt.army.mil/calendar/google.html>

Alpine Center
bottrop

Saturday September 29

65 Euro Each
Includes:
-Transportation
-Snow Boarding Equipment
-All Day Buffet & Drinks

Warrior Zone pickup@0700
Finney Rec @0730

BOSS/Warrior Zone | Ledward Barracks, Bldg. 224 | 09721-96-6082/354-6082
BOSS/Finney Rec Center | Conn Barracks, Bldg. 64 | 09721-96-8476/353-8476

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therefore the clinic has reserved slots for participants of high school and Child Youth Services sports.

Smart Girls

Young ladies, we are proud to tell you that your Smart Girls program is up and running again! Topics include: life skills, healthy eating, fitness, health care systems, positive mentors, respecting yourself, fashion shows, dinner with parents, lock ins and more. Age groups include 11-14 and 15-18. Smart Girls meet every Monday from 4:30 to 5:30 p.m. at the Youth Center. For more information, call the youth center at 09721-96-6732.

Wanted: Youth Sports Coaches and Officials

The Schweinfurt community is looking for coaches and officials for the youth sports program. No experience is necessary to participate. By registering through Child, Youth School Services, you will become a certified coach in the National Alliance for Youth Sports (NAYS). This is a great way to volunteer in the community and earn extra income by officiating. For more information contact CYSS at 09721-96-6822 or email Derek.r.walker.naf@mail.mil.

OPERATION
Rising Star

Parke Side Playhouse
(Conn Brks, Bldg. 82)
7:30 p.m.

Round 1
Thu, Sep. 27

Round 2
Thu, Oct. 4

Round 3
Thu, Oct. 11

Finals
Thu, Oct. 18

Compete to be the next
RISING STAR

Must be a soldier or family member and 18+ years-old to compete. Register by Tue, Sep. 25th. Registration packets available online or at Warrior Zone | Ledward Barracks, Bldg. 224 | 09721-96-6082/354-6082
Finney Rec Center | Conn Barracks, Bldg. 64 | 09721-96-8476/353-8476

TEAMSCHWEINFURT.COM
news, services, recreation. Facebook.com/SchweinfurtArmy

Give Me 20

Looking to get fit? The Youth Center is offering a free fitness program every Wednesday and Thursday at 3:30 to 4:30 p.m. for youth ages 13 through 18-years-old. Program facilitators will show youth how to safely workout and stay fit. Working out doesn't have to be hard; it can be fun! Dedicated participants will see positive results. Workouts will include sports, spinning, weight lifting and more. Participants must be registered with CYSS and have a permission slip on file. To learn more or to register, contact the Youth Center at 09721-96-6732.

German Class

Let's talk German! Come learn German one-on-one every Wednesday from 4:30 to 5:30 p.m. at the Youth Center. This great program is taught by our own education tech who was born and raised in Schweinfurt. This class can help your German grade go from a C to an A+ and it may even help you make friends in the German community. Test out your skills by joining us on a field trip downtown. For more information, call the Youth Center at 09721-96-6732.

Family Child Care Providers Needed

Help the community and start a new career as a Family Child Care provider. FCC Providers maintain a happy home-away-from-home atmosphere (in government controlled housing only) for children who can't be with their own parents during the day. You can care for your own children in addition to outside customers. All training and education is provided free of charge. Call 09721-96-6487 for details.

SKIESUnlimited

SKIES offers different classes every month for youths ages birth through 18. The program is designed to complement, expand, and support the academic, life skills and athletic experiences children and youth have within Child, Youth and School Services programs and in schools. For the latest class listings, click [here](#).

4-H Club
4-H is a club designed for middle and high school students. As a club, students will plan field trips, events and activities based on their four core values; head, hands, heart and health. 4-H meets every Wednesday at 4:30 p.m. in the Youth Center. To participate, students must be registered with CYSS. For more information or to get involved, call the Youth Center at 09721-96-6732.

EDIS

Are you concerned about how your child is developing? If so, call Educational and Developmental Intervention Services to schedule a free screening. Screenings are available to children ages birth to 3 years old. For more information or to schedule an appointment, call 09721-96-6257.

Playmorning

Join Playmorning every Tuesday and Thursday at 9:30-11:30 a.m. at the Ledward Activity Center.

Children's Story Time

Bring your child in to the library on Wednesdays at 11 a.m. for Children's Story Time.

School Registration

Families newly assigned to Schweinfurt can register their children daily in the main office. Please bring a copy of the student's current immunization records and orders assigning you to Schweinfurt which are required to complete registration. Students who are not registered prior to the first day of school could have a delayed start date. Please contact the school at 09721-96-6518 with any questions.

Schweinfurt Youth Center Radio Competition

Record your own radio commercial!

Theme: "The Best Me is Drug Free"
Registration deadline: Fri, Sep. 28th
School Age Center (1st - 5th Grade) | Youth Center (6th - High School)

Finalists will be showcased during the Oct. 4th Operation Rising Star Competition
Parkside Playhouse, Conn Bldg. 82 at 7:30 p.m.

Winners from each age group will be selected by live audience vote--win prizes, including a trip to Rose Barracks to perform your commercial live on AFN radio!

Youth Center | Kessler Field, Bldg. 381 | 09721-96-6732/354-6732
School Age Center | Askren Manor, Bldg. 575 | 09721-96-6974/354-6974

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news, services, recreation. Facebook.com/SchweinfurtArmy

Sports, Health and Fitness

PADI Open Water Certification Course

Now through Sept. 30, Outdoor Recreation offers a PADI Open Water Certification Course as an ongoing program. The course includes classroom sessions, pool and open water training in small groups. Course costs are \$375 using your own mask, fins and snorkel. All other equipment is provided. Items can be rented at ODR. For more information or to sign up, call ODR at 09721-96-8080.

Personal Training

Dedicated personal trainers are available to the Schweinfurt Community by appointment. For details, contact the Kessler Fitness Center at 09721-96-6765 or Finney Fitness Center at 09721-96-8234.

Paintball Field Open

Relieve some stress or have some good old fashioned fun every Saturday from 10 a.m. to 4 p.m. Rental equipment is available at the Paintball Field. For information, contact Outdoor Recreation at 09721-96-8080.

SCHWEINFURT COMMUNITY
OKTOBER FEST
Friday
Sep 28th
4 - 9 p.m. | Conn Club Field

LIVE MUSIC
GERMAN CUISINE
BEVERAGES
KID ACTIVITIES

Free Family Event
Open to I.D. card holders & their guests.
Food and drink available for purchase.

TEAMSCHWEINFURT.COM
news, services, recreation. Facebook.com/SchweinfurtArmy

coming to THEATERS

ABRAHAM LINCOLN: VAMPIRE HUNTER
August 24, 2012 | 105 Minutes

Visionary filmmakers Tim Burton and Timur Bekmambetov bring a fresh and visceral voice to the dark and blood thirsty lore of the vampire, imagining the secret life of our nation's favorite president... as history's greatest hunter of the undead.

Rated R for violence throughout and brief sexuality.

Visit www.aafes.com for more information.



IN THEATERS • SEPT. 13-19

ILLESHEIM THEATER • 09841-83-4546

Sept. 22 - THE POSSESSION (PG-13) 4 p.m.

ABRAHAM LINCOLN: VAMPIRE HUNTER (R) 7 p.m.

Sept. 23 - KATY PERRY: PART OF ME (PG) 3 p.m.

KATTERBACH THEATER • 09802-83-1790

Sept. 20 - PARANORMAN (PG) 7 p.m.

Sept. 21 - PREMIUM RUSH (PG-13) 7 p.m.

Sept. 22 - SPARKLE (PG-13) 4 p.m.

ABRAHAM LINCOLN: VAMPIRE HUNTER (R) 7 p.m.

Sept. 23 - KATY PERRY: PART OF ME (PG) 3 p.m.

HIT & RUN (R) 6 p.m.

BAMBERG THEATER • 0951-297-3934

Sept. 20 - TYLER PERRY'S MADEA'S WITNESS PROTECTION (PG-13) 7 p.m.

Sept. 21 - THE COLD LIGHT OF DAY (PG-13) 7 p.m.

Sept. 22 - KATY PERRY: PART OF ME (PG) 3 p.m.

ABRAHAM LINCOLN: VAMPIRE HUNTER (R) 7 p.m.

Sept. 23 - THE COLD LIGHT OF DAY (PG-13) 3 p.m.

ABRAHAM LINCOLN: VAMPIRE HUNTER (R) 7 p.m.

Sept. 24 - THE COLD LIGHT OF DAY (PG-13) 7 p.m.

SCHWEINFURT THEATER • 09721-96-1790

Sept. 20 - TYLER PERRY'S MEDEA'S WITNESS PROTECTION (PG-13) 7 p.m.

Sept. 21 - LAWLESS (R) 7 p.m.

Sept. 22 - THE POSSESSION (PG-13) 4 p.m.

LAWLESS (R) 7 p.m.

Sept. 23 - THE POSSESSION (PG-13) 4 p.m.

LAWLESS (R) 7 p.m.

Trips and Travel Opportunities



Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation.

ANSBACH

Sept. 22 Prague \$99

Explore the famous sites of the Charles Bridge, Market Square and more. The cost is \$99 for adults, \$59 for children and \$215 for Families. Free for children 3 and under. Includes transportation only.

Sept. 29 Oktoberfest \$45

Visit the most famous Oktoberfest celebration in Germany. Join Outdoor Recreation and leave the driving to us. \$45 for adults, \$35 for children or \$109 for the entire Family. No cost for children 3 and younger. Includes transportation only.

For more information call, Ansbach Outdoor Recreation at 09802-83-3225.

BAMBERG

Sept. 22 Oktoberfest \$40

Wear your lederhosen & dirndl and celebrate Oktoberfest in style! Drink a maß of beer, eat traditional Bavarian delicacies and enjoy the ambiance of the beer tents and outdoor rides. This is one fest you don't want to miss. Departs from chapel parking Lot at 8 a.m. and returns at 11:30 p.m.

Sept. 22 Little Swiss Hike \$25

Relish the beauty of the fall leaves and refreshing air as you walk on the hiking trails in the gorgeous Fränkische Schweiz. Please wear hiking boots and pack a sack lunch and liquids. Departs Outdoor Recreation at 9 a.m. and returns at 5 p.m.

Sept. 26 Wednesday Evening Adventure Sports \$15

Enjoy the longer days with a mountain bike ride on some of the coolest single-track in the local area, or rock climbing on the world famous Frankenjura limestone. Use your own bike or rent one from Outdoor Recreation for only \$10. Climbing equipment is provided with trip fee. Must sign-up in advance. Departs Outdoor Recreation at 5 p.m. and returns at 9 p.m.

Oct. 4 Tour Under Bamberg \$25

This unique trip through tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, please wear appropriate clothing and bring a flashlight. Departs Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

For more information, call Bamberg Outdoor Recreation at 0951-300-9376.

SCHWEINFURT

Sept. 22 Rothenburg City Tour \$15

Visit the historic town of Rothenburg with its massive town wall, buildings of Gothic and Renaissance style, churches and Patrician houses. Also visit the medieval crime museum. It is the only museum of law in the European area, and is the most important collection of the history of rights. Cost is \$15 per person for transportation. Bring Euros for entrance fees, souvenirs and food.

Oct. 6 Amusement Park Geiselwind \$15

Let Outdoor Recreation take care of the driving. Includes transportation cost. Entrance fee not included. Entrance fees to the park are children shorter than 1.10m are free, children taller than 1.10m are €19.50 and adults are €22.50.

Oct. 27 Spa Trip to Palm Beach \$15

Fun and Beach! This trip allows for 4 hours of pool time. The cost per person covers transportation; entrance fee not included. Entrance fees to the pool for 4 hours: Adults €14.50, Youth (6 to 15 years old) €12.50, Children under 6 years old) €5.50. Use of the sauna world is an additional €5.00.

For more information, call Schweinfurt Outdoor Recreation at 09721-96-8080.

Eco-Friendly Tips

Water-saving Tips

1. When running a bath, plug the tub before turning the water on, than adjust the temperature as the tub fills up.
2. Washing dark clothes in cold water saves both water and energy, and it helps keep the color of the clothes.

Energy-saving Tips

1. Turn off the lights when you leave a room.
2. Heat only when necessary. Open south-facing window coverings (drapes, blinds etc.) during the day. This will heat your room, too. Close window coverings at night to keep the heat in.

Recycling Tips

1. Get fruits and vegetables from a local grocer instead of highly-packaged supermarket goods.
2. You got new eyeglasses. What do you do with the old ones? Don't throw them away - donate them (e.g. "Glasses without frontiers"). Your optician can help you.

Was ist los in Franken?

By Bianca Sowders, USAG Ansbach Public Affairs

Altstadtfest in Nürnberg

The Nürnberg Altstadtfest, one of the nicest fests of the season, is still ongoing at the Insel Schütt and Hans-Sachs-Platz until Sept. 24. The fest is open daily 11 a.m.-11 p.m.; for more information, go to www.altstadtfest-nue.de.

Herbstmarkt in Nürnberg

The annual fall market with household goods, pottery, local culinary specialties and entertainment takes place at the Hauptmarkt in Nürnberg until Sept. 30; opening hours are Mon-Sat 9:30 a.m. -7 p.m. and Sunday 10:30 a.m. -7 p.m.

Agua y Vino in Schweinfurt

Agua y Vino, a Spanish evening, takes place on Sept. 20 starting at 7 p.m. at the Kulturwerkstatt Disharmonie (Gutermannpromenade 7) in Schweinfurt.

Kirchweih in Colmburg

The Colmburg Kirchweih is scheduled Sept. 20-25 at the Festplatz; on Sunday, Sept. 23 there will also be a Kirchweih market from 11 a.m. to 5 p.m. at the Marktplatz. Please check www.colmburg.de for further details.

French Market in Nürnberg

The French Market, Sept. 20-23, on Lorenzer Platz in Nürnberg is a gourmet market with specialties from France; the vendors are mostly true French and offer only French products. It is open daily from 10 a.m. to 7 p.m.; for more details go to www.le-marche-francais.de.

Schwabach flea market

There will be a flea market in Schwabach on Sept. 21 from 1-6 p.m. Only private sellers are allowed at this market.

Mooswiese fest in Feuchtwangen

Feuchtwangen's largest fest, the Mooswiese, is scheduled Sept. 21-25 this year; it offers not only the typical fest rides and entertainment, but also an agricultural show. For more details, check www.feuchtwangen.de.

Rose festival in Kronach

The annual rose and garden festival at the Festung Rosenberg in Kronach takes place on Sept. 22-23 from 10 a.m.-6 p.m.; hobby gardeners can find everything they could need and want, including garden accessories and indoor decoration. A circus with lots of animals provides entertainment for young and old. For more information, go to www.rosenmesse.de.

Fall fest in Bad Windsheim open air museum

The Herbstfest of the Freilandmuseum in Bad Windsheim (Eisweiherweg 1) is scheduled for Sept. 22-23 from 9 a.m.-6 p.m. Learn about the "old ways" of harvesting and preparing food for the winter and listen to traditional music while you watch women knit and spin. For more details, go to www.freilandmuseum.de.

Country Music Fair in Bayreuth

Enjoy two days of country music in Bayreuth at the Stadthalle (Ludwigstraße 31) on Sept. 22-23. Admission tickets are 15 Euros for Saturday, 10 Euros for Sunday or a combination ticket for 22 Euros. For more information go to www.countrymusicmesse.de.

US-Car Meet "Cars and the City" in Gunzenhausen

The 7th US Car Meet in Gunzenhausen at the Marktplatz begins at noon on Sept. 22; enjoy classic cars, a fashion show and other entertainment, followed

by live music starting at 7 p.m. For more information go to www.uscar.gecco-connection.de.

Merkendorf two-town run

The towns of Merkendorf and Wolframs-Eschenbach are hosting a run on a hiking path that connects the two towns. The run will take place on Sept. 22 as part of the Merkendorf "Kraut Week." The event is considered an integrative event, which makes it suitable for people with a handicap. Registration possible until one hour before start; for more information go to <http://auf-gehts.org/events>.

Open house at the Ansbach Fire Brigade

The Ansbach Fire Fighters show off their skills and equipment at an open house on Sept. 23; the fest begins at 11 a.m. on Eyber Str. 18. After 1 p.m., Ansbach emergency personnel will demonstrate different exercises, including a hazmat exercise and the rescue of a traffic accident victim. A traditional Goulash will be served starting at 11 a.m.; coffee and cake are available in the afternoon.

Medieval days in Bad Windsheim

The Freilandmuseum Bad Windsheim, an outdoor museum, is hosting medieval days on Oct. 2-3 from 9 a.m. to 6 p.m. Amateur actors perform in authentic clothing and illustrate life of the rural population by demonstrating old tools, crafts and work methods. For more information go to www.freilandmuseum.de.

Wine harvest and fish fest in Volkach

The annual Weinlesefest Volkach takes place on Oct. 6 at the Marktplatz in Volkach, starting at 11 a.m. The last load of grapes is brought in and the visitors can try the grapes and new wine. At the same time the traditional Franconian Fish Fest, Oct. 6-7, begins in front of the Volkach Rathaus. For more information, check the town's website at www.volkach.de.

Bird shows in Schillingsfürst Castle

The castle in Schillingsfürst (near Rothenburg) houses a falconry with birds of prey like falcons, vultures, eagles and kites. Bird shows take place on a daily basis until the end of October at 11 a.m. and 3 p.m. there is also a falconry museum and a baroque museum that can be toured. Admission prices are 7 Euros for adults, 4 Euros for children, or 20 Euros for a family. For more details also check www.bayerischer-jagdfalkenhof.de.

Landesgartenschau

You have 18 days left to visit the Bavarian Garden Show in Bamberg! Learn how honey is made and how insects help your garden, enjoy various street games, kids crafts, bouncy castles and more; find new trends for outdoor living, outdoor lounges and modern plants. Visit <http://www.bamberg2012.de/web/en/index.php> for details.

National Concert Schedule

All dates, and tickets are available on the following website <http://www.eventim.de/tickets-konzertkarten.html?affiliate=GMD>.

Sept. 19 Nickelback, o2 World Hamburg, Hamburg, 8 p.m.

Sept. 21 Nickelback, Lanxess Arena, Köln, 8 p.m.

Oct. 8 Lionel Richie, Festhalle, Frankfurt, 8 p.m.

Oct. 23 Lionel Richie, Olympiahalle, Munich, 8 p.m.

Oct. 25 Jennifer Lopez, Olympiahalle, Munich, 8 p.m.

Nov. 24 Jason Mraz, Jahrhunderthalle, Frankfurt, 8 p.m.

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