

# The Franconian News

Serving the Franconia Military Community in Ansbach, Bamberg and Schweinfurt

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Thursday, Jan. 10, 2013

## Fachhochschule Ansbach visits Katterbach Kaserne

By Bryan Gatchell,  
USAG Ansbach Public Affairs

ANSBACH, Germany – Three members of Fachhochschule Ansbach, the local university of applied sciences, visited Katterbach Middle/High School at U.S. Army Garrison Ansbach's Katterbach Kaserne Jan. 7.

Principal David Carlisle and Derek Hyde, school liaison officer with Child, Youth and School Services, accompanied by Col. Kelly J. Lawler, garrison commander, and Command Sgt. Maj. Leeford C. Cain, garrison command sergeant major, showed around Prof. Dr. Sacha Müller-Feuerstein, vice president of the Fachhochschule, Prof. Dr. Jörg Kapischke, who specializes in energy and environmental technology, and Prof. Dr. Markus Paul, who specializes in journalism and media. The three visited the school with the purpose of establishing rapport between the USAG Ansbach community and the community of the city of Ansbach.

"The Hochschule is an island and the military base is an island," said Lawler. "We're

kind of similar because we have different populations inside of Stadt Ansbach, and we're not all integrated. ... We're trying to pull this back together because if we don't do it now, we may never. And it starts with the younger folks."

"Maybe some students from you can come to us," said Müller-Feuerstein. "Maybe some from us can come to you, maybe we can manage something like this."

Though the schedules of the two educational institutes do not always align – the middle/high school just returned from their break and the Fachhochschule is soon to go on theirs – the groups see the potential to actively work together on tangible goals.

"We can facilitate projects," said Carlisle. "One of the things I find difficult when we do exchanges is when we have groups of students that want to just come and look around. I call that the 'fishbowl effect.' The fishbowl effect is where we send a group of kids over to a school and they walk around, but they don't become integrated with the students, and they don't really



Bryan Gatchell / USAG Bamberg Public Affairs

Col. Kelly J. Lawler, left, U.S. Army Garrison Ansbach commander, talks to three faculty members of the Fachhochschule Ansbach, right, during their visit to the Katterbach Middle/High School Jan. 7.

get into the whole aspect because they're not collaborating."

The group walked through the hallways, showing the visitors some of the progressive learning methods the middle/high school employs, including the recording and television studio for media, the computer lab, the digitization of the library, and the hands-on science lab. The group also visited the gymnasium,

JROTC class, and an in-progress geometry class.

Recalling the Lawler's island metaphor, Müller-Feuerstein welcomed the idea of an active interchange between the two institutions.

"I think we should build a bridge between these two islands," he said. "A very broad bridge."

## Use Self-Help shop to avoid charges during PCS

By Spc. Margaret Gotheridge,  
USAG Schweinfurt Public Affairs

SCHWEINFURT, Germany – Racking up charges for things you could have fixed is the last thing you need to worry about as you transition out of Schweinfurt.

A garrison closure here slotted for October of 2014 has Soldiers and Families packing up and moving out. Residents in government quarters may need to repair certain items before they can complete their out-processing, or risk incurring charges collected by the housing office.

Self-Help Issue Point, or SHIP, provides community members with the tools needed to complete minor repairs. But in order to use the program, individuals must

attend a free Self-Help class that is offered every Tuesday from 1 to 2 p.m. at the Self-Help shop.

The class explains the different items that community members can use, for free, to help prepare their house for their out-processing inspection.

According to the housing handbook (Page 66), it is the responsibility of the tenant to ensure his living quarters are in "prime condition" prior to vacating, which will save him "a great deal of frustration and money."

Schweinfurt's assistant housing manager, Karin Jones, says residents in government housing can be charged for damage beyond normal wear and (Self-Help, on Page 2)



Jessica Lipari / USAG Bamberg Public Affairs

Will Smith, Bamberg's Child, Youth and School Services' Youth Technology Lab instructor, helps teens at the John F. Kennedy Youth Center. Smith recently completed the CYSS Youth Technology Practicum, making him the first in U.S. Army Europe to do so. For more on this story, see "Bamberg Employee" on Page 2.

(Self-Help, from [Page 1](#))

tear, such as stray crayon marks. Occupants can avoid these fees by reviewing their responsibilities on the checkout sheet provided by a housing office representative at the pre-inspection, Jones said.

Community members can use Self-Help to acquire items they need to make their own repairs. The items available include anything from nails, sand and sod, light bulbs, paint, ventilation filters, industrial carpet cleaners and plenty more. View the complete list [here](#).

Individuals do not need to take the class if they check out SHIP items that do not need to be returned. And what about the support center on Askren?

“Residents living on Askren Manor, who utilize the Neighborhood Support Center,

do not need to take the class if they are picking up items from the center like light bulbs, paint or paint supplies,” said Willy Pawlik, a Self-Help class teacher.

But community members will need to take the class if they use items requiring check-out, such as a carpet cleaner, weed eater or leaf blower.

Those who attend the class will learn about all the different items, which come at no charge, that are provided by the Self-Help shop.

Self-Help is located near the housing office and the Directorate of Public Works, Bldg. 252, Franz-Schubert Strasse 3, north of Ledward Barracks near the MP station and across from the Mercedes Benz dealer. For more, call DSN 354-6853, CIV 09721-96-6853.



Margaret Gotheridge / USAG Schweinfurt Public Affairs

The Self-Help Issue Point, picture here, provides community members with free tools needed to make minor repairs. PCSing soon? Don't get charged for minor repairs you could fix. But before you do it yourself, you'll need to take a brief Self-Help class that is offered every Tuesday from 1 to 2 p.m.

## Bamberg employee first in Europe to complete Youth Technology Practicum

By Jessica Lipari, USAG Bamberg Public Affairs

BAMBERG, Germany – Will Smith, Child, Youth and School Services' Youth Technology Lab instructor, is the go-to guy for everything technical at the John F. Kennedy Youth Center at U.S. Army Garrison Bamberg. Working with middle school students and teens, he teaches them skills in digital arts, photography, robotics and music production while maintaining the Youth Technology Lab computers.

Smith has been working with CYSS for eight years and over the last year he has completed the CYSS Youth Technology Practicum, making him the first in U.S. Army Europe to do so.

Technology has always interested Smith. By pursuing a degree in information technology with an emphasis in networking through the University of Phoenix, he is one step closer to fulfilling his goal of having a career in technology.

“At first I was just going to do the regular

practicum but then it was brought to my attention that there was one for technology,” Smith said. “Acquiring this certificate will give me the tools I feel are necessary to share something I love, and maybe lay down stepping stones for a career path in the technology field. My goal is to expose youth to the many unknown aspects of technology, and not limit them to what they already know.”

The yearlong practicum is similar to an associate's degree, said Lily Markey, CYSS director.

Smith had to show competence in 13 areas of the program which included being observed by trainers and directors throughout a year time period. He also had to complete 20 different resource parts which included letters from youth and parents about the importance of teaching technology.

At the end of the year Smith had to complete a presentation to show and prove what he has accomplished throughout the practicum to a panel of five individuals. The panel and Smith had to then unanimously vote

that the requirements have been met to fulfill the practicum.

“We were impressed at the work Will completed,” Markey said. “His work was very innovative. After the 6-0 vote we submitted it up to region and G9 for approval and they were in concurrence.”

Being the first in Europe to complete the Youth Technology Practicum, Smith said it was difficult at times.

“With nothing to base it off of I had to spend time revising and brainstorming what the practicum should look like,” Smith said. “However, I know I can now help others interested in doing it, even though it is difficult.”

“Without the support of the director, coordinator and trainer I would not have been able to complete this,” he said. “They believed in me and saw potential and helped give me the constant push. There is no greater feeling than to see a young person take steps towards becoming productive young adults and know that I played a part in the process.”



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Ansbach, Commander

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# 21st TSC to participate in DA sponsorship pilot program

By Staff Sgt. Michael J. Taylor,  
21st TSC Public Affairs

KAISERSLAUTERN, Germany – The 21st Theater Sustainment Command is one of five units selected by the Department of the Army's personnel division to participate in a 180-day sponsorship test pilot program aimed at enhancing the effectiveness of the Total Army Sponsorship Program.

The objective of the test pilot program is to develop a process that will ensure the assignment of a sponsor prior to receiving permanent change of station orders for those in the ranks of colonel and below.

The pilot requires the 21st TSC to provide monthly Soldier sponsorship data and feedback directly to the Army's deputy chief of staff for personnel. Results could potentially lead to modifying the current TASP and enhance the Army's ability to sponsor, receive and integrate newly arriving Soldiers and their Families into their unit of assignment.

"The purpose of the current program is to make sure that as our Soldiers and families transition from one location to another, that there is someone there who can help them in their transition before they come and once they arrive as well," said Sgt. Maj. Bryan L. Novak, the human resources sergeant major for the 21st TSC and a Saint Paul, Minn., native.

Novak is overseeing the 21st TSC's effort in gathering and forwarding data during the six-month test program.

Initially, the 21st TSC submitted a report annotating the number of Soldiers identified for assignment instructions. There are currently approximately 500 Soldiers on orders to the 21st TSC, according to Novak.

The command must then annotate the number of assignment instructions issued to Soldiers in 30-day increments to capture if assignments instructions are issued with sufficient lead time to appoint sponsors.

The command will validate its own sponsorship program by recording the number of sponsors validated by the losing units in accordance with established timelines.

Lastly, the pilot data will track the number of orders published and distributed to the 21st TSC, regardless of when the Soldiers were placed on assignment instructions.

According to Novak, the vast 21st TSC's geographic footprint makes it an ideal unit for the test pilot program.

"I don't know why the 21st TSC was chosen to participate in the pilot program, but I can tell you that I think that we're probably one of the best units in the Army to test the program," said Novak. "The 21st TSC is in every community within Europe, so if you can do it right in the 21st then you can do it right anywhere."

The 21st TSC is the only sustainment unit in Europe and has nearly 11,000 Soldiers assigned to more than 15 different communities within U.S. Army Europe, to include Italy, Belgium and the Netherlands.

According to Patrick E. Vestal, the



Sgt. 1st Class Ian Camejo/21st TSC Public Affairs

Passengers make their way through the Ramstein Passenger Terminal to meet their sponsors and loved ones on Ramstein Air Base, Dec. 19, 2012. The 21st Theater Sustainment Command was chosen as one of five Army units to evaluate a sponsorship test pilot program aimed at ensuring the assignment of a sponsor prior to receiving permanent change of station orders for those in the ranks of colonel and below.

chief of military personnel for Installation Management Command-Europe personnel division and a native of Longview, Texas, the overall goal of the pilot program is not only to make the quality of the sponsorship program better, but also to better link Soldiers and ensure that their transition to a new place is as smooth as possible.

"I think that this pilot is just to validate that the Army is doing a good job in sponsorship already and to see if there is anything else that can be done to make the program even better for Soldiers," said Novak.

## Fiscal cliff legislation affects military, civilian paychecks

Armed Forces Press Service

The legislation that President Barack Obama signed Jan. 2 that postponed the fiscal cliff means changes to military and civilian paychecks, Defense Finance and Accounting Service officials said today.

The legislation increases Social Security withholding taxes to 6.2 percent. For the past two years during the "tax holiday" the rate was 4.2 percent.

The increase in Social Security withholding taxes affects both military and civilian paychecks, officials said.

For civilian employees, officials said, this will mean a 2 percent reduction in net pay.

For military personnel, changes to net pay are affected by a variety of additional factors such as increases in basic allowances for housing, subsistence, longevity basic pay raises and promotions. Service members could see an increase in net pay, no change or a decrease, military personnel and readiness officials said.

For military members, Social Security withholding is located on their leave and earnings statement in the blocks marked "FICA taxes" – for Federal Insurance Contributions Act.

DOD civilians will see the change on their leave and earnings statement under "OASDI" – for old age, survivors, and disability insurance.

Reserve component members will be the first to see potential changes in their net pay as a result of the law, DFAS officials said. Changes will be reflected in their January paychecks.

Active duty military personnel will see pay adjustments in their January mid-month paycheck and will be reflected on the January leave and earnings statement.

DOD civilians will see social security withholding changes reflected in paychecks based on the pay period ending December 29, 2012, for pay dates beginning in January.

DFAS stresses that all personnel should review pay statements carefully.

### Three cadets become Army's newest 2LTs

SAN ANTONIO – No mold exists for producing Army leaders. Every Cadet is different, requiring different instructional approaches, different mentorship and different motivational techniques.

The trio of Cadets who commissioned Saturday on the Alamodome field prior to kickoff of the annual U.S. Army All-American Bowl illustrates the varied ...

To read more on this story, click [here](#).



### Army assesses electromagnetic vulnerability

WHITE SANDS MISSILE RANGE, N.M. – The U.S. Army Research Laboratory, Survivability/Lethality Analysis Directorate's state-of-the-art Electromagnetic Vulnerability Assessment Facility here is used to conduct experiments that address the electromagnetic vulnerability requirements of the U.S. Army Weapon and Communication-Electronics Systems. ...

To read more on this story, click [here](#).



# Bavaria clinic receives Star Strong safety flag

By Doug DeMaio,  
Bavaria Medical Activity Public  
Affairs

VILSECK, Germany – Leaders and staff at the Illesheim Health Clinic received recognition for becoming the first U.S. Army Medical Command unit to achieve the Voluntary Protection Program Army Safety Excellence Star at an Army Star Strong Flag Ceremony on Storck Barracks Dec. 20.

Director for Safety Mark G. Atkins, Deputy Assistant Secretary of the Army, presented the leadership with a certificate of recognition and a VPP Army Star Strong flag to recognize and commend the staffs' commitment to safety.

"You are the first to achieve it and that is a big deal," Atkins said. "You are ahead of the game and your re doing things other people are going to have to do."

The VPP program designed to reduce accidents by building a safety-conscious culture in the workplace through the implementation of safety practices and procedures. Achieving star status requires three stages

of assessments focused on management leadership and employee involvement, worksite analysis, hazard prevention and control, and safety and health training.

Thirty-six months is the standard duration to complete the three-stage assessment. The staff at Illesheim Health Clinic achieved the star status in 17 months.

Illesheim started its VPP assessment in January 2011 and earned the status in June for exemplary occupational health and safety standards.

Two days before the ceremony in Illesheim Atkins visited Livorno Health Clinic, which was the second unit in the MEDCOM to achieve star status, and presented similar items to its command.

While Atkins was there, he noticed some writing at the clinic that had the unit's motto.

"Their motto is second to none," Atkins told those in attendance at the ceremony in Illesheim. "I said I guess you will have to change that motto and they said 'no, they might have



Doug DeMaio/Bavaria Medical Activity Public Affairs

**Col. Robert Goodman, commander for Bavaria Medical Department Activity, praises the efforts of Pfc. Dajhay Lofton during an Army Star Strong Flag Ceremony on Storck Barracks Dec. 20.**

been the first achieve it, we got recognized first, so we don't have to change anything."

Col. Robert Goodman, commander for Bavaria Medical Department Activity, commended the safety efforts of the staff both past and present.

Staffs from Europe Regional Medical Command and BMEDDAC were present certificates and awards for

assisting the units achieve the star strong status.

Before concluding the ceremony, Goodman highlighted another safety accomplishment; Capt. Jose Ramirez, the clinic's chief nurse and acting commander, accepted a certificate of achievement on behalf of the clinic for its staff going five years without a Driving Under the Influence incident.

## Parents of small children cautioned about coin-sized batteries

By Doug DeMaio,  
Bavaria Medical Activity Public Affairs

VILSECK, Germany – The numbers are staggering; more than 5,000 children in the United States annually swallow or insert button cell batteries into their nose or ears.

The trend is worrisome, and as electronic toys become increasingly smaller and smaller batteries more powerful, the odds of children putting batteries in their mouth, ears or nose become more likely, said Thomas Zirkelbach, Safety Manager for Bavaria Medical Department Activity.

"It will happen because we were all little ones, and we put things in our mouth that we shouldn't have and probably even swallowed it," Zirkelbach said. "If that should happen, immediately seek medical assistance. Go to a doctor."

Parents need to understand the dangers associated with a child accidentally ingesting a battery, Zirkelbach said, and what they can do to prevent a child from getting a hold of these batteries.

Most batteries contain lithium, zinc or other heavy metals with properties like alkaline, said Lt. Col. Gayla Wilson, BMEDDAC's Deputy Commander for Nursing. When the elements

are introduced to a moist environment like the nose, mouth or ear canal, electrical charges or chemical reactions can serious damage tissue. The battery and mucus can cause ulcers or other complications.

"Research has shown that most of it occurs in people below the age of 5," Wilson said.

Statistics show that about 89 percent of people were able to recover the battery before there was any damage.

Even a few hours of exposure to a moist tissue, however, could cause ulcers, Wilson said. Damage has been known to occur within an hour.

"If you had a battery out and can't find it and there is a small child around who may have ingested it, it is better to seek medical attention and let us rule it out," Wilson said. "While you think it might pass and not be a big deal, it could cause substantial problems internally, so please seek medical attention."

The same advice is encouraged for a battery that is stuck in an ear or nostril.

"Be cautious; like alcohol or lighters keep batteries out of the reach of children," Zirkelbach said, who is a former Emergency Medical Technician. "Based on my paramedical experience, parents should not

attempt to remove the batteries from the nose or ear."

Parents should seek medical attention and allow experts to remove the object from the child's nose or ear, Zirkelbach said.

Wilson agrees.

"Don't try to self-extricate," Wilson said. "By you trying to go in and fetch it, you're going to push it down further and will create an increased likelihood of an ulcer being formed."

Preventing batteries from getting into a child's possession is the safest way to avoid a visit to the emergency room, Zirkelbach said.

"If parents do give their kids toys that are battery operated, they should consider sealing the battery compartment," Zirkelbach said. "Make it childproof. Be proactive in a way to mitigate the risk from the batteries being exposed to kids."

Wilson had similar advice.

"Keep the batteries locked up," Wilson said. "Keep them away from children and make sure that the toys that hold the batteries have a screwed mechanism or something that is going to keep those batteries in place."

"It truly is vital that those batteries stay out of the reach of our small children," she said.



### 'A cozy home, real Christmas tree and snow on the ground! Frohe Weihnachten!'

The holidays are over. You might have observed a religious celebration, performed cultural festivities, traveled to see family, watched fireworks or enjoyed peaceful solitude. Several eager photographers sent photographs to us to post on our Facebook page to show us what the holidays meant to them. This photograph won Patricia Martin-McFarland two flex tickets to the Terrace Playhouse by gaining the most "likes" in the contest album. Visit and "like" [www.facebook.com/U.S.Army.Garrison.Ansbach](http://www.facebook.com/U.S.Army.Garrison.Ansbach) for future contests.

## Spouse's perspective: Making changes in the New Year

By Crystal Mahany

[Editor's note: U.S. Army Garrison Ansbach Public Affairs Office has found several spouses of currently deployed Soldiers who have thoughts that might be helpful, supportive and encouraging for other spouses.]

ANSBACH, Germany — New Year's resolutions are meant to bring new starts and new changes, but can a person ever really change? You know the old saying, "People don't change," ... but can they?

Have you ever been on the receiving end of "I've changed!" as a plea for forgiveness? Is it possible? Can a cheater become faithful? Can an alcoholic become sober? Can a liar tell the truth?

On a bigger scale, can you change your fate? If you change something in your life or an aspect of who you are, you hold the power to change your life.

No doubt each of us has a story — events that have affected our lives in such a way that altered the way we think or

forever changed our perspectives. How different would we be today if those events or experiences had never occurred? Can we change ourselves again? We may not be able to change past events, but we can change how we the results of those events to our present and future.

There is a difference between something happening to us that makes us who we are, and a personality trait that is innate to who we are. Here's an example of the difference: If I were in a car accident with a drunken driver, I would likely be quite sensitive to the subject of drunken driving and those who choose to do it. That is an experience that has a lasting effect. On the other hand, I'm a social butterfly, but sometimes I get nervous in public. This is a personality trait. I can adapt to social situations to be less nervous, but nonetheless, it is still there.

These are two examples of attributes that define who we

(Changes, on [Page 6](#))

## Alcoholics Anonymous support group available at USAG Schweinfurt

USAG Schweinfurt Public Affairs  
SCHWEINFURT, Germany — An Alcoholics Anonymous fellowship supporting a sober lifestyle meets every Wednesday at 7 p.m. at the Bradley Inn, Rm. 10, on Conn Barracks.

This open meeting is available to anyone seeking information about solving their own drinking problem or helping someone else solve theirs. Guests are welcome and not requirement to speak — only to listen with an open mind.

Following the formal meeting, light refreshments will be served.

Alcoholics Anonymous is an informal society that forms local meetings to support men and women in recovery from substance abuse. There are no dues or fees for membership — the only requirement is a desire to stop drinking.

By attending AA meetings, members learn steps and traditions that have helped millions of people all around the world adopt a sober lifestyle.

AA receives no funding and is not affiliated in any way with the US Army or the Army Substance

Abuse Program.

For additional information about Alcoholics Anonymous, visit [www.aa.org](http://www.aa.org). For more

information about the Army Substance Abuse Program, visit their webpage or call DSN 353-1710, CIV 09721-96-1710.



An Alcoholics Anonymous support group aimed at helping the military community here recover from alcoholism meets every Wednesday at 7 p.m. at the Bradley Inn, Rm. 10, on Conn Barracks.

## Authorities warn tourists of drug scheme in Czech Republic

By Heidi Sanders,  
USAG Bamberg Public Affairs

BAMBERG, Germany — Soldiers, civilians and family members are warned to remain vigilant when traveling to the Czech Republic.

The U.S. Army Criminal Investigation Command in Hohenfels recently issued a notice informing those affiliated with the U.S. Army in Europe of new drug trafficking scheme.

Investigation Task Force of Northern Bavaria recently identified the scheme in which drug traffickers affix packages of crystal meth with strong magnets and sometimes G P S trackers to the bottom of vehicles.

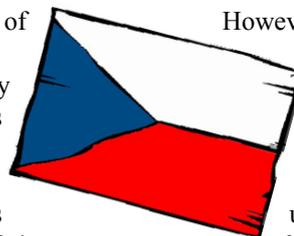
The vehicles are driven by unsuspecting tourists across the Czech/German border without detection by police or customs officials. The drugs are then retrieved by the traffickers once

the vehicle is parked.

According to the notice, the task force has arrested a group of drug traffickers based in Nürnberg who were using this method.

However, it is believed there are other traffickers using this same method.

Tourists, especially those traveling to Vietnamese markets or other places along the Czech/German border, are encouraged to use caution and check their vehicles for any suspicious objects.



# Soldiers rescue family after vehicle accident

By Ignacio Rubalcava,  
Army News Service

BAUMHOLDER, Germany – An early morning drive to Baumholder in December quickly turned into a nightmare recently for Heather Majorwitz and her two children, Kaitie and Bret.

They were on their way to school when the car hit a patch of ice and started to skid across the road toward an oncoming bus. Majorwitz swerved to avoid the bus and slid off the road, rolling the car.

“One minute we were on the road and the next we were hanging from our seatbelts,” said Majorwitz.

The car wheels were still turning when four Soldiers from the 421st Multifunctional Medical Battalion came upon the scene. Without hesitation and not knowing who was in the car, Chief Warrant Officer 2 Vladimir Sequera and three other Soldiers stopped their Humvee and dashed out to help. The children were already making their way out of the shattered back window when the Soldiers approached the vehicle.

Sequera and the other Soldiers, Sgt. 1st Class Winston Smith, Sgt. 1st Class Nathan Lehman and Sgt. Cheryl Henneberry quickly brought the children to safety and wrapped them with their jackets so they could stay warm.

(Changes, from [Page 5](#)) are; however, we can change aspects of who we are to improve ourselves or how we behave in relationships. Instead of being defensive and confrontational, we can try to be compassionate and understanding. It takes work, patience and time, but it is possible to change. The desire to change must be there.

New Year’s resolutions are meant to bring new starts. What about resolutions from last year? Is there something from last year or years past that you must resolve to move forward? Let’s do it, then. Resolve something old – put it away, be done with it, move on. Write it down, tie it to a rock and throw it in a lake.

The word “resolute” can also be an action – to be resolute

By then Majorwitz was making her way out of the car so Sequera and the other Soldiers turned their attention to helping her.

“When we saw the vehicle we immediately pulled our vehicle to the side. We all had the same thought. There’s somebody in the vehicle,” said Sequera. “We didn’t know if they were American or German. We just wanted to help so it only took us an instant to stop,” he said.

“I just remember the car rolling and lots of glass,” said Majorwitz. I felt blessed to walk away from the wreck, but I also felt really blessed that we had Soldiers there that would go above and beyond and help us. You guys are my heroes,” she said.

“I’m glad that we were there to help out. I don’t think it’s a hero thing. I think it’s a human behavior that we help each other out. It’s part of what we do in the military,” said Sequera.

Madeleine Dwoiakowski, public affairs officer for the USAG Baumholder, drives the same route on her way to work. When she approached the site she saw numerous first responders already assisting.

“I saw Soldiers and hoped that none of our guys were injured, not knowing that the Soldiers were actually assisting on the

or determined. What are you determined to do this year? What are you resolute to change? It could be a habit you want to pick up like spending less or exercising more (perhaps both). Resolve something new – resolve to be something new or resolve to do something new. Again, the desire to change is the beginning. It is used to ignite the flame that starts the fire. Write it down, stick it to the mirror and repeat it to yourself. Words can become action.

Be easy on yourself. Small goals are more easily attainable than bigger ones because they’re more achievable.

As my friend Susan Smith said, “The only thing you can change is yourself, and sometimes that changes everything.”

scene,” said Dwoiakowski. “I then saw the car and it looked like it had gone through a press. They were extremely fortunately to walk away from there with no injuries and they were also equally fortunate that the Soldiers were there almost immediately to help.”

For Majorwitz it was the scariest moment she’s experienced as a mother.

“I wasn’t sure if the children were OK. Everybody said they were OK, but even at the hospital I wasn’t sure. My little boy gets anxious about things and I was worried that he’d have this anxiety and wouldn’t want to ride in a car again,” she said, recalling that they had a flat tire once and for the next year her son checked the tires before getting in the car.

“But he was fine, he was a trooper,” said Majorwitz. Turning to Sequera she added, “I think he was fine because you guys were there immediately. There wasn’t that second to even worry about

it because we were taken care of right away.”

Later on the day of the accident, Majorwitz, who is the librarian at Smith Elementary School, called her 15-year-old daughter in the states and told her, “this is why I do what I do to serve these guys, because they’re there and they step in no matter what. It’s automatic because that’s who they are. This makes me even more proud to be able to teach the kids of our Soldiers, because I know that they’re out there taking care of everybody else.”

Fighting back tears Majorwitz turned to the Soldiers who rescued her and her children and said, “I think that’s why you all are in the Army and you’re Soldiers. We could have died but we didn’t. We were very fortunate all around so I just want to thank you.”

Majorwitz then embraced Sequera and repeated her appreciation for their help, “You guys are my heroes.”

## Bamberg to observe Martin Luther King Jr. Day

By Heidi Sanders,  
USAG Bamberg Public Affairs

BAMBERG, Germany – U.S. Army Garrison Bamberg and the Bamberg Middle High School will remember the life of Martin Luther King Jr. with an observance from 2-3 p.m. on Jan. 17 in the post movie theater. The community is invited to attend.

Jan. 21 is the federal holiday to honor King, who was born Jan. 15, 1929.

In 2012, Bamberg marked Martin Luther King Jr. Day with a 5-kilometer run/walk, said Master Sgt. Matthew Waldron, USAG Bamberg’s Equal Opportunity adviser.

“We are going in a slightly different direction with it this year,” Waldron said.

This year’s observance will include participation from the Bamberg Middle High School Junior Reserve Officer Training Corps as well as the school’s band and choir.

There will be a multimedia

presentation about King’s life and remarks from a guest speaker. The Greater Nations gospel choir is scheduled to perform.

Waldron said he hopes to make this observance memorable, since it may be the last one before the post closes in 2014.

“This may be the last Dr. King observance on this installation of this magnitude,” he said. “We are not going to have the population that we have now.”

For more information, contact the Equal Opportunity office at 0951-300-8624 or by email at [bamberg.eo@eur.army.mil](mailto:bamberg.eo@eur.army.mil).



## Franconia Military Community Announcements

### Flu Vaccines

Flu vaccines are now available at your local health clinic. An annual average of 36,000 deaths and 226,000 hospitalizations occur each year in the U.S. due to influenza infections. Annual flu vaccinations are the most effective method for preventing influenza virus infections and its complications. For more information, visit <http://bit.ly/flu-shot-video>.

### Care Experience

Returning an Army Provider Satisfaction Survey can generate money for the local health clinic. Positive responses to the questions that generate money for the clinic are great, but honest responses about the customer experience is necessary to improve the clinic's quality of service. Beneficiaries who do not receive a survey within six weeks of a visit to a local clinic should ensure their Defense Enrollment Eligibility Reporting System is up to date.

### CID Seeks Qualified Soldiers

The U.S. Army Criminal Investigation Command, commonly known as CID, is recruiting qualified Soldiers who are interested in pursuing a career as a federal law enforcement officer. For more information, visit [www.cid.army.mil/join\\_CID.html](http://www.cid.army.mil/join_CID.html).

### Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator.

### DEERS Validation

Soldiers are responsible for ensuring Defense Enrollment Eligibility Reporting System information is updated. Please see the ID card section to update your DEERS information.

### OneSource Mobile

Army OneSource is now available for smartphone browsers. The launch of a mobile device version will optimize Army OneSource the mobile experience for visitors. Visit [www.myarmyonesource.com](http://www.myarmyonesource.com) today.

## Recycling Idea

Remove batteries before recycling electronic devices; they may require separate recycling. It is also a good idea to delete all personal information from electronic devices before recycling them.

### Get EFMP Registered

Is your Soldier coming back from deployment? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Service EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes.

### Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0162-510-2917 for the 24-hour hotline.

### Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half-day job assistance workshop, resume preparation assistance and information about veterans benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; offered weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date.

### Trial Defense Services

If you're a Soldier and you are questioned by law enforcement, Criminal Investigation Division or members of your command about suspected acts of misconduct, you have the absolute right to remain silent. You have the right to refuse to answer any question, even from your commander, and you have the right to talk to an attorney. If questioned, you should immediately demand to speak to an attorney. As a Soldier, you are entitled to free consultation and representation by a military defense counsel. All communications with a trial defense attorney are privileged and will not be released to your command. Let a U.S. Army trial defense attorney help you. To learn more, speak with a free trial defense attorney.

### Teen Stress

The National Military Family Association created a kit to give the people in military teens' lives a way to help them manage stress and affirm the positive aspects of military life. To obtain a copy of the tool kit and learn more, visit <https://www.myarmyonesource.com/News/2010/07/OperationPurple>.

### Involved Consideration

Missed appointments diminish a medical facility's ability to provide efficient health care. The next time you cannot make your medical appointment, be considerate and cancel your appointment. We need your involvement to provide better care.

### Scout Program

Each year, the Veterans of Foreign Wars selects three young people — of the Boy or Girl Scouts, Sea Scouts or Venturing Crew — who have demonstrated practical citizenship in school, scouting and the community. The first-place winner receives a \$5,000 award, the second-place winner receives a \$3,000 award and the third-place winner receives \$1,000. To learn more, visit [www.vfw.org/Community/Scout-of-the-Year-Scholarship](http://www.vfw.org/Community/Scout-of-the-Year-Scholarship).

### PTA Scholarships

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

### Post-911 GI Bill

Take advantage of your military benefits. Earn a degree or skill with your Post-911 GI Bill. Find out more about your benefits by visiting [www.gibill.va.gov](http://www.gibill.va.gov).

### Edelweiss Resort

Ongoing specials and packages are available for Garmisch-Partenkirchen, Germany. This full-scale resort and alpine lodge is in the heart of the Bavarian Alps and ski country. The hotel is part of USAG Garmisch with nearby AAFES shopping and gas facilities. There are often deals and package specials available. For more information, visit [www.edelweisslodgeandresort.com](http://www.edelweisslodgeandresort.com).

### Utility Tax Relief Services

The Tax Relief Office offers a new service for U.S. Army Garrison Ansbach, Bamberg and Schweinfurt customers. With the implementation of the Utility Avoidance Program, customers can sign up and save 19 percent tax on their electricity, gas and water bills. To learn more, call the Warner Barracks' Tax Relief Office at 0951-300-1780, Leward Barracks' Tax Relief Office at 09721-96-1780, Bismark Kaserne's Tax Relief Office at 09802-83-1780 or Storck Barracks' Tax Relief Office at 09841-83-4553.

### Family Advocacy Programs

Army Community Service's Family Advocacy Program is here to provide help and support by offering New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and anger/stress management classes. Contact your local ACS for dates and class schedules.

### Immediate Appointments

Are you tired of waiting on hold while scheduling a medical appointment at a health clinic? With TRICARE Online, you don't have to wait on hold. You can schedule appointments, refill prescriptions and manage your health needs better. Register today at [www.tricareonline.com](http://www.tricareonline.com). To learn more, visit [www.youtube.com/watch?v=s7VeUlyTMA4](http://www.youtube.com/watch?v=s7VeUlyTMA4).



PROTECT YOURSELF - PROTECT YOUR FAMILY - PROTECT YOUR COMMUNITY

AGAINST

# SEASONAL FLU

GET AN INFLUENZA VACCINATION

AVAILABLE AT YOUR HEALTH CLINIC

ARMY MEDICINE  
Serving To Heal...Honored To Serve

This Health Clinic Offers

## e-Healthcare

Now you can...

- E-mail a Doctor or Nurse
- Request Appointments
- Request Medication Refills
- Get Your Lab Results

It's Easy To Get Started

Ask Us About Secure Messaging

Just give your e-mail address to our staff.

ARMY MEDICINE  
Serving To Heal...Honored To Serve

## Ansbach Community Announcements

Send all announcements to Ansbach Public Affairs at [usarmy.ansbach.imcom-europe.list.webmaster@mail.mil](mailto:usarmy.ansbach.imcom-europe.list.webmaster@mail.mil).

### 'I Am a Professional'

All agencies, Soldiers, civilians and family members within the U.S. Army Garrison Ansbach community are invited to step back and think about our privilege to serve in the greatest profession on Earth. "I Am a Professional" allows the force to re-energize and raise awareness of the Army Values and why we serve. The commemoration and ceremony is scheduled for 2:30 p.m. Jan. 11 at the Bismarck Theater. Please also note that while USAG Ansbach encourages you to take part in this opportunity to reaffirm your commitment to the Army and its values, it is a voluntary event.

### Inclement Weather Info

In the past couple of weeks there have been many questions and requests for information about weather conditions. We have heard you and have created a website filled with this information. Visit our new "What You Should Know when Inclement Weather Comes to USAG Ansbach" at [www.ansbach.army.mil/web%20pages/InclementWeather.asp](http://www.ansbach.army.mil/web%20pages/InclementWeather.asp). You can find the link to the webpage under the Weather Information menu item on the left side of the homepage and, when the popup menu shows, select "What you should know."

### Volunteers needed at Arts & Crafts

Seeking volunteer and contract teachers one to two times per month for sewing, cake decoration, felting, general crafts and more. Open to all ID cardholders. No experience needed – just a happy personality and a creative idea to share. Send an email to [AnsbachArtsCrafts@eur.army.mil](mailto:AnsbachArtsCrafts@eur.army.mil).

### Research Assistant Opportunity

An energetic, dynamic and knowledgeable person is required to fill the new health promotion research assistant position that will be assigned to assist the Health Promotion Operations responsible for the Franconia Military Community area. The HPRA is responsible for the day-to-day administrative support of the program as well as researching trends, statistics and collecting existing data necessary to track the impact of the HP program on the

local installation. The HPRA supports the mission of HPO by developing strategies and protocols and managing, coordinating and producing research that supports and invigorates the installation health promotion process. These activities directly respond to the health promotion strategic and operational plans as they relate to continuous quality improvement of the health of the installation. The project will involve developing research methodologies, collecting, organizing, analyzing, interpreting, reporting, communicating and disseminating high-quality data and information regarding installation characteristics, activities and operations. Completion of a bachelor's or equivalent work experience is required with associated research knowledge. Minimal travel is required. This is a contract position equivalent to a GS-7. Anyone interested in applying should email their resume to [darrel.d.kniss@us.army.mil](mailto:darrel.d.kniss@us.army.mil).

### Eagle's Nest Recreation Hall

The Barton Barracks Eagle's Nest Recreation Hall, next to the Duggan Gym, offers a full kitchen with an area to seat more than 30 people. The Eagle's Nest is open to all community members. To learn more or to reserve, call 0981-183-7848 or send an email to [usarmy.ansbach.imcom-europe.mbx.ioc@mail.mil](mailto:usarmy.ansbach.imcom-europe.mbx.ioc@mail.mil).

### Parents' Night Out

Enjoy a night out by enrolling your children in the next Parents' Night Out program, Jan. 11 from 6:30 to 10:30 p.m. Visit Parent Central Services or Webtrac to sign up. To learn more, call 09802-83-2533 or 09841-83-4880.

### ISCC Thrift Shop Needs Volunteers

Looking for a fun and rewarding way to help others and give back to your community? Look no further than the Illesheim Spouses & Civilians Club Thrift Shop. Volunteer openings include sorting donations, organizing clothes, tagging items and general housekeeping. Volunteers will receive \$5 store credit for working a full shift. Profits from the Thrift Shop are given back to the Illesheim community in the form of welfare grants and scholarships. Thrift Shop hours are as follows: Tuesdays from 11:30 a.m. to 3:30 p.m., Thursday from noon to 3 p.m., Friday from 9 a.m. to noon, and the first Saturday of each month from noon to 3 p.m. For more information, send an email to [illesheim.iscc@gmail.com](mailto:illesheim.iscc@gmail.com).

### Bowling Membership Club Card

Join the Katterbach and Storck Bowling Center club for \$25. The membership is valid for one year and members will receive \$1.50 games, free show rental, a free T-shirt and a few bowling towels. To learn more, call Katterbach Bowling Center at 09802-83-2638 or Storck Bowling Center at 09841-83-4530.

### Movie Night

Enjoy a movie free at the Storck Library every Friday at 3 p.m. To learn more, call 09841-83-4675.

### Stress and Anger Management

Don't be an angry bird! Help is available through a stress and anger management class. The class is offered on the first Wednesday of the month from 2 to 4 p.m. at Katterbach Army Community Service or on the fourth Tuesday of the month from 2 to 4 p.m. at Storck ACS. Sign up today by calling the ACS Family Advocacy Program at 09802-83-2516.

### Health Clinic Improvements

The Katterbach Health Clinic has a new front entrance just in time for the 2013 flu vaccine campaign. Stop by the Katterbach Health Clinic for your flu shot and experience the renovations, which are designed to improve the patient experience.

### Brown Bag Lunch

Bring a lunch and explore a new town with Army

Community Service. The meeting place is ACS on the first Wednesday of every month at Katterbach and the fourth Wednesday of every month at Storck Barracks. Meet at 10:30 a.m. Cost is 10 to 15 Euros. To learn more, call 09841-83-4555.

### Closures and Changes

#### Resurfacing of B-14

Resurfacing is ongoing for state road B-14 along Uralas and Shipton Kaserne. The speed limit is reduced to 50 kilometers per hour. Access and exit to and from Obereichenbach will remain the same. During phase one, two lanes going toward Katterbach will be resurfaced. Entering from Katterbach and exiting toward Ansbach will remain possible. There will be a detour exiting toward Katterbach and entering from Ansbach, offering two possibilities to turn around: One at Hotel Windmühle and one at Obereichenbach. During phase two, two lanes going toward Ansbach will be resurfaced. The current access near the traffic light will be blocked and drivers coming from Katterbach toward Ansbach will be detoured by

For more information on Ansbach community announcements, visit <https://www.facebook.com/U.S.Army.Garrison.Ansbach>

DSN: 467.2771  
CIV: 09802.83.2771



**Army Spouse**

**PT Challenge**

Sign up @ fitness Center Counter

Two Locations: Storck & Ansbach  
Course Duration: 11 Jan - 15 Feb  
Briefing Date: 7 Jan 9 a.m.  
Max Participant: 25

Soldiers Lake. The detour for exiting toward Katterbach and entering from Ansbach will remain in place.

**Sports, Health and Fitness**

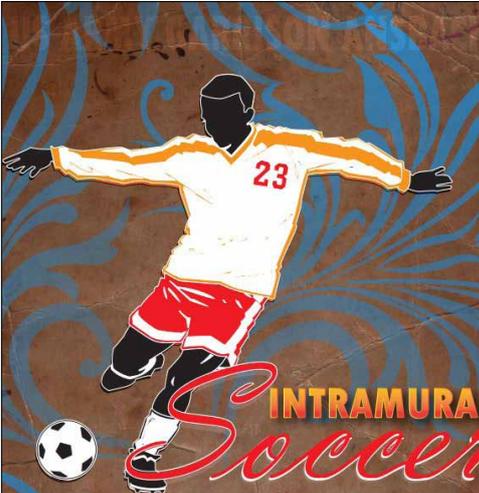
**Sweat Shop**

Sweat Shop is a new class at Katterbach geared toward customers that need a cardiovascular component as a mode of physical fitness. Unlike some classes that are high intensity, this is a full class of cardiovascular activities aimed to boost the body's maximal ability to utilize oxygen. The class takes place Mondays from 10:30 to 11:30 a.m. and Thursdays from 5:30 to 6:30 p.m. The cost is \$3 per person per class.

**TRX Training**

This new mode of training is offered at Storck Barracks Bunch Physical Fitness Center on Thursdays from 12:30 to 1:30 p.m. TRX is core-based training that has benefits not achieved from other modes of training like traditional weight training. The class is limited to eight people and will be first come, first served. The cost is \$3 per person per class.

**R.I.P.P.E.D. Season 9 Launch**



**INTRAMURAL Soccer**

**Fri, 18 Jan @ 6 p.m.**

**Ansbach High School Gym**

Military community members 18 years and older

CIV: 09802.83.2771 DSN: 467.2791



R.I.P.P.E.D. has recently taken the community of Ansbach by storm. With its unique activities and instructions, R.I.P.P.E.D. aerobic classes attract more than 30 people per class; the highest participation was 50 people in one class. Season 9 elements will be part of the new activities for the next three months. The fee per participant is \$3. To learn more, call 0151-1157-0210.

**New Aerobic Class at Katterbach**

A new aerobic class called "Power XTREME" is offered Tuesdays and Thursdays at 9 a.m. at the Katterbach Fitness Center. This class includes a variety of fitness components for optimal health and fitness improvements. To learn more, call 09802-83-2771.

**Youth and Teens**

**FRG Child Care Night**

Child care is available for mission-related Family readiness group meetings on the second and fourth Wednesday of each month from 6:30 to 8:30 p.m. To learn more, call Parent Central Services at 09841-83-4880 or 09802-83-2533.

**Ansbach Girl Scouts**

What is green, almost 100 years old and hip and cool as ever? Girl Scouts! Come be a part of the adventure and fun that is Girl Scouts. Any girls kindergarten through 12th grade are welcome. To join or learn more, email [gsansbach@yahoo.com](mailto:gsansbach@yahoo.com) or call 0151-445-12471.

**Weekly Reminders**

**Safety Hazard on B-13**

A safety hazard exists on B-13 between Ansbach and Illesheim north of Oberdachstetten, where there is a steep decline that goes under a railroad overpass. One lane of traffic goes down the hill and two lanes of traffic goes up the hill. Do not pass.

**Pet Reminder**

Remember that all pets at U.S. Army Garrison Ansbach installations need to be on leashes when outside. Also, pick up after your pets.

**Used Clothes and Shoes Container**

We need your help! The used clothes and shoes containers are provided to the community at no cost. Unfortunately, they are often mistreated as garbage bins. Please be sure that only clothes and shoes are placed in these containers. Please also ensure neighbors are aware of the purpose of these containers. If these containers are continued to be misused, the respective contractor will be unable to continue to provide this service.

**Safety Training and Information**

The U.S. Army Garrison Ansbach Safety Office recommends this [website](#) containing many safety topics, in both English and German, which can be used for information and training in your organization throughout the year. As time goes by, more will be added, but there is a vast volume of workplace and off-duty subjects; including videos and slide shows.

**Reserve Space**

Did you know? You can use the Von Steuben Community Activity Center at Bismarck Kaserne for your official Family readiness group meeting, unit meeting or official use training conference area. The space is available for no cost for official usage Monday through Friday from 7:30 a.m. to 4:30 p.m. Call for reservations today at 09802-83-2930, or stop by the concierge in the Von Steuben Community Activity Center.

**Java Time**

Come to Java Cafe for warm drinks and free Internet access at Storck Barracks' Bowling Center. The cafe is open Monday to Friday from 8 a.m. to 5 p.m. The cafe is now open Sundays from 10 a.m. to 2 p.m. For more information, call 09841-83-4530.

**BARTON BARRACKS**

**EAGLES' NEST**

RECREATION HALL



The Barton Barracks "Eagle's Nest," located next to the Duggan Gym, offers a full working kitchen with an area to seat 30 plus people. The "Eagle's Nest" is open to all Community Members. For more information or to reserve please contact the IOC at 09811837648 or send an email to: [usarmy.ansbach.lmcom-europe.mbx.ioc@mail.mil](mailto:usarmy.ansbach.lmcom-europe.mbx.ioc@mail.mil)



**Spouses and Civilians' Club**

The Ansbach Spouses and Civilians' Club is a great way to meet people, develop new interests and get involved with your community. For more information, email [ascgermany@googlemail.com](mailto:ascgermany@googlemail.com).

**Taxi Service**

Ask for a driver with a U.S. installation pass and provide the following information: pickup point, number of passengers, destination, name and number, and time of pickup. If traveling to the airport, notify the driver of number of passengers and bags. For a taxi in the Ansbach area, call 0981-5005 or 0981-19410; in Illesheim, call 09841-7200.

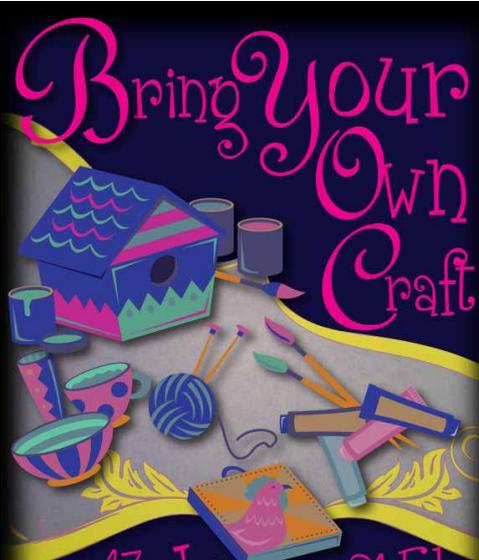
**Ansbach Veterinary Clinic**

The Veterinary Clinic is open Monday through Thursday from 8:30 a.m. to 4 p.m., and Friday from 1 to 4 p.m. The clinic is closed on federal and training holidays. For more information, call 09802-83-3179.

**Deployment Specials**

Ansbach Arts and Crafts team has you covered. Place orders now and save and avoid rush fees. Located on Barton Barracks and open Monday, Thursday and Friday from noon to 8 p.m. and Saturday and Sunday from 10 a.m.

**Bring Your Own Craft**



**17 Jan... & ...21 Feb**

**12-2 p.m. @ Storck Rec Center**

DSN: 467.4714 CIV: 09841.83.4714



## Bamberg Community Announcements

Please send all announcements to Bamberg Public Affairs at [usarmy.bamberg.usareur.mbx.pao@mail.mil](mailto:usarmy.bamberg.usareur.mbx.pao@mail.mil).

### Estate Claims

Anyone having claims on or obligations to the estate of Sgt. First Class Kevin E. Lipari of the Headquarters and Headquarters Company, Special Troops Battalion, 173rd Airborne Brigade Combat Team, should contact the summary court officer, 2nd Lt. Allison P. Erickson, at 0951-300-9158.

### PWOC Kickoff

Protestant Women of the Chapel will kick off its spring session at 9 a.m. Jan. 16 at the Bamberg Community Chapel. Free child care is provided. For more information, send an email to [pwocbamberg@yahoo.com](mailto:pwocbamberg@yahoo.com).

### Martin Luther King Jr. Observance

U.S. Army Garrison Bamberg and Bamberg Middle High School will host a Martin Luther King Jr. Birthday Observance at 2 p.m. Jan. 17 in the post movie theater. The community is invited attend and individuals and organizations may participate as well. For more information, call the Bamberg Equal Opportunity office 0951-300-8624 or send an email to [bamberg.eo@eur.army.mil](mailto:bamberg.eo@eur.army.mil).

### CYSS Parent Advisory Council Meeting

Child, Youth and School Services will host a Parent Advisory Council Meeting at noon on Jan. 31 at Parent Central Services. Learn the latest news in CYSS. There will be an opportunity for parents to ask questions. Lunch will be provided.

### Memorial Service

There will be a memorial service in honor of Sgt. 1st Class Kevin E. Lipari, HHC 173rd Airborne Brigade Combat Team, and Sgt. Enrique Mondragon, HHC 173rd Special Troops Battalion, at 1 p.m. Jan. 10 in the Bamberg Community Chapel.

### AAFES to Reduce Operating Hours

Due to decreasing sales at Bamberg concession shops and services, The Exchange is reducing hours for some of their facilities, effective now. To encourage contractors to serve the Bamberg community as long as possible, even with the declining troop strength, allowing reduced hours will assist The Exchange's efforts to serve the community.

USAG Bamberg Arts and Crafts

U.S. ARMY MWR

# Matting & Framing

Basic Matting and Framing Classes are held every third Saturday, 10 a.m. and the following Thursday, 6 p.m. \$15 per person

Contact Arts and Crafts at Tel. (0951) 300 8659

- The Cleaners/Stripes will be open Tuesday through Friday from 11:30 a.m. to 5:30 p.m. and are closed Saturday, Sunday and Monday.
- The Day Spa will be open Tuesday through Friday from 10 a.m. to 6 p.m., Saturday from 10 a.m. to 4 p.m., and will be closed Sunday and Monday.
- The Optical Shop will be open Tuesday through Wednesday and Friday from 10 a.m. to 6 p.m. and Saturday from 10 a.m. to 4 p.m. The shop will be closed Thursday, Sunday and Monday.
- The Car Care Center will be open Monday through Friday from 9:30 a.m. to 5:30 p.m., Saturday from 10 a.m. to 2 p.m. and will be closed Sunday.

Reduced operating hours may extend to the rest of the concessionaires in the near future. For more information, call 09721-47592051.

### Martin Luther King Jr. Day Meal

Ray's Diner will have a special menu from 11:30 a.m. to 1 p.m. Jan. 17 to celebrate Martin Luther King Jr. Day. The standard price is \$4.60, \$3.95 discounted. The menu will include beef steamship round, lobster tail, baked chicken, garlic mash potatoes, chicken rice pilaf, seasoned broccoli, seasoned cauliflower, potato frittata, brown gravy, cream of potato soup, coleslaw, pasta salad, potato bar, salad bar, assorted pastries and assorted beverages.

### Taco Tuesday Buffet Bar

Come enjoy the Taco Tuesday Buffet Bar at the Community Activity Center Jan. 15 and Feb. 19. The taco bar is \$6 per person and includes either two hard tacos, two soft tacos or nacho chips with your choice of toppings. Toppings include cheese, tomato, lettuce, sour cream, refried beans, salsa, corn, beans, guacamole, onion, rice, peppers, etc. The buffet bar will be open from 11:30 a.m. to 1:30 p.m. For more information, call 0951-300-8837.

### Super Bowl Party and Texas Hold-Em

The Birchview Lanes Bowling Center will host a Texas Hold-Em Poker Tournament beginning at 5 p.m. Feb. 3. There is a \$25 entry fee for the poker tournament with rebuys the first two hours. The poker tournament will go into the Super Bowl with a \$10 cover charge. With entry to the Poker Tourney persons will receive free cover charge to the Super Bowl event. Super Bowl will be played on giant blow-up projector screen. Cover charge will provide a buffet and great door prizes. For more information, call 0951-300-7722.

### Emergency Placement Care Program

The Emergency Placement Care Program, which provides a safe and caring environment to children in crisis, is looking for Emergency Placement Care Providers who will open their homes to children in need. For more information, call Army Community Service at 0951-300-8397/7777

### Call for Auditions

The Stable Theater will have auditions for the musical *Legally Blonde* today at 6:30 p.m. No experience is required. Prepare a short song to sing. Men, women and teenagers are invited to audition. Shows will run the middle or end of March. For more information, call 0951-300-8647.

### English as a Second Language Classes

English as a Second Language classes will take place each Monday and Tuesday Beginning Jan. 22 in the Family Advocacy Program classroom, Building 7487 on Armor Drive behind the flower shop. ESL Level 1 will meet from 9 to 10:30 a.m., Level 2 from 10:30 a.m. to noon and Level 3 from 12:30 to 2 p.m. All U.S. ID cardholders are eligible to attend. For more information, contact Jeffrey Card at [jeffrey.p.card.civ@mail.mil](mailto:jeffrey.p.card.civ@mail.mil) or 0951-300-7777.

### Parenting Skill Builder Classes

The first three Tuesday mornings of each month from 9 to 11 a.m., the Bamberg Chapel Family Life Center will

USAG Bamberg - [www.bamberg.army.mil/mwr](http://www.bamberg.army.mil/mwr)

CALL FOR AUDITIONS  
for The Stable Theater's Winter 2013 production of

# LEGALLY BLONDE

*The Musical*

... a surprising romp of outrageous fun!

WED/THU Jan 9, 10  
6:30pm at The Stable Theater

CASTING MEN, WOMEN or teens who can portray adults. NO EXPERIENCE REQ'D Prepare a short song to sing. Shows run mid-March. CALL FOR INFO: 0951/300-8647

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

have classes. Learning the skills to parent with Love and Logic can help make parenting fun and rewarding, instead of stressful and chaotic. You will learn practical tools and techniques to build respectful, healthy relationships with children and help prepare children for the real world. For more information, call 0951-300-1570/8141.

### CPR, AED and First Aid Certification

Come and learn how to give CPR, first aid and use an automated external defibrillator with the American Red Cross Jan. 11 from 9 a.m. to 3:30 p.m. at the Army Community Service building. The cost of the CPR and First Aid Certification is \$55. You can log onto [www.redcross.org](http://www.redcross.org) to register. Once on the ARC site, go to "take a class" and enter your APO zip code to find the course, register and pay online. You can also register in person at the ARC office. For more information, stop by the American Red Cross, Bldg. 7029, or call 0951-300-1760.

### Closures and Changes

#### Changes for Bamberg CDC

Through the end of January, hourly care services at the Bamberg Child Development Center will be temporarily reduced to 8 a.m. to 2 p.m.

USAG Bamberg - [www.bamberg.army.mil/mwr](http://www.bamberg.army.mil/mwr)

# YOGA with Jenn

\$5 per class

Power Yoga: Tues/Thurs/Fri, 11:45 a.m.  
50/50 Yoga: Tues, 5 p.m.  
Saturday Special Yoga: 1 Sat a month (90 minute session)

Additional discount: Yoga 10 class pass \$45 per month  
Yoga Freedom Pass \$70 per month  
Private sessions for \$35

WARNING: Bring a towel & bottle of water - you WILL sweat!

For more information, contact the Freedom Fitness Facility @ DSN 469-8890 or email [Jenn.ellis.corton@gmail.com](mailto:Jenn.ellis.corton@gmail.com).



COMING NOVEMBER FIRST

DO YOU HAVE QUESTIONS ABOUT  
**CLOSURE?**

**SERVICES**  
MOVING  
SCHOOLS HOUSING  
EMPLOYMENT

DON'T FALL VICTIM  
TO THE RUMORMILL

VISIT THE SCHWEINFURT  
**CLOSURE BLOG**

SUBMIT YOUR QUESTIONS  
GET REAL ANSWERS  
BE INFORMED AND PREPARED

SCHWEINFURT.ARMY.MIL/  
CLOSURE2014

## Schweinfurt Community Announcements

Please send all announcements to Schweinfurt Public Affairs at [usarmy.schweinfurt.imcom-europe.mbx.pao@mail.mil](mailto:usarmy.schweinfurt.imcom-europe.mbx.pao@mail.mil).

### Estate Claim

Anyone who has any claims or obligation to the estate of Spc. Bernard Hill Jr. of 15th Engineer Battalion should contact 1st Lt. Victor A. Mathis, the summary court officer, at (DSN) 353-8962 or (COMM) 09721-96-8962.

### Winter Wrap-up 2012-2013

This winter find something fantastic for all ages and interests – everything from classes, Alpine retreats, ceremonies, events, trips, camps and so much more. Visit [www.schweinfurt.army.mil/infovault/winterwrapup.htm](http://www.schweinfurt.army.mil/infovault/winterwrapup.htm) to learn more. Click on each event listed for full information. No information available yet? Check back as the event nears since the event listings are constantly updated.

### Seeking Volunteer Drivers/Phone Operators

Volunteer drivers and phone operators are needed to staff a program aimed at slashing the number of DUIs in Schweinfurt by providing a vehicle pick-up service to those Soldiers consuming alcohol on weekend nights. To get involved, call 0173-794-2998 or 0160-987-98955, or visit the Schweinfurt AADD Facebook page at [www.facebook.com/SchweinfurtAADD](http://www.facebook.com/SchweinfurtAADD).

### Seeking Cake Decorators

The Schweinfurt High School Culinary Club seeks volunteers experienced in cake decorating. Please contact Culinary Club sponsor Hana McWilliams at 09721-96-6812 or [Hana.McWilliams@eu.dodea.edu](mailto:Hana.McWilliams@eu.dodea.edu).

### Photo Scavenger Hunt: Basic Challenge

The Ledward Library has an ongoing photo scavenger hunt. How well do you know your military community in U.S. Army Garrison Schweinfurt? Check out the photo gallery in the library and guess where in the community they came from. Submit your guesses about where the pictures were taken and the person with the most correct answers wins a prize.

### Recycling Education Class

A recycling education course, for trash disposal offenders and anyone who wants to learn about recycling, is offered twice a month Wednesday from 6 to 8:30 p.m. Family members 9 and older are encouraged to attend with a parent. Bring a friend if he or she lives in military housing or military-leased housing. Class space is limited, so call 09721-96-6955 to sign up. Classes will be cancelled if no one signs up by 4:30 p.m. the Tuesday before class.

### Closures and Changes

#### Schweinfurt EEO Services Limited

Schweinfurt community members requiring assistance from the Equal Employment Opportunity office must now contact the Ansbach EEO office at 0981-183-7733/7937. The best way to know how the installation closure will impact you is to stay informed. Go to [www.teamschweinfurt.com](http://www.teamschweinfurt.com) and click on "Transition 2014."

### Youth and Teens

#### Give Me 20

Looking to get fit? The Youth Center is offering a free fitness program every Wednesday and Thursday from 3:30 to 4:30 p.m. for youths ages 13 through 18. Program facilitators will show youths how to safely work out and stay fit. Dedicated participants will see positive results. Workouts will include sports, spinning, weightlifting and more. Participants must be registered with CYSS and have a permission slip on file. To learn more or to register, call the Youth Center at 09721-96-6732.

#### Smart Girls

Young ladies, the Smart Girls program is up and running again. Topics include life skills, healthy eating, fitness, health care systems, positive mentors, respecting yourself, fashion shows, dinner with parents, lock-ins and more. Age groups include 11 to 14 and 15 to 18. Smart Girls meets every Monday from 4:30 to 5:30 p.m. at the Youth Center. For more information, call the Youth Center at 09721-96-6732.

#### German Class

Let's talk German! Come learn German one on one every Wednesday from 4:30 to 5:30 p.m. at the Youth Center. This great program is taught by our own education tech who was born and raised in Schweinfurt. This class can help your German grade go from a C to an A+ and it may even help you make friends in the German community. Test your skills by joining us on a field trip downtown. For more information, call the Youth Center at 09721-96-6732.

Schweinfurt Community  
**Winterfest 2013**

Finney Fitness Center  
11 a.m. - 6 p.m.  
01.18.2013

A free, family event!  
Featuring games and a variety of bouncy rides for the kids.  
Community Flea Market and Information booths.  
As well as food and beverage for sale!

Register to sell your gently used items in the Community Flea Market by calling 345-6762 (DSN) / 09721-96-6762 (CIV). Rent a table and two benches for \$5.

 **TEAMSCHWEINFURT.COM**  
news, services, recreation. [Facebook.com/SchweinfurtArmy](http://Facebook.com/SchweinfurtArmy)

### SKIES Unlimited

SKIES offers different classes every month for youths ages birth through 18. The program is designed to complement, expand and support the academic, life skills and athletic experiences children and youths have within Child, Youth and School Services programs and in schools. For the latest class listings, click [here](#).

### 4-H Club

4-H is a club designed for middle and high school students. As a club, students will plan field trips, events and activities based on their four core values: head, hands, heart and health. 4-H meets every Wednesday at 4:30 p.m. in the Youth Center. To participate, students must be registered with CYSS. For more information or to get involved, call the Youth Center at 09721-96-6732.

### EDIS

Are you concerned about how your child is developing? If so, call Educational and Developmental Intervention Services to schedule a free screening. Screenings are

## Hunting Class

January 29, 2013 | Schweinfurt ODR

**Want to hunt while you are stationed in Germany?**

Let ODR help you obtain your German hunting license. This 10-week course is offered to all adult ID Card holders.

Classes will occur on Tuesday and Thursday nights from 6 - 10 p.m. at Schweinfurt ODR. Additional Saturday classes will be conducted at the shooting range.

Prior to the class, each participant is required to attend a mandatory information brief held in Schweinfurt on Jan. 22 or in Bamberg on Jan. 24 starting at 6 p.m.

Cost to participate is \$250 and includes class materials, books, handouts and CDs. Range fees, shooting insurance/range insurance, ammo, targets, and travel expenses are not included in this price. Contact ODR for more info.

Schweinfurt ODR | Conn Barracks, Bldg. 50 | 09721-96-8080/353-8080

 **TEAMSCHWEINFURT.COM**  
news, services, recreation. [Facebook.com/SchweinfurtArmy](http://Facebook.com/SchweinfurtArmy)

**Thursday Night Fun League**

Jan 17 - May 16

- Every Thursday, 7 - 10 p.m.
- Open to ID cardholders AGE 18+, 4 person teams
- \$10 per week
- Cash prizes for top bowlers & teams

 **KESSLERBOWL**  
KESSLER FIELD, BLDG. 449  
09721-966332/DSN 354-6332  
[TEAMSCHWEINFURT.COM](http://TEAMSCHWEINFURT.COM)

For more information on Schweinfurt community announcements, visit <http://www.schweinfurt.army.mil/calendar/google.html>

Armed Forces Against Drunk Driving  
**Prevent DUIs**

Volunteer with  
**Vehicle Pick-Up Service**

**WANTED: VOLUNTEERS**

- ♦ Call Center Operators
- ♦ Drivers

Friday & Saturday Nights  
Earn Volunteer Hours  
Serve Your Community!

Call 01737942998 or 016098798955

Schweinfurt AADD is a private organization providing support to the local military community. Volunteers provide rides to those service members or civilians who have driven there POV but are too intoxicated to drive. Volunteers can drive their own vehicle for pick up's or a vehicle belonging to AADD. Visit our facebook page at [www.facebook.com/SchweinfurtAADD](http://www.facebook.com/SchweinfurtAADD) for additional information. To become a volunteer contact Laquention Pollard at 01737942998 or Janie Black at 016098798955.



**Sports, Health and Fitness**

**Personal Training**

Dedicated personal trainers are available to the Schweinfurt Community by appointment. For details, contact the Kessler Fitness Center at 09721-96-6765 or Finney Fitness Center at 09721-96-8234.

**Paintball Field Open**

Relieve some stress or have some good old-fashioned fun every Saturday from 10 a.m. to 4 p.m. Rental equipment is available at the Paintball Field. For more information, contact Outdoor Recreation at 09721-96-8080.

**Tuesday Night Cosmic Pin Bowling**

Enjoy cosmic bowling every Tuesday night at the Kessler Bowling Center with funky lights and music mixed with colored pins in each lane. Games are \$1.50 each. Win a free game by getting a strike on the frame with the colored pin as the head pin. Cosmic Bowl also includes specials on food and drink.

**Weekly Reminders**

**Newcomer Meet and Greet**

Meet other spouses, learn about the community and get connected here in Schweinfurt every Tuesday from 10 to 11 a.m. at the Conn Club. The newcomer meet-and-greet initiative links up incoming spouses with seasoned Schweinfurt residents, offering the warm welcome our community is known for. Coffee and refreshments will be served, and children are welcome. For more information or to register, call Army Community Service at 09721-96-6933.

**Inclement Weather in Schweinfurt**

Know where you can find information on school closures and weather and road condition. To learn more, click [here](#).

**Local Flea Markets**

Flea markets are a fun way to find a bargain. The Army Community Service Information and Referral program provides a monthly list of flea markets [here](#).

**Dental Clinic Space Available**

The U.S. Army Garrison Schweinfurt Dental Clinic now offers space available stand-by appointments for other-than-active-duty eligible beneficiaries. Appointments can only be scheduled 24 hours in advance.

**BOSS Meetings**

Better Opportunities for Single Soldiers meetings are on the second (at the Warrior Zone) and fourth (at the Finney Recreation Center) Tuesday of every month. For more information, call the Warrior Zone at 09721-96-6082 or the Finney Recreation Center at 09721-96-8476.

**Open Mic Night**

Come and share your talent with the Warrior Zone every Friday at 8 p.m. to midnight. The event is intended for single Soldiers but open to the entire community. Adults only. No early sign-ups required. For more information, call 09721-96-6082.

**Single Soldiers Christian Fellowship and Supper**

The Conn Chapel offers fellowship and supper every Thursday at 6:30 to 8 p.m. The program is for single Soldiers and includes Bible study, worship and a home-cooked meal. For more information, call Donna Hilley at 09721-96-1370.

**Children's Story Time**

Bring your child in to the library Wednesdays at 11 a.m. for Children's Story Time.

**Karaoke**

Karaoke all-stars, come and share your talent with the Warrior Zone, every Thursday at 7:30 p.m. The event is intended for single Soldiers but open to the entire community. Adults only. No early sign-ups required. For more information, call 09721-96-6082.

**WINTER TRIPS**  
EXPLORE EUROPE ABOVE THE CLOUDS

**SCHWEINFURT OUTDOOR REC**  
CONN BRKS, BLDG. 50  
09721-96-8080/353-8080

**NIGHT SKIING/SNOWBOARDING**  
WASSERKUPPE, RHODEN | 4 - 11 P.M.  
SATURDAY - DEC. 1 & 15, JAN. 5 & 12, FEB. 2, 9 & 23

**WEEKEND TRIP**  
GARMISCH, GERMANY  
4 A.M. - 11 P.M. | SAT. DEC. 8 - SUN. DEC. 9

**MLK WEEKEND TRIP**  
FLACHAU, AUSTRIA  
11 A.M. - 11 P.M. |  
FRI. JAN. 18 - MON. JAN. 21

**PRESIDENTS WEEKEND**  
DOLOMITES, ITALY  
9 A.M. - 11 P.M. | FRI. FEB. 15 - MON. FEB. 18

**WEEKEND TRIP**  
GARMISCH, GERMANY  
4 A.M. - 11 P.M. | FRI. MARCH 15 - SUN. MARCH 17

DETAILS AND PRICE VARY BY TRIP.  
CONTACT ODR FOR MORE INFO. TRIPS FILL UP QUICK, SO RESERVE YOUR SEAT TODAY!

**TEAMSCHWEINFURT.COM**  
news, services, recreation.  
Facebook.com/SchweinfurtArmy



available to children ages birth to 3 years old. For more information or to schedule an appointment, call 09721-96-6257.

**Wanted: Youth Sports Coaches and Officials**

The Schweinfurt community is looking for coaches and officials for the youth sports program. No experience is necessary to participate. By registering through Child, Youth and School Services, you will become a certified coach in the National Alliance for Youth Sports. This is a great way to volunteer in the community and earn extra income by officiating. For more information, call CYSS at 09721-96-6822 or email [Derek.r.walker.naf@mail.mil](mailto:Derek.r.walker.naf@mail.mil).

**Family Child Care Providers Needed**

Help the community and start a new career as a Family Child Care provider. FCC providers maintain a happy home-away-from-home atmosphere (in government-controlled housing only) for children who can't be with their own parents during the day. You can care for your own children in addition to outside customers. All training and education is provided for free. Call 09721-96-6487 for details.

**USAG Schweinfurt**

**INVITATIONAL RACQUETBALL TOURNAMENT**

ATTENTION ALL WALL BANGERS!

**Sat. Jan. 26**

**Finney Fitness Center**  
Free to participate  
9 a.m. - 6 p.m.

Finney Fitness Center | Conn Barracks, Bldg. 64 | 09721-96-8234 (CIV) / 353-8234 (DSN)

**TEAMSCHWEINFURT.COM**  
news, services, recreation.  
Facebook.com/SchweinfurtArmy

**USAG SCHWEINFURT AND THE 72D EXPEDITIONARY SIGNAL BATTALION INVITE YOU TO JOIN THE SCHWEINFURT MIGHTY DOGS FOR A COMMUNITY PARTNERSHIP & MILITARY APPRECIATION NIGHT ON FRIDAY, FEBRUARY 22, 2013 AT 8 PM AT THE SCHWEINFURT ICE DOME**

**TICKET PRICES: ADULTS 10 EUROS & CHILDREN 4 EUROS (FREE FOR CHILDREN 9 YEARS AND YOUNGER)**  
JOIN THE EXCITEMENT AS HALF THE PROCEEDS WILL BENEFIT THE SCHWEINFURT AER (ENTRANCE: FAR RIGHT SIDE OF THE ICE DOME)  
(ICE DOME ADDRESS: WILLI-KAUDEL-STR. 3, 97424 SCHWEINFURT)

# coming to THEATERS

**The Hobbit: An Unexpected Journey**  
Now Showing | 170 Minutes

The adventure follows the journey of title character Bilbo Baggins, who is swept into an epic quest to reclaim the lost Dwarf Kingdom of Erebor from the fearsome dragon Smaug. Approached out of the blue by the wizard Gandalf the Grey, Bilbo finds himself joining a company of thirteen dwarves led by the legendary warrior, Thorin Oakenshield. Their journey will take them into the Wild; through treacherous lands swarming with Goblins and Orcs, deadly Wargs and Giant Spiders, Shape shifters and Sorcerers. *Rated PG-13 for extended sequences of intense fantasy action violence, and frightening images.*



Visit [www.aafes.com](http://www.aafes.com) for more information.

**IN THEATERS • Jan. 10 - 16**

**BAMBERG THEATER • 0951-297-3934**  
Jan. 10 - The Man with the Iron Fists (R) 7 p.m.  
Jan. 11 - Paranormal Activity 4 (R) 7 p.m.  
Jan. 12 - Parental Guidance (PG) 3 p.m.;  
Fun Size (PG-13) 7 p.m.  
Jan. 13 - Parental Guidance (PG) 3 p.m.;  
Paranormal Activity 4 (R) 7 p.m.  
Jan. 14 - Fun Size (PG-13) 7 p.m.

**ILLESHEIM THEATER • 09841-83-4546**  
Jan. 12 - Jack Reacher (PG-13) 3 p.m.  
This is 40 (R) 7 p.m.

**KATTERBACH THEATER • 09802-83-1790**  
Jan. 10 - The Man with the Iron Fists (R) 7 p.m.  
Jan. 11 - The Hobbit: An Unexpected Journey (PG-13) 7 p.m.  
Jan. 12 - The Hobbit: An Unexpected Journey (PG-13) 7 p.m.  
Jan. 13 - How To Train Your Dragon (PG) 3 p.m.;  
The Hobbit: An Unexpected Journey (PG-13) 6 p.m.

**SCHWEINFURT THEATER • 09721-96-1790**  
Jan. 10 - The Man with the Iron Fists (R) 7 p.m.  
Jan. 11 - Jack Reacher (PG-13) 7 p.m.  
Jan. 12 - Fun Size (PG-13) 4 p.m.;  
Jack Reacher (PG-13) 7 p.m.  
Jan. 13 - Fun Size (PG-13) 4 p.m.;  
Jack Reacher (PG-13) 7 p.m.  
Jan. 16 - This is 40 (R) 7 p.m.

## Eco-Friendly Tips

### Water-saving Tips

Check the water level for your indoor plants before you water them. Most plants do not need as much water and nutrients as in the summertime. They need a longer recovering time.

Fix water leaks or call the Service Desk Order on-post.

### Energy-saving Tips

Defrost refrigerators and freezers before ice buildup becomes 1/4-inch thick.

Let the sun in. The days become longer and the sunshine will warm up your rooms. If it's dark and grey then shut drapes, blinds etc. to keep the heat in.

### Recycling

Are you unsure about what to do with your Christmas tree now that the season is over? Bring it to the Recycling Center on post. Or if you live off post, check for information regarding a pick-up date for your town or village.

The lighting on your decorations have stopped working. Do not forget to separate the items and reuse whatever is possible before you throw something away.

## Trips and Travel Opportunities

Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation.



### ANSBACH

**Wednesdays Afternoon Ski/Snowboard \$29**  
Join the Outdoor Recreation team of professional ski and snowboard instructors and learn to safely slide down the slopes, ride the lifts and enjoy the world's fastest growing winter activities. Depending on the season's snowfall and slop conditions, instruction will be conducted locally at Burgbernheim, between Ansbach and Illesheim. All sessions will depart from Katterbach at 1 p.m., weather permitting. Dates are Jan. 9, 16, 23; Feb. 6, 13, 20, 27; and March 6, 13, 20, 27.

**Jan. 12 One-Day Ski/Snowboard Steinplatte \$45**  
You can reach some spectacular destinations by joining us on a variety of one-day ski/snowboard trips. For a new challenge, ask about Alpine ski touring possibilities. Ski/snowboard lessons are available upon advance request, by certified PSIA and AASI instructors. The trip location is subject to change depending on the snow and slope conditions. Cost is \$45 for transportation only and \$59 with ski/snowboard equipment and transportation. Departs Storck at 4:15 a.m. and Katterbach at 5 a.m.

For more information, call Ansbach Outdoor Recreation at 09802-83-3225.

### BAMBERG

**Jan. 12-13 Ski/Snowboard Lermoos \$75**  
Looking for a quick getaway? Can't find time on the training holidays to go skiing? Relax and let Outdoor Recreation take care of the driving on this one-day trip to the world famous Lermoos and the Zugspitze Arena ski-areas. Space is limited. Please sign up in advance. Departs Outdoor Recreation at 2 a.m.

**Jan. 18-21 Zillertal Ski and Snowboard \$355**  
Start the New Year off right with some of the best snow in the Alps. The Zillertal is packed with world-class ski areas, such as Mayerhofen, Hochfuegen and Spieljoch Fuegen. It provides the perfect location for descending the Alps at lightning speed. Cost includes transportation and three nights' lodging with breakfast and dinner. Cost does not include lift pass. Snowboard lessons of 1.5 hours are available for \$25.

For more information, call Bamberg Outdoor Recreation at 0951-300-9376.

### SCHWEINFURT

**Saturdays Night Skiing \$35**  
Depending on the snow conditions, Outdoor Recreation goes night skiing every Saturday from 4 to 11 p.m. Cost is \$35 and includes transportation and ski or snowboard equipment or \$20 if you bring your own equipment. Lift tickets (which cost approximately 13.50 Euro) are not included. To sign up, call Outdoor Recreation at 09721-96-8080.

**Jan. 18-21 Ski & Snowboard Trip to Flachau, Austria \$349**  
Three days of skiing and snowboarding in Flachau, Austria, and 350 kilometers of well groomed, easy-to-difficult runs are available for \$349. The cost also includes transportation, three overnight stays with breakfast and dinner, ski and snowboard rentals and snowboard lessons on the first day. Lift tickets (approximately 129 Euro for three days) are not included. Transportation leaves from the Outdoor Recreation Center at 11 a.m. Jan. 18 and returns at 11 p.m. Jan. 21. To sign up, call Outdoor Recreation at 09721-96-8080.

**Feb. 15-18 Ski & Snowboard Trip to Dolomites, Italy \$349**  
Visit two ski resorts and experience three days of spectacular skiing or snowboarding in the Dolomites, Italy. Includes transportation, three overnights with breakfast and dinner, free ski or snowboard rental and a free three-hour entrance to the pool across the hotel. Lift ticket, which costs approximately 135 Euros for three days, is not included. Departs Outdoor Recreation at 9 a.m. Feb. 15.

For more information, call Schweinfurt Outdoor Recreation at 09721-96-8080.

# Was ist los in Franken?

## SHADOWLAND Tour 2013 in Nürnberg

Shadowland, a new dance show, is coming to the Meistersingerhalle (Münchener Straße 21) in Nürnberg on Jan 11 and 12; show times are Friday 8 p.m. and Saturday 3 and 8 p.m.

## Gymnastics Show in Nürnberg

A gymnastics show called "Feuerwerk der Turnkunst" (fireworks of gymnastic art) is coming to the Arena (Kurt-Leucht-Weg 11) in Nürnberg on Saturday, Jan 12 at 5 p.m. Young and modern ways of movement like parcour, free running or inline skating will play a central role in the show with the subtitle "Next Generation."

## Mash Machine in concert in Schweinfurt

Mash Machine will be in concert in Schweinfurt's „Kulturwerkstatt Disharmonie“ (Gutermannpromenade 7) on Jan. 12 at 7:30 p.m. (enter at 6:30 p.m.)

## Kinderfasching in Nürnberg

The German carnival season is already in full swing; a Kinderfasching, a fun party for kids, is scheduled for Sunday 2 to 5 p.m. at the Sportgaststätte SV Maiach (Finkenbrunn 161) in Nürnberg. Simply dress up your kids and take them to the party; there will be games and dancing, as well as performances. Admission is 2.50 Euros; for more information go to <http://www.facebook.com/Kinderfasching.Nuernberg>.

## Glenn Miller Orchestra in Würzburg

The Glenn Miller Orchestra, directed by Wil Salden, is performing in the Mainfranken Theater (Theaterstraße 21) in Würzburg on Jan. 13 at 6 p.m.

## Musical Live in Nürnberg

For a spectacular musical show which includes pieces from Tarzan, Mamma Mia, Phantom of the Opera or Evita, go to Nürnberg's Kleine Meistersingerhalle (Münchener Straße 21) on Jan. 17 at 8 p.m.

## Wedding Fair in Würzburg

The „Hochzeitsmesse Mainfranken“ takes place in the VCC Vogel Convention Center (Max-Planck-Str. 7/9) in Würzburg on Jan. 19 & 20; visitors can find

information on almost anything to do with wedding, including bridal fashion, jewelry and locations. The fair is open Saturday 2 – 7 p.m. and Sunday 10 a.m. – 6 p.m. For more information go to [www.les-royales.de](http://www.les-royales.de)

## Arts & Crafts market in Nürnberg

The „Nürnberger Kunst- & Kreativ Markt“ – an arts & crafts market – takes place in Meistersingerhalle (Münchener Str. 21) on Jan 19 & 20; opening hours are Saturday 2 – 7 p.m. and Sunday 11 a.m. – 6 p.m. Admission fee is 4 Euros p.p., children under 13 years enter free of charge; more information is available at <http://www.kunstundkreativmarkt.de>.

## Magic Flute Musical in Nürnberg

The Magic Flute Musical, a fun musical adaption of Mozart's famous opera, is performed at the "musicalbuehne" (Alberichstraße 9) in Nürnberg on Jan. 19 & 27 as well as Feb. 2, 17 and 23.

## Art Brunch in Bamberg

The sculpture network is hosting their annual New Year's Brunch (nyb'13) at Atelier und Ausstellungshalle Bernd Wagenhäuser (Gertraudenstr.10) in Bamberg on Jan. 20 at 11 a.m. For more information check [www.sculpture-network.org](http://www.sculpture-network.org).

## Wedding Fair in Bamberg

The Wedding fair „Hochzeitswelt“ is coming to Bamberg at the Konzert und Kongresshalle (Mußstraße 1) on Jan. 20 from 1 – 6 p.m.; for more information go to [www.hochzeitswelt-info.de](http://www.hochzeitswelt-info.de).

## Kinderfasching in Fürth

A Kinderfasching with a pirates theme is scheduled at the Fürther Stadthalle (Rosenstraße 50) for Jan. 20 at 2 – 5 p.m., the little pirates can start entering at 1 p.m. For details go to [www.stadthallefuertth.de](http://www.stadthallefuertth.de).

## The Original USA Gospel Singers & Band in Rothenburg ob der Tauber

The "OH, HAPPY DAY" Tour 2013 of the Original USA Gospel Singers & Band is stopping at the Reichsstadthalle (Spitalhof 8) in Rothenburg ob der Tauber on Jan. 20 at 7 p.m.

# BAVARIAN & FRANCONIAN MILITARY COMMUNITY

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